

Highlands Newspaper

FREE Every Thursday

Volume 20, Number 13

Real-Time News, Weather & WebCams: HighlandsInfo.com

Thurs., March 30, 2023

MC joins school districts across NC in opposition of House Bill 219

By Brittney Lofthouse

In a resolution unanimously approved Monday night, the Macon County Board of Education

joined public school districts from across North Carolina in opposing legislation that would very likely result in a negative financial impact

to Macon County, leading to staffing shortfalls and barriers for academic options for students.

• See HB 219 page 16

HCHF funds full-time nurse for Highlands School

By Josh Bryson
HCHF

Highlands Cashiers Health Foundation (HCHF) has awarded a grant to Macon County Schools (MCS) to fund a full-time nurse at Highlands School. Macon County Schools has used the grant funds to hire Martine Salter, RN, to serve Highlands School.

"The Macon County School System is very grateful for the partnership with Highlands Cashiers Health Foundation," said Chris Baldwin, Ed.D., Macon County Superintendent of Schools. "We are excited that our students and staff at Highlands School will be provided with a dedicated school nurse through this grant. Nurse Salter will be-

• See NURSE page 8

Highlands School Spring sports are in full swing



Highlands Addie Westendorf is surrounded by a sea of Cherokee jerseys before getting clear and ripping a shot on goal. See story page 22.



Highlands Blain Dendy launches over a hurdle at the Tri-State track meet at Rabun Gap on Monday. Team scores are pending.

- Photos by Brian O'Shea, Plateau Daily News

NC becomes 40th state to expand Medicaid under ACA

Governor Roy Cooper signed House Bill 76, Access to Healthcare Options, into law on Monday afternoon. The Republican-sponsored legislation will expand Medicaid, which is expected to provide health coverage to over 600,000 people across North Carolina and

bring billions in federal dollars to the state. North Carolina is the 40th state to expand Medicaid.

"Medicaid expansion is a once-in-a-generation investment that will strengthen our mental health system, boost our rural hospitals, support working families

and so much more," said Governor Cooper. "This is a historic step toward a healthier North Carolina that will bring people the opportunity of better health and a better life."

"This is a historic moment that will transform the health and well-

being of North Carolina," said Secretary of Health & Human Services, Kody H. Kinsley. "Medicaid expansion is foundational in improving access to health care in rural areas, for better mental health and for veterans, working

• See MEDICAID page 17

Highlands
Sotheby's
INTERNATIONAL REALTY

The Market Leader in Luxury Real Estate

\$790M

Total Sales Volume 2020-2022

Call us to find out why we are outperforming the market!

114 N. 4th Street | (828) 526.4104 • 1371 Cullasaja Club Drive | (828) 526.8300

Per Highlands/Cashiers MLS

M'CULLEY'S

The largest selection of
Scottish cashmere in the U.S.A.

In Highlands ...on the hill
242 S. 4th St. • 828-526-4407
Open 7 days a week

www.mcculleys.com

• THE PLATEAU'S POSITION •

• MAYOR ON DUTY •

The future of power in Highlands

Since the recent Duke Energy power outage shut down the Highlands grid, I have had a number of suggestions and questions about the issue. Let me respond to several of these items as best I can.

Since the outage, our Town Manager, Public Works Director, and I have reviewed many power-related issues with a Duke Energy representative. In fact, we routinely converse with Duke Energy concerning operations and the administration of our wholesale contract with them.

Some folks continue to ask why the town does not restart operations of our generating plant that was built in 1929. In the coming weeks, I will address this question in more detail on my website, Ask-mayorPat.com, but for now, let me give you a few high points of that matter.

The original power building and equipment are in shambles and are now the property of the US Forest Service. It would take years of studies and permitting to reinstate the Federal Energy Regulatory Commission (FERC) license and millions of dollars to build a new system.



Highlands Mayor
Patrick Taylor

In terms of output, the best the original power plant could do was to generate 1 megawatt at maximum efficiency.

Our town engineer estimates a new hydro plant, using the same water system to generate about 1 megawatt, would provide electricity to power the downtown street lights and maybe a little more.

Currently, we are using 10 megawatts in town on light-demand days, and on high-demand periods almost 15 megawatts can be used. With the trends toward electric heat and cars, the demand will continue to expand.

The national trend is to move away from using hydro generation and to complicate matters, every environmental organization in WNC would challenge a new hydro project as a green energy initiative. So, would I.

As for Duke Energy, there will continue to be isolated periods when their power grid is down. As a wholesale customer, Highlands has a power loss when Duke does. Some people have said we need an additional transmission line from another source to guarantee power to Highlands. That would cost millions of dollars to build, and you can surely imagine any new transmission right-of-way would face tremendous resistance from residents near its path. As an example, just look at the tall, brown metal utility poles Duke Energy has on US 64 coming in from Cashiers. It was a major construction project for Duke Energy to install those supply lines.

Another option would be to use solar energy as either an alternative to the current system, or as a way of reducing peak demands, or as a backup in the case of town power loss.

In optimal conditions -- and the Highlands topography is not optimal -- it takes 10 acres of solar panels to generate one megawatt of power. To fully power our grid with the present technology, it would take about 100 to 150 acres of solar arrays.





To support the solar grid, the town would also need to have a battery storage system, another costly investment. These options could be explored, and the first step would be to find the 100 acres or so

• See MAYOR page 4

• HIC'S VIEW •



• WEATHER •

Thu, 30-Mar	Fri, 31-Mar	Sat, 1-Apr	Sun, 2-Apr
			
58°F 39°F	56°F 52°F	65°F 32°F	61°F 36°F
Plenty of sunshine	Cloudy	Windy with a thunderstorm	Partly sunny
RealFeel® High: 64° Low 35°	RealFeel® High: 56° Low 43°	RealFeel® High: 64° Low: 45°	RealFeel® High: 69° Low 31°

For Real-time Weather and the Extended Forecast, go to www.highlandsinfo.com and click on Weather

Highlands Newspaper

www.highlandsinfo.com

Phone: (828) 200-1371

Email:

HighlandsEditor@aol.com

Publisher/Editor: Kim Lewicki

Reporters: Brittney Lofthouse

Brian O'Shea

Digital Media/Circulation - Jim Lewicki

Locally owned and operated by

Kim & Jim Lewicki

Adobe PDF version at

www.HighlandsInfo.com

265 Oak St. PO Box 2703

Highlands, N.C 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

Letter Policy:

We reserve the right to reject or edit letters-to-the-editor. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands Newspaper.

HIGHLANDER
ROOFING SERVICES INC.

New & Re-Roofing Applications Including:
Asphalt • Cedar • Metal • Synthetic Materials

Showroom: 1511 Highlands Rd • Franklin • O: 828-524-7773
info@highlandernc.com • www.highlandernc.com

SATURDAY, APRIL 8



with

CHEF CRAIG RICHARDS

and LIVE MUSIC

at THE FARM 



book

online





Exceptional Listing Service

Mountain Life
PROPERTIES

John Sheehan | BROKER
404-790-9716
John@MountainLifeRE.com
134 Maple St. Highlands, NC



**16 ACRES with WATERFALL, STREAM, TROUT POND
AND BARN (Horses Allowed)**

191 N. Hollow, Cashiers
In GlenCove - membership not required
Offered for \$3,999,999

Highlands
Sotheby's
INTERNATIONAL REALTY

Andrea Gabbard
Top 5% of the MLS in 2022
(HCBOR)
c: 828.200.6742
AndreaGabbard@gmail.com



• INVESTING AT 4,118 Ft •

Be Ready!



Betty Holt, Broker
Berkshire Hathaway
HomeServices
Meadows Mountain Realty
828-526-4218
betty@bhhsmmr.com

You've heard the slogan, "When opportunity knocks, be ready to jump." That pretty much describes the Highlands real estate market these days. Our limited inventory has created a backlog of people waiting for desirable properties to come available. When they do, there's usually a flurry of activity and multiple offers. Buyers are in an extremely competitive environment, while Sellers can still enjoy the "Let's sit back and watch it happen" attitude.

Let me digress for a moment. When I first entered the real estate market as an agent many years ago, things were quite different. There was no internet, cell phones, Zillow, or electronic keys to access houses. People did no searching for properties before they arrived here. The usual way they found you was by walking into an office holding the Real Estate Buyer's Guide, pointing to a property they'd like to see. That property may have been in several ads, as most listings then were "open" listings and not exclusives.

There was a lot of touring around in those days. This has never been a "have to have a house" market. Sometimes the same people would come season after season and look at property. Often several years down the road they would reach a readiness level high enough to buy. I remember one client I worked with for 13 years before he bought. Others maybe five or six years before they pulled the trigger. (Yes, I'm tenacious and long-suffering!) And some of those people just weren't serious at all.

Today a high percentage of the clients are serious about finding a place here. They have usually done a lot of research about property and the area online and have an idea of what will work for them. When they finally get here, they are much more informed than the clients of yesterday, but they still need a good Realtor to look out for them and their

...MAYOR continued from page 2

of south-facing land for the solar field. It might be in the future that Highlands can design and finance such a system.

A battery system could be built to back up our existing Duke Energy power system, but would only provide a few hours of supply. One consideration here must be at what price do we invest to avoid a few hours of power loss.

The town will review options before

interests.

In this particular market it really helps for clients to have acquainted themselves with what's for sale at what price in what area. That way when something comes on the market that meets their criteria in those areas they can tell whether it's a good buy or not. If they aren't able to come immediately, their Realtor can video the property for them, bringing them one step closer to really knowing what it's like. If they have been working closely with their Realtor, the Realtor will know their needs and preferences so well that they can advise them to hop a plane or gas up the car and come on to see it in person. And there really is no substitute for seeing it in person. Most of us have had several instances of "sight unseen" offers in recent years that didn't work out. That is why most Sellers no longer accept them. Or if there are multiple offers, they will pick the one that has seen the property.

While it's true that cash is still king in this market and interest rates are not as friendly as they were, there are people who still finance. Buyers should come with a pre-approval letter in hand from their bank or from a bank online that can render it quickly.

In multiple offer situations, try putting up some due diligence money, which will go toward the purchase, but which you will lose if you back out during the due diligence period. Having a short due diligence period is helpful. Find out if the Seller would prefer a quick closing or needs a longer time to move on to their next step. Find a good Realtor who has your back and will make that phone call to you that says, "Get in the car." When they do, make sure you're ready to proceed!

• *Betty Holt is a Highlands native with over 30 years' experience in this market with both Buyers and Sellers. Stop by and see her at her office located at 488 Main Street.*

the Duke Energy contract is up for renewal in 2028. Who knows what will be decided?

In the near term, if someone can't afford the loss of power for any period, a generator is the best option. Sallie and I have lived here for 24 years without a generator. There have been some periods with bad storms where we lost power for a day or so. We have always viewed it as being a part of living in this isolated mountain area.

If you want an award-winning real estate experience, list with an award-winning agency.

