Congressman Meadows visits Macon County

Just before the September session was slated to begin in Washington D.C., Congressman Mark Meadows spent a few weeks in his district meeting with constituents. Last week he made his way to Macon County and was able to honor World War II Army Veteran Herbert Simmons and tour one of the county’s oldest and fastest growing manufacturing companies.

Wednesday morning, Congressman Meadows met with veterans from across Western North Carolina to honor WWII Veteran Herbert Simmons. Simmons, who served in the Army Air Corps, never received medals he was deserved for his service due to lost paperwork. Congressman Meadows had the honor of presenting Simmons with the medals during a ceremony arranged by Macon County Veteran Services.

After the ceremony for Simmons, Congressman Meadows had the honor of presenting Simmons with the medals during a ceremony arranged by Macon County Veteran Services.

Op-Ed:
Mission’s position against BCBSNC

How much is enough?

By Ronald A. Paulus, MD
President and CEO Mission Health

A barrage of negative advertising and misleading claims from Blue Cross and Blue Shield of North Carolina (BCBSNC) have generated a common question: “How much is enough?” Since BCBSNC reported more than half a billion dollars of profit ($542 million) for the first six months of 2017 – that important question “How much is enough?” has new and very profound meaning.

Let’s put BCBSNC’s extraordinary profits into context: it would take Mission more than 15 years to earn what BCBSNC did in just six months. If Mission accepted BCBSNC’s below zero or ‘for-ever zero’ contract offers, we would be devastated – slowly, but surely over the coming years.

But with just over 3% of its last six months profit, BCBSNC could cover Mission’s requested payment increase and support quality healthcare for our one million residents – and no rate increase for any consumer or employer; alternatively, it could use that profit to cover Mission’s requested payment increase for more than 25 years.

My repeated requests to even discuss a contract have always been immediately rejected. With no one to speak with, I’ve publicly offered two

Bingo to benefit ‘Wreaths Across America’

Bingo at the Community Building on Thurs., Sept. 7 from 6:30-8:30 p.m. will benefit the Highlands Wreaths Across America initiative. A Chick-fil-A supper will be available for a nominal donation. It’s $1 per game with Grand Jackpot winner.
So, the Economist article begins with the statement, “Artificial intelligence will create new kinds of work. Humans will supply digital services to complement AI.” The article states that workers are even now providing online services by way of the “human cloud.” Ironically, folks can provide these services because of artificial intelligence. People can work in this “human cloud” anywhere in the world provided there is reliable broadband.

While some fear AI’s impact on human behavior, there could be opportunities to create new forms of work. The new AI technology will generate huge amounts of data and information, but human workers will have to “work” to input information for AI processing, and also interpret and apply the output.

Some folks may respond, “Mayor, this is crazy thinking. This is Highlands and these trends don’t effect us.” My response is that Highlanders have continually embraced new technologies.

Telephones arrived here around 1914, but some rural areas didn’t have telephone service until after World War II. The Sequoyah Dam and hydro plant gave Highlands a strategic advantage in operating the first municipal utility system in the area. Having these utilities early on helped generations of Highlanders build the community we all now treasure. These utilities helped promote businesses and jobs on this plateau. The new fiber network will be another utility that does the same. It’s not just about having good television.

The Town Board and staff have been working for several years in developing a state of the art broadband utility. Is it absolutely essential? Some may say no, but I view it as a critical investment for Highlands to remain a desirable place to live and work. As digital technology and artificial intelligence exponentially grow, the concept of jobs, work and employment will be very different for the next generations coming to Highlands. Generation X, Millennials and the Creative Community won’t remain, much less live here, if we are a disconnected community.

It would be easy for the Town Board to simply ignore this challenge; just let events wait for telephone and electrical service to just emerge a decade or so later.
Hope Laverne Hedden Calloway

Hope Laverne Hedden Calloway, 68, of Cullowhee, NC, passed away Monday, August 28, 2017.

Born in Jackson Co, she was the daughter of the late J. Quince Hedden and Emma Stewart Hedden. In addition to her parents, she was preceded in death by step-grandson, Jason Mathes; two sisters, Hester Keener and Barbara Ledford and one brother, Dwight Hedden. Hope worked as a real estate broker and loved to read. She was a member of Yellow Mountain Baptist Church.

She is survived by her husband of 29 years, William “Bill” Calloway; two sons, Brent Buchanan and wife Debi and Kellen Buchanan both of Cullowhee; step-son, Thomas Chad Calloway of West Palm Beach, FL; five sisters, June Hedden of Lilburn, GA, Mary Keener of Highlands, Shelba McFarland of Virginia Beach, VA, Helen Justice of Hendersonville, NC and Alice Lee of Knoxville, TN; one grandson, Cayden Buchanan; step-grandson, Johnny Mathes Jr. and wife Kim; nine step-great-grandchildren and numerous nieces and nephews.

