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"Fall Sales" Section **INSIDE** **FREE** Highlands' Newspaper

Volume 2, Number 40

Locally Owned & Operated

Friday, Oct. 8, 2004

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- Saturdays Zorki playing acoustical guitar at Paoletti's Late Night at 9:30 p.m. Sundays at 8 p.m.

Oct. 7

- Pizza Supper Thursday after the volleyball game which starts at 5 p.m. Learn about the Booster Club and how you can help Highlands School.

Oct. 8

- A Bel Canto Encore at 7:30 p.m. in the Highlands United Methodist Church featuring soprano Laurie Domingue Lester and bass-baritone, Jason Lester. Proceeds will benefit Highlands School.

Oct 9 & 10

- The Instant Theatre Company presents "Cotton Patch Gospel" – the dramatic uprooting of Matthew's Gospel from Israel to Georgia shocks and amuses. Performances are Saturdays at 8 p.m. and Sundays at 3 p.m. at PAC. Call (828) 342-9197 for reservations. Tickets are \$20 in advance, \$25 at the door, and \$5 for children 18 and under.

Oct. 8 & 9

- "Don't Count Your Chickens" Folk Art and other fanciful items for home, garden, body & soul Fri., 10-9 and Sat. 10-6 at the Highlands Conference Center.

Oct. 9

- Lilly Pulitzer Jewelry Trunk Sale featuring Resort and Holiday Collections from 10-6 at Acorns on Main Street.

- Highlands Own Craft Show at the Highlands Civic Center, 9 a.m.-4 p.m. Crafts of all kinds.

Oct. 12

- Girl Scouts are making forever memories. It's for grades K-12. Meet at Highlands Pre-School at HUMC, 5-7:30 p.m. Fall craft projects set. call 524-5309.

Oct. 13

- Day of Appreciation for Town employees, police, fire & rescue and EMS. A day to say "thanks" for working so hard during and after Hurricane Ivan.

Edwards et al case put to rest for good

By Kim Lewicki

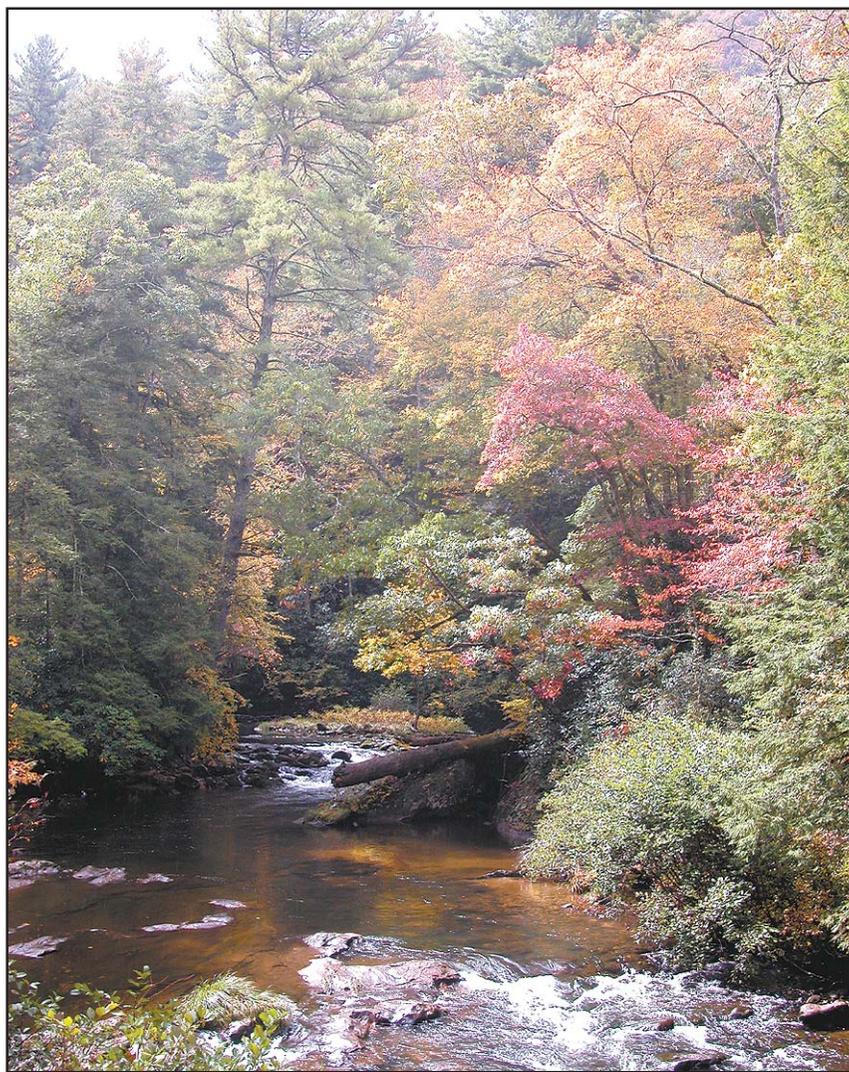
Superior Court met Wednesday, Oct. 6, to rule in the recently resurrected Edwards et al case.

The town was awarded sanctions in the amount of \$957 to cover attorney fees incurred as a result of the motion recently filed by attorney of

Edwards et al, Richard Melvin and Melvin's motion was ruled null and void.

▪ See EDWARDS ET AL page 7

Autumn foliage along the Cullasaja



Crisp, balmy weather, blue skies and fall leaves means autumn has arrived on the Highlands Plateau.

4 1/2 Street Ext. closed to public

By Kim Lewicki

Before it was even considered a permanent street by town officials, "temporary" 4 1/2 Extension is now closed to the public.

At the Oct. 6 Town Board meeting, commissioners responded to concerns of residents in the 4 1/2 Street area about increased commercial traffic rolling through their neighborhood via the temporary graveled 4 1/2 Street. After much discussion, the board voted 4 to 1 to close the street to everything but emergency traffic.

Earl Jones, a resident on Hickory and 4 1/2 Street Extension opened the discussion – coming to the board for the third time for some answers.

"Why did you spend all that money defending your right to open and use the streets, if you're not going to put a normal, two-lane, paved road in where it's supposed to be, down the middle of the right-of-way," he said.

He contends that the graveled 4 1/2 Street Extension runs smack along his property line instead of in the middle of the 66-ft. right-of-way and that gravel is actually on his property.

Since the board is not ready to spend the estimated \$26,000 to make the street a proper road and since commissioners consider the gravel road

▪ See 4 1/2 STREET page 6

Decision on Spring Street wall still on hold

Kim Lewicki

Pleas from Old Edwards Inn personnel and concerned citizens could make a difference in the end. But for now, the matter of tearing down the wall on Spring Street has been taken

under advisement by the Town Board.

At the Oct. 6 meeting, commissioners heard from representatives from OEI: Mario Gomes, general manager, Bronce Pesterfield, project engineer and George Mathis, superinten-

dent – all asking if there was a way around tearing down a piece of the rock wall erected on Spring Street.

Pesterfield said he's heard from several citizens offering to start a petition in OEI's behalf. ▪ See WALL page 6

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Pros to perform in support of music at Highlands School

Doors at the Highlands United Methodist Church will open at 7 p.m., Friday, Oct. 8 for Bel Canto Encore, a gala song recital by Laurie Domingue Lester, soprano, and Jason Lester, bass-baritone, benefiting the music program at Highlands School.

Remaining tickets may be purchased at the church an hour before the performance that begins at 7:30 p.m.

In the audience to hear "Opera and Broadway Meet" will be a number of middle school and high school students with tickets provided by the underwriters who are making the recital possible.

These generous sponsors include: Bill and Sara Mann, John and Anita Lupoli, Ray and Diane McPhail, Bob and Cathy Fisher, Horst and Margaret Winkler, Madaline and Stell Huie, Wayne and Jimmie Carse, Armand and Catherine Mouw, Yancey and Dorothy Stribling, Center for Life Enrichment, Country Club Properties and Meadows Mountain Realty.



Soprano Laurie Domingue Lester and bass-baritone Jason Lester who will star in Friday night's Bel Canto Encore at Highlands United Methodist Church.

Tickets are \$25, all the proceeds going to Highlands School to build a stronger music program in all grades.

Friday night's audience will hear two young Texans, husband and wife, who are combining their operatic careers with teaching vocal students in universities and community colleges. Their Bel Canto Encore program will include opera and musical theater classics that have pleased audiences of every age and musical taste. They will be accompanied by J. David Brock, distinguished pianist and coach who teaches voice at Texas Christian University.

In addition to celebrated arias and duets by Mozart, Verdi, Donizetti and Rossini, Laurie Domingue Lester and Jason Lester will sing audience-pleasing numbers from Broadway classics by Richard Rodgers, Jerome Kern and Leonard Bernstein, as well as a show-stopper from Gilbert and Sullivan operetta.

For a memorable evening that will help finance the music program at Highlands School, pick up tickets today at the Highlands United Methodist Church, Bascom-Louise Gallery, The Bird Barn Whiskers, and Highlands School or call 526-5252 for reservations.

The students, many of whom will be attending a classical music recital for the first time, will be joined by seasoned music lovers who have found Bel Canto a one-of-a-kind event each year. Visiting leaflookers are also expected at the performance.

● LETTERS TO THE EDITOR ●

Leading up to the election

Dear Editor,

Thank you for your efforts to encourage people to register to vote and the informative article about voting. You do good public service work in many areas. Providing information about the voting process and details as well as information about local candidates, that I am sure you will be covering in future papers, is a valuable service. I appreciate your efforts.

Suzanne Barrett
 Highlands

Litter pick-up begins for club



On Oct. 1, members of The Girls' Clubhouse picked up trash as one of their weekly community service projects. The trek - Pierson Drive around Harris Lake and back to the school. Pictured in front from left: Amy Fogel, Sally Zachary, Stephanie Puchacz, Danielle Potts, Sarah Power, Courtney Rogers, and Maricia Owens. In back are Elizabeth Gordon and Amanda Barnes. Not pictured are Paige Baty and Susan Barnes.

Water capacity study to scope out country clubs along U.S. 64 east

By Kim Lewicki

Macon County has been granted \$40,000 to conduct a water study on the plateau

Specifically, the study will encompass areas outside the town limits along the U.S. 64 east corridor including Highlands Falls Country Club, Cullasaja Country Club, Wildcat Cliffs Country Club and the hospital.

At the Oct. 4 Macon County Commissioners meeting, commissioners entered into an agreement with the Rural Economic Development Center to begin the study dubbed the "Highlands Plateau Water System Consolidation Study."

"Because there isn't a public water supply beyond the corporate boundaries of Highlands, large-scale residential and commercial projects have developed individual community water systems," states the Scope of Services report for the grant. "Growth continues in the area and it is evident that a single, more efficient and professionally managed regional system is needed."

Macon County Commissioner Allan Bryson said the study may be moot if the town decides to annex the three country clubs and hospital but County Manager Sam Greenwood said the town would benefit from data, re-

gardless.

