

Highlands Newspaper

FREE Every Thursday

Volume 12, Number 45

Real-Time News, Weather & WebCams: HighlandsInfo.com

Thurs., Nov. 12, 2015

USFS seeking feedback about Nantahala and Pisgah National Forests plan revisions

The U.S. Forest Service National Forests in North Carolina is seeking public input in the Nantahala and Pis-

gah Forest Plan revision. The Forest Service is evaluating lands that might be suitable for inclusion in the National Wil-

derness Preservation System, which is a required part of the plan revision process. Also, part of this process is identify-

ing rivers that may be eligible for inclusion in the National Wild and Scenic Rivers System.

•See USFS page 3

• INSIDE •

Mayor on Duty.....	2
MileStones	2
Dining Page	4
Reflections	7
Events	12
Police & Fire	15
Spiritually Speaking.....	19
Classifieds	21

Health Dept. programs may end due to budgetary issues

Women, Infants & Children

In May, the Macon County Health Department's Women, Infants, and Children (WIC) program lost a nutritionist. In September, a second employed nutritionist left the program, leaving health department staff forced to contract with Greenville, NC based Nutrition Plus to fill the position. In one month, the county spent \$7,500 for the contracted services, which are a requirement for operating the WIC program. By December, if the contract continues, Macon County will not have enough funds available to continue the contract, which leaves the fate of the program in jeopardy.

The county has been advertising for a full-time staff nutri-

•See HEALTH DEPT. page 6



Photo by Jeff Sides

Highlands' Blakely Moore is 1A NC State Cross Country Champ

In the photo above, 16-year-old Blakely Moore approaches the finish line as she outruns 131 other girls from all over the state.

Blakely edged out Robbinsville's Shawnda Martin by two seconds.

Blakely has run cross coun-

try for Highlands School for three years and this was the first high school race she has ever won.

Her dedication to hard work and determination to excel was rewarded with a victory on a sloppy, muddy course in Kerners-

•See MOORE page 3



Photo by Monica Vinson

Pictured from left with their three coaches Chris Green, David Parrish and Kevin Vinson are Harrison Renfro, Austin Nichols, Colin Weller, Remy Adrian and Dylan Vinson.

HS Varsity Soccer wins Smoky Mountain Conference on Senior Night at home

During Senior Night at Highlands School on Friday, Oct 30, Highlands played Blue Ridge and won, which placed them with 10-0 in the Smoky Mountain Conference. The team went on to play the first round of State on Wednesday, Nov. 4, at North Stanly and won. They progressed to the second State round and due to field conditions and weather had to play Highland Tech at Brevard rather than home on Monday night, Nov. 9. Unfortunately, they lost 0-3.

The
SUMMER HOUSE
Home Furnishing Center
Open
Mon. through Sat.
9a-5p
Sun., noon -5p
2089 Highway 106
828-526-5577

Twigs
REALTY GROUP
66 Highlands Plaza, Highlands
www.twigsrealtygroup.com



Walk-to-town, 1.26 acres.
\$415,000 MLS# 81055



Walk-to-town, 3.7 acres
\$588,000 MLS #81481



In-town Mirror Lake
\$388,000 MLS# 81482

Walk-to-town/In town Turnkey Furnished

Contact Mal Phillips 828-200-2642

• THE PLATEAU'S POSITION •

• MAYOR ON DUTY •

Writing this column every Monday has become a ritual for me.

When I ran for office I promised to communicate and keep citizens informed about town government. To my surprise this column has been a good way to communicate with constituents. The Ask the Mayor radio program has also been effective. Each week I write a column on Monday and record a radio program Friday. I receive substantial feedback in the form of suggestions, questions and different perspectives. My challenge here in November, especially after being laid up with my knee surgery, is that for now I have no pressing issues to write about. Town government is at a lull with the conclusion of a very robust autumn season. So let me share just a few random thoughts here at midpoint in my term as mayor. I am just speculating and looking down the road.

I believe there are several national and world trends that will directly impact Highlands. At the risks of beating a dead horse, new technology and changes in the



Mayor Pat Taylor

environment will alter our lifestyle, just as they have and will for everyone on the planet.

I will probably buy a new car after Christmas. I like to purchase a vehicle and drive it for at least 100,000 miles, or for 10 years or more. That strategy may be obsolete. Cars will be very different well before that 10-year cycle. I'm reading about hands-free driving, and driverless vehicles.

Some folks contend that technology is far away, but I am not so sure. It may be around the corner. Also the mileage we get with current fuel systems could radically change.

Toyota is about to invest billions of dollars on artificial intelligence technology. The assumption is that it will be applied to their vehicles, but Toyota intends to go beyond just vehicles to developing robots capable of an array of functions. For instance, scientists are close to building robots that assist handicapped and senior citizens in living independently. Being hobbled myself for over a month, I really appreciate the potential of such technology.

•See MAYOR page 6

Highlands Newspaper

Toll Free FAX: 866-212-8913

Phone: (828) 200-1371

Email:

HighlandsEditor@aol.com

Publisher/Editor: Kim Lewicki

Copy Editor: Glenda Bell

Digital Media - Jim Lewicki

Locally owned and operated by

Kim & Jim Lewicki

Adobe PDF version at

www.HighlandsInfo.com

265 Oak St.; P.O. Box 2703,

Highlands, N.C., 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

Letter Policy:

We reserve the right to reject or edit letters-to-the-editor. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands Newspaper.

Food Pantry volunteers needed

The Food Pantry of Highlands is looking for volunteers to work one Monday a month 3:30-5:30 p.m. helping with food distribution.

Please contact: Sharon Giddens at: Email Address: highfoodpantry@yahoo.com or call Sharon Giddens @ 828 482-0558.



• MILESTONE •



Photo by Kay Moore

Highlands team is MC U8 Soccer Champion!

Macon County U8 Soccer Team stands with coach Keith McKim. The team won the U8 Championship game on Saturday in Franklin against the Panthers. They won 1-0 in overtime. Pictured from left are Nicole Taylor, Natalie Edgens, Jaylin Raby, Chloe Billingsley, James Moore, and Aniah McKim.

Bolivian exchange student earns 'letter'

Marcelo, 18, this year's exchange student from the foster home in Bolivia which is part of Highlands' and Dr. John Baumrucker's Bolivia Mission is shown with his athletic letter earned at his school in Olympia, WA. He will return to Bolivia in June.

Though Rotary in NC doesn't have a convention with Bolivia, the Highlands Bolivia Mission supports the student exchange. Currently, Marcello is a senior at John Paul II private Catholic School in Washington. Last year Pablo and Eluterio were in Highlands.

Next year the mission hopes to once again host another student from the Bolivia Foster Home here in Highlands.



...USFS continued from page 1

"We are looking for information you may have about these areas that can inform the evaluations. No decisions have been made, and we are not at the stage of making recommendations," said James Melonas, acting Forest Supervisor. This evaluation is the second step of a multi-step process. Evaluating these areas does not indicate the areas will be managed a certain way in the forest plan.

There are two ways to review and submit information. Maps of these areas along with the evaluation forms are available on the website at Wilderness and Wild and Scenic Rivers Evaluations. A public meeting is scheduled November 16 where maps and evaluation forms will be available for review and submission.

The meeting will be on Nov. 16 from 6 to 8 p.m. Mountain View Room in the Wilma M. Sherrill Center & Kimmel Arena, University of North Carolina Asheville.

As the process progresses, there will be additional opportunities to provide input on the wilderness and wild and scenic river evaluations.

Forest Service offers \$1,500 for information on vandalism at the Nantahala River launch site

Vandals destroyed the restroom doors at the U.S. Forest Service Nantahala River Launch Site on State Rd. 1310 in Macon County on the Nantahala Ranger District. Additional damage was discovered to fixtures in the restrooms. The damages are estimated at \$4,500.

The restrooms were closed and winterized with signage on the door directing people to an alternative vault toilet. "It is sad that a few spoiled and selfish individuals think that it is acceptable to destroy the public's property, because they have to walk 50 feet and use another toilet," said Mike Wilkins, U.S. Forest Service District Ranger, Nantahala Ranger District.

The vandalism took place between the afternoon of Monday, Nov. 2 and Tuesday morning, Nov. 3. The Penalty for Damage to Government Property, under 18 USC 1361, is a fine up to \$100,000 and imprisonment up to 10 years. A \$1,500 reward is being offered for information that will lead to the arrest and conviction of those involved.

Anyone wishing to provide information should Contact, Brian Southard, Special Agent at 828-200-4049.

Prescribed Burns Across all Four National Forests in the coming months

Over the next several months, the U.S.
 ●See USFS page 6



Photo by Jerry Moore

...MOORE continued from page 1

ville, NC last weekend. Blakely is the first state champion in any sport in Highlands School's history.

Her brother Davis Moore finished third last year and that was the best ever in Highlands School's history until his sister's victory this year.

Davis now runs for Lee University.

Blakely is coached by Morris Williams, a member of the Highlands Roadrunners.

She is the daughter of Jerry and Kay Moore of Highlands. "Highlands School is extremely proud of her accomplishments," said Head Coach Brett Lamb.



Nights on Main

One Night at 200 Main Plus Dinner For Two at Madison's

Package From \$210 Per Night*

Call 828-787-2625 | Or Visit 200Main.com

*Rate varies depending on rooms and dates booked.
Package available: Sunday - Thursday Nights, excluding holidays.
Based on Double Occupancy. Does not include tax or gratuity.

MOUNTAIN TOP WINE SHOPPE

Napa Technology Wine Stations

Always 16 wines to taste and enjoy!

Somm Series with Nick "Worldwide Bubbles"

Wednesday, December 9, 6-8 p.m.

Tickets \$30 per person

Perfect for the Holiday season!

Need wine for Thanksgiving?

We have the lowest prices in town and

Can special order what you need to make Thanksgiving PERFECT

Open Monday - Saturday

269 Oak Street

Across from Reeves Hardware

(828) 526-4080

www.mountaintopwineshoppe.com

Like us on Facebook

Facebook.com/mountaintopwineshoppe



Your local wine shoppe with over 750 hand-selected wines and the best prices in town!

• HIGHLANDS AREA DINING •



**100%
Mexican
Food!**



Every
Wed. and Thursday
FREE SOUP

Open Tues.-Sun. • 11a to 10p
526-0608 • 30 Dillard Road • Highlands

Bistro
— ON MAIN —
— a restaurant

at The Main Street Inn
270 Main Street (828) 526-2590

Open for Lunch & Dinner

**Make Your Thanksgiving
Reservations Now!**

WOLFGANG'S
RESTAURANT & WINE BISTRO

Celebrating our 21st Season



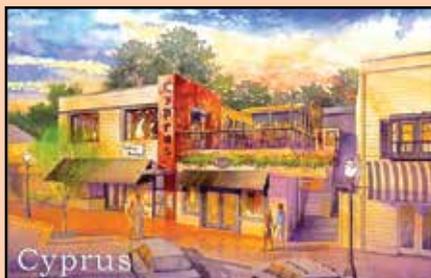
Open Daily • Closed Tuesdays

Bistro Service Starts at 4 pm • Dining Room Service Starts at 5:30 pm

WOLFGANG'S
RESTAURANT & WINE BISTRO

828.526.3807

Cyprus International Cuisine



Lunch weekends 11a-4p
Dinner: 7 nights a week 5-9p
For reservations call: **526-4429**
Main Street • Highlands

The LOG CABIN

Serving comfortable Italian, steaks & seafood

Casual dining in an historic 1924 log cabin
Just off Main Street at 130 Log Cabin Lane

Dinner Wednesday – Sunday nights at 5 PM

828 526-5777

reservations recommended

www.LogCabinHighlands.com

Golden China

Listed in '100 Top Chinese Restaurants in USA'

Lunch Buffet

LUNCH:

11-2:30, M-TH \$7.95

Friday: Seafood Buffet \$8.95

Open Monday-Saturday

11a to 9:30p

Menu available, too

Wine & Beer • No MSG

In-town delivery w/\$15 order

Highlands Plaza • 526-5525



**ONLY
BUFFET
INTOWN!**

828-526-4035



Serving Lunch and Dinner Year-Round.
Gourmet Foods, Full Service Bar
Town Square at 343-D Main St. • Highlands

Serving Lunch Daily
11a to 4p
Serving Dinner from
5:30p
7 days a week

Paoletti

'Our 31st Year'
526 • 4906



**DINNER
&
BAR
FROM
5:00
WED.
THRU
MON.**

WWW.PAOLETTIS.COM

Asia House

Japanese • Asian • Thai • Hibachi Cuisine

Open Year Round 6 days/wk

Mon, Tues, Thurs. 11a to 10p

Fri., & Sat., 11a to 11p

Sun., noon to 10p

CLOSED WEDNESDAYS

828-787-1680 or 828-787-1900

We Cater!

