**Vocal music program could be jewel in school crown**

By Kim Lewicki

Thanks to underwriters of the recent Bel Canto Encore which took in $6,000 Friday night, it’s likely a vocal music program at Highlands School is a sure bet.

Principal Monica Bomengen sees expansion of the fine arts program as one way to attract and retain resident families to Highlands and Highlands School. “My primary goal for the future of Highlands School is that we establish ourselves as the school of choice in Western North Carolina and northeast Georgia,” said Bomengen. “There is no reason for any family in Highlands to look elsewhere for top quality college preparatory education. We are already recognized as a North Carolina School of Distinction, and our Scholastic Aptitude Test scores are tops in the region and the fourth highest in the state.”

She said maximizing the fine arts and other extracurricular activities is one way to attract discretionary admissions applicants and their families.

“We are making plans to add Ad-

*See VOCAL page 3*

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**Work could start on Bowery Road**

Kim Lewicki

After years of rhetoric and bantering in every court in the state, the Bowery Road case could be a thing of the past – that is pending one last possible appeal.

On Oct. 6, the N.C. Supreme Court delivered what Town officials hoped was the final word on the matter. “Their decision was one word long,” said Town Attorney Bill Coward. “Denied.”

Hendricks et al was seeking an appeal of the town’s right to condemn property along Bowery Road for the purpose of widening and paving the road – particularly the first seven-tenths of it.

Now Hendricks et al has 90 days to appeal the N.C. Supreme Court’s decision.

*See BOWERY page 10*

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**Sept. rain events hit 500-yr. mark**

By Kim Lewicki

At the annual Upper Cullasaja Watershed Assoc. meeting last week members discussed ways to keep water on the plateau naturally pure and safe — but what they didn’t dwell on this year was the quantity of water on the plateau.

With two hurricanes back to back, September saw 32.7 inches of rain. The...


**Letters to the Editor**

**Sarcasm and disrespect unacceptable**

Dear Editor:

After attending the October 7th, 2004 Board of Commissioners meeting, I witnessed the sarcasm and disrespect towards citizens who had come before the board for various issues.

This behavior is unacceptable under any circumstance from our public and elected officials. These meetings need to be held in a professional manner, without creating a chilling atmosphere. I feel these antics are being used to embarrass and intimidate citizens who have important issues to bring before the board. I believe this is an abuse of power and should be stopped immediately.

At the conclusion of the meeting, the mayor screamed “I am demanding a change of operation concerning OEI projects. I want eight copies of your plans so each of us have one. We don’t have a record of what you’ve built and I am sick and tired of going through these sessions like this.” I found this hard to believe, so after going to town hall, I found this statement was totally false. There have been plans provided for each commissioner and a record of each and every project OEI has been involved in! Even if the mayor did believe his statement, he is expected to conduct himself in a manner consistent with being civilized, dignified and honorable. I must add, most of the commissioners were very professional.

In closing, I would like to see the commissioners address the sidewalks at Highlands school. They do not meet the required standards and are extremely dangerous. This would be a productive use of their time and correcting the problem would be money well spent. I lived on Spring Street for several years, as well as having a business there. From my own experience, Spring Street has never been known for foot traffic. However, Highlands School is a high priority and should be addressed as soon as possible.

Patricia Thornton
Highlands

**Let her memory rest in peace**

Dear Editor,

We wish to extend our heartfelt gratitude to our friends and relatives for all their support and prayers following the loss of our beloved Susie Calloway. Our deepest appreciation to you for the visits to our home and all the gracious notes.

Your generous donations in Susie’s name to the Buck Creek Baptist Church Piano Fund have allowed the church to buy a piano.

Yet our grief has been compounded by the speculations and unkind rumors that have surrounded her tragic death. According to her recent autopsy report, Susie died as a result of a blocked esophageal varices, a condition that her doctors were unable to detect during her routine checkups. We hope that this revelation will put a stop to these cruel rumors, allow us to preserve our cherished memories of Susie and give our family a chance to heal.

The family of Susie Calloway
Highlands

**The great Roe vs. Wade Lie of 1973**

Dear Editor,

As a young woman in the early ’70s in pursuit of my Master’s degree, I worked in Pediatrics in the hospital at UNC. My work brought me in contact with children with very serious illnesses: cancer, renal disease, congenital problems. I thought that some of these would have been better off never having been born. I was Pro-Choice.

Then someone challenged me with the question: Does it ultimately matter what YOU think? What does God think? I did believe in God (even though at
... VOCAL continued from page 1

Students gathered with Richard Joel “Mr. Bel Canto,” and Laurie and Jason Lester after the performance. From left in front, Stephanie Smart, Cody St. Germain, Matthew Rodriguez. In back from left, Amanda Fuller, LaDonna Rodriguez, and Sally Zachary.

vaned Placement courses to our curriculum next fall,” she said. “We have championship quality volleyball and soccer teams this year and award-winning student publications. A vocal music program would be a beautiful jewel in our extracurricular crown.”

At Friday night’s Bel Canto Encore at the Highlands United Methodist Church students and community members enjoyed an evening of “beautiful music” compliments of underwriters of Bel Canto. Ticket proceeds and donations went directly to Highlands School for the vocal music program.

The Lester husband-wife team — soprano Laurie Domingue and bass-baritone Jason — charmed the audience with celebrated arias, duets and Broadway classics. Students in the audience particularly liked the selection entitled, “Meow.”

Both music teachers – Donna Sizemore and Joe Powell – will hopefully add vocal music to their educational programs as the curriculum evolves. Bomengen said Highlands School won’t be able to hire a new teacher just for choral music unless it increases its overall enrollment.

• See VOCAL page 9

• OBITUARY •

Annie Belle Lamb Wilson

Annie Belle Lamb Wilson, age 84, died Wednesday, October 6 in Highlands-Cashiers Hospital after a long illness. She was born in Dillard, Georgia on February 12, 1920. She was the daughter of the late William Riley Lamb and Beulah Curtis Lamb. She was a homemaker and a Baptist by faith. She was married to William Sampson Wilson, who passed away in their home in 1976. She is survived by their seven children; Willine Robinson, and her husband Levis, Wilma Fendley and her husband Dan, Rose Burkett and her husband Joe, Edward Wilson and his wife Sue, Gary Wilson and his wife Loretta; Marcia Chastain and her husband Den and Leigh Anne Kennemore and her husband Mike. She is also survived by a sister, Estelle Chastain of Otto, NC.

Annie Belle, lovingly known as Beebo, was grandmother to 20 grandchildren and 13 great-grandchildren. She was preceded in death by a grandchild, Mitchell.

Funeral services were held Saturday, October 9 at 4 p.m. in the Chapel of Bryant Funeral Home in Highlands, with Rev. Everett Wilson and Rev. Kenny Kilby officiating. Burial was in Scaly Mountain Methodist Cemetery. Grandsons served as pallbearers.

Bryant Funeral Home was in charge of arrangements.

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They and them

I just can’t believe fall is here already. I ’swan,’ where has the summer gone? This year Highlanders will have to travel to Newfoundland to see our leaf change ‘cause that’s where hurricanes Frances and Ivan blew them. Going there will just be grand because they have giant dogs with heads bigger than alligators. Where else can you go to see fallen leaves and big headed dogs all at once?

On to other less important trivia that no one cares about. I wish to report that Thelma and Dan Lump, of Climax, Georgia thought they were still without electricity until someone suggested they try a light switch in their mountain home. Apparently power was restored back in September but nobody told them. They should have known when the refrigerator light came on when they opened it.

Is that ‘duh’ or what?

After Ivan, the little missus and I got so accustomed to playing gin rummy by candlelight, we have kept up the practice by pulling the main circuit breaker and lighting the candles. Someone suggested we just turn all the lights off. Hmmmm. Anyway, my game has improved greatly because I am able to make secret moves without her seeing them. Please don’t tell.

With Halloween rapidly approaching the town is abuzz with ideas on what to wear on Halloween night. I heard that Alice Nelson will cover herself with gravel and go as Bowery Road. This is very cool as long as she doesn’t lie down. Old Buck just might run over her, by accident, of course.

I also heard that Mr. Williams, of OEI fame, will dress as a deer while his management staff will wear skimpy little fawn outfits. (Mario in a skimpy fawn outfit?) While skimpy may be good, wearing a deer outfit this time of the year may not be in anyone’s best interest. Well, almost anyone.

For me, I will do my usual by donning my specially made “hair” outfit and go as Saddam Hussein’s armpit.

The little missus and I were invited to a gala dinner at the Otto Country Club and we got to sit at the head table with Nick and Patty Knack. They also brought their lovely daughter, Nikki, (they wanted a boy) who sat next to me and we engaged in pleasant conversation the whole evening about the canker sore in her mouth. I wouldn’t have minded except she kept showing it to me with a mouth full of food. Anyway, the possum with mint julep was a nice touch and everyone had a grand time.

A large crowd is expected for the lighting of the traffic signals on Maple Street and Highway 64. There may be more people show up for this than when they released the PT Beetles last Spring, if you can believe that. Do you remember that extravaganza?

The brain trust has decided that seven traffic signals will be enough to handle that huge intersection. When they finally turn on the signals, it will be more spectacular than the Christmas tree lighting. Are we getting fancy, schmancy or what?

I have been talking with all my Florida friends (I have three) who tell me they are not heading back until they’re sure all the hurricanes have ceased. Ha, thank goodness hurricanes never come here.

Because of all the flooding, Highlanders have been doing creative things with their basements this year. Several folks have started scum farms and will sell the slime to health nuts as a tonic. Others are offering scuba lessons with special incentives for those who find lost objects from the basement floor.

The best I heard was the opening of an all season trout pond.

Fred Wooldridge
September 20, 2004

Dear Ruthie:

Just a note to let you know how thankful I am to be here at Chestnut Hill. You’ve probably been reading about “Ivan the terrible,” and, yes, the hurricane did move through our area. But, as destructive as that horrible storm was, we are all safe and sound.

Our power went out and so did the phones, but only briefly. We’re next door to the Highlands-Cashiers Hospital, so we’re on the same power grid. And you know what that means...if power goes out, we get priority! Our clubhouse has a generator, too, so getting something to eat was never a problem.

Ruthie, I just can’t say enough about the staff here. When Ivan came through that Friday morning, everyone on the kitchen staff came in so all of us could have a hot breakfast. Charlie, who’s on the transportation staff, personally checked on every resident and took those of us who needed a ride down to the clubhouse.

By 9:30 that morning, we were all having our own “hurricane party”! I played bridge with some of the girls and the hot coffee just kept coming! It wasn’t long before the whole community had power again. And now, even though it’s only been a few days, the groundskeepers and landscapers are hard at work clearing away all the debris!

This place is incredible and so are all the people.

Hope you and Frank are doing well, too. Take care of yourselves and come visit me, soon!

