

# Highlands Newspaper

FREE Every Thursday

Volume 16, Number 15

Real-Time News, Weather & WebCams: [HighlandsInfo.com](http://HighlandsInfo.com)

Thursday, April 11, 2019

## Study shows North Carolina families are struggling to make ends meet

By Brittney Lofthouse

Making ends meet in North Carolina is becoming increasingly difficult for thousands of families across the state.

According to a new report by the Budget & Tax Center, a project of the NC Justice Center, families in North Carolina are struggling to earn a living while keeping up with the costs of ev-

ery day life.

The Budget & Tax Center has updated its Living Income Standard (LIS) for 2019, a measure that gives a more accurate and comprehensive picture than more traditional measures of what it takes for a family to make ends meet in each of North Carolina's 100 counties.

For example, the LIS shows

that in North Carolina, a family of two adults and two children must earn \$52,946 a year to actually afford housing, food, child care, health care, transportation, taxes, and other necessities – more than double the federal poverty threshold for a family of four. That translates to an hourly wage of \$25.45 or about \$13 per person, per hour.

•See **STRUGGLING** page 5

### • INSIDE THIS ISSUE •

Mayor on Duty.....	2	Investing at 4,118 Ft. ....	11
Weather.....	2	Spring Home Imp.....	12
Letter.....	5	Events.....	14
Word Matter.....	7	The Ink Penn.....	17
Younger Through Fitness ...	10	Police & Fire Report.....	20

## HS High School Track Team – 2019



Front row from left are Abby Olvera, Jeslyn Head, Hannah Holt, Madi Drummonds, and Brianna Norris. Back row from left are Freddie Lopez, Carson Talbert, Jeff Olvera, Lawson Shuler, Pablo Jiminez, Brandon Moss, Bailey Schmitt, Caden Smolarski, Julia May Schmitt, Lane Tingen, Connor Briggs, Patrick Woods, Jesus Damian, and Jed Clark.

– Photo by Brian O'Shea, Plateau Daily News



The driver of this car crossed the center line and hit a truck head-on. Investigators determined that she was trying to read a text message on her phone when she was killed.

## Bill prohibiting use of hand-held phones while driving is gaining traction

By Brittney Lofthouse

Macon County native and House of Representative Kevin Corbin has garnered national attention since introducing House Bill 144, the “Hands-Free NC

Act” earlier this year.

Rep. Corbin's bill would prohibit drivers from using a hand-held phone to talk, play games, watch video or access the internet

•See **PHONES** page 6

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# • THE PLATEAU'S POSITION •

## • MAYOR ON DUTY •

### Tracking legislation that could affect us

Last Friday Mayor Bob Scott of Franklin, Mayor Lynda Sossamon of Sylva and I carpooled to Black Mountain for a regional mayors' roundtable. The event was sponsored by the North Carolina League of Municipalities (NCLM).

It is good to periodically get off the mountain and meet with mayors from other municipalities. While Highlands might be rather isolated in a remote part of North Carolina, I always find that we share common issues and concerns with other communities. This observation is particularly true while the North Carolina legislature is in session as is the case now.

Marion's mayor Steve Little opened the roundtable by expressing concern about pending legislation to change the current state ABC system. His specific concern was the proposed consolidation of local boards into single county boards. Every mayor at the roundtable agreed.

NCLM tracks all legislation that may impact municipalities. Will Brooks, a staff member and roundtable coordinator, told us that currently the consolidation proposal did not have enough support to pass, nor



Highlands Mayor  
Patrick Taylor

does the movement toward ABC Store privatization. He indicated there would be some adjustments made to current ABC laws, such as permitting ABC stores to be open on Sunday afternoon. I hope the changes only will be options for local boards to consider.

Another big topic was the proposed legislation concerning broadband. All the mayors were enthusiastic about legislation that would allow stronger public/private partnerships for developing community fiber optic networks. We were in the spotlight so to speak since Highlands has been developing a network for the past four years and is now about to start construction. Final passage of this new legislation may well go into next year's short legislative session. We might have our network close to operation by the time this new legislation is in effect.

The mayors also reviewed several other pending bills. One is HB 399 which would extend the historic preservation tax credits for another four years. This bill is critical to many communities in reviving historic districts that have experienced decline.

Another bill just introduced at the end of the week would modify existing local tree ordinances. The bill, SB 367, is supported by home building and development interests that contend current tree ordinances in many communities are too restrictive. The NCLM supports tree ordinances as a means for local communities to preserve their unique, natural character. Even the Highlands commercial tree ordinance that was approved by the legislature might be affected. The NCLM will track this bill and ascertain its potential impact.

Since last Friday's roundtable, more legislation has been introduced that might affect Highlands and all NC municipalities. Here we go again with a new bill entitled "Simplifying NC Local Sales Tax Distribution." We fought this battle back in 2015, but it might be back again. The bill is SB 650 and is being scrutinized by the league. SB 534 brings back proposed billboard legislation.

The NCLM, along with mayors, will continue to track bills that could hit municipal pocketbooks and operations. Stay tuned.

## • HIC'S VIEW •



## • LETTER •

### Be a part of the redistricting discussion

Dear Editor,

The U.S. Supreme Court met March 26 to hear arguments on Redistricting in three states, including North Carolina. Its decision could have significant impact on you no matter your party affiliation.

•See LETTER page 5

## • WEATHER •

	Friday 4/12		Saturday 4/13		Sunday 4/14	
	Daytime	Overnight	Daytime	Overnight	Daytime	Overnight
Temp	64 F	52 F	65 F	54 F	61 F	41 F
RealFeel	67 F	54 F	68 F	56 F	59 F	49 F
Winds	6 g 8	3 g 5	4 g 7	4 g 6	7 g 14	5 g 10
T-Storms	41%	40%	41%	40%	91%	40%
Rainfall	0.31	0.04	0.15	0.3	1.88	0.23
Snowfall	0	0	0	0	0	0

For Real-time Weather and the Extended Forecast, go to [www.highlandsinfo.com](http://www.highlandsinfo.com) and click on Weather

### Highlands Newspaper

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Locally owned and operated by

Kim & Jim Lewicki

Adobe PDF version at

[www.HighlandsInfo.com](http://www.HighlandsInfo.com)

265 Oak St.; P.O. Box 2703,

Highlands, N.C., 28741

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#### Letter Policy:

We reserve the right to reject or edit letters-to-the-editor. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands Newspaper.



**TURTLE POND** With 5 bedrooms, two bonus rooms, a large living room upstairs, and additional family room downstairs, there is plenty of room for visiting guests. As you enter this home, you are greeted by a bright and cheerful sun room that leads into the large kitchen and dining room. The large master bedroom plus two additional bedrooms are located on the main floor of this wonderful home. The main level also offers a large open deck as well as a wonderful covered and screened porch.

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**MLS# 88978 | Offered for \$539,000**

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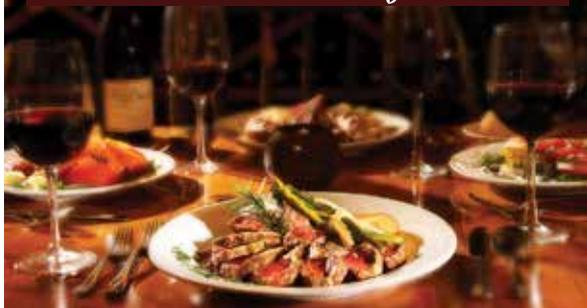
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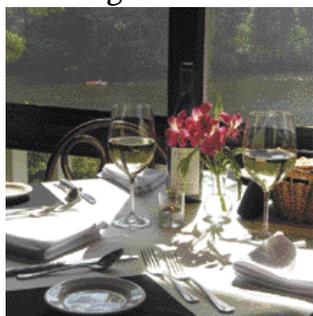


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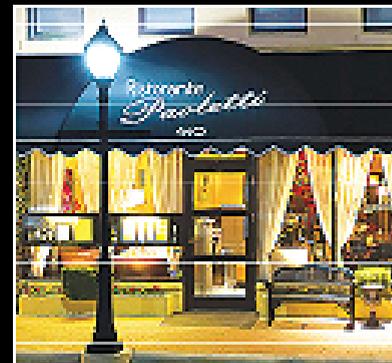
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## ...LETTER continued from page 2

Both parties in North Carolina have a long history of drawing district lines to win elections (gerrymandering). Call it stacking the deck or cheating, it's wrong and it does nothing to serve the greater good. If you take no action, you are approving politicians choosing their voters instead of voters choosing their politicians.

The North Carolina legislature is considering two bills on redistricting; House Bills H69 and H140. This letter is intended to make you aware of them and encourage you to call your representatives. Ask their position on these bills and why it is so.

