

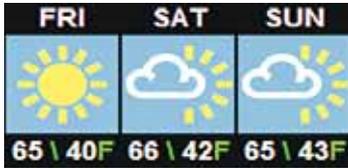
Highlands' Newspaper

FREE every Wednesday

Volume 9, Number 40

Internet PDF Version at www.HighlandsNewspaperPDF.com

Wednesday, Oct. 5, 2011



Wednesday, Oct. 5

• Art & Fashion for Fur – a fundraiser for the Cashiers-Highlands Humane Society, 7-10 p.m. at Jorge's Place in Cashiers. Tickets are \$35 in advance available at Jorge's Place and Gallery on the Green in Cashiers. For more call 828-743-5752.

• JMCA Composting and Vermicomposting Free Seminar will be at the Cashiers Library on Wednesday from 2-4pm.

Thursday, Oct. 6

• Taize at the Highlands United Methodist Church at 5:30 p.m.

Friday, Oct 7

• Obagi Healthy Skin Open House and Jane Iredale Mineral Make-up Consultation at the Center for Plastic Surgery – Dr. Robert Buchanan – 209 Hospital Drive, Suite 202. 20% off Obagi and Jane Iredale products during the event!

Saturday, Oct. 8

• Highlands Farmer's Market in Kelsey-Hutchinson Park on Pine Street, 8-11 a.m. Homegrown and home-made.

• Highlands Arts & Crafts Show at the Rec Park from 9-5. Sponsored by the Highlands Woman's Club and Highlands Recreation Dept. Fressers Eatery will have breakfast and lunch available. Free admission and free parking.

Mon., Oct. 10

• Physician Forum at Highlands-Cashiers Hospital. Board certified Gynecologist, Dr. James Smallwood presents "Women's Health- The Well Rounded Woman." 12 noon to 1 pm on the first floor of the Jane Woodruff Clinic, hospital campus. Please register in advance (828) 526-1313 or email info@hchospital.org.

Tues., Oct. 11

• B.E.A.R. Talk – Hiking and Camping in Bear Country, Albert Carlton Community Library, Cashiers. 5:30 p.m.

ETJ not dead yet; alley closes and more

Tuesday night's Town Board meeting was packed with citizens most there to hear the final word on Extra Territorial Jurisdiction (ETJ), but others were also there to defend the use of town property for arts & craft fairs events; even

to weigh in on the partial closing of Church Street Alley.

Concerning ETJ, the vote was 3-1 to abolish it with Commissioner Amy Patterson voting against the motion. Commissioner Dennis DeWolf was absent.

Since it wasn't an unanimous vote nor did it pass with a super majority, the issue must be voted on again at the next Town Board meeting.

According to State Statute
• See ETJ page 27

Help sought Ding rape suspect

The Macon County Sheriff's Office, the U.S. Forest Service and the State Bureau of Investigations (SBI) are seeking information on a rape which occurred Sunday September 25, 2011, at approximately 4 p.m. in Macon County within the Nantahala National Forest.

The incident occurred at the intersection of Forest Service Road (FSR) 711 and the Wayah Road, FSR 1310. A female driving through the area stopped to render aid to a person she believed was incapacitated who was lying on the road beside a piece of heavy equipment. She had driven onto the road to turnaround but stopped, parked her car and got out to see if the man was OK. When she reached out to check his pulse, he turned over and used a pistol to subdue and allegedly forcibly raped her.

She said he moved away from her when he heard a car and

• See RAPE page 7

Highlands School Rotary Exchange Student in Brazil



This year we will hear from Hayden Bates, the third of three Bates children from Highlands School who have been Rotary Exchange Students. Hayden is in Brazil. See Part 1 of her story on page 21.

Dialysis center OK'd for MC

The North Carolina State Health Coordinating Council (SHCC) on Wednesday voted unanimously to approve Macon County's Petition for Adjustment to Need Determination – essentially paving the way for a dialysis

center to be built in the county.

Macon County Commissioner Ronnie Beale was in Raleigh Wednesday, and reported that the SHCC approved five stations for the county. He added that it will

• See DIALYSIS page 7

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3 cases of La Crosse Encephalitis in county

One case in Highlands

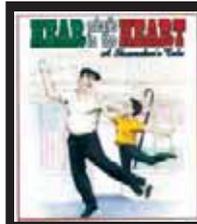
Macon County Health Director, Jim Bruckner confirmed that two additional cases of La Crosse encephalitis were found in Macon County. Bruckner confirmed that both patients were admitted during September to Memorial Mission Hospital and both patients are currently recovering at home.

Laboratory testing to confirm La Crosse encephalitis relies on antibody testing which can take up to two weeks to produce a definitive result. These two additional cases of La Crosse encephalitis brought Macon County's total to three for the year, with the first case being diagnosed back in June.

A six-year old boy in Highlands was diagnosed with La Crosse encephalitis once the spi-

• See LA CROSSE page 11

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• THE PLATEAU'S POSITION •

• LETTERS •

• HAWK'S EYE VIEW •

Save the eagle

Dear Editor,

Silver Eagle recently appealed a ruling by Highlands code enforcement officer, Josh Ward. It seems one Main Street storeowner objected to the sign on the front of our building. Highlands has a code limiting the size of a sign to ½ sq. ft. for each linear foot of building frontage. This size is extremely small and esthetically out of scale with most buildings. After several complaints by this disgruntled storeowner, we were notified that our sign must be removed. The sign features an American Bald Eagle flying over the Blue Ridge Mountains framing the name of our store. We had this sign professionally painted by a local artist and we have used it since 2005. It looks especially nice with the American flag that flies beside it. We are proud of this sign and the fact that we specialize in American made products. That's right, made in America by Americans.

Although I listed six signs within sight of our store that "visually" exceed the code, we were told our sign is the only sign that is required to comply. It seems Mr. Ward allows signs on awnings to be measured differently. The large, pink Bags on Main sign, which nearly covers the width of their building, was approved just three days after we claimed the code is being arbitrarily enforced. Have you noticed the number of signs on Nick's Restaurant, The Perfect Scoop and Highlands Wine Cellar? Apparently, multiple signs are overlooked. The Zoning Board has agreed to allow our sign if we cut off the American eagle and the mountains. Who would benefit? Would Highlands be more attractive? Is it constitutionally appropriate to single out one business while allowing others to ignore the code?

We lost our appeal and the \$100 fee we paid for the hearing. Is this the kind of selective "justice" we want from the government of Highlands? Is our local government supportive to Main Street businesses? I think Highlands is fortunate to have top quality retailers and fine restaurants willing to



LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions.

NO ANONYMOUS LETTERS WILL BE ACCEPTED.

Views expressed are not necessarily those of Highlands' Newspaper.

Please EMAIL letters by

Sunday at 5 p.m. There is a 500-word limit without prior approval.

Highlands' Newspaper

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do business in an area with only a six-month "season." The high rents, utilities, insurance, and other expenses continue year round. These businesses also provide jobs for many of our residents.

Before we mutilate the American eagle on the sign and destroy a piece of art, we will pay another \$100 fee to apply for a variance. We should be granted a variance on the grounds that this sign is appropriate, attractive, and symbolic, esthetically in scale with the building and does not exceed the size allowed other businesses in Highlands. Sign our petition or send an email to Deborah@silvereaglegallery.com if you would like to SAVE THE EAGLE and let the Highlands government know you support justice and fairness for everyone in Highlands.

Deborah Nelson
Silver Eagle

The secret selection of the next Town Manager

Dear Editor,

If you are a Highlander that had unanswered questions about the situations with Joe Cooley and Jim Fatland, don't expect a new openness in the process of hiring the next town manager. During the September 20th town board meeting, at the suggestion of Commissioner Drake, and support from Mayor Wilkes, the commissioners agreed to conduct the interviews for the town manager in closed session.

As I sat in the audience, I asked myself why do these interviews for this critical position have to be done in secrecy? Will the citizens of the town even know who the candidates are? Will we know what questions were asked in the interviews, or for that matter, whether all the candidates were asked the same questions?

Since the meeting I have even more questions. For instance, while NC law does allow close session meetings over personnel issues, is the interview of candidates for this major position really a personnel matter where this law should be, rightfully or wrong-

• OBITUARY •

Frances Rebecca Nix

Frances Rebecca Nix, age 90, died Thursday, September 29, 2011 at a Highlands-Cashiers Hospital. She was born in Pickens County, SC; the daughter of the late Barnett and Rose Melvina "Mev" Hicks Wilson. She was married to Claude Roscoe Nix who passed away November 1, 1996. She worked at summer homes in Highlands, at the Highlands-Cashiers Hospital for 8 years and also worked at the Biological Station. She was a member of the Highlands First Baptist Church and attended Westside Baptist Church. She was a former Sunday School teacher and a former secretary.