"We want to find out how much water is generated in that watershed," said Greenwood, "including ground, surface and well water. Regardless of the outcome, the town will benefit from this capacity information."

DENR has identified unacceptable levels of copper in this area's water supply and so considers the study a matter of public health, too.

The agreement also states that the consolidation of the three systems will provide a more economically efficient and reliable water supply for the rapidly growing area.

Macon County isn't a water or wastewater service provider but has an interlocal agreement with the town's of Franklin and Highlands to contribute capital financing toward the development of a central treatment system with distribution lines extending beyond existing municipal jurisdictions.

The contributions were matched by the municipalities which are the owners of the infrastructure.

Greenwood said there has been no thought to plant location, even whether a plant is needed or if the knitting together of the current infrastructure is possible. "This is just a preliminary capacity study," he said.

The agreement expires Feb. 2005.

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● LETTERS TO THE EDITOR ●

Work vs. flagging traffic

Dear Editor,

Re: "Laughing at Life" by Fred Wooldridge - Sept. 24.

I say, ol' chap, in the private sector it's "Flag Person," not "Flag Man." Ask any 'state department of transportation employee which they would rather do, flag traffic or work - and I'll bet their answer will invariably be work!

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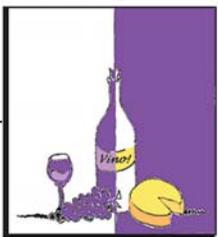


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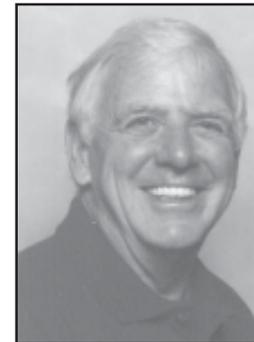
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• **LAUGHING AT LIFE** •

**Dispelling rumors and trashy gossip
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My Pa once said, "If ya hear a rumor, zip your lip unless it's true, and, even then, it's sometimes better left unsaid." I will tell you I have not always lived up to his good advice, but lately, I have been doing better.



Fred Wooldridge

Highlands is a town on fire. (Not literally, so please don't call the Fire Department.) Wherever you find runaway growth, you will find juicy, exciting rumors and gossip. Well, I think it's time to follow Pa's advice and set the record straight on some really tacky stuff I've heard this summer. Here are a few invalid rumors that need clearing up.

Owners of "Mamma Ro's" on the hill will not sell their business to the Harley Davidson Motorcycle Club of America, who wants to set up their headquarters in Highlands. The Harley Club reportedly turned them down because of all the construction mess. Besides, the club reportedly wants a place right on Main Street, away from those uppity 4th Street people. Highlands does not have a tattoo parlor or auto parts store. Maybe that would sell better?

There is absolutely no truth to whispers that the Board of Directors for the Highlands Playhouse has asked the entire management staff at OEI to audition for next year's play titled "The Evil Empire." Even if this rumor were true, who would they get to play Darth Vader? Hmmm..

It is not true our Town Fathers are going to lengthen marked parking spots on Fourth Street to accommodate stretch limos. Instead, those limos staying past the 15-minute limit will get one and a half tickets for overtime parking.

There is no truth to the rumor that, since maintenance czar Wymer Bryson retired from the Highlands Rec. Park, he wants a statute of himself stuck right in the middle of the lobby. If this rumor were true, then there is no truth that County

Commissioner Ricky (let's take it over) Bryson would sneak in during the night and put his name on the plaque instead of Wymer's. A Bryson would never sink so low. Well,..... maybe Wymer would.

It is not true that when the Edwards vs. Town of Highlands issue is finally settled, (probably in 2020) the town will rename the Street Four & 3/4 Street.

Also not true is the rumor that, because of all the rain we have had the past couple of seasons, the Highlands Chamber of Commerce is working on several new slogans to entice folks here. It is false that their favorites are, "Highlands Rains Overall." (boring) and "Splish Splash, Highlands Wants Your Cash" (better.) If this rumor were true, my favorite would be "Bring cash to Highlands and put it where the sun doesn't shine."

Miss Alice Getting of lower Clear Creek Road did not refuse to marry Mr. Butch Nunn of the Norton Community just because the announcement in this paper would read "Getting/Nunn Wedding."

And you've got to know the rumor about the "Let's Sue Forever." group of Nelson, et al vs. the Town of Highlands having reached an agreement to build a six-lane gravel highway on Bowery Road is false. Who are those "et al" people anyway? Maybe they're like "they" people. Are "et al" people and "they" people of the same ilk? After all, you know what "they" say about "et al" people: Et Al Brute`. Huh?

While everyone knows that Highland's Playhouse board members are excited about hiring a new artistic director, it is not true that his first performance will be titled, "I've Seen 'Em Come And I've Seen 'Em Go." More valid is the rumor he has elected to start with a comedy titled "Now You See Me, Now You Don't."

•See WOOLDRIDGE page 22

• SPORTS PICKS •

MLB Playoff Review

ANGELS VS. RED SOX:

The Red Sox come to Northern California packing one of the game's best offenses to go along with ace Curt Schilling. Anaheim will counter with Chia pet clone Bartolo Colon and the AL's best bullpen. Pitching Matchup: Look for the Angels to depend on starters Jarrod Washburn, Colon and Kelvim Escobar to give them 6 innings and give way to Francisco Rodriguez, Brendan Donnelly and Troy Percival. Boston will hope that Schilling goes the distance in his two starts so that they can avoid their bullpen, which is decent but worn down. Pedro Martinez has been a headcase the last few weeks, and who knows which Pedro will show up in the postseason. Third starter Bronson Arroyo has little playoff experience but has shown flashes of potential this season. Lineup: The edge goes to Boston here, but not by as much as you might think. Vlad the impaler has been nothing short of brilliant in an Angel uniform, Chone Figgins sets the table and Garret Anderson provides protection in the Anaheim order. What gives the edge to Boston is their depth. They have an above average hitter at all 9 spots in the lineup which provides no relief to a starter looking for easy outs. Intangibles: The Angels will be opening the series with Washburn, who is their third starter, due to their down to the wire finish – bad news when you consider Boston could pitch their ace twice on full rest. The Pick: Red Sox in 4.

YANKEES VS. TWINS: The Bloated Bronx payroll faces the small market Twins and uberlefty Johan Santana. Pitching Matchup: Big advantage Twins, who complement Santana with veteran Brad Radke (4th in the AL in ERA) and Carlos Silva. This in comparison to the Yankee starters Mike Mussina (horrible in the postseason) El Duque (Arm belongs in an antique store) and Jon Leiber. Kevin (FIRE BAD) Brown would start a game 4 if necessary. Juan Rincon and Joe Nathan give the Twins a quality bullpen, but it is hard to argue against Mariano Rivera (Ok, I'll say it – as a closer he's the G.O.A.T.). Lineup: This Yankees team is remarkably similar to last year's in the fact that they are a power based squad who can kill you with homeruns and



Ryan Potts

gap power. Unfortunately, Yankee hitters also strike out quite a bit, which is bad news against a strikeout machine like Santana – but good news against control artist Radke. The Twins will play classic October baseball by utilizing their speed and timely hitting to try and manufacture runs. Intangibles: Even with Santana, it would be hard to imagine the Twins beating the Yankees – but the 5 game format makes it possible. I see Santana shutting down the Yanks in game one but that's all – as the Yankee bats will pound Radke and ultimately win the series. The Pick: Yanks in 5.

CARDINALS VS. DODGERS: The best team in baseball faces the guttiest in this first round matchup. Pitching Matchup: The Cardinals have an edge here in part because they are healthier. Cardinal ace Chris Carpenter is ailing, but the remaining starters include a rehabilitated Jason Marquis and veteran Matt Morris. The Dodgers rotation is being held together with chewing gum and bailing wire, and Jose Lima, Jeff Weaver and Odalis Perez are not exactly a primetime playoff trio. St. Louis has a great situational bullpen and a very good closer in Jason Isringhausen – however, the Dodgers have Eric Gagne – who is the best in the game right now as well as a nice setup man in rookie Yhency Brazoban. Lineup: The heart of the Cardinals order is as fearsome as any the game has seen in quite some time. Edmonds, Pujols, Rolan and Walker can hit for power, average and have no holes in which to attack. The Dodgers will welcome the return of Milton Bradley and hope that he and Adrian Beltre can drive in the runs needed to support their leaky starting pitching. Intangibles: While the Dodgers lead the majors in winning one run games – I doubt that they will be in that situation more than once in this series. The Cardinal lineup is just too potent to be stifled by the weak Dodger starters. The Pick: Cards in 4.

ASTROS VS. BRAVES: Here we go again. Pitching: The Astros have a slight edge here with power righties Roger Clemens and Roy Oswalt. Their third starter will likely be Brandon Backe, who has pitched well thus far but is unprepared for October baseball. The

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Braves starters are not dominant but do have experience in the form of Russ Ortiz and a rejuvenated Jaret Wright. Neither bullpen is dominant, but this matchup features two of the NL's best closers in John Smoltz and Brad Lidge. Lidge is especially hot, shouldering much of the bullpen load for the Astros during their furious rally – but I can't help but wonder if his arm will suffer in the playoffs from all of the use. Lineup: The Braves are winning yet again despite nagging injuries to Marcus Giles and Chipper Jones. While the Braves offense is relatively pedestrian, they do manufacture runs

better than past seasons, which should help in October. The Astros lineup is smoking hot with Carlos Beltran, Jeff Kent, Jeff Bagwell and Lance Berkman crushing the ball right now. The advantage has to belong to Houston considering that they are on a roll and are playing with purpose. Intangibles: The Braves clinched in early September and have been on cruise control ever since. The Astros are 37-10 in their last 47 games and are playing at an extremely high level right now. I am going with the hot club. The Pick: Astros in 5.

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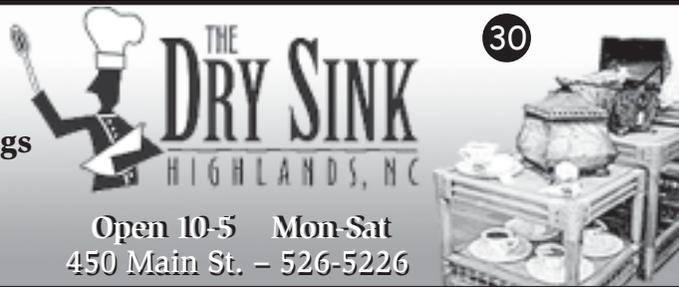
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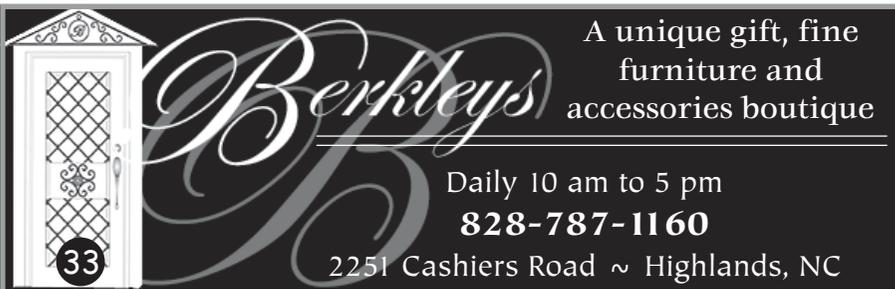


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... 4 1/2 ST from pg 1

unsafe, they voted to close it.