Out of a global network of 55,000+ agents, our agents earned the following awards in 2022:



BHHS Meadows Mountain Realty ranks in the TOP 3 SMALL OFFICES in the entire U.S. Southeast region



TOP 1/2 of 1%: The Michaud/Rauers Group



TOP 2%:
4 Agents

TOP 6%:
3 Agents

TOP 10%:
3 Agents

TOP 16%:
2 Agents



WWW.MEADOWSMOUNTAINREALTY.COM | (828) 526-1717 | 488 MAIN ST, HIGHLANDS | 2334 CASHIERS RD, HIGHLANDS | 196 BURNS ST, CASHIERS



2
BR

2
BA



HIGHLANDS
MLS# 101680 | \$599,000

THE MICHAUD/RAUERS GROUP



JUDY MICHAUD: (828) 371-0730

MITZI RAUERS: (404) 218-9123

TOM GOLDBACKER: (828) 200-9045

JOHN MUIR: (404) 245-7027

BROOKS KITTRELL: (828) 230-4453

This renovated lake view cottage is the perfect Highlands hideaway! Relax by the fire in the cozy, comfy living room that has a warm, wood-paneled accent wall. Double doors lead to the spacious, partially covered deck, where you can enjoy the gorgeous views of Lake Sequoyah. Each bedroom has its own en suite bath. The home offers one level living and there is a ramp in the back for accessibility. Easy access to Lake Sequoyah via a walking path. Once there, launch one of the two kayaks that are included in the sale of the home. Conveniently located just a few minutes from downtown Highlands.

**BERKSHIRE
HATHAWAY**
HOMESERVICES

MEADOWS MOUNTAIN
REALTY

• HIGHLANDS DINING •

WOLFGANG'S
RESTAURANT & WINE BISTRO



Celebrating 29 years

**American Cuisine with a
German Twist and Creole Flair**

**Serving Easter Brunch
beginning at 11:30 am
with last seating at 2 pm**

474 Main Street | 828.526.3807
wolfgangs.net

Asia House

Japanese • Asian • Thai Cuisine

**Open for Dine-in
and Take-out**

Lunch 12-3p • Dinner 4:30 - 9:30p

Closed Wednesdays

828-787-1680 or 828-787-1900

151 Helen's Barn Avenue

Dusty's

Highlands Oldest Family Grocery
70 years of making hungry people smile!

Wonderful Steaks cut—to— order
Prepared ready to heat sides and dinners
Fresh produce, specialty foods and wine, homemade deli
salads, sandwiches and salads homemade pies, cakes,
cookies and so much more!

OPEN

Wed.—Frid.: 9:30a—5:30p

Sat.: 9:30a—4p

493 Dillard Road 828-526-2762



Open Mon.-Sat. 11a to 8p • Sun. 11a to 7p

Closed Tuesdays

828.526.3554

595 Franklin Rd. Highlands, NC

*The Ruffed Grouse Tavern
& Highlander Mountain House*



BREAKFAST:

Complimentary
muffins & coffee
for hotel guests

LUNCH:

Friday • 11:30a - 2:30p

DINNER:

Thurs.-Sat. • 5:30-9p

BRUNCH:

Sat & Sun 10a - 3p

290 Main Street • Highlands • 828-526-2590

highlandermountainhouse.com



OPEN FOR OUR
34TH SEASON

**TUES - SAT
DINNER STARTS
@ 5:30 PM**

**SERVING EASTER BRUNCH
11:00 AM - 2:00 PM**

EST. 1990

**LAKESIDE
RESTAURANT**

DINE IN AND CARRY OUT : LAKESSIDERESTAURANT.INFO

531 SMALLWOOD AVE | 828-526-9419 | HIGHLANDS



BURRITOS & MORE

226 SOUTH 4TH STREET HIGHLANDS NC
828.526.9313

[visit highlandsburritos.com](http://visithighlandsburritos.com)

Hours

Open Mon-Sat: 11a-3p

Closed Sundays

Online Ordering Available and
NOW SERVING MARGARITAS!



**Craft Ice Cream &
Hand-Crafted
Sandwiches**

For Hours and to order on line go to:
SweetTreatsHighlands.com

Corner of 4th & Main • 115 S. 4th Street | 828-526-9632

Fast & Fresh Family Food

DINING •



Modern Fast Food &
Courtyard Market

The Secret Garden is in The Village Square
behind K-H Founders Park.
Offering hot & cold sandwiches, a variety of
salads, bakery items, and
SECRET daily specials.

Wine, beer, ciders, seltzers, hard teas, hard Kombuchas
and Delta 8 & Delta 9 cannabis beverages are available!

HOURS

Monday-Friday • 11a to 5p

Saturday • noon to 5p

Saturday deliveries to businesses on Main & 4th st.
No delivery fee ... BUT \$3 minimum tip

208 N. 5th St. • Village Square
Highlands • (828) 305-7509



828-526-4035

WILD THYME GOURMET
RESTAURANT

Serving Lunch and Dinner Year-Round
Gourmet Foods & Full Service Bar
Town Square at 343-D Main St. • Highlands



Open
7 days a week

Lunch: 11a-3:30p
Dinner:
5:30p - until

• BUSINESS/ORGANIZATION •

Macon County Funding Pool is accepting applications

Macon County non-profit organizations have until April 28, 2023, to apply for county funds allocated in the county's current fiscal year budget, through the Macon County Community Funding Pool (CFP). Application forms and instructions are available at the Macon County website, www.maconnc.org, or may be picked up at the Macon County Public Library on Siler Farm Road in Franklin, the Hudson Library on Main Street in Highlands, and the Nantahala Public Library on Nantahala School Road.

Organizations applying for CFP funds must provide financial statements such as budgets and federal tax-exempt reports, organization goals and objectives, and program/service descriptions. Questions regarding the application may be directed to Bobbie Contino at 828-342-7872.

Groups not incorporated as non-profits may enlist an established non-profit to serve as their fiscal agent. Collaborative agency proposals are encouraged to leverage limited funding and to share resources.

The Community Funding Pool was established to help the Macon County Board of Commissioners allocate tax-generated funds to local non-profits in a fair and efficient way. The CFP Task Force is composed of citizens chosen by the Board of Commissioners to consider applications and make recommendations to the Board, who make final funding decisions. The Community Funding Pool is a separate entity from the Macon County Community Foundation.

• LETTER •

A real estate tax assessment snapshot

Dear Editor,

Based upon what I have read and heard, I think that there may be misunderstanding about the 2023 Reassessment and Real Estate Taxes in general:

- Real Estate Taxes will not increase in percent as the Reassessment Amount in percent.
- Real Estate Taxes approximate a little more than 50% of the County Revenue
- Budgeted Costs are tightly controlled.
- Millage Rate assessment is the result of Budgeted Costs divided by the Total Assessment after dividing by 100. The Millage rate for 2022 \$0.40.

As a result of the 2023 Reassessment, the total assessed value of real property in Macon County increased approximately 58% according to a recent article in the press. Each parcel of real property was assessed separately. However, there are appeals outstanding.

I have prepared an estimate of 2023 Real Estate Taxes

assuming a 3% and a 5% increase of Budgeted Costs and a 58% increase of real property values for 3 categories:

- 35% increase in assessed value
- 58% increase in assessed value
- 70% increase in assessed value

The Millage Rate are estimated at:

- \$0.26076 assuming a 3% Budgeted Cost Increase.
- \$0.26582 assuming a 5% Budgeted Cost Increase

For reference purposes, the Millage Rate for the 2022 Real Estate tax bill was \$0.40000.

Estimated Real Estate Taxes for 2023 will increase or decrease (yes, decrease is correct) as follows:

Budgeted Costs

	3% Increase Decrease	5% Increase Decrease
Assessed Value		
35% Increase	-11.99%	-10.26%
58% increase	3.00%	5.00%
70% Increase	10.82%	12.97%

Very detailed computations of the above are available upon request at my e-mail address.

All of the above is based upon information as I understand it. If it is incorrect, I will happily correct it. Also, you may wish to contact the Macon County Tax Administrator abraswell@maconnc.org.

Jim Oesterle,
Highlands Township
JLOesterle@gmail.com

• OBITUARIES •

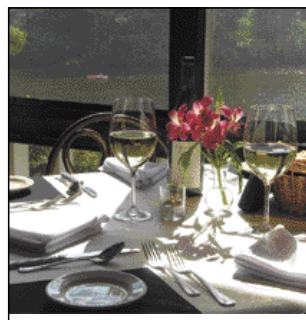
William Morris Bible

Walhalla, SC— William Morris Bible, 79, of Walhalla, SC, went to be with his Lord on Thursday, March 23, 2023. He was the owner of American Upholstery for 48 years with his wife, Rachel Bible. He was a loving husband, father, pawpaw, and friend.

• See OBITUARIES page 15

...on the Verandah
Restaurant
on Lake Sequoyah

41 Years of Fine Dining



Opening
7 days a
week
5:30-9p

828-526-2338

US 64w • Highlands

www.ontheverandah.com

BERKSHIRE HATHAWAY | MEADOWS MOUNTAIN
HOMESERVICES REALTY

Want an award-winning
real estate experience?

**Use an award-winning
real estate expert.**

Teresa ranks in the TOP 2%
of 55,000+ BHHS global network agents!



TERESA SEAY BROKER
(828) 421-1514

www.TeresaSeay.com
488 Main Street, Highlands, NC 28741

ccs
CREATIVE CONCEPTS SALON

Hair • Nails • Waxing
Tanning • Facials • Massages
Walk-ins Welcome!
Open at 9a Tues.-Sat.
828-526-3939

Owner/Stylist:

Lacy Jane Villardo

Stylists:

Heather Escandon
Maggie Barden
Desiray Schmitt
Lauren Buckely
Valarie Welch

Nail Tech:

Jenna Schmitt

Massage Therapist:

Brenda Lopez

Upstairs and Across the
Walkway at Falls on Main
Highlands

...NURSE continued from page 1



Highlands School nurse, Martine Salter.

- Photo by Brian O'Shea

come a valuable member of the school team, collaborating with teachers, administrators, and other professionals in order to create a safe and healthy learning environment for all."

The North Carolina Department of Public Instruction states that school nurses are an integral part of access to education and work to reduce and eliminate health-related barriers to the education process for students. They promote health and safety, intervene with actual and potential health problems, provide case management services, and coordinate communication with families, appropriate school staff, and the medical home or private healthcare provider.

"I taught school before I became a nurse, so I really enjoy the setting and the

culture of a school," said Salter. I want people to know that we have a school nurse in the building. I'll be a resource for the children and the staff. Anytime an emergency comes up, I will be available to help. I can offer various services that can provide an early diagnosis, strengthen prevention and overall health, improve academic achievement, and increase time spent in the classroom."

Nurse Salter's office is in the new gym in Head Coach Brett Lamb's old office.