Funeral Services were held Thursday, August 31st at Yellow Mtn. Baptist Church. Rev. Bill Rogers and Rev. Scotty Patrick officiated. Burial was in Stewart Cemetery.

Pallbearers were Jimmy Stewart, Jeff Stewart, Mark Justice, Paul Dalton, Olin Vinson and Buddy Miller. Jeremy Stewart and Mike Thompson will serve as Honorary Pallbearers.

Memorial donations can be made to Glenville Cashiers Rescue Squad, PO Box 919, Cashiers, NC 28717.

Macon Funeral Home was in charge of the arrangements. Condolences can be made at www.macfuneralhome.com.

Helen Lucille Frey

Helen Lucille Frey, 91, of Highlands, NC went home to be with the Lord, September 1, 2017.

Mrs. Frey was born August 4, 1926 in Tampa Fl. to the late William S. Frink and Katherine Mae Lewis Frink. She was married to the late Leo Alfred “Buddy” Frey. She married Buddy in 1945, after his return from the war, and for several years they lived on a lovely lake in Odessa, Fl. They developed a close friendship there with neighbors Eliseo and Irene Hernandez, a friendship that would last for decades. The two couples bowled together on various leagues and brought home several trophies. They also spent many happy evenings playing cards, one of Lucy’s favorite simple pleasures. Her days were also busy, though, with raising six children, long, summer days playing on the lakeshore with them, and—once all the young ones were in school—quiet afternoons sewing and painting in her studio.

In 1974, the Freys moved to the mountain town of Cashiers, NC. Sold on the beauty of the area, friends Irene and Eliseo soon followed. Lucy, along with Irene, again took up bowling and joined several teams. Over the years, she and Irene were an award-winning duo. For nearly two decades the ladies bowled at Franklin Lanes, competing in tournaments and winning several more trophies. In her later years, Lucy retired from bowling and spent more time gardening and crocheting.

Survivors include two daughters, Dawn Cramer (Harley) of Swanton, Ohio and Heather Blanton (Carl) of Apex, NC; and two sons, Bill Brewer of Franklin, NC and Robin Frey of Live Oak, FL; a sister, June Lazzara of FL and a brother, Percy Frink of FL; 14 grandchildren; and numerous great-grandchildren.

Lucy was preceded in death by a daughter, Susan Moss, and two sons, Valiant Frey and Forest Frey.

A funeral service was held Wednesday, September 6, 2017 at the Cashiers Church of God with the Rev. Nathan Moss, Ralph Campbell, and David Hall officiating. Burial followed in the Evitt Cemetery.

Online condolences can be left at www.bryantgrantfuneralhome.com/ Bryant-Grant Funeral Home and Crematory is serving the Frey family.

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•See OBITUARIES page 6
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  - Chevre Strudel
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OBITUARIES continued from page 3

Nadyne Hofer

Nadyne Hofer (Nee Lefholz) of Clearwater, Florida, passed away peacefully on Sunday, September 3, 2017 in Highlands, NC at the age of 94. Loving wife of the late Edward Hofer Sr.; beloved daughter of Lillian Kienker Lefholz and Clarence Lefholz; devoted mother of the late Christine Hofer McClellan (Bob), Candace Hofer, and Edward Hofer Jr. (Diana); cherished grandmother of Robert McClellan Jr., Kelly Hooper (Justin), Dana Hofer and Dani Hofer; and dear great grandmother to Jarrod Hooper and Caleb McClellan.

What’s wrong with this picture?

Last Tuesday a semitruck made it from 107 on Bull Pen Road, across Iron Bridge, then up almost to Ammons Branch campground. This demonstrates extreme driving skill but risked damaging the roads not meant for such weight as well as damage to Iron Bridge.
Say what? Is there an art to using the garbage disposal? Well nooo, but you can create art while using it. Just ask my husband. How? By running the disposal without first checking to see what may have slipped down into it.

I must admit that I was the first and only member of the family to clog it up, by putting potato peels in it. Thankfully, my husband took it apart and cleaned it out, and it worked fine. And, one of us ruined a stainless steel teaspoon when it fell in. The spoon still looks like a spoon but is pretty darned rough around the edges. I can’t bring myself to throw it away, though we never use it.

This latest episode made me smile. I was reading the paper after dinner when I heard an awful racket coming from the kitchen. I knew right away it was the garbage disposal and kept expecting it to be turned off—more quickly than it was. When the noise finally stopped, I walked in to find out just what had been destroyed. My husband stepped away from the sink, and I reached in to find the first piece of my oldest set of measuring spoons—the metal ones we all had back in the 70’s. First came the bent tablespoon, then the cleverly twisted teaspoon, followed by the relatively unscathed ½ and ¼ teaspoons.