Dennis Wilson, owner of Wilson Gas on Poplar Street agreed that the extension is unsafe in its current condition. "But please don't close it," he said. "There needs to be a means of escape if there ever is a mishap at our place or anywhere else in the area."

Once the road was graveled, Town trucks traveled it from the Town shed on Poplar as a short cut into town as did other commercial drivers. Turning onto U.S. 64 east off Poplar has long been considered dangerous - the extension offered a safer way, they said.

Meanwhile, the graveled "emergency vehicle only" road is staying where it is - along Jones' property line rather than in the middle of the right-of-way.

Richard Betz, town administrator, said the rights-of-way are being surveyed along 4 1/2 and Poplar streets and the town expects the report sometime next week.

... WALL from page 1

Gomes reminded the commissioners that on May 5, the board agreed to concessions for Jerry Pair, who was constructing a building on the corner of Second and Spring streets. "The cost of building a sidewalk in front of his lot on Spring Street was going to cost him \$86,825 which would put the project over budget," said Gomes. "He was allowed to put the sidewalk on Second Street to save money and several trees along Spring Street. I don't think this is fair and I would like you to reconsider our taking down the wall." But he said OEI would do whatever the town demanded.

Pesterfield said the reason he turned the wall to come down and meet the sidewalk was to make it a self-sustaining wall to hold back land at a steep grade.

But now the wall runs in front of the Highlands United Methodist Church's property - blocking the church from accessing the property at that point, should they ever want to. And that has commissioners concerned.

"You built on property you didn't have permission to build on," said Commissioner Amy Patterson.

But Pesterfield said if he had stopped the wall at the property line, the land would not have been contained. "Then either the town or the church would have had to build a wall," he said.

Because OEI wasn't required to

▪ See WALL page 6

... EDWARDS from pg 1

Early last month Melvin filed a motion for relief from judgment in the Edwards et al case thought to be settled Sept. 15, 2003.

In that case, the courts ruled that the town owns the streets outlined on the original Kelsey map even though they have never been opened and used – specifically portions of Poplar, Fifth and 4 1/2 streets.

When the town announced its plans to extend sewer infrastructure into Poplar, 4 1/2 and Fifth streets area, Melvin began to wonder to what extent the town owns those streets. He contends that the court ruled in the town's favor more than a year ago, but considered sewer easement on those roads an overburden, he said. That's why he filed for a relief from judgment.

However, on Monday Melvin withdrew his motion and on Wednesday, Judge Phil Ginn heard the town's motion for sanctions. He said he wouldn't have heard Melvin's motion anyway because time constraints outlined in Rule 59 and Rule 60 had expired.

Judge Ginn awarded the town sanctions for attorney fees incurred preparing for this most recent case and ordered his and the court reporter's mileage reimbursed by Melvin and his clients. "They are all responsible," said the judge. "Either way, someone is going to pay."

To protect the town from another resurrection of Edwards et al, "and litigation that never ends," said Town Attorney Bill Coward, Coward asked the judge to rule that Edwards et al can't do this again. But Judge Ginn said that wasn't possible.

"I can't tell someone that they can't file a motion about something they consider wrong," he said. "But, you better have good law on your side to back it up," he said to Melvin.

Judge Ginn said as far as he was concerned "this case is over."

... WALL from page 6

obtain a permit for the wall, the work went unchecked.

Now Mayor Buck Trott is demanding a change of operation concerning OEI projects. "I want eight copies of your plans so each of us has one. We don't have a record of what you've built and I'm sick and tired of going through these sessions like this."

Meanwhile, the project is on hold until commissioners decide what to do about the matter.

• FINE DINING & DINING WITH A VIEW •



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Baked with herbs, garlic and sprinkled with parmesan cheese

- Quesadilla

Served with salsa, guacamole & sour cream

- Scallops Pan Roasted

Jumbo sea scallops seared, then roasted in garlic butter and parmesan cheese

- Shrimp Tempura

Large gulf shrimp fried in tempura batter, served with wasabi sauce

- French Onion Soup

Topped with cheese and baked bubbly golden brown

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Herbed goat cheese, roasted red pepper and fruit, topped with gulf shrimp

ENTREES

- Chicken Sesame

Fresh chicken breast lightly marinated in Asian herbs and oils, char-grilled and topped with toasted sesame seeds and green onions

- Chicken Marsala

Fresh chicken breast sautéed with fresh mushrooms, Marsala wine & demi glace

- Trout Oscar

Fresh locally raised trout sautéed with shrimp, and asparagus, topped with béarnaise sauce

- Trout Meuniere

Fresh locally raised trout sautéed with lemon, white wine and butter

- Scallops Pan Roasted

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Aged western beef char-grilled to order, served with a béarnaise sauce

- Pork Normandy

Escallops or pork loin, sautéed with apples, shallots and blue cheese in a applejack cream sauce

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All entrees served with salad and fresh focaccia

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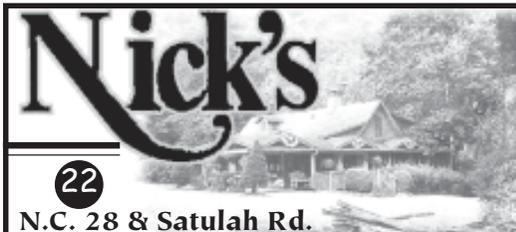
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● HIGHLANDS EATERIES ●

Sports Page

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Sports Page 43

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● LIFE UNDER CONSTRUCTION ●

Transitions

As we move from summer to fall, I think about transitions, not only in the weather but also in life. How do you make sense of life's changes? Or should I ask, what beginning arises from each transition?

For me, transitions mean, "letting go" of an old situation. I have discovered that "letting go" for most people can be extremely challenging. I personally believe most of us are not very skilled at tackling this. We tend to hang on to things and sometimes people way past the time that it enriches our life.

But that in-between stage appears scary. That time where we no longer are where we were and we are not certain where we are headed.

Every lifetime has its own unique rhythm. The challenge is to find your's alone and maximize it with all your vigor.

Transitions are key times to stop and investigate self. Maybe even a time of self-renewal if we stay open to that process. Transitions are described by William Bridges, author of the book *Transitions*, as having three stages; ending, neutral zone, and beginning.

Think back to beginnings in



Dr. Maryellen Lipinski

your life. They can be messy or untidy but always, they present opportunities. A new motif comes along. We are usually confronted with a rush of mixed feelings. A sense of confusion and yet a bit of curiosity, even possibly an attraction to something different.

That's how I have decided to approach the transition process. I

guess because I especially enjoy knowing that there is a beginning waiting for me after I have struggled through the first two steps. I won't say I have thoroughly embraced every transition I have experienced, but I will say that I've appreciated the place that I have arrived when the process was over.

Every transition paves the way for personal development. I have no clue why when I woke up today to write my column that this topic clearly took command in my head. I can only assume, that this is some sort of signal for me in my personal life. Maybe it's time to stop, look, and listen. There's a change heading my way. I can just *feel* it.

Here's one of my favorite Zen sayings. "After enlightenment, the laundry."

A portion of the proceeds for any book purchased in the month of September and October will go to help those who suffered losses from Hurricane Ivan. They will be at local Coffee shops and bookstores or you can email me @melspeaks@aol.com.

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• MOVIE PIX •

Waking Ned Devine

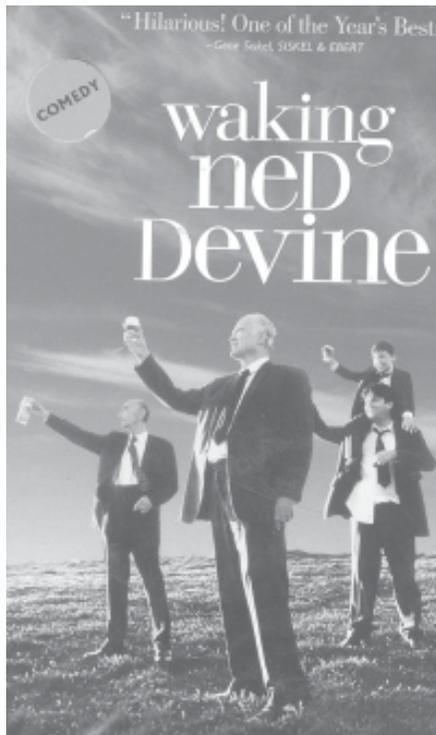
The 1998 Irish comedy starring Ian Bannen, David Kelly, and Fionnula Flanagan, written and directed by Kirk Jones.



Stuart Armor

Some (and only some) of the Storyline: Exciting things are taking place in the sleepy Irish village of Tulaigh Morh (Tullymore). It seems as if one of the town's 52 residents have won the lottery, and Jackie O'Shea (Bannon) and his best pal Michael (Kelly) have a plan to share in the wealth, IF they can find out who it is. After a whirlwind of wining and dining, they find the lucky winner is none other than their old friend, Ned Devine. The only problem with the fortunate Ned is, well, he has been thrilled to death by the good news. This does present a small difficulty for our two pals, in that death is often thought of as being rather final. But a little subterfuge, some help from some friends, a naked motorcycle ride across the countryside, and a plan is laid. Now the only question is, can it be hatched?

We have a cliff hanger, a buddy story, a charming and hilarious comedy, one that is not too sappy, but full of warmth and blarney. As the story progresses from the unlikely to the improbable to the impossible, it is hard to think too harshly of our would-be felons, two men who have



seen a certain age come and go. You get the idea that they are just as motivated by the spirit of adventure as they are in the quest for wealth, and they and their neighbors find out a few good things about themselves.

Filmed on location on the Isle Of Man, accompanied by a beautiful

Celtic soundtrack, it is well acted, well written, and a cast of veteran actors make this a story well worth seeing, and seeing again.

If you like this one, give a look to American Women, Widows Peak, Saving Grace, Emma, Calendar Girls, and Brassed Off, for more of some of the best of the British Isles

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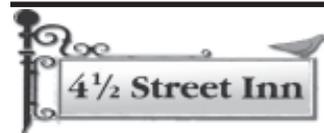
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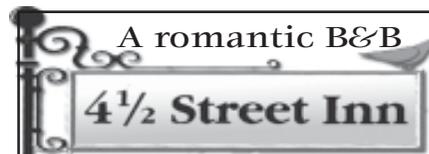
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A Community Divided: Stream-dwelling Salamanders

By Patrick Brannon

Highlands Nature Center

The Southern Appalachian mountains are home to more species of salamanders than anywhere else in the world. Most aquatic and semi-aquatic species belong to the genus *Desmognathus*, the dusky salamanders. Members of this group are recognized by enlarged hind legs, and a faint stripe from the eye to the corner of the mouth.

