Highlands Farmers Market shuts down

It appears that Highlands has once again, cut off its nose to spite its face.

First officials decided not to allow festivals in Kelsey-Hutchinson Park (K-H Park) on holiday weekends, so instead people drove over to Cashiers for its holiday festivals; and now a grassroots market has closed down after three years.

Due to numerous exhausting rounds between the founder of the Highlands Farmers Market and the town, the market that was supposed to run every Saturday morning through October ended last Saturday, Aug. 24.

The Highlands Farmers Market left the Kelsey-Hutchinson Park, according to founder Paoletti's restaurant fundraiser is Wednesday, Sept. 18.

Taking a ride in a helicopter takes on new dimensions when its a life or death flight.

For residents living in the mountains of North Carolina, where mule geography can make access to medical attention difficult, the Mountain Area Medical Airlift, affectionately known as MAMA, can make all the difference.

The regional hospitals in the area, both Highlands-Cashiers Hospital and Angel Medical are top-notch but many times patients need the care of a bigger institution, usually Mission Hospital in Asheville, but to other trauma centers in the region.

Thanks to MAMA an hour and 45 minute drive can be decreased to 30 minutes which can make all the difference in the world – even life or death.

But like everything else these days, MAMA isn’t a cash-flow positive, revenue generator for Mission Hospital. At best, it breaks even annually. But there have been many years it hasn’t even reached the break-even mark.

MAMA charges only what Medicare will reimburse, which is significantly below what other privately contracted air ambulance services will charge patients when they are called into the region – anywhere from one-third to one-half of the rates of other service providers.

The MAMA program is funded through reimbursements which barely cover the $6,000 cost of each flight. Approximately 80% of patients flown by MAMA are Medicare, Medicaid, or uninsured.

Citizens out to raise $2 million for MAMA

Paoletti’s restaurant fundraiser is Wednesday, Sept. 18

A third MAMA copter is needed to service the increasing population of Western Carolina.
By 1918, 124,000 tons of deadly weapons had first in 1914. Germany followed in 1907. But when World War I exploded in 1914, they utterly failed. Both the Triple Alliance (Germany, Austria, and Italy) and the Entente (Britain, France and Russia) were involved. The right question is what role the United States should play in the international community's condemnation of poison gas as a weapon of war.

The toll on allies and enemies was so horrendous that after the war ended the international community looked with new awareness at the dangers posed by chemical and biological weapons. The result was the 1925 Geneva Conventions that prohibited the use of “asphyxiating, poisonous or other gases and all.... bacteriological methods of warfare.”

By the time the agreement went into effect in 1928, the 38 signatory nations regarded the agreement as only covering “first use,” therefore freeing any country attacked by chemical or biological weapons to respond in kind. And no country surrendered the right to develop or stockpile what are now known as weapons of mass destruction. Yet the prohibition on the deployment of chemical weapons has been surprisingly effective. The Italians used chemical weapons in Abyssinia (Ethiopia) in 1935 and Japan employed them in China between 1938 and 1941. But neither side in World War II put their massive stockpiles of deadly gas and microbes into battle. It was not until Iraq sprayed gas on the Iranians and Kurds during the long Iraq-Iran War that spanned 1980 to 1988 that chemical weapons reappeared as part of a battlefield arsenal.

In the 1991 Gulf War that followed the Iraqi invasion of Kuwait, the fear of chemical weapons in the hands of Saddam Hussein once more sent men and women into war armed with gas masks. They were not needed for even the maniacal Hussein decided poison gas produced more negatives than positives in international power politics. His decision was confirmed following the 2003 invasion of Iraq by the United States when no weapons of mass destruction were found. Now the world faces the situation in Syria and the United States confronts the dilemma of what to do.

Unfortunately too much of the internal debate between Americans swirls around an assumption that the United States is the policeman of the world, responsible for unilaterally restoring order on a contentious planet. That was how America, with a level of effectiveness, operated during the Cold War. We now live in a radically altered world.

The issues of instability, especially in the Middle East, are within countries not between them. Putting US power in the air and boots on the ground does nothing to resolve the problems within Syria that rise out of the society. Yet the United States does have a moral stake in humanitarian issues and a strategic interest in keeping the violence contained in Syria. Both concerns are becoming more acute as refugees pour across Syria's borders into Jordan, Turkey, Iraq and Lebanon and innocents die from poison gas.

If in fact the Assad regime is the party responsible for violating the Geneva Conventions, now subscribed to by 138 nations, the international community must respond.

Just as President George H.W. Bush built on the internationally accepted principle of national sovereignty to turn back Saddam Hussein's invasion of Kuwait in 1990, President Obama can draw on international rejection of weapons of mass destruction to build an international coalition to respond to the recent outrage in the Syrian civil war.

The United States can lead the effort but it must not accept the responsibility of going it alone. This is not a symbol of American weakness. It is a sign of U.S. strength in the world of the 21st century.

Sandra Mackey is an award winning writer on Middle Eastern culture and politics. She holds an M.A. in International Affairs from the University of Virginia and has taught political science at Georgia State University. She has served as a visiting scholar in the Woodrow Wilson Department of Government and Foreign Affairs at the University of Virginia. Her writings have appeared on numerous periodicals such as Chicago Tribune, Los Angeles Times, Wall Street Journal, and Christian Science Monitor. In addition to appearing on NPR, Nightline, BBC, and ABC News with Peter Jennings, Mackey also served as a commentator on the first Gulf War for CNN. Mackey's book Lebanon: Death of a Nation was named to the New York Times list of Notable Books of 1989.
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• LETTERS •

On ‘proofing’

Dear Editor,

This letter is in response to Mr. Gaston’s letter in last week’s edition.

Dear Mr. Gaston,

Thank you so much for pointing out my proofreading error in the August 15th issue of the Highlands Newspaper. I had went to correct the mistake but somehow forgot.

Yours,
Glenda Bell

• See LETTERS page 10

Eugenia Spurlock

Eugenia Spurlock, age 79, of Highlands, NC died Tuesday, August 20, 2013 at a Highlands-Cashiers Hospital. Born in Aiken, SC, she was the daughter of the late Clinton and Rosa Green Hall. She was married to the late Willie Benjamin Spurlock, Sr. who died in 1998. She was a dietitian at the Highland-Cashiers Hospital. She was a loving mother, grandmother and great-grandmother. She was a member of Heady Mountain Baptist Church.

She is survived by three daughters, Hazel Spurlock Webb of Clarksville, GA, Nancy Spurlock Webb of Hendersonville, NC and Carolyn Spurlock Reynolds of Weaverville, NC; three sons, David Spurlock-Trantham of Tuckasegee, NC, Willie Benjamin Spurlock, Jr. and Clifton Kenneth Spurlock both of Highlands, NC. Two sisters, eight grandchildren and 12 great-grandchildren also survive. She was preceded in death by a son, Luke Spurlock.