Sylvia
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The 1995, Post Apocalyptic, Sci Fi, action adventure, starring Kevin Costner, Dennis Hopper, Michael Jeeter, and more, written by Peter Rader, directed by Costner and Kevin Reynolds, with an extremely funny and cheesy soundtrack by James Howard.

The Storyline: In the future, after the Polar Ice Caps have melted and the world is covered with water, people live in floating villages, and traders ply the seas in really cool, gadget filled sailboats, a la Mad Max or City Of Lost Children, all the while trying to avoid the evil bad guys, called Smokers (because they still have motor oil, or maybe because they still have cigarettes. I’m glad to know, that after the destruction of everything, we’ll still be able to get a decent smoke).

Can’t tell you why the evil bad guys are so evil, they’re just written that way, I guess. Anyway, Mariner (laconically played by Costner) gets hooked up with some folks looking for Dry Land, and wouldn’t you know it, gets mixed up with the evil bad guys, led by the incomparably creepy Dennis Hopper (He is absolutely, outrageously funny in this role). Let’s see, we also have a damsel or two, in distress, of course, a mutant, more cool toys, explosions, some near death escapes, and the Exxon Valdez.

Critics panned this film completely, but I think they missed the point entirely. This was supposed to be Costner’s grand, epic adventure film, but what it turned out to be, intentionally or not, is a wonderful comic action story. It is Peter Pan, Batman, Star Wars, Mad Max, Die Hard and Indiana Jones, rolled into one. Non stop gadgetry and special effects (it was the single most expensive production budget of all time, until Titanic came along).

Costner was director, producer, star, set designer, and I believe, hand made the hors d’oeuvres for the cast party afterwards, and took quite a beating over it, as the production was plagued with cost over runs, walk outs, lost sets (apparently one entire set just floated away, somewhere in Hawaii). It lost a mint in the box office, but has acquired a sort of cult following on home video.

Watching it without the spirit in which it was intended will add to the enjoyment of this film.

Some more Post Apocalyptic films, some comic, some not so, are Mad Max, Postman, Planet of the Apes, Matrix, and the new Day After Tomorrow. More by Costner are Dances With Wolves, Open Range, JFK, Field of Dreams, and 13 Days.
that time in my life I didn’t much care what He thought unless He agreed with me) and this was my first adult encounter with the question, “Is there a truth worth living for that doesn’t involve my opinion?” As a young adult my opinions were really important to me. Was the God I had known as a child valid for today? Is He really Pro-People? “Pro-Me”? His ways and precepts were incomprehensible, out-dated. Were they really relevant to me?

I got married, and by all the world’s standards had it all: a man who would care for me, education, health, a promising future, (a self-centered “Bless me!” theology). But I was so empty inside that my heart ached for something more (“Something More by Marshall” was a pivotal book for me at this time.)

I was sick of church, religion; what I heard there didn’t seem real. I said to Jesus, “Are You really Who You say You are? Can I have an intimate relationship with You? Is the abundant life You talked about what I want? Do You really see me? Are You what I hunger for? If You are, show me - or I am done with religion!”

He did! He came in like a flood - a love I never knew before began to fill me. And then - ouch - He began to change me...30 years later, He still is the only one whose love can fill me (or save me from myself)!

Which brings me to the reason for this letter. Over 25 years ago I miscarried for the first time and my heart really grieved. I wondered why it hurt so deeply? And God said to me, “Because you already love this child I made inside you.” Another light went on, It is a child!!

I began to ask some hard questions. What happens when a baby like the one I lost is aborted? What does the abortionist do? Step by step, what really happens to the babies? I decided to find out. I was so horrified by what I learned I have never been the same. I know without a doubt that mothers everywhere have been completely deceived and their little ones brutally killed.

The great Roe vs. Wade Lie of 1973 is exactly what I call it - a grisly lie! I have witnessed the terrible grief, pain and regret of women who have for many years borne the aftereffects of this lie. I believe that abortion is equally destructive to others, who don’t attribute the pain in their souls to its real source.

Deuteronomy 30:19 reads: “I call heaven and earth as witnesses against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both you and your descendants may live.”

When our nation legalized the killing of the most helpless, it gave itself over to God’s curse. The evidence is all around us: the rise in drug abuse, depression, suicide, murderous rage, brokenness in families, neglect, abuse. Less than 10 years after Roe vs. Wade, child abuse had increased over 500%. Now it is epidemic.

I know, like the loving father in the story of the prodigal son, God is waiting and watching for us to come to Him for healing. He has made a way through His own Son’s death. Galatians 3:13 “Christ has redeemed us from the curse of the law, having become a curse for us.”

The decisions we make in the next weeks will affect all our lives profoundly! Choose life!

Martha Rodenbeck
Highlands

... WOOLDRIDGE continued from page 4

Customers fish from the basement stairs and pay by the pound.

As always, we are bidding farewell to our seasonal visitors who are packing up and withdrawing all their money from our banks so they can spend it elsewhere. Shops and restaurants will close along with VZ Top and some Country Clubs. While we always like to say we enjoy the quiet of winter, we are really starving to death and can’t wait until they return in May so we can make some money. At least this year Highlanders will be able to pass the time by watching the traffic signals change on Maple Street. It’s also fun to watch the ever increasing kudzu die.

Speaking of kudzu, have you noticed how fast that stuff is growing at Foreman Road and 64? If this goes unchecked, we will not be able to see the seven traffic signals just up the street. Is there a beetle out there that eats kudzu?
Mountain stream fishing – an art all its own

Splashes of fall color fill the forests, and mountain streams have cooled to refreshing temperatures in the upper 40s. This gets the oxygen swirling and the fish are loving it, especially the trout. If you’ve been thinking about trying fly fishing, the graceful art of catching trout, the fall is a good time to start.

Another reason fall is good for fly fishing is the delayed harvest waters are started the first week in October.

From October through June, certain streams in Western North Carolina are designated as “catch and release,” meaning anglers must throw back what they catch to let the fish multiply. Streams are also stocked with rainbow, brown and brook trout.

By David Wilkes
Contributor

Where should I fish, and what should I use? Two questions heard most often in all bait and tackle or fly shops. The answers depend on what your definition of “fishing” is and what you like to fish with.

If you’re out to catch dinner, then your destination should be a stocked stream where you can use corn, worms, spinners or flies. Anything short of dynamite is legal, and you can keep seven fish any size. However, if your goal is to hook, land, and release fish you have more options.

You may choose to fish one of several “native” streams in our general area. These streams are never stocked, and hold populations of streamborn brown, rainbow, or brook trout. Fishing on these streams is limited to single hook artificial lures only, allowing fish to be released easier with less likelihood of damage to the fish.

Or, if you’re looking for quantity and size, you might try a “delayed harvest” stream. This is a program begun a few years ago in North Carolina. Our area has three delayed harvest streams within easy driving time of Highlands - the East Fork of the French Broad, the Tuckaseegee, and the Nantahala rivers are all heavily stocked from October 1 until June 1 with fish ranging from 10 inches to more than 20 inches. These streams offer the beginning fisherman as well as the pro an opportunity to spend the day catching and releasing good quality fish. And, always the chance to catch trophy size fish.

The answer to what to use changes constantly. For flyfishermen, the search for the right fly can be as big a problem as the search for the fish. The easiest way to find the right fly is usually to ask at your local fly shop. These people are either guiding, fishing, or talking to fisherman constantly, and usually have the answers regarding stream conditions and fly patterns to use. However, if no information is available, observation and experimentation are the keys.

The most streamwise flyfisherman I’ve ever known, Jack Cabe taught me to sit down on the bank watch the water and the air for a while. Look for rising fish see what they were rising to. Slowly turn rocks over in the riffles and look for the most prevalent insects. Tip the odds in your favor before you choose the fly. Jack told me that he had once asked his 90-year-old grandmother what she attributed her longevity to. After a short time, she turned slowly toward him and said simply “never hurry.”

So whether your choice is fly rod, spinning rod, or cane pole, get out on a stream, enjoy yourself, and hey.. never hurry.
... VOCAL from page 1

"We are limited to a specific number of teachers based on our enrollment, which is why we have limited course offerings compared to larger schools in world languages, vocational education, physical education, visual art, and music," she said. "In order to expand our music education program, we will need to develop a strategic plan to maximize what we can do with our two part-time music teachers."

Eventually, Bomengen would like to see vocal music instruction for grades K-12. "The type of music will vary according to the number of students who show an interest, the instructor's musical interests, and the NC Standard Course of Study. Right now, the Music SCS does not prescribe specific content, but rather a broad overview," she said.

The curriculum is scheduled for revision in 2005-06.

"The thing I like about vocal music is that it's not an expensive undertaking for students and parents and it's a lot of fun," said Bomengen. "There's a strong tradition in Highlands and the Smoky Mountains of adults performing choral music, through the churches. It can also be incorporated into the regular school day, meaning that students could take vocal music as a fine arts elective. It would also be a wonderful way to retain and attract top quality students."

Instructional supplies will be the largest single expense of adding a vocal program — needed funds will vary depending on its scope of the overall program.

"If we were to develop extracurricular organizations, such as a Glee Club, male and female trios and quartets, and an advanced chorale, we would need to provide supplemental pay to the advisors," said Bomengen.

Bomengen welcomes funds for the vocal music program and other programs at the school.

"Many people mistakenly believe that charter schools and private schools are the only schools that can raise funds for operating expenses through private donations and organized fundraising campaigns, while district public schools have to rely on county budgets and the PTO. This is absolutely not the case," she said.

She said people can support Highlands School programs with designated financial gifts which are tax-deductible.
The Custom House on Carolina Way is often referred to as the “Lighting Center” or the “Lamp shade Shop.” With one of the largest selections this side of Atlanta, customers often discover this shop as they search for a new shade. Once inside, they find much, much more - lamps, chandeliers, exterior lighting, vanity lighting, mirrors, hand-thrown pottery, hooked, breaded, and woven rugs, furniture, distinctive gifts and accessories for the home.

For 24 years, Janet and King Young have strived to feature and support handmade crafts and Americana. Seeking craftspeople who use natural fibers in their mediums, the Youngs look for home accessories that are appropriate to the area.

Now Meridith Watson has joined The Custom House as artist-in-residence. Using accessories from the shop, she hand-paints custom designs on lamp shades, mirrors, boxes, chargers and lamp bases.

Meridith enjoys collaborating with clients and sharing ideas that convey their personal style. These one-of-a-kind accessories make a truly unique statement in their home.

Come by and see Janet and Meridith and enjoy customizing your nest at The Custom House on Carolina Way.

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Technically the town can move ahead with construction on Bowery Road, “but I think the prudent thing to do would be to wait to see if they appeal this decision,” said Coward.

Once construction is completed, a jury will issue a judgment on damages and will determine the monetary compensation due the 10 families whose property will be affected.

But Coward said there’s no telling what a jury will do. Traditionally, once a road is improved, juries rule that the property has actually been improved so damages aren’t awarded, said Coward.

