Town looking to simplify SUP process

To both streamline the Special Use Permit process and to alleviate some of the Planning and Zoning boards’ involvement, Town Planner Andrew Bowen has initiated a Community Design Standard Ordinance. “In looking toward the future of development and re-development of properties on Highlands’ Main Street and adjacent commercial corridors, the town has created a list of architectural standards to bolster community aesthetics,” says the guideline summary. “It is not the intent of these guidelines to set a formal architectural theme.

Sheriff, EMS sacrifice to fund COLA for county

By Brittney Loft house

When County Manager Derek Roland first proposed his budget to commissioners, it came with a significant increase to insurance costs for county employees, and no Cost-of-living-adjustment (COLA).

The change left county employees with a little more than two weeks to brace for new insurance rates that would ultimately cost them anywhere between $64 to $205 more a month. The increase, which was fully implemented in the first pay period in June, means insurance rates for county employees are now between $216 and $693 a month, depending on family size and plan.

Roland’s budget marks the second consecutive year insurance rates have increased for county employees. Last year, however, the increase came with a two percent.

Highlands Hurricanes win big again!

By Coach Steve Hott

On Thursday, July 5 Jackson County Swim Team (JCST) and Cherokee County Swim Team (CCAC) came to Highlands to compete with the Highlands Hurricanes Swim Team (HHST). Final score: HHST 629.5; CCAC 301; JCST 224.5.

The Hurricanes were led by Jr. Olympian Chase Kenter and Jr. Olympic Qualifier Masyn Smith. Both Kenter and Smith scored 31 points which is the maximum a swimmer can score in a Mountain Swim League (MSL) meet. Both won four individual events and teamed up on a relay with Jr. Olympians Conner Hughes and

Thrasher’s concur; skate park is awesome

By Brian O’Shea

With the opening of the new skate park at the Highlands Parks and Recreation Department in May, town officials said the new facility is an asset that will benefit the community.

A visitor comes ‘a calling’

Bob Wolsey who lives on Cowee Ridge snapped this shot Saturday morning of an inquisitive bear on his deck.
As mayor I am always striving to connect information I have read to what is characteristic of our Highlands community. My observations and insights hopefully focus on a broader perspective. That is what I attempted as I revisited the work of the 20th Century psychologist, Abraham Maslow. He is famous for creating a model for a hierarchy of human needs.

At the base of Maslow’s diagram is the psychological needs for food, water, warmth and rest. The next tier is security and safety. I see these two tiers of basic needs relating directly to what we do in town government. Our task is to be responsive to citizens by operating a basic system that somewhat provides these needs. Our police, firemen, utility workers all contribute. Our taxpayers expect this to be our primary focus. I might add our private sector creates great hospitality places for our visitors to rest and recharge. The overall pace of life in Highlands affords these basic essentials for all.

The next two tiers on Maslow’s ascending pyramid deals with psychological needs. These needs are not directly related to government functions, but well operated town can make supportive contributions. The first tier in this group is a sense of belongingness and love. As a community Highlands is committed to this notion of belonging. We want people, whether residents or visitors, to feel that they are welcomed and belong here. The town strives to create an aesthetic place where folks want to be, a community where intimate relationships with friends and family can flourish.

Above the sense of belongingness is the tier of esteem needs where one seeks a feeling of prestige and feeling of accomplishment. Highlands is also a place where individuals are proud to be residents. The many nonprofit organizations, volunteer activities, not to mention entrepreneurial endeavors, all create opportunities for individuals to attain a feeling of accomplishment and personal satisfaction. There are ample opportunities for individuals with initiative to succeed.

The top tier of Maslow’s model is self-actualization. Again, town government is not responsible, nor can facilitate this self-actualization, but Highlands is a place where people can realize their full potential by engaging in the myriad of creative activities in the artistic, scientific, intellectual, spiritual and athletic realms. Highlands has always been an active community among both young and mature citizens. One need only visit our recreation department, or other nonprofit venues, to observe a mix of folks engaged in stimulating endeavors.

I may be creating an exaggeration in ap-

Highlands Mayor
Patrick Taylor

For Real-time Weather and the Extended Forecast, go to • www.highlandsinfo.com and click on Weather
A UNIQUE HIGHLANDS OPPORTUNITY

Conveniently located on the Atlanta side of Highlands between the Highlands Country Club and Glen Falls, this newly and fully renovated home is located on one level acre just five minutes from Main Street... all new floors, baths, kitchen, appliances, HVAC and more! Very private and quiet, this mini-estate offers one-level living with a generous two-car garage with workshop plus bountiful opportunities for gardening, children’s activities, pets and room for a guest house or other additions. MLS# 88360 | Offered for $695,000

See the virtual tour at https://meadowsmountainrealty.com/idx/mls-88360-198_klein_road_highlands_nc_28741
Cyprus
International Cuisine

DINNER:
Mon.-Thurs. 5-9p • Fri.-Sun. 5-10p
For reservations call: 526-4429
Main Street • Highlands

Asia House
Japanese • Asian • Thai Cuisine
Open Year Round • 7 days
Mon. thru Thurs., 11a to 10p
Fri., & Sat., 11a to 11p
Sun., noon to 10p
828-787-1680 or 828-787-1900

We Cater!
151 Helen’s Barn Avenue
Please call for reservations

The LOG CABIN
Casual Dining
Fresh Seafood, Steaks
& Comfortable Italian
Dinner Nightly at 5:00 PM

Just off Main Street in a historic
1924 Joe Webb log cabin
828 526-5777
www.LogCabinHighlands.com
130 LOG CABIN LANE

Menus Printed Daily
Fresh Seasonal
Ingredients

Sports Page
Sandwich Shoppe
Now Serving Breakfast &
Lunch All Year Long!
Monday-Saturday
Breakfast: 7:30:10:30am
Lunch: Until 2:30pm
Full cooked-to-order breakfast &
Daily Lunch Specials.
314 main Street, Highlands • (828) 526-3555

Sky Pie
Homemade in House
Open Everyday
11a.m until
423 N. 4th Street • 828-526-5188

Wild Thyme Gourmet
Restaurant
Serving Lunch and Dinner Year-Round.
Gourmet Foods, Full Service Bar
Town Square at 343-D Main St. • Highlands

Serving Lunch
Mon-Sun • 11a to 4p
7 days a week
Serving Dinner
from 5:30p
7 days a week
Highlands Area Dining

...on the Verandah Restaurant on Lake Sequoyah
www.ontheverandah.com
US 64 west • Highlands
Open: 7 nights a week and Sunday
Brunch 828-526-2338

Bistro ON MAIN
- a restaurant
at The Main Street Inn
270 Main Street (828) 526-2590
Serving Lunch and Dinner
Check website for hours
www.mainstreet-inn.com
Live music on the lawn

Paoletti ‘Our 34th Year’
Open for Dinner from 5p
www.paolettis.com • (828) 526-4906

LAKESIDE RESTAURANT
A UNIQUE FINE DINING EXPERIENCE ON HARRIS LAKE
www.lakesiderestaurant.info
MARCH THROUGH DECEMBER NOW OPEN TUESDAY - SUNDAY
Dinner Beginning at 5:30 PM
Call 828.526.9419 for Reservations
531 Smallwood Ave.
On Harris Lake | Highlands
NOW OFFERING OUTDOOR DINING

CELEBRATING OUR 29TH SEASON

WOLFGANG’S RESTAURANT & WINE BISTRO
Celebrating our 24th Season
Southern Living: “Best Place for Dinner in Highlands”
Serving dinner nightly Closed Tuesdays
www.wolfgangss.net
828-526-3807

Altitudes Restaurant
at Skyline Lodge
Fine Dining with a View!
Full bar

Breakfast
Sat. 7:30-11a; Sun. 7:30-10:30a
Dinner
Wed.-Sat. 5:30p ‘til
Sunday Champagne Brunch noon-2p

Appetizers
Smoked Fish Spread Almandine
Apple wood smoked trout and salmon blended with cream cheese and our house seasonings and topped with toasted almonds. Served warm with crostini

Stuffed Sweet Potato Cakes
Garlicky sweet potato Patties filled with sausage. Topped with a bacon, fennel & butter sauce

Entrees
Grillades and Grits
A spicy New Orleans style pot roast served on top of our house made grits
Butternut Squash Lasagna
Back by popular demand
Served with sauteed spinach or vegetable of the day
Soup
Gumbo
A Cajun feast in a bowl. Served over ricemini meat balls

470 Skyline Lodge Road
828-526-2121
Reservations appreciated but not required.
... SUP continued from page 1

for the town; in contrast, the town encourages architectural creativity and eclecticism within commercial zoning districts.