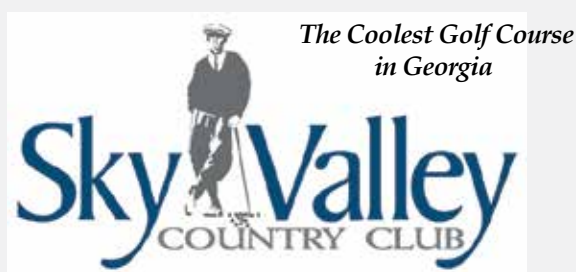
"We have more 350 students at HS who are ages 5 through 18. Our new full time nurse is able to give students immediate care," said HS Principal Brian Jetter. "Having a nurse give that care shortens recovery time, puts a trained professional at the point of care contact, and shortens student recovery time so students can get back to learning."

In addition to the diagnostic equipment available on the school campus, the school nurse has access to Telehealth through the partnership between Macon County Schools and Macon County Health Department. Parents can learn more about the Telehealth program and services offered by Nurse Salter by contacting Highlands School at 828-526-2147.

Highlands Cashiers Health Foundation believes in good health and access to healthcare for everyone in our community," says Robin Tindall, Health Foundation CEO and Executive Director. "With school-based health being a critical need for our young people, we are pleased to provide funding for Highlands School's full-time nurse. This grant provides a tremendous opportunity to partner with the school to lift health and well-being, together."

**Read Highlands Newspaper for free from everywhere ...
on the street or on the web.**

**Go to www.highlandsinfo.com. Click on Local News.
Delivered and uploaded every
Thursday AM**



- Incredible Views
 - Par 72 Championship Course stretching 6,900 yards of Peaks and Valleys
 - Open Daily, • Year-Round • Public Golf
- 2 hrs. northeast of Atlanta • 20 Minutes from Highlands, NC

**For Tee Times, Membership Information or Event Rentals,
please call 706-746-5302
www.skyvalleycountryclub.com**

WHOLE LIFE MARKET

Natural Products Store

Hours: 9am-5pm
Mon-Sat
828-526-5999
Wholelifehighlands@icloud.com

LOCATED AT 680 N 4TH ST, HIGHLANDS

NECTAR Organic smoothie/juice
bar located inside Whole Life Market

Juice Bar

UNRIVALED LUXURY



Pat Allen

REALTY GROUP

Rooted locally. Connected globally.



112 Lupton Road

Sapphire, NC 28774 | \$895,000 | MLS #100848
Holly Falls | 828-508-1530



381 High Meadow Drive

Scaly Mountain, NC 28775 | \$835,000 | MLS #101173
Julie Osborn & Pat Allen | 828-200-6165

HIGHLANDS-DOWNTOWN OFFICE | 828.526.8784

WILDCAT CLIFFS/CASHIERS OFFICE | 828.526.4525

SAPPHIRE OFFICE | 828.507.3165



COREY JAMES GALLERY
& Estate Consignments

Yard Art
Open for pickup & delivery



(828) 526-4818
On the corner of 3rd & Spring


~Home Decor
~Gifts
~Jewelry
~ Original Art Work

468 Carolina Way • Highlands
(Between N. 4th & N. 5th)
828-526-3909

• BIZ/ORG NEWS •



At the meeting held on March 21, 2023, Rotary Club of Highlands welcomed three current Highlands school students and their guests. These students were recognized as students of the month.

- Jessica T. Farrell

THURSDAY, APRIL 20

Orchard Session

with **Mike Kinnebrew**

purchase tickets



at **THE FARM** 

Holy Week at FPC Highlands

April 2 - Palm Sunday - 11AM

Service of Scripture & Song

April 6 - Maundy Thursday - 6PM

Service & Dinner

April 7 - Good Friday - 10AM to 2PM

Self-Guided Prayer Stations in our Sanctuary
All are welcome!

April 9 - Easter Sunday - 11AM

LOVE WINS!

• HOSPITAL NEWS •

Let's raise awareness about Colorectal Cancer and the importance of colonoscopy ... also Show appreciation for physicians this March

Now that we are seeing spring on the Plateau, it's time to start planning hikes and waterfall trips to see our community's beauty at its height. In terms of health-related items to put on your to-do list, taking a moment to learn about colorectal cancer prevention is appropriate at this time of year also, since March is Colorectal Cancer Awareness Month.

Excluding skin cancer, colorectal cancer is the third most frequently diagnosed cancer, and according to the American Cancer Society, the second leading cause of cancer death. Though these are serious statistics, the good news is that it is highly treatable when found early. This is why I think it's critical to stress how important getting a screening colonoscopy is, and in the past couple of years, the guidelines changed from getting screened for the first time at age 50 to age 45, for those at average risk.

Another piece of good news about colorectal cancer prevention is that it is within our power to lower our risk by making healthy lifestyle choices. These include eating a healthy diet and avoiding things like red meat, processed meats like hotdogs and deli meat, excessive alcohol, and tobacco. Strive to eat more legumes (things like beans and peas), fresh vegetables and fruit, dairy, and whole grains. Exercise is also key, and aiming for 150 minutes of moderate exercise per week is an attainable goal, which translates to about 30 minutes of movement, five days per week.

Some factors to talk to your primary care provider about that raise your risk for colorectal cancer include being African American, having a family or personal history of colorectal cancer or polyps, being overweight or obese, certain genetic syndromes, and living with irritable bowel syndrome (IBS). Simply getting older is also a risk factor. Having a detailed conversation with your provider about your individual risk factors can help them guide you toward a screening schedule that's appropriate for you.

Next, we come to the colonoscopy, which is an extraordinary discovery for preventing colorectal cancer — and if polyps are found, removing them. Many people put off this test due to the nature of it, which involves 2-3 days of preparation for the procedure where you drink a solution that empties your bowels completely. This allows the gastroenterologist to clearly see your colon as they look for any abnormalities during the test.

The screening itself is simple, you are sedated during it, and you're in and out of the treatment facility in a short time, but you must have a driver to take you home. During the procedure, the physician inserts a long thin tube



**Tom Neal CEO, CNO
Highlands-Cashiers
Hospital**

into the rectum that has a light and tiny camera on the end of it. This colonoscope enables them to examine your colon to look for abnormalities like polyps and remove them if they find any. They can then be biopsied for cancer. Precancerous polyps are common, which is why this test is so important and lifesaving.

We are proud to offer the communities of Highlands and Cashiers access to colonoscopy screenings. Dr. James Osborne and Dr. Zachary Phillips perform the tests here at HCH, so thanks to them, our community members can get tested close to home. Dr. Osborne sees patients at the Cashiers Clinic, while Dr. Phillips sees patients at the Highlands Clinic.

There was a phenomenon over the last several years, as we dealt with the COVID-19 pandemic, where people put off getting screening tests, but now that we are out of the woods with the pandemic, I encourage you to schedule yours if you are due for one.

I am passionate about this topic because I myself have lost friends to this disease, and if they had gotten screened in a timely way, their cancer could have been successfully treated. The colonoscopy is one of the most vital health screenings you can receive.

We at Highlands-Cashiers Hospital (HCH) are also looking forward to March 30th, when we will celebrate National Doctors Day, a chance to show appreciation to the physicians who devote their time, energy, and compassion to caring for this community. We will be hosting a luncheon for our doctors as a way to show our gratitude.

I'd also like to take this opportunity to introduce the community to a new surgeon who is joining us. Dr. Mark Moriarty is an accomplished board-certified orthopedic surgeon with special interest in adult reconstructive surgery and sports medicine. He has vast experience with both minimally invasive arthroscopic procedures and more complex open surgery. Dr. Moriarty will be performing procedures on the first and third Wednesday of each month at HCH, starting on Wednesday, March 15th. We are fortunate to have him, as his services are another reason you can receive the best care within your own community.

We are all in this journey together, supporting our own and each other's health. Every HCH team member feels honored to treat you, and we are here to educate and partner with you, doing all we can to provide the most advanced care possible to you and your family.

• Tom Neal, RN, MBA, MHA, is the Chief Executive Officer and Chief Nursing Officer (CNO) of Highlands-Cashiers Hospital. Neal is a proven leader with more than 30 years of progressive healthcare experience.



Atlanta • Highlands • Cashiers

*Specializing in Kitchen Design & Cabinets
Certified Kitchen Designer on staff*



ASID Interior Designers

Offering Full Designer Services

Cabinets • Kitchen • Bath • Furnishings

In-home Consultation

828-226-2083



melinda@melindabarber.com
www.melindabarber.com

• HIGHLANDS AREA EVENTS •

THE POOL IS OPEN

• **Public Swim:** Mon.-Wed. 3:30-7p; Sat. 11a-6p; Sun. 1-6p.
Adult Swim: Mon.-Wed. 11a-3:30p and Thurs. and Fri., 11a-2p. **Lap Swim:** Mon-Fri 6a-9:45a and Sat. 10-11a. **Water Aerobics:** Mon.-Fri. 10-11a. 828-526-1595.

Mon, Tues, Wed, Fri, Sat, & Sun

• **Alcoholics Anonymous:** "Open Meetings" are for anyone who thinks they may have a drinking problem or for anyone interested in the A.A. program of recovery. Highlands Mountain View Group holds open meetings in Highlands at the First Presbyterian Church, 471 Main St., on Monday at 5:30 PM and Wednesday and Friday at noon. The Cashiers Valley Group holds open meetings at the Albert Carlton Cashiers Community Library Tuesday at 7 PM, Friday and Sunday at 5 PM, and Saturday at 9 AM. A ZOOM

meeting is available Wednesday at 7PM (ID# 921 817 2966, password CVG2020). For more information, please visit www.aawnc80.org or to speak with a member of AA 24/7 at 828-349-4357

Second Mondays

• The local chapter of PEO, an off-campus sorority founded in the 1800s that provides grants and loans to women with financial need who want to return to school or further their education meets at 10 a.m. More meeting places call president Paula McDonald at 706-372-3004

1st Tuesdays

• Indivisible Highlands from 5-6:30 pm at the Hudson Library.

2nd Tuesdays

• Highlands Writers Group meets on alternate Tuesday afternoons at 3pm. Writers still uncomfortable with in-person gatherings may participate via Zoom

meetings held on the second or third Tuesday of each month at 3pm. Members receive weekly notification regarding when and how the group will assemble. For more information contact Bud Katz at either 828-526-3190 or at budandlynn@me.com

Tuesdays

• **Strength Training** 8:15-9:15am. Aim for strong, lean muscles using light weights, body weight, and high repetition to shape and tone.

Mon-Fri

• **Water Aerobics** 18 years plus 10-11am. Contact the Recreation Department at 828-526-3556 for more information.

• **Pickle Ball** inside and outside. 10am-1pm, everyone is welcome so come out and enjoy a game of Pickle Ball.

Mon., Tues., Thurs.

• The Food Pantry behind the Methodist Church on Spring Street is open from 10a to 6p.

Mon. & Wed.

• **New Mobility Class** with Anna Norton It's all about movement. 5:30-6:30pm and Wednesday 6:45-7:45. For more information, call Anna 267-825-0716.

