

# Highlands Newspaper

FREE Every Thursday

Volume 13, Number 4

Real-Time News, Weather & WebCams: HighlandsInfo.com

Thurs., Jan. 28, 2016

## Planning Board gets first look at 4th Street Market

*Also OK's plan for the Baptist Church expansion and conditional zone; asks for landscaping on Oak Street side*

As promised by owner/builder David Bock, "This won't look like your traditional gas station."

At the Monday, Jan. 25 Planning Board meeting, members

saw plans for the new 4th Street Market/Shell gas station destined for the now vacant lot on the corner of N. 4th and Laurel streets that for years was home to the old Stop n' Shop.

Since the project involves new construction, a Special Use Permit must be issued by the Zoning Board of Adjustment but prior to that the Planning Board/ Appearance Commission must

first see the plan to offer recommendations.

The item wasn't originally on the Planning Board agenda so members weren't able to see any-

•See MARKET page 5

## 'Longer days' calendar for Highlands & Nantahala to stand

*First day of 2016-'17 school year to be Aug. 29*

Students at Highlands School will continue to have longer school days next year.

During the December board meeting, the Macon County Board of Education voted to approve school calendars for both Nantahala and Highlands Schools, which adds 20 minutes to each school day.

This year was the first year the district tried the extended days calendar, and according to board member Stephanie McCall, she has heard only good things from parents and teachers about the new calendar.

"I have heard some really

•See CALENDAR page 2



Photo by Jim Lewicki

## Highlands: A Winter Wonderland

The light snowfalls that arrived earlier in the week, were a gentle precursor to the full scale winter storm that threatened to arrive Thursday but blew in early Friday morning and stayed through Saturday dumping be-

tween 12 and 14 inches on the Highlands Plateau.

The storm transformed Highlands into a winter wonderland with evergreen boughs bowing under the weight of white snow that covered all blemishes

and made everything look well, wonderous.

Schools, offices and businesses closed Friday with two-hour delays in Highlands this week due to the number of citizens snowed

•See WINTER page 5

• INSIDE •	
Mayor on Duty.....	2
Obituaries.....	3
Winter Storm Photos.....	8
Events.....	9
Spiritually Speaking.....	10
Police & Fire Reports.....	11
Investing at 4,118 Ft.....	12
Classifieds.....	14

## Hiker lost in storm was rescued late Friday night

Search crews located an individual just before midnight Friday, Jan. 22, who had been hiking the Appalachian Trail in the area near Albert Mountain and requested assistance.

Michael Gelfeld, 21, of Takoma Park, MD, contacted 9-1-1 around noon Friday and requested assistance due to exposure to the severe weather near the area of Coweeta Gap and Albert Mountain.

Upon reaching the area, initial crews were unable to locate Gelfeld. After contacting his cellphone and utilizing coordinates supplied by an emergency location beacon, Gelfeld was located off the trail near Bear Pen Creek. Beacon signals were processed by Macon County 9-1-1 telecommunicators who relayed pertinent information to ground crews searching the area.

•See HIKER page 3

The  
**SUMMER HOUSE**  
*'Home Furnishing Center'*

Open  
Mon. through Sat.  
9a-5p  
2089 Highway 106  
828-526-5577

**Twigs**  
REALTY GROUP

66 Highlands Plaza, Highlands  
www.twigsrealtygroup.com



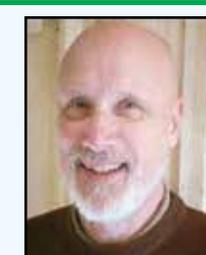
Mal Phillips: Broker in Charge

**Integrity, Hard Work,  
Outrageous Customer  
Service, Just Plain Fun ...  
With Unsurpassed  
Teamwork.**

Call Us!  
828-487-4377



Kirk Howard: Broker



Stephen Sitz: Broker

# • THE PLATEAU'S POSITION •

## • MAYOR ON DUTY •

### Rescheduled Town Board meeting is tonight

If we could only control the weather, things could run much smoother here in Highlands.

Last Thursday our Town Manager, Bob Frye, called me at my home right at 8 am. He wanted to make sure I was on my way to Town Hall. Bob never calls that early, so I knew something was up.

When I arrived at the office, Bob was waiting to inform me that there was an impending winter storm warning, and that I had to make a decision. Bob and Lamar Nix, director of public works, track about three weather forecasts, especially during winter. All of these forecasts precisely predicted the winter storm that we experienced over the weekend.

The decision for me as the mayor was whether to hold the January Highlands Town Board meeting, scheduled for 7 pm that night. The winter storm was predicted to hit Highlands around the beginning of the meeting. The Town Manager stressed it was my call whether to cancel the meeting since the mayor is the presiding officer of Town Board meetings.

We discussed the pros and cons of postponing the meeting. The forecasts



Mayor Pat Taylor

might be off just enough for us to get the meeting in, especially if I could hold the meeting to less than an hour. Well, based on past experience I can't always predict the length of a meeting. Sometimes the most simple agenda item can morph into a lengthy and complicated issue. Another factor was that folks were coming from out of town to present the town audit. They, along with several town staff members, could very well be traveling after the meeting on icy highways.

I consulted with each town commissioner, and all of them advised me that it would be better to err on the side of caution and postpone the meeting. So by 10 am I made the decision to cancel the meeting. WHLC was very helpful in getting the information to the public.

In hindsight it was the right decision, roads did start to ice that evening. No town meeting is worth risking the life and safety of our town staff and residents. The safety risks would occur later that night when town crews went on extended duty to deal with storm outages and problems. As mayor, I always worry about accidents when our electric crews, road crews, and first responders are on duty in these severe weather situations.

I can't praise these folks enough. When bad weather hits, the Town Manager, department heads and workers go into an autopilot of total response. As mayor, my best course of action in these situations is to be supportive, but not to interfere with the work of these dedicated professionals.

The Town Board meeting has been rescheduled for tonight at 7 pm. Mayor pro temp Patterson will preside. I am in Florida this week on vacation. Highlands operates smoothly whether the mayor is there or not. We are blessed with a great team of talented town players.

## • ELECTION 2016 •

The Primary is March 15, 2016

Run-off for State is May 3, 2016

Run-off for Federal is May 24, 2016

Polls open at 6:30a and close at 7:30p

### MC Board of Commission Race

#### District 2

Karl Gillespie (Rep)  
Ron Haven (Rep)  
Charlie Leatherman (Dem)

#### District 3

Emmanuel Carrion (Rep)  
Paul Higdon (Rep)  
Gregory Boyer (Rep)  
Bobby Kuppers (Dem)

### NC State Senate District 50

Jim Davis (Rep)  
Jane Higgs (Dem)

### NC House of Representatives

#### District 120

Kevin Corbin (Rep)  
Randy Hogsed (Dem)  
Elliot Southworth (Rep)

### NC Governor

Incumbent Pat McCrory (Rep)  
C. Robert Brawley (Rep)

Lon Cecil (Lib)  
Roy Cooper (Dem)  
Charles Moss (Rep)  
Kenneth Spaulding (Dem)

### U.S. Senate Candidates

(Terms are 6 years in length)  
Incumbent Richard Burr (Rep)  
Greg Brannon (Rep)  
Larry Holmquist (Rep)  
Paul Wright (Rep)  
Kevin Griffin (Dem)  
Ernest Reeves (Dem)  
Chris Rey (Dem)  
Deborah Ross (Dem)  
Sean Haugh (Lib)  
Mohammad Sabur-Nasiri (Ind.)

### U.S. House Of Representatives:

(Terms are 2 years in length)

#### District 11

Incumbent Mark Meadows (Rep)  
Rick Bryson (Dem)  
Tom Hill (Dem)

For a complete list of races and candidates go to <http://www.uselections.com/nc/nc.htm>

## ...CALENDAR continued from page 1

positive feedback from the teachers I have talked to," said McCall. "Overall I think teachers are happier with the new schedule and anytime teachers are happier, that transcends to the students and doing what is best for them."

The extended days at Nantahala and Highlands were part of a pilot program which Superintendent Dr. Chris Baldwin said is now being considered for the entire district.

By adding 20 minutes to each school day, Nantahala and Highlands schools were able to finish the first semester of the

school year before students left for Christmas break. Those students were able to take exams before the break, rather than spending two weeks out of the classroom, then coming back to take exams.

Although McCall noted that teachers and parents at Highlands were pleased with how the extended calendar has positively impacted the school year, Nantahala area board member Melissa Evans said that she had heard some concerns on how the extended calendars will cause an extra long summer this year.

Nantahala and Highlands students are set to dismiss for the 2015-'16 school year on May 27. The new calendars have the first day of school beginning on August 29, meaning students will be out of school for three entire months, which Evans said might be too long for student to go without any sort of instruction.

Dr. Baldwin agreed with Evans and said that a three-month period without any sort of educational instruction could be detrimental for some students, and the

### Highlands Newspaper

Toll Free FAX: 866-212-8913

Phone: (828) 200-1371

Email:

HighlandsEditor@aol.com

Publisher/Editor: Kim Lewicki

Copy Editor: Glenda Bell

Digital Media - Jim Lewicki

Locally owned and operated by

Kim & Jim Lewicki

Adobe PDF version at

[www.HighlandsInfo.com](http://www.HighlandsInfo.com)

265 Oak St.; P.O. Box 2703,

Highlands, N.C., 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

#### Letter Policy:

We reserve the right to reject or edit letters-to-the-editor. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands Newspaper.



# • OBITUARY •

## Laura Jean Freeman



Laura Jean Freeman of Orlando, FL and Highlands, NC, died Jan. 10, 2016 at the age of 92.