For decades, the majority of the Planning Board’s agendas have centered around the appearance and the legality of proposed changes to buildings or new construction.

With adoption of the “Design Standards” the Planning Board can focus on planning and not the enforcement of standards, said Bowen.

With the Design Standard Ordinance in hand, the Planning Director can issue Special Use Permits (SUP) as needed if the project presented hits all the marks in the ordinance – including meeting the standards set forth in the town’s Unified Development Ordinance – without involving the Planning or Zoning boards.

The ordinance, which was finalized at the June 26 Planning Board meeting, will be presented to the Town Board at its July meeting as the first step in adoption proceedings.

“Once adopted, the job of the Planning Board and even the Zoning Board will diminish greatly,” said Bowen. “The Planning Board’s job will now be to focus more on planning issues such as the Comprehensive Plan, which will keep the board busy for some time. As for the Zoning Board of Adjustment, it will indeed meet less frequently.”

Special Use Permits are required for all “changes of use” on a parcel, changes to the exterior of existing uses, new construction and if a variance is requested.

Whereas changes to exteriors won’t need to be heard by the Planning or Zoning boards anymore, changes of use and variance requests, which typically involve permission to extend into a front, back or side setback or extend a roofline, etc., will still be heard by the Zoning Board.

The reason is because a change of use and the granting of a variance could contradict standards set in the Unified Development Ordinance which is a quasi-judicial subject and the Zoning Board is the town’s quasi-judicial board.

Subjects in the Design Standards Ordinance involve building orientation; scale and massing; façade design, materials and colors; roof design, materials and projections; exterior lighting; parking; vegetation; and storm water considerations.

There are numerous options in each of those categories and some involve criteria set forth in the UDO which is
Ginger has been found!

“We received so many tips and calls from members of the Highlands community which took us to the area where she was roaming - on Dillard Road near the Summer Home, just before dusk on July 4. Thanks to the kindness and help of this community we are reunited. Thank you for getting word and Ginger’s photo out in Highlands Newspaper. We are blessed,” they said. “Please convey how grateful we are to the entire Highlands community. They were all so kind!”

Mark McCarthy and Eileen Wright in Highlands over the July 4th holiday asked for help finding Ginger, their elderly 15 lb. black and white terrier mix who is near deaf and timid. She had been lost since July 1 which meant she spent several nights alone in the wilds including during the torrential storm Sunday night.

Ginger is now home in Atlanta, safe and sound.
...SKATE BOARD continued from page 1

“I think they're [skateboarders] enjoying it and I've really seen their skills,” said Rec Department Director Lester Norris. “The kids who have just started skateboarding have come a long way. It's become the new place to hang out.”

Norris said the skate park was designed by the American Ramp Company and was made possible by a donation of over $200,000 by Art & Angela Williams. The project took about three months to build and thanks to private donations and donated in-kind work from members of the community, it was completed in late April.

Riders could not be happier the park was built.

“I think this is excellent,” said Aaron Coin, 24. “It's put together well and good for beginners, intermediate and advanced riders.”

Coin uses the park about twice a week and added that it covers both street and vertical skating well and he appreciated that the facility was free. However, he was a bit surprised at the park's location.

“I was a little surprised they were building it in Highlands,” he said. “I thought it would be off the beaten path. It's good that it's at the Rec Park so it won't get a bunch of graffiti with all of the other visitors and police coming through.”

Owen Munoz, 13, said he goes to the park often and it's a fun place to hang out.

“A bunch of my friends live around here and it's something to do over the summer and after school,” said Munoz. “It's good because I saw how it turned out and I like it.”

Cam Ramey, 11 agrees with his fellow skaters.

“It's a good hang-out spot to come and have fun with your friends,” said Carson. “My parents don't like it when I come here by myself, but with friends it's just better and more fun.”

Norris said the skate park was designed by the American Ramp Company and was made possible by a donation of over $200,000 by Art & Angela Williams. The project took about three months to build and thanks to private donations and donated in-kind work from members of the community, it was completed in late April.

Riders could not be happier the park was built.

“I think this is excellent,” said Aaron Coin, 24. “It's put together well and good for beginners, intermediate and advanced riders.”

Coin uses the park about twice a week and added that it covers both street and vertical skating well and he appreciated that the facility was free. However, he was a bit surprised at the park's location.

“I was a little surprised they were building it in Highlands,” he said. “I thought it would be off the beaten path. It's good that it's at the Rec Park so it won't get a bunch of graffiti with all of the other visitors and police coming through.”

Owen Munoz, 13, said he goes to the park often and it's a fun place to hang out.

“A bunch of my friends live around here and it's something to do over the summer and after school,” said Munoz. “It's good because I saw how it turned out and I like it.”

Carson Forrester, 11 was

skating on a sunny afternoon. He said he wasn't heavily into skateboarding but once he started going to the park he thought it was fun.

“It's a good hang-out spot to come and have fun with your friends,” said Carson. “My parents don't like it when I come here by myself, but with friends it's just better and more fun.”

Cam Ramey, 11 agrees with his fellow skaters.

“I was excited because every time I come here I get better at skateboarding!” said Ramey. “I've gotten better every single day and my best move is a kickflip.”

It's not just skateboarders who appreciate the town's skate park, parents also like something local to take their kids said Highlands resident Mandy Naron, who's three boys are often at the park.

“I was really excited,” said Naron. “My boys have skateboarded since they were small and it's rough traveling to Asheville, Cherokee or Atlanta. To have something here in our hometown is perfect. It's something different and the kids are learning something.”

Town officials have publicly said that the cost of the park wouldn't have been possible without financial help from private donors.

The park is open seven days a week from dawn until dusk.
For years there has been an debate in certain parts of our country regarding whether critical thinking should be taught to our children. Seriously.

In 2012, Texas adopted a platform plank was put forth by the Republican Party removing any teaching of critical thinking skills from the state’s public schools. Their reasoning? If children are taught to think critically, to question, to not automatically adhere to proclamations from others in their lives, including their parents, they might be able to form ideas and opinions of their own. If you Google the words ‘Critical Thinking’ and ‘Texas’ you’ll be directed to an in-depth, well-researched article from the Washington Post on the subject, along with a complete reading of the platform referenced above.

In addition, the article questions weather critical thinking can actually be taught. It asks whether it is something people are wired to have or not. I believe it can be taught, at least on a primary level.

Too often, when we are young, we automatically adopt the belief systems of our parents, our teachers, and other influential adults, such as coaches or religious leaders, even our peers. Over time, the natural outgrowth of such intensive programming on young people becomes a deterrent to learning.

Critical thinking, at its essence, is the objective analysis and evaluation of an issue in order to form a judgment. There’s a whole lot more to it, of course, but even at the highest level, just unpacking the aforementioned definition presents potential for misunderstanding and/or disagreement.

First, is anyone truly capable of an “objective analysis and evaluation” of anything? Anthropologists tell us objectivity is virtually non-existent in humans. It’s also been suggested that children brought up in an authoritarian, absolutist setting can either lose or surrender the ability to think for themselves.

Second, we live in an age where so much information is available young minds can experience a sort of overload, which, in turn, results in an unfathomable level of confusion.