### THE BILLS IN BRIEF

The Bills differ in several ways -- size and party composition of the Redistricting Commission; number of votes required to approve the new redistricting maps, and if a change to the Constitution is required.

Most importantly, both bills would go far to ensuring a non-partisan process that results in fair and representative elections of our state legislators and members of Congress.

### CALL TO ACTION

Understand what's going on. Call your legislators.

Rep. Corbin (R-District 120) supports these bills; it appears Sen. Davis (R-District 50) does not, should the bill get to the Senate. Ask both why they support or oppose these bills.

This is in no way about party politics. The majority par-

## ...STRUGGLING continued from 1

That figure is just for the bare necessities, it doesn't take into account what families need to make to save for the future or prepare for emergencies such as unexpected hospital stays or car troubles.

The report also breaks the numbers down by county and family type. The same family of four living in Mecklenburg County would need to earn \$59,597 to afford the basics, while a Richmond County family would need to earn \$44,163.

Macon County falls slightly below the average living wage for North Carolinians.

At \$48,539, the average Living Income in Macon County translates to an hourly wage of \$23.34 for a family of four

ty today might not be the majority party in the future. This is about ensuring a level playing field NOW.

**Indivisible Highlands**  
and  
**Cynthia Strain**  
Highlands

– \$11.67 per person/per hour.

When compared to neighboring Jackson County, the standard cost of living in Macon is nearly \$100 per month greater. Childcare costs are about \$100 more in Macon than Jackson all together resulting in the average living income in Jackson being \$44,416 or \$21.35 an hour – \$10.675 per person/per hour.

Jackson County is close to the lower end of the scale in terms of least expensive counties to live in within the state. The least expensive county in North Carolina is Alleghany county which would require \$44,124 a year to make ends meet.

“When workers aren't paid what it takes to meet their basic needs, they have to make decisions that hurt the well-being of their families, the vitality of communities, and the strength of North Carolina's economy,” said Brian Kennedy II, a policy analyst with the Budget & Tax Center and author of the report. “When work doesn't pay, workers have to take on multiple jobs, cut back on savings, take on debt, turn to public programs to make up the difference in their household budget, and reduce their investments in their own future productivity.”

• See STRUGGLING page 8



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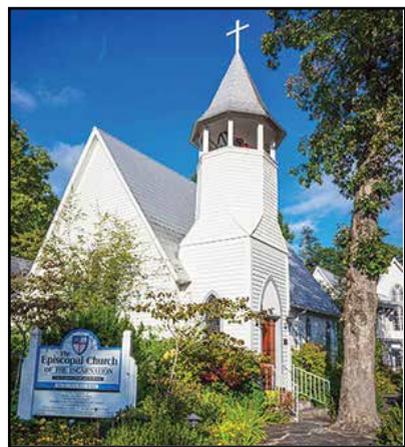
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## The Episcopal Church of the Incarnation Holy Week

### SUNDAY OF THE PASSION: PALM SUNDAY—April 14

Procession and Liturgy of the Palms  
Holy Eucharist Rite II—10:30 am—  
Nave

### HOLY WEEK—April 15-19

Chapel open for Meditation  
Labyrinth in Jones Hall

### MAUNDY THURSDAY – April 18

Holy Eucharist Rite II 6 pm – Chapel  
Stripping of the Altar  
Music offered by Fran McKendree

### GOOD FRIDAY – April 19

Ecumenical Stations of the Cross  
Procession Noon – Begin at OLM

### LITURGY FOR GOOD FRIDAY

Approximately 1 pm following the  
Stations Procession – Chapel

### THE GREAT VIGIL OF EASTER April 20

Holy Eucharist Rite II – 7 pm  
Chapel

### THE DAY OF RESURRECTION: EASTER SUNDAY – April 21

Holy Eucharist Rite I  
9 am – Nave Holy Eucharist Rite II  
11 am - Nave

### EASTER EGG HUNT

Following the 9 am service

*Nursery available for both services*

## ...PHONES continued from page 1

while driving, including while stopped at a traffic light.

Using a speakerphone or a Bluetooth system would still be allowed. Drivers caught violating the law face a \$100 fine the first time, with higher fines and points on the driver's license that could increase insurance rates for subsequent violations.

When introducing the bill, originally Corbin and other supporters argued that distracted driving has become such a public health problem that banning the use of hand-held cellphones while driving has become a reasonable and necessary step for the government to take.

Distracted driving was a factor in nearly 10 percent of the more than 1,400 traffic deaths on North Carolina roads last year, according to the N.C. Department of Transportation.

Fifteen other states in the country have banned hand-held cellphone use while driving, the most recent of which being North Carolina's neighbor to the south, Georgia. When working on the legislation for NC, Rep. Corbin worked closely with proponents of Georgia's bill to see what worked and what didn't.

Rep. Corbin's bill has tremendous bipartisan support in the House – 24 Re-

publicans and 22 Democrats have signed on as sponsors. Agencies ranging from the Insurance Commissioner's Office to the North Carolina Sheriff's Association have expressed their support for the Hands-Free NC Act.

"Distracted driving has become one of the leading causes of automobile accidents, along with speeding and driving while intoxicated," Mike Causey, the state insurance commissioner, said in a statement. "Unless we take corrective action now, we'll see accidents increase that will take our loved ones and drive automobile insurance rates higher and higher."

Nine years ago, Buncombe County teenager Ashley Johnson was driving to a tutoring job when she crossed the center line and hit a truck head-on. Investigators determined that she was trying to read a text message on her phone when she was killed.

Rather than have her two-door BMW crushed, Ashley's family donated it to VIP Inc., a nonprofit, volunteer organization founded by Greensboro firefighters in 1998. The group reattached the roof that firefighters had cut from the BMW to free Ashley, then put the crumpled car, the air bag still deployed, on a trailer with signs explaining what happened to her.

On April 27, Ashley's car will be on display in Macon County at Safe Kids Macon County's Safety Town event at the Robert C. Carpenter Community building on 441 from 10 a.m. to 2 p.m. Rep. Corbin will be on hand during the event to discuss the legislation and tell Ashley's story.

## April 16 is deadline to register for MC Senior Games

Macon County's 29th annual Senior Games, are April 22 through May 11. The Games offer a wide array of athletic events, from badminton and bowling to pickle ball, swimming, and track. SilverARTS categories include heritage arts like basketry and pottery; literary arts of essay, poetry, and short story writing; and a broad spectrum of visual arts such as drawing, painting, photography, and sculpture. SilverARTS entries will be exhibited in the MC Public Library Monday-Tuesday, April 29-30. for registration forms and more information, phone the Senior Games office, 828-349-2093. Contact the Arts Council for SilverARTS details, 828-524-2787 or arts4all@dnet.net.



## First Presbyterian Church of Highlands

### Sunday, April 14

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### Thursday, April 18

5:30 p.m.

*Maundy Thursday Service*

Come for a light dinner

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service

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### Friday, April 19

12:00 noon

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### Sunday, April 21

7:00 a.m.

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# • WORD MATTER •

## It's never too soon to talk presidential politics

There are approximately 578 days until Election Day 2020. This may sound like a long haul but in political time 20 months is right around the corner. So, as a public service, I'm pleased to give you a snapshot overview of how the race for the White House is breaking down at this very moment in time.



**Bud Katz**

There's little doubt, barring boredom, health issues or something incontrovertibly ugly coming out of seemingly endless investigations, that incumbent President Donald Trump will seek another term. Whether he will face any challenges from within the Republican party is an open question, which will likely be decided based on the outcome of the Mueller and Southern District of New York investigations. There's also little doubt that Democrats will, if they haven't already, break the record set by Republicans in 2016 with regard to the number of challengers lining up to face Mr. Trump.

Voters can be forgiven for not keeping up with all the names, faces, platforms, old and new ideas, and often embarrassing justifications for raising millions and millions of dollars, traveling from state to state, attacking the incumbent as well as their own fellow travelers, until we get perhaps three months from November 3rd, by which time hopefully all will be said and done. Oh, and lest we forget, many are doing all of this fundraising and electioneering while still drawing a salary from the American taxpayer.

It's all just exhausting!

America's grand experiment in representative democracy has, over time, devolved from a relatively short, relatively civilized process into something resembling a circular firing squad. I assign responsibility for this sad state of affairs on the major political parties, who long ago placed victory at any cost over service as the only goal. I reserve a share of the blame for the news media for helping turn perhaps the most important activity in American governance into a circus sideshow. And then, of course, there's the under- or unformed American electorate, who vote but who also do nothing resembling their own research on the candidates.

We're electing our nation's leader, not cheering for a fighter or the bull. It all feels like a bad version of "Game of Thrones."

I believe the day has passed when voters cared about policy differences instead

of extraneous or distracting, mostly irrelevant information. With every cycle it seems to get worse rather than better.