Three main species commonly occur in and along mountain streams in our area. The largest and most aquatic of these is the black-bellied salamander (*Desmognathus quadramaculatus*). It is a robust, dark brown species averaging 5 to 8 inches in length from the snout to the base of the tail. It is recognized by a dark belly and a short, sharply keeled tail used for swimming.

The seal salamander (*D. monticola*) is a semi-aquatic, medium-sized species averaging 4 to 6 inches in length. It is also a brownish species but is distinguished by its pale belly and only somewhat keeled tail. Individuals may frequently have dark wavy marks or pairs of orange spots along their backs.

The third species is the smallest and also the most terrestrial. The Ocoee salamander (*D. ocoee*) averages 3 to 4 inches in length and is recognized by a round tail. It is highly variable in color, usually ranging from brown to orange with nondescript patterns.

These species of salamanders subdivide the streamside habitat into distinct microhabitats based upon their body sizes. Deeper water towards the center of streams provides the most protection from terrestrial predators, and therefore is considered the optimal microhabitat. Because the larger species are generally better competitors, the



The Southern Appalachian mountains are home to more species of salamanders than anywhere else in the world.

black-bellied salamander occupies this area of the stream.

Consequently, smaller species of salamanders are driven outward towards the stream banks. Seal salamanders are displaced into the shallow waters along the stream edges. Ocoee salamanders are in turn forced onto stream banks and into the adjacent forest.

Larger species may also eat the smaller species. By occupying distinct niches along the stream, these three salamander species can avoid predation

as well as competition from their larger counterparts.

If you would like to learn more, sign up for the Adult/Teacher Workshop on Streamside Salamanders scheduled for Sunday, October 10 at 2 p.m. at the Highlands Nature Center. Cost is \$5 per person, and the ages are 16 and up. Participants will learn to identify species, and then will search for salamanders in streams on the station property. Bring shoes appropriate for wading. To register, please call the Nature Center at 526-2623.

Last Peek's Creek victim of 'Ivan' found and ID'd

Around 3:30 p.m. Sunday, Oct. 3, search and rescue crews from the Cullasaja Gorge Fire & Rescue Dept. recovered a body from the Cullasaja River in the Sugarfolk Community.

Several members of their swift water team, led by Chief Johnny Teem and assisted by Macon County Sheriff's Dept. recovered the victim from the river in an area where the water is slower moving and about six feet deep.

This area of the river is several miles downstream of the scene of last month's tragedy in the Peek's Creek

Community.

The victim, James Ernest Watts of Pensacola, Fla., was found by individuals who were kayaking the river. This brings the fatality total for Macon County to 5.

Meanwhile, Macon County is continuing to see the financial impact of Hurricane Ivan. After assessments from building inspectors, the county tax office and the environmental health department, 16 homes were completely damaged or condemned; 114 homes sustained substantial damage (greater than 50 percent value of the

home); and 211 homes were affected by flooded wells, washed-out driveways and other types of property damage.

Officials said damage estimates are still being calculated but the cost will be in the millions.

A geologist, the USFS and the Coweeta Hydrological Laboratory have made several visits to the Peek's Creek area and are conducting studies. The newly formed Peek's Creek Task Force will meet near the end of October to study combined data before drawing conclusions as to the cause of the catastrophe.

99

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Daniel D. Richardson, MD
General Surgery



Robert T. Buchanan, MD
Plastic and
Cosmetic Surgery



Paul S. Cabrian, MD
Dermatology



R. Carter Davis, MD
Gastroenterology

Level 2, Suite 202

Level 3, Suite 302

Level 3, Suite 303

Already in the new Jane Woodruff Clinic, Level 3, Suite 301

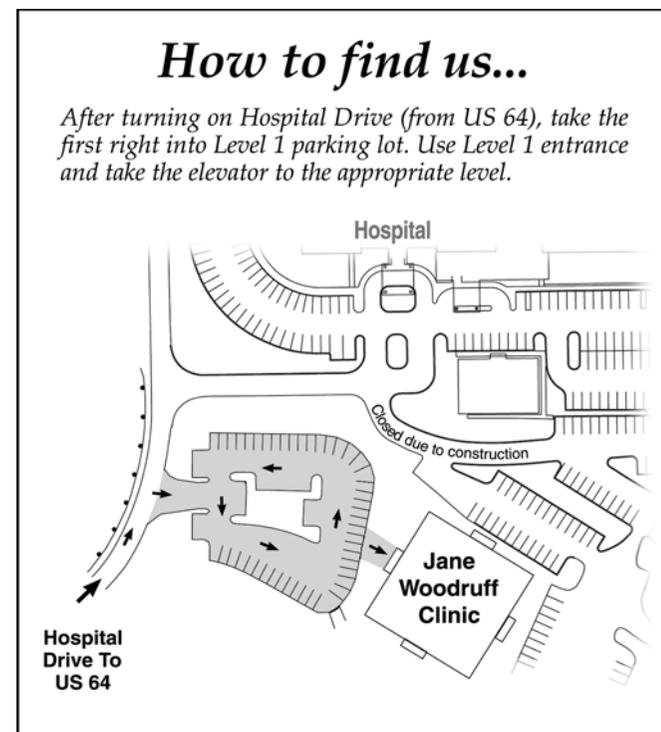


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From cancer to spider bites – the fight continues for couple

Editor's note: This article is a continuation of a series of articles written by a man whose wife is fighting cancer.

One of the first things they tell a cancer patient undergoing chemotherapy is to avoid anything that can cause an infection. Stay away from crowds. Don't get stung by a wasp. Don't catch a cold.

The explanation for this is simple. Chemo is a drug that enters the system and seeks out cancer cells, then destroys them. Unfortunately, chemo also destroys many of the good cells in the blood. When the blood cells are low, the body is vulnerable to a thousand dangers. A low count of red cells causes weakness, and the individual feels tired. White blood cells protect the body from infection; if you don't have enough of them, you can't fight off disease or other infections. Platelets help stop bleeding, almost like a cork, and the absence of them can cause internal or external bleeding that can be dangerous to the cancer patient.

Last week, we went to Piedmont Hospital for Cynthia's weekly chemo treatment. The nurse took a blood sample and tested it. Oncologist Dr. Richard Lauer came to talk to us about five minutes later.

"No treatment today," Dr. Lauer said. "Your platelets are low."

Both of us were disappointed. Cynthia has started looking forward to the chemo treatments as "God's little warriors" fighting the cancer cells.

Dr. Lauer obviously saw our letdown. "You're fine," he said. "This happens all the time." He assured us that the platelets would rebuild in a few days. "I'll see you a week from today."

That night, Cynthia noticed a small knot on the back of her left hand. It was directly over the vein where oncology nurse Kimberly Standard inserts the needle that delivers the chemo. But then we remembered that Kim had been injecting the chemo in Cynthia's right hand for the last three treatments.

The next morning – a Wednesday – the back of Cynthia's hand was about twice its normal size. The small knot had grown to cover almost all of her hand. A large circle of dark, angry red and blue skin covered almost the entire back of her hand.

We called our local doctor and went to his office immediately.

Knowing that Cynthia had been receiving chemo, the doctor was especially thorough in his examination.

"Looks like a spider bite," he said. "It won't get any worse, but it might be awhile before it gets better."

He advised Cynthia to apply an ice pack to the area as often as possible, and he prescribed a powerful antibiotic.

"If it doesn't get better soon, I want you to come back in," the doctor said.

We were back the next morning. The infected area was worse. The reddened area had spread, and the swelling had affected her fingers; she couldn't even close her hand. She was up every two hours, all night long, applying ice and taking Tylenol. She was miserable day and night.

"I still think it's a spider bite," the doctor said. We went home. Her misery continued. She admitted that it was the worst she had felt since beginning the chemotherapy.

We went back on Friday, worried because the injury was no better and the pain more intense. "All I can tell you is to keep the ice on it as much as you can," he said.

Just to be sure, the doctor called in his associate for a second opinion.

The new doctor took one look and said, "Looks like a spider bite. I'd apply some heat with a wet wash cloth."

"I guess either one would do," said the regular doc, somewhat sheepishly.

That afternoon, Cynthia tried the heated wash cloth and almost yelled in pain. She went back to the ice pack.



Morris and Anita Williams demonstrate one of the Cajun Dance steps they will be teaching at the Great American Traditions – Cajun Style, October 17 at the Martin-Lipscomb Performing Arts Center.

Great American Traditions – Cajun Style

Whether you have two left feet or haven't danced in years, you will have a wonderful time at the Great American Traditions - Cajun Style Festival. This festival is sponsored by the Performing Arts Center.

Bring your dancing shoes (or tapping feet) to the PAC Center on October 17 at 6 p.m. for a beginning Cajun dancing lesson to be followed by a taste of Cajun food provided by DonLeon's Deli Café and live music by the Basin Brothers.

Tickets are \$25 and may be purchased at DonLeon's Deli Café, Highlands Office Supply, the Hudson Library, and at Cashier's Printing and Graphics.

Traditional Cajun Music and Dance

Cajun music exhibits the best of the culture. It is a strong, passionate music which does not shy away from direct, honest expression. It is almost always played for dancing, whether in the old style house dances or in more modern clubs. The dance can be lively or smooth, high-energy or relaxed and easy, depending on the tune, the dance style, and the dancers' energy. Most of the dances are either two-steps, waltzes or blues-influenced one-steps (jitterbugs). They are fairly easy and meant to be accessible. Like many traditional dances, they are

more an interaction between the partners and the music than a display of technique. Many think it is the beat and the liveliness of the music that keeps people excited about the music. "The waltzes are beautiful. I think there is a mystique, too, about the music and dancing."

The fiddle is the oldest of Cajun instruments and it is perhaps through this instrument that the culture finds its true voice. The diatonic accordion is also very popular, having entered from neighboring Texas towards the end of the last century. The guitar is also used, mostly as a rhythm instrument, and the triangle provides the traditional percussion. Many modern groups also include drums, electric bass and electric or steel guitars. The singing, almost entirely done in the old Cajun French language, is heartfelt and often improvised. All in all, the instruments and vocals combine to create irresistible dance music that serves to wipe away one's worries.

Like much traditional music in this century, Cajun music has been largely looked down upon. It appeared that it might be on its last legs in the early 1960s when a fiddler

▪See CAJUN DANCING page 23

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Couple's taken 17 overseas hikes...and counting

By Nancy Welch
Contributor

Take a hike!
Those are three words that will bring Carolyn and Clem Patton to their feet.

The Highlands couple has taken 17 hikes in such places as England, France, Ireland and Wales. Just last summer they traveled to England twice, first to hike Exmoor National Park, then to take the Thames Path.

"We're both hikers," Carolyn said.

But Clem declined to comment.

"She does the pictures and the interviews and all that jazz," Clem calls from his easy-chair in the next room.

Carolyn is seated in a welcoming wood-paneled, sun-filled kitchen. On the table in front of her is a large map which shows many of the places the two them have hiked.