Mon, Wed, Fri

• **Heart Healthy Exercise Class** 8:30-9:30am. \$25 a month. The class is led by Cathy Hodgson. Contact the Recreation Department at 828-526-3556 for more information.

• **Aerobics w/Tina Rogers** 8-9a. Contact the Recreation Department at 828-526-3556 for more info.

Tues. & Thurs.

• **New Zumba class** with Gay Chalpin from 4:30-5:30p. Contact the Recreation Department at 828-526-3556 for more information.

• **Exercise Class** with Michelle Lane at 5:30. A combination class with different types of exercise. Contact the Recreation Department at 828-526-3556 for more information

First Wednesdays

Hudson Library, in partnership with VAYA Health, is hosting an educational series on adult mental health, at 11:00 AM. This series is aimed particularly at

older adults and will focus on mental health issues of particular interest to them. The February I program is PTSD: Healing the Emotional Wound.

Wednesdays

• **ESL classes** are held at the Presbyterian Church in Highlands from 5:30-6:30pm. No registration required – just show up and participate. Questions? Visit www.maconncliteracy.org, call 828-526 – 0863 or email info@maconncliteracy.org

Thursdays

• **Kickboxing** 8:15-9:15am. An exhilarating and fun mix of martial arts for a calorie-burning workout. Contact the Recreation Department at 828-526-3556 for more information.

• **At Hudson Library, Kids Zone** at 3:30 pm with a wide variety of STEAM, nature, and craft activities. For more information about any of these summer activities, contact Hudson Library at 828-526-3031.

3rd Fridays

• **At the Rec Park, Senior Lunches** noon in the meeting room. For any other information call Lester Norris or Maxine Ramey at 828-526-3556.

2nd Saturdays

• The Western North Carolina Woodturners Club meets in Highlands at The Bascom at 10 a.m. March thru November.

3rd Saturdays

• The American Legion Post 370 meets at the First Methodist Church at 315 Main Street in their Community Room/909 Chapel. We serve breakfast at 9am and hold our monthly meeting at 10am. We invite ALL Veterans to attend. Contact Ed McCloskey, Commander for any information @828-787-1660.

Through May 31

• The Fontana Regional Library system, including Hudson Library in Highlands, is starting an Active Audio Challenge that will run from March 1st through May 31st. Participants who listen to 25 hours of audiobooks, while being active, will receive a prize. Some examples of activity include walking, running, gardening, cooking, cleaning, and much more. Participants will be feed-

ing both the body and mind with this Challenge. To register for the Challenge, come by Hudson Library and pick up the log-book used to record entries. For more information or to request an accommodation, please call the library at 828-526-3031.

Fri., March 31

• **Community Coffee** with the Mayor at Hudson Library at 11a in the Hudson Library Meeting Room. Mayor Taylor will discuss Highlands Budget Priorities for this coming Year

Wed. & Sun. in April

• **Spring is in the air!** The Highlands Botanical Garden is waking up, and with it, an abundance of wildflowers is beginning to display. Join the Highlands Nature Center for an easy stroll through the Botanical Garden each Wednesday & Saturday this April between 4 and 5 PM to explore what spring ephemerals are blooming. Along the way, you'll learn tips for identifying them and a little about their unique characteristics. These programs are free and open to the public, no registration is necessary. For more information, visit highlandsbiological.org. The Highlands Nature Center & Botanical Garden is part of the Highlands Biological Station, a multi-campus center of Western Carolina University.

Sat., April 1

• **Highlands Marketplace** reopening April 1 8a-12:30pm at KH Park on Pine Street. It will be open each Saturday through the fall.

• **Students from Rabun Gap-Nacoochee School** invite you to join them for a 5K Fun Run fundraiser, Saturday at 9AM. All of the profits will benefit underserved women in the community by putting together care packages. Planned by Leela Chrestman, Juniper Sperry, Mary Travis Boswell, and Ava Klapdohr. For more information, email Ichrestman@rabungap.org.

• **First Saturday** contra dancing will be held 6:30-9:00 p.m., in the Macon County Public Library, opening with a half hour of instruction for beginners

Celebrate Earth Day at the Nature Center



Celebrate the beauty and wonders of Earth at the Highlands Nature Center's Earth Day Extravaganza on Sat., April 22 from 12 to 3p.! Grab your family and get ready to explore and appreciate the natural world with a scavenger hunt that will have you searching high and low for Earth's treasures in the Highlands Botanical Garden. Then, tap into your creative side with nature art and DIY crafts that will inspire you to use recycled materials to make beautiful, eco-friendly creations. The celebration will continue at 4p with a Wildflower Walk through the garden to see which spring blooms are on display. Whether you and your family members are budding artists, intrepid explorers, or nature enthusiasts, there's something for everyone at this free, community event. In the case of severe weather, the event will be canceled. To learn more about other upcoming events, visit highlandsbiological.org. The Highlands Nature Center & Botanical Garden are part of the Highlands Biological Station, a multi-campus center of Western Carolina University.

• HIGHLANDS AREA EVENTS •

followed by two hours of dancing with caller Deanna Palumbo and music by High Ground Stringband. Contra dance is a highly accessible and sociable dance form, with participants moving in long facing lines or in groups, changing partners often. No experience is needed; all dances are taught. Attendees don't need to bring a partner but are welcome to do so, and may bring a closed water container and snack. Wear comfortable clothes; no perfumes or strong scents, please. Masks are encouraged but not required. Admission is by donation; \$10 is suggested. The Library is at 149 Siler Farm Road, Franklin, with a wood dance floor, ample lighted parking and wheelchair accessibility. The event is funded in part by The James Edward Hudock Trust and produced by the Arts Council, Friends of Contra Dance in Macon County, and the Macon County Public Library. For details phone 828-524-ARTS or email arts4all@dnet.net.

• Talented Macon County youth will take the stage Saturday, April 1, at 7p.m., in the annual Student Talent Showcase, a non-competitive talent show for selected 3rd-12th graders. Held in the Franklin High School Fine Arts Building, this annual event features students chosen from the Macon County's schools performing a variety of entertaining acts from vocal and instrumental numbers to dance, gymnastics, comedy routines, and more. There is no admission charge; donations will be received to support the Arts Council's Artists-in-the-Schools Program, an Arts Council/Macon County Board of Education partnership that brings diverse interactive, instructive arts programs to our public schools. Franklin High School is on Panther Drive off Business 441 in Franklin. The Showcase is produced by the Arts Council of Macon County, 524-ARTS or arts4all@dnet.net.

Tues., April 4

• Take a leisurely stroll among a family nature preserve to explore a curated landscape of one of the finest collections of spring wildflowers in the Southern Appalachians guided by one of the best botanists in the region. Join Highlands-Cashiers Land Trust (HCLT) as it kicks off its 2023 EcoTour season with a guided hike at the Pittillo Family Nature Preserve and Nodding Trillium Garden on Tuesday, April 4! Space is limited and you don't want to miss this rare opportunity to learn from two of the most renowned regional botanists, Dr. Dan Pitillo and HCLT's, Dr. Gary Wein. This will be an easy to moderate walk with steep stairs, skinny corridors, and a river crossing. Highlands-Cashiers Land Trust EcoTours are open to HCLT members with a suggested \$50 donation per person. To reserve your spot, contact the Land Trust at info@hcltnc.org or 828-526-1111. To learn how Highlands-Cashiers Land Trust, a nationally accredited nonprofit organization, is conserving valuable land resources for all generations, visit www.hicashlt.org. Together, we are saving our most treasured places.

Fri.-Sun., April 7-9

• At Half-Mile Farm an Easter Celebration and Hosted Weekend at Half-Mile Farm with Chef Craig Richards. Stay at Half-Mile Farm for a grown-up Easter weekend. The Weekends Events: Friday, Fresh Pasta demo and tasting with Executive Chef Craig Richards in the Woodland View Room from 5-6 pm during Social Hour with additional complimentary hors d'oeuvres and live music until 8 pm. Craft beverages are available from the J. Henry Farmhouse Tavern. Saturday, Special Breakfast Creations from 8-10:30 am. Social Hour from 5-6 pm will feature complimentary hors d'oeuvres, and live music from 5-8 pm. Craft beverages are available from the J. Henry Farmhouse

Tavern. Grown-up Easter Egg Hunt (outside weather permitting) from 4-6 pm with prizes including J. Henry Farmhouse Tavern cocktails Half-Mile Farm merchandise, an overnight stay, and more! Hosted events are for Half-Mile Farm guests only. To book your stay [https://www.olded-](https://www.olded-wardhospitality.com/half-mile-farm/#/booking/step-1)

wardhospitality.com/half-mile-farm/#/booking/step-1

Sat., April 8

• The town's annual Easter Egg Hunt on Saturday at 10am at the Rec Dept for ages 0-9.

April 13

• See EVENTS page 14

2023 Eco-Tours start at Pittillo Family Nature Preserve April 4



Take a leisurely stroll among a family nature preserve to explore a curated landscape of one of the finest collections of spring wildflowers in the Southern Appalachians guided by one of the best botanists in the region. Join Highlands-Cashiers Land Trust (HCLT) as it kicks off its 2023 EcoTour season with a guided hike at the Pittillo Family Nature Preserve and Nodding Trillium Garden on Tuesday, April 4! Space is limited and you don't want to miss this rare opportunity to learn from two of the most renowned regional botanists, Dr. Dan Pitillo and HCLT's, Dr. Gary Wein. This will be an easy to moderate walk with steep stairs, skinny corridors, and a river crossing. Highlands-Cashiers Land Trust EcoTours are open to HCLT members with a suggested \$50 donation per person. To reserve your spot, contact the Land Trust at info@hcltnc.org or 828-526-1111. To learn how Highlands-Cashiers Land Trust, a nationally accredited nonprofit organization, is conserving valuable land resources for all generations, visit www.hicashlt.org. Together, we are saving our most treasured places.

Lunch
Tues. - Sat.
11a to 3p

DON LEON'S

828-482-1513

I'm baaaaaack again!

With the same menu, low prices, FREE coffee and an older more mellow attitude!
Come by for a visit and enjoy those Appalachian Fries and a fresh Gyro!

Salads • Pitas • Burgers • Philly Cheese Steak • Shrimp Pita • Susan's Rueben • Italian Sausage • Chicken Wings
Appalachian Fries • Onion Rings • Fried Shrimp • Fish n' Chips • Chicken Fingers and more!

**Dine in or Call in your order for Pickup! • 828-482-1513 • 462 Dillard Road (across from Dusty's)
Highlands**



**NOW WITH
2 LOCATIONS!**



SPRING CLEARANCE!