Let’s face it, when our parents, who we love and respect, and who we hope have only our best interests at heart, share an opinion that might be contradicted by a respected teacher, what’s a young mind to do? Whom should they believe? How should they process and prioritize the information? All too often, especially now, the line between tested fact and closely held opinion is blurred to a point approaching non-existence.

I like to think I brought my children up to question, respectfully, and to form their own opinions about things. The price for that approach to parenting, of course, can be some uncomfortable discussions as those children turn into hopefully informed adults. Are we, as parents, willing to allow our children to think critically, to question our own closely held beliefs and opinions? Are we willing to allow our children to think for themselves, to grow into adults dependent on their own abilities to learn, to process information both logically and emotionally, and arrive at opinions based on input other than from us?

It’s a risky proposition. But if the truth is, indeed, simple, doesn’t it follow that we’re not always right? We don’t know everything. We can’t. And don’t we certainly understand that entrenched, carefully taught opinions should not hold sway over tested, objectively confirmed facts. Doesn’t it follow that times and circumstances change, and what was true, or right in the past may not be true or right now?

Many of us, as children, recall moments when we asked a parent “why” and the response was, “because I said so.” I’m sorry, but that response no longer cuts it, if it ever did.

Just as we humans continually wrestle with the inherent difference between fact...
Are you a ‘Sarcopenia’ senior?

Sarcopenia is defined as degenerative loss of skeletal muscle mass and strength associated with aging. Prior to age 30, the human body is in full growth stage in regards to skeletal muscle. In other words, at this stage of life you are in development and resilient. After the age of 30, inactive people begin to lose 3 to 5 percent of their muscle mass every 10 years. By the time they reach 75 years of age, the decline is dramatic and can result in frailty, loss of a vibrant life and higher risk of falls and subsequent injuries including devastating hip fractures.

Inactivity to boot is a leading cause of obesity and heart disease.

There are, however, other factors involved in age-related loss of muscle mass.

According to an article on the National Institute of Health website, by Jeremy D. Walston MD, “The causes of sarcopenia are a combination of neurological decline, hormonal changes and inflammation; along with declines in activity, chronic illness, fatty infiltration into muscle tissue, and poor nutrition. He also noted in addition there are recent findings showing that there may also be other biological mechanisms involved.

At this point, there doesn’t seem to be any definitive testing to determine all the causes and so there are no pharmaceutical interventions for the dilemma.

OK, so now let’s put it in terms that we can all understand.

As we age, we will get frail and lose the ability to enjoy life as we did when we were younger. Our walking gate and balance will begin to fail and at some point, we will begin to have an increased risk of falling and breaking our hips. As a result, we will move less and become over weight and be more prone to a heart attack, stroke and cancer.

To sum it up, in the immortal words of the great philosophical genius Chicken Little, “THE SKY IS FALLING!”

Currently, the best sarcopenia intervention known to medical science, is proper nutrition combined with strength training exercises. There have been studies done with frail older people of advanced age proving that muscle loss in Type 2 muscle fiber can be slowed down and even reversed to some extent with resistance exercises. Type 2 muscle fiber is the muscle fibers associated with strength and power and is the tissue that is primarily the age-related culprit when declining results in frailty.

The other type of muscle fiber is Type 1 and its primary purpose is endurance.

Strength training however needs to be done in a certain format to stimulate the power and strength of Type 2 muscle tissue.

Many of you have heard about the benefits of strength training but are confused as to which exercises will benefit you the most. Some of you are possibly going at it on your own and most likely not seeing the benefits due to the fact that much of the advice out there today is based onfad fitness programs that are just plain ineffective.

To stimulate Type 2 muscle fiber, the tissue must be fatigued in a brief time period. In strength training it means that you should feel your muscles tiring in under 18 repetitions. Ideally between 12 and 15 repetitions. If the weight is too heavy and you are fatigued at less than 10-12 reps, you risk straining and damaging ligaments, tendons and joints. Also, in the early stages of strength training you need to increase the weight and intensity slowly over a period of months to give connective tissue time to adapt.

For older individuals, strength training should be multi-joint and mimic real life movements such as standing and pushing, pulling and twisting.

Engaging in strength training if done correctly can increase years of healthy enjoyable quality of life.

It’s your call. Make a choice to take action and avoid becoming a Sarcopenia Senior!

For more information on the most beneficial exercises, I put together a free video entitled “The Best Strength Training and Bone Exercises for Seniors” at www.thebestexercisesforseniors.com.

*Hank is a local fitness trainer specializing in the over age 50 population. He is certified by The American College of Sports Medicine as an Exercise Physiologist, Certified Cancer Exercise Trainer and a licensed NC Massage therapist specializing in Therapeutic Stretching.*
I hadn’t thought of Lewis Grizzard in quite some time; that is until I read an Atlanta Journal-Constitution article titled, “Remembering Lewis Grizzard on his 70th birthday.” It’s hard to imagine that popular columnist who died at age 47 would have been 70 this year and harder still to imagine him as a 70-year-old.

I can somehow see him, though, as a modern version of Mark Twain, the Hal Holbrook version. As that thought popped into my head, I was googling Lewis Grizzard only to learn that there is a similar one-man show dedicated to him and that the Los Angeles Times had, in fact, called him “A Mark Twain for our generation.”

Further googling revealed that he originated the saying, “Life is like a dogsled team. If you ain’t the lead dog, the scenery never changes.” It seems I’ve heard that quote all my life, but I never knew it was his. Married four times, the last time just a few days before he died, he also famously said, “Instead of getting married again, I’m going to find a woman I don’t like and give her a house.”

Before he was a columnist, he was the youngest sports editor of the Journal at the age of 23 and later executive sports editor before returning to the AJC as a sports columnist. His years as the humor/lifestyle columnist are the ones most of us remember.

How he also managed to write 18 books is beyond me. Just seeing some of the titles again makes me laugh:

- Elvis is Dead and I don’t feel so good myself
- Shoot Low, Boys - They’re Ridin’ Shetland Ponies
- If I Ever Get Back to Georgia, I’m Gonna Nail My Feet to the Ground (inspired by his stint in Chicago)

Raised in Moreland, Georgia and a graduate of the University of Georgia, he often referenced his childhood and his love of the Georgia Bulldogs in his columns. Did he exaggerate? Well, yes, as do most good comics. On making the New York Times Bestseller list, he said, “I am the only person from Moreland, Georgia who ever made the New York Times Bestseller List...I am the only person in Moreland, Georgia who ever HEARD of the New York Times Bestseller List...”

His popular writing led to standup comedy and speaking engagements, and you can find recordings on YouTube and DVD. He appeared on the Johnny Carson show and even played a Sugarbaker brother on “Designing Women.” I listened to a snippet or two on YouTube and wished I’d heard him when he was still with us. The good news, though, is that the books are still here. I may have to add a few to my reading list.

- Kathy is a Georgia resident. Find her book, “Lord Banjo the Royal Poob” at Highlands Mountain Paws and on Amazon. Contact her at inkpenn119@gmail.com, and follow her on Facebook, www.facebook.com/KathyManosPennAuthor.

...WORD MATTER continued from page 9

and opinion, we also struggle with the equally inherent conflict between logic and emotion. This rubber-meets-the-road moment is where the ability to think critically becomes essential, so much so that to legislate it out of a young person’s education is to do a disservice to a generation of Americans, in this case, Texans.

It’s natural to think, as adults, we know better and we know what’s best for our own children. The problem is, even as adults, we’re still only human. That means we’re flawed. And if we accept that premise, we must accept that everything our parents or other influential people in our lives told us wasn’t always true or right.

That’s why it’s important to not only allow our children to question, to think critically, we must encourage them to do so.

- Bud Katz is a full-time resident of Highlands and a member of the Highlands Writers Group.
...HURRICANES continued from page 1

Finneas Garner for another win. Along the way, Kenter broke his 10th MSL record. There are 41 male MSL records.