"Now, we are just day hikers," Carolyn explained. "We sleep in the beds. We take the hot showers, and when we go on these walking trips, we have someone to carry our baggage from place to place. All we carry are our day packs with our rain gear."

She said the distance of a day hike depended on the terrain.

"It can be anywhere between six to 14 miles and it averages about 10," she said.

The Patton's interest in hiking began when they started taking day hikes when they still lived in Atlanta. Carolyn saw an ad in "The Smithsonian Magazine" for a hiking trip to the Cotswolds.

"Clem said, 'that sounds like fun, why don't you see if you can find some other friends who would like to do it.' So I got Walking Magazine and I looked in the back and I found four ads and I sent off requests for information," she said.

That led to the first hiking trip led by Lord Winston Walking Tours, based in England.

"We started walking with them in 1990," Carolyn said.

There's a variety of terrain, depending on the area the group hikes, she said.

"In England," she said, "they have hundreds of miles of footpaths, some of which were in use when



Clem and Carolyn Patton of Highlands are shown on a hike in Ireland. The Highlands residents have hiked 17 venues overseas since 1991. Clem may be frequently seen walking downtown Highlands with a book in his hand.

William the Conqueror came over in 1066. These are called The Queen's Footpaths.

She explained no matter who owns the property today, the paths must always be clear for hikers. If a field is plowed, the farmer must go back and make the path walkable. If there is a fence around the property, a stile must be in place so hikers may pass through.

"Each property owner is responsible for maintaining The Queen's Footpath," she said. "This is the reason they do so much walking in England, because they have The Queen's Footpath."

The Patton's hikes have been through thatched roof English villages and along Hadrian's Wall, to name just two destinations.

At Hadrian's Wall, Lord Winston's hiking group met with a surprise. At one point, on top of the wall, stood two "Roman Centurions" who demanded a pass word or a gift for the group to pass.

"These were people who were hired to show us what it was like to pass by while the Roman soldiers were there," Carolyn said. "And every

trip there's things like that. We were coming down off the hill in the Cotswolds on a Sunday afternoon.

The sun was shining and we were walking through the herds of sheep. There was a little thatched village on a hill with the stream running through it and the bells started chiming."

Carolyn turned to the lady next to her and said, "Hey, they're welcoming us."

And they were.

The group was welcomed to the village and invited to the bell tower to try their hands as bell ringers.

On other hikes they met Winnie the Pooh and Lorna Doone, not to mention a member of the court of Henry VIII.

"He went from table to table as we ate lunch and shared with us the gossip in the court," she said, laughing.

Cornwall, the Thames, St. Ives, Penzance, then on to Ireland, and France, the list goes on and every hike a different adventure, according to Carolyn Patton.

"We have walked coast to coast (in England). We were told that was

the most difficult hike and we wanted to do it while we were still young and healthy!" she said.

She said the Lord Winston group changes from year to year. "But you do run into some of the same people and they're like old friends," she said.

The Pattons also accompanied a group led by Marie Edwards, a part time resident of Highlands, to the south island of New Zealand.

"She did that with the Highland Hikers," she said.

Edwards also led this year's hike along the Thames.

The Pattons also walk locally. Clem is best known for taking his daily walks while reading a book.

"I can hear the cars — that's not a problem," he said. "But the bicycles can be."

Carolyn said one reason they chose their Mirror Lake home is they can walk to town.

As for the hikes overseas, Carolyn said she and Clem have decided they want to continue as long as they are able and fit to do it.

"Then I suppose we'll take cruises," she said.

All the right In an

September 20, 2004

Dear Ruthie:

Just a note to let you know how thankful I am to be here at Chestnut Hill. You've probably been reading about "Ivan the terrible," and, yes, the hurricane did move through our area. But, as destructive as that horrible storm was, we are all safe and sound.

Our power went out and so did the phones, but only briefly. We're next door to the Highlands-Cashiers Hospital, so we're on the same power grid. And you know what that means...if power goes out, we get priority! Our clubhouse has a generator, too, so getting something to eat was never a problem.

Ruthie, I just can't say enough about the staff here. When Ivan came through that Friday morning, everyone on the kitchen staff came in so all of us could have a hot breakfast. Charlie, who's on the transportation staff, personally checked on every resident and took those of us who needed a ride down to the clubhouse.

By 9:30 that morning, we were all having our own "hurricane party"! I played bridge with some of the girls and the hot coffee just kept coming! It wasn't long before the whole community had power again. And now, even though it's only been a few days, the groundskeepers and landscapers are hard at work clearing away all the debris! This place is incredible and so are all the people.

Hope you and Frank are doing well, too. Take care of yourselves and come visit me, soon!

Sylvia

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- In
- A f
- Plus

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and two-

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Fall Sales

<p>Scentsations</p> <p>Sale includes selected:</p> <ul style="list-style-type: none"> - Loungewear - Candles - Lotions & Soaps <p>See our \$5 and \$15 Sale racks!</p> <p>828-526-2051 338 Main Street- Highlands</p>	<p>Village Boutique Village Shoes</p> <p>Sale includes selected:</p> <ul style="list-style-type: none"> > Shoes & Boots > Clothes > Flax wear <p>See our \$25 Sale rack! Some 75% OFF</p> <p>828-526-4473 330 Main Street- Highlands</p>
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"Highlands" Apparel: Tees, sweats, sweaters, hats;

Picnic: Backpacks, totes, wine holders;

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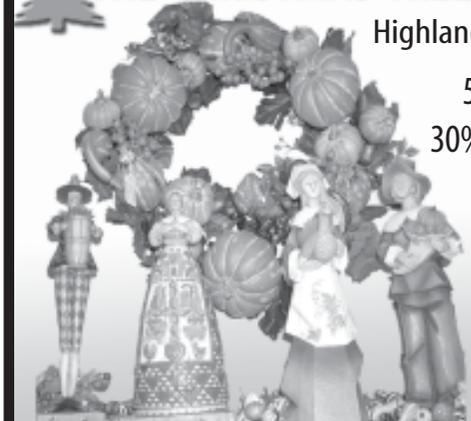
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Fall Sales

• SPIRITUALLY SPEAKING •

**The ancient-modern
gospel message**



**Rev. Bill McCutchen
Pastor of Education
Community Bible Church**

In today's culture how should we understand the term "gospel"? Properly understood the gospel of Jesus Christ is 'good news' because the power of the gospel is the agent of change in any life and in any culture. One theologian defined the gospel as, "you are more sinful and flawed than you ever dared believe, yet you can be more accepted and loved than you ever dared hope at the same time because Jesus Christ lived and died in your place." Knowing the gospel and applying it without succumbing to the temptation of moralism (law) at one end, or relativism (license) at the other end is paramount to the healing of the culture as well as the individual.

In our culture that has moved from the Enlightenment's modernity to today's post-modernity, some of the old maps used by the Church are no longer effective guides. The culture has shifted yet the Church has either resisted this shift, or changed so dramatically that it no longer resembles the Church. At both extremes the Church loses its power to effect change. What should the Church do?

There is an answer offered rooted in the words our Lord spoke to the prophet Jeremiah during a time of cultural upheaval in ancient Israel similar to the cultural upheaval in our day. God said, "Stand at the crossroads and look; ask for the ancient path, ask where the good way is, and walk in it, and you will find rest for your souls..."

Where then is rest found? What does the Church have to offer our searching culture? The ancient answer of the gospel has always been the right answer. God is calling humanity to recognize Him as its Creator and Lord. The message has never changed. The gospel is the only solution to the problems that riddle our world today. Peace escapes us until we encounter the Prince of Peace. Love eludes us until we are loved by the God of Love. Security evades until we acknowledge that

•See SPIRITUALLY page 25

• PLACES OF WORSHIP ON THE PLATEAU •

Blue Valley Baptist Church

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m., Worship – 11
Sunday night services every second and fourth
Sunday at 7 p.m.

Wednesdays: Mid-week prayer meeting – 7 p.m.

Buck Creek Baptist Church

Sundays: School – 10 a.m.; Worship – 11
First Saturday: Singing at 7:30 p.m.

Church of Jesus Christ of Latter Day Saints

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627

Sundays: Worship – 10 a.m.; school & primary
classes – 11 a.m.; Women's & Men's Org. – noon

Tues: Women's Org. – 6:30 p.m.; Library – 6-8 p.m.
Wednesdays: Boy Scouts of America mtg. – 6:30

p.m.; Young women's activities – 6:30 p.m.

Christ Anglican Church

743-3319

"A Bible-based liturgical church"

Services: Sundays at 4 p.m. at the
Community Bible Church in Highlands
Holy Communion at most services.

Christian Scientist Church

526-2830

Corner of Spring and Third Streets
Come hear the healing message of the Christ
Sunday morning at 11 a.m.

Wednesday evening at 7 p.m.

Study Room Open Tues. and Fri.: 2-4 p.m.

Clear Creek Baptist Church

Pastor Everett Wilson, (828) 743-3379
Sundays: School – 10 a.m.; Worship – 11

Prayer – 6:30 p.m.

Evening Service – 7 p.m.

Community Bible Church

(Evangelical Presbyterian Church
Steven E. Kerhoulas, Pastor, 526-4685

3645 U.S. 64 east

Sundays: School – 9:30 a.m.; Worship – 10:45;
Youth "The Rock" meeting.

Tuesdays: Women's Bible Study – 9:45

Wed: Supper – 6 p.m.; Bible Study – 6:45 p.m.

Episcopal Church of the Incarnation

Interim Priest: Stephen Hines, 526-2968

Sundays: Choir – 9 a.m.; Bible Study & Book Study
classes – 9:15 a.m.; Holy Eucharist – 10:30 a.m.;

Children's Chapel – 10:30 a.m.

Women's Cursillo Group (Library) – 4

Tuesdays: Men's Cursillo in Jones Hall – 8

Thursdays: Holy Eucharist – 10 a.m.

The Sunday Service is telecast on cable channel 14

First Baptist Church

Dr. Daniel D. Robinson, 526-4153

Sun.: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.;

School – 9:30 a.m.; Youth – 6:30 p.m.; Choir –
7:15

Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6
p.m.; Prayer – 6:15 p.m., Choir – 7:30 p.m.

First Presbyterian Church

Rev. J. Hunter Coleman, Pastor, 526-3175

Sun.: Worship – 11 a.m. ;School – 9:30 & 9:45.

Wednesdays: Children's Devotions – 9:30 a.m.;

Supper – 6 p.m.; Choir – 7 p.m.

Thursdays: Bible Study – 10 a.m.

Sat: Adventistas del Septimo Dia – 10 a.m. & 5

Highlands Assembly of God

Rev. Scott Holland, 524-6026, Sixth Street

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

Highlands 7th-Day Adventist Church

Wednesday evening prayer & Bible Study

Call Lloyd Kidder at 526-9474

Highlands United Methodist Church

Pastors Eddie & Kim Ingram, 526-3376

Sundays: School –9:30 & 9:45 a.m.; Worship –8:30
& 11 a.m.