And yet, it seems like everyone and his or her uncle or aunt is already considering a run or is actually running for president.

As of this writing it seems much of the Republican establishment is aligned behind Presi-

dent Trump, despite those investigations, allegations and revelations into him, his family, and his administration. Ohio Gov. John Kasich is reported to be flirting with another run but it's rare to see an incumbent actually challenged by someone from his or her own party. That said, watching and waiting along the sidelines, we find Alabama Rep. Mo Brooks, Arkansas Sen. Tom Cotton, former Tennessee Sen. Bob Corker, Texas Sen. Ted Cruz, Former S.C. Governor and U. N. Ambassador Nikki Haley, Maryland Gov. Larry Hogan, Former New Mexico Gov. Susana Martinez, V.P. Mike Pence (yes, really), Nebraska Sen. Ben Sasse, Former Wisconsin Gov. Scott Walker, businessman Mark Cuban and businesswoman Carly Fiorina.

Clearly not to be outdone, the Democratic Party currently is awash in ANNOUNCED candidates, including Vermont Sen. Bernie Sanders, N.Y. Sen. Kirsten Gillibrand, Minnesota Sen. Amy Klobuchar, New Jersey Sen. Cory Booker, Former Colorado Governor John Hickenlooper, California Sen. Kamala Harris, Former HUD Secretary Julian Castro, Former Maryland Rep. John Delaney, Hawaii Rep. Tulci Gabbard, Washington Gov. Jay Inslee, Massachusetts Sen. Elizabeth Warren, Author Marianne Williamson, businessman Andrew Yang, and South Bend, Indiana Mayor Pete Buttigieg.

Democrats CONSIDERING a run include Colorado Sen. Michael Bennet, Former Vice President Joe Biden, Former NYC Mayor Michael Bloomberg, Ohio Sen. Sherrod Brown, Montana Governor Steve Bullock, current NYC Mayor Bill de Blasio, former Secretary of State John Kerry, Former Virginia Governor Terry McAuliffe, Oregon Sen. Jeff Merkley, Massachusetts Rep. Seth Moulton, Former Texas Rep. Beto O'Rourke, Ohio Rep. Tim Ryan, California Rep. Eric Swalwell, and Starbuck's Chairman Howard Schultz.

As I said at the top, this is a snapshot in time. From now forward it can only get worse, because lest you've already forgotten, we still have 578 days to go!



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## ...STRUGGLING continued from page 5

Families are pursuing various strategies to cope with the low-wage labor market.

A growing number of work-

ers have more than one full-time job.

Some workers are choosing to live farther from their workplaces

to save on housing costs, which often results in increased transportation costs.

Others use family and social networks to secure child care and

transportation at lower costs.

In some cases, families postpone major expenses, such as needed car repairs and go without or increase their debt load to fi-

nance unexpected expenses.

Without focused attention on policies that create quality, well-paying jobs, the promise of work for such families will continue to fall short. And without strong income supports and investments in the skills and education of the current and future workforce, North Carolina's low-wage workers will be continually thwarted in their efforts to advance to the middle class.

The issue isn't unemployment.

Since February of 2017, the state's unemployment rate has improved from 5% to 4.2%, however most of that growth was experienced in urban areas not rural parts of the state such as Macon County. Although North Carolina's unemployment rate rose slightly in February 2019; more than 57,000 residents have filled new jobs in the last year.

According to the North Carolina Department of Commerce, the state's seasonally adjusted February 2019 unemployment rate was 3.9 percent, increasing 0.1 of a percentage point from January 2019's revised rate.

Numbers show that people are working, however despite working multiple jobs, the wages of those jobs in the state are not enough to keep up.

### Dr. Joseph H. Wilbanks, D.D.S.

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## Spring is Here!!!

Are your furry family members overdue for a nail trim? Good News!!! Posh Paws Pet Spa is currently offering half price Nail Trim Services. These are walk-in services; no appointments necessary. Please bring current, up-to-date rabies paperwork with you.

## Springtime Special Through April:

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Items have been coming in daily throughout the month.

Wide array of furniture and home accessories, lamps, bedroom furnishings, exercise equipment, game & dining tables & so much more. China, crystal, cookware, baskets . . .

(cash or check only)

# • BIZ/ORG NEWS •



## Feb. and March Rotary Students of the Month

February and March Students of the Month were honored together at the March 26 meeting. Pictured are February high school winner, Abigail Olvera, March middle school winner, Brittany Damian Clemente, February middle school winner, Caleb Burrell, March elementary school winner, Axel Mendoza Tentle, March high school winner, Jake Billingsley, School Counselor, Nicole Lui and club Past President, Rick Trevathan.

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# • YOUNGER THROUGH FITNESS •

## Taking control of your weight on your own terms – Part 2

In Part One which ran in the March 28 edition, I noted that in order to obtain a healthy weight your food choices must be the ones you prefer yourself. Most diet books or programs introduce you to their se-

cret technique. Many tell you not to eat carbohydrates or fat or to eat only protein including cheese, bacon, etc.

I have never met anyone who has followed a diet program or shake-type product for years on

end.

Several years ago, I held a group class once per week for five weeks. All of the participants were dealing with obesity.

I asked them to acquire two books. The 1st was Volumetrics by Dr. Barbra Rolls a professor who researched the satiety effects of food in relation to weight management and the second was Picture Perfect Weight Loss by Dr. Howard Shapiro.

I wanted my participants to understand Dr. Rolls science. In simplicity she says that some foods are dense and take up small amount of space but are high in caloric load for their size. Nuts and butter are a perfect example. High water content food has lower calories with a greater mass. Fruits and vegetables, shrimp and mushrooms are fine examples of less dense foods. They take up space but are low in calories. Dr. Shapiro's book is full of pictures showing the caloric level of one food compared to another. The basic science, as I see it, is to eat more volume of food that has a higher water content or low density, and less volume of the denser foods.

In our group they decided to have a dinner consisting of steak, a salad and a dessert with chocolate. I believe they wanted proof that these food choices of theirs could be low in calories. We took a field trip to the grocery store. I asked



Hank Miller  
828-305-9713

them to pick out the items and bring it to me while I waited. They came back with several big sirloins the size of Wisconsin, one potato for each person to bake and a few romaine lettuce heads. There were seven participants. Eight eating the meal after including me.

We went back to the meat section and got a piece of lean sirloin of about 32 oz. we then took back all but two potatoes. We also picked up onions, mushrooms, and bell peppers. We then went back and got a few pints of whole strawberries, chocolate syrup and whipped cream.

The volumetric science points out that if you eat a larger volume of food you will feel full. The volume however does not necessarily have to be a high calorie amount.

If you look at poor cultures, you will find a lot of soups and stews on their menus.

That's because they fill you up with less calories, the water adds volume to a small amount of meat, along with vegetables and your brain reads it as consuming enough to eat.

We went back to my house and sliced the meat and grilled it with mushrooms, onions and bell peppers. We then added enough water for a stew along with a few beef bouillons and everyone participated in seasoning the dish.

Each person ate about 4 ounces of lean sirloin at about 149 calories along with a lot of vegetables and two potatoes sliced up

in the stew. Two medium potatoes totaled about 330 calories (divided by eight people is about 41 calories each). The vegetables were negligible calorie-wise.

We all ate a romaine salad with a drizzle of olive oil and balsamic vinegar. Two cups of romaine is about 16 calories. The calories in 1/2 tablespoon of olive oil with one tablespoon of balsamic is about 74 calories and that matched our serving size (Note: olive oil is beneficial nutrition-wise but is dense calorie wise at 120 calories per table spoon. We didn't eliminate it, we just mix it with the less dense balsamic and the lettuce).

For dessert we had one cup of whole strawberries at 49 calories along with 1 tablespoon of Hershey's syrup at 45 calories. We also added a tablespoon of whipped cream 52 calories. Whipped cream has a lot of air in it that is zero in calories but adds volume.

Our entire meal totaled about 426 calories and best of all they chose the food themselves.

After we totaled it, we realized that the calories could be increased, and we could still have a low caloric meal. We decided to make garlic toast with thin sliced wheat bread at 60 calories with a pad of butter at about 50 calories plus garlic powder. The toast added another 110 calories to the total.

Stew: 190 Calories

Salad: 90 Calories

Dessert: 146 calories

Garlic Bread: 110 calories.

Final calorie count: 536.

This is just one example of self-choices for beating obesity. In addition to lowering the calories you should increase your intake of fruits and vegetables for the needed fiber, vitamins and minerals they provide. Your five-year plan could begin today if you choose it. You may just get to live longer, too!