She is survived by a brother, Louis Wilson and his wife, Frances, of Mountain Rest, SC. She is also survived by several nieces and nephews. She was preceded in death by two sisters, Corinne Norton and Louise Ledford and four brothers, Bill Wilson, Warren Wilson, Toliver Wilson and L. B. Wilson.

Funeral services were held Sunday, October 2, 2011 at the Chapel of Bryant-Grant Funeral Home in Highlands with

Rev. Roy Lowe officiating. Burial will be in Highlands Memorial Park. Pallbearers will be Woodrow Wilson, Harvey Wilson, Edward Wilson, Wayne Wilson, Jim Nix and Gene Norton. In lieu of flowers, memorial

donations may be made to Four Seasons Hospice, 571 South Allen Rd., Flat Rock, NC 28731. Bryant-Grant Funeral Home is in charge of arrangements.

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Brian J. Stiehler

Town Commissioner • November 8, 2011

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- Supports controlled, sustainable growth
 - For the protection of historic sites
 - Supporter of all town employees
 - Environmentally conscience
- Supporter of Highlands School and its children, staff and administrators
- For transparency of the Town Board



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• LOOKING AT LIFE •

Numb to violence



Fred Wooldridge

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askfredanything@aol.com

I'm not sure if I fully understand the philosophy behind firing a weapon into the air. Don't people understand that each projectile will eventually loose velocity and fall back to earth, possibly killing a friend or ally? Maybe they don't care. Even Democrats wouldn't do such a stupid thing...well, maybe on New Year's Eve.

I can't watch the conflict in Libya anymore. Is it really a war or a bunch of yahoo Libyan rednecks wasting Muammar al-Gaddafi's ammo? Or are they hoping one of the .50 caliber rounds will punch a whole in Gaddafi's head. Then I think to myself, *who cares!* I've seen and been a part of way too much violence in my lifetime. Violence, like in Libya, reminds me of things I would like to forget...ugly times, like the stupid battle started by a black motorcycle rider named Arthur McDuffie.

at speeds of over 80 mph. McDuffie eventually crashed and was caught after a short foot chase.

Here's a little something for you to chew on. In the 70s, no one....I mean no one....ran from the police without getting their butt whipped after they were caught. It was the unofficial law of the land. What happened to McDuffie after the chase is still in question. He was taken to the hospital with multiple fractures to his skull. Was he beaten to death by the police or did he sustain some of his injuries when he lost control of his motorcycle at high speed and the cops just finished him off? Actually, for McDuffie, it didn't matter. He was dead.

Of the eight officers involved in the chase, three were indicted for manslaughter.

•See WOOLDRIDGE page 20

• Highlands Fine Dining •

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• THE VIEW FROM HERE •

There is something wrong when 1/3 of Medicare is spent on patients in the last year of their life

I met a bright young American graduate nurse on a recent visit to Haiti. She'd recently graduated from Belmont University in Nashville, Tennessee. Her father, an electrical engineer worked in Haiti after the earthquake and had friends there. Kate showed up, unescorted and unsponsored, in the emergency room and offered to help.

It's a pretty inspirational story; an idealistic young nurse, traveling alone to a place like Haiti, offering to help wherever and however she could. It's a story that might not have happened if Kate had been able to find a job. Health care was once thought to guarantee recession proof employment. Only 15 nurses in Kate's class of 84 had found nursing jobs four months after graduation. Her class included not only starry eyed young idealistic students, but middle-aged men who had turned to nursing in the belief they would escape the cycle of layoffs so common in America today. One of her classmates took a job decorating cakes in a bakery. Most were still looking for work.

Last week Anderson Regional Medical Center, in Anderson, SC, eliminated 185 jobs. More cuts are in the wind. South Carolina hospitals have endured two major reductions in Medicaid reimbursement in 2011. The plan, both at state and federal levels seems to be to reduce health care costs and extend coverage by not paying individuals and institutions which provide the care. It's a strategy similar to deciding that all American have a God-given right to own a car, and achieving the goal by telling people to drive to the nearest dealer and taking what they want.

Paul Keckley, PH.D Executive Director of Deloitte Center for health Solutions recently spoke to a meeting of the American Hospital Association. Included in his sobering remarks were these: one in four American hospitals will be insolvent within four years; when the employer-funded health insurance mandate becomes effective in 2014, em-



Dr. Henry Salzarulo

•
Feedback is encouraged.
email:

hsalzarulo@aol.com

ployees who drop coverage will save an average of \$4,600 per employee by paying the fine instead of purchasing insurance. Hospitals lose money taking care of many Medicare patients. That's why, in case you have commercial insurance, your recent bill listed a charge of \$50 for a Tylenol or \$100 for a Band-Aid. You are paying for Medicare in taxes and you are paying again in higher insurance premiums to subsidize Medicare and Medicaid patients. One of President

Obama's plans to make health care more affordable is to reduce reimbursement to providers. We've already discussed that one. Another is with EMR, or electronic medical records. The hardware and soft-

ware to establish and maintain computerized medical records is costing even small hospitals millions of dollars. We'll see if there are savings down the road.

An aging population, one which is disinclined to accept responsibility for its health, is a huge hurdle to overcome. Chronic avoidable diseases continue to cost billions to treat. I include diseases linked to smoking, drinking, obesity, and a sedentary life style, prized by many of our countrymen. I could add driving without a seatbelt and riding a motorcycle without a helmet, but of practitioners of those risky behaviors seem to believe they have a constitutional right to spill their brains on the highways. It's not a debate I want to have. It's paying for their folly that bothers me.

We continue to treat patients with terminal cancer in intensive care units. Cardiac pacemakers are placed in patients

with end-stage Alzheimer's disease. Feeding tubes are inserted into patients in irreversible coma. One third of the Medicare budget is spent on patients in the last year of life. You might say, "That's when folks are sick."

Since I'm not running for anything, and the chances that I ever will are exceedingly slim, I can say, "It really is time to pull the plug on Granny." Thank her for her sacrifice. Praise her for her patriotism, and present a flag to her family. That's what we do for fallen soldiers who have sacrificed so much more.

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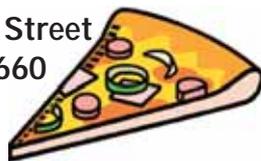
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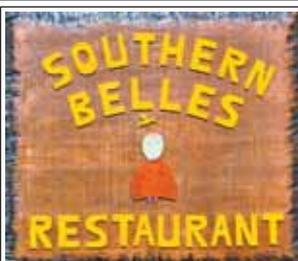
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... LETTERS continued from page 2

fully, applied. After all, these candidates are not actually personnel of the town or agents or representatives of the town where any sensitive legal or personnel matter is at stake. Granted, they are presenting their credentials, visions of town management and their experiences, but should this information be hidden from the public access?

Upon the hiring the town manager, more than likely, certain members of the town board will call for the unlimited operating authority for the new manager that on a day to day basis exceeds those powers of the mayor and individual town board members. That is why it may be prudent for the town board to adopt a more open interview process. Would it be that disastrous to allow interested citizens to sit in on the interviews? And would it be terrible for those citizens to give feedback to their elected board members as to how they assessed candidates response to questions?

A response to this argument may be that some candidates may feel uncomfortable revealing their views about town management in public. Conversely, it could be argued that this public process would be indicative of how a candidate would interact and communicate with the public and board when he or she was actually on the job.

Some of my friends on the town board may chide me by saying I don't understand the the need of having frank discussions in private concerning individual candidates. My response would be that when it is time to evaluate and select a candidate, by all means the board should do it in closed session. But, the public should not be barred from the entire process. Let the people of Highlands know who is being considered for the position and be allowed to hear candidate views concerning the operation of town.

Patrick Taylor
Highlands

Reduce unemployment and grow our economy

Dear Editor,

Our country's debt over time would be less of an issue if we kept our fiscal deficits lower than our income growth. This can be done if we increased our GDP, Gross Domestic Product refers to the market value of all final goods and services produced in a country in a given period. This is true for all times and all countries. Studies have shown that tax increases reduce GDP from 1 to 3 times, depending on the academic study used. Large tax increases stops growth and increases unemployment thereby reducing GDP. Therefore, to grow our economy there needs to be a reduction in our deficit, our government must spend less, be reduced in size and the private sector must be encouraged to invest.

There are two ways to grow the economy. One is to increase our working-age population or we can increase productivity. This can be done, as studies show, through the start up of new companies since that is where most new jobs in the United States are initiated. When governments run deficits by increasing their size, spending more than they take in and hinder growth with regulations those take away from the private investments thereby slowing down the economy. Facts show that bigger governments leads to lower growth.

It has been shown that world wide, including the USA, that as the governments gets bigger, growth gets lower or slows down. These facts support those who want smaller governments and more employment. I'm of the opinion that by reducing taxes, eliminating waste and removing unnecessary regulations this country could again begin to grow and prosper.