Funeral services were held Saturday, August 24 in the Chapel of Bryant-Grant Funeral Home in Highlands with the Rev. Johnny Norris officiating. Burial was held at Greens Creek Cemetery. Clarence Webb, Albert Webb, William Webb, Mike Franks, Jerry Trantham and Jamie Shuler served as pallbearers.

Bryant-Grant Funeral Home is in charge of arrangements.
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The Fredster

I’m not making this up

Dateline: Miami Beach, 1963

My partner, Detective Stanley Marcus, always called me ‘Detective Puppy Breath’ because I had only been a cop for two years. Stanley and I were good friends who worked the third shift out of the Juvenile Unit and usually ate dinner at Dubrow’s Cafeteria, a popular all-night restaurant right on Lincoln Rd. on Miami Beach.

Between the hours of 5 and 7 PM, Dubrow’s was packed and every table taken. It was common practice to sit at a table with empty chairs and not even ask for permission. Everyone did it. Stanley and I took our trays and began to scan the large dining room for two empty seats.

“There, over in the corner; see the old geezer sitting alone. Let’s snag his table,” Stanley suggested. I sat my tray down next to the old guy and made a friendly remark that I’ve long since forgotten. Stanley sat facing the guy and we started eating. Moments later, Stanley said, “Hey, Puppy Breath, I think the guy sitting next to you has friggin’ croaked.”

I leaned forward and looked into his eyes. Stanley was right. I had seen that glassy stare many times. “Yikes, we’re eating with a stiff,” I remarked, “Let’s get homicide over here.”

As word spread that a dead man was nearby, people started picking up their food trays and moving. Stanley and I decided to stay and finish our meal. My job was to catch the deceased should he become unbalanced and start to keel over.

And here’s the fun part of this true story you might want to write down for when it’s time for you to croak.

If you die in a balanced position, you can remain in that position forever. The old guy had both forearms on the table with the fork in his hand resting on his plate. He was sitting erect with his head straight ahead. He was perfectly balanced. As time passed, the guy would have become even more stable as gravity pulled blood to the lower parts of his extremities. Remember the blowup clown you could punch and it would pop back up? The weight in the bottom of the clown kept it upright and balanced. Balanced stiffes are just like that….well, kind of.

Soooooo, you can learn something new every day.
Reimbursements don’t cover the costs of improvements, capital needs, or program expansion. The program depends upon philanthropy to expand services to the region.

And that’s where the citizens of Western North Carolina come in.

Locally, Paoletti’s Restaurant is hosting an exclusive evening in support of MAMA, Wednesday, Sept 18. It’s a six-course dinner with special wine pairings. Patrons will meet Mission Hospital executives, the MAMA flight crew and neighbors whose lives have been transformed by MAMA. There is limited seating so if interested call 526-4906.

MAMA copters aren’t designed to take patients only to Mission Hospital. Although the level II trauma services make for easy decisions on many calls, MAMA always defers to the professionals on-site and or family considerations when making the transport decision.

If patients are better served by going to a hospital in Georgia, Tennessee or South Carolina, MAMA helicopters will take the patients...no questions asked.

Mission’s fleet of two helicopters, affectionately known as MAMA 1 and MAMA 2, are a vital part of Western North Carolina’s Regional EMS fleet.

The helicopters enable rapid response to life-threatening emergencies throughout our 20-county region and neighboring states.

Patients inside this “flying ICU” may be an elderly person who has suffered a heart attack or stroke; a trauma victim injured in a car, motorcycle, or other accident; or a fragile premature baby needing care in the region’s only Neonatal Intensive Care Unit (NICU).

With helicopter transport, these patients can begin treatment within the critical “golden hour,” that time span that can make a difference between life and death for critically ill or injured trauma patients.

The percentage of emergency types on MAMA flights are trauma 35%, cardiac 28%, medical 14%, other 11%, neuro 10% and neonatal 2%.

The experienced flight crew includes former military pilots, nurses with at least 5-10 years of ICU experience, and paramedics with at least 5-10 years experience dealing with car accidents, falls, and pediatric emergencies.
Look for the Red Roof and the Covered Wagon!

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... MAMA from page 7

Life-saving care begins as soon as MAMA arrives on the scene, because the flight team and helicopter are medically equipped to begin emergency care.

The aircraft and crew are outfitted with safety equipment including night vision goggles, which enable the crew to pinpoint lost and injured hikers and other emergencies in remote terrain and provide help quickly.

MAMA was the first medical airlift program in the U.S. to use night vision goggles, and fifteen years later they are now routine equipment for medical airlift programs nationwide.

MAMA 1 is located at Mission Hospital in Asheville, while MAMA 2 is located in Franklin, NC.

Since the program’s inception with one helicopter in 1986 and the addition of MAMA 2 in 2004, the aircraft have completed more than 18,500 safe patient transports. Currently, they average three to four flights per day, or 100 flights per month.

In 2012, MAMA made 1,040 flights. Yet over each of the past three years, an average of 150 flights per year could not be made because both aircraft were in use or unavailable at the time of emergency.

Population Characteristics

The Western North Carolina region served by Mission and MAMA continues to experience robust population growth. From 2010 to 2020, nine of 20 counties in Western North Carolina are projected to grow by at least 10%, with six counties experiencing growth of 15% or more.

Not only is the population growing, but it is also aging, partially due to the influx of retirees. Over 20% of the population is 65 or older, compared to 12.9% for North Carolina as a whole, and nearly 100,000 households, or 32% of all households in the region are home to at least one person over age 65. The number of individuals 65 and older in Western North Carolina is projected to increase to at least 25% of the
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Board Certified in Internal Medicine and Gastroenterology and a Fellow of the American College of Physicians, Dr. Richard Carter specializes in the detection and treatment of a wide range of digestive diseases as well as colonoscopy (colon cancer screening and polypectomy), and EGD procedures.

