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'Ivan' Special Section **INSIDE** **FREE** Highlands' Newspaper

Volume 2, Number 37

Locally Owned & Operated

Friday, Sept. 24, 2004

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• At Highlands Wine & Cheese – Wine Flights Fri, and Sat: 4:30 until 6:30. Bordeaux and Beyond. Sat. Wines by the glass and cheese plates Wed- Sun: 1:30 until 4:30. Complimentary tastings Sat and Sun: 1-4:30.

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• Saturdays Zorki playing acoustical guitar at Paoletti's Late Night at 9:30 p.m. Sundays at 8 p.m.

Sept. 23

• Chestnut Hill of Highlands "Open House" with tours of Cottage residences in The Village, apartment-styled homes in The Lodge, and the newly redecorated Clubhouse, 1-4.

• General PTO meeting and kick-off of Book Fair at HS at 6 p.m.

Sept. 24

• Brian Starr and his guitar at Buck's Coffee Cafe, 8-11 p.m.

Sept. 25

• The Bolivian Auction at Wild Cat Cliffs Country Club 5:30-9 p.m.

• The Scaly Mountain Women's Club will be serving a complete seated breakfast of homemade pancakes, sausage, coffee and juice at the Scaly Mtn. Ski Lodge from 7-10 a.m. Cost is \$5 for adults and \$2.50 for children.

• The Satulah Club and the Emergency Council will have a White Elephant Yard Sale from 9 a.m. – 3 p.m., at the gazebo on Pine Street.

• Semi-annual Cullasaja Gorge Road Clean-Up **CANCELLED**.

Sept. 26

• Meet author of "Still Christian After All These Years," 2:30-4:30 p.m. at Shakespeare & Company in Village Square.

Sept 27

• Highlands School Scholarship Fund Golf Tournament at Highlands Falls Country Club. Call Allen Chandler at 526-2189.

• The Walker Bros. Circus is coming to town at the Highlands Ball Field. Two shows 5:30 and 7 p.m.

Sept. 30

• The annual meeting of the Upper Cullasaja Watershed Association, Thurs., at 7 p.m. at the Conference Center.

Hurricane Ivan blows through Highlands

By Kim Lewicki

Highlands hunkered down and waited for the onslaught of Hurricane Ivan which began to arrive, just as predicted about 6 p.m. Thursday, Sept.

16, as the rain began to fall and the wind to blow.

But Highlands was prepared. Utility crews and contractors stood on call. Town Hall was sealed against

potential flooding. Doubled and tripled silt fences backed with hay bales were ready to block run-off.

The good news? Precautions taken were well worth the effort. Despite torrential rain driven by persistent wind, Town Hall didn't flood as it had when Hurricane Frances hit and silt fences kept run-off at bay.

The bad news? Trees young and old were no match for the 50 mph winds that blasted the plateau for two days. Huge, ancient trees were literally blown over, uprooted when earth already soggy from Frances could no longer hold. All over town limbs and entire trees fell across streets, structures and power lines. Storm drains, many still blocked from Hurricane Frances, caused water to back up and flood areas. "We just didn't have time to get it all done before Ivan came," said Town Administrator Richard Betz.

When news of Ivan's path to Western North Carolina hit the airwaves, events scheduled for the weekend and hotel reservations were quickly cancelled. "We were completely booked for the weekend," said managers at Old Creek Lodge and 4-1/2 Street Inn on Thursday afternoon and evening. "Everyone is calling to cancel."

Quadrant by quadrant, power began going out Thursday around 7 p.m. After a grueling, restless night of pelting rain, howling winds, and snapping limbs, Highlanders awoke to

▪See IVAN page 7

At height of storm, Peek's Creek survivor rides house 500 ft. down stream...see story pg 13



Photo by Jim Lewicki

Army National Guard helicopters were used to transport rescue workers to the top Big Fish Hawk Mtn. – two miles up Peek's Creek – to do a foot search of the area. See special section – pages 13-18.

Citizen speaks in Old Edward Inn's behalf

By Kim Lewicki

Weather permitting Old Edwards Inn said the alignment of the retaining wall on Spring Street will be corrected in two weeks.

Regardless, at the Sept. 15 Town Board meeting citizen John Hammer spoke on OEI's behalf.

"I know people on both sides of this

and it's not that I'm taking sides, I'm just asking the town to appeal to common sense on this thing."

After the retaining wall was built, OEI was informed that the end closest to Third Street was nonconforming and must be put right.

Bronce Pesterfield, engineer/architect with OEI said an extreme grade

change forced them to turn the wall. "By doing so we saved trees and didn't have to encroach on anyone's property," he said. He said during the planning stages, the focus of discussion was always about the Fourth Street end of the wall not the Third Street side. "That's where we proposed to bring the sidewalk toward

▪See OLD EDWARDS page 11

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• FORUM •

An attack out of the blue

By Nancy Welch

Contributor

I had a heart attack.

Whew!

I had to sit back and look at that sentence.

Denial was my first response to my symptoms and I didn't believe for a minute it was really happening to me. Not until I was in the operating room in the hospital in Asheville having a cardio-catheterization.

"You have one artery blocked," the cardiologist said. "We're going to put in a stint."

It occurs to me, now that I am home recuperating, that we women, no matter how educated we think we are, pay more attention to the weather channel, the dishwasher and the grocery list than we do to our own health.

How many of us (go ahead, raise your hands) have seen, heard or read that symptoms for heart attacks in women differ drastically than those men suffer?

We watch our husbands for signs. Do they feel there is an elephant sitting on their chests? Are they experiencing pain in their left arm? We worry about them, not us.

It was actually my 29-year-old daughter who recognized what was happening.

I must have looked miserable because she asked what was wrong.

"I have a killer case of indigestion," I said, bending over, trying to find relief.

"Do your shoulders hurt?" she asked.

"Yes, but I've been typing a lot," I answered.

"Do your shoulders hurt all the way across your back?" she

asked.

"Well, yes," I said, hesitantly.

"And my arms are hurting something awful."

"Mom, you're having a heart attack," she said.

I shrugged her off.

That night, I couldn't be still. I paced. My chest burned from my neck to my breast bone. My arms ached down to my elbows. This, I realized, was no case of carpal tunnel syndrome. But, being the good wife and mother, I hesitated to awaken anyone. Then I

became very nauseated.

At 5 a.m. I woke my husband up.

"I think I need to go to the ER," I said.

"You probably just have indigestion," he said.

Then he looked at me and grabbed his clothes.

The rest is history.

If my daughter had not pushed me into paying attention to my symptoms, I might not be here now.

It's a lesson for all women.

I'm not saying my symptoms are THE symptoms. But I am saying it is time we paid attention to all those stories on television, in magazines and newspapers that say women will not suffer the common symptoms of a heart attack we hear so often.

Pay attention.

The weather will happen. The dishwasher can be repaired, and the grocery store will be there.

Will you?

Be heart smart. Don't deny your symptoms. Modern medicine is there to save us all, but we must ask for help.

Have a heart.



Nancy Welch

● ENGAGEMENT ●

Wagner and DiChiara

Dr. and Mrs. Finus Perry Caston of Tuscaloosa and Mr. and Mrs. Lloyd William Wagner Jr., of Highlands, N.C., announce the engagement of their daughter, Martha Currier Wagner, to Neal Green DiChiara of Montgomery, Ala., and son of Dr. and Mrs. Peter Michael DiChiara of Troy, Ala.

The bride-elect is the granddaughter of Mr. and Mrs. Lloyd William Wagner of Tuscaloosa, the late Dr. and Mrs. Finus Crowe Gaston of Tuscaloosa and the late Mr. and Mrs. Morris Washington Savage of Dora, Ala.

She is a 1994 graduate of Central High School and attended the University of Alabama, where she received a degree in healthcare management. She is a member of Alpha Gamma Delta Sorority and was pre-

sented at the 1999 Holiday Cotillion in Tuscaloosa. She is employed by VIVA Health in Birmingham.



Martha Currier Wagner

The prospective groom is the grandson of Mary Folmar Colley and the late Matthew Carl Colley Sr., of Troy, Lena Mae DiChiara and the late Louis Peter DiChiara of Anniston and Mr. and Mrs. M.D. Green of Dothan.

He is a 1994 graduate of Charles Henderson High School in Troy and attended the University of Alabama, where he received a degree in civil engineering. He is a member of Kappa Alpha Order and is employed by Sanford-Bell and Associates in Montgomery.

The wedding will be at 7 p.m. on Oct. 1, 2004, at St. Rita Catholic Church in Santa Rosa Beach, Fla.

Highlands' restaurants and inns assist local community after Ivan

Now through September 30 On the Verandah, Wolfgang's On Main, Buck's Coffee Café, Brick Oven Pizza, Fireside Inn, Wild Thyme Gourmet, Fresser's Eatery, Madison's, The Rib Shack and 4 1/2 Street Inn will donate a portion of their daily revenue to local disaster relief.

The money will be held until an assessment can be made to determine where there is the greatest need to individuals in Highlands and surrounding areas, especially those hit hardest by this disaster, such as the Peek's Creek region.

"For nearly 25 years, my family has been blessed to live in Highlands and be a part of a caring community. So many in the Highlands' hospitality industry want to give back and help those in need during this difficult time," said Marlene Alvarez, the project organizer and

owner/partner of On the Verandah restaurant. "This seemed like an ideal way to get involved."

All donations will be given directly to people in need in the Peeks Creek community in Macon County. An account has been opened at RBC Centura Bank in Highlands, NC. We are accepting any and all donations. Please make checks payable to Highlands' Peeks Creek Relief Fund, c/o On the Verandah, 1536 Franklin Road, Highlands, NC 28741 or the donation can be taken directly to RBC Centura Bank for deposit. The bank staff knows the account number for the fund.

If you are a hospitality industry partner in Highlands and are interested in participating, please contact Marlene Alvarez at 828-526-2338 or email otv1@ontheverandah.com.

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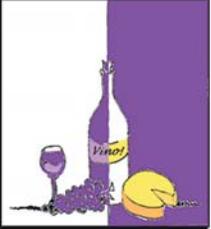


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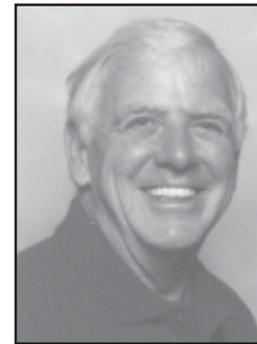
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• **LAUGHING AT LIFE** •

When I grow up, I'm going to be a flag man



Fred Wooldridge

The guy sitting patiently in his Mercedes spent eight years in med. school, two more years interning, two years of working E. R. and finally he is allowed to practice medicine. The guy right behind him spent six hard years of study at law school, starved to death as a prosecutor for two years and is now with a law firm and doing just OK. The lady behind the doctor and the lawyer is a care giver for a cancer patient who is waiting to die at home. And I could go on and on but I won't.

What do all these people have in common? Their lives are on hold and controlled by the flag man, who learned his trade in two hours. The doctor will be late for surgery, the lawyer will be in big time trouble with the judge for missing the hearing and the cancer patient will become more depressed because she needs a hug from her care giver. They are all sitting on highway 64 until the flag man says they can go. If he's in a bad mood, that could take awhile.

When I grow up (ha), I definitely will be a flag man. What a power trip this will be for me. With a mere flip of the wrist, I can hold up traffic forever, if I want. Maybe you will go and maybe you won't. Depends on how I feel. If I see a person all dressed up, like wearing a tie, he is toast. Even our president has to wait his turn to have the privilege to ride past me. I have visions of being the very best flag man that ever brought progress to a halt. I will turn mediocrity into an art form.

When I do graduate from flag man school, I plan on ignoring the rescue vehicle with his lights flashing and siren blaring 30 cars back. I will be known as the "Mad Dog" flag guy of Highlands. Wow, what control I will have over everyone's lives.

Becoming a flag man is not easy. Flag man school is tough.

Actually there is no flag involved, unless you are one of those uppity flag men from the Fourth Street construction site.