Paul S. Horvath
Highlands

The next 4 letters speak to the craft fairs held in K-H Park

Dear Editor,

Over the Labor Day weekend I had the pleasure of visiting the craft fair in Highlands. It was delightful and I purchased several items. Then I continued on to Main Street and did more shopping. If the craft fair had not been there I would not have gone shopping in Highlands. It was certainly a draw for me as well as the merchants.

Since then I have been in Highlands again and talked to several shop owners. All of them told me what a good weekend it was for them and that the craft fair had added to their business - not subtracted. Perhaps a very few "high end" merchants were hurt but then you can't blame that on the fair - rather on the economy.

Another draw is that the craft fair is free - unlike the one in Cashiers where you must pay. So keep the fair and those of us who attend will continue to shop in the local stores as well.

Nancy Corbett
Glennville, NC

Dear Editor,

It's odd to me that any local business would discriminate against an event (the Village Square Art & Craft Show) which is designed to bring in people locally. As a tourist-oriented economy, the local area desperately needs any attraction to entice people to visit. I fully support the show as an important part of a vital and vibrant tourist economy!

The Apple Harvest Festival, held in downtown Waynesville, has a HBA Home Show held at the same time. It is a great opportunity for people to come to a mountain town, shop, eat, and meet local homebuilders. I haven't researched the matter, but I can't imagine that the restaurants and shops on Main Street in Waynesville complain about people not being able to park in front of their stores on the days that the Apple Fest is held. They'd much rather see the street packed with people with dollars to spend!

James Pader
Franklin, NC

•See LETTERS page 25

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... DIALYSIS continued from page 1

likely take anywhere from six to 10 months for a center to become operable.

County Manager Jack Horton said this was the last major hurdle to having a dial-

ysis center in Macon County, and the council's action clears the way to establish one here.

Even though a private company does the dialysis center, they are governed by the state when it comes to the certificate of need, and a county must show a dialysis center will be financial viable.

"We have been granted a special exemption because the report did not show the minimum number of patients which is 30," said Commissioner Beale. "We argued that we have many more than that if

you take into account the residents who go to Georgia, or do not come to their home located in Macon County because of the lack of a center."

A dialysis center in the county means those who need the life-saving procedure will no longer have to travel to Sylva particularly in inclement weather.

The recommendation from the SHCC will now go to Gov. Beverly Purdue's office later this year for final approval, and with that, the county will be in line for a certificate of need for a center.

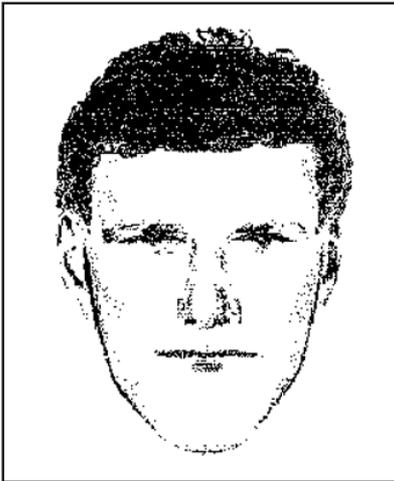
The SHCC will also perform a mid-year study of dialysis needs across the state, and that study could determine if there is a need for even more stations in Macon.

Once the certificate of need is approved, a private provider can apply to build and operate the dialysis center or occupy an existing building.

Members of the county's board of commissioners were very pleased with the outcome.

— **Kim Lewicki**

... RAPE continued from page 1



Composite of suspect

ran into the woods. She got into her car and drove down Wayah Road until she got cell service at which time she called 9-1-1 who stayed with her on the line until law enforcement agents found her.

Law enforcement authorities are seeking information and assistance in identifying a possible suspect. Authorities are looking for a white male, 6'0", 200 pounds, between the ages of 30 and 40, having brown wavy short hair, no facial hair, green to blue eyes, having a deep voice and a fair complexion. The suspect was last seen wearing dark blue jeans and a medium blue shirt. The subject is armed and considered dangerous and may be carrying a backpack. No vehicle information is available at this time. (See composite sketch of assailant.)

On the same date and approximate location, a motor grader was vandalized and diesel was stolen. Earlier the same day, three individuals were observed around the motor grader that may have information relevant to the case. These individuals or persons knowing these individuals' identities are asked to call law enforcement.

Persons having information to pass on to law enforcement may call the U.S. Forest Service Special Agent at 828-231-0288, the Macon County Sheriff's Office at 828-524-2811 or the SBI at 1-800-334-3000.

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By Rev. Denson Franklin
Episcopal Church of the Incarnation

Psalm 19 is the Psalm appointed to be read in worship in many churches on Sunday, October 2nd. "The heavens declare the glory of God and the firmament shows His handiwork. One day tells its tale to another and one night imparts knowledge to another. Although they have no words or language and their voices are not heard, their sound has gone out to all lands and their message to the ends of the world."

Here in Highlands we are particularly blessed with the majesty and grandeur of God's handiwork in the beauty of our mountains, the spectacular colors of the leaves in fall. There have been many times when the same praise as the Psalmist's leaped from my mouth and heart looking out at a mountain vista from a friend's back porch.

The Psalmist continues to sing about God's Word, the Law, the Torah, that guides and directs us, that enlightens our eyes spiritually to see where we fit in God's purposes. The law of the Lord is clean and just. It points to the moral order that is as much part of God's creative purpose as the natural order. Such insight, the Palmist says, is more valuable than gold and sweeter than honey.

Then the Psalmist turns to self-examination. "Who can tell how often he offends? Cleanse me from secret faults." Not just what we hide from others but what we hide from ourselves are at issue here. We humans are very capable of self-deception, of rationalizing our behavior.

"Above all keep your servant from presumptions sins, let them not have dominion over me." Presumptuous sins, what is that all about? To be presumptuous is to be prideful, to be a "know it all". In terms of the Earth, it's to act like it all belongs to us to do with as we please, to forget we are servants, creatures, stewards for future generations. None of it is ours. It all belongs to the Creator.

Sometimes we act as if we leased out a furnished house here in Highlands and then as renters decided to remodel, throw out furniture, and paint the place purple! That is presumptuous and in some ways that is exactly what we do when we despoil God's good Earth or think our economic interests are the same as our duty to God and the needs of others.

Eugene Peterson's wonderful paraphrase of the Bible, *The Message*, says of this verse, "Keep me from stupid sins, from thinking I can take over your work." Instead, the Psalmist continues, "Let the words of my mouth and the meditations of my heart, be acceptable in your sight, O Lord my strength and my redeemer." "Let what I say and what I plan fit in your plan and purpose, O Lord, my rock my rescuer."

John 3:16

• PLACES TO WORSHIP •

Proverbs 3:5

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Wednesdays: Mid-week prayer meeting – 7 p.m.

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Wednesdays: 9 a.m. Healing and Prayer w/Holy Communion

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Sun.: Holy Communion - 9 a.m.; Adult Forum - 10:45 at Buck's Coffee
Cafe, Cashiers
Mon.: Bible Study & Supper at homes - 6 p.m.
Wed.: Men's Bible Study - 8:30 a.m., First Baptist Church
Thurs.: Women's Prayer Group - 10 a.m., Whiteside Presbyterian Church;
Healing Service at noon

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Sundays: Service, 11 a.m.
Monthly testimonial: 5 p.m. on the 3rd Wed.

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Sundays: School – 10 a.m.; Worship – 11
Wednesdays -- 7 p.m.

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Wed.: 6pm: CBC University Program

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Tuesday: 8 a.m. Men's Cursillo Group; Bible Study 10:30 a.m. Reverend
Howard L'Enfant
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Wed.: Men's Bible Study 8:30 a.m.,
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FIRST PRESBYTERIAN CHURCH

Dr. Lee Bowman, Pastor
Dr. Don Mullen, Parish Associate 526-3175
Sun.: Worship – 11 a.m.; Sun. School – 9:30
Mondays: 8 a.m. – Men's Prayer Group & Breakfast
Wednesdays – Choir – 7

GOLDMINE BAPTIST CHURCH

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Rev. Carson Gibson
Sunday School – 10 am
Worship Service – 11 am
Bible Study – 6 pm

HIGHLANDS ASSEMBLY OF GOD

Pastor, Randy Reed – 165 S. Sixth Street
828-421-9172
Sundays: Worship – 11

HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson
670 N. Fourth Street (next to the Highlands Civic Center)
Sunday: School 9:30 a.m.; Morning Worship 10:45 a.m., Evening
Worship, 6:30 p.m.
Wednesday: Prayer Service, 6:30 p.m.

HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy 526-3376
Sun: School 9:45 a.; Worship 8:30 & 10:50 a.; Youth 5 p.
Wed: Supper; 6; 7:15 – children, youth, & adults studies; 6:15 – Adult
choir (nursery provided for Wed. p.m. activities)
Thurs: 12:30 – Women's Bible Study (nursery)

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Rev. Clifford Willis
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Wednesdays: Prayer Mtg. – 7 p.m.