In all fairness to my husband, he is the resident dishwasher, so if anyone is going to reshape something in the disposal, it would be him. I occasionally wash my breakfast and lunch dishes, but he washes the dinner dishes every evening after we eat the dinner I cook, so he has many more opportunities than I to get creative.

The resulting design from this episode was so intriguing, that I immediately began seeing possibilities. Perhaps this garbage disposal art could be mounted on a wooden plaque. Better yet, the plaque could include a written warning: Beware the garbage disposal.

Can’t you see an Etsy listing in our future? We just need a catchy name, maybe “Clever garbage disposal art” or “Disposal Design.” What do you think?

• Find Kathy’s new book “Lord Banjo the Royal Pooch” and her collection of columns, “The Ink Penn: Celebrating the Magic in the Everyday,” locally at The Molly Grace in Highlands and Books Unlimited in Franklin and on Amazon. Contact her at inkpenn119@gmail.com.
...ENOUGH continued from page 7

nearly $70 million this year alone. Cost reductions are essential for Mission’s financial stability, but so are fair payments from BCBSNC. Despite our cuts, costs rise for drugs, medical supplies and technology – all entirely out of Mission’s control. One example is a new breakthrough leukemia drug just approved: $475,000 per dose.

BCBSNC’s failure to acknowledge Mission’s inflation reveals its focus on profit, control, and power. It routinely threatens to abuse that power by ignoring patients’ choices to send insurance payments to medical providers and instead send checks only to patients. This practice, already illegal in the majority of states, is designed solely to create harm to Mission while leaving vulnerable patients responsible for managing complex, impossible to decipher insurance forms. All of this from a company that was recently fined the largest ever amount by the North Carolina Department of Insurance because it couldn’t pay its claims or even specify who was insured.

So how much is enough? How many hundreds of millions of dollars – taken directly from businesses and consumers like you to pay doctors and health systems like Mission for your care – will BCBSNC use to maintain market dominance, intimidate healthcare providers and disparage Mission? Mission won’t join BCBSNC in its advertising war gutted because it is unethical; we use the money we receive to care for you.

Everyone in western North Carolina – not just BCBSNC’s customers - needs Mission and BCBSNC to work together. Mission needs your support to ask BCBSNC to break its nonsensical vow of silence, focus on the people of western North Carolina and talk to Mission about a contract. As long as the issue remains BCBSNC’s profit, control and power, we all lose; but if we focus on improving health and managing costs effectively together, we all win.

We can only hope BCBSNC’s board – and its new CEO who begins October 1 – know how much really is enough.

For information, call 828-200-1371 or email: highlandseditor@aol.com
along with Macon County Manager Derek Roland and Commissioners Ronnie Beale and Gary Shields met with Johnny Mira-Knippel, President of TekTone, to tour the company’s new facility. TekTone® Sound & Signal Mfg., Inc. has spent the year expanding operations in the Macon County Industrial Park with the purchase of the vacant 72,262 square foot former SKF facility. The company was given a county economic development grant for the renovations that were matched with the promise of creating an additional 35 workers over the next five years, and investing $3.2 million.

Founded in 1973, TekTone Sound & Signal Mfg., Inc. opened its manufacturing facility in Franklin in 1989. TekTone designs and manufactures wired and wireless nurse call, apartment entry, area of rescue assistance, alert integration and resident wandering systems. TekTone healthcare communications systems are found in hospitals, retirement communities, skilled nursing, and assisted/independent living facilities around the globe.

Congressman Meadows and other lawmakers returned to Washington on Tuesday after a five-week summer recess. The 12-day-session will likely be jam packed with important legislative decisions. The country

Johnny Mira-Knippel, President of TekTone gave Congressman Mark Meadows a tour of the company’s newly renovated 72,262 square foot facility.

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Our dialogue has started

By Jacki Medland
President H-C Hospital

Fittingly, I spoke about my first 100 days as President and CNO of Highlands-Cashiers Hospital in my first column last month. Now that we’ve hosted two Town Hall meetings – one on the hospital campus and one at the Cashiers Community Center, I’m pleased to say that our real dialogue has truly begun. First allow me to thank our invested community, hospital and foundation board members who were present at those sessions; the combined attendance at both July meetings exceeded 60 community members. It was obvious that our guests put thought into their comments and questions, and I appreciate how respectfully opinions were shared. Our candid conversation covered important ground.

I have a clear idea of how the community feels about the care, services and programs in Highlands-Cashiers. Concerns ranged from the simple and easy-to-fix, like repairing the uneven entryway floor at our Physicians’ Clinic, to complex issues like specialty care coverage (ensuring community access to specialists through a variety of means, including telemedicine and satellite clinics), provider stability (retaining clinicians), plans for new technology investments, the average numbers of patients our physicians see daily (~20 per day), the search for effective care coordination when patients cross state lines, and how we might gain insight into patient needs by examining population data about year-round versus seasonal residents. This feedback has already allowed me to act; in fact I’ve already signed the purchase order to fix our entryway.