Born Dec. 3, 1923 in Covington, GA, to Barney Leon Trapnell and Jessie Barrett Trapnell, her family moved to Columbus, GA, during high school, where she finished as the Valedictorian. She graduated from Georgia State College for Women in Milledgeville, GA, in 1945. After graduation, she became an assistant buyer at Davison's Department Store in Atlanta, GA. She met her husband, Dr. Oscar William Freeman, Jr., in Atlanta when he returned to Emory University from World War 11. They married Sept. 1, 1946 and remained in Atlanta while he finished college, medical school and his residency at Grady Hospital. Laura Jean resigned at Davison's and taught third grade at Druid Hills School. In 1954, they moved to Orlando where Oscar joined an internal medicine practice and worked until his retirement in 1989.

After retirement, Laura Jean and Oscar spent their summers in Highlands, NC. She has been a member of the Orange County Medical Auxiliary, Junior League

of Orlando-Winter Park, Rosalind Club, Country Club of Orlando and First Presbyterian Church of Orlando.

Laura Jean was a devoted wife, mother and grandmother and a treasure to countless friends whom she continued to contact and touch with her generous, gentle manner. She was selfless and self-reliant, a very classy southern lady always more interested in others' needs than her own.

Laura Jean is survived by her three sons, Oscar W. (Bill) Freeman, 111, and Sheree, Kenneth, (Ken) Trapnell Freeman and Celeste of Vero Beach, and Barret (Barry) Ralls Freeman and Staci of Delray Beach, FL, eight grandchildren: Benn (and Lindsey), Chase (and Catharine), Mike (and Caroline), Andrea (and Alex), Trapper, Jessica, Blake and Shawn. She leaves five great-grandchildren.

In lieu of flowers, donations may be made to First Presbyterian Church of Orlando at 106 East Church Street, Orlando, FL, 32801 or First Presbyterian Church of Highlands, NC, PO Box 742, Highlands, NC, 28741.

## ...HIKER continued from page 1

Gelfeld was an experienced hiker and was well prepared but became disoriented in the severe weather conditions and was unable to stay on the trail in the area. Gelfeld was evaluated by Macon County EMS and, although being exposed to the cold and severe weather elements, he was uninjured.

Search crews from Otto and Cowee Fire and Rescue Departments, the United States Forest Service and Macon County Emergency Services used utility vehicles and snowmobiles to access the remote area with an elevation over 5,000 feet which experienced snowfall amounts close to 24 inches in places and were then able to track Gelfeld to a location near Bear Pen Creek. Clay County Emergency Management also provided resources and assistance.

## ...CALENDAR continued from page 2

district is currently working to develop remedial, optional programs throughout the summer that would allow students to get in the classroom for at least a week during summer break.

Nantahala Principal James Bryan said that a similar program was used over the summer last year, even though the break wasn't as long.

While considering the impact the calendar can have on summer break, as well as the logistics of whether the extended days calendar can be replicated district-wide, the school board is expected to discuss extended calendars for all schools at the next meeting, scheduled for Monday, February 1 at 6 p.m.

Advertising in

Highlands Newspaper and online at [www.highlandsinfo.com](http://www.highlandsinfo.com) WORKS.

For information, call 828-200-1371 or  
email: [highlandseditor@aol.com](mailto:highlandseditor@aol.com)

5,000 copies delivered on the streets; 5,000 PDF downloads  
from [www.highlandsinfo.com/local news](http://www.highlandsinfo.com/local news)



# Nights on Main

One Night at 200 Main Plus Dinner For Two at Madison's

Package From \$210 Per Night\*

Call 828-787-2625 | Or Visit [200Main.com](http://200Main.com)

\*Rate varies depending on rooms and dates booked.  
Package available: Sunday - Thursday Nights, excluding holidays.  
Based on Double Occupancy. Does not include tax or gratuity.

## MOUNTAINTOP WINE SHOPPE

**Free Wine Tasting  
Saturday 1-3p.m.**

Join us as we pour some fantastic  
Winter wine values!

**Winter Inventory Sale**

Best prices of the year on  
many items!

**Napa Technology Wine Stations**

Taste and enjoy 16 different wines that  
change weekly

**Open Tuesday - Saturday**

269 Oak Street  
Across from Reeves Hardware  
(828) 526-4080

[www.mountaintopwineshoppe.com](http://www.mountaintopwineshoppe.com)

Like us on Facebook

[Facebook.com/mountaintopwineshoppe](https://www.facebook.com/mountaintopwineshoppe)

Your local wine shoppe  
with over 750 hand-  
selected wines and the  
best prices in town!



# Highlands Cashiers Hospital launches EHR System

Highlands-Cashiers Hospital (HCH) has launched a state-of-the-art Electronic Health Record (EHR) system that will provide expanded records of each patient's care. The launch is part of a larger Mission Health initiative to improve care across the region.

The EHR system went "live" at the Highlands area hospital recently. The new EHR system operates on the same computer platform as the one used at other Mission Health hospitals, allowing doctors in Highlands and Asheville to share important information about a patient's care and medical history in real time.

"This new computer system gives us powerful tools to care for patients," said Cindy Benton, HCH's manager of

clinical operations. "The system records a patient's medical history, treatments, surgeries and medical notes. The electronic health record is then available to the patient's primary care doctor via computer to view test results and treatments as well as to other healthcare facilities if the patient needs to be transferred for care."

Patients shouldn't notice any difference in their care at HCH with the launch of EHRs, other than processes may be a little slower as staff learns the new computer system.

"We ask patients and their families to be patient with us as we learn the new system," said Benton. "We will

•See HOSPITAL page 13



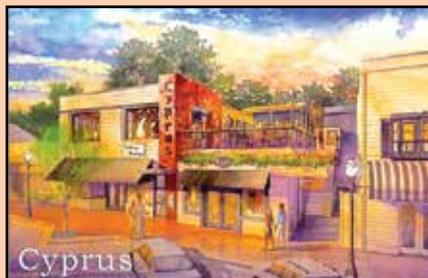
**100%  
Mexican  
Food!**



**Every  
Wed. and Thursday  
FREE SOUP**

**Open Tues.-Sun. • 11a to 10p**  
526-0608 • 30 Dillard Road • Highlands

## Cyprus International Cuisine



**Dinner: 7 nights a week 5-10p**  
For reservations call: 526-4429  
Main Street • Highlands

## • HIGHLANDS AREA DINING •

### The LOG CABIN

**SERVING COMFORTABLE ITALIAN,  
STEAKS & SEAFOOD**

Casual dining in a historic 1924 log cabin  
Just off Main Street at 130 Log Cabin Lane  
in Highlands, NC

**OPEN ALL YEAR!**

Dinner Wednesday – Sunday nights at 5P  
828 526-5777

[www.LogCabinHighlands.com](http://www.LogCabinHighlands.com)



**HIGHLANDS**  
BBQ COMPANY

Est. 2015

**OPEN Wed.-Sun.**  
11am - 9pm

828-526-5000  
595 Franklin Road • Highlands, NC



828-526-4035

**WILD THYME GOURMET**  
RESTAURANT

Serving Lunch and Dinner Year-Round.  
Gourmet Foods, Full Service Bar  
Town Square at 343-D Main St. • Highlands

Serving Lunch Daily  
**11a to 4p**  
Serving Dinner from  
**5:30p**  
7 days a week



Hand-tossed - thick, thin, pan  
Gluten-free & Whole Wheat, too

The  
**Pizza**  
PLACE

6•10•14•16•20pies

Specialty Sandwiches, Hot Dogs & Salads,  
Domestic & Imported Beers

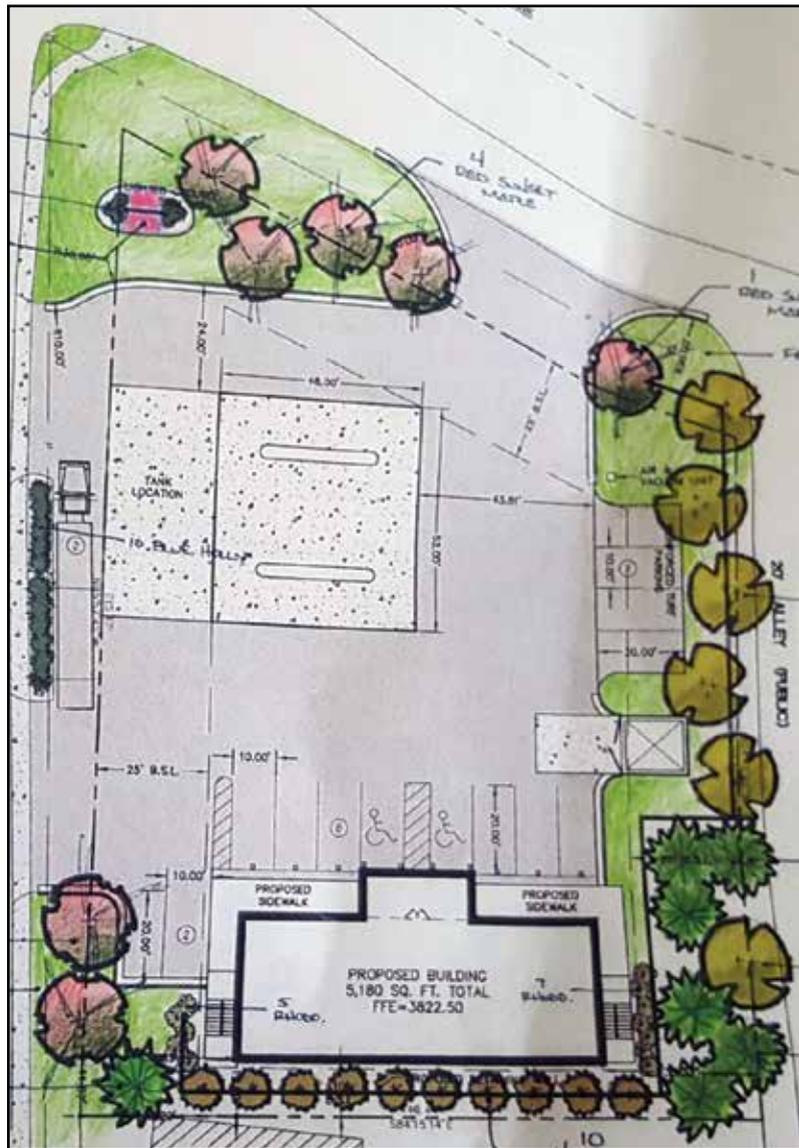
Open 7 days a week from 11 a.m.  
365 Main Street • Highlands • 526-5660



Coffee • Espresso Drinks  
Smoothies • Hot Soup  
Paninis • Baked Goods

On Main Street • Highlands  
7 days a week • 7a to 6p • 526-0020

...MARKET continued from page 1



thing about the project prior to the meeting. For this reason, the board had to vote to adjust the agenda to hear about the project. The vote was 4 to 2 with members Dennis DeWolf and Glenda Bell voting no.