• Hank is a local fitness trainer specializing in the age 50 and over population. He is certified by The American College of Sports Medicine as an Exercise Physiologist and is a licensed NC Massage Therapist specializing in Therapeutic Stretching. Send comments to: [hank@thebestexerciseforseniors.com](mailto:hank@thebestexerciseforseniors.com)



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## • INVESTING AT 4,118 FT. •

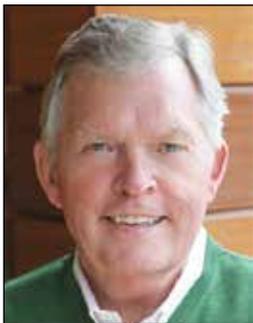
### The gift that is Highlands, NC.

Much has been written and said about real estate investing, buyer motivation, seller strategies, and good business practices surrounding

successful real estate transactions... most of which is true! But to my way of thinking, the value of investing in real property in Highlands goes beyond the X's and O's of "the deal" and reaches the very heart of the matter, which is the true gift of being here. The thoughts you are having about owning a second home, moving here permanently and becoming a "local" are wrapped up for you like a gift. What are some of these gifts?

The Gift of Nature: The purchase and sale of property has boundaries which are usually defined by a Property Survey. But the gift of Highlands goes way beyond those property boundaries thanks to the God-given gift of our mountaintop environment. A gift that is enhanced by The Highlands Biological Station, The Highlands Cashiers Land Trust, and The Highlands Plateau Greenway. These organizations have built our "back yards" so to speak by preserving land, hiking trails, and natural environments for all generations.

The Gift of Gathering Places: The best way to describe this gift is to imagine that every day is like Thanksgiving, and numerous establishments, retailers, and watering holes make you feel this way. The gift of breakfast at Mountain Fresh Grocery or Bake My Day, shopping at the Highland Hiker or Bear Mountain Outfitters, Football Saturdays at The Ugly Dog Pub, an afternoon cappuccino at Buck's, catching the vision and design ideas at J. Elliott Style, late night listening to Cy Timmons at OEI's Hummingbird Lounge, taking in a concert at Kelsey-Hutchinson Park, hot beignets at Dusty Rhodes Market, or meeting at Wolfgang's for hap-



Pat Gleeson, Owner, BIC White Oak Realty Group  
828-782-0472

py hour, just to name a few. I guarantee you the gift and feel of Highlands which is defined by the characters you'll meet and the owners and operators of these businesses.

The Gift of Philanthropy and Generosity: All who come here are touched by the generous gifts of others. The Highlands Post Office, The Skating Rink at Kelsey-Hutchinson Park, the Highlands Rec Center Swimming Pool and numerous cultural events, performing arts, festivals, and charities are the blessings of great people who care. Their gift is a love of Highlands, and a love for others.

The Gift of Friends & Family: There's a phrase you hear a lot around town which goes something like this... "I started coming here as a kid, and I've always come back." That is the gift of relationships built by being here with family and friends sharing a weekend, a round of golf, a wedding celebration, a hiking trip, a day of fly-fishing, a family reunion, a January snow storm sitting by the fire, or a girls' weekend.

Perhaps you're reading this column from a city that has way too much concrete and the temperature is really beginning to heat up (and its only April). Or maybe the family schedule is so completely booked, that you're thinking of ways to add some peace and stillness to life. The gifts of Highlands await you. In no small way, an investment in Real Estate here lies in the gifts. The role of your Broker, who's fortunate enough to live and work here, is to listen to your story and help you find them.

• Pat and Deborah (aka Bee) Gleeson and their dog Gemma can be found at White Oak Realty Group, located in downtown Highlands on 4th Street across from the Old Edwards Inn. White Oak Realty Group, founded in 2009 by Susie deVille, a leading boutique brokerage firm on the Highlands-Cashiers Plateau. You can reach Pat, Bee, or Susie at 828.526.8118.

## • HS SPRING SPORTS •

Highschool girls soccer played Cherokee, Tallulah Falls, Tri County, and Blue Ridge. They finished each game with a win. They beat Cherokee and Tri County with mercy rule with time to give. They beat Blue Ridge 4-0 and Tallulah Falls 5-0. Their next home game will be tonight at 6 pm. They will play Tri County.

High school boys golf played at Wildcat finishing in first. They will play at Wildcat again, today.

Both middle school and high school track continue to do well with their seasons. Middle school competes every Tuesday and high school competes every Wednesday.



Kedra McCall





Live via Satellite

Saturday, April 13 1pm

## All About Eve

No Charge for Students

Highlands Performing Arts Center 507 Chestnut Street

Tickets available online: [www.highlandspac.org](http://www.highlandspac.org) or at the door

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# 2019 - Spring Home Improvement

## Gardening tips to help you grow healthy crops, flowers and landscaping trees and shrubs

By Patrick Doolin

How to approach early spring, a tempestu-

ous time of year where weather swings making conditions look ideal one

day and ruinous the next is the question.

All early spring land-

scaping and gardening tips, then — as this list of do's and don'ts shows — start

with knowing what counts as early spring.

**Do's for early spring gardening and landscaping**

**1. Know the frost dates.**

The last spring frost offers a good reference point for early spring, though it varies by zone. For many early spring is the beginning of April.

Cool-weather crops such as cabbage, cauli-

flower and broccoli can go in the soil early, as can hardy flowers such as pansies, violas and snapdragons. You can also plant trees, shrubs and bushes for landscaping in early spring.

As for other plants, including tomatoes, squashes and gourds such as zucchini and cucumber, these need to wait until the frost danger passes.

That makes knowing

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# 2019 - Spring Home Improvement

the last frost one of the most important gardening tips.

Check the Farmers' Almanac average frost dates to estimate when you can start planting, or head to a local garden center and ask for an expert opinion.

**2. Shoot for moist, crumbly soil.**

The soil should be moist before you work with it. Not muddy, not dry, but moist. Like many gardening and landscaping tips, this one is an exercise in patience.

The ideal soil just crumbles when you work it up. You don't want it to be coming up big chunks of mud. If you work the earth while it's muddy from rain or thaw, it will

harden like a brick later, preventing plants from taking root.

Dry soil is just as harmful. Once the soil hits an ideal moisture level, it takes more watering than many people realize to maintain it. Watering may be twice the first day, and keep watering until either it rains enough to keep the ground wet, or the plants get rooted in, which is about two weeks. An oscillating sprinkler can make the job easier.

**Three don'ts for early spring gardening and landscaping**

**1. Don't overcomplicate fertilizing.**

Fertilizing appears on most lists of garden tips, but it's important to not

• **See TIPS page 16**

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# • HIGHLANDS AREA EVENTS •

## NOTE

• Sign up now for summer camps at the Highlands Nature Center. Call 828-526-2602 or go online at [highlandsbiological.org](http://highlandsbiological.org).



## Our Lady of the Mountains Catholic Church

315 N. 5th Street,  
Highlands, NC  
(828) 526-2418  
Rev. Dr. Casmir Maduakor

### PALM SUNDAY

April 14

OLM - 11 a.m.  
St. Jude - 9 a.m.

### HOLY THURSDAY

April 18

OLM - no service  
St. Jude - 6 p.m.

*If you would like to participate in the washing of the feet, please call the St. Jude office*

### GOOD FRIDAY

April 19

*Begin Stations of the Cross at OLM at noon.*

OLM - 3 p.m.  
St. Jude - no service

### HOLY SATURDAY EASTER VIGIL

April 20

OLM - 7:30 p.m.  
St. Jude - no service

### EASTER SUNDAY

April 21

St. Jude - 9 a.m.  
OLM - 11 a.m.

Scholarships available.

• Sign up for the Highlands Historical Society's free Kelsey Kids summer day camp for children ages 8-11 set for Mon. - Fri., June 24-28. [www.highlandshistory.com](http://www.highlandshistory.com).

• Now taking teams for Spring League Softball through Friday, April 19th. If you are interested contact Lester Norris at 828-526-3556 or email at [lester.norris@highlandshistory.com](mailto:lester.norris@highlandshistory.com). Ongoing

• Movies at the Playhouse - NEW SCHEDULE - Fri. & Sat. 1, 4, and 7 p.m.; Sunday 1 and 4 p.m.; NO MOVIES MONDAY; Tues., Wed., and Thurs. 1, 4, 7 p.m. Tick-

ets are \$10 / \$2 off on Tuesdays.

• The Bascom is open Friday - Monday 10am -5pm (Sundays 12pm - 5pm). The Bascom galleries and shops will be closed Tuesdays - Thursdays. Admin offices and The Dave Drake Studio Barn are open normal business hours. Visitors are welcome to enjoy the newly updated Story Walk Trail throughout the week.

### Monday - Saturday

• At the Bascom, 10am - 5pm, Sunday 12pm - 5pm: Open Studio in The Dave Drake Studio Barn. For more information call 828-526-4949.