FRIDAY & SATURDAY

10AM-2PM

ALL PROCEEDS GO TO OUTREACH

94 US HWY 64W | 1846 HWY 107N

828-226-2588

...EVENTS continued from page 13

• NHC's own, Victor Treutel gives us poignant insights about his newly released book, *When the Dogwoods Bloom* at 6pm, in the Macon County Library, on 149 Siler Farm Rd, in Franklin While on a local photography shoot, he discovered the story of Tsali who was born in the Smokies in the late 1700s. Tsali saved the Cherokee Nation. Victor retraced Tsali's life as much as possible and then fictionalized the details in the writing of this historical fiction novel that will invoke laughter, tears, and possibly, change your life. This free program is co-sponsored by the Macon Co. Library, NHC and FATCC. Come learn, get inspired and win the free raffle! <https://fontanalib.org/events/walking-spring-victor-treutel>

Sat., April 15

• Plateau Pickup 8:30 a.m. - 12 p.m. Volunteers will begin at Kelsey-Hutchinson Founders Park on Pine Street, where they will receive their geographic assignment. Groups, individu-

als, and families are welcome! A light breakfast and lunch will be provided, and participants will receive a free t-shirt. Volunteers will also receive gloves, pick up tools, safety vests and garbage bags. The project includes parts of U.S. 64, N.C. 28, N.C. 106 and streets in downtown Highlands. Plateau Pickup is part of Litter Sweep, the N.C. Department of Transportation's biannual statewide roadside litter removal initiative traditionally held the last two weeks of April and September. To participate, send an email to events@highlandschamber.org or call 828-526-2112.

Thurs., April 20

• Macon County Democratic Women lead the charge to save our planet for future generations again this year by hosting a community Potato Supper. The international 2023 Earth Day theme, "Invest in Our Planet," offers a delicious opportunity for you to do your part. Instead of meat, eat a potato - with all the fixings -- at

Carpenter Community Center, 1288 Georgia Road, from 5 p.m. to 6:30 p.m. Eat in or take out a baked potato, your choice of toppings, a dessert and a drink for \$12. Cost for children 12 and under is just \$6. Tickets may be purchased from members of Democratic Women of Macon County or by leaving a message at (678) 357-7718 to pick up tickets at the supper.

• OEI's Orchard Series. 6 - 8 pm Celebrate the beauty of springtime in Highlands with the return of the live concert series - Orchard Sessions. Settle into comfortable seating and relax under heirloom apple trees as a stellar lineup of musicians fill the mountain air. In the magical surroundings of The Orchard, enjoy light bites, a cash bar, and an enchanting evening. The sessions kick off Thursday with the return of Atlanta native Mike Kinnebrew. The Orchard Sessions are held at The Farm at Old Edwards at 336 Arnold Road in Highlands. Tickets are \$40. Book Online: <https://www.simpletix.com/e/mike-kinnebrew-orchard-sessions-at-the-far-tickets-124433>

Sat., April 22

• Celebrate the beauty and wonders of Earth at the Highlands Nature Center's Earth Day Extravaganza on April 22 from 12 to 3p.! Grab your family and get ready to explore and appreciate the natural world with a scavenger hunt that will have you searching high and low for Earth's treasures in the Highlands Botanical Garden. Then, tap into your creative side with nature art and DIY crafts that will inspire you to use recycled materials to make beautiful, eco-friendly creations.

Fri.-Sun, April 28-30

• Bear Shadow Music Festival, a weekend of celebration that highlights world-class music acts and outdoor experiences as we emerge from winter's hibernation. Brought to you by Highlands Festivals, Inc., the 3-day festival is at Winfield Farm. Bear Shadow is a sister event of the bespoke Highlands Food & Wine Festival. For more information and tickets, visit bearshadownc.com or email info@bearshadownc.com.

Bearshadow Music Festival is Fri., April 28 – Sun., April 30



• Bear Shadow Music Festival, a weekend of celebration that highlights world-class music acts and outdoor experiences as we emerge from winter's hibernation. Brought to you by Highlands Festivals, Inc., the three-day festival will take place at Winfield Farm. Headliners include Spoon, The Head and The Heart, Jason Isbell and the 400 Unit. Bear Shadow is a sister event of the bespoke Highlands Food & Wine Festival. For more information and tickets, visit bearshadownc.com or email info@bearshadownc.com.

Nancy's & The Exchange Fancys for Men

We are taking a little time off after an awesome 2022 ... thanks to you, our customers! We will be closed through mid-April when we will reopen. See you then!



..on Nancy's side • 828-526-5029

...on Bob's side • 828-526-1029

2060 Dillard Rd, Highlands
2 miles south of Main

• BUSINESS/ORG NEWS •



Portion of Mountain Findings proceeds go to MC EMS and Squad 4 Fire & Rescue

Mountain Findings Thrift Store donated two trail rescue motorcycles, the trailer, and the protective gear to Macon County EMS and Squad 4 Fire and Rescue with a portion of annual proceeds.

...OBITUARIES continued from page 7 Lillian Juanita Zachary Waller

Lillian Juanita Zachary Waller, 91, of Highlands, NC, passed away Saturday, March 25, 2023. She was born May 16, 1931 in Highlands, NC to the late Lyman and Dora Chastain Zachary. Mrs. Waller was a waitress at Mountaineer Restaurant for thirty years and after that a waitress at Chestnut Hill. She loved gardening, growing vegetables, shopping and she was a great cook. She always made everyone feel special, happy, and welcome. She loved her family and spending time with them. Mrs. Waller was a member of the Highlands First Baptist Church.

In addition to her parents, she was preceded in death by her husband, Albert Lendal Waller who died July 22, 1999; a son, Butch Waller, who died in 2018, siblings, Mildred Wilson, Mattie Crawford, Bernice Hedden, Rena James, Ernestine Reed, Claude Zachary, Carl (Bub) Zachary, Lloyd Zachary and Jim Zachary.

She is survived by her sons, Ronnie Waller (Vickie) of High-



lands, NC and Kevin Waller of Highlands; daughter-in-law, Susan Waller of Highlands; four grandchildren, Kenny Waller, Allison Waller, Michele Martin and Krista Chapman; four great-grandchildren, Rachel Chapman, Zachary Chapman, Karson Martin and Emory Martin; and a sister, Lucille Potts of Highlands, NC.

A Celebration of Life service will be held Friday, March 31, 2023, at 2 pm at Highlands Memorial Park Cemetery, with Dr. Mark Ford officiating. Pallbearers will be Morris Reed, Justin Chapman, Zachary Chapman, Josh Martin and Doc Wilson. Honorary pallbearer will be Kenny Waller. The family will greet friends after the service.

"The grass withers, the flowers fade, but the word of our God remains forever." Isaiah 40:8.

Bryant-Grant Funeral Home and Crematory is serving the Waller family.

Online condolences may be made at www.bryantgrantfuneral-home.com.

• See OBITUARIES page 16

Read Highlands Newspaper
on the street and on the web.
www.highlandsinfo.com

**Divas Prom
in Franklin**

**DIVA'S
ON MAIN**

24 E. MAIN ST. • FRANKLIN, NC
828.369.7300

Highlands Mercantile is OPEN!



WESTMAN ATELIER



Fine goods for your family and home.

Books • Chocolates • Coffee • Gifts • Linens • Skincare

322 Main Street, Highlands • 828-482-0818

Holy Week Schedule 2023



*Our Lady of the Mountains Catholic Church
Highlands*

April 6th - Holy Thursday Mass

6pm • St. Jude Sapphire Valley

April 7th - Good Friday Liturgy

3pm • St. Jude Sapphire Valley

April 8th - Easter Vigil Mass

8:30pm • St. Jude Sapphire Valley

April 9th - Easter Sunday Mass

9:30am at St. Jude Sapphire Valley

11am OLM

Olmhighlands.com

THE FIREWOOD COMPANY



Delivered, Stacked & Ready to Burn!

828.200.3050

bobhenritze@gmail.com • www.firewoodcompany.net

...OBITUARIES continued from page 15

Mary Arnold McCoy

Mary Arnold McCoy, 87, of Seneca, SC, passed away Friday, March 24, 2023. Mary was born December 24 1935 in Macon County, NC, to the late Phillip and Carrie Henry Craine. Mary was a nurse, she loved flowers, fishing, and word search puzzles.

In addition to her parents, she was preceded in death by her first husband, Arthur Arnold, Sr. and her second husband, Sherille McCoy, and a daughter, Joan Arnold.

She is survived by her daughter,



ter, Barbara Arnold of Kentucky and her son, Arthur Arnold, Jr. of Oklahoma; seven grandchildren, three great-grandchildren; and brother, Ernest Craine of Clayton, GA.

A graveside service will be held Thursday, March 30, 2023 at 2:00 pm at Highlands Memorial Park Cemetery.

Bryant-Grant Funeral Home and Crematory is serving the McCoy family. Online condolences may be made at www.bryantgrant-funeralhome.com.

...HB 219 continued from 1

The resolution was presented by the school system legal counsel John Henning Jr. who encouraged the board of education to work with county commissioners to oppose the legislation.

HB 219 calls for changing how funding is allocated and divided between public schools and charter schools. The bill, introduced by Rep. John Torbett (R-Gaston), a House K-12 Education Committee and Education Appropriations Committee Co-Chair, would limit the types of funding that school districts now legally can withhold from sharing with charter schools.

The proposed legislation would also permit counties to make capital funds available for charter schools, which district leaders say would further delay projects such as the new construction of a Franklin High School facility and needed additions to Highlands School.

According to Public Schools First NC, of October 1, 2021, 204 charter schools enrolled 130,485 students in North Carolina -- approximately 8% of the state's 1.55 million school children attend charter schools. Enrollment data released last year by the N.C. Department of Public Instruction shows that public charter schools grew by 6.4% between 2021 and 2022, and by 19.2% between 2019 and 2022.

The resolution passed by the Macon County Board of Education Monday night states that "charter schools are not legally required to pay any funds to local school districts regardless of the source of revenue including federal funds, grants, and gifts," however "local funds given to local school districts and placed in the district's Local Current Expense Fund (designated by the State as Fund 2) is shared with charter schools on an equal per pupil basis including county appropriations, fines, and forfeitures, and special school tax dollars flowing

• See HB 219 page 17

ALLELUIA! CHRIST IS RISEN!



CHURCH OF THE INCARNATION

Holy Week & Easter

PALM SUNDAY

Sunday, April 2 at 10:30 am

MONDAY - WEDNESDAY IN HOLY WEEK

Holy Eucharist at 12 pm in Historic Chapel

MAUNDY THURSDAY

Thursday, April 6 at 6 pm

GOOD FRIDAY

Friday, April 7 at 12 pm

THE GREAT VIGIL OF EASTER

Saturday, April 8 at 8 pm

THE FEAST OF THE RESURRECTION

Sunday, April 9 at 9 am 11 am

...MEDICAID continued from page 1



Reporter Brittney Lofthouse, center, was in Raleigh for the medicaid vote.

adults and their families. For 600,000 people, Medicaid expansion is life-changing.”

Expanding Medicaid has been a top priority for Governor Cooper since he took office. Since 2017, he has worked within the confines of state law to begin the expansion of Medicaid, even when Republican legislators sued him in federal court to stop the process. Without Medicaid expansion, North Carolina has missed out on an estimated \$521 million each month that could go to improving mental health and helping rural hospitals remain open.