151 Helen's Barn Ave., Highlands

• HIGHLANDS AREA DINING •



Coffee • Espresso Drinks
Smoothies • Hot Soup
Paninis • Baked Goods

On Main Street • Highlands
7 days a week • 7a to 6p • 526-0020

Sports Page Sandwich Shoppe

Serving Breakfast & Lunch.

Monday-Saturday
Breakfast: 7:30-10:30am
Lunch: Until 2:30pm
Full cooked-to-order breakfast &
Daily Lunch Specials.

314 main Street, Highlands
(828) 526-3555

Now Showing!  Highlands Playhouse

Bridge of Spies

Rated PG-13 | 141 min

All Tickets \$9

Showtimes: Fri. November 13 @ 2,5 & 8 PM
Sat. November 14 @ 2, 5 & 8PM
Sun. November 15 @ 2, 5 & 8PM
Mon. November 16 @ 2, 5 & 8PM
Thurs. November 19 @ 2PM ONLY

 FANDANGO

highlandsplayhouse.org

362 Oak St



828 526 2695


HIGHLANDS
BBQ COMPANY

Estd.  2015

NOW OPEN
11am - 9pm

828-526-5000
595 Franklin Road • Highlands, NC

LAKESIDE RESTAURANT CELEBRATING OUR 26TH SEASON
A unique fine dining experience on Harris Lake in Highlands featuring fresh seafood, an extensive wine list and excellent service.
Now offering outdoor dining!

November Hours:
Thurs.-Sat. from 5:30 p.m.
Closed Thanksgiving Day

Serving Dinner from 5:30p • Tuesday - Sunday
531 Smallwood Ave – on Harris Lake
www.lakesiderestaurant.info • 828-526-9419



...on the Verandah
Restaurant
on Lake Sequoyah
www.ontheverandah.com
US 64 west • Highlands

Open for
Dinner nightly
at 5:30p.
Also
Sunday Brunch



828-526-2338

Hand-tossed - thick, thin, pan
Gluten-free & Whole Wheat, too

**The
Pizza
PLACE**

6"•10"•14"•16"•20"pies

Specialty Sandwiches, Hot Dogs & Salads,
Domestic & Imported Beers

Open 7 days a week from 11 a.m.
365 Main Street • Highlands • 526-5660

Fressers
Courtyard Cafe & Catering
Fun, Casual Fare
Place
Thanksgiving Orders Now!

Open 6 days a week

Call About Our Catering Services!

828-526-4188 • 470 Oak Street



OPEN ALL DAY, EVERY DAY

Highlands-Cashiers Hospital is committed to providing quality healthcare to our friends and neighbors.

WE OFFER FIRST-CLASS:

- Emergency services
- Radiology services
- Diagnostic services
- Laboratory services
- Outpatient services
- Inpatient services
- Rehabilitation services

To learn more about our programs and services, visit hchospital.org



...MAYOR continued from page 2

ogy. There are prototypes of four-legged robots with gaits steadier than horses!

Telemedicine, robotic surgery and automated pharmacies are on the way. Many positions in the service sectors are on the verge of replacement by artificial intelligence. These disruptive technologies will change the way we live and work. Painful changes are ahead, yet at the same time wonderful opportunities will emerge.

Another challenge facing Highlands is the changing climate. Highlands plateau is a sensitive temperate rainforest ecosystem with a yearly average of 98 inches of pre-

cipitation and winters with below zero temperatures. Whether one believes in global temperature change or not, Highlands, possibility due to extensive regional development, has seen significant shifts in temperature patterns in recent decades. How this climate change will impact the plateau is still an unknown.

With these impending changes, smart planning and sustainable growth will be essential. Community cultural and social institutions will also be affected by these developments.

...USFS continued from page 3

Forest Service will be conducting several prescribed burns across the four National Forests in North Carolina -- Croatan, Uwharrie, Nantahala and Pisgah. The agency will notify the public when the decision is made to conduct prescribed burns in their area. The Forest Service may close area trails and roads the day before the prescribed burn.

“The safety of the public and firefighters is the number one priority,” said Riva Duncan, Fire Management Officer with the National Forests in North Carolina. “The public is asked to heed signs posted at trailheads and roads and to stay away from burn areas and closed roads and trails.”

Prescribed burning is an important and versatile forest management tool that can mimic historically natural fire disturbances, reduce hazardous fuels buildup, and improve habitat for a variety of wildlife.

Prescribed burns promote the growth of herbaceous plants that provide food, such as fruit, for wildlife including important game animals such as deer and turkey. Prescribed fire is an essential ecological process for restoration and maintenance of longleaf pine ecosystems.

All prescribed burns are analyzed by a team of specialists to ensure the wildlife, fisheries, rare plants and historic sites are not harmed. Burning days are fluid because the proper weather conditions are needed to achieve desired results. Prescribed burning will only occur when environmental conditions permit; wind and relative humidity are key factors in fire behavior, safety and smoke control. The Forest Service is required to meet state air quality requirements and will conduct smoke modeling to reduce the possible effects of smoke emissions. The proper personnel and equipment will be on site during the prescribed burn

...HEALTH DEPT. continued from page 1

tionist, two in fact, a Nutritionist I and Nutritionist II, but according to Lynn Baker, Population Health Administrator for the health department, the county has had no luck.

WIC is federally funded and is administered by NC Health and Human Services. The program provides food and nutrition education to low income, pregnant, postpartum, and breastfeeding mothers as well as infants and children under the age of the five years old.

“We cannot operate our WIC department without a nutritionist. Clients can’t just come in and get food vouchers, they have to have the nutrition education,” Baker said at the last Board of Health meeting. “We are going to run out of money eventually, and that is all the money we could find in our budget to contract out for these

services.”

To date, the WIC program has been self-sustaining year after year due to federal funds. The program has never been subsidized by county dollars, but without being able to fill the current vacancies, that might change. When funds expire, the health department will either have to go to the county to ask for money to increase the salaries for these positions in the hopes of attracting candidates for the jobs, or identify other areas in the health department to take money from to increase the salaries.

By law, the program is required to have either a nutritionist or nurse on staff to provide nutrition education to its clients. Without applicants to fill the open positions, Macon County’s contract with

• See HEALTH DEPT. page 9

REFLECTIONS

Forgetful? Who me?



Kathy Penn

There are times I'd prefer to remain ignorant. That was my reaction when I read the WSJ article, Does Being Stressed Out Make You Forgetful? It rang all too true for me. Does it seem to you that the more you have going on, the more forgetful you are? Or perhaps it depends on the type of stress in your life. Dr. Sinha, a Yale professor, explains there are two kind of stress—controllable and uncontrollable—and both leave marks on the brain.

Controllable stress at work could be not making time to rehearse before a presentation. In that case, your “mind will remember that experience, and you will allow for more time...” to prepare before you make your next presentation. I'd consider that a beneficial mark on the brain. Less beneficial are uncontrollable stresses, like the death of a loved one or the loss of a job, which also leave marks on the brain.

Dr. Sinha shares this example:

“The brain grasps an uncontrollable threat very quickly and can retrieve relevant information immediately when presented with the same acute stress again... When you are out alone on a street at night, your stress response might help keep you alert the next time you are alone and feel in danger. That experience sharpens the mind and encodes an impression,” she says.”

Now that example doesn't seem too threatening to me, but the link between stress and memory sure does. Studies show that “multiple simultaneous stresses...lead to poor memory retrieval.”

That would certainly explain why last year was such a struggle for me. When my Mom's health was deteriorating (uncontrollable stress) and I was running back and forth to doctors' appointments, talking to my sister daily about what to do next, and contacting EAP and even-

tually hospice—all the while working a pretty demanding job—I forgot plenty of important things. I failed to include my usual meticulous documentation when I sent the tax paperwork to our accountant; I missed paying at least one bill, and I backed into the garage door one morning because I flat-out forgot to hit the garage door

opener like I routinely do before even getting in the car.

Dr. Sinha believes we can come back from those kinds of stress-related memory losses, but the most disturbing bit in the article was the relationship between stress and dementia. That's the part I'd just as soon not know:

“Recent studies have shown the risk for dementia and other memory-related illnesses rises significantly the more people encounter uncontrollable stress. Dr. Sinha says studies using brain scans show that loss of a significant other or witnessing violence does take a toll. ‘Research has shown that whole branches of brain cells can shrink and start to disappear,’ she says. ‘That doesn't mean that if you get divorced, you'll get dementia. But the risks are there.’”

The brain can heal itself in many cases, but studies have not yet determined which types of memory loss are reversible. We can't avoid controllable and uncontrollable stress, but we can manage stress by doing all the things we read about regularly: eat right, get plenty of sleep, exercise and limit our multi-tasking. How many times have we heard these health and stress-reduction tips? It's not that we forget them—we just choose to ignore them. Well, now I'm inspired. I already follow every one of those tips except the piece about avoiding multitasking. Ohmmmm....Do you hear me chanting, “One thing at a time, one thing at a time?”

• *Kathy Manos Penn is a Sandy Springs, GA, resident who works in corporate America and writes for the Dunwoody Crier. Read more of her musing at TheInkPenn.blogspot.com.*

COREY JAMES GALLERY Objects d'art and Estate Consignments Open Everyday!

On the
corner of
3rd &
Spring

(828)
526-4818



Whole
Life
Market
Natural Products Store

Carrying a wide variety of natural products for your Mind, Body & Home.

NECTAR
Juice Bar

Organic Fresh Juices & Smoothies
and Salads To Go!

526-5999

Corner of Foreman Road & Hwy 64 east
Mon-Sat 10a to 5:30p

We are sad to announce our
STORE CLOSING SALE

Sidelines
GAMEDAY
Apparel and Accessories
NOW INSIDE THE HEN HOUSE

Women's Collegiate Gameday Apparel • \$5-\$19.99
(Values to \$89.95)

Men's Collegiate Gameday Apparel • \$14.99-69.99
(Value to \$149.95)

ALL Food Items 15% to 70% OFF!

MONDAY-THURSDAY 10:30-5:00
FRIDAY AND SATURDAY 10:00-5:00
SUNDAY 12:00-4:00

We Ship UPS
488 E. Main Street
Highlands, NC 28741
(828) 787-2473

Last Day: Monday, Nov. 30, 2015

Advertising in Highlands
Newspaper or on line at
www.highlandsinfo.com WORKS!
For information email
highlandseditor@aol.com

BREAKFAST • LUNCH • DINNER • GRILL WOOD • FIRE PIZZA
 COFFEE • BAKERY • ESPRESSO • WINE • CRAFT BEER
 BUTCHER • ARTISAN CHEESE • OIL AND VINEGAR



MOUNTAIN FRESH GROCERY



COOKING FOR HIGHLANDS

BREAKFAST

Full breakfast made to order every morning until 11:00 am
 Cage-free eggs, waffles, french toast, sausage, ham, homemade biscuits, muffins, croissants. Espresso bar and coffee roasted in-house.

LUNCH & DINNER

Grill

Every day from 11:00am - close
 Fresh angus burgers, fresh Natural chicken breasts, fish or chicken tenders, cooked to order, hand-cut fries, salads, homemade soups, daily specials.
See our website for more info.

Pizza

Every day from 11:00am - close
 Authentic Neapolitan and NY deck oven pizzas made from scratch. Pasta bowls, daily specials and weeknight dinner specials.
See our website for more info.

Soup & Salad Bar

Mon-Sat 11:00am - close
 Fresh salads, homemade dressings, soups, chili and more.
 \$9.99 each (dine in) or \$9.99 a pound (to go)

Weekday Lunch Special

Monday - Friday 11am to 2pm
 Pizza, pasta, soup and salad bar
 Continuous fresh pizza from our pizza ovens, pastas, fresh breads from our bakery, plus the entire soup and salad bar... \$9.99 each (dine in) or \$9.99 a pound (to go)

SUNDAY SOUTHERN BRUNCH BAR

Every Sunday from 11am - 3pm
 Skillet fried chicken, country angus steak, skillet corn, biscuits & preserves, mashed potatoes, veggies, cobbler, plus the entire soup & salad bar.
 \$11.99 (dine in) or \$9.99 a pound (to go)

PREPARED FOODS

A large selection of take-away items fully prepared, ready to take home including grilled pork loins, homemade mac & cheese, mashed potatoes, herb-rubbed chicken, made-in-house bbq, chicken salad deli salads & much more!

DINNER TO GO

A different full dinner every night.
 Serves four serving Monday through Saturday from 4:30 until we sell out -
 Call ahead to reserve.