I’d be remiss if I didn’t address another urgent issue raised in both meetings: the Mission Health-BCBSNC contract dispute. We share your concerns. Though none of us knows how this will end, our goal is to negotiate in good-faith with Blue Cross and obtain a contract with them. That’s been hard, because BCBSNC has literally refused to even speak with us about a new contract. We don’t want our patients to experience care disruptions, and I urge readers to make your voices heard by Blue Cross, because you, as health care consumers, are the most important stakeholders. To learn more about ways you can advocate for healthcare in our region, go to http://www.standwithmission.org/, which addresses the most frequently asked questions about this critical issue.

Moving forward, I will use the various concerns raised in our initial Town Halls to steer my column’s focus throughout the remainder of the year, including information about the health care industry, emerging trends in healthcare, and the evolution of Highlands-Cashiers Hospital as a vital member of Mission Health. I will write about Critical Access Hospitals next month: what features define them, the challenges they face, Highlands-Cashiers Hospital’s role in the regional Critical Access Hospital landscape, and what this means for patients.

We shape healthcare most effectively if we’re all at the table with our sleeves rolled up and ready to share and work together. I look forward to more positive exchanges like these interactive forums.

Continued dialogue will ensure that HCH serves this community in the best ways possible.
Highlands School Sports

with Kedra McCall

The week in review

Highlands school sports are fully underway. High school teams have been playing for several weeks now and middle school began last week. Each now has one game under their belts.

Middle school soccer began its season with a tie to Summit Charter school on Wednesday, Aug. 30. Middle school volleyball came out with a win, in two sets, over Rabun Gap on Thursday Aug. 31.

Jr’s volleyball season is now at 1-6. It has one win over Rabun County and losses to Andrews, Rosman, Murphy, Robbinsville, and Franklin.

Varsity volleyball is at a 3-6 record. It has beaten Andrews, Rosman, and Rabun County. It has also lost to Andrews, Murphy, Robbinsville, Franklin, Rabun County, and Tallulah Falls.

High school boys soccer has a 1-3-1 record at this point in the season. The team beat Madison County and tied with Tallulah Falls. It has been beaten by Franklin and Smoky Mountain.

As each team is getting into its groove this season there have been some ups and downs. With conference games beginning this week for high school we hope to see everyone settle in.

High school volleyball will play its first conference game tonight, Thursday, Sept. 7 in Hiwassee Dam. The next home game will be on Saturday, Sept. 9 starting at 2 pm against Cherokee.

High school soccer’s next home game will be tomorrow, Friday, Sept. 8 at 6 pm against East Henderson.

Middle school soccer’s next home game will be tonight, Thursday, Sept 7 at 4:30 pm against Cherokee.

Middle school volleyball will play its next home game, Monday Sept. 11 at 4 pm against Nantahala.

Come out and support your Highlanders!

Above, Griffin Green #15 jumping over the rest for a corner kick vs. Summit.

Left: Brooke Rehmeier #8 jumping for a block against Andrews.
All Male Beauty Pageant to raise funds for Bolivia Boys Home

The most hilarious event of the year is set to take place at the Highlands Playhouse on Mon., Sept. 11. The bi-annual All Male Beauty Pageant is back and the stage will be graced by 10-12 of Highlands most well-known men competing in evening gown, talent and lingerie. This event is the main fundraiser of the mission that provides health care to the community, a prison ministry, evangelistic projects and runs a foster home for street and abandoned boys.

The boys have been cared for since 2003 and two are now in college. This is the main difference between our foster home and the orphanages in Bolivia, in which the children, by law, must be discharged from their facilities by the age of 18. At that age, many of the children have not finished their 6 years of high school and usually find themselves back out on the street or working in low paying jobs without a future. Three of the boys have spent a year in the United States adding to their education and becoming fluent in English and giving them a competitive edge in future employment.

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The exterior of The Mama Joanna House, a facility for volunteer groups that come frequently to Bolivia, has been completed and now the interior needs to be completed so the building will be ready for occupation next year. The Pageant will raise funds for this important structure that is on the four-acre grounds of the foster home. The young men in the home will be responsible for maintenance of the grounds and the interior of the building, thus gaining responsibility in their lives. The older boys will be responsible for the financial aspects of the home with help from the administrative staff of the mission in Montero, Bolivia and therefore, getting experience in running a business. The income derived from the rents will support the home in many years to come. Already three groups have asked to use the facility and it is not yet completed.