Veterans, early childhood educators, restaurant workers, nursing home workers are all among the groups that often fall into the coverage gap and sometimes have to work two or more jobs to afford health care.

In North Carolina, rural residents are 40% more likely to be uninsured and eligible for Medicaid expansion, and eleven ru-

ral hospitals have closed in North Carolina since 2005, with more at risk of closure due to a lack of paying customers. North Carolina, like other states, is currently dealing with an opioid and substance abuse crisis. About 40% of overdose patients in emergency departments are uninsured, making it harder for them to get the follow up mental health care they need.

Governor Cooper’s budget, First in Opportunity, proposes using a portion of the almost \$1.8 billion Medicaid expansion signing bonus to create the Improving Health Outcomes for People Everywhere (IHOPE) Fund. The plan focuses on three areas: making mental health services more available when and where people need them; building strong systems to support people in crisis and people with complex behavioral needs; and enabling better health access and outcomes with data and technology. Medicaid expansion will take effect

...HB 219 continued from page 16

to a charter school located in the taxing district.”

As it stands, there is specific guidance regarding calculating per-pupil funding school districts must give to charter schools, however House Bill 219 would add new categories of financing for charter schools, including for services opponents of the law say charter schools don’t provide.

Macon County’s resolution noted that “certain funds that should not be apportioned or shared with charter schools because 1) the charter school does not provide the program or services for which the funds are received, 2) the funds are simply a reimbursement to the local school district for unrestricted monies already spent including revenues previously shared with charter schools, and/or 3) the monies are legally restricted and cannot be shared.”

The way it is currently written, House Bill 219 deleted the list of protected funds such as sales tax, gifts and grants restricted as to use, federal appropriations, and others, opening them up for distribution with Charter Schools.

As Macon County Board of Education noted, by deleting the list from House Bill 219, there is an unequal rather than equal local funding formula for K-12 education.

In addition to the funding shift, H219 would also: limit enrollment growth only in low-performing charters, prohibit the State Board of Education from considering the LEA impact when authorizing or renewing a charter, allow existing charters to launch a new “micro school,” allow counties to provide facility funding to charters, and change the state funding of charters to reflect actual enrollment.

Highlands United Methodist Church

www.highlandsmethodist.org

Service of Healing

April 5th - 6pm in the Faith & Fellowship Center

Holy Thursday Service

April 6th at 5:30pm in the sanctuary

Good Friday Service

April 7th at 5:30pm in the sanctuary

Easter Sunday

Sunday, April 9th

*Sunrise Service at the Easter Cross on the front lawn
at 7am*

Easter Worship Services ~ 9:09 & 11am

Potluck Easter Brunch ~ 10am

in the Faith & Fellowship Center

Easter Egg Hunt ~ 10am on the front lawn

*For the Many
and the One*

**GOOD FRIDAY SERVICE
APRIL 7TH 6:00 PM**

**COMMUNITY BIBLE CHURCH
3645 CASHIERS RD, HIGHLANDS NC**



• SPIRITUALLY SPEAKING •

I Apologize



Pastor Mark Ford
First Baptist Church
Highlands

Let me begin by making some pre-emptive statements. As a conservative evangelical minister, I hold to a historical and traditional understanding of the inspiration and total validity of the teachings of the Bible as the Word of God.

I stand firmly on the clear teachings of the Holy Scriptures as it applies to moral and ethical Judeo-Christian values. Because of these realities for me, I am understandably opposed to what often is communicated today under the catch-all words like “woke,” progressivism, and neo-Marxism.

More particularly, I am opposed to CRT being taught in our schools. I am opposed to progressive ideas and new tolerance of the LGBTQ+ community being promoted across our culture at-large. I am opposed to neo-Marxist ideas that would subjugate our historical western values rooted in the Judeo-Christian moorings that have served civilization well until recently.

I have offered good Biblical support for my opposition in past articles, from the pulpit, and other venues. This has been accompanied by a correct delineation of Lockean logic that was used to establish our nation along with our Christian heritage. I will say nothing more about these at this moment.

Instead, in this limited space I want to apologize to my more secular, “progressive” and liberal neighbors, and community. We will disagree on many things; it all starts with our view of Scriptures. Here, I remain firm in my convictions. But where one can cast their eyes outward and abroad and easily find a divergence of cultural, social, and religious values to critique, there is also the more painful self-reflection that is incumbent on all honest people of God.

First, I want to apologize that even as conservative evangelicals, we are doing a better job of speaking out in the public square and addressing our concerns and convictions – but we have failed you miserably, nonetheless. We have failed you and our Lord for not clearly enunciating the facts of what we really believe that distinguishes us from the world at large. It is not a political party, some sense of moral superiority vocalized louder in the public square, or greater astuteness in disparagements and crude retorts.

I apologize that these approaches and this sectarianism have only shrouded what makes us truly different and creates dissonance as I see it. Rather, we should clearly and emphatically communicate – along with our cultural values and convictions – our greatest conviction. This being that we truly trust in Jesus Christ as incarnate God, as the one

• See SPIRITUALLY SPEAKING page 19

Proverbs 3:5

• PLACES TO WORSHIP •

John 3:16

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (828) 421-1315

Sundays: School: 10 a.m., Worship: 11

Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor

Sundays: School: 10 a.m.; Worship: 11

CASHIERS UNITED METHODIST CHURCH

Rev. Aryn Williams-Reubel, Pastor 828-743-5298

Sundays: School at 9:30 Worship 10:30

Wednesday night Dinner and Service 5:30

CHAPEL OF THE SKY

Sky Valley, GA • 706-746-2999

Sundays: 10 a.m. Worship; Holy Communion 1st & 3rd Sundays

CHRIST ANGLICAN CHURCH

828-743-1701 • 464 Hwy 64E, Cashiers, NC 28717

www.christanglicancashiers.com

9:30am Sunday School; 10:30am Worship Service. Mon. Night

Bible Study & Dinner, 6pm, call for details.

CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Brent Metcalf • 743-5470

www.cashiers.church

Sun. 10:45am. S.S. 9:30am. Wed. 6pm supper and teaching.

Tues. Guys study 8am. Gals 10am.

CHRISTIAN SCIENCE CHURCH

283 Spring Street - Sunday Service: 10:30 a.m.

Testimony meeting: 3rd Wednesday at 5:30 p.m.

CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 11 a.m.

1st & 3rd Sunday night Service: 7 p.m.

Wednesdays – Supper at 6 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd. Highlands, NC • Sr. Pastor Gary Hewins

Sundays: Service 10:45am, Children's 10:30am

Wednesdays: Youth 5:30-7pm; Women's Bible Study: Mondays

4:30pm, Tuesdays 10am; Men's Bible Study: Wednesdays &

Thursdays 7am @ Zookeeper Bistro

COMMUNITY BIBLE CHURCH OF SKY VALLEY

706.746.3144 • 696 Sky Valley Way #447

Pastor Steve Kerhoulas

Worship: Sun. 10:30 a.m. Holy Communion 2nd Sunday

EPISCOPAL CHURCH OF THE INCARNATION

Rev. W. Bentley Manning, Rector • 526-2968

5th and Main streets • www.incarnationwnc.org

Sunday Services Chapel: Rite I spoken, 8a. Rite II with Choir in

Sanctuary 10:30a; Morning Prayer Mon-Thurs 8:30a in Chapel

FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor • 220 Main Street, Highlands

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Choir 5p; Prayer Mtg 6:15p

FIRST PRESBYTERIAN CHURCH

Emily Wilmarth, pastor

828-526-3175 • fpchighlands.org

Sun.: Adult Ed.: 10 a.m.; Worship 11 a.m.

Tues: Men's Group 10 a.m. Wed: Bell Choir 4 p.m. Choir: 6p

GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd)

Sunday School: 10 am. Worship Service: 11 am

GRACE COMMUNITY CHURCH OF CASHIERS

Non-Denominational-Contemporary Worship

242 Hwy 107N. 1/4 miles from Crossroads in Cashiers

www.gracecashiers.com • Pastor Steve Doerter 743-9814

Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, NC • 743-2729 • Nathan Johnson

Sunday: School 9:45a. Worship 11a & 7p. Bible Study 6p

Wed. Kidsquest 6p.; Worship 7p.

HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street

Wed. Bible Study: 6 p.m.; Sundays: Worship: 11

HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson • 11339 Buck Creek Road

The Highlands Central Baptist Church is temporarily

sharing the facilities of the Shortoff Baptist Church.

Sunday Worship is at 9a. Wednesday Worship is 6:30p

HIGHLANDS UNITED METHODIST CHURCH

Rev. Dr. Randy Lucas, Pastor 526-3376

In-Person and live-streamed Worship Services

909a Bluegrass and 11a Traditional

www.highlandsmethodist.org

HOLY FAMILY LUTHERAN CHURCH: ELCA

2152 Dillard Road • 526-9741

Rev. Ken Langsdorf

Worship/Communion: 10:30 All are welcome.

Visit our website: Holy Family Lutheran Highlands NC

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Zane Talley

Sundays: School: 10 a.m.; Worship: 11 a.m. Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.: 7 p.m.

MOUNTAIN SYNAGOGUE

Franklin • 828-634-1312 • mountainsynagoguewnc.com.

Services: 1st /Fri. and 3rd Sat.

and Rosh Hashanah & Yom Kippur.

MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church.

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

OUR LADY OF THE MOUNTAINS

CATHOLIC CHURCH

Rev. Fr. Jason K. Barone – 526-2418

Tues. - 9:30am Latin; Thurs. - 9:30am English; Sun. - 11am English

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby

Sundays: School – 10 a.m.; Worship – 11 a.m. & 7

Wednesdays: Prayer Mtg.: 7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212

Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11 a.m.

Wednesdays: Prayer & Bible Study: 6 p.m.

ST. JUDE'S CATHOLIC CHURCH

Mass: Tues. noon (Latin). Thurs. 9a.; Fri., noon;

Sat. 5:30p; Sun. 9a

THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 S., Office: • 743-2359 • Rev. Rob Wood

Sunday Services: 8a. 9:30 & 11a

Visit our website www.goodshepherdofcashiers.com for

schedules of activities both virtual and in-person.

Bazaar Barn is open Fri. & Sat. 10a -2p.

UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive, Franklin • ufranklin.org

Sunday Worship - 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am. Worship Service: 11 am

• POLICE & FIRE REPORTS •

Highlands Police entries from March 21. Only the names of persons arrested, issued a summons/citation, issued a Class-3 misdemeanor or those of public officials have been used.

March 21

• At 9 a.m., officers received a report of larceny at the Highlands Emergency Council on Poplar Street where items were taken after hours.

March 22

• At 8:20 a.m., officers responded to a 2-vehicle accident on NC106 near Woodcrest Way.

March 24

• At 9:24 a.m., officers responded to a 2-vehicle accident near Reeves Hardware on S. 3rd Street.

• At 12:05 p.m., officers responded to a 2-vehicle accident on NC 28 and Spring Street.