Monday: choose either:

Four chicken and four cheese enchiladas, refried beans, monterey rice, homemade tortilla chips, salsa, shredded lettuce, tomatoes, sour cream.

Or...

24 buffalo wings or 2 lbs chicken tenders and hand cut fries.
 \$20.95 serves four.

Tuesday: Made in-house Italian sausage lasagna and a large house salad.
 \$20.95 serves four

Wednesday: Chicken or steak pot pie and a large salad.
 \$20.95 serves four

Thursday: Roasted meatloaf with mashed potatoes, gravy and a large salad.
 \$20.95 serves four

Friday: Wild caught fried shrimp, baked potatoes, hush puppies & coleslaw.
 \$23.95 serves four

Saturday: In-house smoked bbq, coleslaw, apple and bacon-baked beans, and yeast rolls.
 \$20.95 serves four

Weeknight Pizza Special:

Monday through Thursday 4:30 to close
 16 inch New York style pizza with up to 5 toppings or baked pasta with either italian sausage or chicken. Both come with garlic bread and salad.
 Serves four for \$20.95

WINE MARKET

Browse our *Wine Spectator* award-winning selection of wines w/ the best pricing in town. Run by a friendly & knowledgeable staff. Beer & wine available by the glass while you dine & shop.

BUTCHER

We sell only 100% premium angus beef, hand-cut in house. Stock up for the weekend every Thursday with 35% off all steaks and ground beef. Then stop by the take-out case to complete your dinner with twice baked potatoes, fresh salads and more!

SPECIALTY CHEESES

Dozens of cheeses, tapenades, olives and specialty items to choose from including our made in-house crackers.

BAKERY

Fresh loaves, baguettes, pastries, pies, layer and specialty cakes. Everything made from scratch.

STORE OPENS MONDAY - SATURDAY AT 7 AM & SUNDAY AT 8 AM
 Corner of Fifth & Main, Highlands NC • (828) 526-2400 • Visit us online at www.mfgro.com

...HEALTH DEPT. continued from page 6

Nutrition Plus was set up to fill the void.

The contract was set not to exceed \$36,000, which is the amount generated in the health department's budget from back unpaid WIC salaries. Baker noted that by January, that money will have all been spent and additional funds would be needed to continue to contract with nutritionists or Macon County will not be able to continue providing WIC services in the health department.

Baker informed members of the Board of Health that the positions being advertised have not been able to be filled because the salaries are not competitive when compared to nearby counties. In Jackson County, a Nutritionist I starts at \$40,000 compared to \$29,268 in Macon. A Nutritionist II in Jackson starts at \$48,808 compared to \$33,881 in Macon.

Denture Program

In 2012, the Macon County Department of Public Health decided to begin providing denture services at the county's dental clinic.

In the program's first year, the dental clinic saw 49 patients for dentures, which came at a cost of \$14,000. The following year, the program nearly doubled, seeing 73 patients at a cost of \$20,000 in lab fees. Last year, although the number of patients seen for dentures decreased to 68, the lab costs increased to a program high of \$26,000. Jimmy Villiard, personal health section administrator for the health department presented the numbers to members of the board of health during the October meeting and cautioned against the program's sustainability.

"Our recommendations are that since we are not breaking even and are taking time away from other patients and procedures that we cut the denture program," said Villiard. "The only other option is to ask the county for more money to fund it."

In Macon County, there are no private practices in operation that accept medicaid for dentures. Those seeking such services have to go to Asheville, which because of the distance, is not always easy, which is part of the reason the program was established to begin with.

When the program was presented to commissioners for consideration in 2012, it was thought that a denture program would not be a cost generating program, but instead would allow Macon County Health Department to break-even while

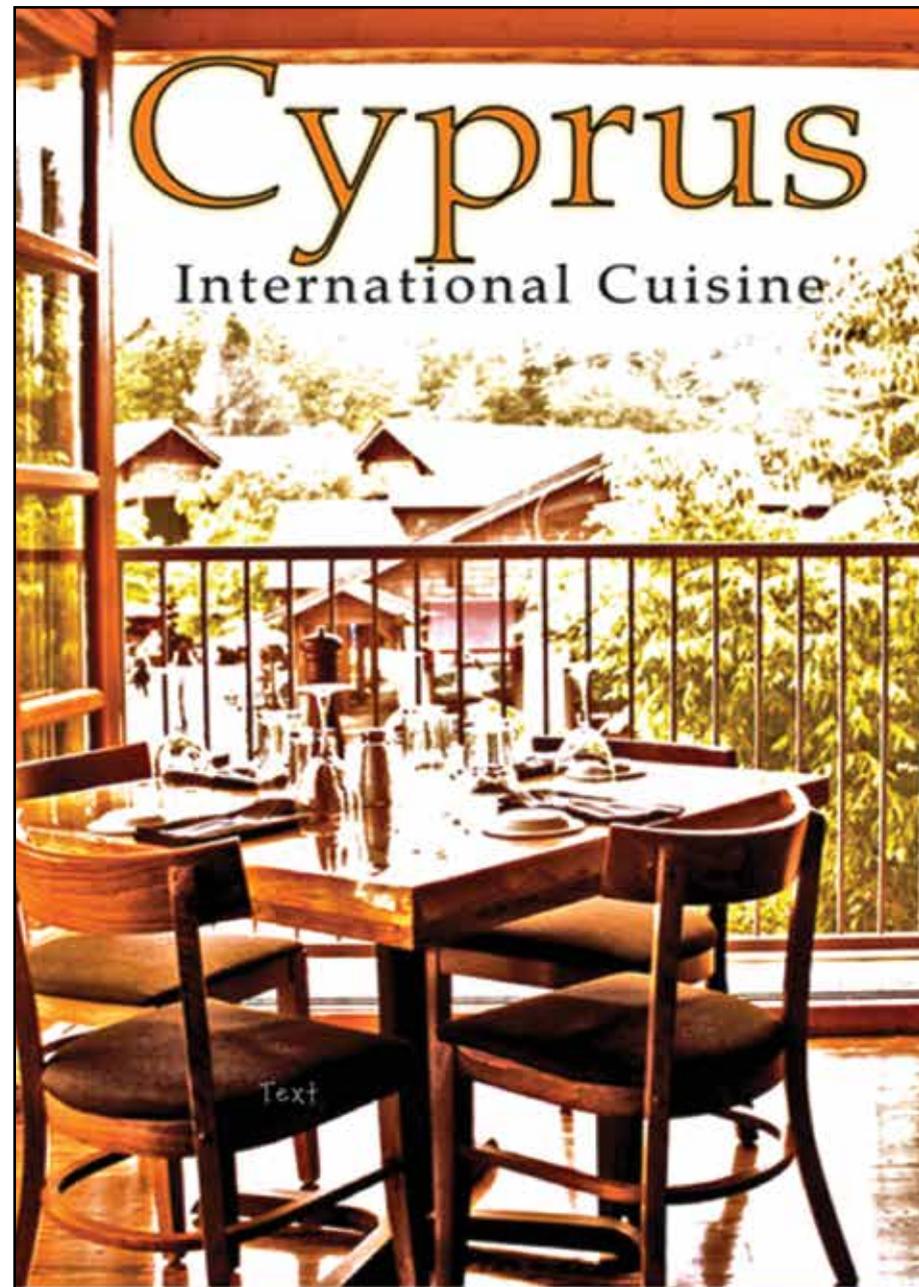
providing the needed services. With a growing demand and waiting list for dentures, last year, the program did not break-even and ended up costing \$3,600 more than it generated.

To avoid the same thing from happened again this fiscal year, the health department put a cap on the amount of money to be spent on denture-related lab costs. Lab costs from dentures are not just the initial procedures to fit someone with dentures, but as the health department has realized in the years since inception, lab costs continue to grow due to maintaining dentures and additional fittings and repairs. Villiard explained that as it stands right now, there is a pile of more than 40 applications for people wanting dentures, and without having supplemental money for the program, outfitting the demand for dentures would eventually make the county's entire dental program unable to be profitable and continue.

Bruckner said the time it takes to fit patients with dentures ties up the staff's time. As it stands, there is not currently a wait for patients wanting services at the dental clinic aside from dentures. In fact, there are actually gaps in the schedule, which Bruckner believes is because people are forgetting that the county has a full dental clinic rather than just a denture clinic. Before dentures were offered in Macon County, Bruckner said the county's dental clinic was steady and rarely had open appointments.

Understanding that in the event Macon County' denture program no longer operates, Bruckner said an emphasis should be placed on connecting patients with service options in Asheville. He informed the board of health that Macon County Transit makes regular trips to and from Asheville and could help with transportation problems patients may experience. He also said that the county's denture program is actually hindering patients from getting denture services in a timely manner because while they wait for approval from Macon County in a pool of more than 40 applicants, patients could be going to Asheville for the same services, much quicker.

Macon County will continue providing denture services through the end of the year, operating until the predetermined \$15,000 cap is reached. When budget discussions are started for the next fiscal year, the board is expected to reevaluate the denture program and make a final decision then.



Taste the World

*Cyprus International Cuisine - World Tour Menus
The Most Exciting Dining Destination in Highlands*



**World Tour Menus Weekly
Dog Friendly Sundeck
Open 7 days a week for Dinner
Lunch Served Weekends 11a to 4p**

**332 Main Street - 828-526-4429
www.CyprusHighlands.com**

MC Dept. of Social Services now taking applications for LIEAP and CIP

Low-income home energy assistance program to take applications

The Low Income Energy Assistance Program (LIEAP) provides for a one-time payment to heating vendors to help income eligible households pay their heating bills. Priority is given to low-income households with a family member 60 years and older or families in which a member is a disabled adult receiving services through the Division of Aging and Adult Services.

Starting December 1st income eligible households must have EITHER:

- an elderly person age 60 or over living in the home; OR
- a disabled person receiving services through the Division of Aging and Adult Services (DAAS)

Starting January 1st (if LIHEAP funds are still available) applications will be accepted for all low-income individuals and families.

Crisis Intervention Program (CIP)

The Crisis Intervention Program (CIP) provides assistance for heating low-income households that are in immediate and life-threatening crisis. If assistance is approved, the crisis must be able to be alleviated. Households may be eligible to receive assistance more than once until their yearly cap is reached. Heating assistance includes: electricity, wood, fuel oil, kerosene, or LP gas only.

Other criteria include but are not limited to:

- one member of the household must be a US Citizen; AND
- you must have 10% or less LP gas in your tank; OR
- 15 inches or less of fuel oil or Kerosene; OR
- less than 1 cord of wood (stacked 4 feet high x 8 feet long x 4 feet deep); OR
- a disconnect notice from Duke Energy or Haywood Electric Company.

Applications taken Monday- Friday 8 a.m. – 4 p.m.

**Macon County Department of Social Services
1832 Lakeside Dr. Franklin, NC**

No appointments will be made for LIHEAP or CIP

• BIZ/ORG NEWS •

The Land Trust for the Little Tennessee is now Mainspring Conservation Trust



MAINSRING CONSERVATION TRUST

The Land Trust for the Little Tennessee (LTLT) is pleased to announce that effective January 1, 2016 it will become Mainspring Conservation Trust. The new name is the result of a multi-year process, and was formally adopted by the board of directors at its June 2015 retreat.

“The need for a new name is a positive one: we have outgrown the Land Trust for the Little Tennessee, both in project area and mission,” says Executive Director Sharon Taylor. “Mainspring Conservation Trust is the name that will carry us into the future. Mainspring is an ideal word because it defines what we have become — the chief or most powerful motive, agent or cause” for conservation in the heart of the Southern Blue Ridge.”

The term mainspring describes the principal spring that keeps a mechanism, specifically a watch, moving. Another definition is more relevant to LTLT’s work: a mainspring is “something that plays a principal part in motivating or maintaining a movement, process, or activity,” a driving force, a prime mover, a reason, a generator, an impetus.

Originally founded as the Nikwasi Land Trust in 1997, the organization became the Land Trust for the Little Tennessee in 1999. In the years since it has expanded its project area beyond the Little Tennessee River watershed into the Tuckasegee and Hiwassee watersheds. LTLT now works in

Cherokee, Clay, Graham, Jackson, Macon, and Swain counties in North Carolina, and in the northern portion of Rabun County, Georgia.

The organization’s work has also broadened beyond traditional land trust projects, to include sustainable forest management and land and water restoration. When LTLT merged with the Little Tennessee Watershed Association in 2012, its work expanded further to include programs related to water, education and research.

“It gives me hope to see the organization strengthening as a regional conservation leader,” says Founding Director Paul Carlson. “Part of that is embracing a new name that is as relevant in the valleys of the Tuckasegee and Hiwassee as in the Little Tennessee.”