## 'All About Eve' at PAC Sat., April 13



The Highlands Performing Arts Center will screen the National Theatre of London's production of All About Eve by Joseph L Mankiewicz, adapted and directed for the stage by Ivo van Hove on Saturday, April 13th at 1pm.

Starring Gillian Anderson (X-Files, NT Live: A Streetcar Named Desire) and Lily James (Mamma Mia! Here We Go Again.)

All About Eve tells the story of Margo Channing, Legend. True star of the theatre. The spotlight is hers, always has been. But now there's Eve. Her biggest fan young, beautiful Eve. The golden girl, the girl next door. But you know all about Eve...don't you...?

Lifting the curtain on a world of jealousy and ambition, this new production, from one of the world's most innovative theatre directors, Ivo van Hove, asks why our fascination with celebrity, youth and identity never seems to get old.

All About Eve is adapted by Ivo van Hove from the 1950 Twentieth Century Fox film by Joseph L Mankiewicz and the play The Wisdom of Eve by Mary Orr. Tickets are available online: [www.highlandspac.org](http://www.highlandspac.org) or at the door. Highlands Performing Arts Center, 507 Chestnut Street, Highlands NC.

Photographs: Gillian Anderson by Pari Dukovic and Lily James by Perou. Design: Bob King Creative.

• At the Bascom, Art By Appointment private ceramic classes in The Dave Drake Studio Barn. For more information call 828-526-4949.

### Monday - Friday

• At the Bascom, You Too Can Raku by appointment class in The Dave Drake Studio Barn. For more information call 828-526-4949.

### First Mondays

• Shortoff Baptist Church non-denominational Men's Mtg at 7p.

### Mondays

• At the Bascom, 10am - 1pm: Studio Alive drawing group. For more information call 828-526-4949.

• At the Rec Park, Dance2Fit classes with Tori Schmitt at 5:30pm.

### Mon. & Thurs.

• The Joy Program at HUMC 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors are welcome. For more info, call Tricia Smith at 828-338-8167.

### Mon.-Wed.

• Hip Hop classes with Tori Schmitt 5:30-6:30.

### Mon., Wed., Fri.

• Heart, Healthy Exercise Class Monday, Wednesday and Friday 8:30am-9:30am.

• Step Aerobics with Tina Rogers 8-9a.

• Gentle Yoga at the Rec park at 9:15-10:30 a.m.. All levels welcome.

### Mon., Wed., Thurs.

• Pickle Ball at the Recreation Department Gym 10:30am -1pm

**Tuesdays beginning April 23**

• 6-week Dog Obedience class, one-hour sessions at 6 p.m. Graduation will be Tues., May 28. Classes are held at the West Macon Track next to Cartoogechaye School. All profits will be donated to the Macon County Hjmanc Society. Cost of 6 sessions is \$85. For more information call Saly Mass at 828-421-4587.

### Tuesdays

• FREE Community Table Dinner at the Community Bldg. at 6p.

• At the Bascom, 3pm - 5pm: Writers group. For more information call 828-526-4949.

• The Humanist Discussion Group meets from 10:30-11:30 am in the Meeting Room at the

back of the Hudson Library.

### 2nd and 4th Tuesdays

• OccupyWNC meets at the 7pm in the Sneak E. Squirrel Community Room (1314 Main St., Sylva. Visit [www.occupywnc.org](http://www.occupywnc.org) or call 828.331.1524

### Third Tuesday

• The Macon County Poultry club meets to discuss topics related to raising backyard chickens. For more information please call 828-349-2046 or 828-369-3916.

• Highlands Area Indivisible Group meets at 5 pm in the Meeting Room at the back of the Hudson Library.

### Tuesday and Thursdays

• At the Rec Park, Dance2Fit with Tori Schmitt at 7:30am.

• Exercise Class with Michelle Lane at 5:30. A combination class with many different styles of exercise at Rec Park.

### Wednesdays

• Power Flow Yoga with Nalicia Allio a certified Yoga Instructor 12-1pm and 6:30-7:30pm.

### First Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-3031 for titles.

### 3rd Wednesdays

• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

### Wed. & Fri.

• Duplicate Bridge 12-4pm at Rec Park.

### Thursdays

• Storytime at Hudson Library, 10:40 am. Open to the public

• Kids Zone at Hudson Library, 3:30- 5 pm. A different STEAM Program each week, with LEGO Club on the 4th Thursday.

• NAMI Support Group for individuals dealing with mental illness and the family members of individuals dealing with these challenges from 7 - 8:15pm at First United Methodist Church Out Reach Center on West Main Street in Franklin Call Donita for more info (828) 526-9510.

• Hip Hop classes with Tori Schmitt at 6:30-7:30 at the Rec Park.

### 2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

# • HIGHLANDS AREA EVENTS •

## 3rd Thursdays

• Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

## Fourth Thursday

• At the Hudson Library, Kids Zone LEGO Club. Intended primarily for kids in grades 1-5, LEGO Club allows creativity and STEM skills to develop together as kids enjoy making LEGO creations.

## First Fridays

• The Bascom at Sotheby's series features different artists each month with a reception the first Friday of every month at Highlands Sotheby's International Realty from 4-5:30p at the corner of Main Street and Highway 64 across from The Old Edwards Inn. The public is invited to come meet the artist, view the exhibit and have some wine.

• At the Rec Park Pool. Movie Float-in Night - all ages First Friday night of every month. Pool opens at 6:30p and movie starts at 7 p.m. Call for movie title and prices. For any other information call 828-526-1595.

## Fourth Friday

• Community Coffee with Mayor Pat Taylor at the Hudson Library in the Meeting Room from 11a until noon.

## Friday - Monday

• At the Bascom, 10am - 5pm (Sundays 12pm - 5pm): Free Admission to exhibition spaces and SmArt Space for children. For more information call 828-526-4949.

## Saturdays

• At The Bascom, Pottery Sale in the barn from 10a to 5p.

• The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.

## Sundays

• Live Music in OEI's Hummingbird Lounge 8 p.m. to close with Paul Jones.

## Thurs., April 11

• The Macon County Cancer Support Group will resume their monthly meetings Thursday, April 11 at 7 pm in the cafeteria of Angel Medical Center to learn all the exciting details about the upcoming free Cancer Survivors' meal and the 2019 Relay for Life of Franklin, NC. Light refreshments will be served. Everyone is welcome!

## Sat., April 13

• Huge Yard Sale to support rehabili-

tators who nurse orphaned fawns. In the K-mart parking lot 9a to 5p. Money raised will be used to purchase milk for orphaned fawns.

• The April 2019 meeting of the Western North Carolina Woodturners Club Inc. will be on Saturday starting at 10 a.m. at the Bascom in Highlands, NC. The Bascom is located at 323 Franklin Rd, Highlands, NC, just north of Downtown Highlands, NC (heading toward Franklin). Drive across the covered bridge into the parking lot, and come into the main entrance near the covered patio. There will be directions on how to get to the wood turning studio. Visitors are always welcome. The club meets in Highlands the second Saturday of every month between March and November. This month's presenter will be John Van Camp from the Brasstown Woodturners Guild.

• The Nantahala Hiking Club will take a moderate 5.5-mile hike, elevation change 600 ft., Rock Gap to Glassmine Gap on the Appalachian Trail, hiking south to Glassmine and down Long Branch to the Back Country parking area, perhaps seeing wildflow-

ers along the way. Meet at Westgate Plaza in Franklin at 9 am, drive 40 miles round trip. Call leader Gail Lehman, 524-5298 for reservations.

## Sun., April 14

• The Nantahala Hiking Club take an easy 2-mile walk on the mostly level trails in the Highlands Botanical Gardens where the rare Oconee Belles may be in bloom and as well as other interesting plants on a walk around the lake. Meet at Bi-Lo in Franklin at 2 pm, drive 35 miles round trip, or call leader if coming from the Highlands or Cashiers area for meeting place. Leader is Mary Stone, 369-7352. Visitors are welcome.

## Mon., April 15

• The monthly Meeting of the Jackson County Republican Party is Monday at 6:30 pm. All Republicans are invited to attend. Directions to monthly meeting location at the Masonic Lodge at 223 Wikes Crescent Dr. Sylva NC, across from Southern Concrete. Contact George Durden, Chairman Jackson County GOP at 813.817.7318

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## Join us this Easter celebrating the resurrection of Jesus at Highlands United Methodist Church

315 Main Street with  
Pastor Randy Lucas

April 18

Maundy Thursday Service - 7pm

April 19

Stations of the Cross ~ 12p.m.

Good Friday Service ~ 7 pm

April 21

Ecumenical Sunrise Service ~ 6:45am

Join us and other churches

at Memorial Park

## Easter Services

The Living Cross ~ 9:09, & 10:50am

Bring a flower to place on the outside living cross  
before each service.