The 5,180 sq. ft., 3-story building, which includes a 700 sq. ft. basement office and store room on the bottom level, will include a convenience store with a kitchen on the street level and two bathrooms – one for men and one for women -- and two, two-bedroom apartments on the top level.

The building will be set against the southern property line adjacent to the Neumann property buffered by a row of foliage.

As ruled back in December by the Town Board, the nine trees bordering the alley along the back of the property, which were cut down without permits, will be replaced with at least 18 trees throughout the property (rather than the required nine) which will make the overall project more aesthetically pleasing and green.

The gas pumps will be situated in the middle of the lot, close to 4th Street and will be accessed by two existing curb cuts on 4th and one on Laurel Street.

The convenience store/apartment building will look like many new buildings in Highlands with board and batten siding and cedar shake shingles on the roof and stone pillars at the entrance of the store.

“I wanted a building that doesn’t look like a typical gas station but rather one that fits into the Highlands scheme,” said Bock. “And I am putting grass and landscaping throughout the parcel.”

• See MARKET page 13

...WINTER continued from page 1

in and roads that were covered with an icy mix that made driving perilous until mid-morning each day.

The Thursday, Jan. 21 Town Board meeting was postponed until tonight, Thursday, Jan. 28 and the Highlands Fire & Rescue annual awards banquet scheduled for Saturday, Jan. 23 was cancelled until sometime in February.

Highlands Fire and Rescue stayed busy throughout the weekend tending to multiple vehicle accidents and town crews stayed busy plowing snow on town streets and repairing power outages.

“The Street Department has worked and continues to work on snow removal,” said Public Service Director Lamar Nix on Sunday. “The Electric Department worked numerous outages from 7:30 p.m. Friday through 7:30 p.m. Saturday. There was only one isolated outage on Sunday.”

Those who could get out enjoyed the peaceful atmosphere that descends on the town when a big snow comes.

With streets void of vehicles, folks bundled in appropriate snow gear were seen walking the streets and as promised by the Town Board back in December, Monkey Hill was left untouched. Scores of families enjoyed the sledding.

See photographs on page 8.

– Kim Lewicki



*Located on 2275 N 4th street, Highlands, NC (next to Highlands Falls Country Club)*

**WINTER PACKAGE**  
includes:  
**Unlimited massages**  
**Through April 1, 2016. Call us for more information or visit us online at**  
**www.zenspabyangeljoy.com**  
**919-413-7411**



**THE DRY SINK**  
HIGHLANDS, NC

**Great Knife Deal!**

Victorinox  
Swiss made, NSF cert  
8" Chef's Knife  
**\$10 Off!**  
Now **\$34.95**  
(until end of January, while supplies last!)

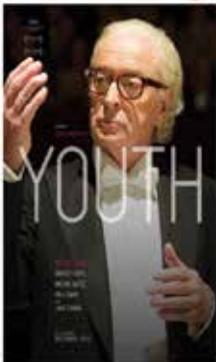
Consistently rated  
**#1 knife for the money**  
by  
**America's Test Kitchen**

---

**Lots of SALE items at**  
**25% to 50% off**  
(selected items)

The Dry Sink Main Street Highlands, NC

**Now Showing!**  Highlands Playhouse



**Youth**

Rated R | 124 min

**All Tickets are \$9**

**Showtimes:**  
Fri. January 29 @ 2, 5 & 8PM  
Sat. January 30 @ 2, 5 & 8PM  
Sun. January 31 @ 2, 5 & 8PM  
Mon. February 1 @ 2 & 5PM  
Thurs. February 4 @ 2, 5 & 8PM

highlandsplayhouse.org

362 Oak St

828 526 2695

BREAKFAST • LUNCH • DINNER • GRILL WOOD • FIRE PIZZA  
 COFFEE • BAKERY • ESPRESSO • WINE • CRAFT BEER  
 BUTCHER • ARTISAN CHEESE • OIL AND VINEGAR



# MOUNTAIN FRESH GROCERY



COOKING FOR HIGHLANDS

## BREAKFAST

Full breakfast made to order every morning until 11:00 am  
 Cage-free eggs, waffles, french toast, sausage, ham, homemade biscuits, muffins, croissants. Espresso bar and coffee roasted in-house.

## LUNCH & DINNER

### Grill

Every day from 11:00am - close  
 Fresh angus burgers, fresh Natural chicken breasts, fish or chicken tenders, cooked to order, hand-cut fries, salads, homemade soups, daily specials.  
*See our website for more info.*

### Pizza

Every day from 11:00am - close  
 Authentic Neapolitan and NY deck oven pizzas made from scratch. Pasta bowls, daily specials and weeknight dinner specials.  
*See our website for more info.*

### Soup & Salad Bar

Mon-Sat 11:00am - close  
 Fresh salads, homemade dressings, soups, chili and more.  
 \$9.99 each (dine in) or \$9.99 a pound (to go)

### Weekday Lunch Special

Monday - Friday 11am to 2pm  
 Pizza, pasta, soup and salad bar  
 Continuous fresh pizza from our pizza ovens, pastas, fresh breads from our bakery, plus the entire soup and salad bar... \$9.99 each (dine in) or \$9.99 a pound (to go)

## SUNDAY SOUTHERN BRUNCH BAR

Every Sunday from 11am - 3pm  
 Skillet fried chicken, country angus steak, skillet corn, biscuits & preserves, mashed potatoes, veggies, cobbler, plus the entire soup & salad bar.  
 \$11.99 (dine in) or \$9.99 a pound (to go)

## PREPARED FOODS

A large selection of take-away items fully prepared, ready to take home including grilled pork loins, homemade mac & cheese, mashed potatoes, herb-rubbed chicken, made-in-house bbq, chicken salad deli salads & much more!

## DINNER TO GO

A different full dinner every night.  
 Serves four serving Monday through Saturday from 4:30 until we sell out -  
 Call ahead to reserve.

### Monday: choose either:

Four chicken and four cheese enchiladas, refried beans, monterey rice, homemade tortilla chips, salsa, shredded lettuce, tomatoes, sour cream.

Or...

24 buffalo wings or 2 lbs chicken tenders and hand cut fries.  
 \$20.95 serves four.

**Tuesday:** Made in-house Italian sausage lasagna and a large house salad.  
 \$20.95 serves four

**Wednesday:** Chicken or steak pot pie and a large salad.  
 \$20.95 serves four

**Thursday:** Roasted meatloaf with mashed potatoes, gravy and a large salad.  
 \$20.95 serves four

**Friday:** Wild caught fried shrimp, baked potatoes, hush puppies & coleslaw.  
 \$23.95 serves four

**Saturday:** In-house smoked bbq, coleslaw, apple and bacon-baked beans, and yeast rolls.  
 \$20.95 serves four

### Weeknight Pizza Special:

Monday through Thursday 4:30 to close  
 16 inch New York style pizza with up to 5 toppings or baked pasta with either italian sausage or chicken. Both come with garlic bread and salad.  
 Serves four for \$20.95

## WINE MARKET

Browse our *Wine Spectator* award-winning selection of wines w/ the best pricing in town. Run by a friendly & knowledgeable staff. Beer & wine available by the glass while you dine & shop.

## BUTCHER

We sell only 100% premium angus beef, hand-cut in house. Stock up for the weekend every Thursday with 35% off all steaks and ground beef. Then stop by the take-out case to complete your dinner with twice baked potatoes, fresh salads and more!

## SPECIALTY CHEESES

Dozens of cheeses, tapenades, olives and specialty items to choose from including our made in-house crackers.

## BAKERY

Fresh loaves, baguettes, pastries, pies, layer and specialty cakes. Everything made from scratch.

STORE OPENS MONDAY - SATURDAY AT 7 AM & SUNDAY AT 8 AM  
 Corner of Fifth & Main, Highlands NC • (828) 526-2400 • Visit us online at [www.mfgro.com](http://www.mfgro.com)

## Grant funds WCU partnership with Highlands Bio Station and others for hands-on teaching, learning — and a creek runs through it

A partnership between the Highlands Biological Station, Highlands Biological Foundation, Cullowhee Valley School and Western Carolina University's biology department and School of Teaching and Learning will turn a section of Jackson County's Cullowhee Creek into a laboratory, elementary students into researchers, and create a greater community appreciation of the importance of mountain streams.

The "Watershed Moments: Exploring Science and Math in Cullowhee Creek" project will begin in March, funded by a three-year \$159,123 grant from the Student Science Enrichment Program of the Burroughs-Wellcome Fund to enhance science, technology, engineering and math (STEM) education that takes place outside of traditional classroom time. The private foundation, headquartered at Research Triangle Park, is dedicated to the advancement of biomedical sciences by supporting research and education. Its Student Science Enrichment Program supports diverse programs with a goal to enable primary and secondary students to participate in creative scientific activities.

The project will be based at Cullowhee Valley School, located near the WCU campus, and involve hands-on teaching and learning about different facets of aquatic ecology, including the biology, physics and chemistry of streams and rivers. Students in the afterschool program for fourth-, fifth- and sixth-graders will participate in data collection and analysis, introducing them to scientific inquiry and fostering a holistic understanding of the importance of watersheds, said Karen Kandl, associate director of Highlands Biological Station, a University of North Carolina system facility administered by WCU.