Hughes scored 2nd in four events losing only to Kenter, scoring 27 points. Garner won the 50 free and had three MSL Allstar swims scoring 22 pts.

Justin Powell scored 26 pts including a Medley Relay win. Matti Cohen and Jr. Olympic Qualifier Layla Babak each scored 25 pts. Each having two individual event wins.

Blake Kenter won three individual events and scored 24 pts. Vivi and Annie Geren and Katya Somov each scored 23 pts. Somov won two events, Annie Geren won one. Vivi Geren swam two MSL Allstar times, Somov one. Penelope Hilson and Jr. Olympic Qualifier Lauch Young each scored 22 pts. Each won one race. Hilson qualified for the MSL Allstars. Patrick Wood and Andre Haldin scored 21 pts. Haldin won the 100 IM and each had three MSL Allstar times. Jasmin Barranco and Max Jestin each scored 20 pts. Barranco had three Personal Records (PRs) while Jestin won the 25 Breaststroke with a MSL Allstar time.

Jordan Powell, Sadie Green, and Ben Halldin all scored 19 pts. All three had an MSL Allstar time. Savanah Byrd and Cassie McDowell each scored 18 pts. Byrd had two MSL Allstar swims. Ian Kittrell scored 17 pts, winning the 25 Freestyle and setting three PRs. Dasha Haldin scored 14 pts, winning the 50 Free with an MSL Allstar time. Vivian Kennedy scored 13 pts including swimming the butterfly leg of a winning Medley relay. Emma Desinoff and Elizabeth Hilson scored 12 pts. Desinoff had three PRs, Hilson one.

Alex Baranco and Asa Garner each scored 11 pts. Each had three PRs and Baranco a MSL Allstar swim. Vanessa Russell scored 10 pts. And set a PR. Fen Hilson scored 8.5 pts with two PRs. Charlie Wilkes scored seven pts with three PRs, and Timmy McDowell scored five pts. With two PRs. Josiah McKibben and William Russel each set two PRs.

The Highlands Hurricanes Swim Team is a Highlands Recreation Park Team that practices at the Highlands Recreation Park pool in the evenings during the week and on Saturday mornings. Attendance at all practices is not required. The only requirement to join is that swimmers can swim 25 yards (one pool length) unassisted. For more information, call 828-421-4121.

`HURRICANES continued from page 1`
Highlands Area Events

- Live Music in OEI’s Hummingbird Lounge 8 p.m. to close with Paul Jones.
  **Through Sat., July 14**
  - At Highlands Playhouse, Guys and Dolls. Call 828-526-2695 for tickets.
  **Thurs., July 12**
  - P.E.O. Annual Summer Luncheon at the Cullasaja Club, 1371 Cullasaja Club Drive. Hosted by Chapter BJ of Cashiers/Highlands. Registration is from 11:30 a.m. to noon. Luncheon is at 12:30 p.m. Cost is $28.25 per person. Silent auction between 11:30 a.m. and 12:15 p.m. For more information or to make a reservation, call Mary Anny Ray at 828-526-8251.

- At Highlands Playhouse, Guys and Dolls. Call 828-526-2695 for tickets.
  **Thurs., July 12**
  - P.E.O. Annual Summer Luncheon at the Cullasaja Club, 1371 Cullasaja Club Drive. Hosted by Chapter BJ of Cashiers/Highlands. Registration is from 11:30 a.m. to noon. Luncheon is at 12:30 p.m. Cost is $28.25 per person. Silent auction between 11:30 a.m. and 12:15 p.m. For more information or to make a reservation, call Mary Anny Ray at 828-526-8251.

- Free Zahner Lecture Series “The Endangered Rock Gnome Lichen.” At Nature Center on Horse Cove Road at 6 p.m. 
  **July 13-15**
  - Trunk Shows at Acorns on Main Street from 10 a.m. to 5 p.m. Ellen Brook Fashion and Monica Rich Kosann Jewelry.

- At Acorns on Main Street. Vitamin Clothing from 10 a.m. to 5 p.m.
  **July 14**
  - At Acorn’s on S. 4th Street Carolyn Goldsmith Art from 10 a.m. to 5 p.m.

- At HUMC Open House from 1-3 p.m. Come tour the new facility and explore its possibilities for our community and you. Faith & Fellowship Center is on South 3rd Street
  **Wed., July 18**
  - Free Summer Interlude at Episcopalian Church at 2 p.m. Angela Massey, Flutist. John Wickey, Harpist. Sponsored by Highlands-Cashiers Chamber Music Festival.

- Join Thomas Duncan, MD, as he leads a panel discussion on the topic of Advanced Care Planning. The program will be held on Thursday at 5:30 p.m. in the Jane Woodruff Clinic, Suite 103. Time will be available for questions. The option to complete advanced directive forms will be provided and a notary will be present (state-issued photo ID required). This free event is part of Highlands-Cashiers Hospital’s Evening with the Docs series. Reserve your space today. Light refreshments will be provided. The event is limited to 50 attendees. RSVP to Brittany Dryman at 828-526-1345.

- Free Zahner Lecture Series “Herpetological Mysteries.” At Nature Center on Horse Cove Road at 6 p.m.
  **Fri. & Sat., July 20-21**
  - At Jannine Bean Custom Jewelry, Open House and Gem Show 10 a.m. to 4:30 p.m. For more info call 828-526-5858.

- At Acorn’s on Main Street from 10 a.m. to 5 p.m. Mark Garland Studio Clothing.
  **Friday, July 20**
  - At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are $100 and can be purchased on-line at www.thebascom.org

- The Bascom Gala: Sunday is sure to be the event of the season! Don’t miss it. For more information on these events please visit www.thebascom.org or call Lin Sheffield at 828.787.2866.
  **Sun., July 22**
  - Free Zahner Lecture Series “Timber Rattlesnakes on the Highlands Plateau.” At Nature Center on Horse Cove Road at 6 p.m.

- At Acorn’s on Main Street. Vitamin Clothing from 10 a.m. to 5 p.m.
  **July 22**
  - At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are $100 and can be purchased on-line at www.thebascom.org

- The Bascom Gala: Sunday is sure to be the event of the season! Don’t miss it. For more information on these events please visit www.thebascom.org or call Lin Sheffield at 828.787.2866.
  **Sun., July 22**
  - At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are $100 and can be purchased on-line at www.thebascom.org

- The Bascom Gala: Sunday is sure to be the event of the season! Don’t miss it. For more information on these events please visit www.thebascom.org or call Lin Sheffield at 828.787.2866.
  **Sun., July 22**
  - At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are $100 and can be purchased on-line at www.thebascom.org

- The Bascom Gala: Sunday is sure to be the event of the season! Don’t miss it. For more information on these events please visit www.thebascom.org or call Lin Sheffield at 828.787.2866.
  **Sun., July 22**
  - At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are $100 and can be purchased on-line at www.thebascom.org
Ah, it's summertime in Highlands. The season is in full bloom. It is almost time for the most anticipated event of the Summer – the Fourth Annual Highlands Community Fund 'Rise and Shine' Event. This is an evening one will not forget.

The 'Rise and Shine' Event is to be held at The Bascom on August 5th at 6:30 P.M. The party starts with cocktails, followed by a scrumptious supper provided by Lovies Barbeque of Atlanta. Back by popular demand, the Caribbean Cowboys will be providing toe tapping - dancing music.

Highlands Community Fund supports local non-profit organizations. In 2017, HCF awarded over $54,000.00 in grants. Since 1996, HCF has, in partnership with the Community Fund of Western North Carolina awarded grants totaling more than $800,000.

So, buy your tickets and have a wonderful evening. It will be a great opportunity to get to meet the HFC Board members and learn more about what HCF does for the Highlands community.

You can make a difference for local non-profits by attending the HCF 'Rise and Shine' Event. Tickets are $100 per person, dress is mountain casual and the enjoyment of the evening is priceless.