Meanwhile, in a recent e-mail to Coward, Brian Burch, with N.C. DOT, said DOT can’t clear timber April through October due to the Indiana Bat; nor can it replace wet pipes, like culverts, from October to April due to trout spawning.

Mayor Buck Trott said he is glad the fighting is over. Improving and widening of Bowery Road has been discussed at Town Board meetings since 1967. In 2000, when DOT first offered to improve the road and then turn the road over to the town, the town began pursuing the possibility in earnest. DOT said they would begin work once the town obtained the standard rights-of-way needed for state roads.

Property owners along the first seven-tenths of Bowery Road didn’t want to relinquish land for road improvement – and so started a three-year long battle. The town and Hendricks et al first went to court over the matter in 2001.

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Normal flow on the Cullasaja River at Turtle Pond is four feet,” said Gantenbein. “During Ivan it crested to 16-feet in a 10-hour period. During Frances it crested to 12 feet in a 24-hour period.

“I’m not going to say this sort of thing can’t happen again because it could happen again tomorrow,” Dr. Greg Jennings, director of Water Resources Research Institute at N.C. State but the statistical probability of a rain event of this magnitude is once every 500 years.”

How, people ask, did I end up in Highlands working in a wine shop? In part, the answer is that I love stories. I read a good bit about the wine world, but as much as I learn from the wine atlases and encyclopedias which give me the nitty-gritty of what I must know, the story books are the ones I prefer. The people behind the wineries: some who have more wine in their blood than iron; some newcomers who sell their stake in the “real world” to move to Napa or Sonoma or the Willamette Valley to live a dream.

No doubt, some mass produced wines are great values at great prices. And some of these wines come complete with great stories as well. But great wines are the products of passion, not pragmatics. And these, more often, are the ones made with great stories by great characters.

Over the last few years, I’ve read these tales in a number of notable sources. Here are a few of the ones I’ve found; if you know of others, please stop by the Shop and let me know. Michael Chiarello’s “Napa Stories”; Frank Prial’s “Decantations”; Robert Mondavi’s “Harvests of Joy”; Jay McInerney’s “Bacchus and Me”; James Conaway’s “Napa” and “The Far Side of Eden”; Alan Deutschman’s “A Tale of Two Valleys”. A different type of wine tale is told in Don and Petie Kladstrup’s fascinating book “Wine and War”; the subtitle tells a lot: “The French, the Nazis, and the battle for France’s great treasure.” Frances Mayes’ “Under the Tuscan Sun” and Peter Mayle’s books about Provence also tell great stories of the love of wine.

Great wine stories, however, are not only those told about the winemakers but also those which are told about and by us, the winedrinkers. Each bottle is a part of our story: who we are with, the toasts we make, the accompanying food, the place, the aromas, the tastes, the feel of the air on our skin, the reason for celebration.

In the Wine Shop, I have the opportunity to encounter good stories almost every day. And not just stories of what has happened, but stories that are in process. Memories for the past and future. The young man who wants a nice bottle for his buddy and his new girlfriend knows he has come home and stay with the Mitchell’s family. He has a place to enjoy a good wine dinner and an outdoor hot tub.

From our 4,118 ft. elevation, Mitchell’s Lodge & Cottages has been a part of Highland’s history for 65 years. Nestled on over 4 acres only 2 blocks from town makes Mitchell’s a quiet, relaxing place to stay while being close to everything.

For three generations the Mitchell Family has been welcoming guests and has seen Highlands grow from a small town to an exclusive resort. In the new Cedar Lodge addition there are rooms and suites featuring today’s luxuries with Highland’s mountain charm.

Our original rustic log lodge, cabins and cottages still offer all of the comforts of home. Another addition in 2001 was an open air pavilion overlooking our small mountain lake. This is a great place to enjoy a delightful continental breakfast or just sit back by the fire and enjoy a good book. It’s also a great place for your next family reunion or wedding. We hope you will “come home” and stay with the Mitchell’s on your next visit to Highlands. See you soon!
Cardiac program at HealthTracks awarded re-certification

The cardiac rehabilitation program at Highlands-Cashiers Hospital has once again won national certification by the American Association of Cardiovascular and Pulmonary Rehabilitation.

One of the few cardiac rehab programs in the region to meet the association’s rigorous guidelines, the hospital program was re-certified through August of 2007.

The program is part of HealthTracks, the hospital’s wellness and fitness department, which is located in the lower level of the Jane Woodruff Medical Building on the hospital campus. The purpose of the program is to help those who suffer from cardiovascular disease or who have recently undergone surgery for a heart condition to reduce the risk for sudden death or relapse, manage and control symptoms, and improve their overall quality of life.

“We are very proud to receive national recertification,” said Yvonne Smith, MHS, RD, LDN, CDE, who directs the program. “Obtaining certification back in 2002 was a monumental accomplishment, reflecting many years of hard work and dedication. Recertification shows that we are maintaining those high standards of care.”

To be considered for recertification, the program had to undergo an intensive, detailed survey. All areas of the program were scrutinized, including equipment, staffing, monitoring procedures, and patient outcomes.

The American Association of Cardiovascular and Pulmonary Rehabilitation is a national, multi-disciplinary association dedicated to the improvement of clinical practice, promotion of scientific inquiry, and advancement of education for the benefit of cardiovascular and pulmonary rehabilitation professionals and the patients they serve. Certification recognizes those programs rigorously reviewed by a national board and found to meet the outlined essential requirements for standards of care.

In addition to cardiac rehabilitation, HealthTracks also offers a variety of fitness and exercise programs aimed at the general public. Among the offerings are monitored and independent exercise programs for otherwise healthy individuals, stretching and balance programs, personal training, weight loss classes, special needs classes for those with physical limitations from neuro-muscular disease to stroke or accident, yoga, and tobacco cessation programs. HealthTracks served nearly 400 participants last year.

“Re-certification is an indication of the level of commitment and dedication of the staff at HealthTracks, both current and past, in providing quality care to recovering cardiac patients,” said Jim Graham, hospital administrator. “There are many other cardiac rehab programs around the state that have not been successful in achieving the high standards set by this national board.”
Jane Woodruff Clinic
On the campus of Highlands-Cashiers Hospital

Effective Monday, October 11
the following physicians will be welcoming
patients to their new offices in the
Jane Woodruff Clinic:

Level 1, Suite 104
C. Willis Sherrer, MD
Gynecology/Gynecological Surgery

Level 2, Suite 202
Daniel D. Richardson, MD
General Surgery

Level 3, Suite 302
Robert T. Buchanan, MD
Plastic and Cosmetic Surgery

Level 3, Suite 303
Paul S. Cabrian, MD
Dermatology

R. Carter Davis, MD
Gastroenterology

Already in the new Jane Woodruff Clinic, Level 3, Suite 301

Patti B. Wheeler, MD
Family Practice

P. Richard Olson, MD
Family Practice

Join us at 2 p.m. on Sunday, October 24
for a special dedication and open house
celebrating this marvelous gift to our communities.

How to find us...

After turning on Hospital Drive (from US 64), take the first right into Level 1 parking lot. Use Level 1 entrance and take the elevator to the appropriate level.
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**Homeschoolers celebrate in ‘Founders Day’**

Cashiers and Highlands area Homeschoolers participated in Founders day at the Zachary-Tolbert House on September 29th. They participated in a Tour of the House, Calligraphy, Story Reading, Doll Making, Games, Leather Making, Panning for Gold, Butter Making and Square Dancing.

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... **WINE continued from page 11**

finance. The woman who wants a nice bottle of champagne to open with her mother to celebrate her parent’s anniversary, the first since her father has died. The couple whose neighbors had done stellar work to clean up their home after the storm, who deserve the nicest gift of gratitude. In each case, the wine becomes a part of a much larger story, a point of remembrance.

One afternoon a couple with three youngish children came in the Shop. The husband/father looked a bit rough, as though he’d seen some hard labor along the way – and maybe a fight or two. Stereotypically, he’d be pouring down some Buds, not sipping cabernet. After they’d looked around for a while, they approached me with request. “We want a bottle from the birth year of each of our children so they can open them at their weddings.” Damn… stereotypes will get you in trouble every time. What a wonderful request, and what a great challenge – to find older bottles (the children were all in their young/mid-teens) that will hold up until they’re married. They understood fully that this proposition would not be cheap, but they comprehended profoundly the role that wine would play in their children’s lives and memories.

Another story: an older couple came in one Saturday afternoon while we were tasting a few complimentary samples. He looked at her; she looked at him; they looked together at me. “We’ve never had even a sip of wine,” she said sheepishly. I don’t think I said it out loud, but I’m sure my expression hinted what I was thinking: “Oh my gosh!!! Virgins!!!!”

I poured one sample to each, a fairly dry white wine. I would have begun with a Reisling had one been open, but I warned them ahead of time what to expect. The first expression was priceless: puckered lips and bright eyes; a few subtle smacks and a smile. Then they sampled a lighter red wine, and finally, our most expensive offering of the day, a bold Bordeaux style blend from California. Each wine they appreciated more. I was reminded of the wonderful scene in “Babette’s Feast” when the older citizens of the austere religious community taste the “lemonade” for the first time. Loose translation: “This stuff ain’t bad.”

They bought a bottle of the expensive wine and said they’d hold it until their next anniversary.

I hope they enjoyed the wine and that they have many more anniversaries. I hope those children will, with great wine, toast great love. I hope we all live great stories and celebrate appropriately along the way.
By Phyllis Picklesimer

**Armchair Traveler**

U.S. Virgin Island of St. John mid-winter respite destination

By Phyllis Picklesimer
Contributor

As we fast approach the season when Jack Frost starts nipping noses, toes, and parts in between, it’s time to start dreaming about (and planning for) that mid-winter respite, a trip to warmer climes.

One of my favorite destinations is the island of St. John, the smallest of the U. S. Virgin Islands, and the most unspoiled. Two-thirds of the island is a national park, and its only town is the quaint and somnolent, Cruz Bay.

You arrive at St. John on the ferry from Red Hook, on the island of St. Thomas, approximately five miles away. As you churn across the turquoise sea dotted with sleek sailboats, the stresses of modern life are discarded as one sheds a raincoat when the sun reappears. The village of Cruz Bay is your destination. A laid-back enclave of shops and restaurants, Cruz Bay seems to lift itself to a higher energy level only as the crowds arrive and depart on the ferries, as when a sleeping dog wakes, shakes itself, then collapses into unconscious slumber once again. There is a quick gathering of luggage and boarding of the fringed-top surrey taxis, then a return to repose.

If vacation means nightlife, neon, and discoing until dawn, St. John should not be your destination. Its attraction lies in its tranquility, its brilliant white sand beaches, its verdant mountains, and its pristine waters.

St. John has glistening beaches scalloped into its craggy coastline. Trunk Bay was selected by National Geographic as one of the world’s most beautiful beaches. Just offshore at Trunk Bay is an underwater trail for snorkelers. You float lazily above a garden of coral. Some are solid, others sway with the currents, but all types are identified with markers. The many species of fish swim indolently about or seem suspended, as they appear to stop to allow full appreciation of their unbelievably brilliant, and often iridescent, coloration. Their purples, yellows, greens, to list but a few, glow as if lighted from within. Snorkeling equipment can be rented there at the beach.