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290 Buck Knob Road; Pastor Alfred Sizemore • 526-3212
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Wed: Adult Bible Study & Youth – 7 p.m.

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Sundays: School – 10 a.m.; Worship – 11

• CONSERVATIVE POV

The man behind the man

Do you ever wonder, as I do, how the President can be here, there and everywhere, making television appearances, playing golf, throwing parties at the WH. whatever, and actually govern at the same time. Seriously, is the man, as some originally suspected, of supernatural qualities? Does he sleep? It doesn't look like he eats much. I don't care how brilliant he is, how much personal thought can he put into what he says?

Certainly I realize that he has endless resources to put his speeches together, but where do they get their direction. Who really institutes policy in his administration? Let's face reality here folks, Obama's background from birth is checkered with large question marks, including his formal education. How did he move from the mean streets of Chicago to the hallowed halls of Washington?

Forget his qualifications relative to his birth, if he went to a Muslim school or not, how he sat through Rev. Wright's services for 20 years and claims not to have been influenced by his black liberation theology message. Lots of questions. How did Obama, a not outstanding student by any means, gain entrance in Columbia and then Harvard Law? Why are

his college records sealed? Why can't anybody be found that remembers Obama in college even though they attended the same time as he did, and carried the same subjects he would have?

I realize this is old news, but it is still valid. The questions are still unanswered. They, and all the other curious issues which continue to haunt Obama, are being obscured by the non-stop crises with which we are continually besieged. How does a fellow go from Jakarta to Hawaii to California to New York to Cambridge MA, to Chicago, spend four years as an undistinguished junior associate in a law firm and suddenly become the political wiz kid of all time?

Who opened the doors that he blew through on his way to the top? How did a first term US Senator get picked to give the Keynote Address at the Democrat National Convention in July, 2004? How did this still unknown put together a pres-



Don Swanson
Feedback is encouraged. Email swansonson@dnet.net

idential campaign that was successful against one of the slickest and most effective political teams ever? Is all this serendipity? Fate? A random convergence of events? I ask you. Meanwhile, all through his journey to the top, Obama was exposed to, and sometimes immersed in, some form of Marxist philosophy.

Gyorgy Schwartz, better known to the world as George Soros, was born in Hungary in 1930. His father was a fervent practitioner of Esperanto – a language designed to be the first global language, free of any national identity. The Schwartz's, who were non-practicing Jews, changed the family name to Soros in order to facilitate assimilation into the gentile population as the Nazis spread into Hungary during the 1930s.

When Hitler's henchman Adolph Eichmann arrived in Hungary to oversee the murder of that country's Jews, George

Soros ended up working with a man whose job it was to confiscate property from the Jewish population. Soros went with him on his rounds. When Steve Kroft interviewed Soros on "60 Minutes," Kroft was dumbfounded to hear the joy and total lack of guilt as Soros described the time he spent looting the Jews. When asked if he had any feelings of guilt, Soros replied, "No, only feelings of absolute power."

Curious to know where Soros derived his political philosophy, I consulted Wikipedia, which informs us "His (Soros') philosophical outlook is influenced by Karl Popper, under whom he studied at the London School of Economics." That meaning nothing to me, I looked up Karl Popper, and I confess, I understood nothing of what was discussed concerning his teachings. Too intellectual for me.

So, let's try and understand Soros by his recent actions. Excerpting from an article appearing in Human Events in Sept. 2010. "The first shots in the

• See SWANSON page 10

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• COACH'S CORNER •

Random thoughts from the busiest time of the year

Many Highlanders think of October and think of the busiest time of the year, but that sentiment also applies to the sporting world. Right now we have football, MLB playoffs and the start of basketball is just around the corner...and yes, before you ask, my wife does hate me right now. On to the thoughts...



Ryan Potts
tryanpotts@hotmail.com

Colossal collapses from both the Atlanta Braves and the Boston Red Sox in the last month of the season. However, all chokes are not created equal. One could see the Braves faltering down the stretch because of their young lineup and overreliance on their bullpen. Atlanta's terrific trio of Eric O'Flaherty, Jonny Venters and Craig Kimbrel were terrific throughout the season, but they are also young and wore down at the end of the year. The Red Sox, on the other hand, have no such excuses. They have a veteran lineup, veteran pitching and a savvy manager and yet still managed one of the biggest chokes in the last 100 years.

Speaking of colossal...that was the size of the beatdown laid on the Florida Gators at the hands of Alabama this weekend. Last year, the Crimson Tide dominated the Gators, but the game itself was ugly and sloppy...especially on Florida's end. This year, Florida acquitted themselves fairly well, and it was apparent that they could compete with Alabama at the skill positions. This year's area of domination for the Tide was on the offensive and defensive lines. Florida was unable to stop the run, even when it was obvious that AJ McCarron was not going to beat them throwing the ball. Alabama physically dominated the line of scrimmage, and right now I would have to put the Tide and LSU at 1 and 1A respectively in my NCAA football rankings.

While the Red Sox and Braves collapsed at the end of the regular season, the New York Yankees are on the verge of collapsing in the wild card yet again. With the loss Monday evening to Detroit, the Yankees look to AJ Burnett to get them back to New York for a decisive game 5,

but that could prove to be disastrous considering Burnett's performance this year.

Speaking of Detroit, the Lions join the Green Bay Packers as the league's only 4-0 teams after an incredible comeback victory over Dallas. That makes the second week in a row that the Lions have come back from down 20 points, and both games

were on the road. Cowboys' defensive coordinator Rob Ryan made the mistake of saying that Calvin Johnson would only be the third wide receiver on his team...big mistake from a big mouth. Johnson caught 2 TD passes, including the game winner, and dominated the Cowboys secondary all day. That makes 4 straight games with 2 TD catches for Johnson, which is an NFL record. Also of note is that Calvin Johnson is nicknamed Megatron, which has got to be one of the coolest NFL nicknames since Iron Head Heyward.

... SWANSON continued from pg 9

Obama Revolution, the highly unlikely campaign that elevated an inexperienced former Chicago community organizer born in Hawaii and raised in Indonesia into the Oval Office, were fired at the Long Island Southampton beach house of billionaire hedge fund manager George Soros."

The highly secretive meeting, in the summer of 2002, involved high-level operatives of the Clinton Administration and other far-left organizations. The purpose was to draft a plan to defeat George W. Bush in the election of 2004. Soros pumped \$26 million into the failed effort, but a much more ominous cause evolved; the 'Shadow Party.' And the Shadow Party would eventually become the Obama administration. And George Soros would become the master puppeteer for the President of the United States and the leader of the free world."

Much more next week. Stay tuned.

... LA CROSSE continued from pg 3

nal fluid test came back positive. His mother, who requested their names not be published said her son is recovering slowly and that it may take up to three months for him to be completely well.

On Thursday, Sept. 8, he came home from school complaining of a severe headache. He went to school on Friday and again came home complaining of a headache; that night fever set in. His fever never topped 102 degrees, but it was consistent there on out. Vomiting followed soon after and she noticed that his motor skills were off.

"Saturday morning we took him to the Emergency Room, but he was misdiagnosed because the symptoms mimic typical viruses," she said. When he didn't improve they took him to the Urgent Care center in Franklin where blood was drawn. Results indicated there was a high level of some sort of infection and they said it was likely somewhere near his head due to the consistent pain.

From Franklin they went to Memorial Mission Hospital in Asheville where a spinal tap was performed to both release pressure on his brain which had begun to swell and to test the spinal fluid. Ten days later La Crosse encephalitis was confirmed.

The boy stayed at Mission for five days and returned home to Highlands Saturday, Sept. 17.

He returned to half-days at school the week of Sept. 26 and began full days Oct. 3. Although the headaches are gone, his mom said he's extremely tired.

Stan Polanski, Physician Assistant at Macon County Public Health said the La Crosse encephalitis virus is transmitted to humans by the bite of an infected mosquito. "Many people infected with the La Crosse virus have no apparent symptoms, but some individuals, most often children under 16, will develop disease symptoms which may include fever, headache, nausea, and vomiting. Severe disease can develop involving encephalitis and can include seizures, coma, and paralysis. In rare cases, long-term disability or death can occur."

Because the La Crosse virus does not cause severe symptoms in most infected persons, it is difficult to estimate the number of infections occurring each year. Bruckner stated, "Many infected individuals do not know they are infected, and consequently never seek treatment or laboratory confirmation of infection." The number of La Crosse cases actually identified may vary from year to year depending upon weather impacts on mosquito population, preventive measures taken by the general population, and the age of individuals infected (more cases

• See LA CROSSE page 23

Champagne Public Open Houses

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The Importance of Proper Pricing

Let's go ahead and face the ugly truth. Our homes are not worth what they were four years ago. If we choose to sell, most of us probably won't make much, if any profit. We may even lose money. But, if we need or want to sell, we need to value our property realistically. You wouldn't expect to be able to sell stocks at an inflated price, so why do you think real property is any different?