For more information contact Highlands Community Fund, 'Rise and Shine' Chairpersons. Ann Klamon at faek@comcast.com or 1-404-432-6004 or Cindy Trevathan at cindytrevathan@gmail.com or 828-526-2336.
John Gaston honored by Hudson Library Board

John Gaston has meant many things for the Hudson Library since he first started volunteering in 2002. He’s volunteered through 4 librarians, many staff changes, and sixteen Library Boards, racking up over 2,000 hours of service.

And that’s just the beginning. In addition to his volunteer work for Hudson Library, putting covers on books and offering technology assistance to patrons, John has served many years on the Hudson Library Board, including 4 years as President; on the Fontana Regional Library Board of Trustees including a term as President; and on the Macon County Library Board of Trustees.

For all of this dedicated service, the Hudson Library Board is honoring John Gaston with the Gertrude and Dolly Harbison Award, an award given only rarely. Board President Bill Stiefel presented the award at the June 12 board meeting. Previous recipients of the Harbison Award include Rand Shaffner, Avary Doubleday, Carolyn Patton, and Dr. Barbara Reitt.

The award is named for the Hudson’s longest-serving librarians, Gertrude Harbison who served as Hudson Librarian from 1926 to 1974, and her sister Dolly who was Assistant Librarian from 1926 to 1974 and Acting Librarian from 1974 to 1975.

Hudson Library, 554 Main Street in Highlands, is open 10am-5:30pm Tuesday through Friday and 10am-4pm on Saturday.

Larry Rogers
Construction Company, Inc.
Excavating • Grading • Trucking Trackhoe
Backhoe • Utilities
(828) 526-2874
...SUP continued from page 6

the over-ruuling document concerning zon-
ing allowances in the town which is why the
Planning Director must sign off on projec-
ts.

Under the new Design Standards Ordin-
ance, developers who are considering new
construction or exterior renovations will
first have a pre-proposal meeting with the
Planning Director, then an Administrative
Review presenting all exterior elevations, all
site plans and verification of the completed
Design Standard checklist.

At that point, the Planning Director
will present the completed package to the
Planning Board which will make sure all the
marks were hit as outlined in the Design
Standards Ordinance. The board will also
make sure the Planning Director didn’t miss
anything.

Assuming all goes as planned, the final
approval for a SUP not involving a change
of use or a variance will be issued by the
Planning Director.

Planning Board Chairman Thomas
Craig and other board members said they
welcome the Design Ordinance because
they feel the board spends an inordinate
amount of time going over minutia better
handled another way.

Though SUPs “follow the land,” Bow-
en said there is still a time limit attached to
them.

“Work [exterior changes] that is grant-
ed under a SUP does expire but changes in
use on a parcel carry with the land in perpetu-
ity – as long as that ‘use’ doesn’t change,”
he said.

Under the town’s UDO, if a SUP is
granted for exterior changes but the work
doesn’t start within 12 months, the SUP
expires.

One item the Planning Board and
Bowen agreed to delete from the Use Reg-
ulations Table in the UDO is the need for
a SUP if the remodeling of existing build-
ings result in an increase in the number of
business occupants inside the building.

The Town Board will hear the Design
Standards Ordinance at its July 19 Town
Board meeting.

– Kim Lewicki

...SACRIFICE continued from page 14

with a two percent COLA this year.

Because open enrollment for insurance
occurred prior to the budget, the county
missed out on the option to provide the
$250,000 for insurance that would have left
rates the same, a proactive measure Jackson
County executed.

Roland scrutinized his budget in at-
ttempts to find funding sources to fund a
COLA since the county missed the oppor-
tunity to provide funding for insurance prior
to open enrollment. While the $250,000
would have met the county’s needs in terms
of the rate increase from Blue Cross and
Blue Shield, by the time commissioners be-
came aware of the situation, the new rates
were already implemented. As a result, the
COLA will cost the county nearly double or
$400,273.

For a county employee making $35,000
a year, the two percent COLA will amount
to $700, which depending on family size and
insurance plans, would offset the cost of the
insurance rates for a few months. For an em-
ployee making $35,000 a year, with the basic
insurance plan and a plan for the employee
and a spouse, the COLA will cover the dif-
ference in insurance rates for 10 out of the
year’s 12 months. For an employee with the
same salary with the enhanced insurance
plan for the entire family, the COLA will off-
set the increase for three and a half months.

Recognizing the importance of the
COLA and the need to support county em-
ployees, both Sheriff Robert Holland and
Emergency Management Director Warren
Cabe revisited their proposed budgets to
look for any cost saving measures that could
help fund the two percent COLA for all of
the county’s 360 employees.

Both Holland and Cabe were able to re-
duce areas in their budgets to provide a por-
tion of the funding for the $400,273 needed
to implement the COLA.

“The employees of the Macon County
Sheriff’s Office, just as all county employees,
work hard every day to provide the best ser-
dices Macon County can provide to its citi-
zens,” said Holland. “To ask the employees
to give more and more of themselves and
then make less than they did the previous
year, is unacceptable and if I can prevent
it in some way, I will. We made sacrific-
• See SACRIFICE page 21
And they are here!

As we say goodbye to the Fourth of July and the brilliance of the fireworks that lit up our town, brokers are asking, “Who let the buyers out?” And for real estate in Highlands and Cashiers that is a great thing and a great question! Traffic jams on Main Street with car tags from many states are a daily ritual.

Sales this year are already up 11.5% compared to the same time last year.

Buyers are in a shopping mood! Research by Barclays found that 57% of the wealthiest want to increase their residential property portfolio in 2018. What better place to invest and own property than the Highlands/Cashiers Plateau?

We have seen an increase in buyers looking for rental homes to put on VRBO or Airbnb.

If, on the other hand, you are a seller, I can’t stress enough that your home must be well-maintained and have excellent curb appeal. Potential buyers know within eight seconds if they are interested in your house according to statistics. The price must be seen as a true value because the competition is so great with over 1,300 homes for sale in Highlands and Cashiers.

If you have had over eight showings without an offer, stats show you are overpriced. If you’ve been listed over 90 days with only a few or no showings it is time to lower your price to stimulate interest. I suggest you have a home inspection yourself and do repairs to offset buyers using their own inspection to negotiate much lower because it “needs work.”

We can show you comparable homes in your price range as listings have been added since yours went on the market.

We, as brokers, are so glad that this year we have seen a change to serious buyers who understand the value of buying in Highlands. It is on Barron’s list and ranked #12 in the country as the BEST place to invest in a second home. Or move on up and join us as a full-time resident. We would love to welcome you as part of our great “hometown” community that I refer to as our little “Hallmark town.”

With magnificent scenery, award winning restaurants, fabulous boutique shopping, a great playhouse and performing arts center, and an unrivaled fine arts center, there is never a dull moment. Come experience our town...come experience a piece of heaven on earth.

Pat Allen is BIC/owner of Pat Allen Realty Group and a Certified Luxury Home Marketing Specialist. She is consistently ranked as a top seller. Contact Pat at 828-526-8784 or 828-200-9179. Email her at pat@patallenrealtygroup.com and check out her website at PatAllenRealtyGroup.com

Jerry Moore, owner of Kilwins Ice Cream Shop in Highlands, took the helm of the Rotary Club of Highlands when Rick Trevathan passed him the gavel on June 26. In thanking Trevathan, a retired Houston lawyer, for his 2017-’18 service, Moore noted that he has mighty big shoes to fill: “not only those big Texan cowboy boots but also those great sport coats!” Trevathan thanked his board for its service and awarded the “Rotarian of the Year” designation to Sherry Holt, Club Services Chairman, who has worked tirelessly on club projects throughout the year.