A native of Virginia, Dr. Carter attended the University of Virginia and graduated Phi Beta Kappa. He then completed medical school, internship, residency and fellowship training at the Medical College of Virginia. Dr. Carter's decades of experience include six years at the renowned Greenbrier Clinic in White Sulphur Springs, West Virginia, more than ten years as Chief of Gastroenterology at West Georgia Medical Center in LaGrange, GA, and fifteen years practice including Piedmont Hospital and Emory Midtown in Atlanta.
population by 2030.
This population trend has significant implications for health care and emergency services. Older adults are at increased risk for heart attacks and stroke, the leading causes of death in North Carolina.
Risk factors for cardiovascular disease (including stroke) are also more prevalent in rural areas such as Western North Carolina. These risk factors include tobacco smoking, diabetes, obesity, older age, physical inactivity, and poor diet.
As the only Joint Commission certified Primary Stroke Center in Western North Carolina, Mission serves stroke patients throughout the region, and they often arrive via MAMA.
A Matter of Time
The two MAMA helicopters cannot cover the entire Western North Carolina region at current levels of demand – another helicopter and crew is needed.
From 2010-2012, a total of 441 flights were missed because both aircraft were in service (224 flights); response time would be too long (140 flights); or the aircraft was out of service due to maintenance (77 flights).
Without MAMA, the trip by ambulance from a rural location to Mission can take up to two hours over winding mountain roads. Via helicopter, the same trip is approximately 20 minutes or less, and during transport the patient is treated with advanced life support equipment by the flight nurse and paramedic who accompany each flight. The flight team is in constant contact with the trauma team at Mission, the region’s only Level II trauma center where neurosurgeons, pulmonologists, cardiologists, intensivists, trauma surgeons, orthopedists, and other specialists are on call 24/7.
The addition of a third helicopter will improve response time and increase access to life-saving treatment for patients throughout the region. It will also increase the program’s capacity to respond with at least 440 more flights per year, improve response time to counties north and east of Asheville which are currently underserved, and will give the program the ability to reach any emergency in the region within 10-20 minutes.
Needed funds
Mission Foundation is leading a $2 million campaign to expand and strengthen the MAMA program. Plans include adding a third helicopter to the fleet, which will likely be stationed in the region north of Asheville. MAMA 1 will relocate from Asheville to Hendersonville. MAMA 2 will remain in Franklin, NC. Like MAMA 1 and 2, the third helicopter will be outfitted with state-of-the-art instrumentation and equipment enabling it to fly and land safely in adverse weather conditions and mountainous terrain.
Leasing costs of MAMA 3 will be paid by Mission Hospital; however $2 million must be raised to cover the associated infrastructure and equipment costs of the third aircraft, and the costs of stationing each aircraft in the region for optimal coverage and response time. Funds raised beyond $2 million will be used to establish a reserve for pilot training, and future technology and site upgrades.
Funding needs total $1,922,800 – $350,000 of that has been secured. Funds will be spent on three all-weather hangars including crew quarters; hangar equipment (aviation fuel systems, generators); base equipment (radios, video surveillance systems, blood refrigerators).
The $350,000 funded MAMA 3 medical equipment and crew equipment. Most of that money came from Bi-Lo Supermarkets who gave $119,000 – $95,000 corporately and $23,500 from customer scans earlier this year and $203,000 was donated by Mission Hospital’s Volunteer Organization.

– Kim Lewicki

... MAMA continued from page 8

... LETTERS continued from page 3

Dear Editor,
There are many things that make Highlands a special place, but for me, our Hudson library is high on my list. Not only does it have a large book selection but there are computers, newspapers, magazines, and much more. The recently completed construction project has made the exterior and grounds very attractive not to mention what is inside, a great place for kids and adults.
Now we have an opportunity to make it even better. Horst and Margaret Winkler have offered a gift of $35,000 if we can raise a similar amount, and through the generosity of the Highlands Community we are over halfway there. I am confident we will make it. The “Winkler Challenge” is something we must meet to make our library as great as it can be.

Don Dorough
Hudson Library Trustee
... MARKET continued from page 1

Park on Pine Street after its first year because of new rules of engagement concerning activities in the park – specifically rental fees, as well as scheduling conflicts.

The second year, Highlands Farmers Market moved to the traffic circle at highlands School, but due to school renovations and construction traffic, needed to find a new home for this season.

This year, at the urging of Highlands Plaza owner Al Bolt, as well as an OK from Jim Bryson of Bryson’s Foods and initially from Interim Planning Director Josh Ward, the market moved to the parking area adjacent to cosper Flowers in Highlands Plaza.

A few weeks into the season, Andrea Gabbard, founder of the market, was told she would have to move to the lower parking lot of Highlands Plaza until town officials could figure out how to deal with the parking space ratio in the plaza during the hours the Farmers Market was open – Saturdays 9a to noon.

It moved to the lower parking lot for one week but after public outcry was allowed to move back to its original spot next to cosper.

However, since it was finally determined that setting up the market in the plaza is illegal and since the market doesn’t have the funds to pay rental fees at K-H Park, Gabbard called it quits – at least for the rest of this year.

“The truth of this matter is that the Farmer’s Market set up in Bryson’s Parking lot with no permit from the town but there is not sufficient parking there to accommodate the shopping plaza and the Farmers Market,” said Town Manager Bob Frye. “The market needs at least 45 dedicated spots in addition to what is there at the plaza to be legal.”

An exhausted Gabbard is disheartened by the go around.

“This Farmers Market was a lot more than just about selling produce from local gardens; it was also about local nonprofits raising money; about regional artists selling hand-made items; it was about buying fresh, sweet, blueberries; it was about fun and great times meeting friends in a market atmosphere on a Saturday morning,” she said. “Most of it was people dedicated to helping people through kindness and missions.”

Gabbard and a group of local teenagers raised money through flower sales for trips to Bolivia and Haiti.

Recently Gabbard was told she could move the market to K-H Park but scheduling would have to be worked out and the market would have to be sponsored by a nonprofit if fees were to be waived.

Under the town’s new rules which were solidified over the past couple of years, registered nonprofits can have events in the K-H Park as well as associations approved by the town.

Frye said the normal fee is $100 per day to use the park but it is waived for approved nonprofits.

“We have a list of about 20 approved nonprofit organizations with the latest being the Macon County Art Association which sponsors Cynthia Strain’s Village Art & Craft Festival,” said Frye. “To be approved, the applicant must supply proof that they are a bona fide 501(c)3 tax exempt organization that operates to the benefit of Highlands and Macon County.”

According to Frye, if nonprofits meet those conditions then fees levied to use the park are waived.

However, Cynthia Strain said fees for her show were discounted but weren’t waived even though she now operates under the Macon County Art Association’s nonprofit umbrella.

Though Gabbard was told she could use the K-H Park, Frye said the fees weren’t waived because she wasn’t a nonprofit or under a nonprofit umbrella.

“What was discussed with the Farmers Market was that they could operate in K-H Park free of charge if they were sponsored by an approved nonprofit; which we thought at the time was the Methodist church. Apparently it is not sponsored by the church and the people running the market balked at paying the rental fees and as such decided to shut down,” said Frye.

Frye said he understands that people might feel the town is being mean in shutting it down, but Town staff cannot ignore violations or pick and choose how to enforce ordinances;” he said. “We tried to work with the operators and gave them some options. I’m sorry they did not like any of those and decided to close up shop.”

Part of the problem is miscommunication between a couple of elected officials and town staff working behind the scenes with Gabbard. Over a matter of weeks stories have changed.

Evidently, Commissioner Brian Stiehler, Mayor David Wilkes, Frye and Ward have been trying to work all this out on their own, which has resulted in a messy situation.

Now the issue has been put on the September Town Board agenda so discussions can be heard by all commissioners and the public in an open forum so everyone can weigh in and the rules regarding K-H Park usage can once and for all be understood by everyone.

Frye contends that if organizations are not on the approved nonprofit list, then they pay the rental fee unless the Town Board waives it, which is what the Town Board did for the summer concert series in K-H Park this year.