Most homes sell at market value, which is the price at which a seller is willing to sell and an able and willing buyer is willing to buy. Generally, the market value is close to what similar homes have sold for within the past six months or year. A listing price, though subjective, can be determined by a comparative market analysis and an appraisal.

Pricing homes involves comparing similar properties, making adjustments for the



Elizabeth Salzarulo Harry Norman Realtors-Highlands, Owner
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differences among them, tracking the movements in the market and consideration of the present inventory of homes for sale, in an attempt to come up with a range of value.

The CMA and appraisal are

an estimate of value, but the market will eventually dictate the price. The CMA completed by a Realtor should be right in line with the appraisal performed by licensed appraiser. Please don't fall into the trap of choosing an agent that suggests the highest list price, hopeful they can convince you to lower the price eventually. You will be the one who suffers.

Overpricing costs a seller money. Taxes, homeowner dues, utilities, insurance, and perhaps the cost of carrying a loan, add up. Also, consider the frustration and inconvenience of having your home linger on the market. More importantly, studies have shown that excitement and interest in a home wane after a few weeks, especially in a listings saturated climate like ours, so there are fewer buyers for the home when you eventually do lower the price.

Overpricing may affect the

price that a buyer ultimately offers to pay because it's not a new listing anymore. Your home will become a tired, stale listing that was overpriced for far too long. Price reductions tend to make a buyer wonder how much lower the price could drop and the buyer will often make a very low offer after a price reduction, thinking you have become desperate to sell your lazy asset.

The good news? Since January 1st of this year, 65 homes have been sold in Highlands, compared with 43 in the same period last year. Price it right and someone will get it sold!

• Elizabeth Salzarulo is the owner of Harry Norman, Realtors-Highlands, the exclusive affiliate of Christie's International Real Estate in Macon, Jackson and Transylvania Counties. She may be contacted at 828 342 5555.

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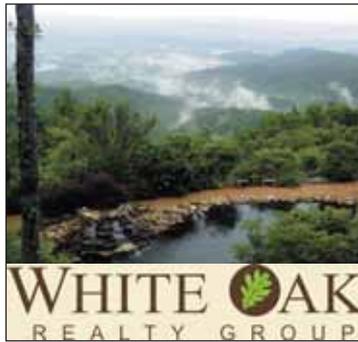


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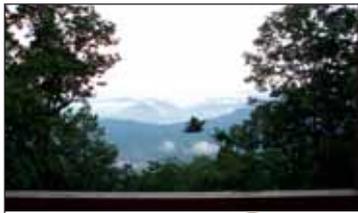


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Q & A with Town Board candidates – Part 1 (of 5)

Each week in October and the first week in November we will be asking the candidates a question. The first question: Tell us a little about yourself and why you want to be a Town Commissioner?



John Dotson



Eric Pierson



Larry Rogers



Michael Rogers



Brian Stiehler

John Dotson:

I was blessed 36 years ago to have met and married my wonderful wife Mary here in Highlands. After moving away and pursuing a successful career in Professional Photography, we had the opportunity in 1986 to move back to Highlands.

We have two beautiful and talented daughters who were raised in Highlands, attended Highlands School and have since graduated from Wake Forest and Elon universities. They are both professionals living and working in Raleigh.

I have been involved in business - in Highlands - for the past 22 years. I have seen the town go

through changes and growing pains. Thankfully most of those changes have been for the betterment of the town and its citizens. Watching plans grow from inception to fruition, success and sometimes failure is a great teacher.

It has been an honor and pleasure to have served for the past four years on the Board of Commissioners for the Town of Highlands. Prior to my election to the Town Board, I also served on the Zoning Board and Appearance Commission for the Town of Highlands.

Four years ago I felt Highlands was headed in directions that were not in the best interests of either

years.

With such deep roots in Highlands, I would like to enact the experiences of my work and service on these various boards to help the town grow and continue to be a great place to raise a family and to bring perspective back to the decisions being made for the Town.

Michael David Rogers:

I am the son of Larry and Genevieve Rogers and a native Highlander. I graduated from Highlands School and I'm married to my high school sweetheart Tina Rogers. We are the proud parents of two college students. My oldest daughter Maggie will be graduating this December from Western Carolina and my youngest daughter Courtney is a Freshman attending Southwestern Community College.

I served on the Town of Highlands Planning Board and Appearance Commission for seven years and I served eight years on the Macon County Planning Board. I am currently serving on the Town of Highlands Zoning Board and ABC Board. I have also been a member of Highlands Fire and Rescue for 16

other as this economy is rough and we need to work together to bring prosperity back to our community. I am especially passionate about preserving our beautiful town and our ecosystem in which we live.

Brian Stiehler:

I moved to Highlands 11 years ago after graduating from Penn State University and accepting the position as Assistant Superintendent at Highlands CC. In 2004, I became the Golf Course Superintendent. I am married to my wife, Hilary, who is Treasurer of the Highlands School PTO and have a 6-year-old daughter, Anna.

I am President of Leadership Highlands, President Elect of both the Rotary Club of Highlands and the Highlands Chamber of Commerce. I serve on the boards of The Literacy Council, J-MCA and the Macon County Economic Development Commission (EDC). In addition to this, I have chaired the Town of Highlands Scholarship Golf Tournament the past two years.

I am an effective leader and manager, overseeing an annual bud-

get in excess of \$1.5 million and leading a staff of 20 employees at Highlands CC. In the free time I do have, I enjoy fly fishing and golf as well as learning and exploring with my daughter.

When we moved to Highlands, I had no idea it would become a permanent move. I love this town and it is the people who make it this special. I want to become a commissioner to add positive energy to the town board and be a voice of the Highlands people. I am a great supporter of our town employees and will continue to be so. Town Politics requires reasonable people who came make reasonable decisions based on what is best for Highlands. It is about representing the people who elect the commissioners. We all inherited a gift in Highlands because of past leadership and we need to continue making good decisions so our town can grow in sustainable and healthy directions.

• Larry Rogers is recovering from a recent stroke and will be in subsequent Q&As.



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Highlands Area Upcoming Events



Tools in Motion at The Bascom through December 23rd



Still Life by Henryk Fantazos, pictured, is part of The Bascom's *Tools in Motion* exhibition, organized from the Hechinger Collection of International Arts and Artists. Washington, DC. For more information on The Bascom, visit www.TheBascom.org or call 828.526.4949.

The Bascom is hosting *Tools in Motion: Works from the Hechinger Collection*, a traveling exhibition organized by International Arts & Artists, Washington, DC, featuring 20th century art that celebrates repetition and motion in common, everyday tools and hardware. Tools in Motion will be on view in the Main Gallery at The Bascom through December 23.

The exhibition features 50 witty and light-hearted works based on familiar forms - hammers, saws and wrenches - transformed into art of great imaginative power using materials including wood, glass, metal, paper and stone. The artists in the exhibition range from emerging to world renowned, including notable figures such as Arman, Jim Dine, Claes Oldenburg and Jacob Lawrence.

Spanning a wide range of styles, the collection and exhibition honor the dignity of everyday tools, where form and function are inextricably linked. The abundance of bright colors and vivid textures are enjoyable for visitors of all ages.

The works for *Tools in Motion* were

selected from a collection originally owned by the late hardware-industry pioneer John Hechinger Sr., whose father started the Hechinger hardware chain in 1911. Hechinger began collecting contemporary art related to tools to display around the company's headquarters to inspire his employees.

Tools in Motion was organized from the Hechinger Collection of International Arts and Artists. Washington, DC. The Bascom's *Tools in Motion* exhibition is sponsored by The Alma Lee and H.N. Saurage Fund, Baton Rouge Area Foundation; Fay and Barrett Howell; Marsha and English Robinson; and Valerie and Peter Whitcup.

The Bascom is open year-round - Monday through Saturday, 10 am to 5 pm and Sunday, 12 noon to 5 pm. Enjoy workshops, exhibitions, special events and quality programs throughout the year at The Bascom. For more information, to register for these and other Bascom workshop offerings or for more details on all Bascom activities, visit www.TheBascom.org or call 828.526.4949

Daily

- CORE classes at Mountain Fitness on Carolina Way. Tues., Thurs., Sat., 9:30; Mon., Wed., Thurs., 5:15. \$10 per class or ask about specials. Call 526-9083. (st. 6/9)

Mon-Fri

- The Nantahala Tennis Club meets at the Rec Park at 9 a.m. All are welcome.

Mon., Wed. & Thurs.

- On the Mat Yoga at the Episcopal Church of the Incarnation on Main Street. Upper Level Jones Hall. Mon., and Thurs. at 10:45 a.m.; 7:30 a.m. Wednesday. Bring your mat. 828-482-2128. \$10/hour. (9/29)

Mon., Wed., Fri.

- Heart Healthy Exercise Class at the Rec Park. 8:30-9:30 a.m. \$20/month.

- Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$40 a month

Mondays & Wednesdays

- Pilates Mat Classes — Mondays and Wednesdays, 4pm, The Jane Woodruff Clinic, Main

Floor, Highlands-Cashiers Hospital. Call 526-5852 for info. (6/23)

Mondays

- Closed AA meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

- Monday Madness at Fressers Eatery in Historic Helen's Barn. \$5 burgers, \$1 off beers all day.

Tuesdays

- Highlands Rotary Club meets at noon at the Highlands Conference Center at noon.

- Closed AA Women's meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

Wednesdays

- The Highlands Mountaintop Rotary meets at 7:30 a.m. in the dining room at the Highlands-Cashiers Hospital. Enter the hospital in the main or emergency entrance and follow the signs downstairs. Visitors are welcome. Meetings end at 8:30 am.

- Men's interdenominational Bible Study at

• See EVENTS page 18

B.E.A.R. Talk...Hiking and Camping in Black Bear Country

It has been well publicized that many camp sites in the Smokies have been closed this year due to bear problems. Since there is a chance of having a bear visit your camp site (less so meeting one on the trail), hikers and campers need to be well informed and properly outfitted before they hit the trail.

The B.E.A.R. Task Force invites the public to attend their B.E.A.R. Talk...Hiking and Camping in Black Bear Country on Oct. 11th, 5:30 pm at the Albert Carlton Community Library in Cashiers. Tanya Poole of the NC Wildlife Resource Commission will be the speaker. Ms. Poole has been with the Resource Commission for 7 ½ years and is currently working on her Master of Science degree in Environmental Education. Her Master's thesis is: The Effects of Educational Strategies on Black Bear-Human Conflicts.

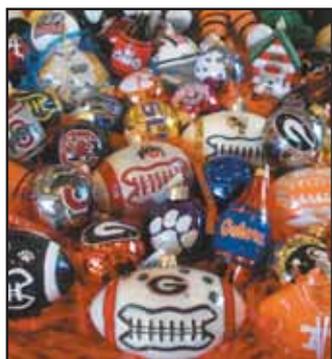
Come explore with Ms. Poole the fascinating life of black bears in Western North Carolina and discover what they are up

to during different seasons of the year. Learn how to be well prepared while camping and hiking in bear country; what and what not to bring, proper reaction when encountering a bear, effective camping techniques, and understanding bear behavior.

B.E.A.R.'s mission is to provide educational opportunities and resources to promote peaceful coexistence between humans and bears. Watch for other programs in coming months.



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Highlands Area Upcoming Events PULL OUT

8:30 a.m. at First Baptist Church.

- The Homegrown Buds, a homeschool 4-H club, meets at noon at the Macon County Library on Siler Road in Franklin at 1 p.m.

Wednesdays & Fridays

- Open AA meeting at noon at the Episcopal Church at Fifth and Main streets.

Every 3rd Wednesday

- Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. Call 828-524-6777 or 706-746-9964.

Thursdays

- Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

- The Highlands Writers Group meets at 1 p.m. at the Hudson Library on Thursdays. Free writing exercises. Bring a seven-minute writing piece to read. Newcomers are welcome. Call Anne Doggett at 526 8009.

- At the Highlands Nature Center, 6-7 p.m. through Labor Day, an exciting new program each week and they are free.

Every Saturday

- Ruka's Wine Tastings from 4:30- 6:30 p.m. Every Third Saturday

- The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

Wed., Oct. 5, 12, 19, 26

- At Coweeta Baptist Church. "Family Financial Planning Seminar at 6:30-7:30 p.m. Light super at 6 p.m. Prayer time at 7:30. RSVP by Oct. 1. It's free.

Wednesday, Oct. 5

- Art & Fashion for Fur – a fundraiser for the Cashiers-Highlands Humane Society. 7-10 p.m. at Jorge's Place in Cashiers. Tickets are \$35 in advance available at Jorge's Place and Gallery on the Green in Cashiers. For more call 828-743-5752.

- JMCA Composting and Vermicomposting Free Seminar will be at the Cashiers Library on Wednesday from 2-4pm.

Thursday, Oct. 6

- Taize at the Highlands United Methodist Church at 5:30 p.m.

- DANCE at the Franklin (NC) Community Building, Hwy 441 South-across from "Whistle Stop Mall" Thursday from 6:30 to 9 PM. Last dance OF season Music by "SWINGTIME BAND." For more information Call 828-369-9155.

Friday, Oct. 7

- The High Mountain Squares will dance this Friday night, October 7th, at the Macon County Community Building on Route 441 South at 6:30 to 7 PM. Ricky Simpson from Martin, GA will be the caller. We dance Western Style Square Dancing, main/stream and plus levels. There will be a Plus Workshop from 6:30 to 7 p.m. Everyone is welcome. For information call 828-349-0905, 828-524-4930, 828-524-2280

Saturday, Oct. 8

- Highlands Farmer's Market in Kelsey-Hutchinson Park on Pine Street, 8-11 a.m. Homegrown and home-made.

- Obagi Healthy Skin Open House and Jane Iredale Mineral Make-up Consultation at the Center for Plastic Surgery – Dr. Robert Buchanan – 209 Hospital Drive, Suite 202. 20% off Obagi and Jane Iredale products during the event!

- Flu shot vaccine against three strains of flu including H1N1 at K-Mart in Franklin, 10 am -2 p.m. OK for everyone 6 months and older. The cost is \$25. the public health center will bill Medicare and Medicare replacements, Blue Cross-Blue Shield, Crescent, Medicaid and Tricare so take cards with you to the clinic.

- The Nantahala Hiking Club will take a moderate 6-mile loop trail with an elevation change of 600 ft. to Black Balsam Knob off the Blue Ridge Parkway. Meet at the Bi Lo parking area in Franklin at 9 a.m. Bring water and lunch. Drive 120 miles round trip. Call leader Gail Lehman, 524-5298, for reservations. Visitors welcome but no pets please.

- Highlands Arts & Crafts Show at the Rec Park from 9-5. Sponsored by the Highlands Woman's Club and Highlands Recreation Dept. Fressers Eatery will have breakfast and lunch available. Free admission and free parking.

Mon., Oct. 10

- Physician Forum at Highlands-Cashiers Hospital. Board certified Gynecologist, Dr. James Smallwood presents "Women's Health- The Well Rounded Woman." 12 noon to 1 pm on the first floor of the Jane Woodruff Clinic, hospital campus. *Attendees will have the opportunity to learn the latest information regarding preventive medical treatments and screenings with an emphasis on breast and ovarian health.* Please register in advance (828) 526-1313 or email info@hchospital.org.

- Ruka's Beer Dinners- 5 course meal/ \$35

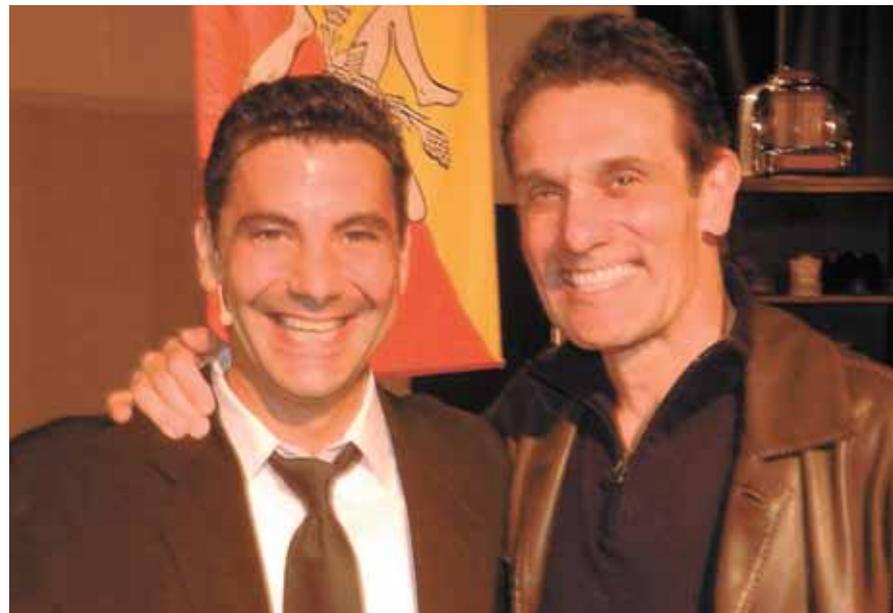
• See EVENTS page 19

Shop for Christmas at Highlands Arts & Crafts Show this Saturday at the Rec Park



On Saturday, Oct. 8, you can find Beth Crisp at Highlands Arts & Craft Show at the Rec Park where she and 100 other home-grown and home-made enthusiasts will be selling their bounty. Crisp is featuring Chow Chow relish and other home-made condiments made from local berries and vegetables. She has resurrected her grandmother Elizabeth Edwards' recipes from the old Condiment Shop. The show is 9-5. It's free and there's plenty of parking. Breakfast and lunch available.