Pplying Maslow’s Hierarchy of Needs to the Highlands community, but I believe vibrant communities are places where individuals and groups can aspire to the top of his pyramid. On a personal note, I am fortunate to live in my safe, warm home among loving family where I can realize my creative potential in producing pottery in my studio. My self esteem also rises when someone thinks enough of my work to purchase a piece, or tells me they appreciate my service as mayor.
A New Book
By Pastor Dan Robinson
Highlands Central Baptist Church

Do you remember the television series of the late '60s, “The Guns of Will Sonnett?” It starred Walter Brennen, Jason Evers and Dack Rambo. Incidentally, Dack visited our family in Ocala, FL around 1969. We shared an evening meal together. He was a real gentleman. In the series Walter Brennen's character had a signature-and-oftepeated line. You might recall it: “No brag. Just fact.” There it was. Plain and simple. To brag would have been out of character. It would break a code of honor. I like that.

With that said, however, I'm sure that advertising one's book is bound to sound like bragging.

The Apostle Paul said it like this: May I never boast except in the Cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world (Galatians 6:14). Paul wrote those words by the inspiration of the Holy Spirit. And we (you and I) understand them, likewise, by the Holy Spirit. This is what all 166 pages of my book are all about. I’ve titled it “The World's Most Well-Known Stranger,” sub-titled “A Book About The Holy Spirit.”

One reviewer has written, “If you are an atheist, agnostic or a skeptic about Christianity, this book is for you. Why? Because it is an authentic and unpretentious discussion that reveals how people are drawn to God, how some come to faith in God, and how true disciples of Christ follow God. If you are a long-time disciple of Christ and want to grow deeper in your faith—then this book is for you. If you are a skeptic about Christianity, this book is for you. Well-Known Stranger,” sub-titled “A Book About The World's Most Well-Known Stranger,”

Proverbs 3:5

\[ \text{BLUE VALLEY BAPTIST CHURCH} \]
Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School: 10 a.m., Worship: 11 a.m.
Sunday night services every 2nd & 4th Sunday at 7:30 p.m.

\[ \text{BUCK CREEK BAPTIST CHURCH} \]
828-269-3546 • Rev. Jamie Passmore, Pastor
Sundays: School: 10 a.m., Worship: 11 a.m.

\[ \text{CHRIST CHURCH OF THE VALLEY, CASHIERS} \]
Pastor Brent Metcalf • 743-5470
Sun.: 10:45 am, S.S. 9:30 am. Weds. 6 pm supper and teaching.

\[ \text{CHRISTIAN SCIENCE CHURCH} \]
283 Spring Street • Sunday Service 11 a.m.
Testimony meeting: 3rd Wednesday at 5 p.m.

\[ \text{CLEAR CREEK BAPTIST CHURCH} \]
Pastor Jim Kinard
Sundays: School: 10 a.m., Worship: 11 a.m.
1st & 3rd Sunday night Service: 7 p.m.
Wednesdays—Supper at 6 p.m.

\[ \text{COMMUNITY BIBLE CHURCH} \]
www.cbchighlands.com • 526-4685
3645 Cashiers Rd., Highlands, NC • Sr. Pastor Gary Hewins
Sun.: 9:30 a.m. Sunday School 10:30 a.m.: High School & Middle School; 10:45 a.m. Child. Program, 10:45 a.m. Worship Service
Wed.: 5 p.m. Dinner ($7 adult, $2 child), 6 p.m. CBC U.

\[ \text{EPISCOPAL CHURCH OF THE INCARNATION} \]
Rev. W. Bentley Manning • 526-2968
Sundays: School: 10 a.m., Worship: 11 a.m.
1st & 3rd Sunday night Service: 7 p.m.

\[ \text{FIRST BAPTIST CHURCH HIGHLANDS} \]
828-526-4153 • www.fbchighlands.org
Dr. Mark Ford, Pastor
220 Main Street, Highlands
Sun.: Worship 10:45 a.m.; Sun.: Bible Study 9:30 a.m.
Wed.: Men’s Bible Study 8:30 am; Prayer Mtg. 6:15 p.m.; Children’s 5 p.m.

\[ \text{FIRST PRESBYTERIAN CHURCH} \]
Curtsuss Fussell & Emily Wilmarth, pastors
526-3175 • fpchighlands.org
Sun.: Worship: 11 a.m.; School: 9:30 a.m.
Mondays: 8 a.m. Men’s Prayer Group & Breakfast
Wednesdays: Choir: 6 p.m.

\[ \text{GOLDMINE BAPTIST CHURCH} \]
(Off Franklin/Highlands Rd.)
Sunday School: 10 a.m., Worship Service: 11 a.m.

\[ \text{GRACE COMMUNITY CHURCH OF CASHIERS} \]
Non-Denominational-Contemporary Worship
242 Hwy 107N. 1/4 miles from Crossroads in Cashiers www.gracecashiers.com • Pastor Steve Doerter: 743-9814
Services: Sundays 10 a.m. - Wed. - 7 p.m., Dinner - Wed. 6 p.m.

\[ \text{HAMBURG BAPTIST CHURCH} \]
Hwy 107N. • Glenville, NC • 743-2729 • Pr. Nathan Johnson
Sunday: 9:45 a.m., Worship 11 a.m. & 7 p.m., Bible Study 6 p.m.
Wed. Kidsquest 6 p.m.; Worship 7 p.m.

\[ \text{HIGHLANDS ASSEMBLY OF GOD} \]
Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street
Sundays: Worship: 11 a.m.

\[ \text{HIGHLANDS CENTRAL BAPTIST CHURCH} \]
Pastor Dan Robinson
670 N. 4th Street (next to the Highlands Civic Center)
Sun.: Morning Worship 10:45 a.m., Evening Worship, 6:30 p.m.
Wednesday: Prayer Service, 6:30 p.m.

\[ \text{HIGHLANDS UNITED METHODIST CHURCH} \]
Pastor Randy Lucas 526-3376
Sun.: School 9:45 a.m.; Worship 9:00, 10:50; Youth 5:30 p.m.
Wed: Supper: 5:15; youth, & adults activities: 6; Handbell rehearsal, 6:15; Choir Rehearsal 7. (nursery provided ); 7 p.m.
Intercessory Prayer Ministry

\[ \text{HOLY FAMILY LUTHERAN CHURCH: ELCA} \]
Chaplain Margaret Howell • 2152 Dillard Road • 526-9741
LutheranChurchoftheHolyFamily.yolasite.com
Sun.: School and Adult discussion group 9:30 a.m.; Worship/Communion: 10:30 a.m.
HEALING SERVICE on the 5th Sunday of the month.

\[ \text{MACEDONIA BAPTIST CHURCH} \]
8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Zane Talley
Sundays: School: 10 a.m.; Worship: 11 a.m., Choir: 6 p.m.
Wed.: Bible Study and Youth Mtg.: 7 p.m.

\[ \text{MOUNTAIN SYNAGOGUE} \]
at St. Cyprian’s Episcopal Church, Franklin • 828-524-9463

\[ \text{MOUNTAIN BIBLE CHURCH} \]
743-2583 • Independent Bible Church
Sun.: 10:30 a.m. at Big Ridge Baptist Church,
4224 Big Ridge Road (4.5 miles from NC 107)
Wed: Bible Study 6:30 p.m.; Youth Group 6 p.m.

\[ \text{OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH} \]
Parish office (Rev. Dr. Francis): 526-2418
Mass: Sun: 11 a.m.; Sat. at 4 p.m.

\[ \text{SCALY MOUNTAIN BAPTIST CHURCH} \]
Rev. Marty Kilby
Sundays: School: – 10 a.m.; Worship – 11 a.m. & 7 p.m.
Wednesdays: Prayer Mtg., 7 p.m.

\[ \text{SCALY MOUNTAIN CHURCH OF GOD} \]
290 Buck Knob Road; Pastor Donald G. Bates • 526-3212
Sun.: School: 10 a.m.; Worship: 11 a.m.

\[ \text{SHORTOFF BAPTIST CHURCH} \]
Pastor Rev. Andy Cloer
Sundays: School: 10 a.m.; Worship: 11 a.m.
Wednesdays: Prayer & Bible Study, 6 p.m.