“You might recall, originally, Thomas Craig asked for $5,000 from the town to help get the series off the ground, but later asked for the park fees to be waived instead. The board agreed to do so for the first year as a way to help the concert series get up and running,” said Frye.

He said if the Highlands United Methodist Church tells the town it is sponsoring the Highlands Farmers Market, then Gabbard can use the park and the fees will be waived.

“K-H park was offered to us - but not on a consistent basis,” said Gabbard. “We need it every Saturday from 9a-noon. There is no way that the farmers can hold their produce for two weeks. We would love to remain in town, but until we can run somewhere every Saturday it would not make sense.”

- Kim Lewicki

**OPEN HOUSE**

**Saturday, August 31st 2-4 PM**

Highlands Manor Court off 5th Street.

Very private in town condo with wood floors. Look for signs on Fifth Street just north of the Catholic Church.

Keturah Paulk – Country Club Properties
CHILD CARE continued from page 1

Affordable, dependable, sustained child care is a concern for parents in Highlands. Currently there is a waiting list at HCCDC which is licensed for 66 children infant to five. Director Pat Hedden said the Gordon Center is a good thing.

“There is a huge need for infant and toddler child care in Highlands,” she said. “There are only 10 infant slots available at HCCDC and only 16 spaces for toddlers. That’s not enough.”

The Gordon Center for Children, has three components which will school and care for children at both churches during school days.

There are two preschools – one at the Methodist Church for 3-5 year olds, and one at the Episcopal Church for children ages 1-5 years old. Allison Tate who runs the preschool at the Methodist Church is director of both programs.

The preschool at the Methodist Church is from 8a to noon and 8a to 5p at the Episcopal Church.

Besides scholastic studies to prepare students for kindergarten, students have music and exercise classes, weekly trips to the Hudson Library and participate in literacy and art activities with The Bascom and the Highlands Literacy Council.

The third component under the Gordon Center for Children nonprofit umbrella is a free after-school program at the Methodist church run by Jennifer Forrester for children in kindergarten to fifth grade Monday, Tuesday and Wednesday from 3-5 p.m.

• See CHILD CARE page 26

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#### 10a-noon
**A Different Take: Photography**
Join award winning natural history and conservation photographer Clay Bolt and Bascom’s Erza Gardiner, a contender for the ONWARD Compre 13 award for emerging photographers, present two uniquely different takes on the art of photography. They will present their distinct visions of the special nature of our area-one in detail and the other in a broad sweep. CLE Lecture Hall | $25/$35

### Thursday, August 29
#### 3:30-5p
**Design In Nature**
Mark Warren, founder and director of Medicine Bow, A Primitive School of Earthlore located in the North Georgia Mountains will lead a walk along the Bascom’s Sculpture Trail to explore the design of elements that are visible. He promises to get participants thinking outside the box. Location: Bascom’s Sculpture Trail | Cost: $15

### Wednesday, September 11
#### noon-2p
**Figel Family Recipes**
Andrew Figel, proprietor and chef of on the Verandah invites you to share family recipes at this luncheon. $55/$65. Limited to 40. Location: On the Verandah

### Thursday, Sept 12
#### 1-3p
**The Surprisingly Chummy Transcendalists**
Elizabeth Addison, Ph.D, retired from the English Department at WCU, introduces Transcendentalism, an idealistic movement emerged in New England from a loose association of friends and colleagues, notably Ralph Waldo Emerson and Henry David Thoreau. both with whom we identify an American notion of self-reliance. With other friends this group of like minded intellectuals made an enormous contribution to many reform movements as well as literature and cultural. CLE Lecture Hall | $25/$35

### Labor Day Celebration Sale
**Through Sun., Sept. 8**
**20%-50% OFF STOREWIDE**
Some Exclusions apply

- **Visit our Warehouse**
  For Irresistible Bargains on Great Merchandise
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  Celebrate our 24th year! Great Days of Savings
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For more information and complete schedule: Classes at CLE Lecture Hall | $25 members/$35 non-members (unless noted otherwise)
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End of Summer to Labor Day Sale!
Friday, Aug. 30 thru Monday, Sept. 2
Up to 50% off Selected merchandise

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Labor Day Weekend Trunk Show!
thru Monday, Sept. 2
Many new arrivals of Fall/Winter blouses, coats, jackets and accessories.
Lots of Samples on Sale! $10 and up!
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**Real Estate Snapshots**

**Thomas Craig cottage with gardens over looks front water feature and natural stream. 4br/4ba with dramatic fireplaces, inside and out. Master and guest suites on main. The focus is the 3-story Koenig built 4-car garage with post & beam studio apt above, an 800+ Sq ft workroom below. $1,195,000 MLS# 77606**

**Adorable one-level cottage in Highlands Falls CC. Remodeled kitchen with new cabinetry, appliances and countertops. New wood front door. Large great room, covered decks, 3 br/3ba, carport. Pristine condition & ready to enjoy! $348,000 MLS# 77541**

**Post & Beam on large wooded lot backing to USFS. Lake access, riding rings, pastures, trails.Bonus room/storage upstairs, large basement w/bath, 2-car garage. Wide planked hardwood floors. Priced below tax value! $345,000 MLS# 77381**

**Custom-built home with massive great room, vaulted pine ceilings & exposed beams. Stone fireplace, eat-in kitchen, granite countertops, womy maple kitchen cabinets, Brazilian cherry floors. 3br/2.5ba, 40-year roof, two-car garage. $795,000 MLS# 77180**

**Best priced Turning Leaf condo! Brand new & a great view of the 3rd tee and walking distance to the clubhouse. Complete with 3br/3ba, granite counter tops, hardwood flooring, outside fireplace and more. $469,000 MLS# 75562**

**Apple Mountain custom-built home with 3br/3ba, vaulted ceilings, meticulously maintained, 2-car garage, private setting & close to town. $325,000 MLS# 76574**

**Beautiful 3br/3.5ba Koenig-built timber frame home on one level, with int & ext fireplaces. Carefully landscaped, with stairs to the stream. The Viking stainless and granite kitchen makes entertaining a pleasure. $895,000 MLS# 77338**

**Mirror Lake area cottage with 3br/3ba, wood floors & ceilings, remodeled kitchen & baths, fresh paint and new roof. Furnished and stone fireplace, deck has a mountain view. $400,000 MLS# 75048**

**Joe Webb-like cottage on the Mirror Lake with its own dock. Adorable 2br/1.5ba, all wood interior, hardwood floors, history & charm. Covered & screened deck, rolling back yard, metal roof. $375,000 MLS# 77293**

**The Honeymoon Cottage at Highlands CC, is perfect for a weekend getaway or for that extra space you may need for friends or family who come to visit and enjoy our Highlands weather. Only minutes from Main Street. $299,000 MLS# 77570**