Cullowhee Creek flows north through Jackson County and its watershed covers 15,062 acres of steep, mountainous terrain and is a significant water resource for the county. The creek empties into the Tuckasegee River, which flows into the Little Tennessee and Tennessee Rivers, and finally the Mississippi River before entering the Gulf of Mexico.

Program leaders Kandl and Highlands Biological Station director Jim Costa will team up with graduate students from WCU's biology department and a

lead teacher at Cullowhee Valley School for the after-school program.

"This project will connect the local to the global, with students examining real-world issues here at home, and help them think about potential solutions," Kandl said. "It will be an excellent opportunity for students to engage with scientists and professionals, see the connection of STEM fields in their lives, and gain confidence in their abilities to collect and present data. They will examine levels of sediment, the velocity of water flow, gauge the health of aquatic life in the creek, and see the impact of land use. And I believe there is a real opportunity for all this to spark some interest in math and science that could lead to future careers."

In addition to purchasing equipment and materials, the grant will provide stipends for internships, teacher involvement and related project costs. Participants will gather annually at Highlands Biological Station to assess their progress and share their results with the community.

"Students will be studying an approximately 7-mile reach of the Cullowhee Creek," said Lora Cox, the Cullowhee Valley School teacher who will be coordinating the project with WCU. "While many opportunities are present to study the stretch of creek that flows behind Cullowhee Valley School, we want students to study various sections of the creek in order to analyze and compare data."

About 20 students will experience STEM education through outdoor learning, she said. "They will be able to connect and work closely with experts in stream ecology, hydrology and other environmental fields through scientific investigation and face-to-face discussions. This is a long-term project — three years — which will allow for continuity and in-depth study, and these types of authentic experiences allow students to investigate and provide possible solutions for real issues found in our watersheds."

The project is intended to serve as a basis for a lifetime of thinking scientifically and meaningfully about the environment. Agreeing with Kandl, she said, "It will open up a world of career possibilities in the fields of science and math."

For more information on the Watershed Moments project, contact Kandl at 828-526-2602 or [kkandl@email.wcu.edu](mailto:kkandl@email.wcu.edu).



# The Metropolitan Opera

**HD LIVE**



## Turandot

by Puccini

Saturday, January 30

12:55pm

Pre-Opera Discussion 12:30

Lead by Beverly Wickman

Live via Satellite from NYC  
on our Theater Screen

Highlands Performing Arts Center 507 Chestnut Street  
Tickets available online: [highlandspac.org](http://highlandspac.org),  
@ the door or by calling 828.526.9047

## Shear Elevations

Color, Cuts, Highlights, Perms, Manicures, Pedicures, Acrylics & Gel Enhancements, Up Do's and Facial Waxing

**Owner/Stylist:** Lisa L. Shearon; **Stylist:** Jane B. Earp;  
**Stylist/Nail Tech:** Kristi Billingsley; **Nail Tech:** Katie Baker Passmore

828-526-9477 • 225 Spring Street, Highlands

Call for an  
appointment  
**TODAY**

Taylor Barnes

B

Spa & Salon

Color, Cuts, Up Do's, Highlights, Massage, Facials, Manicures, Pedicures, Reflexology, Personal Training

**OPEN: Tuesday - Saturday at 10a**

Located behind Highlands Decorating Center  
on Highway 106 (The Dillard Rd.), NC LMBT #1429

(828) 526-4192

Upstairs and Across the Walkway  
at "Falls on Main" Highlands (828) 526-3939

OPENING AT 9A • TUESDAY - SATURDAY

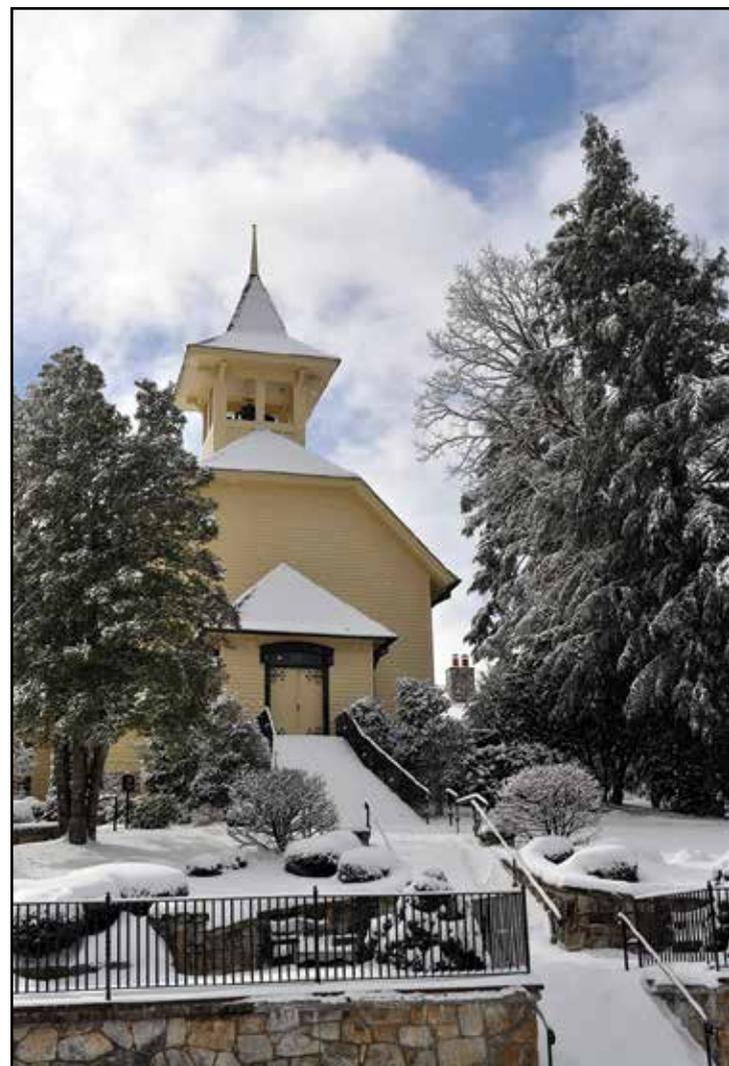
**Owner/Stylist:** Lacy Jane Vilardo  
**Stylists:** Heather D. Escandon, Maggie Barden, Bri Field  
**Nail Tech:** Jenna Schmitt

Hair • Nails • Waxing • Tanning • Eyelash Extensions • Walk-ins Welcome!

# • JANUARY 2016 SNOW STORM •



Photos by Jim Lewicki and Bob Sutton



# • HIGHLANDS EVENTS •

## Winter Pool Schedule

Through May 27, 2016

### LAP SWIM - ADULTS ONLY

Monday thru Friday  
7 - 10 am, 6 lanes

### AND Monday thru Thursday

5 - 6 pm, 1 or 2 lanes

Sharing pool with water  
aerobics @ 5:15 on

Mondays, Tuesdays, and  
Thursdays

### PUBLIC SWIM

Monday, Tuesday, Thursday

3 - 5 pm & 6 - 8 pm

Wednesday 3 - 5 pm

Saturday 11 am - 6 pm

Sunday 1 - 5 pm

### WATER AEROBICS

Monday-Friday

10 - 11 am

Saturday 11:15 - noon

Monday, Tuesday, Thursday

5:15 - 6 pm

Fee: \$4 per class or

\$30 for 12 classes

### POOL PARTIES

Pool available on Fridays,

Saturdays, Sundays

6 - 8 pm

Fee: \$75 // \$50 deposit required

\$50 non-refundable deposit if party is  
cancelled or a no show less than 2 days  
before

1st Wednesday of the month—

Kayak Clinic

2nd Wednesday of the month—

Youth Night

3rd Wednesday of the month—

Water Volleyball

4th Wednesday of the month—

Senior Night

6:00 - 7:30 pm

Call us about membership fees

### ICE SKATING RINK

Open Thursday 1-8p

Friday & Saturday 1-10p

Sunday 1-8p

\$5 fee with or without skate rental

### Ongoing

• Highlands Hurricanes Swim Team is open to all levels of swimmers ages 6-18. To sign up contact Coach Steve Hott at 828-421-2121.

• Anyone interested in taking Adult, Child and Infant First Aid/CPR/AED certification class needs to contact the Highlands Recreation Department.

### Mon., Thurs., Fri., Sat., Sun.

• Movies at the Playhouse: 2, 5 & 8 p.m. Call 526-2685 for weekly movie.

### Mondays

• Shortoff Baptist Church non-denominational Men's Meeting at 7 pm first Mondays.

• The Humanist Discussion Group meets every Monday morning from 9:30 to 10:30 in the Meeting Room in the back of Hudson Library,

### Mon. & Wed.

• Zumba with Mary K. Barbour at the Rec Park from noon to 1p. For more information, call 828.342.2498.

### Mon., Wed., Fri.

• Heart Healthy Exercise Class 8:30am-9:30am at the Rec Park.

• Aerobics with Tina Rogers 8-9a.

### First Tuesdays

• The monthly family support group for those with family members, friends, or loved ones living with the challenge of mental illness meets at 7 p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. Sponsored by the local affiliate of NAMI. For info call 828 369-7385.

### Tuesdays

• FREE Community Table Dinner at the Community Bldg. at 6p.

• The Beyond the Walls Book discussion group meets at 4 PM at The Ugly Dog Public House. Each week a short story discussed.

### 2nd and 4th Tuesdays

• OccupyWNC meets at the Jackson County Justice Center. For more information, visit [www.occupywnc.org](http://www.occupywnc.org) or call 828.331.1524

### Every 3rd Tuesday

• The Macon County Poultry club in Franklin meets at 7 pm at the Cooperative extension office on Thomas Heights Road. For more information call 369-3916.

### Tuesday and Thursdays

• Zumba with Connie at the Rec Park 8:15 a.m. \$5.

• Pickle ball is played from 11:30a to 1p in the gym at the Rec Park.