Though the name is changing, the mission remains the same. Mainspring Conservation Trust will continue to be dedicated to conserving the waters, forests, farms and heritage of the Southern Blue Ridge. The 18-year-old nonprofit will continue with the wise strategic planning and visionary thinking that grew LTLT out of its own name, and into Mainspring Conservation Trust.

For more information or to view a short video about the new name, visit www.ltl.org. The new name will go into effect on January 1, 2016.



The new name will go into effect on January 1, 2016.



Color, Cuts, Up Do's, Highlights, Massage, Facials, Manicures,
Pedicures, Reflexology, Personal Training

OPEN: Tuesday - Saturday at 10a

Located behind Highlands Decorating Center
on Highway 106 (The Dillard Rd.) NC LMBT #1429

(828) 526-4192

Shear Elevations

Color, Cuts, Highlights, Perms, Manicures, Pedicures,
Acrylics & Gel Enhancements, Up Do's and Facial Waxing

Call for an
appointment
TODAY

Owner/Stylist: Lisa L. Shearon; **Stylist:** Jane B. Earp;
Stylist/Nail Tech: Kristi Billingsley; **Nail Tech:** Katie Baker Passmore
828-526-9477 • 225 Spring Street, Highlands



Upstairs and Across the Walkway
at "Falls on Main" Highlands (828) 526-3939

OPENING AT 9A • TUESDAY - SATURDAY

Owner/Stylist: Lacy Jane Vilardo
Stylists: Heather D. Escandon, Maggie Barden, Bri Field
Nail Tech: Jenna Schmitt

Hair • Nails • Waxing • Tanning • Eyelash Extensions • Walk-ins Welcome!

Operation North State begins 'NCCARES' Christmas Box Project for military

'It's Your Care Package, NC ... Get Involved!'

Operation North State (ONS) is accepting the names of 1,500 North Carolina deployed troops to receive its 2015 NCCARES Christmas Boxes - utilizing North Carolina's People, Places, Products and Pride.

Currently, we have received requests for 600 boxes; we kicked off major media support and Public Service Announcements (PSAs) a few weeks ago but we still have a long way to go.

This "All Volunteer" Project is your care package North Carolina - please join us. We still need to receive recipients' names, cash donations to help cover shipping costs and holiday messages written to the troops. You still have three weeks to host a collection party of NC items - give us a call and we can provide you a list of needed items.

Considered one of the state's most popular Christmas gift box projects, this year's gift box will feature a minimum of 36 North Carolina products and messages. This is our 6th Anniversary of the project! Last year's gift boxes included premier North Carolina goodies and special messages from Governor McCrory, Senator Kay Hagan, Senator Richard Burr, "The King" Richard Petty and thousands of messages from children and seniors from around the state.

Operation North State is one of the fastest growing military support services organizations in the state. The NCCARES Christmas Box Project is the # 1 NC-themed Christmas gift box project in the state. And, our 'Top Shelf Fishin' Festivals whereby we take wounded warriors and disabled veterans fishing throughout the state utilizing six different venues is nationally recognized. All these projects are featured in photo albums on Facebook: Operation North State.

There are numerous ways that you, friends, family-members, coworkers and fellow club-members can provide your assistance.

- Help spread the word about the NCCARES Christmas Box Project.

- Host a fundraiser/pass-the-hat; ONS is in need of cash donations to assist with shipping expenses and a few items in

the box.

- Collect NC goodies to go in the NCCARES Christmas Boxes - the donation doesn't have to be 1500 items, a dozen here - a dozen there - they all add up. Popular items are 3 oz. bottles of Texas Pete Hot Sauce, bags of Hampton Farms Salted/Roasted in the Shell Peanuts and any Lance Cracker peanut snack products. All products can be purchased at your local grocery stores.

- Encourage North Carolinians of all ages to write Christmas messages to NC's deployed troops. ONS can provide suggestions as to the messages to write and furnish a message template if needed.

- Sponsor a Toiletry Drive; all items collected will be used in the NCCARE Gift Boxes as well as be distributed to veterans living in North Carolina's Veterans Homes (there are 4 facilities around the state - a total of 400 beds). Contact ONS for the Toiletry Drive logo and popular toiletry items to collect.

- We need volunteers to address customs forms and labels as well as write simple thank you notes - postage and thank you notes will be provided by ONS.

- AND, submit names of deployed North Carolinians to receive the NCCARES Christmas Box. They are FREE to the first 1500 names received. Church prayer lists are a great source for names as well as ask folks at your work, within your clubs and in the community if they know a troop that won't be in North Carolina for the Christmas Holidays. Note: As for the NCCARES Christmas Boxes recipients, the deployed troops do not have to be in harms-way to receive a gift box; he or she must call North Carolina home and will not be in the home-state this Christmas with their respective families and loved-ones.

ONS needs your support with the NCCARES Christmas Box Project in a big way! ONS is very fortunate to have 90% of all the items within the NCCARES Christmas Boxes donated from companies around the state. Plus, companies and service orgs like Piedmont Natural Gas, the American Legion - Dept of NC, CVMA Chapter 15-5, Patriot Charities, Well Fargo Foundation and dozens of individuals have already

donated \$17,000 in cash to help fund the project. What we really need at this point is cash to help pay for the shipping costs and printing of the t-shirts. We still need to raise \$14,000 between now and Christmas. Help any way you can - it all adds up!!!

It's our goal with this project to make 1,500 of North Carolina's deployed troops feel a little closer to home this Christmas and to let them know how much they and their military service are appreciated.

Secondly, the project is called the NCCARES Christmas Box for a reason. Operation North State wants to give every North Carolinian (individual, organization, company) the opportunity to get involved in the project and express their gratitude to North Carolina's finest.

The program, now in its sixth year, is making a difference; the deployed troops and their respective families are most grate-

ful for the generosity and support of ONS' volunteers, supporters and the contributors from around the state.

To provide recipients' names, go to <http://www.operationnorthstate.com> and fill out the Request Form or send an email to mailbox@operationnorthstate.com. The project is funded by donations; again, there is no charge to submit names - the boxes are FREE! Go to Facebook: Operation North State "Photos" to review the products, messages, packing parties and thank you notes associated with 2013's successful project.

Contact Operation North State to offer your assistance; donations are needed and greatly appreciated. Call 336.764.5967 or visit the website: <http://www.operationnorthstate.com> or Facebook: Operation North State.



HIGHLANDS FURS

Full Service Furrier

NOW OPEN!

UP TO 50% OFF ANY NEW FUR*

* LIMITED TIME ONLY

LARGE SELECTION OF NEW & PRE-OWNED FURS & CASHMERE'S

~ FURRIER ON SITE ~
 ~ STORAGE ~
 ~ REPAIRS ~
 ~ RESTYLES ~
 & MORE

411 N. 4TH ST · HIGHLANDS, NC · 828-482-1452



• HIGHLANDS AREA EVENTS •

Winter Pool Schedule

Through May 27, 2016

LAP SWIM - ADULTS ONLY

Monday thru Friday
7 - 10 am, 6 lanes

AND Monday thru Thursday

5 - 6 pm, 1 or 2 lanes
Sharing pool with water
aerobics @ 5:15 on

Mondays, Tuesdays, and
Thursdays

PUBLIC SWIM

Monday, Tuesday, Thursday
3 - 5 pm & 6 - 8 pm

Wednesday 3 - 5 pm

Saturday 11 am - 6 pm

Sunday 1 - 5 pm

WATERAEROBICS

Monday, Wednesday, Friday
10 - 11 am

Saturday 11:15 - noon

Monday, Tuesday, Thursday
5:15 - 6 pm

(sharing pool with
lap swimmers)

Fee: \$4 per class or
\$30 for 12 classes

*Beginning in January, we will
be adding Tuesday and
Thursday 10 - 11 am*

POOL PARTIES

Pool available on Fridays,
Saturdays, Sundays

Ongoing

• Highlands Hurricanes Swim Team is open to all levels of swimmers ages 6-18. To sign up contact Coach Steve Hott at 828-421-2121.

• Anyone interested in taking Adult, Child and Infant First Aid/CPR/AED certification class needs to contact the Highlands Recreation Department and get on the list for the class. You will learn how to respond to first aid, cardiac and breathing emergencies. Upon completion attendees receive certification from the American Red Cross. Please pre register we need a minimum of 6 for the class and a maximum class size of 16. Once we have enough signed up for a class we will schedule the class.

Mon.-Sat.

• Nantahala Tennis Club

meets at 9a.m to noon each day. All visitors welcome.

Mon. Thurs., Fri., Sat., Sun.

• Movies at the Playhouse: 2, 5 & 8 p.m. Call 526-2685 for weekly movie.

Mondays

• Shortoff Baptist Church hosts a non-denominational Men's Meeting the first Monday night of each month at 7 pm and all men are invited to attend.

• The Humanist Discussion Group meets every Monday morning from 9:30 to 10:30 in the Meeting Room in the back of Hudson Library, All are welcomed

Mon. & Wed.

• Zumba with Mary K. Barbour at the Rec Park from noon to 1p. For more information, call 828.342.2498.

Mon., Wed., Fri.

• Heart Healthy Exercise Class 8:30am-9:30am at the Rec Park.

• Aerobics with Tina Rogers 8-9a.

First Tuesdays

• The monthly family support group for those with family members, friends, or loved ones living with the challenge of mental illness meets the first Tuesday of each month, 7p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. This group is sponsored by the local affiliate of NAMI (National Alliance on Mental Illness). For info call 828 369-7385.

Tuesdays

• FREE Community Table Dinner at the Community Bldg. at 6p.

• The Beyond the Walls Book discussion group meets every Tuesday at 4 PM at The Ugly Dog Public House. Each week we read a short story and then discuss its insights for our lives and spiritual wisdom.

2nd and 4th Tuesdays

• OccupyWNC meets at the Jackson County Justice Center. For more information,

visit www.occupywnc.org or call 828.331.1524

Tuesday and Thursdays

• Zumba with Connie at the Rec Park 8:15 a.m. \$5.

• Pickle ball is played from 9:30-11a in the gym at the Rec Park.

Wednesdays

• Donation Based Meditation Wednesday nights w Christopher Baxter at 6:30. Getting a little chilly for outside classes :) held at The Wellness Place. 468 Dillard Road Highlands 8285269698

1st Wednesdays

• Family Movies at the Hudson Library at 3:15pm. Call 828-526-3031 for titles.

2nd Wednesdays

• General Audience Movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

Thursdays

• Storytimes with Miss Deanna at Hudson Library 10:40 am. Open to the public.

• Weight Watchers support group meets every Thursday at 6pm at the Cashiers Community Center. Questions? Call Lisa 828-506-3555.

• NAMI Support Group for individuals dealing with mental illness: depression, bipolar, schizophrenia, etc. and the family members of individuals dealing with these challenges from 7 - 8:15 pm. Call Donita for more info (828) 526-9510.

2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

3rd Thursdays

• Kidney Smart Classes in Franklin: Every 3rd Thursday of month, 4:30pm-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview Street, Contact Majestic 828-369-9474

• Kidney Smart Classes in Sylva: Every 3rd Thursday of month, 7:30am-9am, DaVita Sylva Dialysis Center, 655 Asheville Highway, Contact Sue 828-631-

0430

Fridays

• 99ers Bridge at the Rec Park 9a to noon.

Every 3rd Friday

• Senior Dinners are held the third Friday of each month at 12 noon November through April. For any other information contact Lester Norris or Maxine Ramey at 828-526-3556.

Last Fri. of each month

• Community Coffee with Mayor Pat Taylor from 11a to noon at The Hudson Library.

Fridays and Saturdays:

• The Highlands Historical Museum is open every Friday and Saturday from 9 a.m. - 4 p.m.. On display is a Botanical History of the Highlands Plateau, a gallery of local photographs by George Masa, and presentations of Mary Lapham's TB Sanatorium, the Moccasin War of 1885, Abraham Lincoln's alleged origins, Joe Webb's tools, and books and DVDs about Highlands history. For more information, email highlandshistory@nctv.com.

Saturdays

• At the Rec Park, MMA Fitness Class is being offered Saturdays at 1:30pm with Moses Machida. NHB Pankration, Muay Thai, Boxing and BJJ combined into an hour long fast paced interactive class. The class combines plyometric, strength training, MMA techniques, explosive cardio and self-defense into one class. • At MountainTop Wine Shoppe on Main Street, free wine tasting from 1-3 p.m.

Thurs., Nov. 5

• Rotary Bingo at the Community Building next to the ballfield. Proceeds will go to the Bolivia Mission.

Thurs. - Sun., Nov. 5-8

• Highlands 9th Annual Culinary Weekend at local restaurants, shops and inns.