Wednesdays: Supper – 5:30 p.m.; Bible Study &
activities – 6 p.m.

Lutheran Church of the Holy Family – ELCA

Rev. Pam Mitcham, Pastor,

2152 Dillard Road – 526-9741

Sundays: Worship/Communion – 10:30

Macedonia Baptist Church

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Rusty Wolfrey, (706) 782-8130

Sundays: School – 10 a.m.; Worship – 11

Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

Mountain Synagogue

St. Cyprian's Episcopal Church, Franklin 369-6871

Friday: Sept. 12 Sabbath Eve Services at 7

For more information, call

(706)-745-1842.

Our Lady of the Mountains Catholic Church

Rev. William M Evans, Priest

Parish office, 526-2418

Wednesdays & Fridays: Mass – 9 a.m.

Saturday Vigil Mass – 4 p.m.

Sundays: Mass – 11 a.m.

Scaly Mountain Baptist Church

Rev. Clifford Willis

Sundays: School –10 a.m.; Worship –11 a.m. & 7
Wednesdays: Prayer Mtg. – 7 p.m.

Scaly Mountain Church of God

290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School – 10 a.m.; Worship – 10:45 a.m.;

Evening Worship – 6 p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

For more information call 526-3212.

Shortoff Baptist Church

Pastor Rev. Wayne Price

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

Unitarian Universalist Fellowship

526-9769

Rev. Maureen Killoran (part-time)

Sundays: Worship – 11 a.m.

Westside Baptist Church

Interim Pastor, Terry Dixon

Services in the basement of the Peggy Crosby

Sundays: Fellowship & Worship – 11

Whiteside Presbyterian Church

Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School – 10 a.m.; Worship – 11

• ARMCHAIR TRAVELER •

The Blue Train from Capetown to Pretoria

By Phyllis Picklesimer
Contributor

As a little girl, each summer I looked forward to my mother's and my trip by train to Philadelphia to visit my grandmother. We would have a bedroom and I can still recall my excitement about sleeping on the train. My bed would magically appear at night. It was very difficult for me to sleep because I wanted to look out the window at each stop.

I have retained my love of train traveling even though I don't get too many opportunities to experience it these days. So it was with much enthusiasm that I received the news that as a part of a trip to South Africa, we would ride The Blue Train from Capetown to Pretoria.

The Blue Train is everything a five-star hotel is to its guests. That its ambiance is created in such compressed space is amazing.

The train began its life under another name, but with blue cars, in the 1920s when it ferried passengers from Capetown to the gold fields. In 1997, after a total re-furbishing, it was re-launched as it is today.

Upon arriving at the railway station in Capetown, your luggage is whisked away and you are escorted into a station waiting room that could be the lobby of any luxury hotel. While waiting, canapés, pastries, and mimosas are served by the train's butlers.

When it is time to board, we head to car 12 and our suite. With walnut paneled walls, it is a decorator's dream. There is a sofa heaped with pillows and footrests for each of us, a table, upholstered chair, two end tables, and our luggage that doesn't add to the décor complete the furnishings.

The bathroom is certainly a far cry from those tiny Southern Railway bathrooms of my summer trips to Philadelphia. It is all marble and gilt with, unbelievably, a regulation-size marble bathtub. It is

obvious that we, like Dorothy, aren't in Kansas anymore.

Our butler comes and explains the operation of our remote control which also raises and lowers the blinds, allows us to view scenes on the television from a camera mounted on the front of the train, produces symphony music, or regulates the air conditioning.

Clearly this is a world that must be further explored. There is a club car that could be a private library with its burl walnut walls and leather chairs. Next is the dining room with its china, crystal, linens, and silver. The lounge car contains the bar and it is here tea is served in the afternoon. At the end of the train is the observation car where you can watch the wine lands of the Cape and the mountains and plains of the heart of South Africa, the Great Karoo, pass by.

All food and drinks (including wine and spirits) are included in the price. South African wines are featured and are very good. Lunch and dinner are formal affairs and passengers are expected to "dress" for dinner. The food was excellent and included many South African specialties. After a nightcap with our fellow travelers, we return to our suite to find our bed made-up with the softest sheets and multiple pillows.

The gentle rocking of the train relaxes and sleep comes easily and deeply. The next afternoon we arrive in Pretoria rested and pampered to the nth degree. The Blue Train certainly lives up to its reputation.

Would we do it again? Certainly. Could we get used to this mode of travel? Definitely! Did it go a long way toward making us forget our 36-hour train ride from Ulan Bataar, Mongolia to Beijing when the bathroom door was locked for five hours, there was no air-conditioning, and our window wouldn't open? Nothing could do that, but that's another story

Phyllis Picklesimer and her husband Fred are seasonal residents of Highlands. She is associated with Starr Travel in Greensboro, N.C., and leads groups to far-flung places. Fred's family has lived in Highlands since 1853.

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RUSTIC. 3-bedroom, 3-bath cedar log ranch-style home. Open-beamed ceiling, gorgeous fireplace. Completely furnished. Owner financing available. \$450,000. MLS# 53740



NEW ON THE MARKET. Cute 3 bedroom, 2 bath home adjacent to USFS land with creek on the property. \$395,000.

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Five-bedroom, 4 full-baths, 4 half-baths, Fireplace in living room and family room, game room, large decks, gas furnace and central air. \$1.4. Additional lot next door. MLS# 52910



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• POLICE & FIRE REPORT •

The following are the Highlands Police Department log entries for the week of Sept. 29-Oct. 6. The only names are of public officials and/or people who were arrested.

Sept. 29

- At 12:35 p.m., officers responded to a call of damage to a utility line on Foreman Road when a truck struck the line.
- At 3:15 p.m., officers responded to an accident between two vehicles at Fifth and South streets. There were no injuries.
- At 6:50 p.m., a motorist at Oak and Third streets was cited for exceeding a safe speed.

Sept. 30

- At 6 p.m., a motorist was cited for speeding 56 mph in a 35 zone at N.C. 106 and Holt Road.

Oct. 1

- At 7:35 a.m., officers responded to a call of three beagle puppies running on U.S. 64 east.

Oct. 2

- At 12:05 p.m., a wallet was reported found at Town Hall; it was returned to its owner.
- At 2:05 p.m., officers responded to an accident between two motorist on U.S. 64 west and Second Street. There were no injuries.

Oct. 3

- At 1:55 p.m., parents called the police dept. to report their son missing, but he was found alive and well in Atlanta.

Oct. 4

- At 4:20 p.m., officers responded to an accident between two vehicles at N. 4th St. and Carolina Way. There were no injuries.

Oct. 5

- At 12:20 p.m., a shop owner reported forgery of a check.

Oct. 6

- At 7:10 a.m., a motorist was cited for speeding 46 mph in a 25 zone at Hickory and U.S. 64 east.

- At 6:49 a.m., a motorist was cited for speeding 43 mph in a 25 zone.

The following are the Highlands Fire & Rescue Department log entries for the week of Sept. 29-Oct. 5.

Sept. 29

- The dept. was first-responders to assist EMS with a medical call at a residence on Dillard Road. The victim was transported to the hospital.

Oct 1

- The dept. was first-responders to assist EMS with a medical call at Nick's Restaurant. The victim was transported to the hospital.

Oct. 3

- The dept. was first-responders to assist EMS with a medical call at a residence on Falcon Ridge Road. The victim was transported to the hospital.

- The dept. responded to the call of a possible structure fire at the OEI village on N.C. 28 but it was a controlled burn.

Oct. 5

- The dept. responded to a call of "the smell of propane gas" on Main Street. The call was referred to the utility company.

Aid for Peek's Creek

RBC Centura Bank donated \$15,000 to the Cullasaja Gorge Fire & Rescue Dept. to aid the families of Peek's Creek who were devastated by Hurricane Ivan.

Also Marlene Alvarez and Marta Figel have set up the "Highlands Peek's Creek Relief Fund" at RBC Centura. Anyone can donate to that. Proceeds go to Peek's Creek victims

PHARMACY

OPEN Monday - Saturday 9-6

Cafe 460 7:30am - 4pm

Come in for all your prescription needs

- See our new seasonal items
- Wide selection of greeting cards
- Friendly customer service
- FREE Transfers

Main Street Highlands, NC ~ 526-8845

• SHOPS AT VILLAGE SQUARE •

All Seasons Salon

Open Mon - Sat

Signature Hair
Designs for
Men &
Women

93

Barbara
Green

526-0349

Off the Alley Behind Wolfgang's

- Razor Cuts
- Color
- Perms

All Seasons Salon

Nestled in the Shops at the Village Square, All Seasons Salon is more than just a hair salon.

Owner and stylist Barbara Green has created a shop reminiscent of European Salons, complete with eclectic artwork and furniture, beautiful music and an atmosphere conducive to chatter and laughter.

Barbara has been a hair stylist since the sixties and, she says "I have seen it all!"

The Illinois native came to Highlands in 1986 and she and her fellow stylist, Annette Moss, specialize in every aspect of hair styling from razor cuts and color to permanent waves and those special creations for a night out "on the town."

All Seasons is open Monday-Saturday. Appointments and walk-ins are welcome. Call for your special treatment at 526-0349. You won't just get a hair style, you'll get an experience.

Barbara and Annette constantly train to stay abreast of current styles and techniques.

61 Needlepoint of Highlands

Barbara B. Cusachs

828-526-3901

1-800-526-3902

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Photography ~ Jewelry ~

Weavings & More ~

by Local Artisans

Custom Framing

SEPTEMBER:

Landscape Paintings

by Susan Jaeger-Cornell

Open 12 to 5 Mon. thru Sat.

787-2021

81

Village Square at 5th & Oak

● UPCOMING EVENTS ●

On-Going

- Al-Anon Group meets at noon on Thursdays in the Community Room of the First Presbyterian Church.

- At ...on the Verandah on Lake Sequoyah, piano bar entertainment from 7:30 p.m. Thurs.-Mon. and Paul Scott on Wed. During Sunday Brunch, Chad Reed plays the piano from noon to 2 p.m.

- The Mountain View group of Alcoholics Anonymous meets in the remodeled basement room of the Presbyterian Church sanctuary, in Highlands Mondays at 8 p.m.; Tuesdays at 5:30 p.m. (women only); Wednesdays and Fridays at noon.

- At Highlands Wine & Cheese – Wine Flights Thurs. Fri, and Sat: 4:30 until 6:30. Complimentary tastings Sat & Sun., 1:30-4:30. Sat., Guest Jim Caye with wines from the Rhone Valley. Wines by the glass and cheese plates Wed-Sun: 1:30- 4:30.

- At Wolfgang's on Main – Get Uncorked **THURS-SUN.** 4-6:30 p.m.: Wine and Appetizer Pairings, Flights of Wine, Wine by the glass or bottle/Appetizers; **SUNDAYS:** Dinner and Jazz 6:30-9:30 p.m. Call 526-3807 for reservations. **MONDAYS:** Fine Art, Fine Wine and Fine Dining, 6 pm – Passed Appetizers. 6:30 pm – Dinner. Call 526-3807 for reservations .