\[ \text{COMMUNITY BIBLE CHURCH OF SKYVALLEY} \]
706.746.3144 • 696 Sky Valley Way #447, Pastor Gary Hewins
Sun: School 9:45 a.m.; Worship 9:00, 10:50.; Youth 5:30 p.m.
Rehearsal, 6:15; Choir Rehearsal 7. (nursery provided ); 7 p.m.

\[ \text{LITTLE CHURCH IN THE WILDDOYD} \]
Memorial Day weekend through Labor Day
Sunday: Worship: 11 a.m.; Youth: 5:30 p.m.

\[ \text{THE CHURCH OF THE GOOD SHEPHERD} \]
1448 Highway 107 South, Office: 743-2359 • Rev. Rob Wood
Old-Fashion hymn-sing Sunday 7-8 p.m.

\[ \text{UNITARIAN UNIVERSALIST FELLOWSHIP} \]
85 Sierra Drive, Franklin • uufranklin.org
Sunday Worship - 11 a.m.

\[ \text{WHITESIDE PRESBYTERIAN CHURCH} \]
Rev. Sam Forrester/Cashiers
Sunday School: 10 a.m., Worship Service: 11 a.m.
**Police & Fire**

The Highlands Police log entries from June 16. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.

**June 16**
- At 8:37 a.m., officers responded to a one-vehicle accident in the parking area of Park on Main.
- At 1:51 p.m., officers responded to a call about credit card fraud at a bar on S. 4th Street.

**June 18**
- At 8:01 a.m., officers responded to a fire alarm at a residence on Half Mile Drive.

**June 19**
- At 2:26 p.m., the dept. responded to a fire alarm at a residence on Hutchinson Court.

**June 20**
- At 5:51 a.m., the dept. responded to a medical alarm activation on Main Street.
- At 12:27 p.m., the dept. responded to a miscellaneous fire at a residence on Cullasaja Club Drive.
- At 2:38 p.m., the dept. provided public assistance on US 64 west.
- At 8:01 p.m., the dept. stood by at Zachary Field for the MAMA helicopter.
- At 11:57 a.m., the dept. responded to a call of a possible motor vehicle accident on Bull Pen Road, but it was unfounded.

**June 21**
- At 4:30 p.m., the dept. provided public assistance on Thornhill Road.

**Biz/Org News**

**Highlands Sotheby’s International Realty is now in Cashiers, too**

Highlands Sotheby’s International Realty is please to announce the formation of its Cashiers Realtor team located at 545 Highway 107 south across from the Cornucopia Restaurant.

The following team members have decades of real estate and business experience: Wood Lovell, Suzanne McDavid, Joe Deckman, Dan Doughty, David Jones, Leckie Rives and Leslie Talbot. These brokers are a part of the worldwide luxury real estate network with 22,000 affiliated sales associates located in 950 offices in 70 countries and territories worldwide.

The association with the venerable Sotheby’s Auction House, established in 1744, produced more than $1 billion in worldwide sales in 2017. Highlands Sotheby’s International Realty is the number one producing firm in Highlands on the Highlands/Cashiers Multiple Listing Service for four years in a row. This team, which produces the most extensive marketing exposure available for luxury homes, is now bringing the power of the Sotheby’s brand to the Cashiers and Lake Toxaway markets.

Please visit the website www.highlandssothebysrealty.com and www.sir.com for more information on how these talented professionals can serve your real estate needs … or call the Cashiers office at 828-743-7827.
Loma Linda Farm

Dog Boarding • Day Care
Pastoral Park
in Home and Leash Free
Lodging in the lap of luxury
(828) 421-7922
Highlands Nc
lomalindafarm@gmail.com
www.lomalindafarm.com

NC License #10978

Allan Dearth & Sons Generator

Sales & Service, Inc.
828-526-9325
Cell: 828-200-1139
e-mail: allandearth@msn.com

Whiteside Cove Cottages

5 new log cabins nestled in the hemlocks on 25 acres at the base of Whiteside Mountain.

800-805-3558 • 828-526-2222

Fallen Leaf

2017-2018 Fall Leaf Schedule

Highlands and Glenville

Mendoza Tree Expert
Quality Tree Care and Removal
Over 14 years experience

Juventino Mendoza
828-200-9217
Fully Insured • References Available
mendozatreeexpert@gmail.com
www.mendozatreeexpert.com

American Upholstery

WE HAVE MOVED TO
105 Ashley Drive • Walhalla, SC 29691
(Same Owners: Morris & Rachel Bible)

Same Phone Numbers:
(864) 638-9661 cell: (864) 710-9106

• Residential or Commercial
• Over 40 Years Experience
• Fast and Dependable
• FREE Estimates
• FREE Pick-up and Delivery

Sample Books Available

Whiteside Cove Cottages

5 new log cabins nestled in the hemlocks on 25 acres at the base of Whiteside Mountain.

828-332-1539 or 678-873-2927

Loma Linda Farm

Dog Boarding • Day Care
Pastoral Park
in Home and Leash Free
Lodging in the lap of luxury
(828) 421-7922
Highlands Nc
lomalindafarm@gmail.com
www.lomalindafarm.com

Highlander Roofing Services Inc

New & Re-Roofing Applications Including:
Asphalt • Cedar • Metal & Synthetic Materials

Showroom Location
1511 Highlands Rd
Franklin, NC 28734

Office (828) 524-7773
Cell (828) 526-6421
luke@highlandernc.com
www.highlandernc.com

Mendoza Tree Expert
Quality Tree Care and Removal
Over 14 years experience

Juventino Mendoza
828-200-9217
Fully Insured • References Available
mendozatreeexpert@gmail.com
www.mendozatreeexpert.com

Chestnut Storage

Storage Units Available
Secure 24 Hour Access
Easy In - Easy Out
Great Rates - Great Terms

Call today to find out why we're “Highland's Premier Facility”
828-482-1045

Look for our sign!
10890 Buck Creek Rd. - 1/2 mile off Cashiers Rd near the hospital

Moraless Painting

RICARDO MORALES
moralespaintingservices@gmail.com
706.982.9768
828-226.5347

INTERIOR/EXTERIOR PAINTING • LAWN MAINTENANCE • HOUSE MAINTENANCE • QUALITY WORK
FULLY INSURED

Av Painting & Remodeling

• Interior & Exterior Painting
• Pressure Washing
• House Maintenance
• Drywall Repair
• Deck Repair

Quality Work • Fully Insured
Lupe Gonzales
avpintura@gmail.com
828-332-1539 or 678-873-2927
... SACRIFICE continued from page 16

with the cuts I made but they are sacrifices we can lay with knowing that my employees, and all county employees, will receive some additional help financially during times where many households are struggling to make ends meet. I knew the commissioners and the manager were negotiating this issue, so Warren Cabe and myself decided it was in everyone’s best interest to do our part to try and help. Two percent is nothing compared to what most deserve for the sacrifices they make on a daily basis.”

Service Directory Ads
$17 for single BW
$22 for single color
Multiple sizes available
email: highlandseditor@aol.com

Yoga Highlands
464 Carolina Way • YogaHighlands.com • 828-526-8880

MONDAY
Gentle Yoga Class 9am • Evening Yoga Class 6pm
TUESDAY
Early Bird Yoga Class 7:30am
WEDNESDAY
Intermediate Yoga Class 9am
FRIDAY
Gentle Yoga Class 9am
SATURDAY
All Levels Yoga Class 9:30am

All Levels Welcome • Experienced and Effective Teachers

Dornbush Design Studio
Fully Insured • 706-982-0864

• Interior
• Exterior
• Pressure Washing
• Drywall Repair
• Window Cleaning
• Gutter Cleaning
• Deck Repair

riospainting0864@gmail.com
Find us on FaceBook
Owner Elias Rios

Douglas Tank
General Contractor
New Home Construction • Remodeling • Licensed & Insured
Serving Highlands since 1983.
Referrals available.
828-526-9450
drtank43@hotmail.com
PO Box 2014 • Highlands, NC 28741

Acupuncture Highlands
for health and vitality!
Chinese herbal medicine & dietary therapy
Myoskeletal Alignment & orthopedic bodywork
acute illness, injury, internal ailments, pain
wellness, prevention, anti-aging
防治百病 (828) 526-0743 保生命力
Kim Bonsteel, LAc — acupuncturehighlands.com
**Classifieds**

**Moving Sale**
- **KING SLEIGH BED**: Iron Queen Bed, Trundle Bed, Dining Table w/ Chairs, Poly Resin Patio Table w/ chairs, Poly Resin Captain Chairs, Dressers, Coffee Table. Just google 160 Big Bear Pen Lane to look at these items. All will be available after July 16th. Must be picked up by July 21st. Please contact gcasbon@yahoo.com for pricing and additional info.