'Hear What's in the Heart' runs through Sunday at the Playhouse – Don't miss it!



Veteran actors Steve Scionti and Anthony Crivello, star and director of "Hear What's in the Heart" on stage at the Highlands Playhouse through Sunday are receiving standing ovations! It's a show not to miss! For tickets call the Highlands Playhouse Box Office at 526-2695.

... **EVENTS** continued from page 18

per person/ Reservations required. Bell's Brewery.

Tues., Oct. 11

• B.E.A.R. Talk – Hiking and Camping in Bear Country, Albert Carlton Community Library, Cashiers. 5:30 p.m.

Wed., Oct. 12

• Flu shot vaccine against three strains of flu including H1N1 at Otto Community Building from 4-6 p.m. OK for everyone 6 months and older. The cost is \$25. the public health center will bill Medicare and Medicare replacements, Blue Cross-Blue Shield, Crescent, Medicaid and Tricare so take cards with you to the clinic.

Thurs.-Sun., Oct. 13-16

• Whistle Stop Flea Market temporary location (one weekend ONLY) on the Highlands Road/ US 441 Bypass, Franklin. Across from Sleep USA.

Friday, Oct. 14

• Laugh Loudly and Carry a Big Stick: J-MCA presents Theodore Roosevelt in Highlands, NC at the Performing Arts Center. Box office opens at 5:30 pm, the 90 minute show begins at 6:30 pm. Tickets are \$35 per person. For tickets and more information call 828-526-0890 ext. 320 or Buy tickets online at www.j-mca.org.

• Flu shot vaccine against three strains of flu including H1N1 at Highlands-Cashiers Hospital's Jane Woodruff Building, 1-4 p.m. OK for everyone 6 months and older. The cost is \$25. the public health center will bill Medicare and Medicare replacements, Blue Cross-Blue Shield, Crescent, Medicaid and Tricare so take cards with you to the

clinic.

• The Unitarian Universalist Fellowship of Franklin's, "An Event For All Seasons Performance Series" will present "Raindrop Waltz" written by UUFF member Gary Carden on Friday at 6 PM. Performance begins at 6:00 PM. An intermission at midpoint will offer refreshments in Celebration Hall. Child-care provided. Tickets are \$15. Proceeds from the event will support the UUFF Scholarship Fund. Call 828-524-3161, 524-8658 or 524-6777 to reserve tickets.

Sat., & Sun, Oct 15-16

• The Art League of Highlands Fall Colors show will open Friday at noon-6 p.m. and Sat 10 a.m. – 5 p.m. This much anticipated show will feature Regional artists presenting all original work, there will be art projects for children and general fun for all

Saturday, Oct. 15

• Pour Le Pink 5-K Walk/Run for Breast Health and Women's Services - organized by the Highlands-Cashiers Hospital Foundation, a new 5-K beginning and ending on the campus of the hospital. Funds raised will go toward maintaining HCH's state-of-the-art equipment as well as financial aid for HCH patients. The event begins at 8am, fun walk begins at 8:15am and is open to male/female runners and walkers, all ages. Pre-registration is \$20, if received by Sept. 29th, and \$30 thereafter. To register, become a sponsor, or for additional race details please visit www.highlandscashiershospital.org or call (828) 526-1313. The race is being organized with assistance by Highlands Roadrunners Club

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... WOOLDRIDGE continued from page 4

ter in McDuffie's death and one officer for second-degree murder. Tensions between blacks and the police were at their maximum so the trial was moved to another city. Anger filled the streets of Miami.

When all the officers were found not guilty, a protest started and in a short time, a full riot developed. Parts of the city were set afire and firefighters and the police were being fired on by snipers. First, rioters looted all the stores in their neighborhood. Then they burned their groceries, their gas stations, their schools....everything. Why don't blacks ever burn the white neighborhoods? Dumb, dumb, dumb!

The next day I was ordered to take a SWAT team to the Miami airport and pick up Benjamin Hooks, President of the NAACP. We escorted him and his entourage to the Fontainebleau Hotel on Miami Beach. He had come to speak to the rioters and quell the unrest.

After treating my team to a sumptuous and very expensive dinner in a private dining room at the hotel, we headed for his penthouse suite on the top floor. We searched the floor and I posted guards. When the floor was secure, Hooks and I walked out on the wraparound penthouse

balcony. He poured himself a scotch and offered me one. I smiled and refused.

Lighting a cigar, he said, "I guess you don't smoke either."

I smiled again, "No, Sir."

Looking west from the penthouse balcony, we stared across Biscayne Bay and the burning city. Without looking at me, Hooks spoke softly, "You see all that violence, all that waste....all that burning? None of that has anything to do with the injustice of the black people. They're just a bunch of hoodlums taking advantage of an unfortunate situation. Those people don't give a damn about Arthur McDuffie or the plight of the black people."

I was stunned Hooks would admit that fact. He was right but I was shocked he was admitting to the truth. What always starts off to be a just cause turns quickly into a riot with people looting and burning their own groceries, churches, gas stations and department stores.

"About tomorrow, sir," I said, turning to face him. "I'm concerned about tomorrow. If things don't improve by morning, you may have to cancel your rally at the park."

"Everything will be just fine, Commander. I'll see you at 10 and we'll be just fine. You wait and see. Those are my people," Hooks confidently responded.

The next morning, a small army of squad cars and three SWAT teams headed for a small park in Overtown. I rode in Hook's limo so I could be in radio contact with my protection team. It seemed that every citizen was firing his weapon into the air. The city was thick with smoke. Firemen could not keep up and many buildings just burned down. As our small contingent of vehicles turned onto NE 5th Street, a chair was thrown from an upper window and hit Hook's limo. He was visibly shaken.

As we approached the park where Hooks would give his speech, we were stopped by two Miami SWAT teams in armored SWAT trucks. They told us the park was volatile and an extremely dangerous

place to venture into. They strongly recommended we not enter. I'll never forget the look on Ben Hook's face....the disappointment that he would not be able to help.

We returned to the hotel and several hours later headed for the airport. Overtown continued to burn for another three days and the gunfire only ceased when its citizens ran out of bullets.

Soooo, excuse me if I don't give a tinker's damn about the rights of the Libyan people and the injustice forced on them. I would suggest that most of the so call "freedom fighters" are just a bunch of thugs who are out to kill, plunder and loot what they can.

The media assigned to Libya never showed us the looting and burning. In the beginning I'm sure a handful of Libyans really cared about killing Gaddafi and changing their government. But in time, like most riots, were replaced with terrorists with a hidden agenda, coupled with local hoodlums who just want to plunder and loot.

Maybe if they fire enough rounds into the air, everyone will be found dead with holes in the top of their heads, a just reward for their stupidity. Libya is not changing for the good. It's just changing hoodlums.

• **Deceived**, a mystery/thriller, would make a great Christmas present. Pick it up at Shakespeare's book store, the book nook at The Toy Store or Chapter Two in Cashiers.

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on this day ...

Oct 4, 2010

A beer and an appropriate container for drinking in zero gravity has been developed for the anticipated boom in space tourism.

In our journey to the stars, we'll need something to stock our bars.

For those who visit space station, they will soon enjoy their favorite libation,

yes, even on a space craft, there's not much atmosphere, but there is a draught,

the passengers and crew can be served an ice cold brew, for the purpose of brevity, I'll just say they have cause for levity, in an orbit that is geo-synchronous, we'll have something for drinking,

thus when, in rotation, we're sort of at the tops, astro tourists can indulge in a glass with hops.

- from The History Guy

Oi! Tudo Bem? – Part 1

By Hayden Bates

For the past 16 years, I have called the mountains of western North Carolina home, but in mid-August I embarked on a 10-month journey as a Rotary Exchange Student to Para De Minas, Brazil. I boarded my flight in Atlanta bound for Brazil, leaving behind my family, friends and everything familiar. I was both anxious for the many unknowns that I would encounter and eager to embrace this new experience.

Over the course of the past six weeks, I have already learned a tremendous amount about the Minas Gerais region of Brazil, the Portuguese language, Brazilian culture and certainly, myself. In the months to come I look forward to sharing my experiences with you. So here's how the story begins...

The state of Minas Gerais is located in the southeastern region of Brazil, several hundred miles northwest of Rio de Janeiro. The capital of Minas Gerais, Belo Horizonte, is the third largest city in Brazil with population of about four million. This region is famous for its friendly people, mountains, coffee and cheese. I live in the city of Para De Minas, located only an hour away from Belo and significantly larger than my two stoplight home town. I have adjusted to falling asleep to the city lights, noises of honking horns and the occasional fireworks show. I am learning to embrace city life, and I am quickly falling in love with Para De Minas.