Easter Coffee Break ` 9:45 a.m.

Children's Egg Hunt ~ 10am

For more information, please call 526-3376



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## ...TIPS continued from page 13



Cabbages add a nice visual dimension to gardenscapes.

– Photos by Eldon Lindsay

overdo it. For example, there are plenty of plant-specific fertilizers available. However, corn does well on an almost entirely nitrogen-based fertilizer.

Most people do best with an all-purpose slow-releasing fertilizer, which is often used in greenhouses for getting things started.

Don't skip fertilizing. If it seems complicated, simplify by taking a less-is-more approach.

Apply fertilizer as a side or top dressing. With tomato plants, for example, put

a ring of fertilizer around the base. That makes nutrients trickle into the root zone.

Whatever you do, don't skip fertilizing. Not using fertilizer is one of the biggest mistakes



Moist, crumbly soil is the best.

### 2. Don't crowd your plants.

Many of the best early spring gardening tips are ones that anticipate what plants need later in the season. Just as they need water and sunlight, plants need space.

Proper spacing improves plant health in several ways. To start, plants compete less for water and nutrients at the root level. Above the soil, plants do better with airflow between them which denies many insects and fungi a cozy place to live.

It also makes applying fertilizer and compost easier.

Visualize how large plants will be when fully grown, and then space accordingly. Many seed packets and starter plants include estimates to help guide you.

### 3. Don't neglect early weeding.

Early spring gardening and landscaping makes the soil as fertile for weeds as it does your plants, so stay vigilant and pluck out weeds quickly in the first few weeks, even if you mulch. Reducing weed pressure helps plants establish faster.

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## April 27th is Safe Kids Macon County's Safety Town Day

Safe Kids Macon County and Franklin Daybreak Rotary will be teaming up for the third annual Safety Town on April 27 from 10- 2 p.m. at the Robert C. Carpenter Community building. The event will feature all things kids and all things safety! Car seat checking station, K9 demonstration, bike rodeo, emergency vehicle car show, and much more!

Operation Medicine Drop from 10 a.m. to 2 p.m. at the Robert C. Carpenter Community Building in Franklin.

FREE Buckle Up, Baby car seat check scheduled for 10 a.m.-1 p.m. at the Robert C. Carpenter Community Building.

Free bicycle rodeo scheduled from 11 a.m.-1 p.m. at the Robert C. Carpenter Community Building



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# • THE INK PENN •

## Highlights of a trip to England: The Cotswolds

I don't know why, but when I dreamed of visiting England, the Cotswolds were always a must-see. With that goal in mind, we spent six nights in a quintessential Cotswold B&B, where Alan, the owner anticipated our every need.

The Fieldways Inn in Cold Aston — with its conservatory, garden, sheep, friendly donkeys Martha and Dylan, and Paddington the cat -- was the perfect setting for unwinding after a train ride from Dartmouth.

Our dinner the first night was an easy stroll away at the village pub, The Plough.

There, we could get simple pub fare or something fancier. We loved the atmosphere of a pub filled with dogs, many resting in the several dog beds provided, and returned several times.

We'd planned to spend day two relaxing in the garden, but after breakfast and a visit with the donkeys, Alan chauffeured us to Bourton-on-the Water, dubbed the Venice of the Cotswolds because of the meandering River Windrush in its midst. We explored and had the requisite fish and chips. We were soon to discover that Alan wasn't taking any chances on our being bored and was ready with options for any day we didn't already have planned.

Day three we enjoyed a breathtakingly scenic drive with Cotswolds Adventures. We visited too many to name villages, all with stories to tell. J. M. Barrie of Peter Pan fame donated a cricket house to the village of Stanway. We climbed up the Broadway Tower, the highest point in the Cotswolds, built in the late 1700s as a folly, a building meant primarily as decoration. We learned about the celebrated and sometimes scandalous Mitford sisters of Batsford and were regaled with stories of their eccentricities.

The Cotswolds were renowned for their wool in the Middle Ages, and Stow-on-the-Wold, one of several Cotswold Wool towns, is marked by small alleys used to herd the sheep to the square on market days. A visit to St. Edwards Church just off



Kathy Manos Penn

the square revealed a fairytale back door flanked by two yew trees, a sight thought to have inspired Tolkien's design for the entrance to Moria.

Upper and Lower Slaughter were our last and possibly most picturesque stops. We discovered that Upper Slaughter is one of only 13 Doubly Thankful villages in the UK, villages who lost not a single man in WWI or WWII.

A cycling tour of the Windrush Valley was also on our schedule. Again, we marveled at storybook villages of cottages built with honey-colored Cotswold stone and the occasional thatched-roof.

In a day full of surprises -- we had no idea of the itinerary beyond its distance of 20 miles -- the ruins of Minster Lovell Hall and its intact Dovecote were a special treat. We lunched at The Swan Inn in Swinbrook once owned by the last remaining Mitford sister, Dowager Duchess of Devonshire. Doesn't that sound Downtown Abbeyish?

After a few more hills than I would have wished for, we ended in Burford with scones and coffee before venturing into the Mad Hatter, a bookshop that sells hats or vice versa. As was becoming our custom, we ended our day relaxing with a glass of wine, feeding carrots to the donkeys, and petting Paddington.

Less strenuous was our visit to Blenheim Palace where we especially enjoyed the Churchill exhibit topped off with a stop at Churchill's grave in a nearby village. It was our innkeeper Alan who added that special touch to the day.

Let there be no doubt I highly recommend a trip to the Cotswolds and a stay at Fieldways Inn.

• *Kathy is a Georgia resident. Find her books "The Ink Penn: Celebrating the Magic in the Everyday" and "Lord Banjo the Royal Pooch" at Books Unlimited in Franklin and on Amazon. "Lord Banjo the Royal Pooch" is also available at Highlands Mountain Pans. Contact her at inkpenn119@gmail.com, and follow her on Facebook, www.facebook.com/KathyManosPenn.Author/.*

## Annual 'Litter Pick-up' is Sat. April 20

On Saturday, April 20, the Highlands Chamber of Commerce is hosting its annual Plateau Pickup on Saturday. Volunteers are needed to help clean litter on the highways and roads leading to and around Highlands. Cleanup supplies and a "thank-you" tee-shirt will be provided for all volunteers. The event will start and end at Kelsey Hutchinson Park. Breakfast will be served at 8:30 a.m. and the pickup will begin at 9 a.m. Following the pickup, volunteers will be treated to a cook-out provided by Fresser's Courtyard Café. For more information, contact the Highlands Chamber at 828-526-2112 or visitor@highlandschamber.org<mailto:visitor@highlandschamber.org.



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## Lamb Burger with Feta and Tzatziki Sauce



### From The Spice & Tea Exchange

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- Vik's Garlic Fix Custom Blend

### From the Grocer

- 1 lb of ground lamb
- 1/2 a cucumber
- Feta Cheese

- 1 medium sized red onion
- 1 cup of Apple cider vinegar
- 1 cup of sugar
- 8 oz of plain Greek Yogurt
- 1/2 a lemon
- 1 bunch of fresh mint
- Arugula
- Burger buns

### Preparation for Pickled Red Onion

Bring 1 cup of apple cider vinegar and 1 cup of sugar to a boil, add sliced red onions. Remove from heat and let sit until cool and then refrigerate.

This recipe can be doubled, always remember it is equal parts vinegar to sugar.

### Preparation for Tzatziki Sauce

Cut the cucumber into small cubes, then add to the plain Greek yogurt, along with 1 TBS of Vik's Garlic Fix Custom Blend, juice from 1/2 lemon, and 1 TBS of fresh chopped mint. Refrigerate until ready.

### Preparation for Burgers

In a large bowl, mix 2 TBS of Lamb & Pork Custom Blend into the ground lamb. Shape into patties and grill until the internal temperature of 160 degrees, add feta cheese and remove when softened.

### Plating the Burgers

On a toasted bun spread the tzatziki sauce on both sides. Add burger with melted feta, pickled red onions and arugula on top and enjoy!

# • SPIRITUALLY SPEAKING •

## Christ has risen! Now what do we do?



Archbishop  
John S. Erbelding

Here we are about to begin what is called liturgically "Passion Week," Palm Sunday to Easter Sunday, encompassing the pageantry of the palms and triumphant shouts by the people by the roadside as Jesus went to the Passover meal, the seder, of the Last Supper which this year are on the same day, a rare coincidence, to the mockery of the trial by Pilate, and the ultimate ferocious deed of the crucifixion, to end with the resurrection, the miraculous act of God for His Son.