Tickets to the Pageant can be obtained by sending a check to Highlands Bolivian Mission, 209 Hospital Drive, Suite 203, Highlands NC 28741, or by calling 200-0902 and reserving your tickets. The price is a donation of $100 for each ticket and the donation is tax deductible as you will receive nothing of value for your donation. The mission is a tax free 501 C3 corporation. Tickets will also be available at the door if there are seats available. A free wine bar will begin at 7pm at the Playhouse sponsored by Bryson’s Food Store.
What's the Key to Understanding Art? Figure it out at CLE!

Need a little help in appreciating art? Art is a great status symbol in modern society and because of that can be quite intimidating to the casual viewer, but the more you know the better the experience will become. Fortunately, Director of the Bob Jones University Museum and Gallery, Erin Rodman Jones, will be at the Center for Life Enrichment, Friday, September 15 from 2-4p to take the mystery out of understanding art in the class “The Language of Art: Learning How to Read a Painting.” It is true that some people devote their entire lives to studying the minutest details of an artist's work, but there’s no need to become an expert to have a meaningful relationship with art. All it takes is a moderate attention to detail, a little bit of patience, and a willingness to reflect on your own feelings.

Referencing the visual library of the European Master painting collection at the Museum and Gallery at Bob Jones University you’ll discover clues to “reading” art by learning the vocabulary, colloquialisms and techniques for visual storytelling – a foundational help for visiting any gallery or museum. By taking a closer look, art simply becomes a window into the past (or mirror to the present) revealing that there is truly “nothing new under the sun.”

Presenter Erin Rodman Jones oversees one of America’s finest collections of European Old Master paintings from the 14th through the 19th centuries. Erin received her Master of Arts in Dramatic Production from Bob Jones University. She has lectured widely before business, academic, civic and student audiences, both in the U.S. and abroad and is sure to delight you with her knowledge and give you a better understanding of how to interpret art.

To register for this class please call 526-8811 or visit www.clehighlands.com. Cost is $25 for members/$35 for non members and students attend FREE.

Paul Taylor’s Master Class and Performance is Sept. 16 at PAC

The Highlands Performing Arts Center will present Taylor 2 on Saturday, September 16 at 8pm. Taylor 2 is part of Paul Taylor’s American Modern Dance from NYC.

Paul Taylor, one of the most accomplished artists this nation has ever produced, continues to shape America’s indigenous art of modern dance as he has since becoming a professional dancer and pioneering choreographer in 1954. Having performed with Martha Graham’s company for several years, Mr. Taylor uniquely bridges the legendary founders of modern dance – Isadora Duncan, Ruth St. Denis, Ted Shawn, Doris Humphrey and Ms. Graham – and the dance makers of the 21st Century. Through his new initiative at Lincoln Center – Paul Taylor’s American Modern Dance – he is presenting great modern works of the past and outstanding works by today’s leading choreographers alongside his own vast and growing repertory. And he is commissioning the next generation of dance makers to work with his renowned Company, thereby helping to ensure the future of the art form.

In addition Ruthie Aldrien, Taylor 2 Dance Master, will contact a Master Class for all area high school and older dance students on Saturday morning, September 16 at 10am. All students should come early dressed and prepared to dance. To register please call: 828.526.9047. There is no charge for this unique opportunity.

Tickets are available online: highlands-pac.org or by calling: 828.526.9047.
It is probably the greatest misunderstanding of the Christian life. Namely: Jesus doesn’t save someone in order to help them live their lives. He is not an additive or supplement. He is not a spiritual vitamin or steroid.

The Christian is one who has died. This is the truth of Romans six. In this passage we find that the old man has indeed died. He has been crucified with Christ and therefore no longer lives. Rather it is now Christ who lives in him.

In our consumer culture this truth is almost unbelievable.

The only life the Christian can rightfully claim is His life. Jesus Christ saves someone not by giving them a product called salvation but by giving them a person called Jesus! He saves us in order to give us His very life. This is Paul’s point in saying: “It is no longer I who live but Christ!”

This truth accounts for and gives insight into every dynamic facet, heartache and perplexity in the Christian life. All of these things in the Christian’s life are intentional. From heaven’s perspective they have a purpose. That purpose is the opportunity for the demonstration of and for His perfect and sufficient adequacy in all things.

The Christian is not expected to rely upon their resources, connections or shrewdness. None of these things can rise to the level necessary to deal with all the vicissitudes of life. Rather, they fall and fail miserably. But not so with His life.

Since all situations and circumstances are under His Sovereignty anyway, they can pose no threat or challenge to His life. It is therefore His way to deliberately (and seemingly sometimes indifferently) expose His child to all sorts of extremities and calamities (remember Job). He wants us to see time and again His perfect ability in these pressures.

Some Christians never see this. They fight on in their best flesh power. They are the “can-do” people. Sadly, that’s all that’s ever seen. Only what they can do.