If more extensive snorkeling or scuba diving is desired, there are full day excursions to secluded reefs, islands, and shipwrecks to view the vivid underwater life, some of the best in the Caribbean, available from several dive centers. Wind surfers, sailing charters, and deep-sea sport fishing can also be arranged.

There are 21 marked hiking trails, maintained by the National Park Service, on the island. The 2.6-mile Reef Bay Trail has many devotees. Its popularity most likely lies in its being completely downhill. On Mondays, Thursdays, and Fridays, a Park Ranger guides the hike and the Park Service boat meets hikers at the bottom of the trail and returns them to Cruz Bay, saving them the uphill return.

Getting around on St. John is very easy. Probably the most popular method is the fringed-top surrey taxis that are open on all sides. Flag one down, ascertain its destination, and climb aboard. They can be found in Cruz Bay, at the hotels, and at the beaches. One can also be hired for a tour of the more popular attractions on St. John.

For more far afield exploring, renting a car or jeep allows flexibility. Driving on the island is on the left-hand side of the road.

Accommodations on St. John are diverse, but not numerous. At the more expensive and tropically lush upper end of lodgings available, there are Canel Bay, developed by Laurance Rockefeller, the Westin Resort St. John, and Gallows Point, an upscale condominium complex, located in Cruz Bay. For those who enjoy roughing it, Cinnamon Bay Campground, owned by the National Park Service, and Maho Bay, a deluxe, but privately owned campground also located within the Virgin Islands National Park, are popular alternatives. If you plan to travel with friends, another possibility is the renting of a private villa, some of which come complete with pool, cook, and household staff.

St. John’s proximity to St. Thomas also allows a ferry trip to Charlotte Amalle for a frenzy of shopping or a tour of the island.

For those with a desire to escape the winter doldrums, St. John beckons. Its slow-paced way of life and breathtaking beauty renew the sunshine starved. You will return home with revived spirits and a wink for old Jack Frost.

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Phyllis Picklesimer and her husband Fred are seasonal residents of Highlands. She is associated with Starr Travel in Greensboro, N.C., and leads groups to far-flung places. Fred’s family has lived in Highlands since 1853.
When Judy Hempe Johansson began going through boxes Watson Barratt left in her family’s care when he died in 1962, memories came flooding back — memories of a treasured bygone era in Highlands, N.C.

The families knew each other in New York City where Judy’s father was a commercial interior decorator — decorating night clubs, restaurants and theater sets.

“That’s where my father, Fred Hempe and Watson Barratt met around 1946 or 1947,” said Judy, “at a theater in New York City, very likely Radio City Music Hall.”

Watson Barratt who married Louise Bascom was an acclaimed set designer and theater producer in New York City, London, Paris and elsewhere.

Judy said her father and Watson joined forces at the St. Louis Municipal Opera from the late 1940s through the 1950s where Watson was director. “And it was about that time they began working on the Bascom-Louise Inn,” she said.

After Louise Bascom Barratt died, Watson was left in charge of the Bascom family’s holdings in Highlands which included the Tricemont Terrace Inn. Though the name for 14 years, in 1951 Watson renamed it the Bascom-Louise after his wife. (He also named the endowed branch of the Hudson Library – the Bascom-Louise Gallery after Louise).

Louise Bascom was a well-known writer and it was through her articles in Harper’s Weekly, Good Housekeeping and Ladies Home Journal that Watson became attracted to her. (See “Heart of the Blue Ridge, Highlands, North Carolina,” by Ran Shaffner).

After they married, Watson illustrated many of her articles as was the practice in the day prior to photography.

After Louise died, Watson made Highlands his home for more than just the summers. He involved himself in the formation of the Bascom-Louise Gallery and the further development of the Hudson Library. He also set about spiffing up the Bascom-Louise Inn.

“When Mr. Barratt took over the inn he ran it in his special style, complete with a mural of local Highlands landscapes in the lounge,” said Judy.

Every summer for three years, the Hempe family — Janet, Judy and her parents — drove from New York City to Highlands to manage the inn for Watson.

“We used to take the hotel guests on rock hunting trips to Cowee Valley looking for rubies and garnets,” said Judy.

Without any heirs, Watson left his personal belongings to the Hempe family. Judy has some of Watson’s illustrations and oil paintings hanging in her home in Florida, but others she’s donated to the Society of Illustrators in New York City and still others have been sold at Sotheby’s.

One box was full of glass negatives — images which have finally come alive, and Judy is anxious to know who the people are. On this page are people and places in Highlands. Please e-mail highlandseditor@aol.com or call 526-0782 if you can identify the subjects and places in the photos.

In subsequent articles we will unveil interior shots of the Bascom-Louise Inn during its hey day as well as photos of Watson’s set designs.
New Century Scholars Class of 2010 Recognized

On Tuesday, September 21, 53 seventh grade students at Macon Middle, Highlands and Nantahala schools were inducted into the New Century Scholar Program during a ceremony hosted by Southwestern Community College. Students, their families and friends, and educational officials from Macon County and SCC celebrated the occasion with a cookout and awards ceremony.

The New Century Scholars Program, which began in 1995, is a collaborative educational effort among the public schools in Macon, Jackson and Swain counties and Southwestern Community College. The New Century Scholars program targets “high potential” students at the end of sixth grade and provides extra support to those students through their middle school and high school years.

Students are nominated based on their potential for academic success, yearly promotion and leadership ability. Selected students must display effort in the classroom and have a positive attitude and desire for education, have good behavior and character and meet the county attendance policy.

Upon completion of high school, each student is awarded a tuition scholarship for each of his/her two years at Southwestern Community College. Western Carolina University has added a guaranteed scholarship that will enable students who complete the NCS program and earn an associates degree at SCC to continue their education at the University for two years and earn a bachelor’s degree.

As a condition of participation in the New Century Scholars program, students are also required to perform ten hours of volunteer service per year. This volunteer service to our community is a way that the New Century Scholar can give back the gift which he or she has been given. During the 2003-2004 school year, New Century Scholars logged over 4,350 hours of volunteer service to the community.

Team building activities during the middle school years help to increase group dynamics, and in high school, high ropes and rock climbing courses challenge Scholars in a physical way. These individual challenges expand the Scholar’s trust of others, critical thinking skills, self-reliance, and limit setting.

In addition to the 53 newly-inducted seventh graders, there are currently 181 New Century Scholars in grades 8-12 in the Macon County Schools.
College students make Highlands their laboratory

By Emily Walgate

who would have imagined that studying in the remote mountain town of Highlands, North Carolina, which receives the most rainfall east of the Mississippi River, to be such an amazing experience.

Having been here for just over one month and sadly only two months left, the 11 other students and I are having the time of our lives. We are learning about the diversity, history and beauty of the highlands plateau, and enjoying every minute outside.

As the majority of us are either Environmental Science or Environmental Studies majors, practically every weekend we take advantage of the wonderful activities the area has to offer, especially hiking, camping and biking.

Our typical week consists of three classes: Mountain Biodiversity of the South Appalachians, The Ecological and Cultural History of the Southern Appallachians and Wednesday we go on an educational excursion.

This past week we went hiking in the Smoky Mountains to study the flora of the region. Earlier we took a delightful visit to the Cherokee Museum. In addition to these classes, each student has an individual capstone project. The project is an internship with a mentor to study an aspect of the area, whether it is scientific research, such as studying the Woolly Adelgid’s affects on the Carolina Hemlock or more socially based for example the effects of the population growth on the plateau.

My project is more community and socially orientated as I am assigned to take an indepth look at the Highlands Greenway Trail. The Trail was established back in 1992 by many of the well known environmentalists, such as Jeff and Bob Zahner, Richard Betz and Ruth Fox. For some reason the trail’s popularity has not continued to this day -- either the key organizers moved from Highlands or the community was never involved enough to put it to use.

This is the base of my study -- Why the Highlands Greenway never took off and became a successful place to enjoy the environment like so many other greenways in various cities of North Carolina.

After studying and comparing the 11 operating greenways in various cities of North Carolina, I plan to identify and make suggestions on how to improve the existing trail. Ultimately, I want to familiarize the community with the trail to encourage more use and bring it to a level of high recognition and true value to its citizens and visitors.

To begin this process, I am holding a Greenway Trail Celebration Event on October 23 at 10 a.m. We will park at the Civic Center to walk the trail behind the center and then take the route up to the Nature Center, where we will enjoy refreshments and music outside at the amphitheatre.

During the walk, we will recognize and enjoy the diversity of native trees and plants on the plateau. Additionally, I plan to offer a short survey on what the Highland’s community would like to see and improve about the trail. It is surprising that many Highlanders are not very familiar with the Greenway Trail. It seeks to connect Sunset Rock’s many beautiful mountain views, the Nature Center and trails, with the Biological Gardens, Hudson Library and Bascom-Louise Art Gallery, Chamber of Commerce, Woodruff Civic and Recreation Center and trail to the Wetlands and Parks of Mirror Lake.

My favorite part by far is the trek through the dense wetlands behind the Civic Center, which goes over a graceful stream flowing over a smooth rock crossed by a wooden bridge. The neighborhoods around Mirror Lake offer such unique houses to ponder at as you walk through-out the back roads of Highlands. It’s easy to forget there is a small bustling town beside you.

With more advertising and publicity, I hope to incorporate the Greenway Trail and its natural beauty into the everyday lives of the community and the lives of the tourists that love this special mountain town so much.
By Megan Lewicki  
Highlands Rotary Exchange Student

There is saying that goes, “America eats to live, but the French live to eat.” I think those 10 words sum up the cultural differences. Since I’ve been here I, along with all the other American foreign exchange students, have gained weight. It’s not a hard feat to accomplish, with a pastry shop on every corner, and every item one euro or less. The most popular pastry among us foreign exchange students would be the Maxi. It’s similar to the croissant in texture, but it’s filled with warm chocolate.

But nothing compares to Nutella. Nutella is to France what peanut butter is to America. In every French household you’ll find a jar of Nutella. There’s no other way to describe it other than chocolate goo. You can put this tasty goo on anything and make it instantly delicious. Some eat it out of the jar with just a spoon or a finger. I prefer mine on plain white bread. Nutella is dangerously addictive. It’s easy to finish a jar by yourself if you’re not careful, but no one wants to be “careful” with Nutella. I’ve decided that all my friends and family need to try Nutella for themselves so I’m going to be sending jars and jars of it overseas as Christmas presents.

But the French excel in other areas besides sweets. Their cheese section alone could fill Mountain Fresh square foot by square foot. The first time I was taken to the supermarket I saw all the different cheeses and my mouth hit the floor. I, being a dedicated cheese fan for some time, was in heaven.