### Wednesdays

• Donation Based Meditation Wednesday nights w/Christopher Baxter at 6:30. at The Wellness Place. 4 68 Dillard Road Highlands 8285269698

### 1st Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-3031 for titles.

### 3rd Wednesdays

• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

### Thursdays

• Storytime with Miss Deanna at Hudson Library 10:40 am. Open to the public.

• Weight Watchers support group meets every Thursday at 6pm at the Cashiers Community Center. Call Lisa 828-506-3555.

• NAMI Support Group for individuals dealing with mental illness: depression, bipolar, schizophrenia, etc. and the family members of individuals dealing with these challenges from 7 - 8:15 pm. Call Donita for more info (828) 526-9510.

### 2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

### 3rd Thursdays

• Kidney Smart Classes in Franklin: from 4:30pm-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview Street, Contact Majestic 828-369-9474

• Kidney Smart Classes in Sylva: from 7:30am-9am, DaVita Sylva Dialysis Center, 655 Asheville Highway, Contact Sue 828-631-0430

### Fridays

• 99ers Bridge at the Rec Park 9a to noon.

### Every 3rd Friday

• Senior Dinners are at noon November through April.

### Thurs., Jan. 28

• The Macon County Local Interagency Coordinating Council/Smart Start team will be meeting January 28th (weather permitting) starting at noon at Macon Program for Progress Training Annex located at 141 Dryman Rd Franklin. Learn about Macon Citizens, Reach Out and Read, and Raising a Reader. To learn more about the team visit [www.regionalkids.org/sslicc-2](http://www.regionalkids.org/sslicc-2).

### Sat., Jan 30

• At PAC, The Met Live in HD via Satellite at 12:45 p.m. **Puccini's Turandot**. Call 828-526-9047 for tickets.

### Thurs., Feb. 11

• Mating & Dating Gameshow. at the Nature Center. Call for reservations. 526-2623.

## Live via Satellite from NYC, Puccini's Turandot this Saturday



The Highlands Performing Arts Center will screen Live via Satellite from NYC on our theater screen the MET Opera's production of Puccini's Turandot on Saturday, January 30th at 12:55pm. Opera's leading dramatic soprano Nina Stemme sings the title role of the proud princess of ancient China, whose riddles doom every suitor who seeks her hand. Tenor Marco Berti is Calaf, who sings the iconic "Nes-sun dorma" and wins her love. Franco Zeffirelli's spectacular production, also starring soprano Anita Hartig, is conducted by Paolo Carignani. Tickets are available online: [highlandspac.org](http://highlandspac.org), @ the door or by calling 828.526.9047 Adults: \$26 Member: \$22 Students: FREE Highlands Performing Arts Center 507 Chestnut Street

Whole  
Life  
Market

Natural Products Store

Carrying a wide variety of  
natural products for your  
Mind, Body & Home.

NECTAR  
Juice Bar



Organic Fresh Juices & Smoothies  
and Salads "On the Go!"

**HAPPY NEW YOU!!**

**Stop by & let us guide you in  
the right direction for all of  
your health needs for 2016!**

**25% off all Cleanse kits  
during January!**

526-5999

Located at 680 N. 4th. St., Highlands  
Open Mon-Sat 10a to 5p

## A Year of Mercy

Chaplain Margaret Howell, pastor,  
Holy Family Lutheran Church ELCA

Americans are funny. When life is uneventful, we sometimes waste our time and brain cells sniping and griping about each other. We can become clan-

nish, separating ourselves in “Them” vs. “Us” units and then commence to squabbling about just about anything from the absurd to the sublime.

BUT... just let a disaster strike -- a 9-11 or a Hurricane Sandy or fire, floods and other mayhem, and an amazing thing happens. We drop everything and, together, rush in to help. Americans are known throughout the world for their generosity and compassion---don't believe propaganda to the contrary. We not only look after our own, but we reach out to people all over the globe, even those in countries where our political relationships are not the best. If I had to describe Americans in one word, it would be “merciful.”

“Mercy” noun

1. Compassion or forgiveness shown toward someone whom it is within one's power to punish or harm.

Synonyms: leniency, clemency, compassion, grace, pity, charity, forgiveness, forbearance, quarter, humanity.

Pope Francis, the coolest pope ever, has declared 2016 The Year of Mercy

Pope Francis has asked us to rediscover the Corporal and Spiritual Works of Mercy. Throughout the Gospels Jesus admonishes us to follow his example, an example that sets down tangible ways we might better serve our brothers and sisters in need. As its name implies, the Corporal Works are directed toward serving the body: corpus, in Latin, means “body.”

There are seven corporal works of mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

Parts of the world are in a terrible state, due to the lack of mercy.

Tribalism in the Middle East, super egos clashing for power and control in the West, tremendous poverty throughout the world; all these things seek to reject and denigrate mercy.

This is a presidential election year, and we will be inundated with politicking at its best, but most of the time at its worst. Most people hate all the ads, the waste of money and the lack of statesmanship that American political campaigning has become.

Perhaps we need to remember that politics is a tempest in a tea-pot---it is only a tiny bit of what's really going on in the world.

The real work of mercy is not done in board rooms or on podiums. The real work of mercy in the world is done by folks like us. We go to our places of worship, whatever they may be. We give to charity, volunteer when we can, and are kind to those around us, those at home and

• See SPIRITUALLY SPEAKING page 11

## Proverbs 3:5

## PLACES TO WORSHIP

## John 3:16

### BLUEVALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School: 10 a.m.; Worship: 11

Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

### BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor

Sundays: School: 10 a.m.; Worship: 11

### CHAPEL OF SKY VALLEY

Sky Valley, GA • 706-746-2999

Sundays: 10 a.m.: Worship

Holy Communion 1st Sunday of the month

Wednesdays: 9 a.m. Healing and Prayer w/Holy Communion

### CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011

464 US Hwy 64 east, Cashiers

9:30a Sunday School; 10:30a Family Service w/ Music

Mon.: Bible Study & Supper at homes - 6 p.m.

### CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Steve Kerhoulas • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching.

Tues. Guys study 8am, Gals 10am.

### CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 11 a.m.

1st & 3rd Sunday night Service: 7p.m.

Wednesdays - Supper at 6 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC

Senior Pastor Gary Hewins

Sun.: 9:30am: Sunday School

10:30am: Middle & High School; 10:45am: Child. Program,

10:45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC

University

### EPISCOPAL CHURCH OF THE INCARNATION

Rev. Bruce Walker • 526-2968

Sundays: Education for Adults, 9 a.m.

Holy Eucharist Rite II, (chapel), 10:30 a.m.

8 a.m., services and Healing services will resume in the spring.

### FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands NC 28741

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm;

Choir 5 pm

### FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Worship: 8:30a and 11 a.m.; School: 9:30

Mondays: 8 a.m.: Men's Prayer Group & Breakfast

Wednesdays: Choir: 5:30p

### GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd) • Rev. Carson Gibson

Sunday School: 10 am, Worship Service: 11 am

Bible Study: 6 pm

### GRACE COMMUNITY CHURCH OF CASHIERS

Non-Denominational-Contemporary Worship

242 Hwy 107N, 1/4 miles from Crossroads in Cashiers

www.gracecashiers.com • Pastor Steve Doerter: 743-9814

Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

### HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, Nc • 743-2729

Pastor Nathan Johnson

Sunday: School 9:45a, Worship 11a & 7p, Bible Study 6p

Wed. Kidsquest 6p.; Worship 7p.

### HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street

Sundays: Worship: 11

### HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center)

Sun.: Morning Worship 10:45 a., Evening Worship, 6p.

Wednesday: Bible Study, 6:30p; Prayer Mtg., 7:30p.

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy 526-3376

Sun: School 9:45a.; Worship 9:09, 10:50.; Youth 5:30 p.

Wed: Supper: 5:15; youth, & adults activities: 6; Handbell

rehearsal, 6:15; Choir Rehearsal 7. (nursery provided);

7pm Intercessory Prayer Ministry

### HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741

Sun: School and Adult discussion group 9:30 a.m.;

Worship/Communion: 10:30

HEALING SERVICE on the 5th Sunday of the month.

### MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Troy Nicholson, (828) 526-8425

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.: 7 p.m.

### MOUNTAIN SYNAGOGUE

at St. Cyprian's Episcopal Church, Franklin

828-524-9463

### MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church,

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

### OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Parish office (Father Francis): 526-2418

Mass: Sun: 11 a.m.; Sat. at 4p

### SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7

Wednesdays: Prayer Mtg.: 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Jerry David Hall • 526-3212

Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11

Wednesdays: Prayer & Bible Study: 7

### THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359

Rev. Douglas E. Remer

Oct-May: Sunday Services: Rite I, 8a Rite II, 10:30

June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a

Nursery available for Rite II services

Sept 6-Oct 25- Informal Evening Eucharist- 5:30 p.m.

Thursday: Noon Healing Service with Eucharist.

### UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive • 828-524-6777

Sunday Worship - 11 a.m.

### WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am, Worship Service: 11 am

# • POLICE & FIRE •

**The Highlands Police log entries from Jan. 5 Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.**

**Jan. 7**

• At 6:30 p.m., officers responded to a one-vehicle accident on NC 28 south.

**Jan. 8**

• At noon, officers received a call about a burglary with forced entry at a apartment on Main Street.

**Jan. 9**

• At 6:30 p.m., officers responded to a two-vehicle accident on Oak Street.

**Jan. 13**

• At 3:30 p.m., Clarence James McCall, 22, of Highlands, was arrested for breaking and entering with force, larceny after breaking and entering ad criminal damage to property. He was issued a \$4,900 secured bond.

• At 5 p.m., officers responded to a two-vehicle accident on NC 28 south.

• At 8:53 p.m., Nicholas Shane Thomas, 30, of Highlands was arrested for breaking and entering, felony larceny and burglary. He was issued a \$10,000 secured bond.

**Jan. 14**

• At 8:20 a.m., officers responded to a two-vehicle accident on US 64 west.