Regular flag men must be able to hold a pole with a slow sign on one side and a stop sign on the other. You must be able to distinguish between the two and

operate this pole efficiently while holding a walkie talkie radio in the other hand. This requires an IQ of 100 or better. That would be 50 for each of the two flag men involved.

The walkie talkie is a vital part of the flag man operation. When he spots a hot babe with her skirt pulled up just a little higher than normal, he can radio the whole construction crew of the approaching "sag." The reason highway projects take so long to complete is because of "sagging," which is the gawking at female motorists as they pass. A good "sag" of a really hot babe can stop work for over an hour. Ten seconds to actually observe the chick and 59 minutes and 50 seconds to talk about her after she's gone.

Construction crew members bid for sagging positions. The higher up, the better the sag.

When I am flag man, all those people who shout nasty things at me as they finally pass, will pay later. On their next trip, they will sit and wait for at least thirty minutes and when they finally do pass, I will give them a smile and friendly wave. You don't get to be a "Mad Dog" flag man by being nice.

To actually get the feel of what it's going to be like to be a flag man, I went out into the field and actually got an interview with a veteran flag man. His name was Dilbert, of course. Here are segments of our conversation: "Hello, Dilbert, tell our readers what your life is like as a flag man." (Long pause) "You know what's good? Pearl beer and popcorn. Ever

HIGHLANDS SCHOOL

JV volleyball beats W. Oak 7-2

The Highlands JV defeated WestHighlands JV improves to 7-2 with Victory over West Oak 2-1 with game scores of 16-25, 25-18, and 15-11 to improve their overall record to 7-2 - conference record remains 3-0.

The Highlanders came out very sluggish and unfocused in the first game of the match and gave away 20 points to fall 16-25.

They finally started playing volleyball in the second game, and defeated West Oak 25-18 behind good play from Rachel Power, Becca Ashburn, Angela Sanchez, Katie Bryson, Allison Winn, and Sara Bates. The Highlanders were able to hold on and win the third game and match.

Varsity volleyball 4-0 in conference

The Highlanders varsity volleyball team improved their overall record to 7-3 and their conference record to 4-0 with a conference victory over Nantahala.

The Highlanders won the match 3-1 with game scores of 25-8, 26-24, 23-25, and 25-15. Callie Rawlins led the Highlanders in assists with 16 followed closely by Toni Schmitt with 15. Ramsey Ashburn had her season high in kills with 11, Kayla McCall 9, and Angela Aspinwall and Anna Trine had 8 each.

The Highlanders played great team defense at times during the match. Maggie Dearth had a good serving match and played good defense across the back row. The Highlanders play Cherokee at home on Thursday.

... LAUGHING from pg 4

tried that? Hold on Mr. newspaper man while I gaze upon this little country club chippy pulling up here. I think she winked at me yesterday. Hold on a sec. while I alert the boys so they can get into position."

Hmmm, maybe I won't have to wait to grow up to be a flag man.

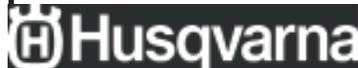
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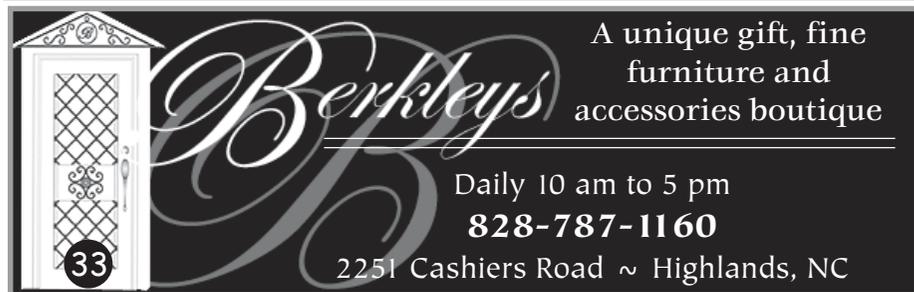
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... IVAN from pg 1

a town littered by Ivan's debris. Not a road in town or into town was clear. Trees and branches blocked major arteries; washouts blasted through guard rails and eroded and undermined roadsides.

No one had power but through the rain and wind that continued to blow, the drone of generators could be heard.

Friday morning, Tony Potts, owner of D&J Express Mart hiked into town from his home off N.C. 106 which was impassable to fire up the generator and open up the station. Before long, both D&J and Farmers Market were crammed with vehicles gassing up and people desperate for a cup of hot coffee.

Duke Power, Highlands utility crews and contractors began working on the power lines as soon as it was safe. By Monday night, Sept. 20, all of Highlands had power.

"As far as we know, everyone living here right now has power," said Betz. "I'm not talking about people who have homes here but aren't here, we wouldn't know about them because we haven't been notified." He said anyone without power should call Town Hall immediately because officials are under the impression that everyone's power is back up.

NC DOT started repairing roads, culverts and washouts immediately. But some jobs are bigger than others. Washouts on U.S. 64 east between Highlands and Cashiers were caused when earth saturated from Frances and then Ivan slid down the mountain and crashed through the guardrail. A bare rock face and new waterfall have emerged. DOT has closed that road to everything but local traffic - workers and homeowners.

Highlands Fire and Rescue crews worked through the heat of the hurricane rescuing two residents from rising water - one at Trillium Place and one from a home on Shortoff Road.

"We took them to the hospital to wait out the storm because rising water threatened their homes," said Bobby Houston with the department. "About 30 of our calls this week were storm-related - from clearing away trees that blocked roads and driveways, to securing floating propane tanks still attached to their lines, to doing 'safety checks' on residents," he said.

The hospital itself was without power from approximately 8 p.m. Thursday until around 10:30 a.m. Friday morning, but operated on

▪ See IVAN page 7

... IVAN from pg 6

emergency generators. "We keep eight days of fuel on hand for our generators, so we could have continued on emergency power for some time," said Skip Taylor, director of marketing.

Perhaps the first storm-related call was a vehicle roll-over on U.S. 64 east which coincided with the arrival of Ivan's wind and rain around 5:45 p.m. Thursday. Though the SUV landed on its roof, the driver was safe.

At the height of the hurricane Thursday night, firefighters were called to a structure fire at Highlands Country Club. "We had to hack our way into the house," said Fire Chief Ricky Bryson. "We think downed power lines ignited the fire. It burned to the ground."

Throughout the storm and its aftermath Mountain Fresh Foods and Bryson's Food Store remained open while people shopped in the dark. Bryson's got power late Saturday afternoon; Mountain Fresh got it around 3 p.m. Sunday.

"We had to throw away everything perishable - meat, deli, frozen foods, produce," said Jim Bryson, owner. He said damages are pretty substantial, probably \$30,000-\$50,000. "But it could have been worse," he said. "We could have awakened to Pensacola. This is just a hiccup. Everything else is secondary. We can get through this."

Manager of Mountain Fresh Foods Bridgett Queen said their losses mirror Bryson's but the store has insurance for this sort of thing. "I just wish we could have taken the food where people could have used it. I hated that we had to throw it all away."

Though still windy, the sun shone brightly in a cobalt blue sky all day Saturday. The town was quiet - ghost-like - with few stores and restaurants open. "It's kind of like a holiday," said Richard Taylor, owner of Mountainique.

By late Saturday most of the roads into Highlands were passable - even if cars had to skirt their way past NCDOT cones and barrels and food supply trucks started rolling in.

Power was restored to Highlands School late Saturday afternoon, too. "We did not lose any food in the cafeteria - our freezers can hold out for a few days without power," said Principal Monica Bomengen. "Our custodians sandbagged the doors to the old gym and the construction classroom, keeping those floors dry. We

•See IVAN page 25

• FINE DINING & DINING WITH A VIEW •



Drinks

Orange, Apple, & Tomato Juice
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Coconut Tea Bread

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Sample menu

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- Turkey & fresh spinach with Havarti cheese on a Ciabatta roll.

- Ham & turkey with Cheddar & Havarti cheese & tomato on Focaccia bread.

- Smoked Salmon with cream cheese, red onions and capers on a Ciabatta roll.

All Panini are made with Annie's Natural's Breads. Preservative free and all organic.

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- Assorted coffees & teas
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● LIFE UNDER CONSTRUCTION ●

CONTROL or Lack of?

What in the world are we thinking about when we believe we have any control? If nothing else and there is plenty more, nature, Ivan the Terrible to be exact, reminds us that we really don't have power over things. Life has a funny way of putting things in perspective.



Dr. Maryellen Lipinski

I decided to venture outside Friday afternoon and I found myself stepping over and dodging trees and branches in the road. I headed down the mountain to check on my neighbors. They were not home. I was a bit worried when I saw a large tree hovering over their back deck. Fate sent the downward journey of the tree to the left. A right turn would have landed the tree on their home. Later I heard that others were not so fortunate.

There is always some irony in situations and sometimes, it can even lift our spirit a bit as we experience some of life's humorous moments. While I was standing outside my home later that day chatting with some neighbors that I went to check up on and now walked up the mountain to check on me, a FedEx package was delivered to my home. It seemed almost disproportionate and even a little bit embarrassing to be receiving an L.L.Bean package while so many had lost so much.

Neighbors dropping by reminded me that I am not alone and even helped instill a sense of security, even if it was a bit false. An invitation to a candle light dinner was extended. Not the kind of "candle light" dinner one would usually visualize with a touch of

romance. No, this obscurely lit dinner was out of necessity. We discussed what food we had left in our refrigerator. To their surprise, I actually *had* food in my refrigerator. Our imagination conjured up a meal of that famous *Ingles* rotisserie chicken, salad and macaroni &

cheese.

With a fire blazing and candles flickering, we sat down to express a prayer before dinner and took a moment to reflect on God's presence and power that are active in our lives. With a little more gratitude and feeling even more blessed, I silently smiled.

From a rain-deluged day on Friday with winds gusting up to 60 mph to a spirited sunny Saturday, life seemed a bit surreal to me. I was one of the fortunate ones who woke up to electricity, phones and water on Saturday morning. Unless I stopped to reflect about yesterday's events, when I looked up towards the clear blue sky, it's was hard to remember what a dreadful day it was. Most of us probably felt lucky considering that some in our community lost their lives. This Saturday was indeed a bit different on the mountain.

Saturday was my day to be on the floor at Village Realty in Sapphire. I did show up to open the office and check for damage, etc. but I just could not bring myself to stay there. It almost seemed irreverent in a strange sort of way. There were more important things to do.

To gather up my strength and try to regain some normalcy in

• See LIFE page 17

MEL (formerly known as Maryellen Lipinski) is still writing away and hawking her books. Where you might ask? Coffee shops and book stores. Want to buy/sell? Well, she does that too! Village Realty of Sapphire Valley. 888-577-5122.

Highlanders skinned the Wildcats

By Kathryn Coppage
12th Grade – HS Journalism Class

Highlanders were hardly challenged by Andrews on Sept. 20 when they trampled the Wildcats 11-0.

Strong teamwork gave the Highlanders the advantage throughout the game. Their strengths were in handling and passing the ball as well as communicating plays to each other.

With the eleven goals scored, the Highlanders also had a major strength in finishing shots on goal.

The Wildcats only trespassed Highlands' territory three times, but they were quickly shut down by Highlands' solid defensive unit.

"From start to finish, we never gave Andrews a hope of winning the game," stated captain Andrew Kerhoulas.

Several Highlanders scored, including leading scorers Lucio Trazzi with three goals and Buddy Boy Parrish with two. Other players adding a goal to the scoreboard include Andrew Kerhoulas, Jason Aspinwall, Nick Kerhoulas, Alec Schmitt, Mat

t h e w
Chenoweth
 and Jake
Heffington



Midfielder Adam Crook battles with Hiawasse Dam opponent over possession of the ball. Highlanders walked away with an 11-0 victory against the Eagles on September 13. Photo by Amy Crook

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Highlands School Alumni & Adults!

Did you play a sport at Highlands School? Did you or do you play a sport for the County or Rec League? Please email highlandseditor@aol.com and indicate who your are and what sport you played.