But what’s cheese without a little wine to go with it? I’m sure it’ll come as no surprise when I tell you that the wine here has also been mastered to perfection. As is the custom, I occasionally have a glass of red wine with dinner. It’s likely I’ll come back to Highlands next year a culinary expert.

In my region, close to the border of Italy in the French Alps, ham is a very popular choice among the meats. It’s found in croissants, pastries, quiche, or pizza. When a quiche has ham in it its called Quiche Lorraine, this is my favorite quiche. Sausage is another frequent item found on your plate, this might have something to do with the region I’m from as well. Whether the sausage is of beef or pork, I’m never really sure, whatever animal it comes from its always delicious.

Every meal is served with a baguette. Sometimes it will just be a plain baguette or a baguette sandwich. Eating a sandwich on a baguette is a very French thing to do. I feel very French every time I do so. But the king of all sandwiches is the American Steak. This sandwich is by far the most American thing that the French eat. It’s served on a toasty, warm baguette with melted cheese over slices of steak with lettuce, tomatoes, ketchup, mayonnaise, and a top layer of hot, crispy fries.

The French love their coffee. There are three coffee machines in my high school. It’s very good and because it’s so inexpensive – about 40 cents a cup – it’s very dangerous. My friend Katie, an American Rotary Youth Exchange student from Pennsylvania, had four cups of coffee in half an hour. I had no choice but to cut her off. It was for her own good.

Although I’ve fallen in love with the food here, I still miss my mother’s and grandmother’s cooking. I called my parents one day and my mother told me that they had turkey and mashed potatoes for dinner. Right then I realized how long it had been since I had my mom’s home-made mashed potatoes with turkey and gravy... too long! I’m sure they’ll taste better than ever when I come back to Highlands next year, it’ll be worth the wait.

News from Chambery, France part 3
– The French and their food –

Megan and other exchange students from the Grenoble district of France got together at a Rotary function in Annecy recently. Megan is in the front row, center.

Above, Megan chows down on a Maxi. The American Steak is the “most American” thing the French eat. A jar of Nutella can be found in every kitchen cabinet. Below, Katy Barr is about to tuck into an American Steak sandwich.
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Fall Sale Scans
By Kathryn Coppage
High school journalism class
The Lady Highlanders volleyball wrapped up a winning season playing their last home game against Rabun Gap Eagles on October 12. Immediately preceding the first varsity match, coaches and fans hosted a recognition ceremony for seniors in the Highlands School gymnasium – Angela Aspinwall, Kayla McCall and Iyali Ruiz. All three seniors have played volleyball throughout their four years of high school. All three served as co-captains of the team this year.

McCall played for the varsity team all four years. Last year, she received Honorable Mention from the Smoky Mountain Conference coaches. She was escorted onto the gym floor by her parents Lynn and Yogi McCall. Aspinwall and Ruiz each played volleyball two years for the JV team and two years for the varsity. Aspinwall served as the JV captain both years. Aspinwall was escorted by her parents Barbie and Art Aspinwall. Ruiz was escorted by her mother Alicia Bustos.

Seniors Iyali Ruiz, Angela Aspinwall and Kayla McCall with Coach Rick Rawlins after a winning night at their last home game against Rabun Gap Eagles.

With the Olympics as their theme, the Scaly Mountain Women’s Club met at Cafe of the Arts recently for its annual Installation Luncheon. From left first row: Melinda Gibbs, president; Bunny Railey, treasurer; Frances Thomas, historian. From left second row: Karen Nunns and Faye Bellwood, second vice presidents; Maralyn Christoffersen, secretary; and Rayleen McCullough, first vice president.

Officers elected with ‘Olympic Spirit’

Bob Jones Invitational Golf Tournament Chairman, Jimmy Watts, (fourth from left) presents a check to Bill Gaston, chairman of the Highlands-Cashiers Hospital Foundation and tournament committee member (third from left), for the proceeds of this year’s event. This summer’s tournament, held at Highlands Country Club, netted a total of $450,000 for Highlands-Cashiers Hospital, the most ever since the event began in 1983. Over its history, the tournament has raised nearly $2.5 million for the hospital. Joining Watts and Gaston in the photo are from left: Martha Betz, club administrator and tournament secretary; Walter Wattles, tournament chairman emeritus; and tournament committee members Allen Hardin, Jobie Watson, and Wayne Beckner. AT&T, Delta Airlines, Coca-Cola Company and SunTrust Banks were major corporate sponsors for this year’s event.

Bob Jones Tournament Proceeds

Senior Night Oct. 12 honors three Lady Highlanders

By Kathryn Coppage
High school journalism class
The Lady Highlanders volleyball wrapped up a winning season playing their last home game against Rabun Gap Eagles on October 12.
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Raffle for dinner at Paoletti’s to aid Peek’s Creek victims

One $20 raffle ticket could get you a dinner for two valued at $150 at Paoletti’s Restaurant. “We hope to raise a few thousand dollars for them,” said Arthur Paoletti.

Winners don’t have to be present at the drawing on Sunday, Oct. 17. Five tickets will be picked. Winners will be announced in next week’s Highlands’ Newspaper. Proceeds will go directly to Peek’s Creek victims of Hurricane Ivan. Tickets available at Paoletti’s Restaurant.
Ghost Wars: The Secret History of the CIA, Afghanistan, and Bin Laden, from the Soviet invasion to September 10, 2001, by Steve Coll (958.104 C)

I didn’t plan on reading this book when I checked it out of the library, much less review it! It’s a fat book, 576 pages long (695 with notes, bibliography, and index) and I didn’t think I had the time. I started reading the preface just to get a sense of the book and Mr. Coll’s writing drew me in. There is a large cast of characters (there is a helpful list of the major figures at the beginning) and Mr. Coll is very skilled at keeping the reader familiar with who each of these people are, even when they may disappear for a hundred pages or so. Mr. Coll certainly has the credentials to write such an ambitious history as his book’s subtitle implies: he is the winner of a 1990 Pulitzer Prize for explanatory journalism, managing editor of The Washington Post since 1998, and he covered Afghanistan as the Post’s South Asia bureau chief between 1989 and 1992.

If you are interested in Osama bin Laden and the events that led to the terrible attacks on September 11 this is a great book to read because it follows the two intertwining story lines, of Afghanistan and Osama bin Laden, which set the stage for that day.

I have long been intimidated by the “strategic” foreign policy “big thinkers.” I grew up with Cold Warriors battling over every corner of the globe, keeping dominoes falling from falling from Southeast Asia to Central America. I went to the Soviet Union in 1979 to see our great “enemy” for myself and I could see that that country was not the rival our government scared us about.

It seemed to me insane to support dictators and tyrants just because they weren’t communist. Didn’t that contradict the most important principles that the U.S. stood for: liberty and self-determination? But maybe I was just naive, or ignorant, or misinformed.

Reading this book made me realize that I was none of those things. It was the great “strategic” thinkers who were misguided. They treated foreign affairs like a giant chess game and made a lot of mistakes. Afghanistan is a perfect example of what happened in these Cold War battlefields.

In the 1970s a communist movement began in Afghanistan. By 1979 the communists had taken over the government and the Soviet Union sent in troops for support. The United States immediately responded by funding the Afghan rebels—the famous mujahedin. The United States, in effect, had no policy towards Afghanistan: let the Afghans battle it out. There was only one problem, the little matter of the dangerous Stinger missiles we had given to the mujahedin.

Thousands were still kicking around Afghanistan. The CIA came up with a buyback program, and Mr. Coll tells us that “the total cash spent by the CIA on Stinger repurchases during the mid-1990s rivaled the total cash donations by other sections of the U.S. government for humanitarian assistance in Afghanistan during those years. The Stinger repurchases may have improved aviation security, but they also delivered boxes of money to the warlords who were destroying Afghanistan’s cities and towns.”

The Afghans felt abandoned by the U.S. We had been pouring in hundreds of millions of dollars and then one day we abruptly left. They thought we were there fighting the Soviets because we cared about them but that was a lie. We were there to fight the Soviets in the larger battle for world dominance and the Afghans were just our pawns. Our proxies. What if we had stayed and built hospitals and schools, as if we actually cared about the Afghani people?

The U.S. “strategic” policy in the 1990s was the willingness to trade U.S. diplomatic recognition of the Taliban as Afghanistan’s legitimate government in exchange for custody of Osama bin Laden. Mr Coll comments, “In effect this was the continuation of an American policy that had long been willing to accept Pakistani hegemony over Afghanistan in the name of regional stability.”

Pakistan’s dealings with the Taliban were fairly transparent but those of Saudi Arabia were much more lived with malnourishment, far from any reliable food source.” Kabul’s population in 1992 was between 1 and 1.5 million (approximately).

Mr. Coll asserts that the problems extend beyond the intelligence community to our foreign policy: “Indifference, lassitude, paralysis, and commercial greed too often shaped American foreign policy in Afghanistan and south Asia...”
Friends celebrate birthday milepost

Mary Chalker was recently honored at a special birthday luncheon at Nick's Restaurant. Mary's many friends from her days at the Visitor Center gathered to honor her and reminisce about their days working together. For more than 10 years, Mary volunteered at the center, personally greeting so many visitors to Highlands and welcoming them with her easy, friendly manner. Pictured are Mary with Wistar Gary, Alan Marsh, Jack Philpot, Christy Kelly, Betty Reamer, Helen Hill, Marion Mayer, Nancy Holling and Pat Barnes. Peter Reitt sent special greetings from his new home in Massachusetts.

Yinger wins again

It was another victory for Highlands resident Rick Yinger at the Southern Open Nationals this past weekend.

Rick competes in the 14-15 Boys' Black Belt Fighting Division and is closing the gap to the #1 World Ranking.

Rick also teaches karate classes in Highlands on Monday, Wednesday and Friday above Mountain Fitness Center on Carolina Way. All ages and fitness levels are welcome. Call 526-5296 for class times.

Rick's next challenge is the Diamond Nationals which are being held in St. Paul, Minn. He would appreciate any donations to help with tournament and travel expenses and they can be mailed to PO Box 463 in Highlands.

R and Soellner’s home designs feature beautiful Mountain timber elevations with wide, open plans with tall ceilings and the most value-engineered systems available.

The key to this kind of success is in designing a plan that meets the client’s needs and orients to mountain views, keeping foundation costs low, using/creating value-oriented systems that are solid, then working with local Realtors and appraisers to have the look and features that will appreciate in value when people want to resell the home.

Rand Soellner Architect shares office space in Wright Square, in Highlands, next to Nantahala Realty. His homes are under construction all over Western North Carolina.
annual meeting of ‘North Carolina Bartram Trail Society’

The annual meeting of the NC Bartram Trail Society will be held Saturday, Oct. 16 at the Highlands Nature Center on Home Cove Road. Dan Pitillo, the “Alan Greenspan of fall leaf prediction” and present Executive Board president, will be the keynote speaker.

His presentation will be on “Predicting with the Inexact Science of Fall Leaf Color Change” and attendees will be privileged to hear first-hand from the national expert on Southern Appalachian color change.