- Saturdays Zorki playing acoustical guitar at Paoletti's Late Night at 9:30 p.m. Sundays at 8 p.m.

Through Nov. 11

- Watercolor Classes at Bascom Louise Gallery, "Beyond Splish and Splash." All levels. Participants work with instructor Kathie Blozan on various surfaces in several types of watermedia, resulting in an uplifting and creative experience. No need to attend every class. 10-3 p.m. Call Bascom Louise Gallery for supply list and to register at 526-4949.

Through Oct. 10

- The Instant Theatre Company presents "Cotton Patch Gospel" – the dramatic uprooting of Matthew's Gospel from Israel to Georgia shocks and amuses. Performances are Saturdays at 8 p.m. and Sundays at 3 p.m. at PAC. Call (828) 342-9197 for reservations. Tickets are \$20 in advance, \$25 at the door, and \$5 for children 18 and under.

Oct. 7

- Pizza Supper Thursday after the volleyball game which starts at 5 p.m. Learn about the Booster Club and how you can help Highlands School.

Oct. 8

- A Bel Canto Encore at 7:30 p.m. in the Highlands United Methodist Church featuring soprano Laurie Domingue Lester and bass-baritone, Jason Lester. Proceeds will benefit Highlands School.

Oct. 8 & 9

- "Don't Count Your Chickens" Folk Art and other fanciful items for home, garden, body & soul Fri., 10-9 and Sat. 10-6 at the Highlands Conference Center.

Oct. 9

- Lilly Pulitzer Jewelry Trunk Sale featuring Resort and Holiday Collections

from 10-6 at Acorns on nMain Street.

- Highlands Own Craft Show at the Highlands Civic Center, 9 a.m.-4 p.m. Crafts of all kinds.

Oct. 12

- Girl Scouts are making forever memories. It's for grades K-12. Meet at Highlands Pre-School at HUMC, 5-7:30 p.m. Fall craft projects set. call 524-5309.

Oct. 16

- Fall Festival at HUMC. 7:30-2. Biscuit Breakfast from 8:30-10. Hot dog lunch to follow. Lunch proceeds to go to the Irene Sanchez family. A portion of other proceeds from the sale of food items, crafts, clothes and fall decorations will go toward the youth's mission trip to Bolivia this spring.

- Learn how to make (and enjoy eating) Jambalaya, Crawfish Pie, and Filet Gumbo at the Morris and Anita Williams home at 10 a.m., on Saturday. The class will be taught by Anita, locally known for her creative cooking, and promises to be great fun! Tickets are \$25; limited to 20 participants, so make your reservations early by calling Anita at (828) 526-9713

- The concert of the Highlands Men's Chorus set for Sat., 8 p.m. at PAC. The 17-member chorus directed by Orville Wike will sing a variety of musical selections including folk songs, hymns, and Broadway ballads. Tickets, \$5 each, may be purchased at the door during the hour before the performance. Children 12 and under attend free.

Oct. 16 & 17

- Art League of Highlands "Fall Colors Fine Art Show." Gymnasium at Rec Park from 10-4. Fun for adults & children, too.

- Dwight Andrews, a distinguished associate professor of music theory and jazz history at Emory University will explore the relationship between jazz and classical music during a CLE course Oct. 16, 10 a.m. to 1 p.m. at PAC. The course offers a unique opportunity for those planning to attend the concert planned Oct. 16 and 17 for Highlands and Cashiers which will focus on jazz and its roots in classical music. Dr. Andrews' lecture is open to all; to register call Sandra Carlton at Officeworks, 369-6263. The fees are \$20 for CLE members and \$30 for non-members.

Oct. 17

- Great American Traditions, Cajun Style, 6 p.m. at PAC. Dance instruction from 6-7 p.m., band, dancing and a surprise performance. Taste of Cajun Cooking by Don Leon's Deli Cafe. Tickets are \$25 available at the Hudson Library, Highlands Office Supply and Cashiers Printing.

- Mirror Lake Improvement Assn. will hold its regular meeting at 7:30 p.m. at the Civic Center.

Oct. 23

- Come explore the unique trees and plants along the Greenway Trail through town. Starts at 10 a.m. at the Highlands Civic Center. Refreshments and music after at the Nature Center.

- Mirror Lake Improvement Assn. will have a litter pick-up Saturday at 9 a.m. Meet

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7-10 p.m.
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Tickets \$25

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Sponsored by Martin-Lipscomb Performing Arts Center

at Thorn Park.

Oct. 28-31

- "Steel Magnolias" performed by Highlands Community Players at PAC. Call 526-8084 for showtimes.

Oct 30

- Annual Highlands School Festival at the Highlands Civic Center and 5K Fun Run from First Citizen's Bank.

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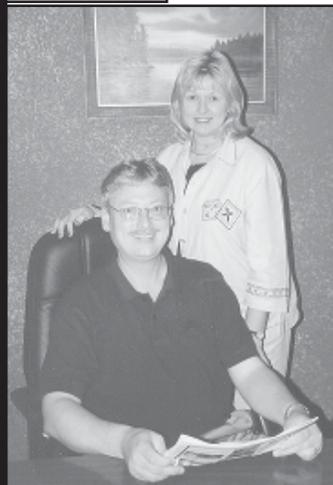
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... CANCER continued from page 12

By this Tuesday, the swelling had subsided some, but there was still a large red spot, bigger than a silver dollar, on the back of her hand.

We went to Piedmont, eager to get some more "little warriors" into Cynthia's body. The nurse took the usual blood sample.

Five minutes later, Dr. Lauer appeared.

He took a close look at the back of Cynthia's hand. "It looks like you've been bitten by a spider," he said.

Then he said the words that crushed us once again: "No treatment today. Your platelets are low. Pointing to Cynthia's hand, he added, "That's probably the reason for the low count."

Cynthia doesn't remember seeing a spider, but in this area, they are everywhere. I won't argue with three medical experts. I guess it was an "itsy bitsy spider" that caused all the problems.

...WOOLDRIDGE continued from 4

OEI officials are not trying to buy the Presbyterian Church in order to open a dance hall and call it the Saint Vitus Dance Emporium. Do Presbyterians dance?

And this piece of trashy rhetoric has been floating around all summer. Someone had the gall to suggest that the people who really litter our roads by throwing beer cans and fast food wrappers on our highways between Franklin, Clayton and Highlands are the locals who live and work here. Absurd; we all know it's those pesty County Club folks.

Finally, active members of the "Mad at Fred" club did not, I repeat, did not meet to devise a method for running me out of town. Actually the method had already been decided. They just met to pick a date.

Pizza Supper at HS

The Athletic Booster Club of Highlands School invites anyone interested in learning more about the Booster Club to a pizza supper on Thursday, Oct. 7 immediately following the varsity volleyball game at the school. Games begin at 5 p.m.

The Booster Club reorganized in 2003 with the goal of becoming more involved and supportive, both financially and physically with Highlands School athletic programs.

The primary fundraisers for the Booster Club are sponsorship banners purchased by local businesses and displayed in the school gym, and concession sales at various athletic events.

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Mountain Architecture **17**



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named Dewey Balfa got inspired to try to turn things around and save the music from extinction. Along with his brothers, he brought the music to international attention and in doing so inspired the Cajuns to see what they had almost lost. After playing festivals away from home for ten years, he helped create the first "Festivals Acadiens" in Lafayette, Louisiana in 1974. This festival, which displayed Cajun music with a pride never before seen so clearly in the area, helped inspire a complete cultural revival. The music which had become a source of embarrassment quickly regained its position as a source of pride to Cajuns both young and old.

There are basically two types of Cajun tunes, the very upbeat two-step and the waltz. In its simplest form the two-step is a fairly basic couple dance with a characteristic "limping" step, but in recent years the moves performed by Cajun dancers have become increasingly complex, not unlike a 1950s jive. The waltz is often played to give the dancers time to recover between the more energetic two-steps.

Cajun Two Step - The two-step is a traditional partner dance performed to fast, spirited music with a 4/4 beat. Couples move in a counter-clockwise direction around the floor-the man going forward, the woman backward. There were no turnouts, spins or other fancy moves in the traditional Cajun two-step. However, in recent years turns have been added in the corners

Cajun Jitterbug, also called Cajun One Step is the simplest one of all dances. It has only one step! It is danced to the same music as the Cajun two-step and performed in the center of the dance floor. Despite the single kind of step, variations of the handhold combined with turns give the dance infinitely many variations.

When dancing to Cajun music you really feel the music. Some couples say the steps are similar to country and western but found the different nuances of Cajun moves easy to master. You do use a lot of the same steps.

Dance events in Cajun country are community occasions, either regular gatherings in the local dance hall, or parties celebrating special occasions. They always include all ages from newborns to seniors, lots

of socializing and good feeling, and the chance to mix with all your neighbors and friends.

In Cajun music, the way you applaud the band is to dance. "Even though a lot of people don't know how to dance to it, they just go out and jump around and have fun—there are no wrong moves, just new steps". It is all about having fun!

Novice dancers are always welcome and the "old timers" are happy to provide a little coaching for the beginner. Just ask one of the

dancers on the floor for some help and be prepared to "pass a good time". Several dancers from the Atlanta Cajun Dance Association will be available to help you get started.

If you want to get a head start on the Cajun dancing you may sign up for pre-festival lessons taught by Carolina Cajun Dance, Inc. These lessons will be taught at the Highlands Recreation Center. If interested call Morris or Anita Williams (828) 526-9713.

OPEN HOUSE

Sat. Oct. 9 & Sat. Oct. 16
10 to 5

FOR SALE BY BUILDER Cashiers - Toll House Village

Don't miss the opportunity to see this unique home on 1.6 acres with view of Whiteside and a spectacular cliff in your back yard! New construction features 3 BR 2.5 BA with vaulted great room, stacked stone fireplace, spacious deck, screened & covered porches and master on main. \$589,000. 828-526-9561.

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Stop by the Highlands Cabinet Company showroom in the new "Craig Building" on S. Fourth Street to see some of the lines and finishes they carry.



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COOK – Highlands-Cashiers Hospital. Part time or full time. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

HOUSEKEEPERS – at Highlands-Cashiers Hospital and Fidelia Eckerd Living Center. Full time, 7am-3:30 pm, high-school graduate or GED. Excellent benefit package. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

LPN OR RN – Highlands-Cashiers Hospital. Patient/Employee Health Nurse. Part-time, 20 hours/week. Minimum 3 years clinical experience, BLS/ACLS preferred. Learn MDS data entry. Call Mary Osmar, 828-526-1301.

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MOVING SALE – Graphic Equalizer - TEAC, new.; Coleman 2-burner propane camp stove; Dynaflo kerosene heater, 22,300 BTU; Slade projector with screen; Kelty backpack camp gear; garage door opener, 1/2 HP, new. Phone 526-8053.

FURNISHED APT. FOR RENT – One bedroom, one bath, two miles to Center of town. Utilities included and cable. \$650/month annual. Call 526-1566.