HS Book Fair through Sept. 30

The book fair opened on Sept. 23 in the Highlands School Media Center following the PTO meeting.

It continues through Thursday, Sept. 30.

Teachers sign their classes up to come or individual students may come in with their teacher's permission during the day. Often parents will accompany the younger children to shop.

The media center receives Premium Book Fair materials that are appropriate for K-Adults. We usually have a section of Teacher Resources, adult selections like cookbooks, etc., and bargain books in addition to the K-12 materials. There also are usually fancy pens, computer software, and a few miscellaneous toy-type items.

Books are primarily paperbacks, but there are always some hardbacks, too.

Proceeds from the book fairs augment the state and local funding. Some years, this is the primary source of money for purchasing books for the library.

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Leaves left on trees after storm will shine this fall

J. Dan Pittillo

Department of Biology
Western Carolina University

Late spring and early summer precipitation, while below average for much of the area, did not hinder tree growth due to adequate deeper ground water. With this growth, we can expect the tree production of sugars to be used in strengthening the cells laid down in wood. Therefore, there are less sugars to build the pigment molecules that give the leaves color later in the year.

The basic principle here is stress on the trees. When a shortage of water hinders this normal growth, but the green leaves remain functional, the energy being accumulated apparently is converted to other organic forms, especially pigments such as the red anthocyanins and yellow xanthophylls. Dry conditions also mean a little less fungal growth on the leaves resulting in fewer brown spots that would mask the color.

But too much stress is deadly. In past drought years we have seen trees turn brown by August and appear dead. In this case, the twigs will remain pliable and moist, not dry and snap easily in the fingers as a dead twig would. Most of the trees on shallow, rocky soils can survive severe droughts but some may die during extreme drought.

Trees and shrubs along the highways are often stressed by applications of herbicides. Perhaps you have noticed the sumac turning along our highways where herbicides have been applied. They usually continue to turn brown and die as the herbicidal effect is manifested. In a sense, this is analogous to what happens in the

fall as the leaves turn color.

Environmental stress in form of cool nights and light frost results in a slowing down of the cellular processes, such as formation of the green chlorophyll pigments. Then bright day sun causes increased destruction of chlorophyll, allowing us to view the pigments that were masked by the chlorophyll all summer.

Rainfall was light from mid March through May and much above average June through August. The growth period for trees in spring and summer received adequate rainfall. Some trees in shallow soils, especially near rock outcroppings on hillsides and ridges where soil moisture may have remained low. There could be a few areas with bright colors in these areas.

Colors will begin first in the northwest at higher elevations on the ridges by early October and progress southward and down slopes in mid October and early November. Yellow birches, red sourwoods, red to yellow maples, yellow pin cherries, and yellow poplars will be first to show color. These will be followed by yellow to red oaks and sweet gums, yellow hickories, yellow to brown beeches, and a myriad of other colors in the vines, shrubs, and understory trees.

Asters and goldenrods will add to the color palette that will enlighten as one views the mountains and slopes of our foothills across the state.

The wind and rain from Hurricane Ivan has knocked off most of the damaged, brown leaves which means the healthier, colored ones will show all the better as they begin to turn.



Photo by Cynthia Strain

New study sheds light on what makes leaves turn red

University of Vermont

Groundhog behavior is supposedly a harbinger of spring. Woolly Bear Caterpillars are a possible portent of the severity of winter. But who knows when the forests will blaze with autumnal gold, orange and scarlet? Not the weather forecasters, not the almanacs. Leave that to the scientists.

Scientists at the University of Vermont and US Forest Service who track forest color feel they may have unraveled one of the mysteries concerning leaf color.

While color development is affected by a number of factors, "one common thread may be stress," according to Abby van den Berg research technician at the Proctor Maple Research Center, who's spent the last four years studying foliage in Vermont forests. She and a team of University of Vermont and US Forest Service scientists used the data from her master's thesis research to evaluate potential environmental and

chemical triggers of fall color development.

"This data has been a source for deeper understanding and a new hypothesis about the connection between stress and red pigmentation in autumn leaves," says Paul Schaberg, UVM adjunct faculty, US Forest Service scientist and the study's lead author. He says that their study, soon to be published in the journal *Tree Physiology*, concludes that "nutrient stress, particularly low nitrogen, can instigate early and more intense red color in maples." Others contributing to the research are: Program Chair of Forest Ecology John Shane, Professor Emeritus John Donnelly and Paula Murakami who is also with the US Forest Service.

"We're developing new clues about what affects the timing and quality of fall coloration. Very little of this kind of work has ever been done before," van den Berg says.

Researchers tested the chemical

▪ See LEAVES page 11

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• MOVIE PIX •

Brother From Another Planet

Director, John Sayles – 1984

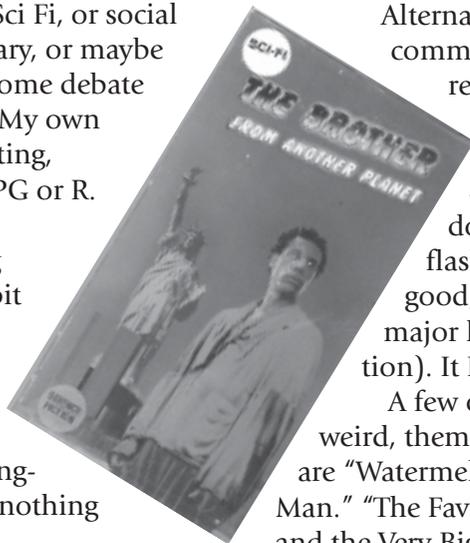


Stuart Armor

The film is either a comedy, Sci Fi, or social commentary, or maybe all three. Also some debate as to its rating. My own copy says no rating, catalogs call it PG or R. There are some disturbing drug scenes, a little bit of non-specific gore, and some implied sex scenes, so it's not for the youngest of kids, but nothing too graphic.

The basic story line: An escaped slave from outer space lands in New York City and makes his way to Harlem. He has nearly human features and the ability to fix broken bones or machines by touch. Although he cannot speak, he gradually makes friends. This comes in handy when intergalactic bounty hunters come looking.

Joe Morton plays the role of The Brother perfectly, his silent performance speaks volumes. Facial expressions and body language convey all that is needed, he is both funny and touching. The bounty hunters, played by John Sayles and David Strathairn, are brilliantly creepy, geeky, funny



and evil. Alternately a comedy, commentary on race relations, a brief look at bureaucracy and a neat Sci Fi puzzler that doesn't require any flashy effects (which is good, because this is a major low budget production). It IS kind of weird.

A few other equally weird, thematically rated films are "Watermelon Man," "Repo Man," "The Favor," "The Watch and the Very Big Fish," "City of Lost Children," "Box of Moonlight," and "Fantastic Plant."

All of these have some sort of message delivered in a strange way so fans of the weird will like these choices.

These and about 5,000 other titles are available at the Movie Stop. Come on by and give them a look.

New-release movies rent for \$3.25, regular movies rent for \$2. There's also "Two for Tuesday," excluding new releases, and "Five for Five" – 5 movies for 5 days \$7.

Hours are Monday through Friday 11 a.m. to 8:30 p.m.; Sat. and Sun. noon-8:30 p.m.

... OLD EDWARDS continued from page 1

the road to save several trees and to prevent the requirement of steps in the sidewalk at the location of the existing shared driveway," wrote Pesterfield in a letter to the board.

Because the wall juts out, 10 feet of

the sidewalk in front of the wall is only four-feet wide not the required six-feet and doesn't comply with sidewalk widths as per the new Master Sidewalk Plan.

Hammer said there are plenty of places in town where sidewalks don't



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... LEAVES continued from pg 10

composition of thousands of leaves from 16 maple trees, providing important information about various indicators of red fall-color development. They used state-of-the-art computer imaging technology to measure the percentage of color in each leaf throughout the seasonal cycle.

In addition to nitrogen, many other factors – potential climate, drought, pollution and others – could affect color, but it will take years of further study to uncover the many mysteries of autumnal color displays.

Scientists do know that cold temperatures and less daylight trigger the breakdown of green chlorophyll from leaves to reveal the yellow that exist hidden beneath all summer. "Then the leaves can also produce red. But why would a tree make red in a leaf that's about to die?" asks Schaberg.

conform and OEI should have been informed long before the project was over that the wall wasn't the way the town wanted it. He said rebuilding the wall will be very costly.

"It took OEI six months to build the wall. Shouldn't the town inspect these

"That's one of the fundamental questions that we seek to answer."

An abstract of the soon-to-be published study suggests that a primary function of red pigments is to protect trees from photooxidative damage and thereby enhance nutrient recovery during leaf senescence. That means "the trees probably turn red because it's a helpful coping response to stress," says Schaberg. "One theory is that red is like a sunscreen that allows the leaf to linger long enough for the tree to absorb more nutrients."

A warm September doused by excess rain from two tropical storms, led to an early October with forests still decked in green leaves.

"We've had a warm, wet autumn so far," says van den Berg "so trees are a bit late in losing their green, but it all could change practically overnight. Vibrant fall color is going to happen, I can guarantee it."

projects as they are going on? Why come in after it's finished and say you want it changed?"

Pesterfield wrote there was obviously a breakdown in communication and confusion about the matter but the wall will be rebuilt to town specifications.

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The Walker Brothers' Circus is coming to Highlands, Sept. 27

If you want your children to see the only form of entertainment that has never been censored, take them to the Walker Brothers' Circus on Sept. 27.

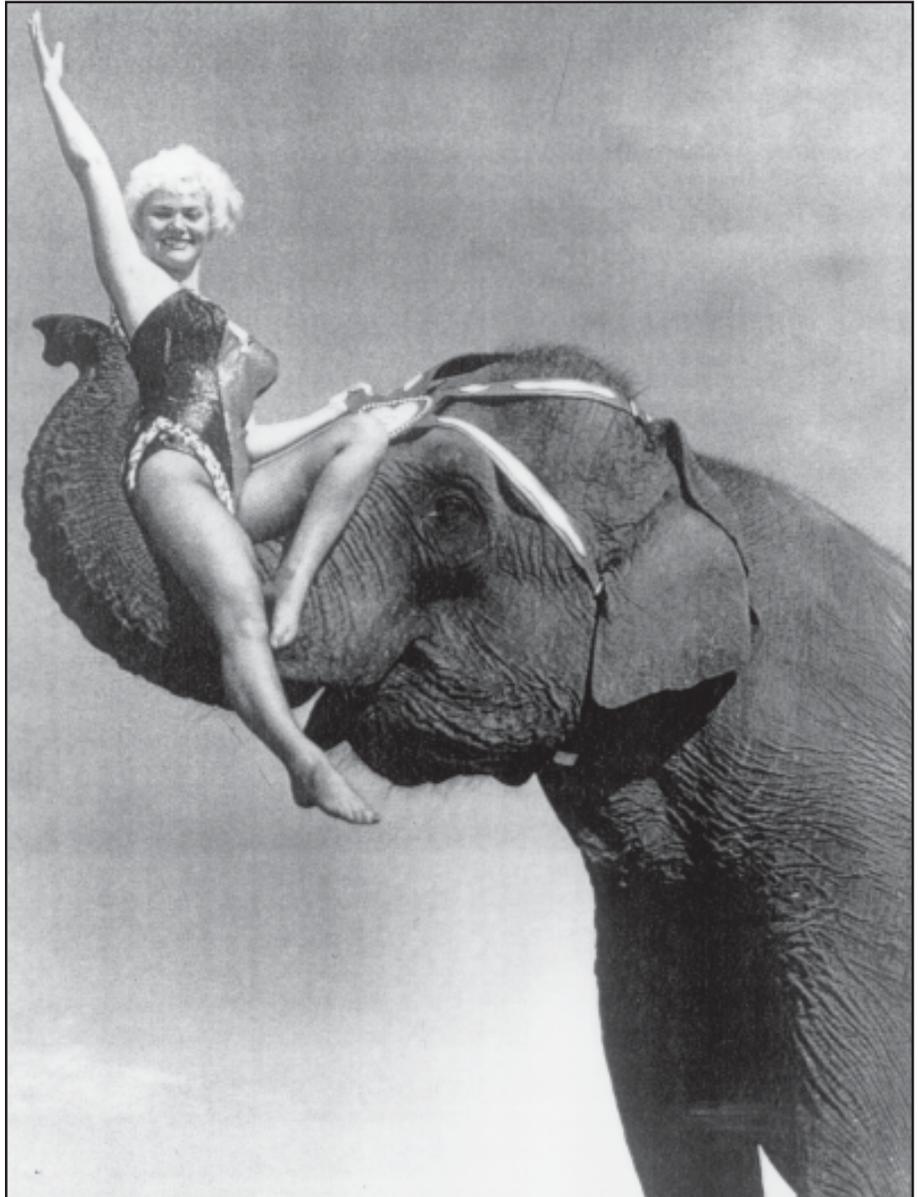
The circus is presented under a candy-striped red and yellow Big Top with happy animals, clowns, aerialists, jugglers, illusionist and much more. The sun on the tent, the trampled grass mixed with the aroma of popcorn and roasting peanuts stimulate all the senses with memories that will last a lifetime.