Fri. & Sat., Nov. 6-7

• At TJ Bailey for Men. Brackish Bowtie Trunk Show. AND Peter Millar Truck Show.

Sat., Nov. 7

• The Christmas Tree - Highlands Original Christmas Shop, 357 Main Street, hosts a book signing about wine with "Saucy Sister" Beverly Wichman beginning 11AM. Free Champagne. (828) 526-3687.

• Fontana Regional Library will be hosting their 2nd Annual "Read Local Book Fair," an event which gives residents the chance to meet and support local authors at Macon County Public Library in Franklin on Saturday from 10am to 2pm. Many authors will read selections from their works throughout the day and will have copies of their works available for purchase, just in time for the holiday season!

Thurs., Nov. 12

• The Western NC Woodturners Club, Inc. meets at 6 p.m. at the Blue Ridge School in Glenville, NC at 95 Bobcat Drive. Drive to the back of the school to the woodworking shop. Visitors are always welcome.

Fri. & Sat., Nov. 13-14

• Women of Faith: Loved, the Farewell Tour, at the Community Bible Church. A joy filled worship event for Women 18 years or older. Fri., 7-10 p.m., Sat., 9a to 4:30 p.m. Doors open one hour prior to the first session each day. To register, go to cbchighlands.com/women-of-faith.html

Sat., Nov. 14

• Fontana Regional Library will be hosting their 2nd Annual "Read Local Book Fair," an event which gives residents the chance to meet and support local authors at Jackson County Public Library in Sylva on Saturday, from 10am to 2pm. Many authors will read selections from their works throughout the day and will have copies of their works available for purchase, just in time for the holiday season!

• Jackson County NAACP Membership meeting at 10 a.m. at the Open Door Center for Spiritual Living 318 Skyland Drive, Suite 1-A Coggins Office Park Sylva, North Carolina

• HIGHLANDS AREA EVENTS •

28779 t: 828.226.6445

• At PAC, Live in HD, National Theatre of London's production of *The Beaux Stratagem* at 1 p.m. For tickets call 828-526-9047 or go to www.highlandspac.org.

Mon.-Mon., Nov. 16-23

• Operation Christmas Child, Samaritan's Purse Shoebox Gifts for Children Drive. Drop Off at HUMC in Highlands on Main Street. For more information about how to participate in Operation Christmas Child e-mail: wncocc@yahoo.com. With a computer or mobile device, anyone can conveniently pack a personalized Operation Christmas Child shoebox gift on the Samaritan's Purse website. Go to samaritanpurse.org/occ to select toys and gift items, write a note of encouragement and "pack" them in a shoebox. Using special tracking technology, participants can follow their box to discover where in the world their gift is delivered by using the donation form found at samaritanpurse.org/occ. These gifts of hope will go to children in some of the hardest-to-reach countries.

Fri., Nov. 19

• At the Rec Park, Senior Dinner at noon. November will be the traditional Thanksgiving meal with Turkey, Dressing, Mashed Potatoes, Green Beans, Salad, Roll and Pumpkin Pie for dessert. For any other information contact Lester Norris or Maxine Ramey at 828-526-3556.

Sun., Nov. 22

• David Holt's "State of Music Live" coming to WCU Based on the PBS TV series featuring David Holt. Featured artists include breakout sensation Rhannon Giddens of the Carolina Chocolate Drops, African American gospel torch-bearers The Branchettes, Haywood County bluegrass supergroup Balsam Range and multi-talented musician and ballad singer Josh Goforth. Sponsored by Harrah's

Cherokee Casino. TICKETS - \$45 orchestra; \$35 club, balcony
Tues., Nov. 24

• The Highlands community of churches will sponsor a Community Thanksgiving Meal at the Rec Park at 6 p.m.

Fri. & Sat., Nov. 27-28

• Hard Candy Christmas Art & Craft Show at WCU Ramsey Center. 10a to 5p both days.

Fri., Nov. 27

• At The Bascom, Black Friday Pottery Sale, 10a to 5p at the Dave Drake Studio Barn.

• At PAC, "Home for the Holidays with Ted Keegan at 8 p.m.

Sat., Nov. 28

• Highlands Annual Tree Lighting Ceremony at 6:30 p.m. on Main Street in front of the Highlands United Methodist Church.

Sat., Dec 5

• Highlands Olde Mountain Christmas Parade at 11 a.m. on Main Street.

Sat., Dec. 6

• The Bolshoi Ballet at PAC, Live in HD at 12:45 p.m.

Thurs., Dec. 10

• The Macon County Cancer Support Group will meet Thursday at 7 p.m. in the cafeteria of Angel Medical Center, Riverview Street, Franklin. We will be focusing on Lung Cancer since November is recognized as Lung Cancer Awareness Month. Anyone who has been affected by lung cancer is especially invited to attend. There will be free gifts for everyone. Light refreshments will be served.

Sat., Dec. 12

• At PAC, Live in HD, National Theatre of London at 1 p.m.

• Highlands Community Christian Chorale at 5 p.m. at CBC.

Sun., Dec. 13

• Highlands Community Christian Chorale at 5 p.m. at CBC.

Thurs., Dec. 17

• Highlands Cashiers Play-

ers Holiday Reading at PAC at 7 p.m. It's free.

Fri., Dec. 18

• Bird Count with the Highlands Plateau Audubon Society. Meet at K-H Founders Park at 7:30 a.m. For more information, call Romney Bathurst at 828-526-1939 or 828-200-0288. Or Brock Hutchins at 404-295-0663.

Sun., Dec. 20

• At PAC, Bolshoi Ballet Live in HD at 12:45 p.m.

Sat., Jan. 16

• At PAC The Met Live in HD at 12:45 p.m.

Sun., Jan 24

• At PAC, Bolshoi Ballet Live in HD at 12:45 p.m.

Sat., Jan 30

• At PAC, The Met Live in HD at 12:45 p.m.

Sat., Feb. 27

• At PAC, National Theatre of London Live in HD at 1 p.m.

Sat., March 16

• At PAC, The Met Live in HD at 12:45 p.m.

Fri.-Sun., March 11-13

• At PAC, Highlands Community Players presents a Mystery Dinner Theatre.

Fri-Sun., March 18-20

• At PAC, Highlands Community Players presents a Mystery Dinner Theatre.

Sun., March 27

• At PAC, Bolshoi Ballet Live in HD at 12:45 p.m.

Sat., April 2

• At PAC, The Met Live in HD at 12:45 p.m.

Sun., April 10

• At PAC, Live in HD, Bolshoi Ballet at 12:45 p.m.

Sat., April 16

• At PAC, The Met Live in HD at 12:45 p.m.

The Beaux Stratagem Live in HD at PAC, Saturday



The Highlands Performing Arts Center will present the National Theatre of London's Live in HD production of *The Beaux Stratagem* on Saturday, November 14 at 1pm. Simon Godwin (Man and Superman) directs George Farquhar's wild comedy of love and cash. The 'Beaux': Mr Aimwell and Mr Archer, two charming, dissolute young men who have blown their fortunes in giddy London. Shamed and debt-ridden, they flee to provincial Lichfield. Their 'Stratagem': to marry for money. Lodged at the local inn, posing as master and servant, they encounter a teeming variety of human obstacles: a crooked landlord, a fearsome highwayman, a fervent French Count, a maid on the make, a drunken husband, a furious butler, a natural healer and a strange, turbulent priest. But their greatest obstacle is love. When the Beaux meet their match in Dorinda and Mrs Sulen they are most at risk, for in love they might be truly discovered. Tickets are available online: highlandspac.org or by calling 828.526.9047. Highlands Performing Arts Center 507 Chestnut Street, Highlands



MOUNTAIN FRESH GROCERY

presents the

SOUP & SALAD BAR

• Monday – Saturday 11 to close •

Fresh Salad, with all the Toppings, Homemade Dressings, Homemade Soups & Chili.
\$9.99 each (dine in) or \$9.99 a pound (to go)



WEEKDAY HOT BAR SPECIAL

Monday-Friday 11am to 2pm

Pizza, Pasta, Soup & Salad Bar

Continuous fresh pizza from our pizza ovens, pastas, fresh breads from our bakery.

Plus the entire soup and salad bar.

\$9.99 Dine in only.



SUNDAY CLASSIC LUNCH BAR

Sunday 11am – 3pm

Featuring Southern Classic Cuisine such as Skillet Fried Chicken, Country Angus Steak, Skillet Corn, Biscuits, Veggies, Cobbler, plus the entire Soup & Salad Bar

\$11.99 each (dine in) or \$9.99 a pound (to go)

*Breakfast made to order every day,
open until 11am.*

*The grill, pizza & deli are open
every day until close.*

STORE OPENS MON - SAT
AT 7 AM & SUNDAY AT 8 AM

Corner of Fifth & Main, Highlands NC
(828) 526-2400 • www.mfgro.com

NOVEMBER 16 – 23:

Macon County opens collection sites for the Samaritan Purse Christmas project

Highlands' drop off site is the Methodist Church on Main Street



Local Volunteers Join Samaritan's Purse to Collect 20,000 Shoebox Gifts for Children in Poverty Overseas

This month, Holly Springs Baptist Church will again serve as the Collection Center for Operation Christmas Child in Western North Carolina (which represents: Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties)—the world's largest Christmas project of its kind. The annual Samaritan's Purse project is a favorite of many Macon County residents, families, churches and groups who spread joy to millions of children around the world by filling shoeboxes with a "Wow!" item—like a doll or soccer ball—other fun toys, school supplies, hygiene items and notes of encouragement.

"Through the simple act of filling a shoebox, someone in Macon County can make a tangible difference in the life of a child halfway around the world. Anyone can participate and bring joy to a child facing difficult circumstances," said OCC volunteer Brenda Hackett, who has participated in Operation Christmas Child for over 15 years.

During National Collection Week, Nov. 16 – 23, Western North Carolina residents hope to contribute more than 20,000

gift-filled shoeboxes to the 2015 global goal of reaching 11 million children in need.

Operation Christmas Child is a project of Samaritan's Purse, an international Christian relief and evangelism organization headed by Franklin Graham. Since 1993, Operation Christmas Child has delivered gift-filled shoeboxes to more than 124 million children in more than 150 countries and territories. For many of these children, a gift-filled shoebox is the first gift they have ever received.

For more information about how to participate in Operation Christmas Child e-mail: wncocc@yahoo.com. With a computer or mobile device, anyone can conveniently pack a personalized Operation Christmas Child shoebox gift on the Samaritan's Purse website. Go to samaritanspurse.org/occ to select toys and gift items, write a note of encouragement and "pack" them in a shoebox. Using special tracking technology, participants can follow their box to discover where in the world their gift is delivered by using the donation form found at samaritanspurse.org/occ. These gifts of hope will go to children in some of the hardest-to-reach countries.

Highlands Collection Site

Highlands United Methodist Church • 317 Main Street
(828) 526-3376

Mon: 9 a.m.-4 p.m.
Tues: 9 a.m.-4 p.m.
Wed: 9 a.m.-4 p.m.
Thurs: 9 a.m.-4 p.m.

Fri: 9 a.m.-4 p.m.
Sat: 10 a.m.-12 p.m.
Sun: No Drop Off
Mon: 9 a.m.-4 p.m.

• POLICE & FIRE REPORTS •

The Highlands Police log entries from October 18. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.

Oct. 18

- At 8:40 p.m., officers responded to a one-vehicle accident on US 64 near Cullasaja Drive and Pinecrest Road.
- At 8:50 p.m., Lawrence Johnson, 74, of Ft. Lauderdale, FL, was arrested for DWI when he made an unsafe movement in his vehicle at Pinecrest Road and Cullasaja Drive at the site of an accident.

Oct. 23

- At 3:59 p.m., officers responded to a shoplifting incident where a patron consumed food without paying for it.

Oct. 25

- At 2:21 a.m., officers received a call about damage to personal property when a statue of a deer was knocked over which caused an antler to break off at Corey James Gallery on S. 3rd Street.

Oct. 28

- At 2:10 a.m., officers received a call about a bear entering a vehicle and tearing up the interior at a residence on Chestnut Walk.

Oct. 29

- At 8 a.m., officers received a call about a larceny at a residence on Raoul Road where an Edge Programmer was taken from the vehicle.

Nov. 1

- At 11:30 p.m., officers responded to a one-vehicle accident on NC 106 near Woodcrest Way and Upper Buttermilk Road.
- At 11:30 p.m., officers received a call about a vehicle being stolen from a residence on the Dillard Road.

The Highlands Fire & Rescue Dept. log from Oct. 27.

Oct. 27

- At 7:57 a.m., the dept. was first-responders to a residence on Whiteside Mountain Road.
- At 11:38 p.m., the dept responded to a motor vehicle accident on US 64 east at Sparkling Lakes.