**Church Custodian Needed**
- First Baptist Church Highlands. Job Description available on request. Bids being accepted. 828-526-4153. (st. 5/24)

**Sales Associate High End Retail Clothing Store in Highlands and Cashiers, NC.**
- Full time, part time and seasonal. Inquire to 828-200-0928. (st. 5/10)

**Part-Time Retail Customer Associate – CKSWAN**
- An established home furnishings and gift store is seeking a creative, customer-focused individual who has a friendly nature and the ability to multitask. Previous retail experience preferred. Please apply to info@ckswan.com. (st. 5/10)

**Fressers Courtyard Cafe**
- Hiring cooks, counter help and food runners. Call 828-526-8847. (st. 4/19)

**Year-Round, Full-Time Retail Position is Available at TJ Bailey’s**
- In Highlands and Cashiers. Must have flexible hours and have excellent people skills. Sales experience is a plus. Call 828-526-2262 or email resume to store@tjbaileys.com. (st. 4/5)

**Wolfgang’s Restaurant**
- Looking for experienced waitstaff, bartender, line cook and baker. Please call Jacque at 828-526-3807. (st. 4/5)

**Paoletti’s on Main Street**
- Now hiring for 2018 season. Bartender, Servers, Bus person, cook. Call 828-526-4906. Email resume to amp28741@yahoo.com. (st. 3/29)

**Skyline Lodge**
- Housekeeping staff, front desk clerks and restaurant servers. We offer training, employee housing. Call 828-526-2121 for an application. Background checks done. (st. 2/22)

**Cyprus International Cuisine**
- Hiring All Positions. Please contact Dan At Cyprus322@gmail.com Or Visit Us At 322 Main St. Highland NC (st. 1/11)

**Mountain Fresh Grocery**
- Full time, part-time positions available. Competitive wages in all positions. Please come in person to 521 east Main Street in Highlands to apply or call 828-526-2400.
  - Food Server, Cashier and Barista (includes tips)
  - Dishwasher
  - Positions in the ice cream dept.

**Relaxing Therapeutic Stretching**
- On Heated Table: Free up joints, increase Range Of Motion, improve walking gait & posture, prevent pain. NC LMT6820. A golfer’s #1 tool is range of motion. 828-305-9713. (st. 7/12)

**Gutter Cleaning, Metal Fabrication**
- Roof repairs, debris removal. Call 371-1103. (st. 4/26)

**Protective Coatings Inc.**

**Do You Have Pot Holes Need Water Diverted Cracks Repaired?**
- Call Daniel at DC Coatings Asphalt patching maintenance and repair at 828-421-7405. (st. 3/1)

**Healthy Cooking Classes In Your Home**
- Learn simple techniques & recipes to make fresh foods taste delicious, as you save money and improve your health! Call Medea Galligan, MS Nutrition, Health Coach at 828-989-9144.

**Highlands-Cashiers Handi-Man**
- Can fix anything inside or out. Carpentry, painting, pressure washing, lawn care, hauling. and will monitor house during winter. Free Estimates. References. Call Tony. 828-200-5770 or 828-482-0159. (9/20)

**Mold and Musty Smell in Your Home?**
- Call for free inspection. 828-743-0900.

**High Country Photo/Keystone in Vinson:**
- Scanning photos, slides & negatives to CD or DVD for easier viewing. Video transfer to DVD. Everything done in house. Leave message at 828-526-5208. (9/20)

**Real Estate for Sale**
- **Cabin for Sale by Owner**
  - In Scalby Mountain, NC: 726 East Duke Mtn. Charming one bedroom plus sleeping loft. Only miles away from Highlands, hiking trails, zip line, waterfalls, trout fishing, golf. Fully furnished including linens and kitchenware. $98,000 Call 727-742-4422. (8/2)
  - **$399,500 Burlingame**
    - 3/3 great views 772-713-0530 (st. 7/4)

**Cozy Cottage**
- Walk to Main St. 674 Chestnut. 1 BD/1 BA. Asking $140,000. Call 813-935-5073 or Cirino at 727-538-2106. (st. 6/14)

**Homes for Sale**
- 38b 2B12b home includes 1Bd 1Bta cottage 2 miles from downtown Highlands. By owner 803-315-0715. (st. 2/22)

**3.20 Acres Unrestricted**
- Power underground, borders National forest, 190 degree view, 10 min to Main Street. 3 septic fields, 1 well 7 g p.m. 2 house foundations established and approved by county inspectors. 2Bed/2Bath Clayton home livable while building. Spring rights and more land available. For beautiful sunsets contact gracefamilia@yahoo.com. (st. 9/21)

**1.21 Acres for Sale by Owner - Otto, NC:**
- $28,000. Lot 12 Quail Haven Road. Otto, NC. Price not firm...open for negotiation. Please email interested to ddmarsh15@aol.com or call/text to 239-980-0531. If no answer please leave a message. (st. 7/20)

**Rentals**
- **Main Street Apartment**
  - For Rent: 2 bedrooms, 1 bath. $1,100 per month. $500 security deposit. Utilities not included. Cathy Garren Highlands Sotheby’s International Realty 828-226-5870. (7/26)

**Luxury Apartment in Town**
- Walk to Main Street. 1BR 1BA. $3,500 per month. 3 month minimum. Sorry, no pets, no smoking.Adults only. 828-421-1709. (st. 5/10)

**Southern Bells Restaurant**
- On Cashiers Road for lease. Experienced restaurant owners only. Call 706-782-6252. (st. 5/3)

**Falls on Main**
- Up and Down units available. Call 706-782-6252. (st. 5/3)
A Top Producer for 14 Years

Pat Allen
REALTY GROUP

Not the Biggest ... Just the Best!

www.patallenrealtygroup.com

David Bock
BUILDERS


White Oak
REALTY GROUP

125 South 4th Street, Highlands • (828) 526-8118 • www.WhiteOakRG.com

Invest In An Extraordinary Experience

BROKERS:
Kurt Barbee 828-200-6165
Ryan Bears 803-271-5426
Christy Harris 404-229-8737
Carol Lufburrow 912-441-1559
Julie Osborn 828-342-0695

Pat Allen
Broker-in-charge
Cell: 828-200-9179
pat@patallenrealtygroup.com

Office: 828-526-8784
295 Dillard Road
Highlands, NC 28741

Highlands
Sotheby’s
INTERNATIONAL REALTY

www.highlandssir.com

Jody Lovell • 828-526-4104
highlandssothebysrealtor.com
#1 Broker
Highlands/Cashiers
2001-2017 per 33
Highlands-Cashiers MLS

Wild Thyme Gourmet

Open Year-Round
343-D Main Street • 526-4035
Lunch daily
11a-4p
Dinner daily
5:30p

www.wildthymegourmet.com

www.ontheverandah.com

...on the Verandah
Restaurant
on Lake Sequoyah
828-526-2338
Open
7 nights &
Sunday Brunch

McCulley’s
Cashmere
Scotland’s Best Knitwear
Open 7 days a week
526-4407
“Top of the Hill”
242 S. 4th St.