This transition-crossover from my very best power to Him only is a deliberate decision.

While many Christians understand (to some degree) what it means to be done with sin, very few understand what it means to be done with self. This is as much a faith decision as anything else in the Christian life. Faith is agreeing with what the Bible says about the Christian. It is by faith that I appropriate what is already mine in Christ Jesus. This means that I appropriate my co-death, burial and resurrection with Jesus Christ. This additionally means that...
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Friday: Southern Classic Meat and Three: country fried steak, mashed potatoes, skillet corn, banana pudding – and always a fish selection

SUNDAY SOUTHERN BRUNCH BAR
Every Sunday from 11am – 3pm
Skillet fried chicken, country angus steak, skillet corn, biscuits & preserves, mashed potatoes, veggies, cobbler, plus the entire soup & salad bar.
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Four chicken and four cheese enchiladas, refried beans, monterey rice, homemade tortilla chips, salsa, shredded lettuce, tomatoes, sour cream.
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24 buffalo wings or 2 lbs chicken tenders and hand cut fries.
$21.95 serves four.

Tuesday: Made-in-house Italian sausage lasagna and a large house salad.
$21.95 serves four

WEDNESDAY: Chicken or steak pot pie and a large salad. $21.95 serves four

Thursday: Roasted meatloaf with mashed potatoes, gravy and a large salad. $21.95 serves four

Friday: Wild caught fried shrimp, baked potatoes, hush puppies & coleslaw. $24.95 serves four

Saturday: In-house smoked bbq, coleslaw, apple and bacon-baked beans, and yeast rolls. $21.95 serves 4

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Monday: Asian dishes such as egg rolls, lo mein, stir fries and wonton soup

Tuesday & Thursday: Fresh baked pizza and pasta bar

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Every day from 11:00am – close
Fresh angus burgers, fresh
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Pizza
Every day from 11:00am – close
Authentic Neapolitan and NY deck oven pizzas, Stromboli and Hoagies. All made from scratch.

Soup & Salad Bar
Mon-Sat 11:00am – close
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Getting Ready for that Big Move? How Do You Track and Organize Your Belongings?

OK, you’ve found the perfect home or the right buyer. Now you must organize for the move. As with everything else, there’s an app for that!

Below is a list of some of the current apps to help you with your move or to organize in general. You can download all on your iPhone and most on your Android mobile phone. These applications would, in fact, be useful for everyone so that you have an inventory of your belongings should you have an insurance claim. Also, if you’re in that early stage of home selling and are trying to decide which items to take and which to convey with the home, an app could expedite that process.

Sortly - This app comes in both a limited free version and a premium version for $4.99. The free version allows input of up to 100 items with custom tags, serial numbers, purchase dates, warranty dates, value and price, notes, and more. The premium version allows for an unlimited number of items as well as the ability to import the list (the import feature alone makes the $4.99 price tag seem a deal). Sortly has been featured in Forbes, New York Post and Inc. Magazines.

Encircle - This is a web and mobile documentation tool that allows users to add photos or videos of rooms, property and individual items as well as notes and details. PDF and Excel reports can be easily created. Information is automatically synchronized across smartphone, tablet or web devices. It’s free and seems to be quite easy to use. This app can also be used for business inventory.

Google Keep - This is another free program that is available for web, iPhone and Android. It is a multi use app. When using for home inventory purposes, you can easily list belongings and upload images of items and receipts. These items are also searchable for easy access. This app is also used to create shopping lists, to-do lists and to take notes and set reminders.

Microsoft OneNote - This app also allows users to create notes with images and videos. It should be very intuitive for users of Microsoft Office products. This app is also free for web, iPhone and Android.

All of the above software tend to be multi-functional for both moving and organizing your belongings (and your life in some instances). Two apps that are specifically targeted for moving are Move Advisor and My Move. Both of these apps are free for both iPhone and Android and contain inventory control, but then take the moving process through time tables and even help connect the user with local moving companies.

While moving, preparing for putting your home on the market or simply organizing your belongings is never easy, it’s comforting to know that technology has stepped in to lend a helping hand!