Oct. 30

- At 10:23 p.m., the dept. was first-responders to a residence on N. 4th Street.

Oct. 31

- At 12:39 p.m., the dept. was first-responders to a residence on Buttermilk Lane.
- At 1:16 p.m., the dept. stood by for the MAMA helicopter at the Town Ball-field.

- At 2:34 p.m., the dept. was first-responders to a residence on Holt Road.
- At 2:58 p.m., the dept. stood by for the MAMA helicopter at the hospital.

Nov. 1

- At 1:41 a.m., the dept. responded to a CO² alarm at a residence on Whiteside Mountain Road.
- At 1:41 p.m., the dept. responded to a fire alarm at a residence on Big Bear Pen Road.
- At 8:11 p.m., the dept. responded to a fire alarm at a residence on Bowery Road.

Nov. 2

- At 2:24 p.m., the dept. provided traffic control at US 64 west and Mirror Lake Road.
- At 2:33 p.m., the dept. responded to a motor vehicle accident on Big Bear Pen Road.
- At 8:09 p.m., the dept. responded to a motor vehicle accident on NC 28 south.
- At 8:55 p.m., the dept. responded to a motor vehicle accident on NC 28 south.

Nov. 3

- At 11:46 p.m., the dept. was first-responders to a residence on Whiteside Mountain Road.
- At 10:59 a.m., the dept. provided mutual aid to Cashiers FD but the call was cancelled en route.
- At 1:20 p.m., the dept. provided mutual aid to Scaly FD but the call was cancelled en route.

Nov. 4

- At 9:49 p.m., the dept. was first-responders to a residence on Shortoff Road that came in due to a medical alert but there were no problems.

Nov. 5

- At 7:58 p.m., the dept. responded to the call of a chimney fire at a residence on Sequoyah Ridge Road.
- At 11:01 p.m., the dept. responded to a motor vehicle accident on US 64 west.

Nov. 6

- At 3 p.m., the dept. was first-responders to a location on Carolina Way.
- At 4:19 p.m., the dept. was called to a residence on Highgate Road to investigate the source of smoke.

Nov. 7

- At 4:35 p.m., the dept. responded to a fire alarm at a location on Church Street.

Nov. 8

- At 10:11 p.m., the dept. responded to a fire alarm at a residence on Garnet Rock Trail.

Nov. 9

- At 3:14 a.m., the dept. responded to a fire alarm at a residence on Garnet Rock

Trail.

- At 10:55 a.m., the dept. responded to a fire alarm at a residence on Country Club Drive.
- At 12:50 p.m., the dept. was first-responders to a residence on Pierson Drive.

• At 11 a.m., the dept. responded to a fire alarm at a residence on Garnet Rock Trail.

Nov. 10

• At 12:16 p.m., the dept. was first-responders to a residence on Lake Court.



The Beaux Stratagem

Saturday
November 14
1pm
\$22 Adults
\$19 Members
\$12 Students

Live in HD Series

The Metropolitan Opera **HD LIVE**

Lulu
by Berg

Saturday
November 21
12:30pm

\$26 Adults
\$22 Members

Highlands Performing Arts Center 507 Chestnut Street
Tickets available online: highlandspac.org or by calling 828.526.9047

THE DAVE DRAKE STUDIO BARN

BLACK FRIDAY POTTERY SALE

NOVEMBER 27
10 AM - 5 PM



323 Franklin Road • Highlands, NC 28741
828-526-4949 • www.thebascom.org

Halloween in Highlands



Ghost, goblins, witches and warlocks descended on Highlands for the Chamber of Commerce sponsored traditional All Hallows Eve celebration. Super heroes and ninja warriors competed with tinkerbells, ladybugs, and colorful peacocks for festive treats generously provided by Highlands' merchants. Rumor is that even the Donald was seen among the record breaking gathering at this year's event. Children and parents danced to the music and Highland's two Rotary Clubs cheerfully fed a long line of ravenous trick or treaters. Mysteriously, from darkness emerged a kilted bagpiper who played beautifully for an appreciative audience. When community comes together all things are possible. On this night the entire Highlands community deserves our gratitude for closing their streets and opening their hearts to the area's children and providing them with a safe and festive place to gather. Thank you to all that made this a memorable night.

Bob Kielyka
Executive Director
Highlands Area Chamber of
Commerce



Photos by Kim and Jim Lewicki

• BUSINESS/ORGANIZATION NEWS •

Rotary Exchange Student describes year away

From left: Youth Exchange Chair Bob Henritze, Highlands School Senior Chance Gilbert and Christy Kelly, President.

Of the Rotary Club of Highlands. Gilbert described his transformational year in Switzerland as a Rotary Exchange Student. After living with three different families, and experiencing Swiss life in the city, suburbs and country, Gilbert made friends from all over the world and praised International Rotary Clubs for giving him this life changing opportunity.



Dr. Travis Petricek to see patients at HC Hospital



Travis Petricek, MD, will begin providing surgical consults and performing minor office procedures at Highlands-Cashiers Hospital on Nov. 16. Dr. Petricek earned his medical degree at the University of Texas Health Science Center in Houston, Texas. He completed his residency at University of Texas Health Science Center in San Antonio, Texas. Dr. Petricek is board certified in surgery and has been practicing at Angel Surgical Associates since 2009. Dr. Petricek will see patients on the Highlands-Cashiers Hospital campus in Suite 304 of the Jane Woodruff Clinic, 209 Hospital Drive. The office number is (828) 526-5045.

Rotary hears about the Greenway

Recently, Ron Shaffner gave an overall report on the Highlands Plateau Greenway Trails, which have been placed on the National Trails Listing by the Secretary of the Interior. The trails are now connecting and have been made safe and easy to navigate as well as beautiful. This outstanding job has been accomplished by the hard work and donations of local groups, individuals and hikers from as far away as Florida and the west coast. The Greenway trails are now a thing of beauty of which we can all be proud.

Dr. Joseph H. Wilbanks, D.D.S.

278 East Doyle St. • Toccoa, GA

COMPLETE DENTAL CARE UNDER ONE ROOF.

- Dental Implants • Root Canal Therapy
 - SINGLE VISIT CROWNS!
 - Orthodontics including Invisalign
 - Wisdom Teeth Extractions
- and of course Fillings and Cleanings. (IV Sedation, too)



You are only 50 miles away from 30 years experience in top-notch, high-tech, one-stop dentistry known for its gentle touch.

706-886-9439 • 800-884-9439

www.WilbanksSmileCenter.com



Come join us for a
**freaky
 Friday**

Kids' Night Out

Friday, November 13, 2015

6:00pm-9:00pm

Highlands United Methodist Church
 315 Main Street ~ 526.3376

Send your parents out for the evening and join us for dinner, games, crafts, a movie and fun!

For kids up to fourth grade
 Cost is \$10 per child

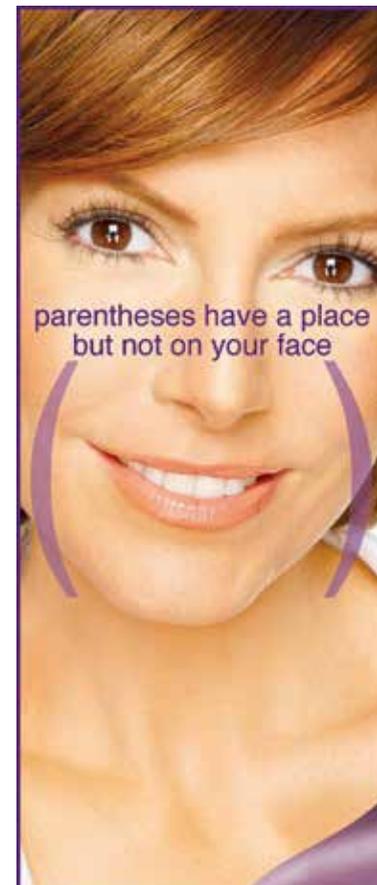
Additional donations will be gladly accepted.

All monies collected will go directly to help the Highlands School Fifth Grade Charleston Trip.

Activities and supervision will be provided by Highlands School fifth grade students and parents.

Reserve your spot now!

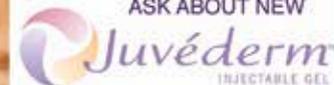
Email Margie Potts at huncmargie@icloud.com
 or call the HJMC office at 526.3376



parentheses have a place
 but not on your face

So smooth and natural,
 everyone will notice
 (but no one will know).

ASK ABOUT NEW



Center for Plastic Surgery

526-3783 or

Toll Free: 877-526-3784

Highlands-Cashiers Hospital
 Campus, Highlands, NC

www.PlasticSurgeryToday.com

Robert T. Buchanan, MD

Board Certified Plastic Surgeon

• BUSINESS/ORGANIZATION NEWS •

Rotary Club of Highlands News



Ellis McIntyre, Zack Claxton, Rotary President Christy Kelly and Bill Staples.

Bill Staples, retired Mortgage Banker and Duke graduate, gave an in depth update and Power Point tour of the newly refurbished center.

Bill has worked very hard to pull this whole project together. Also, he has gotten the Center reclassified as 501C3. This is a feat in itself.

The Center offers reasonable rent to non-profit organizations. At present the center is 90% non-profit. It houses such major agencies as the Land Trust, Literacy Council of Highlands, Gillian Promise, CLE and more.

This Center is a asset to the Highlands Community. Many Rotarians give their time, spirit and support to these organizations. "Service Above Self" is the Rotary motto and this is a prime example of Rotary in action.



From left: Carter Davis, Dinah Davis, Helen Davis and Ren Davis.

Authors Ren and Helen Davis gave an informative and historic program on the CCC and the profound impact it had on our nation and this area of NC in particular. Part of Roosevelt's New Deal, it not only provided much needed jobs and training for young men, but created 700 parks, cleared trails, built dams and planted over 3 billion trees, all in just 9 years prior to WWII. Ren and Helen have written several books on the subject and these are a must read.



On Thursday, Nov.5, the Rotary Club of Highlands partnered with Highlands Bolivian Mission to sponsor Bingo night at the Community Building. All net proceeds benefitted the Bolivian Mission. Above is the final Super Bingo game winner Lori Wasco (center) with Bingo table winners and Dr. John Baumrucker.

THANKSGIVING DINNER

FRESH ROASTED ON THANKSGIVING MORNING!

DINNER FOR SIX \$165 INCLUDES:

BUTTER BASTED TURKEY OR HONEY SPIRAL GLAZED HAM

MOUNTAIN FRESH DRESSING

TRADITIONAL GREEN BEAN CASSEROLE

CRANBERRY RELISH

YUKON GOLD MASHED POTATOES

HOUSE-MADE YEAST ROLLS & TURKEY HERB GRAVY

CHOICE OF PIES:

GRANNY SMITH APPLE, PUMPKIN OR PECAN

RESERVE YOURS TODAY, WE SELL OUT EARLY!



MOUNTAIN FRESH GROCERY

**STORE HOURS: MON - SAT
OPEN AT 7AM, AND SUNDAYS AT 8AM**

CORNER OF FIFTH & MAIN, HIGHLANDS NC • 828.526.2400

• SPIRITUALLY SPEAKING •

Proverbs 3:5

• PLACES TO WORSHIP •

John 3:16

Thanksgiving and Community

By Fr. Bruce Walker

Church of the Incarnation

It happens on the mountain week after week. They mostly come on Sundays, but some show up on Wednesday, Friday or Saturday evenings as well. The people of God in Highlands make their way to various places of worship to pray and give thanks to God.

Some arrive at small buildings, made beautiful in their simplicity. Some people find themselves in places filled with stained-glass windows and old creaking pews. Others enjoy concert type seating with a full array of electronic instruments and technology at their disposal. Still others worship to the melody of bluegrass and good ole Gospel tunes!

Wherever, whenever and however we come together, it is our hope that we will experience a kind of community not easily found anywhere else outside the worshipping community.

We have a creative blend of worship styles linked together by a common history of living on the mountain. In all our various ways and places of worship, we also share a common hope that God will come and be with us.

With this said, God is mostly pleased to dwell with us, when we move out of our comfortable surroundings. God is mostly pleased with us when we reach out our hands in love and service to those we share life with. True worship is to care for those who are in trouble, sorrow, need, sickness or any other adversity.

In reality we honor God when we honor each other. We have just such an occasion coming up this month of November.

On Tuesday, November 24th, the Highlands community of churches will sponsor a Community Thanksgiving Meal.

As in past years, some will come to the Recreation Center to enjoy a meal together. Others will have the benefit of being hosted in their home. Volunteers are lining up to cook, serve and deliver meals to shut-ins and others who are unable to attend the gathering.