The Highlands Fire & Rescue log from March 14.

March 14

• At 1 p.m., the dept. provided public

assistance at a location on Spring Street.

• At 1:50 p.m., the dept. responded to a fire alarm at a residence on S. Old Walhala Road.

March 15

• At 11:36 a.m., the dept. was first-responders to a residence on Thornhill Road.

March 17

• At 10:33 a.m., the dept. responded to a fire alarm at a location on Main Street.

March 18

• At 11:08 a.m., the dept. responded to a structure fire at a residence on Mack Wilson Road.

• At 7:26 p.m., the dept. was first-responders to a residence on Hickory Hill Road.

• At 10:39 p.m., the dept. responded to a Co2 alarm at a residence on Bruner Lane.

March 19

• At 8:20 a.m., the dept. was first-responders to a residence on Blue Valley Road.

• At 11:25 p.m., the dept. was first-responders to a residence on Clear Creek Road.

March 20

• At 1 p.m., the dept. was first-responders to a residence on Buck Creek Road.

March 22

• At 7:58 a.m., the dept. was first-responders to a residence on Buck Creek Road.

• At 11:25 a.m., the dept. was first-responders to a residence on Chestnut Street.

March 23

• At 12:28 p.m., the dept. was first-responders to a residence on Sequoyah

Ridge.

• At 12:53 p.m., the dept. was first-responders to a residence on Mack Wilson Road.

• At 1:08 p.m., the dept. was first-responders to a residence on Magnolia Drive.

March 24

• At 8:41 a.m., the dept. responded to a fire alarm at a residence on Moorewood Circle.

March 27

• At 5:05 p.m., the dept. was first-responders to a residence on Garnet Rock Trail.

...SPIRITUALLY SPEAKING continued from 18

who died for sins, and is resurrected and alive, inviting all who want to see the truth and understand the will of God in Him. We call it being “born again.”

Now this will not eradicate all differences or views, but should we come to an agreement as fellow-believers to both humbly approach the Word of God with open minds, we will then have established the foundations for conversation that is non-political and non-cultural and non-ideological.

We come together in Christ and He will lead His people into Truth. So, I apologize that this message is getting lost in the heat and rhetoric of today. We are to be better stewards and witnesses for Him, and I am sorry if you haven't heard this before.

Being born again in Christ is far more important than being Democrat or Republican, liberal or conservative, “woke” or traditionalist. We can't legislate morality, as the saying goes, but we can lead you to the One who does.

Second, I apologize that the church as an institution is overly focused on itself and enumerated “needs” to make everyone happy and satisfied, not to mention efforts to maintain a sectarian façade of superiority.

We have put much verbiage and energy

in improving and changing the mediums of our message – music styles and preferences, dress codes, architecture, technology, presentation, etc. – thinking on the one hand, in the name of being relevant, this might attract the world outside our doors, but also to keep our own memberships contented, entertained, and “inspired.”

Again, I am sorry that we failed you in once again obscuring the powerful, simple message of the Gospel and salvation in Christ. We have promoted presentation over prayer, getting over giving, and entertainment over exegesis of the Word of God.

My growing suspicion is that those outside the walls of the church want our prayers, need our charity, and want unadulterated and unembellished Truth as found in the Word and Christ. And they want it conveyed with courageous conviction yet profound love and patience.

I am sorry if our message has been imbalanced and obscured the profound truth that God is both love and holy. It is not His fault. This evangelical, conservative Pastor is going to try to do better and lead others to do the same. Again, forgive us, but also join us as sinners saved by grace in Jesus Christ who desire to follow Him in righteousness.



FUN RUN 5K
run for a cause

5K
FUN RUN
A benefit event for women in the area

APRIL 1ST at 9AM
339 Nacoochee Dr

RUN FOR A CAUSE!
THIS RUN WILL SUPPLY
UNDER PRIVILEGED
WOMEN WITH CARE
PACKAGES. DONATIONS
WELCOME.

6 AND UNDER FREE
\$15 INDIVIDUAL
\$30 FAMILY

TO REGISTER, PAY ON SITE, SCAN THIS QR CODE OR PUT THIS LINK
INTO YOUR SEARCH ENGINE
[HTTPS://RABUNGAP.CAMPBRAINREGISTRATION.COM.](https://rabungap.campbrainregistration.com)

8.64 acres
7 miles south of Highlands
\$200K
828-974-1137

Ryan M. Bears

Branch Leader

Cell: 803-271-5426

Office: 828-526-8784

ryan.bears@allentate.com



Pat Allen
 REALTY GROUP

Pat Allen, Broker in Charge

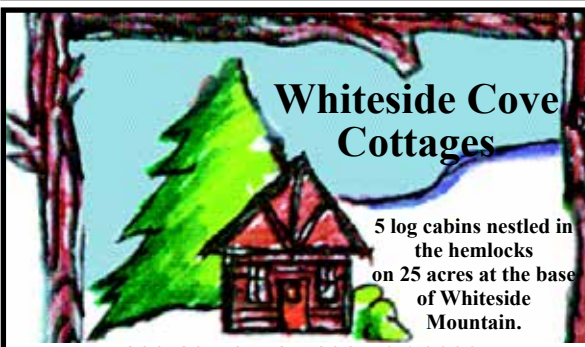


Highlands | Sotheby's
 INTERNATIONAL REALTY

GARY GARREN

Cell: (828) 482-2370
 gsgarren@gmail.com

Downtown Office **33**
 114 N. 4th Street, Highlands, NC
 Highlandssothebysrealty.com



**Whiteside Cove
 Cottages**

5 log cabins nestled in
 the hemlocks
 on 25 acres at the base
 of Whiteside
 Mountain.

800-805-3558 • 828-526-2222

Highlands Automotive

Service
 &
 Repair



NC
 Inspection
 Station



828-787-2360



2851 Cashiers Road • highlandsautomotive.com

**Mendoza Tree Expert
 & Crane Service**

Quality Tree Care & Removal

18+ years

828-200-9217 • fully insured

estimates@mendozatree.com

www.mendozatree.com

We accept all credit cards

BE STILL ... MEDITATION

Vanessa L. Steele

Certified Primordial Sound Meditation

Private Instruction

302-588-3603

JUNK

WE HAUL IT AWAY

House / Garage / Yard

Call for free estimate

828 - 421 - 5188

Classifieds:

\$6 for 10 words, 20 cents for each additional word

\$2 for color block

\$5 for graphic.

Business Service ads

\$20 for BW

\$25 for color



**COUNSELING
 CENTER**

HIGHLANDS, NC

Counseling Center strives to strengthen
 families and individuals by providing
 access to quality mental health services
 regardless of financial ability.

348 S Fifth St, Highlands, NC

Peggy Crosby Center

(864) 481-0598

info@counselingcenter.org

COUNSELINGCENTER.ORG

**HIGHLANDS AUTO
 DETAILING**



706-782-2972

Owner JASON WOODS

Only the finest in automotive cleaning
 Autos • Boats • Bikes • Golf Carts



- Grading
- Excavating
- Driveways
- Build sites
- Hauling
- Septic Systems

Edwin Wilson

Cell (828) 421-3643

Office/fax (828) 526-4758

wilsongrading@yahoo.com



Cody Hervey • 828-200-6926



5 Cottage Row US 64 east

CBD HEALS

50 mg CBD 30 Pressed Tabs • 50 mg CBD 30 Gel Caps
100 mg CBD 30 Gel Caps • CBD cream and balm

**Highlands
Outdoor
Lighting**

AESTHETICS & SECURITY

Providing beauty and safety throughout your property

828.482.0801

Jason Woods
OWNER

**The
Highlands
Barbershop
HAS MOVED!**

to CASHIERS
224 107 S.

Make a right at the
Crossroads. It's on the
right past the light.

(828) 482-9374

Chris
Landscaping & Stone
References Available

Cell: (828) 200-3415



• CLASSIFIEDS •

ESTATE SALE

**APRIL 1-2 FROM 9:30A TO 5:30P AT
2275 N. 4TH ST., HIGHLANDS** next to
Highland Falls Country Club. Furniture clothing
lamps, artwork and more.

DJ- LIVE ENTERTAINMENT!

All Music Genres for ANY Event. Private
Parties, Club Events, Music Bingo, and
more!!

CALL BILL AT: 828-482-5634
WWW.KURSESANDKARMA.COM



**DJ-
Kurses
Karma**

CHESTNUT STORAGE

Storage Units Available

Secure 24 Hour Access

Easy In - Easy Out

Great Rates - Great Terms

Call today to find out why we're

"Highland's Premier Facility"

828-482-1045



Look for our sign!

10890 Buck Creek Rd. - 1/2 mile off Cashiers Rd near the hospital



- Interior & Exterior Painting
- Pressure Washing
- House Maintenance
- Drywall Repair
- Deck Repair

Quality Work • Fully Insured

Lupe Gonzales

avpintura@gmail.com

828-332-1539 or 678-873-2927

LOST

LOST JAN. 29, 2920 - 2 gold bangle
bracelets - one thin and one wider. Reward of-
fered. Contact Carol Haughes at 706-982-2658.

FOR SALE

3 RV CLASS A SITES at Wildflower
Creek RV Resort. A small, secluded, mature
luxury resort. Call for more information. 828-
421-1709. (st. 10/13)



**TWO VIEW LOTS FOR SALE (0.93
AC AND 1.17 AC) IN SHERWOOD
FOREST;** close in with easy walk to Highlands
and 3 minute drive to downtown, paved roads,
sewer permits, easy to build on; \$239,500 each;
contact SFviewlots@gmail.com

**2000 LINCOLN CARTIER TOWN
CAR.** Excellent condition. Call 828-371-2579
for details. (st. 11/3)

FOR LEASE

**FURNISHED 2BR 2BA COTTAGE
FOR RENT,** \$3,500/mth on Lake Glenville
with views and access. New Renovation, AC,
Long term 3-6 mo, Couple preferred, off Rt

• CLASSIFIEDS •

107, 10 min to Cashiers, private lane, avail Spring thru Fall, flexible. Call 267-374-0446. (st. 1/19)

COZY LAKE-FRONT COTTAGE AVAILABLE AS OF APRIL 16. Fully furnished, one bedroom, one bath. Easy access from Highlands Road in Franklin. Ideal corporate or seasonal rental between Highlands and Franklin. Call Sarah Miller at 770-757-7500 or email sarahmilleratl@aol.com (st. 11/23)

HELP WANTED MASSAGE THERAPIST/ESTETICIAN wanted at Taylor Spa. Full- or Part-Time. Contact Sharon at 828-526-4192. (st. 3/16)

HOTWIRE COMUNICATIONS IS HIRING! LOCAL Highlands opportunities. FULL-TIME, year-round, customer facing, Field Service Technicians & Fiber Splicer jobs available. Excellent pay & benefits. Forward your resume to samantha.baker@hotwirecommunication.com. (st. 9/15)

SWEETREATS AND HIGHLANDS DELI IS UNDER NEW MANAGEMENT and is hiring full and part time staff for the season. Competitive starting wage, great tips, and reasonable hours (not too early, not too late). Pick up an application in store at 115 S. 4th Street or apply on Sweettreatshighlands.com. (st. 5/19)

CHESTNUT HILL OF HIGHLANDS is an Upscale, Small Assisted Living Facility currently hiring CNAs and Dietary Staff. Flexible Schedule, Competitive Pay, Great Atmosphere. Call 828-526-5251 or stop by for an application. You may apply in person at 24 Clubhouse Trail,

by Phone at 828-526-5251 or by email to ce.chestnuthill@yahoo.com or lindabtiff@aol.com.