This is an old-time family circus. Walker Brothers' is pure circus so close to your seat you can reach out and touch the excitement.

The midway opens one hour before the show. There will be elephant rides, pony rides, cotton candy, and assorted soft drinks f.



Two shows, Monday, Sept. 27 -- 5:30 and 7:30 p.m. Tickets are \$10 available in advance at the Rec Park. Call 526-3556.



Highlands School Alumni & Adults!

Did you play a sport at Highlands School?
Did you or do you play a sport for the County or Rec League? Please email
highlandseditor@aol.com and indicate who your are and what sport you played.

September 16, 2004 – Hurricane Ivan strikes

Peek's Creek puts county on the map

By **Kim Lewicki**

Disaster hits Peek's Creek and media personnel from as far away as New York and Washington D.C., race to put a name to the place and to report first-hand of Ivan's destruction.

But Highlanders on their way to or from Franklin pass Peek's Creek everyday.

The red-roof tobacco shed on the Franklin Road marks the outer boundary of the picturesque valley made famous by Mabel Thomas and the vegetables she peddled to restaurants and stores for years.

But Mabel is gone and so too is peaceful Peek's Creek. With four people dead and one missing, 15 homes destroyed, and lives uprooted, Peek's Creek can never be the same. Since the 10-foot creek that meanders through the valley that bears its name has never flooded, people are asking why. Geologists are on the scene trying to determine exactly why total destruction was unleashed the night of Sept. 16.

They know it was caused by a mudslide of debris that had pooled high above the creek at the top of Big Fish Hawk Mountain after Frances hit a few weeks ago. When Ivan came, the pool of water and mud was unleashed, picking up speed and anything in its path as it descended two miles into the valley. But still they are looking for scientific reasons.

Over the last few days, Director of Emergency Services Warren Cabe,

After a press conference at Macon County Airport Monday afternoon, Macon County Commissioners, represented by Commissioner Charlie Leatherman, thanked Governor Easley for his concern and visit.

Governor Easley promised financial aid from a \$250 million "rainy day" fund. Looking on are Warren Cabe, director of Macon County emergency services, Sheriff Robbie Holland, Fred Alexander with Duke Power and Macon County Commissioner Allan Bryson.

Sheriff Robbie Holland and Cullasaja Fire Chief Johnny Teem reported on the disaster at daily press conferences — each clearly haunted by what they'd seen.

The Ryan McCollum family sustained unimaginable losses — a mother, Sharon McCollum, 54; a son, Colt, 3, and an unborn child. Ryan's wife is in critical condition. She is counted as one of 10 people injured in the disaster.

Kattie Watts, 40, of Pensacola, Fla., was also killed. One person is still missing and a canine search is ongoing in the area.

Governor Easley toured Peek's Creek by helicopter Monday. At a press conference that afternoon held at the Macon County Airport he promised financial aid to Macon County. "I have \$250 million in a rainy-day fund," he said. "We want to get people back to normal as fast as possible." After viewing the area he said it's amazing how many houses the deluge barely missed.

Cabe told the governor that Peek's

During a series of press conferences held at the Macon County Health Dept., Sheriff Robbie Holland, Warren Cabe, director of emergency services and Cullasaja Fire Dept. Chief, Johnny Teem, kept the press informed of new developments in the Peek's Creek recovery and overall county conditions.

Creek was by far the hardest hit in the county — preliminary estimates put structural damages at \$2 million — but he said the entire county felt the wrath of Ivan.

Gov. Easley said Macon County could use the 1,500 inmate volunteers to help with the cleanup. "It's free labor and they can remove debris," he said. Gov. Easley promised the maximum assistance based on the law to all of Macon County's victims of Ivan. He said he didn't know if people could rebuild along the creek because flood plain maps are in the midst of being updated and laws have changed about building next to water bodies. "We may have to buy some people out and relocate them," he said.

Easley commended the county's emergency personnel. "There would

have been a lot more people injured if not for the work of your local rescuers," he said. About 20 people were evacuated from the area during the storm.

Fire Chief Johnny Teem said he got the first call of disaster at Peek's Creek around 10 p.m. "The wind and rain was heavy and all I could hear through crackling on the line was 'Peek's Creek, Peek's Creek.'" He said he got in his truck and raced to the area and was immediately overwhelmed by what he saw. "I got there 15 minutes after it happened. It was pitch black and raining. At first all I could see was a mountain of trees. I heard a roar and I turned around and saw what was going on. A wall of trees and water was just coming down."

Rescuers lugged 800 pounds of equipment over ridges and through the trees trudging through calf-deep mud and torrential rain to get to victims trapped in houses and debris. "Our flashlights were going dim, our radios were getting wet," said Teem.

At one point rescuers were cut off by raging water. They secured a line across the river and scaled across to the other side so they could get to those trapped in their homes. It took eight hours to remove one victim from her home, Teem said. They had to transport a person on oxygen on stretcher through the woods. Another was pulled to safety but since not seriously injured and was left in the woods for the night with an EMS attendant until rescuers could get back to them.

The stories go on and will continue to be told for years to come.

Now, under clear blue skies N.C. DOT is working on damaged roads; FEMA is taking calls and insurance carriers surveying damage.

Governor Easley encouraged people to register with FEMA as soon as possible. "That's the first step in the process," he said. The FEMA hotline number is 1-800-621-3362.

The Red Cross and the Salvation Army also have hotlines. For the Red Cross it's 1-866-GETINFO and for the Salvation Army is 1-800-SALARMY.

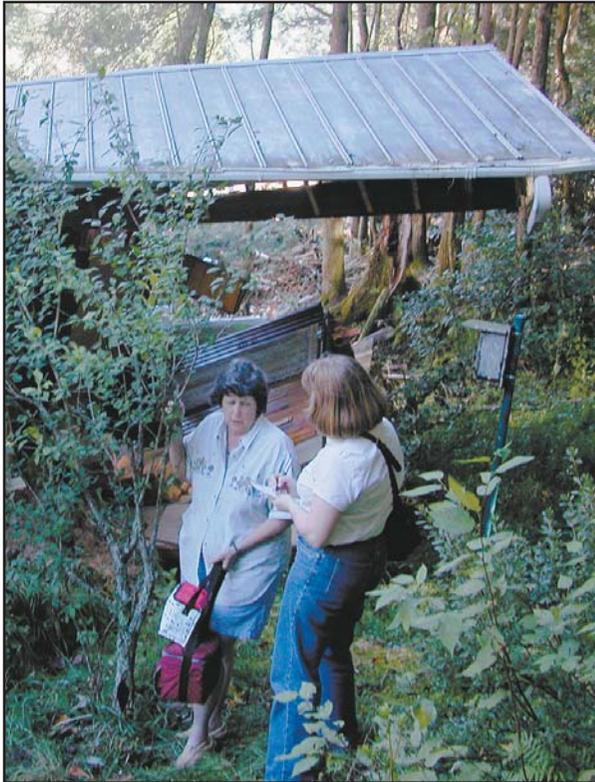


Victim rescued after riding house down Peek's Creek

By **Kim Lewicki**

Thursday night, with Hurricane Ivan raging and transformers popping and smoking like crazy, officials cut the power at the substation to the Cullasaja community.

With just her dog for company Betty Lucas was



alone and in the dark in her home on Peek's Creek.

At about 10 minutes after 10, she decided to go to bed. "As I stepped into the bedroom, I heard a really loud crack. I thought a tree had fallen on the house. I took one step into the living room and the house went forward."

Within seconds Betty was standing in inches of mud holding on for dear life trying to keep her balance as the house moved every which way.

Finally, the house stopped spinning. "I had no idea where I was," said Betty. "I shined my flashlight out the front door and saw water racing by." But she

Left, Betty Lucas holds onto a shrub as she describes her ordeal. The photo below is actually of two houses. The Lucas house was ripped from its foundation and sent 500 feet down Peek's Creek where it finally came to rest against another house. The "crack" Betty heard was a tree spearing her home. When she and her husband Lanny returned to the site Saturday morning, they found the tree had impaled the house. "It went right through the wall all the way across the bedroom over the two beds," said Lanny. What Betty now realizes is the sound saved her life. In the photo below, the "spear" is lodged next to the electric meter.

Photos by Jim Lewicki



couldn't get her bearings. "I couldn't figure out what I was looking at because the house had spun around and was facing raging water. The front door used to face that way," she said pointing toward the river bank.

Armed with her flashlight which she never let go of during the entire ordeal, she teetered from window to window, grabbing furniture, holding onto the refrigerator to steady herself as she flashed the light out one window and then another. She waited between flashes afraid she'd use up the batteries, before starting the process again.

Then she decided to call 9-1-1. "There was no dial tone of course, but you just do crazy things at times like that," she said. "When 9-1-1 didn't answer, I called by granddaughter. Of course, she didn't answer either," she said with a slight smile.

While she waited for someone to find her, she noticed two things. The clock on the kitchen wall never stopped ticking and the fish in the fish bowl never stopped swimming.

Suddenly she saw lights out the window.

"The rescue crews had found me. I started hollering but they couldn't hear me, the water was so loud."

But then a rescue worker was in the house moving furniture out of the way so Betty could get to the only means of escape – a window.

"They told me to climb out the window but I was afraid of what I would be standing in so they threw a mattress on the debris to make a bridge over the rubble for me," she said.

Then she remembered the dog. Throughout the night, the dog sat glued to his chair in the living room. "He didn't move an inch until I told him to come," said Betty. The rescuers carried the dog to safety, too.

Saturday morning after the storm, Betty stood in the brush next to what used to be her vacation home. Her voice and body shook as the severity of what she had survived hit home.

Betty called her husband Lanny from the Cullasaja Fire Dept. where she'd spent the rest of Thursday night. Lanny had gone home to Deland, Fla., to survey Ivan's aftermath there but raced back as soon as Betty called. "All she said was 'the house is gone.' I thought it had burned down," said Lanny.

Saturday was Lanny's first time on the scene, and Betty's first time back. They returned to ascertain damages and to get Betty's medicine. That's when they saw what had happened Thursday night.

The Peek's Creek surge had uprooted their home of 20 years and sent it hurling and twirling 500 feet down the creek until it crashed into another house uprooted from its foundation and stopped.

It's likely the crack Betty heard as she stepped into the livingroom, was the sound of a tree impaling the house – going straight through the bedroom wall across the room and over the two beds.

"You could have been in there," said Lanny.

Miraculously, Betty is only black and blue from her tumultuous ordeal. "I prayed nonstop," she said. "Every minute I prayed. I never stopped."

Lower right, town crews work cutting trees off power lines. By Monday night all power was restored in Highlands. Below, with the U.S. 64 east washout the one-lane road is closed to all but local traffic. Far right, Monday, Governor Easley toured the Peek's Creek tragedy and talked with Macon County officials about recovery. Right, trees fell all over the plateau during Ivan, this one on a house in Highlands Country Club.