**Walk to town! Bold rushing stream, 1.8 acres, spectacular low-maintenance landscaping and walking distance to town! Old Highlands charm! Vaulted ceilings & hardwood floors! One-level living complete with 3br/3ba, study/office/den area, outdoor living area & 3 Fireplaces! $1,050,000 MLS# 78007**

**Beautiful 3br/3 full & 2 half ba contemporary with panoramic view of Whiteside Mtn. Open living room, separate dining room, & family room, 4 fireplaces. Stone patio, 2-car carport & 2-car garage. $1,350,000 MLS# 76535**

**Built in the 1930s this walk-to-town 3br/2.5ba older home is loaded with character. The main floor has a library, formal dining room, living room with fireplace and patio porch with clear plastic weather panels, currently an art studio. Detached two-car garage. $687,000 MLS# 77485**

**Private cul-de-sac location in HFCC with 3br/3ba, vaulted ceilings and stone fireplace. Master suite with spacious bath plus his/her closets, and corner gas fireplace. Mountain views from both inside & outside the home. $667,000 MLS# 77726**

**Mirror Lake fixer-upper! Cute little Highlands get-away cottage. Close to town, quiet neighborhood. This cottage only needs a bit of sprucing up to make it a showcase! $200,000 MLS# 77727**

**One-level home with a great view of Whiteside Mountain. 3br/3ba, large eat-in kitchen with island. Vaulted living room, large dining room. Fresh ext paint & 2-car garage. $927,000 MLS# 75798**

**In town Mirror Lake Cottage with 3br/2.5ba, new custom kitchen, screened & open decks, private yard, new master bath, lower level family room & is in pristine condition. $419,000 MLS# 77467**

**In town Mirror Lake Cottage with 3br/2.5ba, vaulted pine ceilings & exposed beams. Stone fireplace, eat-in kitchen, granite countertops, womy maple kitchen cabinets, Brazilian cherry floors. 3br/2.5ba, 40-year roof, two-car garage. $795,000 MLS# 77180**
Shrinin-Yoku and the Highlands Plateau

Shrinin-Yoku, or ‘forest bathing,’ was developed in Japan in the 1980s and has become a healing practice in Japanese medicine. The practice of forest bathing has scientific-based health benefits of spending time under the canopy of a living forest. Really? Haven't we known this for years?

I've had different clients over the years tell me they could actually feel the change in their body just making the trip up here. Some of the benefits of Shrinin-Yoku are: lowered blood pressure, lowered pulse rate, reduced cortisol levels, and research has shown it increases the immune system's cancer fighting cells.

Another benefit? Many clients have expressed how much better they sleep while in Highlands. To reap the full benefit, you need to do more than BE in Highlands. To really feel the change, you need to get out and take advantage of walking through the forest canopy.

Everyone has a purpose for being or wanting to be in Highlands, and I'm sure you've all heard the phrase, “I wasn't born in the mountains, but I got here as soon as I could.”

There are four groups of people that live full or part time in Highlands: Natives - people who 'live' here part time three - six months out of the year, and the Lucky Ones - people who weren't born here, but got here as fast as they could and intend to live out their lives in these beautiful mountains.

Sometimes the Natives and Locals 'forget' just how fortunate they are to live here until they're reminded by the tourists and Lucky Ones.

John Muir (1838 – 1914), a Scottish-born American naturalist, wrote, “Thousands of tired, nerve-shaken, over-civilized people are beginning to find out that going to the mountains is going home.” (See, I told you it wasn't a new thought.) Mr. Muir traveled extensively, and was known to visit western NC.

Have you taken a look at The Buyer’s Guide or The Real Estate Magazine lately? There are thousands of homes to choose from in this area. What exactly are we selling?

Everyone knows the old standby of "Location, Location, Location," but what we forget sometimes is that someone's idea of 'perfect location' may not be the same for the next person in line. It's not snake oil salesmanship; the

**Investing at 4,118 ft.**

**Shrinin-Yoku and the Highlands Plateau**

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**Investing**

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**Shrinin-Yoku and the Highlands Plateau**

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**Investing**

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**Shrinin-Yoku and the Highlands Plateau**

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**Shrinin-Yoku and the Highlands Plateau**

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**Investing**
INVESTING continued from page 19

Almost anywhere you go from North Georgia to Tennessee, to the mountains of western NC, people are experiencing the benefits of forest bathing. Of course, our favorite spots are in Highlands, NC and the surrounding areas of Scaly Mountain, Horse Cove, Cashiers, Sapphire, Lake Glenville, Toxaway, Franklin, and others.

Besides being able to spend time in this mountain paradise, there are other motivational factors for buying this Fall. The interest rates have started to creep up, the list-to-sell price ratio has started to tighten up, and home listing prices may be the next thing to go up.

I’ve often heard comments from prospective buyers, like “This is just a house,” “There’s nothing special about this one,” “I could buy this house in Atlanta/Florida for much less,” (Gotta love that one).

That’s when the Broker needs to step back and help the client ‘see’ the home through their eyes. I say step back, because Brokers as well can get too focused on the house and pay no attention to the big picture.

Why do the clients want to buy in Highlands? What will they do when they get here? If a home has been well maintained and is comparably priced, the buyer can focus on their objective and should be able to ‘see’ themselves living there. The principles of Shrinin-Yoku are Breathe. Relax. Wander. Touch. Listen. Heal. Those same principles can relate to a home for sale.

Breathe – take your time when looking. It should take more than 10-15 minutes to really see a home.

Relax – Enter the home as if you were being invited by a friend.

Wander – take your time and look at everything the home has to offer. Look past the furnishing whether it’s being offered furnished or unfurnished.

Touch – go ahead, open the back door, walk onto the porches and decks, don’t just peer out the window. Take at least two minutes and sit down. Be aware of your surroundings.

Listen – to your Broker. Whether it’s their listing or not, they can tell you things about the home and the area.

Heal – You should be able to find something about each home you visit that can make it ‘yours’ whether it’s enough to warrant making an offer depends on you. Your new home itself may not be a healing instrument but you inside your new home can be a healing process.

Remember the WHY you are in or want to be in the mountains. Enjoy the natural beauty of this area; feel the power of Shrinin-Yoku.

We can ALL be ‘The Lucky Ones’ no matter how long we’ve been here.

• Jeannie and Tucker Chambers are owners/brokers of The Chambers Agency, Realtors. They both get out in our forests as much as possible, and will be glad to help you find your spot in the woods. 828-526-3717 401 N. Fifth Street getit@chambersagency.net

Like new 3br/ 3.5 ba mountain home with a great view of Whiteside Mountain!