Pitillo has resided in western North Carolina his whole life and has been a professor of biology at Western Carolina University for 36 years. He has been a botanist and plant ecologist throughout his career, drawing on his casual, but intensive and extensive, observations of natural processes in the region for his reliable predictions.

Members and friends are invited to come for light refreshments at 9:30 a.m. The Business Meeting will begin at 10 and Pitillo’s talk will follow at 11. After the presentation which will be entertaining and informative, attendees are invited to bring their lunch and share in Bartram traditional fashion.

Various hikes are planned in the afternoon so we may enjoy the beauty of our Bartram Trail.

A round-trip hike of approximately 4 miles will be led by Jim and Olga Pader on Section 2 of the BT, starting at Jones Gap trailhead to Whiterock Mountain.

Children, ages 2 to 12, may join Dan for a “Billy Bartram Club” outing on leaf identification. Join us for an educational, exciting, and fun day.

Agenda
• 9:30 Light refreshments, provided by NCBTIS
• 10 Business Meeting
• 11 “Predicting with the Inexact Science of Fall Leaf Color Change” Presentation by Dan Pitillo
• 12 – Lunch (bring your own; share if you wish)
• 1 p.m. – Hikes: Bartram Trail Hike—Leaders: Jim and Olga Pader. Starting at Jones Gap Trailhead, a short drive from Cliffside Lake. Round trip of approximately 4 miles with slight elevation change. If possible, three side trips to Jones Knob, Whiterock Gap, and Whiterock Mt. Overlook for great views. Hikers will need appropriate shoes, water, and raingear.
• Short hike—being planned in the Recreation Area, starting at Jones Gap Overlook for great views. Hikers will need appropriate shoes, water, and raingear.
• 1:30 Children, ages 2 to 12—“Billy Bartram Club” outing on leaf identification, led by Dan Pitillo.

Open House Sat. Oct. 9 & Sat. Oct. 16 10 to 5
For Sale by Builder
Cashiers – Toll House Village
Don’t miss the opportunity to see this unique home on 1.6 acres with view of Whiteside and a spectacular cliff in your back yard! New construction features 3 BR 2.5 BA with vaulted great room, stacked stone fireplace, spacious deck, screened & covered porches and master on main. $589,000. 828-526-9561.

Remodeling & Design

Does Your Home Need an Extreme Makeover?
Start the 2004 season with a renovation from Highlands Custom Coverings!
Highlands Custom Coverings offers such high quality products as:
• Shaw and Mohawk Carpets
• Complete line of Hunter Douglas blinds, shades and shutters
• Lafayette shutters
• Castec indoor and outdoor solar shades
• Indoor and outdoor carpet by Grass Tex
• Hartco prefinished wood floors
• Laminate Wood Floors by Wiltex

Owner Mark Harris, originally a native of Madison, Ga., opened Custom Coverings in September 2003. Mark offers eight years of experience in flooring, blinds, shutters and installation. He is also proud to work with David Frazier, a native of Franklin with more than 20 years of experience in flooring installation.

Stop by our new showroom on Spring Street behind Reeves Hardware and see how beautiful your home can be! We’re open Mon. through Fri. 9 a.m. - 5 p.m., Sat. 9 a.m. - 1 p.m. We look forward to serving you!
Say ‘thank you’ to God

Father Bill Evans
Our Lady of the Mountain Catholic Church

The disease of Leprosy carried with it a stigma beyond that of any other disease in biblical times and even today. It was no respecter of age, wealth or status. In places where it is still rampant, it is considered horrible and the victims ostracized from society – even though, now, we have a cure. Today it is called Hansen’s Disease.

We in the west have had a window on this disease through the eyes of Mother Teresa. When she walked the streets of Calcutta in India, she did not see a leper; she saw a person beloved by God, a person sacred and worthy of loving care and compassion. She reached out to each one, just as Christ did. Though she could not erase their leprosy, she did erase their degradation, taking them from the squalor of the streets to a haven where they could regain dignity and finish their days on earth with the comfort and loving compassion the sisters offered.

We in the developed world seldom think of leprosy; for all practical purposes it has been eradicated through the miracles of medicine. But, tragically, discrimination attached to this disease has not been eradicated. It is alive and well and wears many faces.

One of the most prevalent examples is discrimination against those with AIDS, brought about primarily by the hatred of the particular cultural group who first suffered from AIDS.

Today, in every part of the world, millions of people continue to suffer the relentless advance of this disease, knowing there is no cure, seeking only to prolong life with some semblance of normalcy. Two million have died; millions more are suffering.

There was a time not all that long ago, when tuberculosis and cancer were regarded in
much the same way as AIDS is today, and those sufferers too were discriminated against. They were kept secret as much as possible. They were thought of as being cursed by God. Thank God, we are beyond that; now we need to move beyond judgment into compassion for AIDS victims. Suppose for a minute that Naaman had been suffering from AIDS. Imagine that the lepers who approached Jesus had AIDS. Would his response have been any different?

Everyone who has had cancer and is not in remission feels profound gratitude for each moment of life. They can identify with Naaman and with the Samaritan.

What of all who have been spared these dreaded diagnoses – we, who have not had to live with the specter of a fatal disease impacting every plan, every hope, every relationship? What of us? Each one of us has powerful reasons for gratitude in our lives. Gratitude for God’s merciful cures.

It has been said that if the only prayer we ever said was “thank you” that would be enough!

These two little words carry a world of meaning. We’ve all searched for other words to express our gratitude, but somehow we always come back to just “thank you.”

When the Samaritan returned to Jesus, when Naaman returned to Elisha, their gratitude was for much more than being cured. It was for giving them back their lives, their dignity, their hope. They were grateful that someone cared enough to offer them love, compassion and healing.

Each of us has been cured many, many times – cured of pettiness, or selfishness, hate or revenge, greed of prejudice. In a word, we have been forgiven and have been freed of the disease called sin. We will continue to receive these cures all of the days of our lives, if, like the Samaritan and Naaman, we just ask. And the most fitting response we can offer is gratitude. If the only prayer we ever say is “thank you,” that would be sufficient!
**Shops at Village Square**

*Needlepoint of Highlands*

Barbara B. Cusachs

828-526-3901
1-800-526-3902

Needlepoint of Highlands’ owner Barbara Cusachs thinks needlepoint is pretty wonderful. She bought the shop in June of 1993 and has enlarged the selections of hand-painted canvases and fibers every year since.

Besides the large selection of hand-painted canvases the shop is known for, there are some pre-stitched canvases, cross-stitched kits and crewel kits.

Needlepoint can be used for pillows, chair seats, rugs, belts, ornaments, Christmas stockings, luggage rack straps, leather purse inserts, pictures, etc.

The shop is open year round, Monday through Saturday. Call ahead in the winter for exact hours.

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**Main Street Pharmacy**

Open Monday - Saturday 9-6

Cafe 460 7:30am - 4pm

Come in for all your prescription needs
- See our new seasonal items
- Wide selection of greeting cards
- Friendly customer service
- FREE Transfers

Main Street Highlands, NC ~ 526-8845

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**Police & Fire Report**

The following are the Highlands Police Department log entries for the week of Sept. Oct. 6-13. The only names are of public officials and/or people who were arrested.

**Oct. 6**
- At 7:10 a.m., a motorist at U.S. 64 east and Hickory St. was cited for speeding 46 mph in a 25 zone.
- At 6:49 a.m., a motorist at U.S. 64 and Poplar St. was cited for speeding 43 mph in a 25 zone.

**Oct. 7**
- At 5:30 p.m., a motorist was cited for improper passing at U.S. 64 east and Poplar St.

**Oct. 8**
- At 2:40 p.m., a visitor reported losing a diamond and garnet ring in the vicinity of Don Leon’s Cafe.
- At 11 a.m., officers responded to an alarm at a residence on Sagee Woods. It was false.
- At 5:50 p.m., and 9 p.m., motorists at Third and Oak streets and Mirror Lake U.S. 64 west were cited for failing to stop at a stop sign.

**Oct. 9**
- At 9:10 a.m., officers responded to an accident between two vehicles at Main and Fourth streets. There were no injuries.
- At 10 p.m., officers responded to a call of gunshots or fireworks in the vicinity of the Water Plant on Hickory Hill Road.

**Oct. 10**
- At 4:11 a.m., officers responded to an alarm at Highland Hiker. All was secure.
- At 6:25 a.m., officers responded to a one-vehicle accident on Foreman Road. The car went over the bank. There were no injuries.
- At 4 p.m., a motorist at U.S. 64 east and Foreman Road was cited for speeding 45 mph in a 25 zone.

**Oct. 11**
- At 9:45 a.m., a visitor reported losing a cell phone.
- At 3:10 p.m., a hit and run of a vehicle parked in front of Highlands Inn was reported by a bystander on the balcony of the inn.
- At 2 p.m., officers disposed of political signs found within the town limits.
- At 4:45 p.m., a resident on Morewood Drive reported fishing equipment valued at $750 missing from the carport.

**Oct. 12**
- At 10:20 a.m., a cell phone was reported missing and at 11:30 a.m., it was reported found.
- At 6 p.m., a motorist at U.S. 64 east and Chestnut was cited for exceeding a safe speed.
- At 7 p.m., Brittany Lund Sackman, 17, was arrested for simple assault and communicating threats. She was released on a $500 secured bond.
- At 11 p.m., officers responded to a call of suspicious person in the vicinity of the condominiums on Tudor Hall Lane. No one was found.
- At 11:30 p.m., a suspicious person was reported walking on Laurel Street.
- At 1:45 a.m., officers on patrol found an open door at Highlands Printing. All was secure.

The following are the Highlands Fire & Rescue Department log entries for the week of Oct. 7-11.

**Oct. 7**
- The dept. was called to Mountain High Motel due to the smell of smoke which was coming from a bathroom heater which was overheating.
- The dept. responded to an alarm at the Episcopal Church. It was false.
- The dept. was first-responders to assist EMS with a medical call at a residence on Satulah Road. The victim had fallen and was transported to the hospital.

**Oct. 9**
- The dept. responded to a one-vehicle accident near Bridal Veil Falls. The victim was transported to the hospital.
- The dept. was first-responders to assist EMS with a medical call at Chestnut Hill where a victim had fallen. The victim was transported to the hospital.

**Oct. 10**
- The dept. assisted Highlands Police Dept. on Foreman Road where a tree had fallen on a car.
- The dept. was first-responders to assist EMS with a medical call at a residence on Talley Road. The victim died soon after the dept. arrived.

**Oct. 11**
- The dept. was first-responders to assist EMS with a medical call at the Chamber of Commerce where someone fell. The victim was transported to the hospital.
**Upcoming Events**

**On-Going**
- Al-Anon Group meets at noon on Thursday in the Community Room of the First Presbyterian Church.
- At Paoletti’s Late Night, guitar at 10:30 p.m.
- The concert of the Highlands Men’s Chorus is set for Sat., 8 p.m. at PAC. The 17-member chorus directed by Orville Wike will sing a variety of musical selections including folk songs, hymns, and Broadway ballads. Tickets, $5 each, may be purchased at the door during the hour before the performance. Children 12 and under attend free.
- Settings By Mona (please italicize the previous three words) Trunk Show, An Exquisite Collection of Holiday Linens.
- **Great American Traditions, Cajun Style, 6 p.m. at PAC. Dance instruction from 6-7 p.m., band, dancing and a surprise performance. Taste of Cajun Cooking by Don Leon’s Deli Cafe. Tickets are $25 available at the Hudson Library, Highlands Office Supply and Cashiers Printing.**
- Raffle drawing for five dinners for two worth $150 each at Paoletti’s Restaurant. Winner need not be present.

**Cajun Festival at PAC on Sunday**

Great American Traditions, Cajun Style, 6 p.m. Oct. 17 at PAC. Dance instruction from 6-7 p.m., band, dancing and a surprise performance. Taste of Cajun Cooking by Don Leon’s Deli Cafe. Tickets are $25 available at the Hudson Library, Highlands Office Supply and Cashiers Printing.

**Oct. 17**
- Great American Traditions, Cajun Style, 6 p.m. at PAC. Dance instruction from 6-7 p.m., band, dancing and a surprise performance. Taste of Cajun Cooking by Don Leon’s Deli Cafe. Tickets are $25 available at the Hudson Library, Highlands Office Supply and Cashiers Printing.
- Mirror Lake Improvement Assn. will hold its regular meeting at 7:30 p.m. at the Civic Center.
- Raffle drawing for five dinners for two worth $150 each at Paoletti’s Restaurant. Winner need not be present.

**Oct. 23**
- The Scaly Mountain Women’s Club will be serving its final in a series of complete seated breakfasts which include homemade pancakes, sausage, coffee and juice at the Scaly Mountain Ski Lodge from 7-10 a.m. Cost is $5 for adults and $2.50 for children. Proceeds will go to area human service agencies and local scholarships.
- Silver Oak Wine Dinner at Wolfgang’s on Main. Call 526-3807.
- Tour the Edwards homeplace on the Kelsey Trail from 9 a.m. to 4 p.m.
- Come explore the unique trees and plants along the Greenway Trail through town. Starts at 10 a.m. at the Highlands Civic Center. Refreshments and music after at the Nature Center.
- Mirror Lake Improvement Assn. will have a litter pick-up Saturday at 9 a.m. Meet at Thorn Park.

**Oct. 27**
- Chestnut Hill, a premier residential senior living community located off Buck Creek Road, will hold an Open House on Wednesday from 1 p.m. to 4 p.m. Select cottages and apartments, plus the new model home, will be available for inspection. Along with the residences, the newly decorated Clubhouse will also be available for touring. Refreshments will be served.
- Dr. Bill Chiles will be the guest speaker at the Plateau Fly Fishing Club’s last meeting of the season on Thursday. The meeting will be held at the Albert-Carlon-Cashiers Library at 7 p.m. Dr. Chiles has been fly fishing around the world for over 35 years. His specialty is RISS (ridiculously small streams). He will discuss many of the small streams he has discovered in Western North Carolina. The Orvis 4 wt rod combo raffle prize will be won at this meeting. Call 828-743-2078 for information.

**Oct. 30**
- Tour the Edwards homeplace on the Kelsey Trail from 9 a.m. to 4 p.m.
- Come explore the unique trees and plants along the Greenway Trail through town. Starts at 10 a.m. at the Highlands Civic Center. Refreshments and music after at the Nature Center.
- Mirror Lake Improvement Assn. will have a litter pick-up Saturday at 9 a.m. Meet at Thorn Park.

**Nov. 4**
- Chestnut Hill, a premier residential senior living community located off Buck Creek Road, will hold an Open House on Wednesday from 1 p.m. to 4 p.m. Select cottages and apartments, plus the new model home, will be available for inspection. Along with the residences, the newly decorated Clubhouse will also be available for touring. Refreshments will be served.

**Oct. 16**
- Octoberfest at Highlands United Methodist Church! Breakfast biscuits for sale by the youth will begin the day! Then, we’ll be selling a variety of items including: dried plants, jams & jellies, games, videos, books, decorative items, artwork, dishes, rugs, etc. Donations are still being accepted. For lunch, come have a bratwurst or hot dog plate and some homemade desserts. Part of the proceeds go toward youth missions, particularly the Bolivian trip. Part of the proceeds go toward the Irene Sanchez family. Come help set up, clean up, or work!
- Learn how to make (and enjoy eating) Jambalaya, Crawfish Pie, and Filet Gumbo at the Morris and Anita Williams home at 10 a.m., on Saturday.
- Dwight Andrews, a distinguished associate professor of music theory and jazz history at Emory University will explore the relationship between jazz and classical music during a CLE course Oct. 16, 10 a.m. to 1 p.m. at PAC. The course offers a unique opportunity for those planning to attend the concert planned Oct. 16 and 17 for Highlands and Cashiers which will focus on jazz and its roots in classical music. Dr. Andrews’ lecture tickets are $20 for CLE members and $30 for non-members.
- The movie “A Thousand Clowns” in the lower level of PAC at 7:30 p.m. It’s free, but contributions are welcomed in support of the Bascom-Louise Gallery.
- Mike Atkins presents: “The Centrality of The Cross,” 6-45 p.m. at Community Bible Church. Join us for Wednesday Night Supper at 6pm. Call the church for reservations and dinner pricing 526-4683 by Mon. Oct. 18.
- Chestnut Hill, a premier residential senior living community located off Buck Creek Road, will hold an Open House on Thursday from 1 p.m. to 4 p.m. Select cottages and apartments, plus the new model home, will be available for inspection. Along with the residences, the newly decorated Clubhouse will also be available for touring. Refreshments will be served.
- Steel Magnolias” performed by Highlands Community Players at PAC. Call 526-8084 for showtimes.
- Annual Highlands School Festival 5 p.m. at the Highlands Civic Center and 5K Fun Run from First Citizen’s Bank earlier in the day.
‘Open Houses’ at Chestnut Hill re-scheduled

Chestnut Hill of Highlands, a premier residential senior living community located off Buck Creek Road in Highlands, has set new dates for its Open House. The original Open House in September had to be cancelled due to road closings after Hurricane Ivan.

Open Houses will be held over four consecutive weeks on Thursday, October 21; Wednesday, October 27; Thursday, November 4; and Wednesday, November 10, from 1 p.m. to 4 p.m.

Select cottages and apartments, plus the new model home, will be available for inspection. Along with the residences, the newly decorated Clubhouse will also be available for touring. Refreshments will be served.

‘Thank you…

To all of our customers who were so patient
Thank you…

To the other utility workers and everyone who was willing to lend a hand
BIG THANK YOU…

To our dedicated staff and contractors who worked so hard in the aftermath of Hurricane Ivan.
You are sincerely appreciated.

NORTHLAND CABLE TELEVISION

‘Thank you’

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You are sincerely appreciated.

NORTHLAND CABLE TELEVISION

Male chorus to perform at PAC Saturday night

A new musical experience is in store for the Highlands area with the performance of the newly formed Male Chorus, sponsored by the Martin-Lipscomb Performing Arts Center and directed by Orville Wike. The chorus will be performing Saturday night, October 16, at 8 p.m. at the Center (PAC) and will sing a variety of folk songs, religious music, and Broadway tunes, accompanied by Angie Jenkins at the piano.

“Our 17-voice chorus is nicely balanced among tenors, baritones, and basses,” says Director Orville Wike. “Although we’re a new choral group, I think the audience will be well pleased with our ability and performance. The all-male chorus has had a long history in many cultures of the world,” Wike added, “inspiring many modern forms of choral groups, both men’s and women’s, such as the male barbershop quartet and the female ‘Sweet Adelines.’ I’m delighted to help establish this time-honored tradition in the Highlands area.”

Wike has an extensive background in choral music, both academically and in his subsequent career, having directed church choirs in several states as well as a male chorus, sung with the Atlanta Symphony’s Robert Shaw Chorale, and served on the Voice Faculty for Western Carolina University. He has returned recently to his native town of Cullowhee and is presently the Director of Music for the First Presbyterian Church of Highlands.

Accompanist Angie Jenkins, a talented, accomplished musician, is the organist/pianist for Highlands First Presbyterian Church. She is a native of Highlands and a fourth generation member of the Church. Her grandmother, organist for a church in Raleigh, began piano lessons for eight-year-old Angie. At age 14, Angie started her study of the organ and has been the full time organist for the First Presbyterian Church since 1976.

Most members of the chorus have had a lifetime involvement with music. Many starting singing as boys and continued singing as adults in church choirs. Some have participated in Barbershop Quartets. Members of the Highlands chorus include: Sam Austin, Ed Barrett, Bruce Berryhill, Tony Chambers, Cecil Deas, David Dennison, John Gaston, John Greene, George Gunter, Jerry Huie, Stell Huie, Dennis Ostema, Joe Powell, David Schwab, Richard Strain, Bob Tietze, Tom Wise, and King Young.

Among the dozen or so musical selections the PAC Male Chorus will be singing on Saturday are “America the Beautiful;” “The Impossible Dream;” from “Man of La Mancha;” the navy hymn “Eternal Father Strong to Save;” the folk song “Bill Grogan’s Goat;” and the powerful “Battle Hymn of the Republic.” Baritone Stell Huie will be featured singing a set of three solos.

Tickets, $5 each for adults, may be purchased at the door during the hour before the performance. Children under 12 attend free of charge.
HELP WANTED


HOUSEKEEPERS – at Highlands-Cashiers Hospital and Fidelia Eckerd Living Center. Full time, 7am-3:30 pm, high-school graduate or GED. Excellent benefit package. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.


BY OWNER


HOUSE FOR RENT – Highlands, New. Beautiful 3-2 with greatroom, stone fireplace, wood floors, great kitchen ponds & private wooded lot.

HOUSE FOR RENT – Highlands Vacation Rentals/CCP office at Mountain Fresh Center

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SERVICES


Ruby Cinema

in Franklin, N.C.
524-2074

Evening shows (After 5 p.m.)
Adult – $6, Child – $4
Matinee (Before 5 p.m.)
Adult–$5, Child – $4
Seniors get $1 off “After 5” shows
Fri., Oct 15-21

FRIDAY NIGHT LIGHTS rated PG-13
Fri: (4:20), 7, 9:20
Sat: (2), (4:20), 7, 9:20
Sun: (2), (4:20), 7
Mon – Thur: (4:20), 7

TAXI rated PG-13
Fri: (4:10), 7, 9:10
Sat: (2), (4:10), 7, 10:10
Sun: (2), (4:10), 7, 10
Mon – Thur: (4:10), 7

LADDER 49 rated PG-13
Fri: (4:15), 7, 9:15
Sat: (2:05), (4:15), 7, 9:15
Sun: (2:05), (4:15), 7:05
Mon – Thur: (4:15), 7:05

SHARK TALE rated PG
Fri: (4), 7, 9
Sat: (2), (4), 7, 9
Sun: (2), (4), 7
Mon – Thur: (4), 7
( ) Matinee Pricing
Community turns out to help preserve hemlocks on trail

On Friday, Oct. 1, more than a dozen energetic volunteers gathered to do their part to help preserve the majestic hemlocks along the Coker Rhododendron Trail, which is owned and maintained by the Highlands Biological Foundation, Inc.

The trees are infested with the hemlock woolly adelgid (HWA), a tiny aphid-like pest that was accidentally introduced to this country from Asia in the 1920s. It has been on the east coast for some 50 years, but has only reached our area in the last few years. The pest is not visible to the naked eye, but its “wool” is. The adelgid builds a white waxy protective shield around itself, which is visible at the base of the needles of an infested tree within months after its arrival. The HWA is not very mobile, but is transported between trees by birds, wind, animals and the like. The adelgid feeds on the tree and, left unchecked, kills trees within five years. Our native eastern hemlock and Carolina hemlock have no natural resistance to the HWA.

“This project is truly a community effort,” said Dr. Robert Wyatt, Executive Director of the Highlands Biological Station. “Bob Weber, a local arborist, presented me with a proposal to use donated chemicals and supplies to protect these trees. This was an opportunity for our volunteers and the Biological Station groundskeeping staff to learn more about the adelgid and some of the ways to prolong the lives of these beautiful, ancient trees.”

Suzanne Inman and Rosemary Stiefel recruited HBF volunteers who measured and mapped the trees and excavated to clear the injection sites. Bob Weber and Sarah Linn, another local arborist, did the injections.

Many Highlands residents have hemlock trees that are important within the landscape design of their properties and are understandably concerned about the adelgid and possible loss of trees. The forest hemlocks are not only beautiful but are critical to the ecology of the forest. They help to control erosion, provide habitat for native species, and create cool, humid conditions, helping to keep streams cool enough to support trout.

One chemical, imidacloprid, is currently recognized as an effective systemic pesticide to combat HWA. It can be applied by arborists in several different ways. Because the Coker Rhododendron Trail area is environmentally sensitive and the trees occur close to a stream, trunk injection was the only treatment method seriously considered. The chemicals donated by Arborjet, Inc., of Winchester, Massachusetts, were used to treat six large trees that border the trail, including one that is more than four feet in diameter and estimated to be 400 years old. Efforts are under way to raise money to buy supplies sufficient to treat the remaining trees.

For the longer term, the USDA Forest Service is working with leading universities and nonprofit organizations to raise and release predator beetles that feed on the HWA. Early indications from this effort are encouraging, but beetles are not available yet in sufficient quantities. Therefore, HBS has chosen to do stem injections to buy time for these trees until the beetles are numerous enough to control population outbreaks of the HWA.

Star-nosed Moles: Unique Little Mammals

By Patrick Brannon

You have probably seen and stepped on tunnels of moles in your backyard. However, many people have never seen the animals responsible for these burrows. Moles are generally subterranean dwellers and are adapted for life underground. They have virtually no external ears, and their eyes are pinhead-sized or smaller and may appear absent. Their front feet are broad and shovel-like and face outward for digging.

Three species of moles occur in our area. The most common is the Eastern Mole (Scalopus aquaticus). It is easily recognized by its naked tail. We also have the Hairy-tailed Mole (Parascalops breweri), which, as the name indicates, has a tail covered by long bristly hairs.

The third species of mole in our area is the bizarre-looking Star-nosed Mole (Condylura cristata).

This mole can be readily identified by the many fleshy pink projections that fringe the tip of the snout. This structure distinguishes it not only from other moles, but also from any other mammal in the world. This “star” is an assemblage of 22 tentacles that contain numerous nerves and blood vessels. It has long been thought to be a tactile sensory structure used for detecting invertebrate prey. However, recent studies indicate that the rays, which are in nearly constant motion, actually detect bio-electrical fields of potential food items such as earthworms.

Star-nosed moles are usually found in wet environments, whether it is fields, woods, or swamps. They occur along slow-flowing streams with muddy bottoms, and especially in very mucky areas. Mole burrows in muck are almost undoubtedly from this species.
murmur. Mr. Coll never is able to find exactly what the nature of the relationship was, but Saudi Arabia was one of only three countries to recognize the Taliban (the others were the UAE and Pakistan) and certainly a lot of money flowed from Saudi Arabia to the Taliban.

The CIA began actively tracking Osama in the mid 90s and eventually a unit of the CIA’s Counterterrorism Center was completely devoted to bin Laden, so seriously did they take the threat of al Qaeda. The bin Laden unit was a group of analysts working in Langley Virginia, and were mostly women. In the late 90’s they became so fanatical that they were known as the “Manson family” because of their obsession with one man. Everyone that got involved and started learning about bin Laden’s intentions would become convinced of the dire threat he posed to this country.

Yet there was so much infighting and mistrust and lack of communication between various branches of government the need for a shakeup in our intelligence and homeland defense becomes quite apparent. Hopefully the reforms suggested by the 9/11 Commission will not be too politicized in the implementation so these problems can be solved.

Mr. Coll asserts that the problems extend beyond the intelligence community to our foreign policy: “Indifference, lassitude, paralysis, and commercial greed too often shaped American foreign policy in Afghanistan and south Asia…Nor did the U.S. have a strategy for engagement, democratization, secular education, and economic development among the peaceful but demoralized populations of the Islamic world. Instead, Washington typically coddled undemocratic and corrupt Muslim governments, even as their countries’ frustrated middle classes looked increasingly to conservative interpretations of Islam for social values and political ideas. In this way America unnecessarily made easier, to at least a small extent, the work of al Qaeda recruiters.”

Remember when anyone who claimed that America’s foreign policy might have had something to do with 9/11 was considered a traitor? Thankfully we’re at least in the place where this idea can be published!

And we’re still “strategically” coddling Pakistan today. We’re still turning our heads about the nuclear proliferation issue. The United States has not demanded that A.Q. Khan, the “father of Pakistan’s nuclear bomb” who sold nuclear technology to Iran, North Korea, and Libya be punished or at least forced to divulge all of his transactions. Khan is so popular in Pakistan that it is impossible for President Musharraf to deal harshly with him. And of course the “strategic” truth is we must keep the Pakistanis happy because we need Pakistan’s help to find Osama!

Where has all this “strategic” thinking gotten us? We spend more money on weapons than all other nations of the world combined. What are we getting with all of that money? Do we really need to be the only superpower? Is the pursuit of global domination really a wise investment of our nation’s capital? Why are we still so afraid?

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**HUMC Fall Festival coming**

Fall Festival at HUMC. 7:30-2. Biscuit Breakfast from 8:30-10. Hot dog lunch to follow. Lunch proceeds to go to the Irene Sanchez family. A portion of other proceeds from the sale of food items, crafts, clothes and fall decorations will go toward the youth’s mission trip to Bolivia this spring.

**’Heart of High Country’ DVDs**

“’Heart of the High Country’ DVDs are available at both Movie Stop and the Hudson Library – free rental at both.

**Supplies needed at school**

The Highlands School Main Office needs Tylenol, Neosporin, and Band-Aids to stock for student use. If you would like to donate any of these items, please deliver them to School Secretary Judy Smart at the Highlands School (526-2147).
Meadows Mountain Realty

Mirrormont
This beautifully decorated 3 BR, 2 BA house has all the things you would want in a home. Situated close to town on almost 1.5 acres with a bold stream to enjoy on those lazy afternoons, this home provides both inside and outside amenities. Hardwood floors, fireplace, spacious kitchen, Great Room/Dining room combination, office/sleeping den off the Master bedroom, inside and screened porch, outside with deck and walking path to the stream. Offered at $458,000 MLS# 54216

Horse Cove
Bold Streams, Waterfall, and Privacy adjoining USFS. Private paths along a mountain stream with outside entertaining areas. Sounds too good to be true. Well, it gets better. This 1+ acre site is the setting for your log cabin getaway. The owners lovingly had this Furnished 3 BR log home constructed to take advantage of its surroundings while offering the best in the authentic log cabin construction. Large timbers have been split to provide the walls, native stone was used for the fireplace, pine flooring and interior walls complete the feel. A loft overlooking the Great Room makes you want to have a fire and nestle in. The back covered porch may call you outside so that you can relax to the sound of the stream as it cascades down the rocks. Offered for the first time, $785,000. Spectacular adjoining lot may also be acquired for $445,000.
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The Fun Factory
Whistlestop Antique Mall

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HIGHLANDS HILLS
This home on 2 beautiful wooded lots in Highlands Hills has three bedrooms and three baths on two levels each, with its own deck. The great room with vaulted ceilings and a large stone fireplace makes this home. A perfect mountain retreat. Offered at 459,000.

GREAT MOUNTAIN HOME
All on one level. Great room with vaulted cedar ceiling, open kitchen, dining. Anderson windows 10 skylights, huge screened deck, 2-car garage. Excellent construction. Vaulted ceiling guest room and master bedroom. Creek running along back of property, beautiful landscaping, sunset views. All of this offered at $585,000.

CLOSE TO TOWN
Great Highlands Cottage, close to town, 2 bedrooms, 2 baths, pine paneling in living area, nice master suite, large deck, privacy fence around back yard, well landscaped, and low maintenance. $259,500

WHITESIDE MOUNTAIN VIEW
Three bedroom plus a den, 3-1/2 bath home features a large great room plan with pine paneling and a wall of glass that opens to a covered porch an deck to enjoy the spectacular vista of Whiteside Mountain and into Cashiers Valley. The interior is warm and inviting. Wildcat/Whiteside area, don’t miss this one! Offered unfurnished at $1,200,000

WORMY CHESTNUT & MORE
This cute country home is a must see if you like wormy chestnut, claw foot tubs, all wooden doors and lots of charm. There was a new addition done in 1987 to make this a 4 bedroom, 2 bath home on a beautiful one acre lot near Mirror Lake. Offered at $395,000

SPECTACULAR MOUNTAIN VIEW
Located on North Drive, Little Bear Pen Mountain, this Contemporary ranch plan features a large great room with stone fireplace, and a 3 bedroom, 2 bath split plan. Don’t miss the spectacular mountain view from this one if you are searching for a view home with in town living. Offered at $750,000

HIGHLANDS COUNTRY CLUB
Charming cottage. Totally redone and beautifully furnished. Do not miss seeing this one. A full equity golf membership is available at market price with country club approval. Offered at $1,200,000.

STONEWORK & AUSTRALIAN CYPRESS
Brand new, 3 bedrooms, 3.5 baths plus den and office. Huge rooms, 3 fireplaces, custom dream kitchen. 4-car garage. The finest quality from the stonework to the Australian cypress floors. Professionally landscaped. Offered at $1,990,000