Photos by Jim Lewicki



Above, the residence at 1396 Morewood Drive burned to the ground a little past midnight of Sept. 16. Right, an aerial photo by Duke Power of the devastation on Peek's Creek. It was taken on Sept. 18 at 3:40 p.m.

In wake of Ivan Highlanders show best side

By Nancy Welch

Contributor

Some can go without a shower or bath, but many, as evidenced by the stream of clients at All Seasons Salon Saturday afternoon, cannot bear a dirty head of hair.

Barbara Green, hairdresser, was busy lathering up customers' hair while others blew theirs dry.

Cheryl Lewis, her wet hair wrapped in a towel, sipped a cup of hot tea.

"I haven't had a cup of tea since Thursday," she said. "The water is out and the power is out. This is the best cup of tea I believe I've ever had."

She put down her cup and proceeded to a chair and picked up a blow dryer. Pulling the towel from her head, she threw the switch. The dryer came to life and she began to dry her long hair.

"Is there a high setting on this?" she asked Green, who was busy shampooing her next customer.

Green reached across and changed a switch. The dryer went into overdrive.

"Ah, that's better," Lewis said.

Three other women in the shop laughed.

"I've been washing hair all day," Green said, lathering Jo Ann Elmore for a second time.

"That feels incredible," Elmore said.

The Shortoff Road resident said her water pump and power were off and she was ready for some soap and water.

"I keep offering to run the hose through the shop and out back and put up a curtain so everyone can take showers," Green said. "But so far, I've had no takers."

Conversation in the shop was centered on the storm, the damage in Franklin, power outages and the deaths at Peek's Creek.

"It's just terrible," Lewis said. "That's just not suppose to happen here."

With three roads off the mountain closed, there seemed no escape.

"I guess I don't know where I would go anyway," Elmore said.

Another customer stepped up as Lewis finished drying her hair. She handed the blow dryer over and the routine continued.

Despite the inconveniences Hurricane Ivan had caused, most in the shop were in good spirits.

"What's a downed tree?" said one customer. "It could be so much worse."

Late in the day, Dwight Bryant arrived for a hair cut.

"It was good to get out and see my friend Barbara and hear the news," he said. "You can always count on Barbara for a great hair cut and good conversation."

"I was glad I had power and water," Green said. "Because everyone seemed so happy to get a good shampoo after the storm. Most still didn't have power or water, but they wanted to at least have clean hair!"



Above, signs of Ivan were all over downtown Highlands. The awning in front of The Royal Scott was a victim to Ivan's wind.



Perhaps the first storm-related call to Highlands Fire & Rescue was a rollover on U.S. 64 east. It happened just as the winds and rains started, around 5:45 p.m. Thursday, Sept. 16.

Scaly Mountain wastes no time cleaning up

By Barbara Lawrence

Contributor

Neighbors came together in Scaly Mountain during and after the recent pass of 'Ivan the Terrible.'

Many trees were down and roads and driveways washed out. As soon as possible people were out helping each other to put things back together.

Friday morning the sounds of chainsaws and shovels could be heard all over Scaly Mountain.

During the storm, the Scaly Mountain Fire and Rescue Department checked on people living alone, such as Bonny Railey. "They came and checked on me, to make sure I was doing OK" she said. "Folks made sure Doris Silverthorne had drinking water."

People with generators were providing hookups to their neighbors so that refrigerators would stay cold.

Adele Hopkins had a tree down and had to

walk down the hill to get help. "It wasn't too bad going down, but coming back up was tricky," she said.

Scaly Mountain folks were grateful for the news given out by local radio station WHLC. "Although the news wasn't good, it was important for us to know what was happening while we were hunkered down" said Kay Steele.

Kay and Tommy have a generator so they were not as badly affected as some, although they did have a tree down. Kay was busy after the storm cleaning out the perishables in refrigerators for neighbors who were away.

At the Scaly Mountain General Store which was open in the morning minus power, there was a subdued atmosphere as the battered community started going about the business of repairing and cleaning up.

Photos by Jim Lewicki

Monetary donations for victims of the Peek's Creek tragedy are being accepted by the Macon Baptist Association which will distribute contributions directly to the victims and their families. Make checks out to Macon Baptist Asso. and mail to P.O. Box 101, Highlands, N.C., 28741 or drop it off at John Cleaveland Realty across from Town Hall in Highlands.



All around town massive ancient trees were uprooted by Ivan's winds when soil already soggy from Hurricane Frances could not longer hold. This one is at Highlands Country Club.



Nature preserve offers peaceful spot for residents of Chestnut Hill

Most senior adult communities have designated natural areas and walking paths for their residents. However Chestnut Hill of Highlands, a premier senior living community in Highlands, N.C., offers its residents what no other senior adult community can: a Nature Preserve that has been classified as a true mountain bog by botanists from the Highlands Biological Station.

At an elevation of approximately 3900 feet, Chestnut Hill's Nature Preserve includes more than 30 different examples of typical mountain bog species—all of which have been labeled and identified along the preserve's Nature Trail. Among its plant varieties are Mountain Ash, Swamp Dewberry, Mountain Holly, Tearthumb, Hawthorn, Sassafras, and Yellow Birch, to name a few.

Chestnut Hill residents and their guests can picnic or stroll along the preserve's one-mile trail, which begins just a few feet from the community's newly opened sales model. Winding

through the southeast side of the community's property, the trail's path crosses Big Creek (with two bridges), passes by an immense sunflower field, and makes its way through the community's recreation area.

The path is covered, in part, by a slightly elevated protective boardwalk; the rest is covered by grass or "paved" with decorative rock. The boardwalk, which is easily accessible by wheelchair, not only helps control foot-traffic, but it also helps prevent the trampling of sensitive plants.

"Our Nature Preserve provides a very relaxing and beautiful 'excuse' for residents to exercise outdoors, spend social time together with friends, and enjoy the plants and animals that share their home at Chestnut Hill," said Mac MacDonald, sales and marketing director.

In addition to being a true mountain bog, Chestnut Hill's Nature Preserve has also been designated as a bird sanctuary by the Audubon Society.



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... LIFE continued from page 8

my life, I found myself at the Schoolhouse coffee shop in Cashiers going over in my mind yesterday's events and what some people were facing today after Ivan the Terrible headed further northeast. There was an eerie quietness in the schoolhouse and yet there was some comfort because it was familiar. I was searching for mundane details and surroundings. A bit agitated, I took my coffee with me. I needed to do some damage assessment of

homes of other friends.

Life goes on...it always does, doesn't it?

"Less we forget how *fragile* we are."

A portion of the proceeds from the purchase of any book purchased in the months of September and October will go to help those who suffered losses from Hurricane Ivan. Books will be at local coffee shops and bookstores or you can email me @melspeaks@aol.com.

Couple fights cancer and Hurricane Ivan, too

Editor's Note: This story is part of a series written by a man whose wife has cancer.

When it rains, it pours.

We came home from Cynthia's latest chemo treatment in Atlanta to find that Ivan's torrents had knocked out the electricity at our house. The chemo has been kind to her, but this time she had to have shots to build up her red and white blood cell counts. The shots were terrible. She stayed in bed for two days, refusing to eat.

When the power went out, so did our water, which comes from a private well system. So there I was

with no power and no water and a sick wife.

Dr. Richard Lauer's nurse, Kim Standard, had warned us that there may be problems. The shots stimulate the production of cells in the bone marrow, and the increased activity causes all kinds of aches and pains.

On the third day, Cynthia felt well enough to walk around. I made breakfast, and she ate everything in sight. I felt better! Especially since I had two tickets to the Georgia-Marshall football game in Athens.

I had already decided that we wouldn't be able to go to the game. But then, late Friday afternoon, she said, "Why don't we try to make the

trip?" It didn't take much to persuade me. But there was one more problem: Without water, we couldn't get ready for a trip to anywhere. We decided to drive halfway and spend the night in a motel.

I was glad we made the trip. Georgia won, 13-3.

Perhaps the worst side effect Cynthia has had from the chemo treatments is that her tastes have changed dramatically. For the first time in her adult life, she hates coffee. I have seen her drink it, cold and black, from a styrofoam cup. Now, she can't stand it. She says water tastes awful. Soft drinks are tolerable. Her favorite breakfast, bacon and eggs, is no longer on the menu at our house. There have been times when she has expressed a desire for something she always enjoyed, then pushed the plate away.

It is extremely difficult to try to convince her that she has to eat, even if the food tastes bad. But she is a good trooper, and she tries. She knows that it is important to maintain a good supply of food – energy — if she is to fight the cancer that has taken up residence inside her body.

As we were waiting for the treatment last week, I read an article in the Wall Street Journal that caught my interest. There's a development that could result in more cancer cures, if it can be perfected.

It's highly controversial right now. Many oncologists – including Dr. Lauer – say it doesn't work. Others are predicting that it could revolutionize the treatment of cancer and save thousands of lives.

It's a lab test, known as chemo sensitivity and resistance assays (CSRAs).

Today, cancer treatment is determined by a simple trial and error method. For example, in Cynthia's case, Dr. Lauer knew that Cisplatin and Gemzar are the most effective medicines for treating bladder cancer. It has worked very well for us, and we are encouraged by the results of Cynthia's recent examination.

But it doesn't always work that way. Some patients with bladder cancer are not helped by those two drugs. The Journal says even the best drugs fail to help between 30

and 60 percent of patients, depending on the specific disease. In those cases, valuable time may be lost while the patient is treated with drugs that don't work. After weeks of treatment, evaluation may show that the cancer has spread or has not decreased in size.

With CSRA, a sample of the individual's tumor is sent to the lab. Technologists then subject the cancer cells to different chemo drugs to see which works the best.

There are two types of CSRAs. One determines whether the chemo treatment stops the tumor from growing. The other can tell whether a certain drug actually destroys the cancer cells.

The American Society of Clinical Oncology (ASCO) has ruled that CSRAs should be studied further, but they don't think there is enough proof that the testing works. Very little evidence was available about the cell-death process. Understandably, the ASCO says much more work must be done before the CSRA method is approved.

But the Wall Street Journal article pointed out that the cell-growth assays were successful twice as often as the cases based on prior success.

Dr. Lauer agrees with the ASCO position. He doesn't trust the CSRA testing, and he's not about to depend upon it in his practice.

Another thought occurs. What happens to the patient whose test results indicate that no available drug will help? Clinicians and oncologists are quick to point out that, in many cases, drugs that don't work in the assay lab would still work on the patient.

The Journal reported on one case where a man had been diagnosed with late-stage lung cancer. He had heard about CSRA, and he insisted that his cancer be tested.

The results showed that not one, not two, or even three, but an unusual combination of five different chemo drugs would be effective.

That was a year ago. Today, his lungs are cancer-free, although he is being treated by radiation for a brain metastasis. He believes in CSRA. Perhaps, with more testing, ASCO will believe in it too.

I hope it works.

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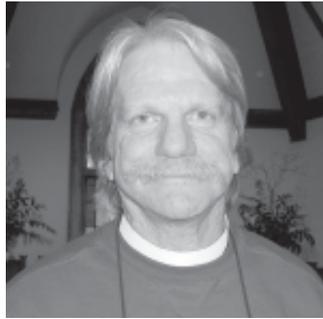
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Some things never change



Stephen Hines
Episcopal Church of
the Incarnation

Dear Friends,

The following is for all you baseball fans.

Football, some say, is all the sport one needs when the weather turns cold. I look with pity and perplexity upon those who regard a good sporting event as one in which men run up and down the field bumping into one another.

But baseball is another matter. It is a leisurely and savory thing, like a snifter of brandy after dinner. No one complains because a batter brings everything to a standstill just to rub his hands in the dirt or because a manager meanders to the mound to give his bull pen extra time.

This ambling pace is peculiar to baseball among the major sports. Only golf approaches it. Something doesn't have to be happening all the time. Moments of stillness are part of what I go to the ball park for.

More of life should be that way. How can we consider the lites of the field if we never pause to look at one? How can we "bestill and know that I am God" if we never turn our engines off? How can we love our neighbor if we don't take time to know our neighbor?