Being offered furnished (w/a few exceptions) home has been immaculately maintained and quality features throughout. Easy access, private setting,

Viking oven and refrigerator, heated bathroom floor, jetted tub, full service generator, skylights, stacked stone fireplace, attractive landscaping and a great deck. Located in Highlands Falls Country Club, membership available but not required. Must see to appreciate! $987,000

www.MeadowMtnRealty.com
Mirror Lake Area. Charming Old Highlands cabin on 1.59+/- acres bordering Moon Shine Creek, stone fireplace, 2br/1ba. $250,000. MLS# 76247

Highlands Falls Country Club. Whiteside Mountain view from with 3br/3.5ba, elegant Viking kitchen and stone fireplace. $987,000. MLS# 75205

On Lake Sequoyah. 1.29 acre lot with incredible lake frontage and views within Highlands City limits, City water/sewer. $397,000. MLS# 77522

Sky Valley. Exceptional long and layered mountain views from this 5br/3.5ba home. Enjoy the outdoor living areas. $597,500. MLS# 77600

Highlands Mountain Club condo with 3br/2ba, mountain views, wood floors, fireplace and furnished. $269,000. MLS# 73758

Historic Farmhouse on 6.4+/- acres, 4br/2ba, offers mountain views, old log barn, pond, pasture, stone cellar. $197,000. MLS# 74892

Highlands Falls Country Club. Great golf course view from this 3br/3ba furnished, maintenance free condo. $357,000. MLS# 73805

Village Walk. Walk to town from this decorator 3br/3.5ba single family condo. Covered porch with fireplace, great patio. $849,900 MLS# 74743

Close to Town, single level living, immaculate home w/ 3ba, 2ba, 2-car garage, wood floors in main living area and private deck. $319,000. MLS# 76926

Flat Mountain Estates. Spacious 4br/3.5ba with great mountain views. House comes with three lots. $475,000. MLS# 73617

Highlands Falls Country Club. Whiteside Mountain view, 4br/4.5ba, private setting on two lots, lower level guest suites. $797,000. MLS# 71048

Highlands Falls Country Club. Sitting by a stream , enjoy this 3br/3ba with large deck for entertaining, fully furnished. $397,000. MLS# 76006

Exceptional custom built 3br/2ba/2hb with high end EVERYTHING. Long range 270 degree mountain views. $1,150,000. MLS# 76582

Highlands Falls Country Club. Lovely 4br/4ba home with a mountain view. Reduced $150,000! Open floor plan. $647,000 MLS# 76109

A Blue Valley view with a pond and waterfall in your front yard, only 7 minutes to town. 4br/3.5ba/2half ba. A rare gem. $897,000 MLS# 77015

Shortoff Area. Great family home with 4br/2ba, nice private setting and large screened porch for entertaining. $295,000. MLS# 73899

Turtle Pond. Two homes – one price! Main house is 2br/2ba with wood floors and stone fireplace. Guest house is 2br, 2ba. $237,500. MLS# 76949

Highlands Falls Country Club. Beautiful Arts and Crafts 4br/4.5ba home on private lot with great view of Whiteside Mountain. $1,477,000. MLS# 77337

Highlands Townsite. Walk to town from this 2br/2ba condo. Easy living with no maintenance. $147,500. MLS# 77769
HIGHLANDS AREA UPCOMING EVENTS

Choral Concert at First Presbyterian Church to benefit students’ trip

The First Presbyterian Church of Highlands, 471 Main Street, is hosting a benefit concert on Sunday, September 1 at 5pm for the Concert Choir from Western Carolina University. The Concert Choir is planning a trip to central Europe in May 2014. Please make plans to join us for a delightful afternoon of beautiful choral and vocal music and an opportunity to help young people experience the culture of Central Europe.

HCPs ‘ALMOST, MAINE’ starts its final week

By Director Virginia Talbot

Please come and see this play. It's new, it's fresh, it's enchanted, it's beautifully staged, and you won't see its like perhaps ever again. This is its last week on stage at the Performing Arts Center on Chestnut Street in Highlands.

In a small town called Almost in Northern Maine ordinary people experience the extraordinary in unexpected ways. Falling in love is a literal collapse. A paper bag contains a broken heart. Unrequited love is returned in unexpected ways. Falling in love is a literal collapse. A paper bag contains a broken heart. Unrequited love is returned.

The cast of 12 is a mix of three new actors, doing very well in their roles, and several accomplished, experienced actors who are as good as any you will ever see in regional or professional theaters.

The set is an amazing construction of nine different locales on one stage, thanks to the vision of set designer John Roman, with special lighting effects for indoor and outdoor scenes, including the aurora borealis, designed by lighting expert Megan Potts.

“Almost, Maine” is witty, whimsical, but yet quite honest and real — a quirky romantic comedy of love lost and found. No scene will leave you unsurprised. This is your chance to see, right here in our area, a magical play that has become one of the most popular and most produced plays around the country in the past few years.

The final performances of “Almost, Maine” run Thursday, Aug. 29, through Sunday, Sept. 1. The box office is open 10 a.m. until 4 p.m. on weekdays, and an hour and a half before the evening performances at 7:30 p.m. and the 2:30 Sunday matinees. For tickets call 526-8084. Check the website for more information, highlandschasiersplayers.org.

FALLING WATERS

Lot prices start at $129,000. Owner financing available

A 52-acre community just 2.5 miles from Main Street. Secluded but not remote; peaceful, quiet and private. Mature hardwoods, giant rhodies, mountain laurel and a plethora of wild flowers. Two waterfalls and several creeks add charm and interest.

It is our goal that Falling Waters be aesthetically pleasing and well maintained, while preserving the backdrop of its natural beauty. Falling Waters is governed by the NC Planned Community Act, and excellent framework for basic structure governing practices and declarations. We have added our own well thought out covenants to protect the environment and help insure that the Falling Waters community is a sanctuary where peace, safety and happiness abound.

Perhaps most important is our desire to create and live in a caring community with a culture of good will, harmony and consideration. We believe the best rule is “Do unto others as you would have them do unto you.”

Welcome...Come Visit!
From Main St., take Hwy. 106 (The Dillard Road) 1.8 miles just past the Glen Falls sign, turn right on Mt. Laurel Dr., go 3 tenths of a mile turn left on Moonlight. The entrance is on the right.
www.highlandsnchomesites.com
Contact (onsite owner) or your broker for plats, prices & a guided tour. 828-508-9952.
The fight for Christianity

Christianity is under attack from many different sectors of our society. There is a real war going on to diminish the message of the true gospel and to make it less threatening to those who are non-believers.

In Galatians 6:12b the apostle is speaking about the Judaizers and their compromising of the gospel. “The only reason they do this is to avoid being persecuted for the cross of Christ.” The Judaizers preached circumcision. First, to have a reputation and second, to avoid persecution. The persecution would be from the Jews and the Romans.

During the time between the two Testaments there was a family in Israel that tried to bring the people together and deliver them from the Greeks. They were the Maccabees, you can read about them in the Apocrypha. They were not able to defeat the Greeks. The Romans were also fighting the Greeks, so an alliance was made, and a waver was given the Jewish nation so they could keep their own religion and still be a part of the Roman Empire. This was the only time such a waver was given by Rome.