SERVICES CAREGIVERS ALL SKILL LEVELS, certified and non certified, wage \$15-\$20 apply at <http://www.MyChoiceHome.Care> (5/4)

ABOVE AND BEYOND CLEANING – Fully insured. Serving Franklin & Highlands. Call Debi Roland or Robin Spivey at 828-371-8367 or 828-371-2408. Seeking new clients! (st. 3/16)

MURPHY'S PAINT CO. – interior/exterior painting/sheet-rock repair/wallpaper removal/log homes/decks. Insured. Free estimates. 828-332-0525 or 828-421-8600 (3/30)

I INSTALL TILE! Eco-Friendly & Non-Toxic, Specializing in Shower/Bathroom, Kitchen/Backsplash, Entrance Ways/Patios/Flooring. 25yrs experience. Also offer grout cleaning. Licensed & Insured. Mike Bertone/Owner of Bertone Tile Design & Flooring LLC. Home: 828-526-4943 or Text: 321-303-7560. (12/29)

HIGHLANDS-CASHIERS HANDYMAN – Chatlos Construction – Remodels, Additions, Framing, Siding, Roofing, Decks, Painting. Insured. 828-200-4071. (6/29)

NEED FURNITURE MOVED OR ANYTHING HAULED AWAY? I can do it. Call or text James of Going Gone at 828-421-2655. (3/30)

HIGH COUNTRY PHOTO/KEVIN VINSON: scanning photos, slides & negatives to CD or DVD for easier viewing. Video transfer to DVD. Everything done in house. Leave message at 828-526-5208.

• BIZ/ORG NEWS •

Myths and Facts about Mental Health Counseling

Therapist Tracy Franklin busted some myths and misconceptions of seeking counseling and simultaneously reduced some of the stigma of mental health challenges when she addressed the Rotary Club of Highlands recently.

Franklin believes people at all stages of life face issues that are serious and finding solutions can be helped by talking to a therapist. Seeking help doesn't mean we're "crazy" and it takes courage

to listen to ourselves and talk to a counselor. She reminded listeners that children and teenagers face challenges just as serious as adults and may benefit from counseling. Franklin acknowledged that our community needs more counselors who specialize in working with children and teens.

Counseling doesn't need to be a long term obligation. "I believe in 'reality problem solving'." Franklin said. "Talking to a therapist can't change your past – "we try to help you adjust how you perceive, think and live in the present."

Becoming a counselor takes passion



From left: Mental Health Counselor Tracy Franklin, speaker, and Rotary District Governor Tammy Mosteller at the March 4 meeting.

Franklin, Michael Green is a bilingual Therapist, associated with the Counseling Center, the International Friendship Center and the Community Care Clinic. The newest arrival Shannon Schafhausen, LCMHC, a counselor working for the Blue Ridge Medical Clinic and officing at the Jane Woodruff Clinic at the Highlands Cashiers Hospital.

For more information, contact the Counseling Center at: <https://counseling-center.org/contact/or> Blue Ridge Clinic: <https://www.brchs.com/providers/shannon-schafhausen-lcmhc/>

Lady Highlanders sweep Cherokee

By Brian O'Shea

Plateau Daily News

Highlands girls varsity soccer team hosted Cherokee on Monday and earned a solid victory ending with a final of 3-0.

Highlands Aislynn Wyatt Luck scored two goals, one of which was a header off the post after a long shot on goal by Highlands Addie Westendorf.

Highlands Gabby Diaz scored the third goal in the second half.

Highlands Coach Caleb Brown said the girls played well.

"We defended especially well limiting Cherokee to just a few shots throughout the game," said Brown. Our attacking play was good, and we did excellent job working the ball wide and playing the ball to center

from crosses."

He added that the Lady Highlanders consistently took shots on Cherokee's goal and never stopped playing aggressively.

"We had many other opportunities to score," said Brown. "We hit the post 3 times and could have had some more goals if the wind would have blown our way."

The win comes after defeating Franklin on the road 2-1 on March 16, losing to Swain 2-1 on March 20, and losing to Pisgah 3-1 on March 24.

Highlands traveled to Cashiers on Wednesday to take on the Lady Bobcats at Blue Ridge Early College. The results of that game were not available as of press time.

SILVER EAGLE

Native American Jewelry
Crystal & Gem Gallery



349 Main Street, Highlands, NC
828.526.5190 silvereaglegallery.com



Country Club Properties
Your local hometown
Real Estate professionals.
3 Offices 828-526-2520
www.CCPHighlandsNC.com



Highlander Mountain House & The Ruffed Grouse Tavern

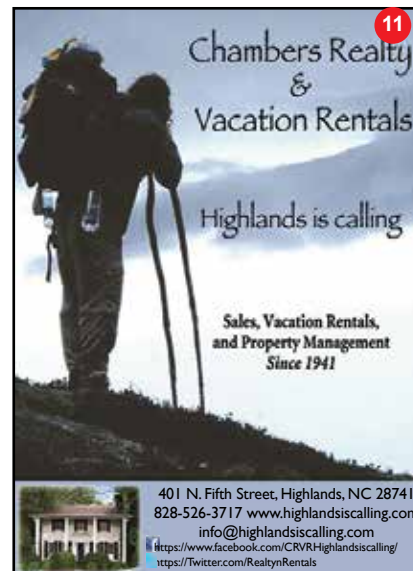
highlandermountainhouse.com

Weichert

REALTORS

Highlands Properties

450 N. 4th St. Highlands, NC
828-526-5522
www.highlandsproperties.com



Chambers Realty & Vacation Rentals
Highlands is calling

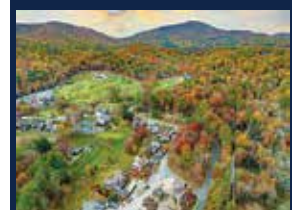
Sales, Vacation Rentals,
and Property Management
Since 1941

401 N. Fifth Street, Highlands, NC 28741
828-526-3717 www.highlandscalling.com
info@highlandscalling.com
https://www.facebook.com/CRVRHighlandscalling/
https://Twitter.com/RealtyRentals

Top 5% of Brokers on MLS in 2022 (HCBOR)



Andrea Gabbard



191 N Hollow, Cashiers
In GlenCove
(membership is not required)
16 Acres with
Waterfall, Stream,
Trout Pond and Barn
(Horses Allowed)

Offered for
\$3,999,999

Highlands

Sotheby's

INTERNATIONAL REALTY

114 N. 4th Street
Highlands, NC



MOUNTAIN LUXURY

Dedicated to finding the
home you've always wanted.



DARLENE CONLEY
404.427.2448



BERKSHIRE HATHAWAY HOMESERVICES

MEADOWS MOUNTAIN REALTY

MITZI RAUERS

Broker / Luxury Collection
Specialist
(404) 218-9123
mitzi@bhhsmmr.com



Ace is the Place,
Reeves
Hardware

At Main & 3rd streets
Highlands 526-2157



Sheryl Wilson

Highlands Sotheby's
INTERNATIONAL REALTY

114 N. 4th Street • Highlands, NC

Local Expertise, Global Connections.

Licensed in NC and GA

office: 828.526.8300 • cell: 828.337.0706

sheryl.wilson@sothebysrealty.com • highlandssir.com



Team RickSteve
"The Power of 2"

Trusted advisors
providing impeccable
personalized service

We are home.®

PAT ALLEN REALTY GROUP/ALLEN TATE REALTORS
(404) 219-1349 • HIGHLANDS & CASHIERS NC



PAM NELLIS
BROKER



LANDMARK
REAL ESTATE SALES & VACATION RENTALS

5 Offices across the plateau!

HIGHLANDS OFFICE 225 MAIN STREET

CELL: 828-787-1895

PAMELLA.NELLIS@YAHOO.COM



Pat Allen

Broker in Charge

pat@patallenrealtygroup.co
m 828.200.9179

Main Office

295 Dillard Road
Highlands, NC 28741
828.526.8784

Julie Osborn

Broker in Charge

julie@patallenrealtygroup.co
m 828.200.6165

Wildcat Cliffs Office

5121 Cashiers Road
Highlands, NC 28741
828.526.4525

Leading REAL ESTATE COMPANIES IN THE WORLD

patallenrealtygroup.com

#1 in the Carolinas

#1 in the Country for Independent Firms

#1 Sales Team in Highlands 2020!

Stronger together!

Source HCMLS & RealTrends



Pat Allen
REALTY GROUP

LANDMARK
REAL ESTATE SALES & VACATION RENTALS
A BURNETT & JOHNSON COMPANY

5 Offices across the plateau!

HIGHLANDS OFFICE
225 MAIN STREET

BRIAN RENFRO CELL: 828-226-0118
BROKER BRIANRENFRO@GMAIL.COM

Highlands | **Sotheby's**
INTERNATIONAL REALTY

#1 Real Estate Firm in Highlands

\$225M
TOTAL SALES VOLUME 2022

200 TRANSACTIONS	\$1.1M AVERAGE HOME SALES PRICE	36 REAL ESTATE BROKERS
---------------------	------------------------------------	---------------------------

DOWNTOWN OFFICE
114 N. 4th Street
Highlands
(828) 526.8300

CULLASAJA CLUB OFFICE
1371 Cullasaja Club Drive
Highlands
(828) 526.4104

Per Highlands/Cashiers MLS

WILD THYME GOURMET
RESTAURANT

Open Year-Round • 7 days a week
343-D Main Street • 526-4035

Open for
Lunch &
Dinner
11a-3:30p
&
5:30-til?
www.wildthymegourmet.com

WOLFGANG'S
RESTAURANT & WINE BISTRO
Taste the difference, Always fresh.

NOW OPEN
for our
29th season

474 Main Street
828.526.3807 | wolfgangs.net

DAVID
BOCK
BUILDERS

www.BockBuilders.com 828-526-2240

Highlands | **Sotheby's**
INTERNATIONAL REALTY

BEE GLEESON
(404) 307.1415

PAT GLEESON
(828) 782.0472

Luxury is a level
of service, not a
price point.

Nothing compares.

30 ...on the Verandah
Restaurant
on Lake Sequoyah
828-526-2338

41 Years of Fine Dining
Open 7 days a week
5:30-9p
www.ontheverandah.com

M'CULLEY'S
CASHMERE
Scotland's Best Knitwear

Open 7 days a week
526-4407
242 S. 4th St. & Pop up
on Main Street