Baseball also has a certain sameness from year to year.

The pitcher still stares at the catcher. A line drive is still sharp and crisp. Some things about the game don't change. That's the way it was in the beginning, is now and will be forever.

The church is like that, too. Liturgies, traditions, altars, pews, clergy and parishioners come and go. But Christ remains. The sacraments remain. The faith and fellowship remain. All that matters remains.

So just take me out to the ball game. Let's find us a few seats in the bleachers and I don't care if I never get back.

PLACES OF WORSHIP ON THE PLATEAU

Blue Valley Baptist Church

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m., Worship – 11
Sunday night services every second and fourth
Sunday at 7 p.m.

Wednesdays: Mid-week prayer meeting – 7 p.m.

Buck Creek Baptist Church

Sundays: School – 10 a.m.; Worship – 11
First Saturday: Singing at 7:30 p.m.

Church of Jesus Christ of Latter Day Saints

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627
Sundays: Worship – 10 a.m.; school & primary
classes – 11 a.m.; Women's & Men's Org. – noon
Tues: Women's Org. – 6:30 p.m.; Library – 6-8 p.m.
Wednesdays: Boy Scouts of America mtg. – 6:30
p.m.; Young women's activities – 6:30 p.m.

Christ Anglican Church

743-3319

"A Bible-based liturgical church"
Services: Sundays at 4 p.m. at the
Community Bible Church in Highlands
Holy Communion at most services.

Christian Scientist Church

526-2830

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Sunday morning at 11 a.m.

Wednesday evening at 7 p.m.

Study Room Open Tues. and Fri.: 2-4 p.m.

Clear Creek Baptist Church

Pastor Everett Wilson, (828) 743-3379
Sundays: School – 10 a.m.; Worship – 11
Prayer – 6:30 p.m.

Evening Service – 7 p.m.

Community Bible Church

(Evangelical Presbyterian Church
Steven E. Kerhoulas, Pastor, 526-4685
3645 U.S. 64 east

Sundays: School – 9:30 a.m.; Worship – 10:45;
Youth "The Rock" meeting.

Tuesdays: Women's Bible Study – 9:45

Wed: Supper – 6 p.m.; Bible Study – 6:45 p.m.

Episcopal Church of the Incarnation

Interim Priest: Stephen Hines, 526-2968
Sundays: Choir – 9 a.m.; Bible Study & Book Study
classes – 9:15 a.m.; Holy Eucharist – 10:30 a.m.;
Children's Chapel – 10:30 a.m.

Women's Cursillo Group (Library) – 4

Tuesdays: Men's Cursillo in Jones Hall – 8

Thursdays: Holy Eucharist – 10 a.m.

The Sunday Service is telecast on cable channel 14

First Baptist Church

Dr. Daniel D. Robinson, 526-4153

Sun.: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.;

School – 9:30 a.m.; Youth – 6:30 p.m.; Choir –
7:15

Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6
p.m.; Prayer – 6:15 p.m., Choir – 7:30 p.m.

First Presbyterian Church

Rev. J. Hunter Coleman, Pastor, 526-3175
Sun.: Worship – 11 a.m. ;School – 9:30 & 9:45.
Wednesdays: Children's Devotions – 9:30 a.m.;

Supper – 6 p.m.; Choir – 7 p.m.

Thursdays: Bible Study – 10 a.m.

Sat: Adventistas del Septimo Dia – 10 a.m. & 5

Highlands Assembly of God

Rev. Scott Holland, 524-6026, Sixth Street

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

Highlands 7th-Day Adventist Church

Wednesday evening prayer & Bible Study

Call Lloyd Kidder at 526-9474

Highlands United Methodist Church

Pastors Eddie & Kim Ingram, 526-3376
Sundays: School – 9:30 & 9:45 a.m.; Worship – 8:30
& 11 a.m.

Wednesdays: Supper – 5:30 p.m.; Bible Study &
activities – 6 p.m.

Lutheran Church of the Holy Family – ELCA

Rev. Pam Mitcham, Pastor,

2152 Dillard Road – 526-9741

Sundays: Worship/Communion – 10:30

Macedonia Baptist Church

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Rusty Wolfrey, (706) 782-8130

Sundays: School – 10 a.m.; Worship – 11

Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

Mountain Synagogue

St. Cyprian's Episcopal Church, Franklin 369-6871

Friday: Sept. 12 Sabbath Eve Services at 7

For more information, call

(706)-745-1842.

Our Lady of the Mountains Catholic Church

Rev. William M Evans, Priest

Parish office, 526-2418

Wednesdays & Fridays: Mass – 9 a.m.

Saturday Vigil Mass – 4 p.m.

Sundays: Mass – 11 a.m.

Scaly Mountain Baptist Church

Rev. Clifford Willis

Sundays: School – 10 a.m.; Worship – 11 a.m. & 7

Wednesdays: Prayer Mtg. – 7 p.m.

Scaly Mountain Church of God

290 Buck Knob Road; Pastor Alfred Sizemore

Sundays: School – 10 a.m.; Worship – 10:45 a.m.;

Evening Worship – 6 p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

For more information call 526-3212.

Shortoff Baptist Church

Pastor Rev. Wayne Price

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

Unitarian Universalist Fellowship

526-9769

Rev. Maureen Killoran (part-time)

Sundays: Worship – 11 a.m.

Westside Baptist Church

Interim Pastor, Terry Dixon

Services in the basement of the Peggy Crosby

Sundays: Fellowship & Worship – 11

Whiteside Presbyterian Church

Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School – 10 a.m.; Worship – 11

• POLICE & FIRE REPORT •

The following are the Highlands Police Department log entries for the week of Sept. 15-22. The only names are of public officials and/or people who were arrested.

Sept 15

- At 6:19 a.m., officers responded to the call of a suspicious vehicle parked at James Tire and Auto.
- At 7 a.m., a motorist on N.C. 106 was cited for speeding 56 mph in a 35 zone.
- At 9:30 a.m. a "hit & run" was reported at James Tire and Auto.
- At 4 p.m., a "hit & run" was reported at James Tire and Auto.
- At 9:30 p.m., a motorist at U.S. 64 east and Hickory was cited for exceeding a safe speed.

Sept 17

- At 4:35 p.m., officers responded to an alarm at Scudders. All was secure.
- At 5:25 p.m., officers responded to an alarm at RBC Centura Bank. All was secure.
- At 11:20 a.m., officers responded to an alarm at RBC Centura Bank. All was secure.
- At 2:20 p.m., officers responded to a domestic dispute at a residence on Raoul Road.
- At 2 p.m., officers responded to an alarm at Rosenthal's on Main Street. All was secure.
- At 2:20 p.m., officers responded to an alarm at Bank of America. All was secure.

Sept 18

- At 11:04 a.m., officers responded to an alarm at the Old Rangoon on Fourth Street. All was secure.
- At 2:40 p.m., officers responded to an alarm at Wachovia Bank. All was secure.
- At 7:45 p.m., responded to a call of Wilson Road sinking due to water.

Sept 19

- At 3 p.m., officers responded to the report of a gas drive-off at U.S. Stop and Shop.
- At 4:30 p.m., officers responded to an alarm at a residence on Ravenel Ridge Road. All was secure.
- At 5:20 p.m., a motorist at U.S. 64 and Fifth Street was cited for exceeding a safe speed.

Sept 20

- At 2:55 p.m., officers responded to an accident at Oak and Fourth Street. One driver was cited for making an unsafe movement.
- At 3 p.m., officers responded to a gas drive-off at the U.S. 64 Stop and Shop.
- At 9:30 p.m., officers responded to an accident and one driver was cited for exceeding a safe speed and driving without insurance.

The following are the Highlands Fire & Rescue Department log entries for the week of Sept. 16-22.

Sept 16

- The dept. responded to two calls of trees on a power lines.
- The dept. responded to a vehicle rollover on U.S. 64 east.
- The dept. was 1st responders to assist EMS with a medical call at a residence on Wilson Road. The victim was transported to the hospital.
- The dept. was 1st responders to assist EMS with a medical call at Kelsey-Hutchinson Lodge where a limb fell on a person's head. She was transported to the hospital.

Sept 17

- The dept. responded to a house fire on Morewood Road.

Sept 19

- The dept. responded to an alarm at a residence on Pine Circle. It was false.
- The dept. responded to an alarm at a residence on Bowery Road. It was false..

Sept 21

- The dept. responded to an alarm at a residence on Cowe Ridge Road. It was false.
- The dept. responded to an alarm at the Episcopal Church. It was false.

Throughout Hurricane Ivan

- The dept. responded to numerous calls related to the storm, mainly trees down.

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Fifth & Oak Streets All Seasons Salon

Nestled in the Shops at the Village Square, All Seasons Salon is more than just a hair salon.

Owner and stylist Barbara Green has created a shop reminiscent of European Salons, complete with eclectic artwork and furniture, beautiful music and an atmosphere conducive to chatter and laughter.

Barbara has been a hair stylist since the sixties and, she says "I have seen it all!"

The Illinois native came to Highlands in 1986

and she and her fellow stylist, Annette Moss, specialize in every aspect of hair styling from razor cuts and color to permanent waves and those special creations for a night out "on the town."

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● UPCOMING EVENTS ●

On-Going

- At ...on the Verandah on Lake Sequoyah, piano bar entertainment from 7:30 p.m. Thurs.-Mon. and Paul Scott on Wed. During Sunday Brunch, Chad Reed plays the piano from noon to 2 p.m.

- Heart Healthy Exercise Group Monday, Wednesday, and Friday from 8-9 a.m. at the Civic Center. Each session is divided into two parts – a brief warmup for 30 minutes of walking and cooldown exercises and mat exercise for 25 minutes. Cost is \$15 per month. Call Nancy Freese at 743-0135 or sign up at the Civic Center.

- The Mountain View group of Alcoholics Anonymous now meets in the remodeled basement room of the Presbyterian Church sanctuary, in Highlands. Meeting times are Mondays at 8 p.m.; Tuesdays at 5:30 p.m. (women only); Wednesdays and Fridays at noon. Call 524-7395.

- At Highlands Wine & Cheese – Wine Flights Fri, and Sat: 4:30 until 6:30. Bordeaux and Beyond. Sat. Wines by the glass and cheese plates Wed- Sun: 1:30 until 4:30. Complimentary tastings Sat and Sun: 1-4:30.

- At Wolfgang's on Main – Get Uncorked **THURS-SUN**. 4-6:30 p.m.: Wine and Appetizer Pairings, Flights of Wine, Wine by the glass or bottle/Appetizers; **SUNDAYS**: Dinner and Jazz 6:30-9:30 p.m. Call 526-3807 for reservations. **MONDAYS**: Fine Art, Fine Wine and Fine Dining, 6 pm – Passed Appetizers. 6:30 pm – Dinner. Reservations needed. Call 526-3807.

- Saturdays Zorki playing acoustic guitar at Paoletti's Late Night at 9:30 p.m. Sundays at 8 p.m.

Through Sept. 25

- Interact / React Featuring artwork by artist Diane McPhail and reaction art by local artists, writers, poets & dancers..

Through Nov. 11

- Watercolor Classes at Bascom Louise Gallery, "Beyond Splish and Splash." All levels. Participants work with instructor Kathie Blozan on various surfaces in several types of watermedia, resulting in an uplifting and creative experience. No need to attend every class. 10-3 p.m. Call Bascom Louise Gallery for supply list and to register at 526-4949.

Sept. 23-26

- Highlands Civic Center closed for cleaning.

Sept 24-25

- Stephen Dweck Trunk Show at Acorns on Main Street, 10 a.m. to 6 p.m. Call 787-1877 for more information.

Sept. 23

- Chestnut Hill of Highlands "Open House" with tours of Cottage residences in The Village, apartment-styled homes in The Lodge, and the newly redecorated Clubhouse, 1-4 p.m. Refreshments.

- General PTO meeting and kick-off of Book Fair at Highlands School. 6 p.m.

Sept. 24

- Brian Starr and his guitar at Buck's Coffee Cafe, 8-11 p.m.