**Jan. 14**

• At 9:30 p.m., William John Carpenter, 33, of Highlands, was arrested for breaking and entering and criminal damage to property. He was issued an unsecured \$1,500 bond. His court date is Feb. 4, 2016.

**Jan. 15**

At 8 a.m., officers received a call about an assault by strangulation on a female and felonious restraint when she was forced to drive a male to a location with a knife placed at her stomach.

At 7:47 p.m., William John Carpenter, 33, of Highlands, was arrested for aggravated assault, simple physical assault and kidnapping. He is being held without bond. His trial date is Feb. 4, 2016.

**The Highlands Fire & Rescue Dept. log from Jan. 13.**

**Jan. 20**

• Beginning at 2:42 p.m., the dept. responded to multiple vehicle accidents in the Highlands area.

**Jan. 22**

• At 9:51 a.m., the dept. responded to a chimney fire at a residence on Wilson Road.

**Jan. 23**

• At 12:30 p.m., the dept. provided mutual aid toe Jackson County and Cashiers.

**Jan. 24**

• At 10:50 a.m., the dept. responded to a vehicle accident on Sassafras Gap Road.

## ...SPIRITUALLY SPEAKING

continued from page 10

those out in the world. We believe in the basic goodness of humanity, in all those synonyms: leniency, clemency, compassion, grace, pity, charity, forgiveness, forbearance, quarter, humanity. America is a world leader because of these traits, not despite them. In this

year of 2016, let us join with other people of mercy and practice the tenets put forth above.

“Today I ask you in the name of Christ and the Church never tire of being merciful.”

— Pope Francis, *The Church of Mercy*

**Dr. Joseph H. Wilbanks, D.D.S.**

278 East Doyle St. • Toccoa, GA

**COMPLETE DENTAL CARE UNDER ONE ROOF.**

- Dental Implants • Root Canal Therapy
  - SINGLE VISIT CROWNS!
  - Orthodontics including Invisalign
  - Wisdom Teeth Extractions
- and of course Fillings and Cleanings. (IV Sedation, too)**



You are only 50 miles away from 30 years experience in top-notch, high-tech, one-stop dentistry known for its gentle touch.

**706-886-9439 • 800-884-9439**

[www.WilbanksSmileCenter.com](http://www.WilbanksSmileCenter.com)



Email

**highlandseditor@aol.com**  
for advertising info

**Refresh.  
Renew.  
Reveal...**

*the new you.*

Whether it's cosmetic or reconstructive surgery, we will see to it that you look radiant 24/7.

- Plastic & Cosmetic Surgery
- Cosmetic & Aesthetic Surgery
- Medi-Spa Treatments

**Center for Plastic Surgery**  
Robert T. Buchanan, MD, F.A.C.S., Board Certified Plastic Surgeon  
209 Hospital Drive, Suite 202, Highlands • (828) 526-3783 • Toll Free: (877) 526-3784  
[www.PlasticSurgeryToday.com](http://www.PlasticSurgeryToday.com)



ANTIQUES and FURNITURE  
GARDEN • GIFTS • KIDS  
BOOKS • ART • JEWELRY

**CK**  
**SWAN**

233 North 4th Street  
Highlands, NC 28741  
828.526.2083  
[ckswan.com](http://ckswan.com)

Just down from  
Old Edwards Inn & Spa

## NaturalTherapies.MD



**Beverly E. Gerard, M.D.**  
Now Accepting New Patients

**A Bioidentical  
Hormone  
Replacement Therapy  
& Women's Wellness  
Gynecology Practice**

Empowering women to  
make changes to:

- Take control of their hormones
- Improve their health
- Optimize their quality of life through a combination of traditional and natural medicine therapies

For an appointment or for  
more information:

Call 706-782-1300

or go to

[www.naturaltherapiesmd.com](http://www.naturaltherapiesmd.com)

Hours:

Monday – Friday:

9a – 4p

Fee for Service

Insurance Not Accepted

102 South Main Street

Clayton, Georgia

Phone: 706-782-1300

Web site:

[www.naturaltherapiesmd.com](http://www.naturaltherapiesmd.com)

com

Facebook: [www.fb.com/](http://www.fb.com/)



Balancing Hormones & Health

• INVESTING AT 4.118 FT. •

## The Ambitious Cycle



**Jeannie Chambers**  
**Chambers Realty & Vacation**  
**Rentals**  
**828-526-3717**  
**www.chambersagency.net**

The Ambitious Cycle is quite the opposite of The Vicious Cycle. One is avoided at all costs, while the other is not only accepted, but it's anticipated with great fervor as we start each season.

January 2016 finds Highlands, NC, in throes of The Ambitious Cycle. Stomp your feet, clap your hands, shout hallelujah, but wait. Where do YOU fit in in The Ambitious Cycle? You may find that you play a big part in the cycle whether you intend to or not.

YES, real estate activity is up, and has been steadily rising over the last year with no signs of slowing.

NO, we're not where we were in "the good years," but that's OK. Home showings are up, and offers are being made -- especially for the sellers who listen and respond with today's counter offer logic. (If they're REALLY listening, they're adjusting prices according to current market conditions in order to GET to the counter offer stage.

After the sale, what now? Are the new owners:

- Retired, and living here year round
- Living and working here year round (even part time)
- Here the whole season (the "old" whole season) of mid-June to September
- Here the whole season (the "new" whole season) of May - November
- Plan to use their new home on scattered weekends throughout the year
- Bought purely as investment, and will rent until they can retire, or sell
- Bought to use when not rented as a vacation rental until they retire or sell

People rent their homes for varied reasons. There are about as many rental models out there as there are reasons to rent. (Note: Buyers who want to rent their homes should seek out someone with experience in all aspects of home rentals.)

Here's where The Ambitious Cycle comes into play. No matter what type of homeowner, each has an impact on Highlands sustainability and growth.

Many times, there is a change of use when a home changes hands, ie., where the seller rarely used the home, but the buyer plans to use the home as much as possible and take advantage of all of the area's offerings. If there were one or two such incidences, would it make a difference? Probably not, not much anyway.

Since January 1, 2015, there were 228 homes and condominiums sold in the Highlands Township according to our MLS. For the sake of this argument, let's say 25% of those buyers will use their new home at least 90 days a year, and let's say that half of those buyers bought from sellers that used their home less than 30 days a year. Are you starting to see the impact?

• See INVESTING page 13

## Loma Linda



Dog Boarding • Day Care  
 Pastoral Parks  
 In Home and Leash-free  
 Lodging in the lap of luxury.

**(828) 421-7922**

Highlands, NC  
 lomalindafarm@gmail.com  
 www.lomalindafarm.com



NC License # 10978

## Piano Lessons

• For All Ages • Beginning through Advanced •

Learn to: *Read Music • Play Classical*  
*Play by Ear W/Chords • Music Theory*

**\$20** Half-Hour Lesson  
 Once a Week

Downtown Franklin  
 Next to Bear Prints T-Shirts

**Frank Armato • (828)342-2470**

## Allan Dearth & Sons

### Generator

Sales & Service, Inc.

**828-526-9325**

**Cell: 828-200-1139**

**email: allandearth@msn.com**

Serving WNC & NE Georgia since 2002

## LAPSECO EXCAVATING



**Excavating**  
**Hydroseeding**

**Underground Utilities**

**Land Clearing**

**Water Falls**



**Pavestone Driveways & Parking Areas**

**Engineered Segmental Block Retaining Walls**

**828-369-0436 OR 828-421-0067**

## CHESTNUT STORAGE

Storage Units Available

Secure 24 Hour Access  
 Easy In - Easy Out  
 Great Rates - Great Terms  
 Call today to find out why we're  
 "Highland's Premier Facility"

**828-482-1045**



Look for our sign!

10890 Buck Creek Rd. - 1/2 mile off Cashiers Rd near the hospital

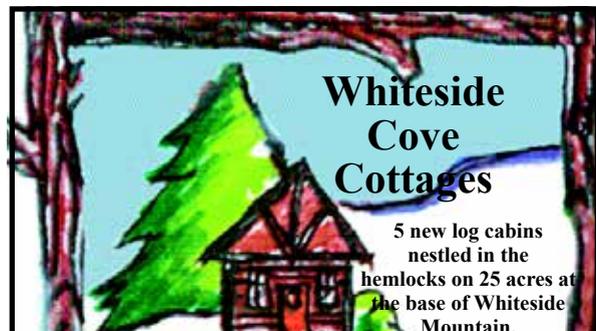
## Posh Paws



Open Year Round Tues.-Sat. 9-5

**FREE Tooth Brushing Service**  
 with every first visit!

**411 N. 4th St., Highlands • 828-526-9581**



## Whiteside Cove Cottages

5 new log cabins  
 nestled in the  
 hemlocks on 25 acres at  
 the base of Whiteside  
 Mountain.

**800-805-3558 • 828-526-2222**

## American Upholstery & Fabric Outlet

- Residential or Commercial
- Over 40 Years Experience
- Fast and Dependable
- FREE Estimates
- FREE Pick-up and Delivery



(Owners: Morris & Rachel Bible)

**(864) 638-9661 cell: (864) 710-9106**

## ...INVESTING continued from page 12

There are more and more home owners (and guests or renters) using our parking spaces, shopping in our stores, ice skating, swimming, hiking our trails, attending our churches, etc. The impact helps the FULL CIRCLE, which becomes The Ambitious Cycle.

But, we're only getting started. The next cog in the wheel is when the restaurant and shop owners, real estate offices, schools, doctor offices, etc. come to the realization "We're going to need a larger staff."

Enter the worker. Where do THEY come from? Hopefully from the Highlands, Franklin, Cashiers, Clayton areas. Those workers drive to and from work everyday, but don't have too much impact on The Ambitious Cycle. It's the workers that live too far away to commute – they have to rent or buy a place to live in order to work here. They are NEW shoppers, diners, insurance clients, etc. NOW see the impact?