With all of this ahead of us, church choirs have been rehearsing for weeks if not months the glorious music of Easter Sunday. Traditional churches who have veiled their crosses will remove the coverings. Altar flowers which have been absent will return with a burst of Easter lilies. The somber music of Lent will be replaced at last with the triumphant strains of victory, and once again we will be able to shout Alleluia, Alleluia, at the end of our final prayers.

But was it always like this for those of the early church, the Followers of the Way, as they were called, who had at long last a book written and called the Gospel of Mark? This was the first anonymous book of the Bible written as the church fathers calculate about 67 A.D., after Peter's death.

Theologians believe that both Matthew and Luke relied heavily on the Gospel of Mark in their gospel creations, and here lies the challenge and the title of my writing. You see, there are two endings to the Gospel of Mark that have been the source of great tribulation. Some scholars have called it "the little mystery of the Gospel." Many biblical scholars question the authenticity of Mark 16:9-20 as truly part of the original writing. This has been debated for centuries, but what if Mark did really end as some suspect at Mark 16:8, "so they went out quickly and fled from the tomb, for they trembled and were amazed," and now the most important line says, "and they said nothing to anyone, for they were afraid."

Would the followers be left with the question I started with, "Christ is risen, now what do we do?"

I am going to leave you with that same question. We have traveled through the days of Lent, some churches have followed the tradition of the Stations of the Cross. We will sing joyously the words of Charles Wesley's text, "Christ the Lord is risen today, Alleluia." Now we can say it again, but -- and this is the question I leave you with.

Not unlike the readers of the short ending of Mark, will we run from the church on Easter Sunday and say nothing to anyone, or will we be changed by a Risen Christ? Maybe for the first time, the answer is yours and only yours.

## Proverbs 3:5

# • PLACES TO WORSHIP •

## John 3:16

### BLUEVALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School: 10 a.m., Worship: 11

Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

### BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor

Sundays: School: 10 a.m.; Worship: 11

### CHAPEL OF THE SKY

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### CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011

464 US Hwy 64 east, Cashiers

9:30a Sunday School; 10:30a Worship Service.

Mon. 6p Bible Study & Supper in homes

### CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Brent Metcalf • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching.

Tues. Guys study 8am, Gals 10am.

### CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 11 a.m.

1st & 3rd Sunday night Service: 7 p.m.

Wednesdays - Supper at 6 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC • Sr. Pastor Gary Hewins

Sun.: 9:30am: Sunday School 10:30am: Middle & High School;

10:45am: Child. Program, 10:45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC U.

### EPISCOPAL CHURCH OF THE INCARNATION

Rev. W. Bentley Manning • 526-2968

Monday-Friday: Morning Prayer at 8:15a. Sundays: 8 am

Holy Eucharist Rite I; 9 am Sunday School; 10:30 am Holy

Eucharist Rite II. Childcare available at 10:30

### FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm;

Choir 5p

### FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Adult Ed.: 9:30a.m.; Worship 11 a.m.

Mondays: Men's Prayer Group & Breakfast 8 a.m.

Wed.: Choir: 6p

### GOLDMINE BAPTIST CHURCH

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Sunday School: 10 am, Worship Service: 11 am

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### HAMBURG BAPTIST CHURCH

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Pr. Nathan Johnson

Sunday: School 9:45a, Worship 11a & 7p, Bible Study 6p

Wed. Kidsquest 6p.; Worship 7p.

### HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street

Sundays: Worship: 11

### HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center)

Sun.: Bible Study 10a; Morning Worship 10:45a., Evening

Worship, 6p. Wednesday: Prayer Service, 6:30 p.

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Randy Lucas 526-3376

Sun: School 9:45a.; Worship 9:09, 10:50.; Youth 5:30 p.

Wed: Supper: 5:15; youth, & adults activities: 6; Handbell

rehearsal, 6:15; Choir Rehearsal 7. (nursery provided); 7pm

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### HOLY FAMILY LUTHERAN CHURCH: ELCA

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Worship/Communion: 10:30

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Pastor Zane Talley

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.: 7 p.m.

### MOUNTAIN SYNAGOGUE

at St. Cyprian's Episcopal Church, Franklin • 828-524-9463

### MOUNTAIN BIBLE CHURCH

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4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

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Rev. Marty Kilby

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7

Wednesdays: Prayer Mtg.: 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212

Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11 a.m.

Wednesdays: Prayer & Bible Study: 6 p.m.

### COMMUNITY BIBLE CHURCH OF SKY VALLEY

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Sun.; Tues: Community Supper 5:30 followed by Bible Study.

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### WHITESIDE PRESBYTERIAN CHURCH

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# • BIZ/ORG NEWS •

## Landmark Realty Group welcomes top producing Realtor Doug Treadwell and Team

Landmark Realty Group, a local boutique luxury real estate firm, is pleased to welcome top-producing broker Doug Treadwell and his team. The Treadwell Team will be working out of Landmark's Highlands Office, located at 225 Main Street, next to the Park on Main Hotel.

Doug has been active in the luxury market in the greater Naples area since 2010, producing over \$150 million in sales to date. Doug now brings his expertise to the mountains in Western North Carolina. Doug has worked with John R Wood, Properties in Naples and was invited to join the Advisory Board of John R Wood, Properties in 2014 and has remained one of the top brokers within the company.

With over 30 years of experience in real estate, Doug has had a varied career in virtually all aspects of the real estate indus-



Doug Treadwell

try. Doug brings this business approach to the process of selling homes while working with both sellers and buyers.

Doug was President and Owner of Treadwell Real Estate Company in Wyandotte, MI. The company specialized in brokerage and development of commercial, residential and investment real estate, primarily in Michigan and the upper Midwest. Projects ranged from commercial, office and industrial parks to golf course and residential subdivision projects. The

Treadwell Team focuses on listening to customers to provide them with the best choices to match their lifestyle, whether that is golf, tennis, hiking, boating or all the above

Doug and his team look forward to working with you on the Plateau. To contact Doug directly, please email: [Douglas-Treadwell@landmarkrg.com](mailto:Douglas-Treadwell@landmarkrg.com) or call 828-482-2800.

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SUNDAY  
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# • POLICE & FIRE REPORTS •

**Highlands Police entries from March 30. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.**

- March 30**  
 • At 8:32 p.m., officers responded to a one-vehicle accident on Wilson Road.
- April 2**

• At 3:37 p.m., officers were called about defacing of public property where someone wrote in chalk on the skate park at the Rec Park.

- April 4**  
 • At 8:45 a.m., officers were called about a missing woman from a residence on Chestnut Walk. The woman was located.  
 • At 8:49 p.m., officers were called about a simple assault at

4th Street Market where a man was physically attacked.

**The Highlands Fire & Rescue log from April 3 April 3**  
 • At 1:45 p.m., the dept. responded to a brush fire at Shortoff and Springs Road.  
 • At 7:11 p.m., the dept. was first-responders to a residence on Flat Mountain Road.

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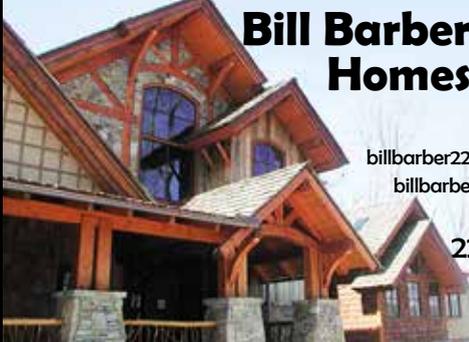
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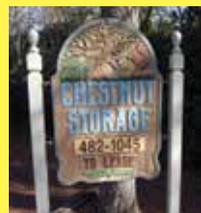
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**HIGHLANDS FALLS SECURITY POSITION** part-time weekends – 11 p.m. Friday night to 11 a.m. Saturday morning and 11 p.m. Saturday night to 11 a.m. Sunday morning. 12-hour shifts. Call 706-982-5526 or pick up an application at the guard house. (st. 4/11)

**WHOLE LIFE MARKET** is now accepting applications for the season. Full and Part Time positions now available. Stop by to pick up an application located at 680 N. 4th St. or send resume to wholelife@frontier.com

**OLD EDWARDS INN & SPA** are looking for the following employees: Head chef, pastry cook, baker, assistant inn manager, bellmen, housekeeping supervisors, spa attendant and housekeepers, servers/bussers Assistant Sommelier and Reservationist – F/T. Please apply online at www.oldedwardsinn.com or call: Pat Turnbull at 828-787-2697. (3/7)

**POTPOURRI BOUTIQUE STORES IN HIGHLANDS** looking for full time and part time sales persons. Retail sales experience with women's clothing and accessories preferred, eyewear experience a plus. Must be able to work weekends and holidays, except Easter Sunday, Thanksgiving day and Christmas day. Fun, lively, fast paced environment. Please stop by the store for application or email resume to potpourrihighlands@yahoo.com (st. 4/4)