- Wanda Klodosky is the Broker in Charge of Landmark Realty Group’s Highlands office. Landmark also has offices in Cashiers and Burlingame providing the Highlands Cashiers Plateau with professional and friendly service. Visit their website at www.landmarkrg.com

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2bd/2ba Highlands Falls CC condo. Vaulted ceilings and stone fireplace and open kitchen. Master suite with deck access. $249,000 MLS #86143

One story Cullasaja Club home on level wooded lot. Oversized screen porch and adjoining open deck are perfect for gatherings. 2 master suites and 2 guest rooms, 2 car garage with golf storage. $789,000 MLS #86218

Wonderful home in prestigious Wildcat Cliffs CC. Just a two minute golf cart ride to the club house. Fantastic views from the back porch of Whiteside Mountain and Cullasaja Clubs golf course. $350,000 MLS #82872

Luxury mountain spec home. Superb finishes and design throughout this 3bd/3.5 ba home in Riverwalk. Gourmet kitchen and main level master is second to none. $950,000 MLS #82612

Newly renovated 3bd/3ba home. Granite breakfast bar and stainless steel appliances. On more than an acre with long range mountain views. $280,000 MLS #85787

Beautiful log cabin located between Highlands and Franklin. This meticulously kept 2bd/2ba would make a great vacation or rental property. $347,000 MLS #85731

Cullasaja Club with fairway, mountain and lake views from this 5bd/4ba/2hb home. Offers sunroom, home office plus an upper level loft with 2nd office/hobby area and sweet kid’s room. Lower level family room, wine room and billiards room. $1,290,000 MLS #83731

Meticulously maintained home with tremendous mountain views! 3.46 acres for plenty of privacy. Kitchen features granite counter tops, new appliances, cabinets and flooring. $490,000 MLS #86766

Old Highlands feel in this 3bd/3.5ba home. Comes with attached 800 sq ft of retail/office space plus 1bd apartment over 2 car garage. Zones B-4. $647,000 MLS #86107

This timeless home is on the National Registry of Historical Places. Enjoy the 3+ acres of lush native plantings combined with colorful annuals and perennials in several gardens. 5bd/3ba w/ sleeping porch. $995,000 MLS #82122

Private location and mountain view in prestigious Cullasaja Club. 4br/4.5ba Lupoli built home is decked out in beautiful stone and high quality finishes. Spacious screened porch with a second fireplace and a lavish master suite. $1,595,000 MLS #85666

Create lasting family memories at this 4bd/4ba Trillium Links & Lake Club home. Breathtaking year round lake & mountain views from over 1,200 sq ft of outdoor living spaces. Great rental opportunity with separate entrance to lower level with 2bd/2ba & 2nd kitchen. $895,000 MLS #85779

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The Strange Case of the Incredible Shrinking Town

By Bud Katz
Highlands Writers Group

I recently found myself adrift in the kind of puzzlement that comes from having a particular truth in which I have placed my complete confidence called into question. This moment of confusion occurred while I read Jody Lovell’s “Investing” column in the Highlands Newspaper’s August 31st edition. Let me assure all who enjoyed Ms. Lovell’s well-chosen and thoughtfully expressed words, my personal ‘What The Heck’ moment had nothing to do with the sentiments she so perfectly articulated. No. HER words were on the money, so to speak. My problem was with the title of the column.

I always read the “Investing” column in the Highlands Newspaper. But until the 8/31st edition it was always, ALWAYS titled, “Investing at 4,118 Feet.” 4.1. EIGHT!! On 8/31, according to this typically unimpeachable source, Highlands plummeted in altitude to 4,117 feet. As previously questioned, what the heck?

When, pray tell, did Highlands lose twelve inches of altitude? Did I miss the announcement? Was it the massive influx of sun/moon peepers who collected on our precious plateau on or around 8/21? Did those so-and-so’s inadvertently tamp our fair town down a foot? Did super-drencher Harvey soak us down by 0.00024284%? Come on, people, what happened to our foot? Will Bear Mountain Outfitters and Highland Hiker now be forced to somehow magically edit ALL those t-shirts proclaiming 4,118'? Will that new Chamber of Commerce magazine, 4,118', change its name? What about all the signage in which the town fathers and mothers invested precious tax revenues? The mind boggles. The horror … the horror!

Now, in all honesty and in the spirit of transparency so important when one’s words find purchase in the ‘REAL news media’ these days I must confess, almost 11 years ago when I first looked at the home in which my wife and I now reside, our Realtor excitedly called me to her car and, proudly pointing to a display on her Lexus SUV dashboard, announced that if we signed on the many dotted lines we’d soon be the proud owners of a house firmly planted at 4,130'. Coming from a place where the altitude tends to top out at just a bit under 12' this was understandably a very big deal. Since that day, and with the emergence (invasion?) of so-called smart phones and apps, I’ve not been able to replicate that awesome combination of digits. Best I’ve done using my My Altitude app, (available everywhere fine apps are given away) while standing in my driveway so as to compare altitudes to altitudes, is 4,107’. Still pretty cool, but definitely not 4,130’. Close, but no cigar, if you get my drift.

So, what’s the deal? Are we a town situated at 4,118’ or just some place at 4,117’? Please, PLEASE don’t tell me this was a simple mistake in the production of the 8/31st Highlands Newspaper. Fans of 4,118’ don’t want to think our town’s elevation status has been even slightly diminished as the result of anything as mundane as a simple keystroke error. Universally respected media outlets, like the Highlands Newspaper (See? Newspaper is even part of its name.), DO NOT MAKE ERRORS!