NOW the circle is complete. We are at The Ambitious Cycle, and it all rolls back into real estate. We get multiple calls weekly asking for year-round home rentals; there is definitely a need for more.

We haven't even discussed the people who are coming to our town year-round just to visit for the day or long

weekend. Hopefully (or not depending on which ones you're talking about) those people will continue to visit and purchase properties.

As the word continues to spread that Highlands really is a destination – whether it's for weddings, reunions, spa get-a-ways, or just a respite from the heat of cities, The Ambitious Cycle will continue.

There has been a steady rise in our vacation rentals, and although we have a lot of two-three night rentals, there are still many that come for a month or more. The latter are the ones that tend to attend and participate in our churches, have and use library cards, dine in their favorite restaurants, not only shop in their favorite stores, but make sure their guests do as well, get manicures, their hair cut, hike our trails, join local organizations. Some renters eventually become property owners. It takes some of them just one stay to figure out how to make it happen, while it takes others years of planning to realize the dream of living in this mountain paradise.

• Jeannie and Tucker Chambers are owners of Chambers Realty and Vacation Rentals at 401 N. Fifth Street in Highlands. 828-526-3717 or [jsc@chambersagency.net](mailto:jsc@chambersagency.net).

## ...HOSPITAL from page 4

have additional support staff at the hospital from Mission Health to help us learn, but our focus will always be on the patient first."

The use of EHRs should reduce the number of duplicate tests that patients undergo, improve patient safety and allow physicians and care providers to access a patient's complete medical history whether they are at a hospital or doctor's office. The ultimate goal of using EHRs is to improve care for patients.

"Since transitioning to a Mission Health member hospital, HCH has received significant resources and staffing to help make the transformation to an EHR system a reality," said Jackie Ring, president and chief nursing officer or HCH. "By working on a common computer platform both here in Highlands and also in Asheville, we are building a strong regional health system to better serve the needs of patients in Macon County, Jackson County and across western North Carolina."

## ...MARKET from page 5

Bock said he's planning on serving "good affordable food" for breakfast and lunch – biscuits, hamburgers, hot dogs, etc. The fare will be take-out – no seating will be offered inside the store – but he may put picnic tables on the property either outside the entrance or in the grassy areas under the trees.

Hours of operation will likely be early morning until 9 p.m. in the off season and until 11 p.m. in season.

Bock hopes to wrap up all required permits in February and to break ground on the project soon after.

The board voted unanimously to send the plans on to the Zoning Board for the required Special Use Permit.

The Planning Board also OK'd the plans for the First Baptist Church extension and its request for B1 conditional zoning.

They requested foliage on the Oak Street side of the existing extension, if possible and that zoning reverts back to B2 if the church should ever change use.

– Kim Lewicki

## 24-Hour Emergency Service

**COMPLETE  
PLUMBING  
REPAIR**



**Licensed & Insured  
Repair Specialist**

**Serving Highlands, Cashiers, Sylva  
& Waynesville**

**Specializing in Sewer and  
Drain Cleaning and Repairs**

**We Get  
To the Heart  
of the Problem!**

**828-526-0536 • 865-314-9381**

**KEVIN PICKETT LLC**

*"Let me help you with your next remodeling project!"*

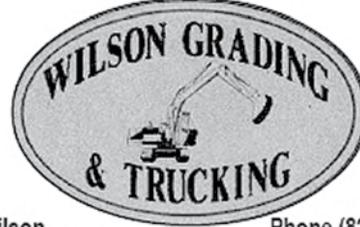
828-342-3500

[kpick64@yahoo.com](mailto:kpick64@yahoo.com)  
43 Holt Road, Highlands

Like me on FaceBook • Kevin Pickett LLC

**Natural Therapies.MD**  
*Bioidentical Hormone  
Replacement Therapy*  
**Beverly E. Gerard, M.D.**  
*Board Certified Gynecologist*  
706-782-1300  
[naturaltherapies.md@gmail.com](mailto:naturaltherapies.md@gmail.com)  
[www.naturaltherapies.md.com](http://www.naturaltherapies.md.com)  
**102 S. Main Street, Clayton, GA 30525**

Grading & Excavating • Certified Clearwater Contractor  
[www.wilsongrading.com](http://www.wilsongrading.com)



Edwin Wilson  
[wilsongrading@yahoo.com](mailto:wilsongrading@yahoo.com)

Phone (828) 526-4758  
Cell (828) 421-3643

**Larry Houston  
Rock Work**

**Walls • Fireplaces • Patios • Piers  
All Rock Work • Stucco**

**(828) 526-4138 or (828) 200-3551**

## Highlands Automotive

Service  
&  
Repair



NC  
Inspection  
Station

828-787-2360



2851 Cashiers Road • [highlandsautomotive.com](http://highlandsautomotive.com)

## Viva Wellness

*Stimulating Natural Healing*

- Healthy CBD Hemp Oil
- Whole Body Vibration
- Hydro-Massage Spa Capsule
- Far Infrared Sauna Capsule

828-526-1566

Dr. Kit Barker, PhD, Cellular Biology  
5 Cottage Row • U.S. 64 East

# • CLASSIFIEDS •

## HELP WANTED

### POSITIONS OPEN AT CHESTNUT

**HILL RETIREMENT CENTER** for C.N.A., MedAide, LPN, transportation and waitstaff. Apply at 24 Clubhouse Trail, Highlands, NC. (828)526-5251. (st. 1/28)

### WOLFGANGS RESTAURANT

**IS REOPENING ON FEBRUARY 12TH.** Looking for experienced wait-staff and bartender. Please call Jacque at 828.526.3807. (st. 1/21)

### SKILLED CARPENTERS NEED-

**ED.** Local 15Yr. Established Builder looking for experienced carpenters in all phases of construction. Payrate/Experience. Call or TXT for more info 828-421-6314. (st. 1/7)

### MANAGER, FULL-TIME-YEAR

**ROUND FOR BUSY INN/RESTAURANT IN HIGHLANDS.** Mgmt exp. required, preferably restaurant mgmt. Email resume to info@mainstreet-inn.com. (st. 11/12)

### THE HIGHLANDS BBQ CO. Is

seeking Servers, Hosts, Bartenders and Line Cooks. If Interested, Please call 828-200-1500 or Send a Resume to Highland-sBBQCompany@Gmail.com (st. 7/2)

### SALES ASSOCIATE FOR HIGH

**END CLOTHING STORE IN HIGHLANDS, NC** full time "with benefits. part time and seasonal. Must be available to work weekends. Retail clothing sales experience preferred. Please call 828-200-0928. (st. 4/30)

### VAC/SHORT-TERM RENTALS

### HIGHLANDS VACATION

**RENTAL DOWNTOWN.** 2/2 updated in 2014 with luxury master bath, king bed, marble & SS kitchen. Second floor condo two blocks off Main. Renovated like an Old Edwards Suite! W/D in unit, flat screen T.V., gas fireplace, off street parking. Available weekly \$1,000 plus utilities. Call 828-352-8519. (st. 12/25)

### LOTS/LAND FOR SALE

### LOT. 10 MINUTES FROM

**DOWNTOWN HIGHLANDS.** 2.01 acres with Mountain Ridge and Meadow Views between Bridal Veil Falls, Dry Falls & Cullasaja Falls, Gorge. Lot cleared, driveway and new septic system. Tax Value is \$89,410., Quick Sale at \$49,900. Firm. 828-200-0949. (st. 9/3)

### WOODED LOT W/ STREAM

**FOR SALE - MIRROR MONT AREA.** Berit Ln., 1.45 acres, 4-BR septic permit,

walk-to-town, Priced to sell. 770-861-4249.

(st. 7/23)

### ACRE LOT HIGHLANDS, NC

Corner Lot Highlands Glen, level with some gentle slopes excavation and foundation expenses would be reasonable, underground power installed. Stream runs year round could be configured to make a small pond, good water sources for well. Space for outbuildings or RV, boat storage. 6 Miles to downtown. \$27,000 possible owner financing 828-507-2066 (st. 7/2)

### COMMERCIAL FOR LEASE

### TWO UNITS THAT COULD BE

**ONE** - 1,200 sq. ft. each - on corner of 4th and Main, one of Highlands' busiest corners. For information contact Jim Bryson at 828-226-2911 (st. 1/14)

### RESIDENTIAL FOR RENT

### 3/3 OLDER FURNISHED HOME,

walk to town. \$1050/month plus utilities. Call 828-526-5558.

### RESIDENTIAL FOR SALE

### CABINS FOR SALE/RENT.

Located on Sawmill Road in Clear Creek. 4.63 acres. Call 828-526-2720. Price Negotiable. (st. 9/24)

### 2BED/2BATH 1.20 AC.

Fantastic views & Privacy \$88,999. Call 482.2050 706.782.9728. Cypresslanesale@facebook. (st. 8/7)

### SERVICES

### HIGHLANDS-CASHIERS

**HANDYMAN:** Repairs, remodeling, painting, pressure washing, minor plumbing and electric, decks and additions. Free Estimates. Insured. Call 421-4667. (9/17)

### ALL AROUND OFFICE SOLU-

**TIONS - Bookkeeping Services, Payroll Prep, Payroll Tax Prep, Billing Services, Virtual Assistant, Data Base Management, Administrative Services, Research Assistance, Quickbooks Set-up and Training.** Call Mary James at 828-421-0002 or email mjames@allaroundsolutions.com (st. 1/15)

### HIGH COUNTRY PHOTO/KEY-

**IN VINSON:** scanning photos, slides & negatives to CD or DVD for easier viewing. Video transfer to DVD. Everything done in house. Leave message at 828-526-5208. (st. 10/29)

### MOLD AND MUSTY SMELL IN

**YOUR HOME?** Call for free inspection. 828-743-0900.

## Service Directory Ads:

\$17/week BW , \$22/week color

## Classified Ads:

\$6 for 10 words; 20 cents each extra word.