Brazilians are incredible people. As evidence of their warm and welcoming nature, Brazilian people greet even strangers with kisses; the handshake is a foreign and awkward concept here. During the next year I will live with four different host families; the first of which is the Machado family. The Machados, like most Brazilians, are very kind, lively and simply wonderful. My Father, Ronaldo, works for the government, and my mom, Regina, is a Biology teacher at a local High School and owns a small clothing store. There is never a dull moment here and I enjoy the constant energy of my three siblings: sister, Rachel (12), and two brothers Pedro (16) and Joao Paulo (11). It seems that everyone here is a "cousin" or "aunt." You can imagine my initial confusion. Family is very important here, and we all enjoy sharing lunch, the main meal of the day. Lunch is traditionally a base of rice and beans, with fresh fruit and vegetables and "unique" varieties of meat (such as pig's snout).

I attend Colegio Berlaar, a coed, Roman Catholic School. Colegio Berlaar instructs ages 4 to 18 with a total of about 300 students. My class, equivalent to the junior year in the US, includes 20 students. My first day at this new school was evidence of the welcoming and energetic nature of Brazilians. Classes effectively ceased on that first day as I was bombarded with numerous questions from excited classmates. In broken Portuguese I quickly learned to explain that, "No, I have not met any famous celebrities. And yes, I naturally have light brown hair and green eyes" (both traits are quite uncommon here). I have quickly made many new friends, and I am pleased to report that I feel less and less like the foreign exchange student. After a few weeks of classes, a friend of mine told me with great assurance, "Hayden, I've decided you aren't an American exchange student, you are a Brazilian from America." I took this as a huge compliment.

During the past month, I have learned that Portuguese is a very difficult language. The first week here I drank an inordinate amount of water, thinking that my headaches were due to dehydration. Instead, I now realize the headaches were the result of a mild yet constant state of language induced brain knots.

The Minas region is famous for abbreviating words; or as one person explained, "Individuals from Minas enjoy 'eating' their words." While Portuguese is a constant challenge, people here are very helpful and patient. I quickly learned essential words like "Obrigada" (thank you) and "Prazer" (it's nice to meet you) and I continue to use them often. Throughout the past month I have perfected my acting skills and have learned to laugh and smile a lot, even when making embarrassing mistakes.

Brazilians are very passionate and energetic people. They adore soccer and the associated rivalries are quite serious. Greetings are often followed by questions of soccer allegiances; I have yet to decide mine.

My first encounter with soccer rivalries was at my first presentation to the local Rotary Club just one week after I had arrived. I had prepared a short introduction about myself in Portuguese and was looking over my notes when a cute, elderly man approached me. He offered to help with my notes for my presentation, and, considering my limited Portuguese, I happily accepted this seemingly innocent offer. I practiced my speech with his new corrections and headed up to the podium. The presentation went smoothly until I began to describe my interests. Thinking I said, "I love playing soccer," I was baffled when the crowd erupted into both joyous applause and adamant disputes. It was chaos. I looked to the old man who had earlier helped me, and a child-like grin spread across his face. It was later explained to me that I had unknowingly said I loved a specific soccer team, causing both cheers and fury from the crowd. I quickly learned that soccer rivalries are very real and to be wary of sneaky old men.

While Brazilians enjoy soccer, it is a sport rarely played by girls. I am blessed to have a girls' soccer team at my school that I joined soon after I arrived. We recently traveled eight hours by bus to compete with several rival schools in a three-day championship. By the time we reached the finals, the stands of the indoor stadium were packed with hundreds of fans and the place reverberated with chanting, drums and singing. After a very close game, we won the final match 2-1! The celebration was an experience like no other.

Like soccer, music and dancing are enjoyed by everyone here. Whether it be car rides, around the house, or at a party, there is always reason for joyous (and loud) celebration. The weekends here are very fun, and I have often wondered about the seemingly unlimited source of Brazilian energy. Most events begin around 10 PM and continue until dawn.

Throughout the past month I have learned to have a greater dependence on God in the inevitable challenges I face, and I appreciate my immense blessings more deeply than ever before. I am also very appreciative of the prayers and support from back home. I have learned a lot during the past month. Most of all, I love my new home, family and friends in Para De Minas, and I'm excited to share my experiences with you in the months ahead.

Tchau for now.

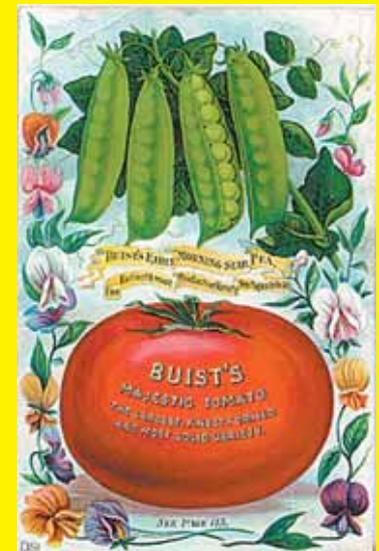


Hayden's school class in Para De Minas, Brazil.



Her host family, the Machados from left: Rachel, Ronaldo, Regina, and Joao Paulo and Pedro.

The
Highlands Farmers Market
Saturday, Oct. 8
8-11 a.m.



Kelsey-Hutchinson Park
at Pine Street
in Highlands
"Home-grown & Hand-made"

• HIGHLANDS SCHOOL SPORTS •

with Ryan Potts

Highlanders continue to roll

While it may have taken a few games for the Highlands Highlanders varsity soccer team to adjust to the loss of several seniors from last year's historic season, the current group of Highlanders is making their own way just fine. This week saw the Highlanders go 3-0 and continue to improve on an impressive record.

Wednesday, the Highlanders hosted primary conference rival Hayesville in what was an important SMC matchup. Hayesville came ready to play, and capitalized on yet another slow start from the

Highlanders to take an early 1-0 lead. However, junior striker Dax Lloyd came up huge for the Highlanders, scoring the first of his four goals to equalize the Yellow Jackets. Clayton Creighton and Tyler Munger both added goals for the Highlanders, who awoke from their early slumber to outscore the Yellow Jackets 6-1 the rest of the way for a 6-2 victory. "This was a big win for us," said senior captain Isaac Beavers. "We got down early again, but this time we really used our passing well and came back strong. We put Kenan (Lewis) on their strik-

er and managed to slow him down and that helped us clean it up defensively."

Friday, the Highlanders traveled to Tallulah Falls to face the Indians in what was a dominating 3-0 victory. Highlanders received goals from Beavers, Munger and Lloyd and goalkeeper Cody St. Germain provided the clean sheet for the Highlanders in victory.

Monday, the Highlanders continued their road trip, traveling to Andrews to face the Wildcats in another SMC matchup. Highlander strikers Lloyd and Temba Lama

ran wild against the Wildcats back line, with Lama scoring 3 goals and Lloyd scoring 2 in the 5-0 victory. "It was a good win," said Highlander coach Chris Green. "It is tough to play on a Monday and travel 90 minutes, but the kids were able to get it together enough for us to hold them and get a victory."

The Highlanders will host Murphy today at 6PM at the Highlands School field, so be sure to come out help our opponents "Fear the Skirt."

2011 Highlands Girls Golf Team



Wildcat Cliffs Country Club is gracious enough to host the home golf matches and allow the girls to practice after school. Two of the girls will be going to Regionals to compete. Pictured are Coach Barbara Reese, Bella Lupoli, Mary Gillan Renfro, Rebekah Parks, Emily Gabbard, Stephanie Smart, and Golf Pro Kevin Gabbard.

Intersession PSAT at Highlands School

October 10-12 8am-11:30am
Science Annex of Highlands School
(Mrs. Holt's room)

Cost \$15

Make Checks Payable to:
Highlands School

October 10th:

Verbal Practice, Test Taking Strategies

October 11th:

Math Practice, Test Anxiety Workshop

October 12th:

Test Administration

NOTE:

Open to Highlands High School (9th-11th grade) students until Sept. 23rd then remaining seats will be open to Homeschool Students.

Homeschool kids will need to call the school for availability starting Sept 26th.

They need to attend all 3 days.



The Art League of Highlands

Presents

"Fall Colors Art Show"

Fine Art Show

Friday, Oct. 14: 12-6

Saturday, Oct. 15: 10-5

Talented Artists Over 50 Local & Regional Artists

Great Prices on Original Art-

Hands-On

Children's Art Room

Saturday, ONLY

Highlands Recreation Center
Highway 64 Towards Cashiers

... LA CROSSE

continued page 11

of La Crosse are identified in children because infected children are more likely to exhibit symptoms than infected adults).

According to the Centers for Disease Control and Prevention, most recent cases of La Crosse encephalitis have occurred in the southeast and mid-Atlantic areas of the United States. Between 1964 and 2010, there were 237 confirmed cases documented in NC, with nearly all of those cases occurring in the western part of the state. The virus is transmitted through the bite of the eastern treehole mosquito. This mosquito lays its eggs in tree holes and man-made containers and it typically bites during the daytime hours.

Because there is no vaccine or specific anti-viral treatment for La Crosse infection, Mr. Bruckner emphasized that prevention is the best way to avoid infection with the La Crosse virus. