Highlands Food and Wine Festival kicked off honoring Chef Louis Osteen

By Brian O'Shea
Plateau Daily News

Connoisseurs of fine cuisine and spirits descended upon Kelsey-Hutchinson Founders Park on Thursday for the Grand Tasting – the opening event for the Highlands Food and Wine Festival’s 4-day extravaganza. Patrons at the Grand Tasting drank, dined, and celebrated a unified passion for the culinary arts to the background of The Dip performing on stage but the night was not solely dedicated to the food and drink cuisine Highlands has to offer.

Legendary Chef Louis Osteen, who pioneered southern foods in South Carolina and laid the foundation for the restaurant scene in Charleston today was recognized by HFW Board Member Mayor on Duty

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Highlands U8 Soccer Team is Macon County champs

Pictured from left are Jensen Bowers, Harper Ramey, Michael Muñoz, Jackson Fairchild, William Burnette, Alex López, Todd Vilaro, and Harper Fairchild. With them is Gerardo Lopez. The team was undefeated in the regular season, 7-0 and 3-0 in the playoffs, Saturday and Sunday Nov. 2 & 3. They played at 9 am on Saturday, then again at 3:15 pm and at the championship game at 1 pm Sunday. In the final game, they played U8 Crush (Wahtera); U8 Commanders (first round) and U8 Sharks (second round). Congratulations!

– Photo by Marlene Fairchild

5th-graders and American Legion honor Veterans Day

By Brian O'Shea
Plateau Daily News

Highlands School 5th-graders and Highlands American Legion Post 370 held a special flag-raising ceremony with 5th-graders at Highlands School on Friday in honor of the 100th Veterans Day.

Nov. 11.

Legion Commander Ed McCloskey spoke to students and told them some facts about why and how we do what we do when it comes to our nation’s flag.

• See VETERANS DAY page 7

Laurel Garden Club taking 2020 grant requests

The deadline for grant applications to the Laurel Garden Club is January 31, 2020. The purpose of the Laurel Garden Club is dedicated to community beautification, protection, and conservation of the natural heritage and scenic mountain landscapes. The club’s purpose is charitable and educational. Proceeds from fundraising efforts will benefit projects that comply with the club’s stated purpose.

Organizations wishing to receive a grant from the Laurel Garden Club must have reached agreement as to the specific project for which the grant would be given.

Once the purpose of the grant is determined within the applicant organization, plans for the project

• See GRANTS page 19

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HFW Festival, Veterans Day and more

There were a lot of activities in Highlands this past holiday weekend. The Highlands Food and Wine Festival had another large turnout. It attracts visitors from all across the country.

Congratulations to the Highlands Chamber, the food and wine vendors, restaurants and merchants that put on this exciting event.

Once again there was a moving Veterans Day tribute on Monday morning at the Veterans Memorial Park in front of the Highlands Police Department. I want to thank American Legion Post 370 and the Highlands Police Department in their efforts to recognize American veterans. I also want to thank Phil Potts and the Wreaths Across America volunteers who placed American flags on the graves of veterans at numerous cemeteries on the plateau.

At each Veterans Day and Memorial Day ceremony, the American Legion installs bricks on the memorial walkway. Each brick has the name of a veteran from the Highlands Plateau. Since the construction of the park over 120 veteran bricks have been installed. The American Legion Commander calls out the name of each newly recognized veteran at each ceremony. On Monday 18 veterans with new bricks were recognized. The list of Highlands veterans that appeared in the last issue of the Highlander reveals there are many more to be recognized.

If family members want to recognize a veteran, there is an easy way to file an application with the American Legion. At the Veterans Memorial Park there is a kiosk right at the brick walkway entrance. Simply take the application with the instructions from the kiosk. Complete the application and send it with the required check to the American Legion address on the instructions. The bricks are then manufactured and installed before the next national holiday ceremony.

At the end of the ceremony I looked at Legion Commander Ed McCloskey and mused how we couldn't fully to appreciate the impact of the park project until it became a reality. Ed responded that when the first ceremony was held three years ago, we all didn't fully realize how quickly this memorial park would become a community asset and treasure.

During the ceremony American Legion Post 370 also presented the town with a check for park improvements. This check an existing funds will be used to improve the landscaping around the park.

I also want to thank an anonymous donor who bought lunch for all veterans that went to the Blue Bike. Maybe others will join in with this simple tribute next Veterans Day.

This weekend made me realize we are blessed with many community assets. Founders Park was a critical resource in putting on the Food and Wine Festival. The park is a vital community gathering place. Now that we have it, we realize how badly it was needed.

On a personal level I spent my Saturday afternoon utilizing town assets in entertaining two young grandchildren. I spent two hours wallowing in the Highlands Recreation Department pool, playing water games like pool basketball and noodle floating. As I floated in the pool, I again thought what a wonderful resource this facility is for our community.

We ended the afternoon with our grandchildren at the ice skating rink. They loved this town asset, too. At 71, I still swim, but no ice skating for me.

Thanks to all the generous donors that have made these “community treasures” possible.

Dear Editor,

On behalf of the Board of Directors of the Highlands Historical Society, I would like to publicly congratulate our founder, Dr. Ran Shaffner, on being recognized by his peers as the 2019 Historian of the Year.

True, his honor was for this year, but his contributions to his chosen field and especially to the wonderful town of Highlands extend well beyond this one year. From only an idea, he has led a great group of volunteers to establish an incredible star in the crown of this community.

Again, congratulations Ran. We are proud to be a part of helping you achieve our mission: To preserve and promote the rich heritage of Highlands for present and future generations.

Osborne C. Oakley, Jr. President, Highlands Historical Society

Let's look at the weather this week:

- **Fri, 15-Nov**: Mostly cloudy, a little rain. RealFeel® High 51° Low 34°
- **Sat, 16-Nov**: Sun and some clouds. RealFeel® High 59° Low 26°
- **Sun, 17-Nov**: Mostly sunny. RealFeel® High 57° Low 26°

For Real-time Weather and the Extended Forecast, go to www.highlandsinfo.com and click on Weather.
OPEN TO THE PUBLIC

NEW DATE!
SATURDAY,
NOVEMBER 23
3-5 PM

HARD HAT PARTY

MUSIC BY HURRICANE CREEK

WINE & CHEESE

LOCATION: Cottages on 4th is directly across from the ballfield in Highlands on N. 4th Street.
A page from the Highlands Newspaper highlights various dining options in the area.

**Wolfgang's Restaurant & Wine Bistro**

- **Address:** 474 Main Street, Highlands
- **Contact:** 828.526.3807 | wolfgang.net
- **Open Everyday EXCEPT Tuesdays**
- **Bistro** opens at 4pm, **Dining Room** at 5:30pm
- **Taking Reservations for Thanksgiving and New Year's Eve**

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**The Log Cabin**

**Casual Dining**

- **Fresh Seafood, Steaks & Comfortable Italian**
- **Lunch**: Thurs.-Sat. noon to 3p
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**On the Verandah Restaurant**

- **Address:** on Lake Sequoyah
- **Website:** www.ontheverandah.com
- **US 64 West • Highlands**
- **Dinner served nightly at 5:30**
- **Sunday Brunch begins at 11 a.m.**
- **828-526-2338**

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**NEW ON MARKET:** “Skyla” is offered to the market for the very first time and it is the quintessential old Highlands “charmer.” The layout has been updated since it was originally built and now offers five bedrooms, three bathrooms. Air-conditioning has been added, the bathrooms have been updated and walls removed to improve the flow from one space to the next. The former porch is now a much-used dining room/den with a cozy gas stone floor-to-ceiling fireplace.

**MLS# 92412 | Offered for $785,000**

**PRICE CHANGE:** Featuring three bedrooms and three bathrooms, this cottage offers a year around view of Shortoff Mountain from both the spacious living area and large partially covered deck. The home features a recently renovated gourmet kitchen, wood-burning fireplace, generator, two living rooms, hardwood floors, encapsulation and a new roof (2018). Low maintenance landscaping with garden.

**MLS# 91527 | Was $549,000 NOW Offered for $499,500!**

**NEW on MARKET & PRICE CHANGES!**

**PRICE CHANGE:** This gorgeous 3 story home is located inside the gates of the prestigious Country Club at Sapphire Valley in the Stonecreek Estates subdivision. Sitting on just over an acre of land at an elevation of over 3,600 feet, panoramic views are immediately encountered upon entering the home. The large glass doors and floor-to-ceiling windows lead out to a spacious main level deck that offers amazing year round views of Bald Rock, Cow Rock, and the valley below.

**MLS# 91177 | Was $1,049,000 NOW Offered for $999,000!**

**PRICE CHANGE:** Well maintained home close to town, 3BR and 2 BA on main level with upper level loft. Huge downstairs with the additional guest area and a full bathroom, 2 family rooms. There is a large open deck off main level with a lower level covered deck. Deeded access to Apple Lake for canoeing and fishing. Half Mile Farm is only a couple minute’s walk from the home, making it an attractive rental property when functions are happening.

**MLS# 91530 | Was $497,000 NOW Offered for $487,000!**
**Highlands Area Dining**

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For example, soldiers are given a 21-gun salute at military funerals because the sum of the numbers – 1776 – is 21 and that each of the 13 times the American flag is folded have a meaning.

Fifth-grade students at Highlands School are responsible for raising and lowering the flag each day. Highlands Assistant Principal Sarah Holbrooks said it’s important for students to know why they do what they do.

“I think lots of times kids do things because they’re told to do it,” she said. “It’s good that they know the meaning behind the flag, and possibly make it more meaningful to them as they raise it each day. For them to have some appreciation for what Veterans have done is important, too.”

What each fold of the American flag means:

As Legion Commander McCloskey explained:

“The first fold of our flag is a symbol of life.

“The second fold signifies our belief in eternal life.

“The third fold is made in honor and tribute of the veteran departing our ranks, and who gave a portion of his or her life for the defense of our country to attain peace.

“The fourth fold exemplifies our weaker nature as citizens trusting in God; it is to Him we turn for His divine guidance.

“The fifth fold is an acknowledgement to our country, for in the words of Stephen Decatur, “Our country, in dealing with other countries, may she always be right, but it is still our country, right or wrong.”

“The sixth fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

“The seventh fold is a tribute to our armed forces, for it is through the armed forces that we protect our country and our flag against all enemies.

“The eighth fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day, and to honor our mother, for whom it flies on Mother’s Day.

“The ninth fold is an honor to womanhood, for it has been through their faith, love, loyalty, and devotion that the character of men and women who have made this country great have been molded.

“The 10th fold is a tribute to father, for he, too, has given his sons and daughters for the defense of our country since he or she was first-born.

“The 11th fold, in the eyes of Hebrew citizens, represents the lower portion of the seal of King David and King Solomon and glorifies, in their eyes, the God of Abraham, Isaac, and Jacob.

“The 12th fold, in the eyes of a Christian citizen, represents an emblem of eternity and glorifies, in their eyes, God the Father, the Son, and Holy Ghost.

“The last fold, when the flag is completely folded, the stars are uppermost, reminding us of our national motto, ‘In God We Trust.’

Veterans Day began as a commemoration of World War I, that 11th hour of the 11th day of the 11th month in 1918 when the guns were silenced and the armistice was called and peace came at last. After four long years of fighting in the “war to end all wars,” the dead numbered an estimated 9 million troops. Nearly 120,000 were Americans.

Nov. 11 was originally Armistice Day in the United States, though it wasn’t ratified by Congress until 1938. By the mid-1950s veterans groups urged Congress to change the day to honor Americans who had served in all wars, removing the distinctive and sole honor for those who served in World War I.
This month I thought it would be exciting to pull back the curtain, so to speak, on what goes on once you enter Highlands-Cashiers Hospital’s Emergency Department. There are all the things that you, as a patient or family member of a patient, see and hear, but there are many things that our caregivers and other staff do that are much less obvious, but essential nonetheless. This information also serves to explain the average amount of time that an emergency visit requires, something we are continually assessing.

The ED is a complicated place with multifaceted treatments for each patient, and varying responsibilities, depending on whether you are a nurse, technician, general practitioner, or specialty physician. You probably know that we initially triage patients by determining whose needs are most urgent; this is called triage care. Here’s an example – if a person comes into the ED with a sprained ankle and another arrives from a car accident, we would need to access and treat the person in the car accident first. The reason for this is based on unknown injuries that could be life-threatening vs. the known sprained ankle.

I’ll create a hypothetical example of a male teen, brought to our ED by his parents, who has experienced a sudden-onset, severe headache. Our first concern would be a stroke, and although a teenager is an atypical stroke victim, we must first address the gravest possibility – even if it is unlikely.

We’ll call our imaginary patient “Wylie.” When his family enters our ED, we have to register him as a patient and communicate with him and his parents about his history of pain and any other symptoms he might be experiencing. Then we need to start ruling things out and entering into a deductive process. For example, we’d need to perform bloodwork, an MRI, an NIHSS (National Institutes of Health Stroke Scale) assessment, and other exams to rule out stroke.

Another critical part of our treatment, simple though it may sound, is communication. We need to listen to our patients from the moment they enter our ED; then, as they begin their journey with us, we continue to listen – even for the things they might not be saying. Then we need to observe them continuously and respond accordingly to whether their condition is stable or rapidly changing. Next, communication needs to be crystal clear among the members of Wylie’s care team so that each knows they are dealing with the most current record of what interventions Wylie has received. Last but certainly not least, we are bound to provide understandable, frequent updates to the parents. All of these interactions influence a patient’s and family’s experience profoundly.

Treatment that may not be evident to patients and families, but that happens without exception, includes a variety of screenings on every patient. We screen for physical abuse, mental health needs, well-child norms, and care needs, etc. What went on in our ED just when Wylie and his parents arrived also factors into his care.

If, after his testing is completed, he requires an ED bed, we must make sure the nursing staff has thoroughly cleaned the space he will occupy since it was used to care for the patient that immediately preceded Wylie.

These are just some of the intricacies that go into making our ED operate effectively and successfully, but many are “under the radar” as patients wait for treatment and information. At times, one patient may require the services of two nurses. Not only that, but the initial acuity presentation may increase or decrease accordingly.

It’s tempting to think that there’s a “magic” solution when it comes to speeding up ED care, but as you can see, each patient’s time to treatment period is influenced by so many co-occurring realities. I’m proud to say that Wylie’s – and everyone else’s treatment – is completely personalized when they visit our ED. One patient’s more extensive experience is made up of many smaller ones that are frequently in flux. We’re called upon to be resourceful as patients’ needs change, and I hope this window into our world is both revealing and helpful to you as healthcare consumers.

We continue our search for physician candidates for Cashiers and hope to have news in the coming months as to who will be joining us to provide exemplary care for the Cashiers community.

Timothy Layman, DNP, is the Interim Chief Executive Officer and Chief Nursing Officer (CNO) of Highlands-Cashiers Hospital. Layman holds a PhD in Nursing Practice from Yale University, a MS in Nursing Administration from LaRoche College and a BS in Nursing from Pennsylvania State University. Before coming to Angel Medical Center and Mission Health, he served as Vice President for Innovation and Entrepreneurship at Thomas Jefferson University. Layman currently serves on the faculty of Thomas Jefferson University and Yale University.

...HFW continued from page 1

and Old Edwards Inn General Manager Jack Austin. Austin announced a collaboration with the Culinary Institute of America and HFW to set up the Louis Osteen Legacy Scholarship, a $100K endowment fund to exist in perpetuity for aspiring culinary students in the Highlands and Cashiers area.

“Highlands Food and Wine has always had a charitable component, and this festival is not just about Highlands, but the whole southeast,” said Austin. “Louis Osteen was a guiding force of southern cuisine and was the standard bearer for the legitimacy of southern cooking.”

Osteen passed away in May of this year, and wife Marlene said having a scholarship fund for up-and-coming culinary students had been a goal of Louis’ for years.

“I can’t tell you how elated and grateful I am for this,” she said. “This has always been his dream of his and he just loved bringing people into the industry.”

Though the name and scope has changed immensely, HFW began 13 years ago always focusing on food while highlighting wine and music as well.

Events at this year’s festival featured The Grand Tasting, Truckin’, The Main Event, Sunday Shindig, Sip and Shop and various wine dinners.

See picture on pages 16-17.

I've written before about what happens when individual liberty for one person conflicts with the sensitivities of another. This conflict comes into sharp detail when the conversation is about guns, abortion, or gay marriage. For some, these questions are binary, and should be considered individually. For others, they collectively constitute a single issue. For these folks, it's all about choice.

We enjoy a level of freedom in these United States that is the envy of the rest of the world. This is, we are told, the land of opportunity, that anyone can be born into any set of circumstances and can, thanks to our Constitution, our status in the world, our powerful economy and nearly impenetrable national defense, rise to any level of success we can imagine for ourselves. We are told we can go anywhere, do anything, live where we choose, and follow our dreams wherever they take us.

Some of us, though, know that actually executing on those ideas is not as simple as we like to believe.

Choice itself is an elusive notion. On surface stuff, we Americans are accustomed to having almost too many choices. Think of cable or satellite television channels and programs, stocked-to-the-ceiling supermarket shelves, and department store racks … these choices can literally overwhelm us. But when it comes down to serious choices, those binary choices, we have to invest a lot more thought than we do about which breakfast cereal we purchase.

The First Amendment reads in relatively clear terms that we are entitled to “free” speech, “free” association, the “free” exercise of religion, and “freedom” to assemble with whomsoever we choose. We may be “free” to engage in all of these practices, but we often face pushback, some of it nasty, some even violent, from folks who don't like what we choose to say, with whom we choose to associate, how or if we choose to worship, and the activities of the group with whom we choose to assemble. Never forget, these citizens, the disagreeable ones, also enjoy these same rights and freedoms.

The Second Amendment reads, also in clear terms, that should we so choose, we are entitled to keep and bear arms. It doesn't get more specific than that, other than that annoying part about a well-regulated militia. People don't have to explain why they want a gun, or more than one gun. People don't really have to “qualify” to own a gun, or guns. In part for these reasons, many people would like to see this particular choice curtailed or eliminated.

A woman, under the due process clause of the right to privacy provision contained in the Fourteenth Amendment, has the Constitutional right to choose to end a pregnancy. Folks who would prefer this particular right be curtailed have the choice to challenge that woman’s decision in court. And when that doesn't work, they exercise other available choices to limit access to a woman’s right to choose.

Under the due process clause, plus the equal protection clause of that same Fourteenth Amendment, gay people have the right to marry. Some individuals, uncomfortable with the idea of marriage between other than one man and one woman, can choose to withhold their services from the event in question. These choices also often end up in court.

Choices made by free Americans come with responsibilities. Freedom isn’t completely free. Choose an abortion? It’s an irrevocable choice, so be sure it’s what you need to do. Choose to own guns? Learn how to use them, how to keep them out of the hands of unstable people and lock them up. Choose to marry your same-sex partner? Know that some folks are going to be unwilling to provide you with their support and/or their marriage-related services.

When Americans travel, especially in places other than the developed world, they are often stunned to discover that the whole idea of choice is about as foreign as the place itself. Gun ownership? Laughable. Abortion? Nope. Gay rights? Seriously? Much of the un- and under-developed world doesn't have cable television. People living on a subsistence level would collapse in a western supermarket or department store. Their aspirations focus on moderately clean water.

The first-world choices we argue over are as foreign to a large part of the world as our perceptions are of how “those people” even manage to survive. With that yardstick in mind, be judicious in your choices, and never take for granted that you have them.
Why does the sky turn Carolina blue every fall?

By Milton Ready

Fall has come and gone in North Carolina, and, with it, the leaves that assumed their appointed colors and fell to earth under the bluest sky of all. Some would even say it turns Carolina blue.

Yet when you raked, blew, or else just relished the kaleidoscope of colors that swirled around you during that golden time of the year, you may have also enjoyed what you did as a child, falling down into a pile of leaves, waving your arms, laughing spontaneously, and gazing up at “the clear sky’s purest blue.”

Here in the mountains, it’s important to look up as well as out to see fall’s splendor. Yes, an autumn sky is the bluest of all, and, rolling around in nature’s golden colors, you just might experience a junction with the infinite or at least with an imagination you once had as a child before a good education ruined it. Wouldn’t it be wonderful to be and feel so naive and innocent again?

Did you know that, if you live in Western North Carolina the air “makes distant mountains and sky appear blue?” Leonardo da Vinci, no slouch with colors, discovered that a long time ago and ever afterward landscape painters and artists have used his “rule of blueness” to give a sense of spatial regression in drawings. They still do. Just look closely at a landscape painting and observe its blueness.

Yet why does the sky turn so amazingly and seemingly Carolina blue each fall? Sir Isaac Newton, the guy who had an apple fall on his head one blue sky autumn day, believed that air splits white sunlight into refractory and thus different colors and, from that, reflect blue light rays more than others like red and green. He was close.

Have you ever heard of a cyanometer? You might call it a color wheel. In the 1760s, a Swiss geologist named Horace-Benedict Saussure invented it to measure “blueness” according to Newton’s theory. He, too, lived high in the mountains. The bluer the air, the more particles it contained, or so thought Saussure. Like those of you who are reading this, he imagined heaven bluer, even better, if viewed from the mountains. Don’t believe me? Then take a color wheel out with you and fall into a pile of leaves – or a snow drift -- while gazing up at the heavens and see for yourself.

In the world of curiosity seekers and butterfly men who came to the Americas in the early 19th-century, two decided to find the bluest place of all. Aime Bonpland, a French botanist, and his companion, a better-remembered German naturalist named Alexander von Humboldt. They climbed to the top of Mount Chimborazo in Ecuador, then thought to be the highest point in the world, just to measure the purest, bluest sky of all. They did. On June 23rd, 1802, the clouds magically parted and the almost frozen and desperate scientists recorded a blue of 46 degrees on the cyanometer, the purest, deepest, and most wonderful blue of all unless, of course, you happen to catch Whiteside, Max Patch, or Mt. Mitchell at a perfect time in the fall. Yet today global warming has largely melted away the glacier peaks of Chimboarzo but you can still find a lot of blue sky above you right here.

John Tyndall, still another Englishman chasing blue skies and butterflies, came up with yet another theory to explain the blueness of it all. Called “the Tyndall effect,” it all had to do with an “aqueous vapor.” Although a better-remembered German naturalist named Alexander von Humboldt.

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Humans say the funniest things

Have you ever noticed the funny things people say? I think my pet parents say the strangest things, and I never have any idea what they mean. I wonder whether they do.

Let’s start with “burning the midnight oil.” Who burns oil? Turns out the phrase originated in the days when folks used oil lamps and staying up late to write or read meant keeping the oil lamp going. I had a good laugh at one explanation that said the phrase isn’t used much by young people. Ya think?

Another phrase my mum is fond of is “no rest for the weary.” I want to know who decided that was some kind of rule. Mum and I turned to google to find out where this saying came from and discovered it first appeared as “no rest for the wicked” in a 1935 mystery novel and then appeared as no rest for the wicked or weary in another book 1979. That still doesn’t tell me why it’s so.

I don’t often tell Mum she’s wrong, but when I’m weary, I just flop down wherever I am and snooze. I think she gets the message that this silly rule does not apply to me.

Dad is the one who says, “Loose lips sink ships.” I’ve come to understand this is a reference to my lower lip, which droops a bit. Mum and Dad think that’s why I sling dog food nuggets on the floor when I eat—sometimes just a few, often lots.

When Dad sees the nuggets, he always mentions sinking ships, but I don’t know why. Well, this is one saying for which they both knew the meaning: Careless talk “could” sink ships if the information fell into the wrong hands. The phrase originated during WWII and could be found on posters in the US.

The words Mutt and Jeff came up when Mum shared the story of one of her childhood dogs. Now I ask you, how many folks today know who Mutt and Jeff are? I sure didn’t. They were cartoon characters in a comic strip that ran from 1907 to 1982. Mutt was tall, and Jeff was short. I’m pretty sure there aren’t many young people who know what the reference means either.

When Mum was a girl, her family had a small dog named Pudgy, and Pudgy had a Doberman pinscher friend named Franz, hence Mutt and Jeff.

Do your pet parents say funny things? Do you know what their sayings mean? If my readers send me enough examples, I’ll write another column on the topic. For now, though, this weary dog plans to get some rest, no matter what Mum says.

Lord Banjo lives in Georgia with his Mum, Kathy Manos Penn. Find similar stories in his book, “Lord Banjo the Royal Pooch,” available at Mountain Paws in Highlands, Books Unlimited in Franklin, and on Amazon. Contact him at inkpenn119@gmail.com.
Ongoing
• Movies at the Playhouse Fri & Sat 1, 4, 7; Sun. 1 & 4; Tues-Thurs 1, 4, 7.
• Ice Skating at K-H Founders Park – Thurs., 1-8p; Fri. & Sat 1-10p; Sun. 1-5p. Closed Thanksgiving Day, Christmas Eve and Christmas Day.

The Bascom is open Friday - Monday 10am-5pm (Sundays 12pm - 5pm). Visitors are welcome to enjoy the newly updated Story Walk Trail throughout the week.
• At the Highlands Recreation Dept. pool. Public Swim Monday-Thursday 11a-7p Friday and Saturday 11a-6pm and Sunday 1-6pm.
• Fibber Magee’s Clothing Thrift Store on Laurel Street is open Tues.-Friday day 10a to 4p and on Saturday from 10a to 2p.

First Mondays
• Shortoff Baptist Church non-denominational Men’s Mtg at 7p.

Mondays
• At the Rec Park, Dance2Fit classes with Tori Schmitt at 5:30pm.

Mon.-Wed.
• Hip Hop classes with Tori Schmitt 5:30-6:30.

Mon. & Thurs.
• The Joy Program at HUMC 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors are welcome. For more info, call Tricia Smith at 828-338-8167.

Mon. & Fri.
• Gentle Yoga at the Rec park at 9:15-10:15 a.m. All levels welcome.

Mon., Wed., Fri.
• Heart Healthy Exercise Class Monday, Wednesday and Friday 8:30am-9:30am.
• Step Aerobics with Tina Rogers 8-9a.

Mon., Wed., Thurs.
• Pickle Ball at the Recreation Department Gym 10:30am -1pm

Tuesdays
• FREE Community Table Dinner at the Community Bldg at 6p.
• The Highlands Writers Group meets Tuesday, at 3pm in the downstairs boardroom at The Bascom. Writers at all levels of proficiency are welcome. For additional information, contact Bud Katz, 828-526-3190 or budandlynn@me.com.

Third Tuesday
• The Joy Program at the Recreation Dept. pool.
• The Macon County Poultry club meets to discuss topics related to raising backyard chickens. For more information please call 828-349-2046 or 828-369-3916.
• Highlands Area Indivisible Group meets at 5 pm in the Meeting Room at the back of the Hudson Library.

Third Wednesdays
• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

Wed. & Fri.
• Highlands/Cashiers Alcoholics Anonymous “Open Meetings” are for anyone who thinks they may have a drink-
Macon County’s own David Pruitt will be featured at this year’s Hard Candy Christmas Art & Craft Show Friday and Saturday after Thanksgiving. November 29-30. He will be have his handcrafted Nativity Scenes and his White Churches for Christmas giving. He will also have little Mountain Houses and Stores. Collectors line up early to see what his newest creations will be. “I cannot remember when I wasn’t creating something. My background in building is what inspired me to start creating detailed buildings,” said Pruitt.

2nd Thursdays
• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

3rd Thursdays
• Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

Fourth Thursday
• At the Hudson Library, Kids Zone LEGO Club. Intended primarily for kids in grades 1-5, LEGO Club allows creativity and STEM skills to develop together as kids enjoy making LEGO creations.

Fri., thru Nov. 22
• Families with young children ages 3-5, are invited to join the Highlands Nature Center’s Education Specialist, Paige Engelbrektsson, every Friday morning 10-11a as she combines stories, walks, and activities for their little ones. Different topic each week. Adults must accompany their children. The suggested age for children is 3 to 5 years old. Families who wish to participate in this free outdoor educational program should be prepared to go outside rain or shine. It’s free. No registration is necessary. Meet at the Highlands Nature Center, 930 Horse Cove Road. For more information, call (828) 526-2623.

First Fridays
• The Bascom at Sotheby’s series features different artists each month with a reception the first Friday of every month at Highlands Sotheby’s International Realty from 4-5:30p at the corner of Main Street and Highway 64 across from The Old Edwards Inn. The public is invited to come meet the artist, view the exhibit and have some wine.
  • At the Rec Park Pool. Movie Float-in Night - all ages Pool opens at 6:30p and movie starts at 7 p.m. Call for title and prices. 526-1595.

Friday - Monday
• At the Bascom, 10am - 5pm (Sundays 12pm - 5pm): Free Admission to exhibition spaces and SmArt Space for children. For more information call 828-526-4949.

Saturdays
• At The Bascom, Pottery Sale in the barn from 10a to 5p.
• The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.
• Free music in the K-H Founders Park on Pine Street 6-8 p.m.

Sundays
• Live Music in OEI’s Hummingbird Lounge 8 p.m. to close with Paul Jones.

Fri., Nov. 15
• The High Mountain Squares will host its “Harvest Dance” Friday night from 6:15-8:45 p.m. at the Robert C Carpenter Community Building, GA Road (441 South), Franklin, NC. We will be collecting can goods for Care Net to help during the holidays. Mr Kenneth Perkins from Pelzer, SC will be the caller and the lovely Sue Blair will be the line dance instructor. We dance Western Style Square Dancing, main/stream and plus levels. Everyone is welcome, just don’t forget to bring some can goods for Care Net. For information call: 828-787-2324, 828-332-0001, 727-599-1440, 706-746-5426

Sat., Nov. 16
• The Highlands Plateau Greenway will conduct its monthly work day on the Greenway Trail from 9a-noon, Saturday. If you are interested in participating, please reply to this email so we will know you are coming. We’ll meet at the large upper parking lot behind the Recreation Center at 9a for a brief orientation session, and you will be furnished with the necessary tools and safety equipment. Please bring work gloves and bottled water.

Thurs., Nov. 21
• A free coffee/meeting at 10:30 a.m. at Hudson Library to meet candidate Dr. Conway who is running for NC Senate District 50. Free and open to the public.

Fri, Nov. 22
• Booksigning at Hudson Library with author Martha Porter of “Advent in the Real World,” at 11 a.m. Refreshments will be offered.

Tues., Nov. 26
• Booksigning at Hudson Library with Cassandra King Conroy’s “Tell me a Story,” at 12:30 p.m. Lunch bites will be offered.
As soccer ends, basketball begins

High school soccer has finished their season out and moved into basketball. Soccer finished their season in first round of state playoffs, losing 3-0 to Highland Tech.

High school basketball has now begun for both boys and girls. They will host a pre-season scrimmage tonight, Thursday November 14th. They will play Brevard with girls playing first and boys following. Their first home game will be on Monday, November 18th. They will play Tallulah Falls with JV boys starting at 4:30, Varsity girls following, and Varsity boys ending. There will be no JV girls.

Middle school soccer has also officially begun their season. They opened their season with both having strong wins over nantahala. Their next home game will be Thursday, November 21st. They will play Cullowhee Valley starting at 4 pm. The girls will play first and the boys will follow.

Cheerleaders will also be attending every game as well as competitions this season. Their first competition of the season is on Saturday, November 23rd in Greensboro, NC.

Come out to support your Highlanders as their new season begins!
**Biz/Org News**

**The ‘Mike & Dooley’ Show**

Mike & Dooley, a show filmed and produced at Backlot Cinema located in Franklin, NC, has announced that they have recently come to an agreement with the Faith Unveiled Network for the airing of the “Mike & Dooley” show across all of their media and social platforms and outlets.

Faith Unveiled Network is headquartered in Laguna Niguel, CA and was formed out of a need to give exposure to individuals who would like to express their faith in unique ways on a plethora of platforms.

Faith Unveiled Network is broadcast in over 120 countries and Mike & Dooley will air on a variety of social and media outlets including FaithUnveiledNetwork.com, the Faith Unveiled Network mobile app, Amazon Fire TV Stick, ROKU Internet TV, and KVVB-TV53.

Their shows will also be available via podcasts on outlets such as iTunes, MixCloud (based in London with over 3 million subscribers), Castbox (over 10 million subscribers), PlayerFM, and many others.

With regards to the opportunity to help promote positive thoughts and messages (and hopefully a little laughter) on a larger platform, co-hosts Mike Carrier and Jeremy Dooley said, “We started our Mike & Dooley show in Dooley’s office with a yellow legal pad and an iPad. Now we have the opportunity to reach more people with positive messages. The whole thing seems somewhat surreal and a little crazy but as the doors seem to keep opening for us we keep walking through them!”

Mike & Dooley are also appreciative of their opportunity to work with Backlot Cinema. Backlot Cinema is located in Franklin, NC and owned by Phil and Josh Drake and managed by Ben Walker. On their partnership Mike said, “Backlot has a beautiful studio and state of the art equipment and Ben and his team do incredible work. We’ve really enjoyed working with them on something that we all feel is important and needed in today’s media.”

**About Mike & Dooley:** Mike & Dooley is taped in Highlands, NC and Macon County, NC and aired on FaithUnveiledNetwork.com, MikeandaDooley.com, Mike & Dooley’s social media outlets, and WATC-TV 57 out of Atlanta, GA. They are currently working on their first children’s book, “The Adventures of Mike & Dooley” (based on their popular “Here We Go With Mike & Dooley” series) which will be released in December 2019.

**Baumrucker of MountainTop Rotary torch passes to Hornthal of EcoForesters**

President John Baumrucker presents a pen to Lang Hornthal after his presentation to the MountainTop Rotary Club in late October. Hornthal, development and Communications Director of EcoForesters, gave a fascination talk about the history and preservation of our forests. One of the misconceptions many people have is that our area is mostly owned by the USFS, when in fact, the opposite is true. EcoForesters is a 501c3 non-profit professional forestry organization dedicated to conserving and restoring our Appalachian forests.

![Forestland Ownership in Western NC](image)

Read more about forest ownership at EcoForesters.org

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Photos by Highlands Newspaper’s Kim Lewicki, Jim Lewicki and Rachel Lewicki
Will you take the ‘road less travelled?’

In the Robert Frost poem, “The Road Not Taken,” he has the wonderful line that says, “Two roads diverged in a wood, and I; I took the one less traveled by, And that has made all the difference.”

The road “less traveled” proved the better route in Robert Frost’s life.

There’s a story about a monk who found what looked to him like a precious stone. He put it in his pocket and went on with his life.

Then, one day, the monk met a traveler who was thirsty. When the monk opened his bag to share his water, the traveler saw the stone. The traveler asked the monk to give it to him. The monk readily handed over the stone.

The traveler departed, and he enjoyed the stone immensely. Yet, after only a few days, he went searching for the monk. When he found the monk, he gave him back the precious looking stone and said to him, “Please, give me something more precious than this stone. As valuable as it may be, give me your ability to give the stone away.”

Yes, the ability to give your life, to commit yourself to something or someone, to discipline your life, and the willingness to pay your dues, represents a giving way of life. It is not about grabbing and getting. It is about giving yourself, which often means the path less traveled, a path no doubt involving struggle, sacrifice, and even suffering.

Such a way is the thorn way, or the way of the cross, but it is the blessed way.

Will you take the road less traveled?

Will you travel the way of forgiveness, the way of grace, the way of God’s love?
McDavid earns two designations

Suzanne, a native of Vero Beach, Fl., moved to Highlands in 1993 from Los Angeles. She attended Georgia Southern University and has 25 years of hospitality industry experience (11 of which were spent at a local favorite...on the Verandah).

Suzanne is the Buyer’s Advocate, making your buying experience as smooth and successful as possible. She has earned the Accredited Buyers’ Representative Designation, as well as becoming a Resort and Second Home Specialist, which gives her an extra edge in promoting her Buyer-Client’s interests. As an unofficial Ambassador to this area, she will educate you on the different areas and the local market, as well as minimize your stress, and simplify the process of locating properties that fit your needs. Laid-back and fun, your interests will become her interests.

Suzanne says, “Navigating the world of real estate in Highlands and Cashiers is a natural one for me, since I absolutely love living here. Beyond its incredible beauty and offering a high quality of life, this area offers us all that we imagine when we see ourselves living in an ideal community. I absolutely love meeting new Buyers/Friends, protecting their rights, and sharing my knowledge with them.”

Suzanne is licensed in North Carolina and Georgia. She lives in the Highlands-Cashiers area with her two children, Remy and Sydney.

Greenlee receives Rotary distinction

Duncan Greenlee, 2018/2019 President of Highlands Mountain Top Rotary Club, accepted an award with platinum distinction, the highest of its kind, for helping Rotary “be the inspiration.” The award was presented by Carol King, District 7670 foundation chair on behalf of 2018/2019 Rotary International President, Barry Rassin. Rotary of Highlands Mountain Top meets on Monday evenings at 5:30, Jones Hall of the Episcopal Church. Come visit to see what we’re about, and of course, new members are always welcome.

GRANTS continued from page 1

must be made with sufficient specificity to obtain bids or quotes from providers, including but not limited to landscape architects, plant nurseries, etc. Please provide a plant list and advise of any changes to original plant list. Changes need to be approved prior to planting. Grants are not intended to cover operation expenses or staff salaries.

The applicant organization must complete a grant application, which is available online at www.laurelgardenclubhighlands.com and submit with supporting plans and bids or quotes to President Brenda Manning of the Laurel Garden Club at bmanning16@frontier.com who will present all such proposals to the Grants Committee for its consideration. The Grants Committee will then make recommendations to the full membership for its approval. All grant requests will be evaluated and be presented to the membership.

The Laurel Garden Club reserves the right to exercise its own discretion as to whether to award any grant, as well as the amount of any funds granted. The Club encourages the use of native plants and plants with a proven record of successful growth in the Highlands area.

Please note this is the only deadline for considering grant requests to the Laurel Garden Club.

Highlands Police entries from Oct. 30. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.

Oct. 30
At 7:30 p.m., officers responded to a two-vehicle accident on Main at 2nd street.

Oct. 31
At 8:44 a.m., Christopher Scott Flowers, 34, of Highlands, was arrested for two outstanding warrants from other jurisdictions. He was issued a secured $1,000 bond. His trial date was Nov. 12.

The Highlands Fire & Rescue log from Nov. 7
• At 3:38 p.m., the dept. was first-responders to a location on Main Street.
• At 9:30 p.m., the dept. responded to a fire alarm at a residence on Morewood Circle.

Nov. 8
• At 3:27 p.m., the dept. provided mutual aid to Cashiers.

Nov. 10
• At 2:39 a.m., the dept. responded to a motor vehicle accident on US 64 west.
• At 11:28 a.m., the dept. was first-responders to a residence on US 64 west.
• At 2:56 p.m., the dept. provided mutual aid to the Scaly Mountain Fire Dept.
• At 7:53 p.m., the dept. provided mutual aid to the Cashiers Fire Dept.
• At 8:10 p.m., the dept. responded to a chimney fire at a residence on Highgate Road.

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EXCELLENT OPPORTUNITY TO PURCHASE A COMMERCIAL/MIXED USE PROPERTY strategically and conveniently close to Highlands in Scaly Mountain. Property includes a post office, real estate office, individual home and five apartments. Directly across from new Dollar General store. For information, contact Jody or Wood Lovell with Highlands Sotheby’s International Reality at 828-526-4104. (st. 6/20)

RESIDENTIAL RENTALS

4 BD 3.5 BA, 1 CAR GARAGE W/STORAGE, large yard with backyard fenced, dogs negotiable. On the Atlanta side of Highlands, 5 minutes from the Post Office. $2,500 month. Offered unfurnished, one year minimum lease, references, credit check and deposit required. Call House in Order at 828-484-1571. (st. 11/4)

ROOMMATE TO SHARE HIGHLANDS HOME AND EXPENSES. Call Sonja. 828-487-0363. (st. 9/26)

LUXURY APARTMENT IN TOWN. Walk to Main Street. 1 BR 1 B. $3,500 per month. 3 month minimum. Sorry, no pets, no smoking. Adults only. 828-421-1709. (st. 5/10)