**YEAR-ROUND, FULL-TIME OR PART TIME RETAIL POSITION IS AVAILABLE** at T.J. Bailey's store in Highlands and Cashiers. Call 8285262262 or email resume to store@tjbaileys.com. (4/11)

**SALES ASSOCIATE HIGH END RETAIL CLOTHING STORE IN HIGHLANDS AND CASHIERS, NC.** Full time, part time and seasonal. Inquire to 828-200-0928. (st. 3/38)

**SKYLINE LODGE** – Hiring Property Maintenance workers. Download, Drop by or Call 828-526-2121 for an application. Background checks done. (

**KILWINS CHOCOLATES, FUDGE & ICE CREAM** is looking for part-time team members! In short, your job is to help our guests in any way you can and to have fun at work. Flexible schedule. Email ashley@kilwins.com (4/18)

**ALLISON DIANE CLOTHING** – looking for a parttime sales associate. Call 828-526-5404 or come by Bryson's Corner at Main and 4th streets. (st. 3/21)

**THE UGLY DOG PUB** wants you to be a part of our team. We need managers, full-time servers, bartenders, and support staff with a positive attitude, ability to multitask, and a willingness to work as a team. Experience preferred but not required. Working nights and weekends is required. 828-526-8364 theuglydogstaff@gmail.com. (st. 3/21)

**WOLFGANG'S RESTAURANT** is looking for experienced waitstaff, hostesses and bussers. Please call Jacque at 526-3807. (st. 2/14)

**HELP WANTED UPSCALE WOMENS BOUTIQUE** – Fun, friendly and fast paced environment. Retail experience preferred. Part or full time needed. Saturdays are a requirement. Please call 828-371-2582. (st. 2/7)

**MOUNTAIN FRESH GROCERY** has full- and part-time positions available. Competitive wages for all positions, 18+ only. Apply in person at 521 East Main Street in Highlands or call 828-526-2400.

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**P/T CLEANER NEED TO CLEAN A OFFICE BUILDING IN CASHIERS** daytime position pays 16.00 An hour, must pass background check and D/S contact Bob at RNLUNDYGVP@GMAIL.COM (st. 11/15)

**HOUSEKEEPING PROFESSIONALS** at Highlands-Cashiers Hospital. Generous shift differentials, paid time off, health insurance, and retirement benefits for full time roles. Apply today: missionhealth.org/careers. (st. 9/13)

## ITEMS FOR SALE



**NAPIER FULL-SIZE CREW CAB PICKUP TRUCK TENT.** Fits bed 5.5'-5'8". Never used. Still in original box. Bought for \$150. Asking \$125. Call 828-200-1371

**SUBZERO BAR REFRIGERATOR** with icemaker, wood front. \$250. Call 526-4306. (st. 4/4)

## SERVICES

**AL HANDIMAN SERVICES** – Plumbing, electrical, painting, carpentry. Local references. Call 828-332-7271 or 828-369-6245. (st. 4/11)

**MURPHY'S PAINTING CO.** Interior & Exterior Painting, Sheetrock Repair, Wallpaper Removal, Log Homes, Decks. Insured. Free Estimates. 828-524-1391 or 828-332-0525.

**HIGHLANDS HANDIMAN** – Can fix anything inside or out. Carpentry, painting, pressure washing, lawn care, hauling, and will monitor house during winter. Free Estimates. References. Call Tony. 828-200-5770 or 828-482-0159. (9/20)

**HIGH COUNTRY PHOTO/KEVIN VINSON:** scanning photos, slides & negatives to CD or DVD for easier viewing. Video transfer to DVD. Everything done in house. Leave message at 828-526-5208. (st. 11/22)

**WNC PROPERTY MAINTENANCE LLC. 828-347-1822** – Year-round prop-

erty maintenance and monitoring for vacation homes/rentals/residential; pressure washing-deck repairs-carpentry-small plumbing & electrical repairs/painting/etc.; lawn care & mowing; by the job or yearly contract; call for FREE estimate; Insured.

**GUTTER CLEANING, METAL FABRICATON** roof repairs, debris removal. Call 371-1103. (st. 4/26)

**REAL ESTATE FOR SALE**

**ROOMY ONE LEVEL 3 BR/2 1/2 BA** - light and bright Mirror Lake Highlands-In-Town Ranch style with basement storage; Double .6 Acre lot for privacy and stunning Mountain views; Renovated and updated; Oversized 2 Car Garage with paved access Large screened-in Porch with grilling deck; Gas Fireplace in LR; Bamboo hardwood floors and pine wood vaulted ceilings throughout; Cambria countertops; lots of storage; Cullasaja Gorge waterfall sounds; Photos and Flyer available; call/text 904 868-2486. View by appointment only \$495,000 (4/4)

**SPECTACULAR MOUNTAIN VIEWS.** Ranch 2 bed/2bath and workshop. 1.3 acres. Tessentee Road, Otto. \$229,000. 828-349-6145. (4/11)

**FLAT MOUNTAIN/ BRUSH CREEK ACREAGE FOR SALE BY OWNER.** 13.2 total acres, old mountain homestead. Beautiful views, several great building sites, old livable farm house, small studio size cabin, rental income possible, some pasture and some woods, partial fenced, well water, three different roads to enter property, sub-dividable, amazing potential on this tract of land. Please call 706-400-2596 or email vchambers60@yahoo.com for more info. \$800,000 OBO (12/20)

**3.20 ACRES UNRESTRICTED.** Power underground, borders National forest, 190 degree view. 10 min to Main Street. 3 septic fields, 1 well 7 g p.m. 2 house foundations established and approved by county inspectors. 2Bed/2Bath Clayton home livable while building. Spring

rights and more land available. For beautiful sunsets contact gracefamilia@yahoo.com. (st. 9/21)

**1.21 ACRES FOR SALE BY OWNER - OTTO, NC** - \$28,000. Lot 12 Quail Haven Road. Otto, NC. Price not firm...open for negotiation. Please email if interested to dd-marsh15@aol.com or call/text to 239-980-0531. Please leave a message. (st. 7/20)

**COMMERCIAL SPACE RENTALS**

**LOCATION IS EVERYTHING!** Prime retail space available on Main Street in Highlands: 3,000 prime retail space available for rent starting March 1, 2019 Contact Jody or Wood Lovell. Highlands Sotheby's International Realty. 828.526.4104. (st. 1/10)

**SOUTHERN BELLS RESTAURANT** on Cashiers Road for lease. Experienced restaurateurs only. Call 706-782-6252. (st. 5/3)

**FALLS ON MAIN** – Up and Down units available. Call 706-782-6252. (st. 5/3).

**RESIDENTIAL RENTALS**

**BRAND NEW CABIN THE WOODS** available for short or long term rental. 1BR (King) plus sofa bed. Located off Hwy 64 between Highlands and Franklin. Call 828-369-7754 or go to evolvevacationrental.com and search #427961. (st. 4/11)

**3 BED, 2 BATH LOG HOME** – five minutes from downtown Highlands on private road. Wood burning stove, well insulated, propane heat, air conditioned, detached carport, no pets. \$1400 monthly. Call House in Order: 828-484-1571. (st. 3/28)

**NEED HOUSING FOR YOUR 6-MONTHS EMPLOYEES?** 3/3 older furnished home, walk to town. Details 828-526-5558. (st. 3/21)

**LARGE MAIN STREET APARTMENT** – 3BR / 2BA, furnished or unfurnished, washer/dryer, 1-year lease, available April 1, no smoking, \$1,600/mo, email glenn@atlantel.net (st. 3/14)

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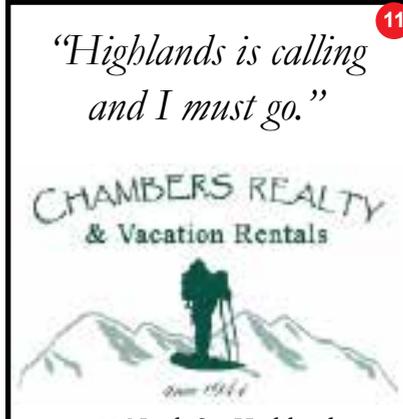
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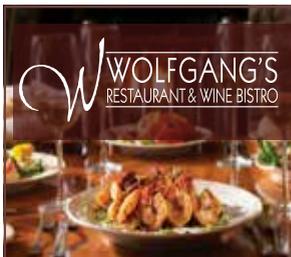
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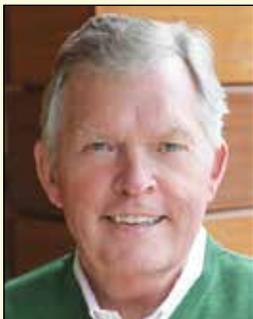


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