Sept. 25

- The Bolivian Auction at Wild Cat Cliffs Country Club 5:30-9 p.m. There are sweaters, knitted goods, jewelry, wooden bowls, and some furniture. All proceeds help finance the annual mission trip to Bolivia.

- The Scaly Mountain Women's Club will be serving a complete seated breakfast of homemade pancakes, sausage, coffee and juice. The public is invited to come to the Scaly Mountain Ski Lodge, NC State Highway 106, from 7-10 a.m. Cost is \$5 for adults and \$2.50 for children. Proceeds will go to area human service agencies and local scholarships. For additional information contact Faye Bellwood at

526-9079.

- The Satulah Club and the Emergency Council will have a White Elephant Yard Sale from 9 a.m. – 3 p.m. in front of Macon Bank at the gazebo on Pine Street.

- Semi-annual Cullasaja Gorge Road Clean-Up CANCELLED DUE TO IVAN.

Sept. 26

- "Still Christian After All These Years," 2:30-4:30 p.m. at Shakespeare & Company in Village Square on Oak Street behind Wolfgang's Restaurant. Refreshments provided. For more information, call 526-3777.

Sept 27

- Highlands School Scholarship Fund Golf Tournament at Highlands Falls Country Club. To sign up to play call Allen Chandler at 526-2189.

- The Walker Bros. Circus is coming to town. Under the Big Top at the Highlands Ball Field. Two shows 5:30 and 7 p.m. Call 526-3556 for ticket information.

Sept 28

- Chestnut Hill of Highlands hosts "Business After Hours" for Chamber of Commerce members and their guests 5:30 p.m.

Sept. 29

- As part of CLE, Professor James McLachlan with WCU will lecture on the subject "Eastern Religious Traditions Compared to Western Traditions" will lecture in Highlands at the Rec Center (Highlands Civic Center) at 8 p.m. on Wednesday. This

is sponsored by the Center For Life Enrichment.

Sept. 30

- The annual meeting of the Upper Cullasaja Watershed Association will be held on Thurs., at 7 p.m. at the Conference Center. Greg Jennings, with Water Resources Research Institute at NC State Univ. will address the group on stormwater management. The event is free and open to the public.

Oct. 2

- Karaoke Fundraiser at 7 p.m. at Highlands Inn on Main Street. Money raised will help the families of Peek's Creek rebuild their lives.

Oct. 3

- Former Archbishop of Canterbury, the most Rev. George Carey, the 103rd Archbishop of Canterbury will preach at the 10:30 service at the Episcopal Church of the Incarnation. All are invited.

Oct. 9

- Highlands Own Craft Show at the Highlands Civic Center, 9 a.m.-5 p.m. Call 526-3556 for info.

Sept. 30-Oct. 10

- The Instant Theatre Company presents "Cotton Patch Gospel" – the dramatic uprooting of Matthew's Gospel from Israel to Georgia shocks and amuses. Performances are Saturdays at 8 p.m. and Sundays at 3 p.m. at PAC. Call (828) 342-9197 for reservations. Tickets are \$20 in advance, \$25 at the door, and \$5 for children 18 and under (or with a valid college ID). Make your reservations early. You don't want to miss this limited ten day run!

Oct. 16 and 17

- Art League of Highlands "Fall Colors Fine Art Show." Gymnasium at Rec Park from 10-4.

Oct. 17

- Great American Traditions, Cajun Style, 6 p.m. at PAC. Call 526-5100 for more info.

Oct. 28-31

- "Steel Magnolias" performed by Highlands Community Players at PAC. Call 526-8084 for showtimes.

Oct 30

- Annual Highlands School Festival at the Highlands Civic Center and 5K Fun Run from First Citizen's Bank. For more information call 526-2147.

Sign up now for library cooking class

The fifth Hudson Library Cooking Class for 2004 will be held on Tuesday, October 5th beginning at 3:00 PM. Executive Chef Francois Ternes of The Old Edwards Inn and Spa will lead the class at Old Edwards Inn's Farm, located on Arnold Road (just off the Dillard Road), approximately 5 minutes driving time from downtown

Chef Ternes' 25 years of culinary experience includes Petite Marmite, Palm Beach, FL; Siro's, Saratoga, NY; JT's, Boca Raton, FL, where he was chef/owner; and Maxim's and the Hotel Royal Monceau, Paris, France. He is a certified sommelier by the

Court of Master Sommeliers and holds a Spirits Diploma, certified by Doug Frost, MS, MW.

Chef Ternes will provide a pastry demonstration followed by tea and a tour of The Farm at Old Edwards Inn and Spa facility and gardens that is sure to please the participants in this fifth cooking class of the season.

The Library Cooking Classes have been a popular part of the Highlands summer season for fifteen years. Cooking Class openings are limited and reservations are required. Only a few openings remain. Call the library at 526-303.

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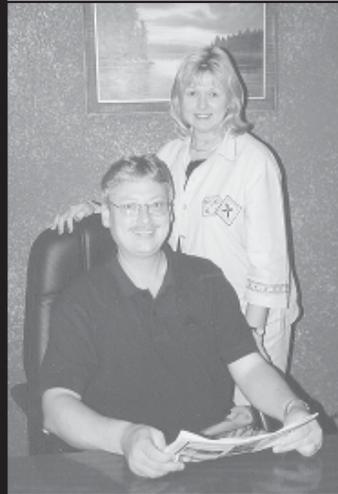
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CLE presents McLachlan on religious tradition comparisons

Professor James McLachlan will lecture on the subject: "Eastern Religious Traditions Compared to Western Traditions. Dr McLachlan, associated with Western Carolina University in Cullowhee will appear in Highlands at the Rec Center (Highlands Civic Center) at 8 p.m. on Wed. Sept. 29. This is sponsored by the Center For Life Enrichment.



Professor James McLachlan grew up in Utah, and now serves as the Chair of the Department of Philosophy and Religion at Western Carolina. He graduated from Indiana University in 1981 with a MA Degree in European History and from the university of Toronto in 1989 with a Ph. D. Degree in Religious Studies.

Having published extensively, Professor McLachlan will discuss the truths and exceptions which are contained in the stereotypes of the differences between Eastern and Western religions.

The Center For Life Enrichment is a non-profit organization, created in Highlands 11 years ago. Its mission is to bring speakers and programs to the local area in order to enrich the lives of

participants, both intellectually and culturally.

The presentation will start promptly at 8 p.m., lasting one hour, followed by questions and discussion, with the entire program ending by 9:30 p.m. It is free and open to the public.

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Art League show promise 'art' and entertainment

The Art League of Highlands is having the "Fall Colors Fine Art Show" October 16 and 17 from 10 a.m.-4 p.m. in the gymnasium at the Rec Park in Highlands.

There will be supervised crafts for children both days with a Kids' Clothesline Art Show. On Saturday the Cashiers Highlands Humane Society will bring animals for children to draw and paint.

Copies of Color the Mountains, a Creative Art Book will be available for purchase. A wide variety of all original art will be exhibited for sale.

Shaun Moss will present the "Sparkle Magic Show Saturday at 1:30 and on Sunday at 1:30 the classical trio "Mountain Aire" will perform. Admission is free. Door prizes include the Humane Society's Color the Mountains and gift certificates.

'Cotton' musical rendition of Matthew's Gospel coming to PAC

"Cotton Patch Gospel" is coming to town! Again. More than 20 years since its off-Broadway premiere, Highlands' Instant Theatre Company will produce the musical celebration starting September 30 and running through October 10. The dramatic uprooting of Matthew's Gospel from Israel to Georgia continues to both shock and amuse audiences.

The audience at a performance of "Cotton Patch Gospel" at Dallas Theater Center in May of 2003 gave the cast a standing ovation. After one memorable performance a woman shouted out, "Amen!" The show first came to Texas in 1983 at Dallas Theater Center. The seven-month-run was at the time the longest run for any musical in Dallas history. The show today continues to be a theatrical hit and has been performed in both professional and amateur theaters across the country and into Canada.

The show originated as a one-man play, born out of author Tom Key's passion for telling the gospel story in a fresh way. He developed the script after reading Dr. Clarence Jordan's book "The Cotton Patch Version of Matthew and John." Dr. Jordan was a Georgia Bible scholar and social activist who founded Koinonia Farm, a ministry that in turn played a pivotal role in birthing Habitat for Humanity.

From the original shorter one-man play "Cotton Patch Gospel"



Composer Harry Chapin

evolved into a musical celebration with unexpected help from composer Harry Chapin, also known for hit songs such as "Cat's in the Cradle" and "Taxi". Tom Key met Chapin through a friend of Russell Treyz, who became his co-author in expanding the play. Chapin was enthralled by the project and declared, "I was born to write music for this."

The Instant Theatre Company

first brought this show to Highlands in 1985, four years after its opening in New York. The show played for eleven weeks to enthusiastic, packed houses. You won't want to miss The Instant Theatre's newly staged production with 12 company members and 22 Harry Chapin songs.

Cotton Patch runs Sept. 30 - Oct. 10 at the Martin-Lipscomb Performing Arts Center on Chestnut

Street in Highlands. Performances are Tuesday through Saturday at 8 p.m. and Sunday matinees at 3 p.m. Call (828) 342-9197 for reservations. Tickets are \$20 in advance, \$25 at the door, and \$5 for children 18 and under (or with a valid college ID). Make your reservations early. You don't want to miss this limited ten day run!

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Rebecca brings 31 years of interior design experience to this new venture with Highlands Furniture.

Her exciting new plans include furniture buying trips where she assists clients in selections of furnishings, rugs and accessories for their home at discounted prices.

Rebecca will continue to do window treatments specializing in Hunter Douglas products which include wooden blinds and shutters. She offers custom shutters at great prices. She will also continue to do in-home consultations.

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She can be reached at 526-2973. She really looks forward to working with her clients and friends she has worked with through the years and meeting new ones.

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DIETARY AIDES – Highlands-Cashiers Hospital. Full time, computer experience helpful. Excellent benefit package for full-time positions. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

ENVIRONMENTAL SERVICES – at Highlands-Cashiers Hospital. Full time, 7am-3:30 pm, high-school graduate or GED. Excellent benefit package for full-time positions. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

MAINTENANCE MECHANIC – Highlands-Cashiers Hospital. General maintenance with emphasis on heating, ventilation, and air-conditioning. Monday-Friday, 40 hours/week. On-call standby one week/month and work one Saturday/month. Excellent benefit package. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

PHARMACY TECHNICIAN – Highlands-Cashiers Hospital. Registered Pharmacy Tech preferred. Part time. Thursday, Friday, and Saturday, 8 hours/day. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

NICK'S RESTAURANT – Waitstaff lunch and dinner shifts available. Experienced only. To apply, call 526-2706.

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trained. Sleeps most of the time. Call for interview. (828) 787-1343.

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GOLDEN RETRIEVER PUPPIES – Male and female AKC registered. \$500. Check website at www.campwindinggap.com. 1-800-294-2267.

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HIDDEN PARADISE – Highlands at an unbelievable price! Overlooks stream, borders USFS hiking trails, private 2 acres, 4/2; new roof; fireplace, vaulted ceilings, lot of glass, French doors, decks, 2-car garage; laundry; workroom; professionally landscaped; 5 miles from town. 828-526-2759 or the Verandah, 526-2338 marbago@earthlink.net

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0576 or 369-8643.

VACATION RENTAL – Highlands; New, Beautiful 3-3 with great room, stone fireplace, wood floors, great kitchen, ponds & private wooded lot. Golf/Tennis for a fee. Monthly/yearly. 828-526-9430.

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Mon – Thur: (4:15), 7:15

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From left, John Lupoli, Stell Huie, Bill Martin and Wood Lovell

Highlands Community Foundation growing in leaps and bounds

Following a period of tremendous growth in assets under his leadership, W. Stell Huie has passed the chairmanship of the Highlands Community Foundation (HCF) to Sam Hollis.

During his three-year term, assets in the HCF endowment grew to more than \$377,600. Grants have been made to Highlands nonprofits including the Literacy Council of Highlands, Bascom-Louise Gallery, Highlands Historical Society, the Performing Arts Center and the Highlands Land Trust.