I am glad to see all this coming together and grateful to those who are involved in the planning, implementation and delivery of this annual event. The evening is meant to build community among us, while serving the needs of those who might, by no fault of their own, be unable to attend in person.

So, on behalf of all, I invite you to come out on November 24th to our annual Community Thanksgiving Meal. Come and enjoy one another's company and find home in God's ever-present spirit of hospitality. Come and enjoy true worship that is found in service to God and neighbor. May God be with us!

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School: 10 a.m., Worship: 11

Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor

Sundays: School: 10 a.m.; Worship: 11

CHAPEL OF SKY VALLEY

Sky Valley, GA • 706-746-2999

Sundays: 10 a.m.; Worship

Holy Communion 1st Sunday of the month

Wednesdays: 9 a.m. Healing and Prayer w/Holy Communion

CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011

464 US Hwy 64 east, Cashiers

Sun.: 8:30a Traditional (Quiet) 1928 Prayer Book Service;

9:30a Sunday School; 10:30a Family Service w/ Music

Mon.: Bible Study & Supper at homes - 6 p.m.

CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Steve Kerhoulas • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching.

Tues. Guys study 8am, Gals 10am.

CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 11 a.m.

1st & 3rd Sunday night Service: 7p.m.

Wednesdays - Supper at 6 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC

Senior Pastor Gary Hewins

Sun.: 9:30am: Sunday School

10:30am: Middle & High School; 10:45am: Child. Program,

10:45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC

University

EPISCOPAL CHURCH OF THE INCARNATION

Rev. Bruce Walker • 526-2968

Sundays: Holy Eucharist (chapel) at 8 a.m.

Education and choir rehearsal, 9 am,

Holy Eucharist Rite II, (sanctuary), 10:30

Wednesday: 10 a.m., Morning Prayer

Thursdays: Holy Eucharist, (chapel), 10 am

FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands NC 28741

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm;

Choir 5 pm

FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Worship: 8:30a and 11 a.m.; School: 9:30

Mondays: 8 a.m.: Men's Prayer Group & Breakfast

Wednesdays: Choir: 5:30p

GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd) • Rev. Carson Gibson

Sunday School: 10 am, Worship Service: 11 am

Bible Study: 6 pm

GRACE COMMUNITY CHURCH OF CASHIERS

Non-Denominational-Contemporary Worship

242 Hwy 107N, 1/4 miles from Crossroads in Cashiers

www.gracecashiers.com • Pastor Steve Doerter: 743-9814

Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, Nc • 743-2729

Pastor Nathan Johnson

Sunday: School 9:45a, Worship 11a & 7p, Bible Study 6p

Wed. Kidsquest 6p.; Worship 7p.

HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street

Sundays: Worship: 11

HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center)

Sun.: Morning Worship 10:45 a., Evening Worship, 6p.

Wednesday: Bible Study, 6:30p; Prayer Mtg., 7:30p.

HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy 526-3376

Sun: School 9:45a.; Worship 9:09, 10:50.; Youth 5:30 p.

Wed: Supper: 5:15; youth; & adults activities: 6; Handbell

rehearsal, 6:15; Choir Rehearsal 7. (nursery provided);

7pm Intercessory Prayer Ministry

HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741

Sun: School and Adult discussion group 9:30 a.m.;

Worship/Communion: 10:30

HEALING SERVICE on the 5th Sunday of the month.

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Troy Nicholson, (828) 526-8425

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.: 7 p.m.

MOUNTAIN SYNAGOGUE

at St. Cyprian's Episcopal Church, Franklin

828-524-9463

MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church,

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Parish office (Father Francis): 526-2418

Mass: Sun: 11 a.m.; Sat. at 4p

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7

Wednesdays: Prayer Mtg.: 7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Jerry David Hall • 526-3212

Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11

Wednesdays: Prayer & Bible Study: 7

THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359

Rev. Douglas E. Remer

Oct-May: Sunday Services: Rite I, 8a Rite II, 10:30

June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a

Nursery available for Rite II services

Sept 6-Oct 25- Informal Evening Eucharist- 5:30 p.m.

Thursday: Noon Healing Service with Eucharist.

UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive • 828-524-6777

Sunday Worship - 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am, Worship Service: 11 am

Loma Linda Farm

Dog Boarding • Day Care
Pastoral Parks
In Home and Leash-free
Lodging in the lap of luxury.

(828) 421-7922

Highlands, NC
LomaLindaFarm@frontier.com
www.lomalindafarm.com



NC License # 10978

Wakefield Stone

Tile • Stone Installation
Cleaning/Sealing Grout & Stone
Kitchen & Bathroom
Remodeling

Robert Wakefield

828-200-5961

rwakefieldstone@gmail.com

Serving Macon & Jackson counties
Excellent References

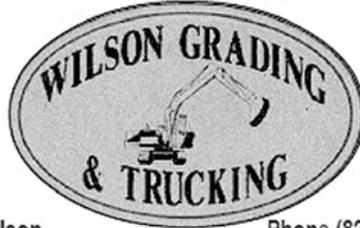


Larry Houston Rock Work

walls • Fireplaces • Patios • Piers
All Rock Work • Stucco

(828) 526-4138 or (828) 200-3551

Grading & Excavating • Certified Clearwater Contractor
www.wilsongrading.com



Edwin Wilson
wilsongrading@yahoo.com

Phone (828) 526-4758
Cell (828) 421-3643

CHESTNUT STORAGE

Storage Units Available

Secure 24 Hour Access
Easy In - Easy Out
Great Rates - Great Terms

Call today to find out why we're
"Highland's Premier Facility"

828-482-1045



Look for our sign!

10890 Buck Creek Rd. - 1/2 mile off Cashiers Rd near the hospital



JAMAICA INN
it's time

Since 1950 Ranked Among the Top Luxury
Resorts in the Caribbean

1-800-837-4608 • 876-974-2514

www.jamaicainn.com

email: reservations@jamaicainn.com

Serving WNC & NE Georgia since 2002

LAPSECO EXCAVATING



Excavating
Hydroseeding

Underground Utilities

Land Clearing

Water Falls

Pavestone Driveways &
Parking Areas

Engineered Segmental
Block Retaining Walls



828-369-0436 OR 828-421-0067

24-Hour Towing

J&M Towing Service

Owner-Operator
Jeff Miller

Local and Long Distance Hauls
526-0374 • 342-0583

Allan Dearth & Sons

Generator

Sales & Service, Inc.

828-526-9325

Cell: **828-200-1139**

email: allandearth@msn.com

Whiteside Cove Cottages

5 new log cabins
nested in the
hemlocks on 25 acres at
the base of Whiteside
Mountain.

800-805-3558 • 828-526-2222

American Upholstery & Fabric Outlet

- Residential or Commercial
- Over 40 Years Experience
 - Fast and Dependable
- FREE Estimates
- FREE Pick-up and Delivery



(Owners: Morris & Rachel Bible)
(864) 638-9661 cell: (864) 710-9106

102 S. College Street • Walhalla, SC

G&H TREE CARE

Hemlock Woolly Adelgid Treatment Specialist

Since 2000, we have saved thousands of Hemlocks using Mauguet Injections

Your Total Tree Service Company

Firewood • Removals • View Pruning • Stump Grinding • Chipping • Cabling!

24 Hour Emergency Service • Storm Damage Clean Up

We Specialize in Hazardous Removals with Low Ground Impact

Serving WNC & Northeast GA, since 1984 • Install Lightning Protection Systems for Trees

We offer several Plant Health Care Programs • Workers Comp & General Liability Insurance



EMAIL: treedr@dnet.net

For Free Estimates
Call Terry Gregory

828-369-9224

TOLL FREE: 888-373-TREE
OR CELL: 828-421-0067

Natural Therapies.MDBioidentical Hormone
Replacement Therapy**Beverly E. Gerard, M.D.**Board Certified Gynecologist
706-782-1300naturaltherapies.md@gmail.com
www.naturaltherapies.md.com

102 S. Main Street, Clayton, GA 30525

Balancing Hormones
& Health**• CLASSIFIEDS •****HELP WANTED****MANAGER, FULL-TIME-YEAR ROUND FOR BUSY INN/RESTAURANT IN HIGHLANDS.** Mgmt exp. required, preferably restaurant mgmt. Email resume to info@mainstreet-inn.com. (st. 11/12)**CNA AND/OR MED-AIDE** wanted for Chestnut Hill of Highlands Assisted Living. Apply at 24 Clubhouse Trail, Highlands, NC. (828)526-5251. (st. 10/22)**FULL-TIME, YEAR-ROUND DISHWASHING POSITIONS** - available at Mountain Fresh Grocery. Call 828-526-2400 or apply in person.**YEAR-ROUND, FULL-TIME RETAIL POSITION AT TJ BAILEY STORE FOR MEN** in Highlands and Cashiers. Must have own transportation, flexible hours and excellent people skills. Sales experience is a plus. Call 828-526-2262 or email resume to store@TJBmen.com. (st. 8/13)**THE HIGHLANDS BBQ CO.** Is seeking Servers, Hosts, Bartenders and Line Cooks. If Interested, Please call 828-200-1500 or Send a Resume to HighlandsBBQCompany@Gmail.com (st. 7/2)**SALES ASSOCIATE FOR HIGH END CLOTHING STORE** IN HIGHLANDS, NC full time "with benefits." part time and seasonal. Must be available to work weekends. Retail clothing sales experience preferred. Please call 828-200-0928. (st. 4/30)**MOUNTAIN FRESH GROCERY** in Highlands is hiring full-time for:

- Baristas,
- Cashiers,
- Grill,
- Deli, and
- Pizza departments.

• See CLASSIFIEDS page 22

Service Directory Ads:
\$17/week BW • \$22/week color
Classified Ads:
\$6 for 10 words; 20 cents each extra word.
Yellow/Cyan Highlight \$2/week
Color Photo \$5/week
Email verbiage and photo by 5p Mondays to:
highlandseditor@aol.com

24-Hour Emergency Service

**COMPLETE
PLUMBING
REPAIR****Jim Fesperman**
Licensed & Insured
Repair Specialist

Services include:

Cleaning, repairing, replacing sewer and septic lines

We Get To the Heart of the Problem!

828-526-0536 • 865-314-9381

**Acupuncture Highlands**

for health and vitality!

Chinese herbal medicine & dietary therapy
Myoskeletal Alignment & orthopedic bodywork
acute illness, injury, internal ailments, pain
wellness, prevention, anti-aging**防治百病 (828) 526-0743 保生命力**

Kim Bonsteel, LAc — acupuncturehighlands.com

Viva Wellness*Stimulating Natural Healing*

- Whole Body Vibration
- Hydro-Massage Spa Capsule
- Far Infrared Sauna Capsule
- Healthy CBD Hemp Oil

828-526-1566

Dr. Kit Barker, PhD, Cellular Biology
5 Cottage Row • U.S. 64 East**Around the Mountain Signs**

All Wood...All the Time.

Quality Wooden Signs • Numbers • Lettering
Hand-routed • Sand Blasted
828-526-1891

aroundthemountain signs@yahoo.com

U Call We Haul Junk Removal & Property Cleanout ServiceTotal House Clean-out Services,
Attics, Basements, Garages, Yard Debris, etc. We'll
take your Trash & Save you some Cash. Cheaper
than a Dumpster & we do all the work.**We also Specialize in
Small Demolition ...**and Removal of Mobile Homes, Barns, Sheds,
Above Ground Swimming Pools, etc.**We also do Minor Landscaping,**Mowing, weedwacking, pruning, small tree &
brush removal and all types of yard debris
including metal, wood, leaves, etc.We also pressure wash.
**If You Need it Gone,
Call Today****for a
Cleaner Tomorrow.
(828) 200-5268 • or (828) 349-3433***Posh Paws***PET SPA**411 N. 4TH STREET
HIGHLANDS, NC 28741
828-526-9581**KEVIN PICKETT LLC**

'Let me help you with your next remodeling project!'

828-342-3500

kpick64@yahoo.com

43 Holt Road, Highlands

Like me on FaceBook • Kevin Pickett LLC

4Seniors, LLC

Medical Liaison Services

*An advocate to guide you through the
complex medical labyrinth of services
and treatments.*

828-482-1821

We will help you and your family ...

- Understand your medical condition
- Understand your treatment options
- Decipher your medical bills w/Medicare and Ins.

Contact Patricia Smith • Registered Nurse Practitioner
4seniors.hc@gmail.com**Highlands Automotive**Service
&
RepairNC
Inspection
Station

828-787-2360



2851 Cashiers Road • highlandsautomotive.com

• CLASSIFIEDS •

Applicants should apply in person or email resume to jobs828@gmail.com

BUSINESS FOR SALE

RESTAURANT FOR SALE in Highlands Plaza. Call for more information. 470-272-3800.