If Christianity were to be seen as a sect of Judaism, it would be allowable under Roman law. You can see how this would have brought pressure on many to tie Christianity to Judaism. You could still preach Christ and the cross but you would have to add the keeping of the law, thus modifying justification by faith alone to justification by works. Paul says this makes the resulting gospel, no gospel at all.

To make such a change is nothing short of cowardice. To take the truth and try to hide it, to ignore its claims, simply to avoid persecution is no more than a cheap tactic which paints a yellow stripe down the middle of your back. A generation has not gone by in the history of the church, where these types of people have not plagued her.

My friends, I can assure you of one thing. The gospel will always offend the world. In every age you will find manifestations of this offense. All true believers will be pressured to drop the truth and take up some watered down version of the gospel.

Apart from the one true religion, all others have accepted a watered down version. These other groups are all

**See SPIRITUALLY SPEAKING page 25**
... SPIRITUALLY SPEAKING continued from page 24

syncretistic to some decree. That means they are all trying to bring two or more religious systems together.

Christianity is the only religion that is absolute. It claims, without apology, to be the only truth. If you compromise Christian doctrine in even the slightest way, you lose its message.

The world of our day does not mind if you believe in Jesus, as long as you believe other religions are just as valid as Christianity. They cannot handle the idea that one religion is the true religion. They cannot stand the idea of absolutism.

This is why many have taken the cowardly way out. They compromise the gospel. Many who preach this watered down message, tell you, Jesus is only “one way,” they may even admit he is the best way, but they never say he is the only way. The great reformer Martin Luther said to deny the gospel at the point of the world’s attack, to save face, was to deny Christ himself. Herein is the reason for all compromise. It is to avoid rejection. To avoid ridicule. To avoid suffering. To avoid persecution. It’s to escape because you are afraid. The one who compromises what he believes is a coward.

You must not allow your fear to cause you to turn away from the truth. In our day, we have seen so many make this tragic mistake. Many churches are abdicating their place of leadership in the sexual lives of their people. Perversions are running rampant throughout our society. Such perversions of sexual behavior are sins and the wages of all sin is death. But we have many today who want to overlook these sins, or explain them away. Proponents of these sins compromise God’s truth, so they can escape the wrath of the politically correct tyrants. They want to avoid persecution.

Compromise is the devil’s tool for destroying the gospel message. The Bible teaches, it is the infallible and inerrant Word of God. It shows itself to be sufficient to deliver God’s truth. If you truly believe it, then, you must not be cowardly in the face of opposition but you need to do as Paul says in Ephesians 6. You need to put on the armor of God and once you have done so, stand firm.

Compromise will gain nothing but heartache. It will only destroy your life and the lives of your children. Many of you are parents. You know how hard it is to stand firm with your children and tell them “no.” They can really make you pay for it.

Today, far too many parents, like too many churches, are giving in and allowing children to do what they want. Then, they wonder what happened, when a daughter comes home pregnant or a son is arrested with drugs.

What happened was they compromised the truth and the children had no standard to judge by, and thus, compromised everything that came their way. Unless you act with courage in the face of the world’s attacks, your children will become even bigger cowards than you are. They need your example to build a solid uncompromising godly character.

The same thing is required in churches. People are needed who will stand up and say: “We believe the Bible. We believe that God is sovereign and the initiator of salvation. We believe in the totally sinful nature of man, in the wonderful love of God that calls his people out of sin. We believe in the power of Christ to save his people, in his grace and it’s absolute guarantee of success. We believe in the covenant of God to save and his promise to save such that he never loses any he saves.”

We need people who are courageous enough to hold to the truth regardless of the consequences. Men and women clothed in the armor of God, standing firm, prepared for battle, unyielding and unafraid of the fiery darts of the devil. Herein is the only defense the church has, people who are committed to stand and stand firm in the truths of Scripture and in the glory of the works of Jesus Christ.
hors d’oeuvres will be served. The concert will provide funds for these schools and the agricultural project.

Sat., Sept. 2
• At Cliffside Lake, Live Birds of Prey with Michael Skinner with Balsam Mountain Trust, 10 a.m., at the patio. $4 per vehicle.

Tues., Sept. 3
• The Plateau Fly Fishing Club will meet Tuesday at the Albert Carlton Library in Cashiers. The meeting begins at 7 PM. The featured speakers will be Carl Ekberg and Karen Maddox, proprietors and head guides of the Chattooga River Fly Shop in Mountain Rest, SC. Carl and Karen will speak about the equipment, patterns and tactics needed for fly fishing the nearby Chattooga and Chauga Rivers. Following the speaker, a raffle will be held featuring two days of fishing on the Davidson River Private Trophy Waters. For additional information call: (828) 885-7130.

• Highlands Plateau Audubon will feature a beginner’s bird walk in Highlands. Extra binoculars will be needed for fly fishing the nearby Chattooga and Chauga Rivers. Following the speaker, a raffle will be held featuring two days of fishing on the Davidson River Private Trophy Waters. For additional information call: (828) 885-7130.

Sat., Sept. 7
• The Friends of the Greenway - aka F.R.O.G.S. is hosting its yearly fund raising Frog Hop on Friday at 5:30 PM. Tickets are now on sale and can be purchased from FROG Quarters at 573 East Main Street in Franklin or by calling 828-369-8488. These funds will be used to support the Greenway’s walking trails, playgrounds, covered pavillions and garden as well as educational programs held during the year. The tickets will include: dinner, live entertainment and a live auction of outstanding items. Disclaimer: No frogs will be harmed in the preparation of this dinner.

Wed., Sept. 11
• At …on the Verandah, noon-2p Favorite Figel Family Recipes. Andrew demonstrates how the dishes are prepared and welcomes questions. $55/$65 Limited to 40. Call 828-526-8811.

• Prentiss Church of God Blood Drive from 1-6p. Please contact Jean Crane at (828) 524-4976 for further information or to schedule your appointment.

Thurs.-Fri., Sept 12-13
• BCBS Flu Shot clinic – FREE flu shots for BCBC, SNC and Medicare Part B members, $30 for all others – JWC First Floor

• Books Are Fun Book Fair – Thursday 12-6pm & Friday 7am-1pm. 10% of proceeds benefits the HCH Ladies Auxiliary, JWC first floor lobby

Thurs., Sept. 12
• The League of Women Voters of Macon County will host a program featuring new superintendent of schools for Macon County, Dr. Chris Baldwin in Tartan Hall at the First Presbyterian Church of Franklin at noon. Bring your own lunch. Fri., Sept. 13

• Highlands Plateau Audubon will lead a walk at the Highlands Botanical Gardens on in conjunction with the Native Plant Conference. For more information on all of the above, visit www.highlandsaudubonsociety.org or call 828-743-9670.

Sat., Sept. 14
• Dedication of the Wright Memorial Garden off Helen Barn’s Ave behind Wright Square at 11 a.m. followed by visiting and refreshments in Helen’s Barn.