1990 PICK-UP TRUCK FOR SALE – White, Sonoma. \$850. Call 828-736-2020.

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VACATION RENTAL — Highlands; New, Beautiful 3-3 with great room, stone fireplace, wood floors, great kitchen, ponds & private wooded lot. Golf/Tennis for a fee. Monthly/yearly. 828-526-9430.

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Old time favorites at Highlands Playhouse

The Highlands-Cashiers area is in for a real treat, and a trip back down memory lane when the Johnny Mercer orchestra comes to the Highlands Playhouse on Friday and Saturday, Oct. 15 & 16.

Tickets are \$20 available at the box office on Oak Street from noon to 3 p.m. or by phone at 526-2695. Performances begin at 8 p.m.

HUMC Fall Festival

Fall Festival at HUMC. 7:30-2. Biscuit Breakfast from 8:30-10. Hot dog lunch to follow. Lunch proceeds to go to the Irene Sanchez family. A portion of other proceeds from the sale of food items, crafts, clothes and fall decorations will go toward the youth's mission trip to Bolivia this spring.

'Heart of High Country'

"Heart of the High Country" DVDs are available at both Movie Stop and the Hudson Library – free rental at both.

Highlands School office needs supplies

The Highlands School Main Office needs Tylenol, Neosporin, and Band-Aids to stock for student use. If you would like to donate any of these items, please deliver them to School Secretary Judy Smart at the Highlands School (526-2147).

Five physicians to move into new Jane Woodruff Clinic

Five of the area's full-time physicians will be moving into brand new quarters later this week, as they take up professional residence in the recently completed Jane Woodruff Clinic on the campus of Highlands-Cashiers Hospital.

Family physicians Dr. Patti B. Wheeler and Dr. P. Richard Olson moved their offices into Suite 301 in the new 52,000 square foot facility two weeks ago. Now general surgeon Drs. Daniel D. Richardson, gynecologist C. Willis Sherrer, gastroenterologist R. Carter Davis, Jr, dermatologist Paul S. Cabiran, and plastic surgeon Robert T. Buchanan, will join them.

Drs. Richardson and Sherrer will share office space in Suite 104 on the first level of the building. Dr. Buchanan, whose Center for Plastic Surgery offices are now located at Fifth and South Streets in Highlands, will move into Suite 202 on the second level.

On the third level, along with Drs. Wheeler and Olson, will be Drs. Davis and Cabiran. Dr. Cabiran's office will be located in Suite 302, while Dr. Davis will be immediately across the lobby in Suite 303. All of the new offices will be open as of Monday morning, Oct. 11.

While each of the building's three main floors will eventually have its own ground-level entrance and corresponding parking area, much of that area around the outside is still under construction.

So for now, officials are asking the public to temporarily use the completed Level 1 parking area (immediately adjacent to Hospital Drive, off

US 64) and take the elevator, if necessary, to the appropriate floor.

Those other parking areas are expected to be open by Oct. 24, when a special dedication and ribbon cutting is scheduled. The public is invited to attend those festivities, which begin at 2 p.m., and tour the building.

Even with the addition of five physician offices, the new facility has plenty of space for expansion. It is roughly 12 times the size of the Oxford Building, which it replaced.

The additional space will allow the hospital to

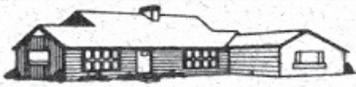
consider some new medical services that have been on hold because of the lack of adequate facilities.

One idea now being planned involves the creation of a new outpatient diagnostic center that would allow patients who require various radiology procedures or lab tests easy access to those services without having to actually go in side the main hospital.

Officials hope that center will eventually contain an MRI unit, which if approved by the state, could be in place within a year.

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... SPIRITUALLY from page 18

salvation belongs to God alone. Sin's bondage cannot be loosed except by the power of the gospel of freedom.

I am convinced that the gospel bears much fruit both in the life of the non-believer (conversion) and the believer (sanctification). Paul wrote, "All over the world this gospel is bearing fruit and growing, just as it has been doing among you since the day you heard it and understood God's grace in all its truth." (Colossians 1:6) Tim Keller, pastor of Redeemer Presbyterian Church in Manhattan, said, "This language shows that we do not simply learn the gospel when we are converted - and then move on from there. Paul says that it only does its renewing work in us as we understand it in all its truth. We can live around the truth of the gospel and not "get" it. We do not really understand the vast implications and applications of it. Only as the gospel is applied more and more deeply and radically and only as we think out all its truth does it bear fruit and grow. So the key to continual and deeper spiritual renewal and revival is the continual re-discovery of the gospel."

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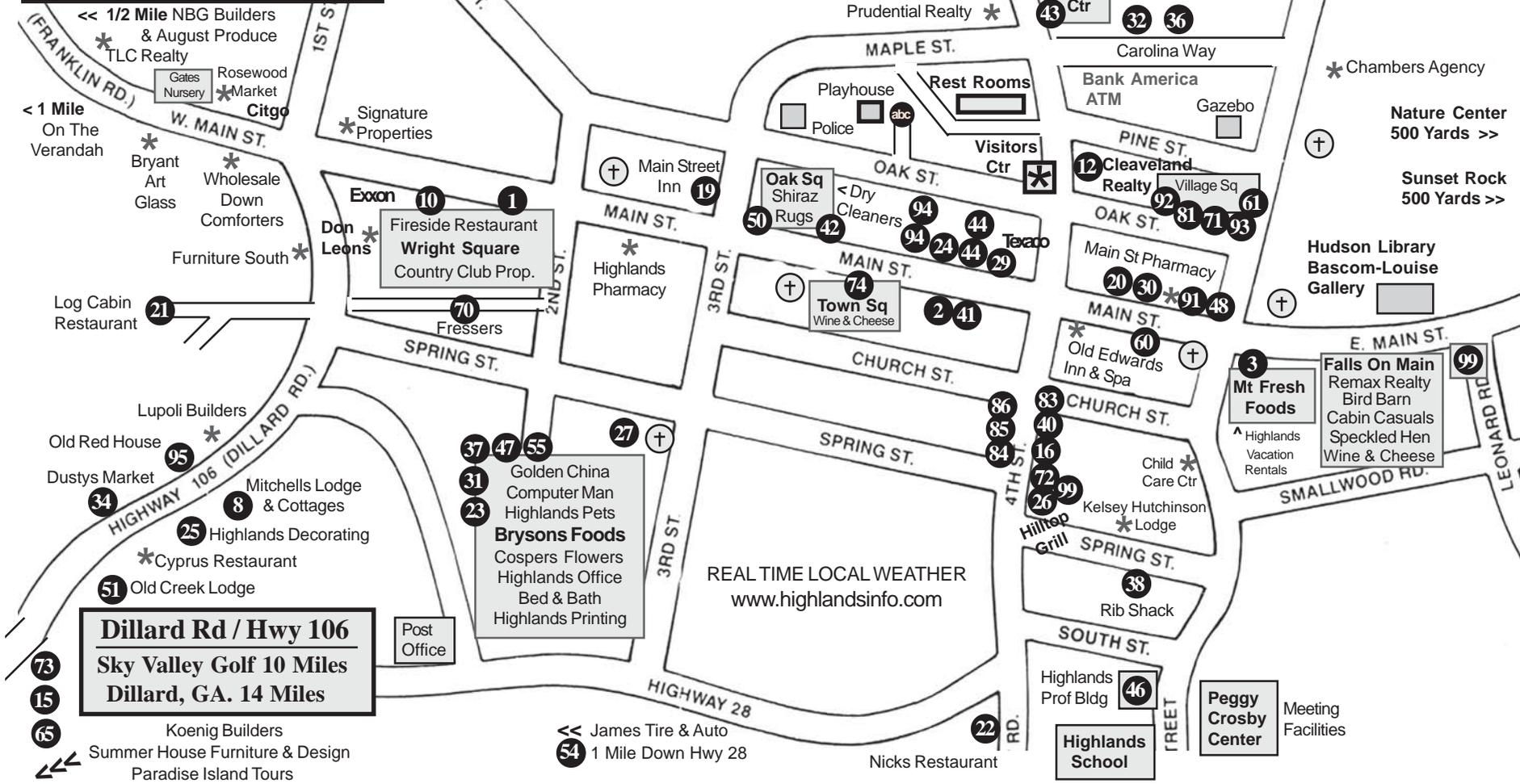
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Great in-town location with a one-level ranch style features a great mountain view. Great floorplan, one-car garage, 3 bedrooms, plus living room and family room. Needs some TLC and cosmetic touches to make a wonderful home. Offered at \$459,000.



SPECTACULAR VIEWS

Remodeled two bedroom, two bath "A Frame" cottage plus lot and finished basement. Wood floors, tongue and groove pine cathedral ceilings, skylights in loft family room. Gabled windows and large wrap around deck on two sides to enjoy the views to the Blue Ridge Parkway and beyond. Only 2 miles to public boat ramp on Lake Glenville and over one acre of land makes this home a bargain in today's market. Owner agent, offered at \$305,000.



BOWERY ROAD

This log home features 3 bedrooms, 2 1/2 baths, stone fireplace, custom kitchen with Corian countertops, 2 car carport. Glassed-in porch off living room. Beautifully landscaped. Offered at \$850,000.



MIRROR LAKE

3 bedroom, 2 bath in the Mirror lake area. Wood floors, gas fireplace, deck, full basement. Recently renovated. Offered for \$375,000.



IMMACULATE & CHARMING

This 3-bedroom, 2-bath, (first floor master) has a fireplace, cedar siding, wraparound porch, large kitchen, maple floors and cabinetry. Nicely situated on a level site in a private community close to town. Gardening shed and guest cottage with carport are only some of the extras. Offered at \$525,000.



FLAT MOUNTAIN

3 bedrooms, 3 baths with a great mountain flavor. Large stone fireplace with a kitchen that opens to the living room, which is a spacious area with great flow to large covered porches and decks for entertaining. An additional den for guests and children, and a full slab basement for storage & rainy days. Lovely grounds with paths, goldfish pond and nice cascading water feature. Offered at \$549,500.



4-ACRE MINI FARM WITH A VIEW OF SHORTOFF MOUNTAIN

This 3-story antique heart pine log house with Victorian trim and weathervane has many custom features. 2 bedrooms, 3 baths, living room, kitchen and other multipurpose rooms. Elevator from ground to second floor, generator, sound system, copper gutters and downspouts, antique pot bellied wood stove and stone fireplace, these are just a few of the features this home has to offer. Offered at \$1,795,000.



NEWLY REMODELED

3-bedroom 2-bath home in great location close to town. Completely furnished on large corner lot. Offered at \$299,000.



LOTS OF CHARM

This cute country home is a must see if you like wormy chestnut, claw foot tubs, all wooden doors and lots of charm. There was a new addition done in 1987 to make this a 4-bedroom, 2-bath home on a beautiful one acre lot near Mirror Lake. Offered at \$395,000.