Yellow/Cyan Highlight \$2/week

Color Photo \$5/week

Email verbiage and photo by 5p Mondays to:

highlandseditor@aol.com

## Larry Rogers

## Construction Company, Inc.

Excavating • Grading • Trucking Trackhoe

Backhoe • Blasting • Utilities

(828) 526-2874



# Have you Fixed Your Dirt Crawl Space?

## Dry Crawl Spaces

Crawl Space Encapsulation System®

There are three things that destroy materials in general and wood in particular: water, heat, and ultra-violet radiation, of these, water is by far the most destructive!

### Protect your home from:

- Mold
- Bugs
- Structural Damage
- Smells & Odors
- Loss of Storage Space
- Radon Gas
- Rising Energy Costs



**CleanSpace®**  
Crawl Space Encapsulation System®

The earth in your dirt crawl space is the major source of moisture in your home! This moisture is carried up into your house from the natural upward air flow created from rising heat. CleanSpace® is the answer.



Call for a **FREE Estimate on the CleanSpace®**  
Crawl Space Encapsulation System

DryCrawlSpaces.com •

828-743-0900



**dōTERRA**  
100% Pure Essential Oils

Available at  
**Jackson Hole Gem Mine**  
9770 Highlands Rd, Highlands  
**828-524-5850**



**COUNTRY CLUB PROPERTIES**  
Highlands Square Office  
**Real Estate**

**Country Club Properties**  
"Your local hometown  
Real Estate professionals."  
3 Offices 828-526-2520  
www.CCPHighlandsNC.com



**Main Street Inn & Bistro**  
828-526-2590 • mainstreet-inn.com

**Chambers Realty & Vacation Rentals**

Homes and Land  
For Sale  
Vacation Homes  
for Rent



526-3717 OR 888-526-3717  
401 N 5th St., Highlands  
www.chambersagency.net

**BERKSHIRE HATHAWAY**  
HomeServices  
Meadows Mountain Realty

**Andrea Gabbard, Broker**  
Has joined our team!

828.200.6742 • AndreaGabbard@Gmail.com  
828.526.1717 • MeadowsMtnRealty.com

**SILVER EAGLE GALLERY**  
Native American Sterling Silver Jewelry  
Crystals, Gems & Minerals



370 Main Street, Highlands, NC 828.526.5190  
www.silvereaglegallery.com



**HIGHLANDS**  
BBQ COMPANY  
Est. 2015

**BEST BBQ IN TOWN**  
595 Franklin Rd, Highlands  
828-526-5000

**CIRINO BOSCO**  
IS NOW AT  
**THE HIGHLANDS**  
BARBER SHOP

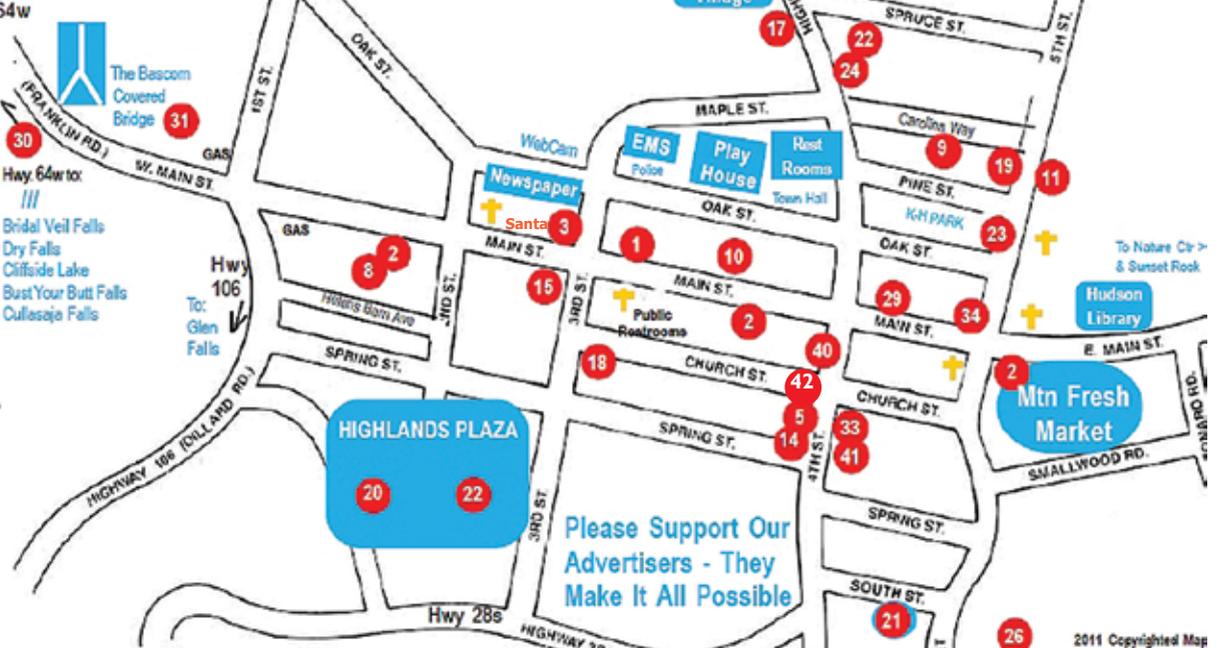
**OPEN ALL YEAR**  
DISCOUNTS  
FOR LOCALS!

NEXT TO BRYSON'S GROCERY  
(828) 482-9374

**LANDMARK**  
REALTY GROUP  
A ROYAL SHELL COMPANY



**BRIAN RENFRO**  
828-226-0118  
brianrenfro@gmail.com  
www.brianrenfro.com



**HIGHLANDS PLAZA**

Please Support Our Advertisers - They Make It All Possible

2011 Copyrighted Map

**WE FEATURE THE BEST**  
BBQ SMOKED BRISKET  
PORK, CHICKEN, & TURKEY

CASUAL AFFORDABLE  
FAMILY FRIENDLY DINING

CATCH ALL THE SPORTS  
ACTION AT HIGHLANDS BBQ



**Shiraz**

**Oriental Rug**  
Gallery  
526-5759  
Main St, Oak Square,  
Mon-Sat, 10-5  
Sun. 12-4

"Ace is the Place."

**Reeves**  
Hardware

At Main & 3rd streets  
Highlands 526-2157

**COMPUTER MAN**  
**ELECTRONICS**  
Help For All Your Technology Needs

526-1796  
479 South St., Ste. 5 • Highlands NC

**Sheryl Wilson**  
Broker  
Call:  
828-337-0706

**Pat Allen**  
REALTY GROUP  
www.patallenrealtygroup.com

sherylwilsonnc@gmail.com

**LANDMARK**  
REALTY GROUP  
A ROYAL SHELL COMPANY

**PAM NELLIS, BROKER**  
has joined our Highlands office!  
Find out what she can do for you. 828.787.1895

225 Main St., Highlands, NC | Office: 828.526.4663 | LandmarkRRG.com



**BROKERS:**

Pat & Deborah Gleeson  
828-782-0472  
Mary Newhart  
828-506-5663  
Julie Osborn  
828-200-6165  
Sherman Pope  
828-342-4277  
Cy Timmons  
828-200-9762  
Sheryl Wilson  
828-337-0706

# Pat Allen

## REALTY GROUP

www.patallenrealtygroup.com

**828-526-8784**

295 Dillard Road  
pat.f.allen@gmail.com



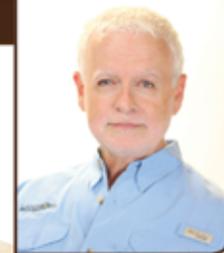
Pat Allen  
Broker-in-charge  
Cell: 828-200-9179  
Office: 828-526-8784

**FEATURED BROKER**

**Bob Radigan**

BROKER

CELL: 239-691-6240  
paradise@coconet.com



**LANDMARK**  
REALTY GROUP

A ROYAL SHELL COMPANY

www.TheNorthCarolinaMountains.com

www.LandmarkRG.com | 828-526-4663 | 225 Main St.



DAVID  
**BOCK**  
BUILDERS

www.BockBuilders.com 828-526-2240

Highlands  
Sotheby's  
INTERNATIONAL REALTY

**#1**

Broker

Highlands/Cashiers  
2010-2015 per  
HCMLS



Jody Lovell  
828-526-4104  
highlandssir.com

33

JACKSON HOLE TRADING POST  
& Gem Mine

Open  
7 Days a Week  
10a to 4p



9770 Highlands Rd., Highlands  
828-524-5850  
www.jacksonholegemmine.com

**WILD THYME GOURMET**  
RESTAURANT

Open Year-Round.

343-D  
Main Street.  
526-4035



Open for  
Lunch &  
Dinner daily

www.wildthymegourmet.com



www.firemt.com • (800) 775-4446

**WHITE OAK**  
REALTY GROUP

"Invest in Highlands, NC Real Estate ... and Invest in Your Life."<sup>SM</sup>



Susie deVille  
Broker-in-Charge  
(828) 371-2079



Leslie Cook  
Broker  
(828) 421-5113



Wick Ashburn  
Broker  
(828) 421-0500



Nancy Plate  
Broker  
828-226-0199



Emily Chastain  
Operations Manager  
(828) 200-6277

**WhiteOakRG.com**

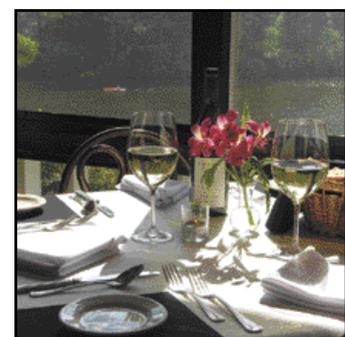
(828) 526-8118 • 125 South 4th Street

...on the Verandah  
Restaurant  
on Lake Sequoyah  
828-526-2338



Thank you for a  
wonderful 2015.  
We will reopen  
Valentines Day  
weekend!

www.ontheverandah.com



**M'CULLEY'S**  
CASHMERE



Scotland's Best Knitwear

Open 7 days a week

526-4407

"Top of the Hill"

242 S. 4th St.