The HCF also established an additional fund for smaller grants to help local nonprofits with current needs such as support for the Peggy Crosby Center's counseling services and new phone system, the Highlands Community Child Development Center's construction costs for the new childcare center, and the International Friendship Center's bi-lingual, multi-cultural programs.

A group of part and full-time residents established the Highlands Community Foundation in 1996 as a permanent resource for funding nonprofit projects in Highlands. Over the years, many residents have made gifts to the fund, helping build assets that are dedicated to supporting local charities.

The HCF is an affiliate of The Community Foundation of WNC, a 26-year-old nonprofit organization that serves the 18 western mountain counties and professionally manages 650 charitable funds totaling more than \$114 million. Each fund ranges in size from \$5,000 to \$9 million and supports a different charitable purpose as specified by the person who created it. A fund may be established using many different types of assets and can benefit a certain geographic area, like Highlands, a specific nonprofit organization or a broad area of interest, such as helping children in need.

Other officers elected to the HCF annual meeting include William H. Martin, vice-chair; Jack Brinson, treasurer; and Judy Michaud, secretary. Newly elected board members are John Lupoli and Wood Lovell will join present board members Wayne C. Beckner, George Chase, Steve Chenoweth, Charles L. Davidson, Jr., Robert W. Fisher, Sandra Freeman, Suzanne Inman, Fred W. Johnston, Judy Knight, George Maloney, Wyeth T. Ramsay, S. Herbert Rhea, Emily W. Tynes, Willis H. Willey and Arthur L. Williams, Jr.

For more information on the Highlands Community Foundation, call 526-5053.

... IVAN continued from page 7

had some leaking in the roofs and had water damage to ceilings in the guidance wing and the second floor of the middle school. We did not lose any electronic equipment and we feel very fortunate to have come away with very minimal damage."

Friday's teacher workday was cancelled and Monday opened with a two-hour delay. Bomengen said any students who are late or absent due to road conditions and/or power outages will be excused until all roads are cleared and all power is restored in the county. Duke officials hope that to be the case by Thursday.

The Church of the Incarnation is sopping up after clogged storm drains diverted water into the new

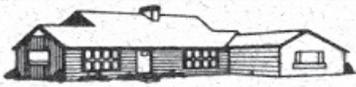
addition. "We had about six inches of water in here," said Georgia Sanders, administrative assistant. Crews worked late into Monday night vacuuming up water but it's likely the rugs will have to be replaced. "Once the concrete under the rugs gets wet it's very hard to dry it completely," said Pastor Stephen Hines.

In Ivan's aftermath, Highlands is quickly getting back to normal. Restaurants, businesses, and hotels are readying for annual leaf-lookers who will start arriving in a week.

As Governor Easley said in a news conference Monday afternoon, "There are still plenty of leaves left on the trees in Macon County and the mountains continue to be beautiful."

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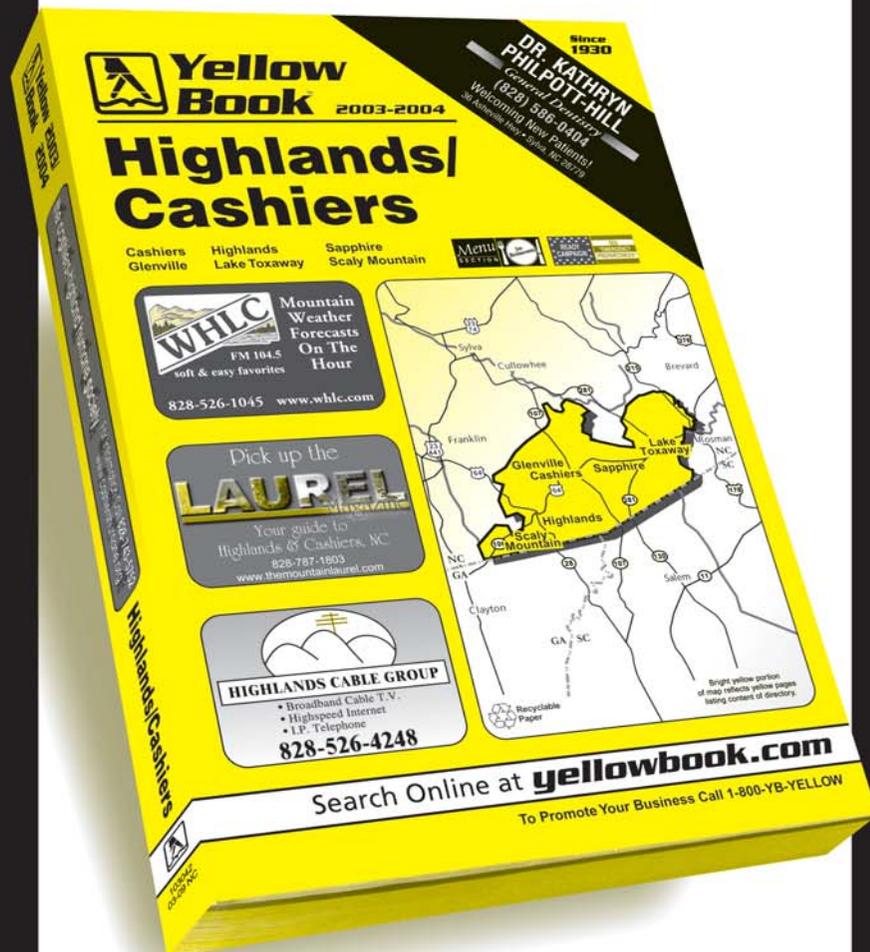
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Albert Carlton – Cashiers Community Library
located opposite the post office in Cashiers.

Cashiers Area Chamber of Commerce,
202 Highway and Rt. 64 West, Cashiers

Highlands Chamber of Commerce & Visitor Center,
located above town hall, Oak St. and 4th St., Highlands



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Who made this rug?



This hand-woven tapestry/rug was found in a home in Highlands that was purchased "furnished." The current owners are trying to find out the origins of the rug and its significance, if any. If you have a clue, call Marc Pittman at 526-1840.

Hospital makes urgent plea for blood

Highlands-Cashiers Hospital needs blood!

With the use of blood and blood products rising at the hospital, officials say the number of donations at its two annual area drives isn't beginning to keep pace. Hospital officials are hoping to change that trend next week, when the hospital holds its annual fall drive.

"We really need folks in our communities to come out and give blood next week," said administrator Jim Graham. "The last several blood drives haven't begun to bring in enough blood to meet the hospital needs. We need everyone who is eligible to donate to help us out."

The fall blood drive will take place Sept. 29 and 30 in Highlands and Cashiers. On Thursday, Sept. 29 the bloodmobile will be at First Citizens Bank from 10 a.m. until 6 p.m. On Thursday, the unit will be at Highlands-Cashiers Hospital from 9 a.m. until 1 p.m. and that afternoon at the Albert Carlton Community Library from 2 to 5:30 p.m.

From October, when the hospital's fiscal year began, through the end of August, patients at Highlands-Cashiers Hospital received a total of 286 units of blood. An additional 52 units of blood products, such as plasma, were also used. Yet the hospital's blood drive this past spring raised just 51 units, less than 20 percent of what has been used.

No patient went without needed

blood, however. That's because the hospital is affiliated with the AnMed Blood Center, a regional blood bank that supplies more than 20 healthcare providers in upstate South Carolina, northern Georgia and North Carolina.

Taylor, who helps coordinate the two hospital drives, said local donors typically supply approximately 110-120 units of blood a year, less than half what local patients have been using.

"When there has been a disaster, or high profile case where blood was needed, we have had large numbers of donors come out. That's great, but the hospital's need for blood continues year after year," he added. "We know there are a lot of donors out there, and we need them to step forward."

Ann Greenlee, manager of the hospital's laboratory, which manages and dispenses blood and blood products, says the hospital's need has risen in recent years for a variety of reasons. Actually, each unit of blood donated ends up helping more than just one person. Modern techniques of processing blood yields a variety of blood products from a single unit – products that can help as many as four different people. On average, a unit of donated blood directly impacts 2.5 other lives.

To be eligible to donate blood, one should be at least 17 years of age, weigh at least 110 pounds and be in generally good health.

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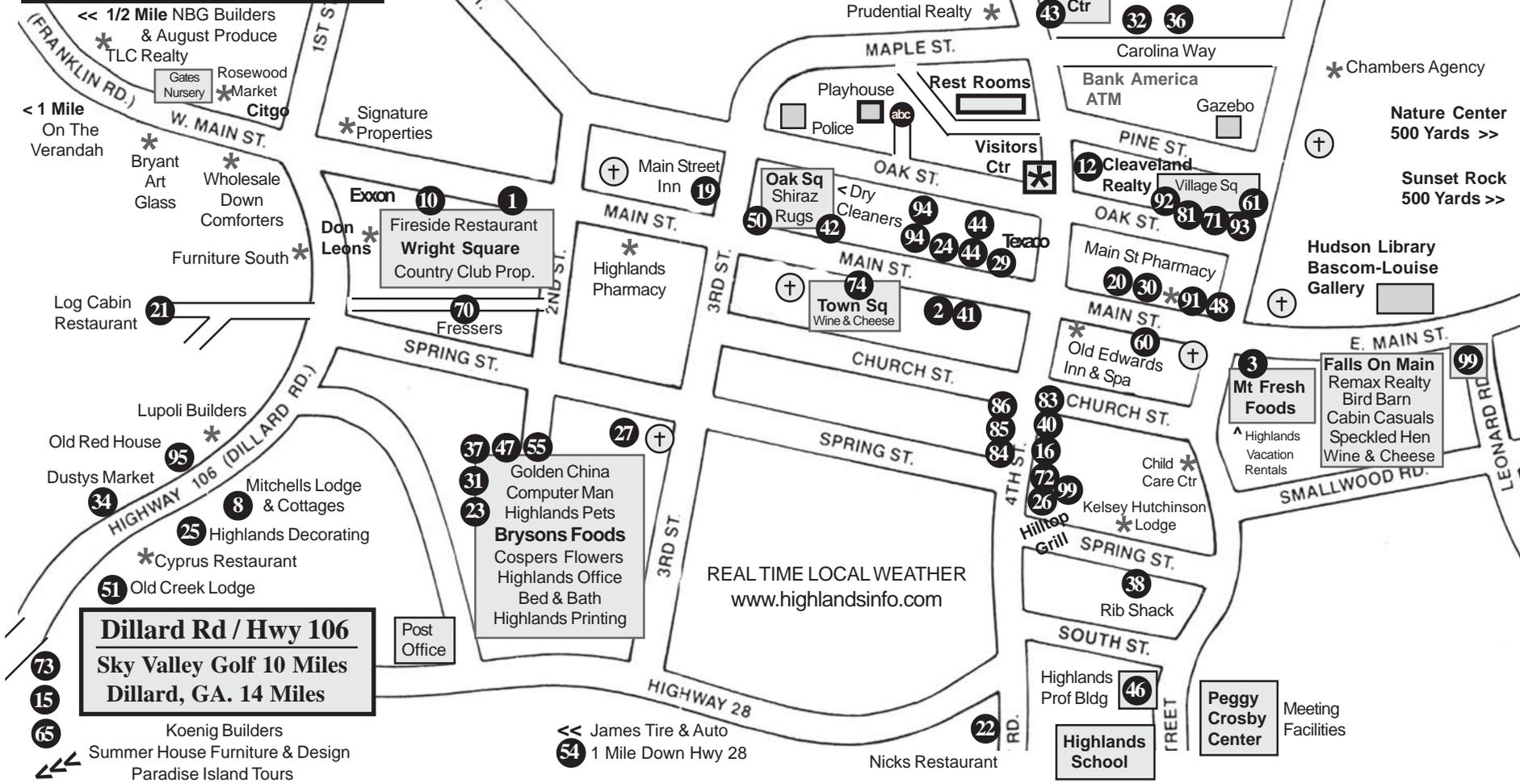
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