VAC/SHORT-TERM RENTALS

6 MONTH SKY VALLEY furnished 2/2 rental available! \$1100/month includes wifi, phone and cable. 561-281-8578 bande100@windstream.net. (10/8)

HIGHLANDS VACATION RENTAL DOWNTOWN.

2/2 updated in 2014 with luxury master bath, king bed, marble & SS kitchen. Second floor condo two blocks off Main. Renovated like an Old Edwards Suite! W/D in unit, flat screen T.V., gas fireplace, off street parking. Available weekly \$1,000 plus utilities. Call 828-352-8519. (st. 12/25)

LOTS/LAND FOR SALE

FALLING WATERS – Just two miles from Main St. Well maintained, easy build sites, paved, underground utilities, gated, waterfalls and creeks. Home sites from \$139,000, 828-508-9952 www.highlandsnchomesites.com - Face Book Falling Waters Highlands From Main St. Take Hwy. 106 W 1.8 miles to Mt. Laurel Dr. turn R, 3/10 mile L on Moonlight, Entrance on R. **REALTORS 7%** (st. 9/3)

LOT. 10 MINUTES FROM DOWNTOWN HIGHLANDS.

2.01 acres with Mountain Ridge and Meadow Views between Bridal Veil Falls, Dry Falls & Cullasaja Falls, Gorge. Lot cleared, driveway and new septic system. Tax Value is \$89,410., Quick Sale at \$49,900. Firm. 828-200-0949. (st. 9/3)

WOODED LOT W/ STREAM FOR SALE – MIRROR MONT AREA.

Berit Ln., 1.45 acres, 4-BR septic permit, walk-to-town, Priced to sell. 770-861-4249. (st. 7/23)

ACRE LOT HIGHLANDS, NC

Corner Lot Highlands Glen, level with some gentle slopes excavation and foundation expenses would be reasonable, underground power installed. Stream runs year round could be configured to make a small pond, good water sources for well. Space for outbuildings or RV, boat storage. 6 Miles to downtown. \$27,000 possible owner financing 828-507-2066 (st. 7/2)

RESIDENTIAL FOR RENT

1 BEDROOM, 1 BATH WITH EXTRA ROOM WITH BUNK-BEDS on Lake Sequoyah. Full kitchen,

W/D, and fishing off the back deck. \$700/month. Includes utilities but not gas. Call Tony at 828-783-0701. (st. 11/12)

DAYLIGHT BASEMENT APARTMENT FOR RENT.

(3 minutes from Highlands/Cashiers Hospital) Recent Complete Renovation, Fully Furnished, 1 bedroom/1 bath, kitchen, dining area, living room, washer/dryer, cable connection, fireplace, brand new carpet. \$675 monthly. includes water, sewer, electricity, heating. Single or Coue. No Pets No Smoking. Deposit required. Call Betty at 828-787-2324 to preview.

2/2 DESIGNER-FURNISHED CABIN ON DILLARD ROAD, 4.5 miles from town. Easy access year round. Lots of windows, Rhodo privacy, firepit, porch & patio. New W/D. No smokers. \$600/month. 615-243-2006.

RESIDENTIAL FOR SALE

CABINS FOR SALE/RENT. Located on Sawmill Road in Clear Creek. 4.63 acres. Call 828-526-2720. Price Negotiable. (st. 9/24)

2BED/2BATH 1.20 AC. Fantastic views & Privacy \$88,999. Call 482.2050 706.782.9728. Cypresslanesale@facebook. (st. 8/7)

ITEMS FOR SALE

CLASSIC 1963 THOMPSON SUPER LANCER WOOD BOAT, length 18'-6", beam 7'-6". Exceptional, like-new condition! Vintage 15 gallon built-in gas tank, Bimini top, screened camping top, yet updated with modern gauges, finishes, and running gear. Included is a restored 115HP, 1984 Johnson outboard motor with new battery, and a double-axle trailer with new rims/tires. This boat looks and runs great, eagerly awaiting your name on the transom. Bruce, 828-200-0228. (st. 11/5)

'65 SUNBEAM TIGER V8 – restored. with hard top, AC, less than 3,000 miles on rebuilt balanced engine. 4 wheel discs. Call for details. 404-966-0283. (st. 10/1)

A 2009 LEXUS RX 350 under 65,000 miles excellent condition dealer maintained. \$18,500 phone 678-522-7859. (st. 9/3)

SERVICES

ROSY'S HOUSEKEEPING – “We make sure it's spotless!” Commercial and residential. Free Estimates. Fully insured. Call 706-949-1684 or 828-200-5397. (11/12)

HIGHLANDS-CASHIERS HANDYMAN: Repairs, remodeling,

painting, pressure washing, minor plumbing and electric, decks and additions. Free Estimates. Insured. Call 421-4667. (9/17)

ALL AROUND OFFICE SOLUTIONS – Bookkeeping Services, Payroll Prep, Payroll Tax Prep, Billing Services, Virtual Assistant, Data Base Management, Administrative Services, Research Assistance, Quickbooks Set-up and Training. Call Mary James at 828-421-

0002 or email mjames@allaroundoffice-solutions.com (st. 1/15)

HIGH COUNTRY PHOTO/ KEVIN VINSON: scanning photos, slides & negatives to CD or DVD for easier viewing. Video transfer to DVD. Everything done in house. Leave message at 828-526-5208. (st. 10/29)

MOLD AND MUSTY SMELL IN YOUR HOME? Call for free inspection. 828-743-0900.

Larry Rogers Construction Company, Inc.

Excavating • Grading • Trucking Trackhoe
Backhoe • Blasting • Utilities
(828) 526-2874



Have you Fixed Your Dirt Crawl Space?

Dry Crawl Spaces

Crawl Space Encapsulation System®

There are three things that destroy materials in general and wood in particular: water, heat, and ultra-violet radiation, of these, water is by far the most destructive!

Protect your home from:

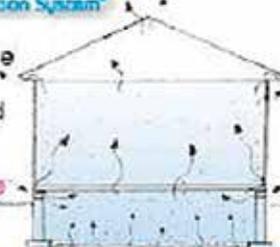
-  Mold
-  Bugs
-  Structural Damage
-  Smells & Odors
-  Loss of Storage Space
-  Radon Gas
-  Rising Energy Costs



CleanSpace
Crawl Space Encapsulation System®

The earth in your dirt crawl space is the major source of moisture in your home! This moisture is carried up into your house from the natural upward air flow created from rising heat. CleanSpace® is the answer.

Call for a **FREE Estimate on the CleanSpace®**
Crawl Space Encapsulation System



DryCrawlSpaces.com • 828-743-0900

Great Prices!



dōTERRA
100% Pure Essential Oils

Available at
Jackson Hole Gem Mine
9770 Highlands Rd, Highlands
828-524-5850

COUNTRY CLUB PROPERTIES
Hwy 106 Square Office

Real Estate



Country Club Properties
"Your local hometown
Real Estate professionals."
3 Offices 828-526-2520
www.CCPHighlandsNC.com

Main Street Inn & Bistro
828-526-2590 • mainstreet-inn.com



Chambers Realty & Vacation Rentals

Homes and Land For Sale
Vacation Homes for Rent

526-3717 OR 888-526-3717
401 N 5th St, Highlands
www.chambersagency.net



BKHS
BERKSHIRE HATHAWAY
Home Services
Meadows Mountain Realty

Andrea Gabbard, Broker
Has joined our team!

828.200.6742 • AndreaGabbard@Gmail.com
828.526.1717 • MeadowsMtnRealty.com



SILVER EAGLE GALLERY
Native American Sterling Silver Jewelry
Crystals, Gems & Minerals



370 Main Street, Highlands, NC 828.526.5190
www.silvereaglegallery.com

HIGHLANDS
BBQ COMPANY
Est. 2015

BEST BBQ IN TOWN
595 Franklin Rd, Highlands
828-526-5000

CIRINO BOSCO
IS NOW AT
THE HIGHLANDS
BARBER SHOP

OPEN ALL YEAR
DISCOUNTS
FOR LOCALS!

NEXT TO BRYSON'S GROCERY
(828) 482-9374

LANDMARK
REALTY GROUP
A ROYAL SHELL COMPANY

BRIAN RENFRO
828-226-0118
brianrenfro@gmail.com
www.brianrenfro.com




HIGHLANDS PLAZA

Please Support Our Advertisers - They Make It All Possible

2011 Copyrighted Map

Shiraz

Oriental Rug
Gallery
526-5759
Main St, Oak Square,
Mon-Sat, 10-5
Sun. 12-4

"Ace is the Place."

Reeves
Hardware

At Main & 3rd streets
Highlands 526-2157

COMPUTER MAN
ELECTRONICS
Help For All Your Technology Needs

526-1796
479 South St., Ste. 5 • Highlands NC



WOLFGANG'S
RESTAURANT & WINE BISTRO

Celebrating our 21st Season!

Bistro Service Starts at 4p
Dining Room Starts at 5:30p

474 Main Street • 828-526-3807
www.wolfgangs.net • Find us on FaceBook

LANDMARK
REALTY GROUP
A ROYAL SHELL COMPANY

PAM NELLIS, BROKER
has joined our Highlands office!
Find out what she can do for you: **828.787.1895**

225 Main St., Highlands, NC | Office: 828.526.4663 | LandmarkRG.com



WE FEATURE THE BEST
BBQ SMOKED BRISKET
PORK, CHICKEN, & TURKEY

CASUAL AFFORDABLE
FAMILY FRIENDLY DINING

CATCH ALL THE SPORTS
ACTION AT HIGHLANDS BBQ



BROKERS:

Mary Newhart
828.506.5663
Julie Osborn
828-200-6165
Sherman Pope
828-342-4277
Cy Timmons
828-200-9762
Sheryl Wilson
828-337-0706

Pat Allen

REALTY GROUP

www.patallenrealtygroup.com

828-526-8784

295 Dillard Road
pat.f.allen@gmail.com



Pat Allen
Broker-in-charge
Cell: 828-200-9179
Office: 828-526-8784

FEATURED BROKER

Melanie Nix

BROKER

CELL: 828-200-0146

MelanieNix@Windstream.net

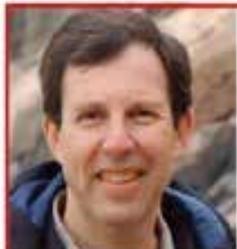


Licensed in
NC & GA

LANDMARK
REALTY GROUP

A ROYAL SHELL COMPANY

www.LandmarkRG.com | 828-526-4663 | 225 Main St.



DAVID
BOCK
BUILDERS

www.BockBuilders.com 828-526-2240

Highlands
Sotheby's
INTERNATIONAL REALTY

#1

Broker

Highlands/Cashiers
2010-2014 per
HCMLS



Jody Lovell
828-526-4104
highlandssir.com

33

JACKSON HOLE TRADING POST
& Gem Mine

Open
7 Days a Week
10a to 4p



9770 Highlands Rd., Highlands
828-524-5850
www.jacksonholegemmine.com



Paoletti

Join us for our 31st year
Serving Dinner from 5 p.m.
Wednesday-Monday
Please call for reservations
526-4906

WILD THYME GOURMET
RESTAURANT

Open Year-Round.

343-D

Main Street.
526-4035



Open for
Lunch &
Dinner daily

www.wildthymegourmet.com



www.firemt.com • (800) 775-4446

WHITE OAK
REALTY GROUP

40

"Invest in Highlands, NC Real Estate ... and Invest in Your Life."SM



Susie deVille
Broker-in-Charge
(828) 371-2079



Leslie Cook
Broker
(828) 421-5113



Wick Ashburn
Broker
(828) 421-0500



Tara Ray
Executive Assistant
(828) 371-1622



Emily Chastain
Operations Manager
(828) 200-6277

WhiteOakRG.com

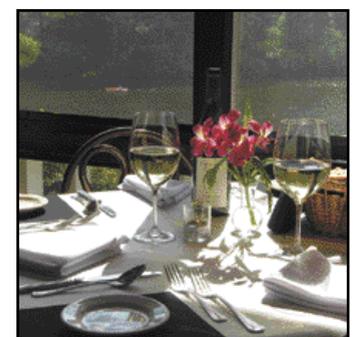
(828) 526-8118 • 125 South 4th Street

...on the Verandah
Restaurant
on Lake Sequoyah
828-526-2338



Open for
Dinner nightly
at 5:30p.
Sunday brunch,
too

www.ontheverandah.com



M'CULLEY'S
CASHMERE

Scotland's Best Knitwear

Open 7 days a week

526-4407

"Top of the Hill"

242 S. 4th St.