• See EVENTS page 27

Jazz concert to benefit Haiti mission

It is back to school time in Highlands and in Haiti. In the US students have free public education available to them. In Haiti public schools are rare, so most children who go to school must pay and attend private ones.

Highlands Friends of Haiti (HFOH), the global outreach of the Episcopal Church of the Incarnation, has been working in Haiti since 2001. HFOH’s earliest activities were funding the building of a church and a school in the village of Terra Muscady. Since their completion, the primary focus of HFOH has been to help and support LaPleiaide School in Cange and Transfiguration School in Terra Muscady. LaPleiaide is a K-13 school with about 900 students. Transfiguration is K-6 and has about 400 students. Both schools are in dire need of additional funding for the coming school year. Through support from the Highlands Rotary Club and other churches and citizens of Highlands Stop Hunger Now is providing food for students at these two schools and nine others in the area. For many students these meals are their only meal of the day.

Recently HFOH began an agricultural project to teach farmers better techniques and provide them with seeds, plants and tools to grow vegetables. The project is helping them feed their families better and providing family income. Students will also learn better ways of farming through this project.

Sunday, September 1, there will be a concert by acclaimed Atlanta Jazz vocalist Virginia Schenck to benefit Highlands Friends of Haiti. The concert will be at the Highlands Playhouse from 5:30 to 8:30 pm. Tickets are $75 and may be purchased at the Playhouse box office, telephone 526-2695. Wine and heavy hors d’oeuvres will be served. The concert will provide funds for these schools and the agricultural project.

... CHILD CARE continued from page 12

Following snack and homework, children will participate in enrichment activities.

On Mondays they go to The Bascom for art activities; during the first semester on Tuesdays they go to the Episcopal Church for cooking projects and during the second semester on Tuesdays they will go to the Performing Arts Center for drama activities. On Wednesdays they stay at the Methodist Church for music enrichment activities.

Now that the preschools are under the nonprofit umbrella prices have changed.

“We had a desire to keep child care affordable and available for all families in Highlands,” said Tate.

Morning preschool at both the Methodist and Episcopal churches from 8a to noon costs $12 per day per child. Afternoon preschool at the Episcopal Church from noon-5 is $14 per day per child.

It’s $26 for a full day which can be half at the Methodist Church and half at the Episcopal Church or all day at the Episcopal Church.

The current ratio of teacher to pupil is below the state requirement of one teacher to six children. It’s currently two teachers to 10 students in the toddler room at the Episcopal Church and two teachers to 14 students in the pre-schools.

Right now there are 25 students enrolled in the programs with 4-5 slots left in the preschool rooms. There are no openings in the Toddler room at the Episcopal church.

Currently the only option for parents with infants under one-year-old is HCCDC.

We are really excited about the new Gordon Center for Children concept and believe it will be a springboard for numerous possibilities,” said Tate.

Gordon Center for Children was named in honor of John and Wilma Gordon who have been tending to Highlands children’s minds for decades.

John was headmaster of Highlands School before it was housed at its current location. Wilma ran the Highlands Pre-School in the Methodist Church for 25 years.

- Kim Lewicki

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**Notices**

Highlands PD log entries from Aug. 4. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Aug. 4
- At 9:14 a.m., officers responded to a call from a 29-year-old woman regarding aggravated assault by strangulation on Paul Walden Road.
- At 5:30 p.m., William Carpenter, 30, of Highlands, was arrested for aggravated assault by strangulation, aggravated assault inflicting serious injury and aggravated assault on a female on Paul Walden Road and Upper Lake Road. His trial date is Aug. 22.

Aug. 7
- At 1:15 p.m., officers responded to a two-vehicle accident at Main Street and NC 106.

Aug. 10
- At 7:30 p.m., officers responded to a one-vehicle accident at Pine and Carolina Way.
- At 5:47 p.m., Matthew Winson Ivey, 30, of Otto, NC., was arrested for DWI and driving without a license when he was stopped on NC 106 for driving left of center. His trial date is Sept. 4.
- At 7:30 p.m., officers responded to a ordinance violation about a lawn mower being operated at a residence on Hickory Street after hours.
- At 10:12 p.m., officers responded to a call of disorderly conduct at the Ugly Dog Pub on South 4th Street.

The Highlands Fire & Rescue Dept. log entries from Aug. 21

Aug. 21
- At 11:54 p.m, the dept. responded to a two-vehicle accident on the Cashiers Road. There were no injuries.
- At 9:54 a.m., the dept. responded to a checked a fire alarm system at The Bascom.
- At 10:26 a.m., the dept. was first-responders to a residence on VZ-Top. EMS transported.
- At 4:23 p.m., the dept. responded to a fire alarm at OEI that was set off by workers.

Aug. 22
- At 10:29 a.m., the dept. was first responders to Satalah Falls. EMS transported.

**Highlands Area Upcoming Events**

**CLE remedies for the Dog Days of August**

By Bettie S. Banks

Whenever there is a transition of seasons, there is a turn to those things that create comfort such as food, nature and photographing nature. The Center for Life Enrichment (CLE) is honoring that need by bringing in presenters to cover topics in these areas.

Clay Bolt, an award-winning natural history and conservation photographer, and Ezra Gardiner from The Bascom will present A Different Take: Two Ways of Looking At and Seeing Our World Through Photography, Thursday, August 29, 10AM – Noon. Bolt attends to details as he uses “nontraditional” nature photography for education and conservation. Gardiner considers the broad sweep of landscape to convey a sense of cultural history in our Appalachian mountains. His focus is on nearby places that tell stories of regional history and events. CLE $25/$35

Design in Nature, Thursday, August 29, 3:30-5:30 PM is the final offering for August. Mark Warren, the founder and director of Medicine Bow, a Primitive School of Earthlore located outside of Dahlonega, GA, is an educator of children and adults who travels all over the Southeast teaching about nature and survival. He is giving this workshop in conjunction with the Bascom and will lead a walk along the Bascom’s Sculpture Trail. His desire is to get participants thinking outside the box as he points out elements of design. Location: The Bascom $15

Favorite Recipes from the Figel Family, noon-2PM is the last in the culinary arts category. Andrew Figel, proprietor and chef of ..on the Verandah, will demonstrate how some of his dishes are created and then serve the courses complete with a selected wine. Lamb Loin Roast with Pomegranate Sauce and Angel Hair Scallops are only two of his highly rated recipes. Lunch and lecture-demonstration will take place at the restaurant, ..on the Verandah. Limited to 40.$55/$65

Thursday, Sept 12  1-3 p.m. The Surprisingly Chummy Transcendentalists Elizabeth Addison, Ph.D, retired from the English Department at Western Carolina University, introduces Transcendentalism, an idealistic movement which emerged in New England from a loose association of friends and colleagues, notably Ralph Waldo Emerson and Henry David Thoreau, both whom epitomize the American notion of self-reliance. CLE Lecture Hall $25/$35

To register call 426-8811 or email clehighlands@yahoo.com

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