Don’t get me wrong. I know a thing or two about shrinkage. At one time in my over seven decades breathing air on Planet Earth I actually reached a personal best altitude of 6’1”. Not too shabby, right? These days I top out at a bare hair over 6’. Sometimes, When I stand especially tall. So I guess these things do happen, this
...MEADOWS continued from page 9

Congressman Mark Meadows and Macon County Veterans Service Coordinator Lee Tabor who helped award WWII veteran Herbert Simmons with medals he earned while in the Army.

is looking at Washington for a decision on the debt ceiling, a repeal of the Affordable Care Act that continues to be thrown around, and tax reform that President Donald Trump continues to urge Congress to pass.

In addition to the usual business of Congress, Rep. Meadows and others will be faced with a decision on spending for Hurricane Harvey relief for Texas and Louisiana, all while monitoring Hurricane Irma, which is predicted to be the largest hurricane in history and is headed for Florida.

Congressman Meadows, who chairs the House Freedom Caucus, the most conservative group in Congress, noted that the 12 legislative days in September will likely determine the fate of the Republican Party, ahead of the 2018 election. Meadows is calling on all members of congress to stop with the same rhetoric voters have heard time and time again, and rather pass legislation to enact change.

...STRANGE continued from page 18

...MEADOWS continued from page 9

altitudinal diminishment. But we should have been warned. We should have known this was coming.

Maybe I’m just late to the party. Am I? Did you all know Highlands had slipped below its previously well known and well-established altitude, and I just now managed to stumble across this info?

I implore our Mayor, our Highlands Newspaper publisher/editor/intrepid reporter ... ANYONE. What happened? Are we 4,118’ or 4,117’? This is no trivial matter, folks.

And more importantly, if the answer turns out to be the latter, please tell us, are we finally done shrinking?

Note: Yes, nothing more than a keystroke error which has been fixed.

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On August 13, Highlands Country Club members and their dogs held a Mutt Strutt, to benefit the Cashiers-Highlands Humane Society. All donations and entrance fees went to help the CHHS animals. Pictured are the winners which were selected in a blind draw, along with their owners and the masters of ceremonies. From the left: M.C. Slocum Howland, Kay Hodges with Lizzie, Jack Huckabee with Max, Liz Dalton with Buzzy (the Grand Champion), M.C John Rymer, Kathy Ward with Felix, and Rusty Stewart with Lady Di.
YARD/ESTATE SALE

**SEPT 9, a** to 3.12 Hemlock Woods Drive. Wildwood Subdivision. 828-526-9052.

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**PT SECURITY GUARD** position in Highlands. Weekend-day shift. Call 828-526-4161. Applications available.  

**SWEETREATS** Earn great tips in a fun and fast-paced setting. New ownership is looking to fill full and part time positions, kitchen/retail experience preferred. Applications available in store at 115 S 4th St. (st. 8/31)

**FURNITURE DELIVERY** mostly in the Highlands – Cashiers area. Professional appearing individual experienced in dealing with the public. Good driving record. Attention to detail. Monday thru Friday some Saturdays & Sundays. Must apply in person. THE SUMMER HOUSE. 526-5577. (8/31-9/7)

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**BEAR MOUNTAIN OUTFITTERS** is now hiring a full-time sales associates. Starting at $11/hr. depending on experience. Also needed is a full-time manager with experience. Please stop by 302 Main St, Highlands, NC for an application or call 828-526-8709. (st. 8/17)

**RANCH HAND WANTED** at a private ranch in Cashiers. Full-time, part-time, & weekend-only positions available. Duties include feeding animals, mucking stalls, general cleaning, other duties as assigned. Must have clean driving record, ability to do physical work, lift up to 50 pounds, and work in all types of weather. Starting pay $12/hour. Email resumes/inquiries to: holly@bluestarranch.com. (st. 8/10)

**MOUNTAIN FRESH GROCERY** is hiring a full-time dishwasher. Please come in person to 521 east Main Street in Highlands to apply or call 828-526-2400.

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**LOCAL BUILDER** seeks full-time driver and laborer. Job tasks include driving company truck and performing common labor. Must have a valid driver’s license, references, a clean driving record, and be at least 21 years old. Call 828-526-4532 for more information or e-mail resumes to harrison@lupoliinc.com. (st. 7/20)

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**HIGHLANDS INN & HIGHLANDS INN LODGE** now accepting applications and interviewing for all positions. Front Desk, Housekeeping, Maintenance, Night Audit, Breakfast Host & cook. Full time and part time available. Call 526-5899 for appointment or stop by 96 log cabin lane for application. Resumes or questions may be emailed to sales@highlandsinnlodge.com. (st. 6/15)

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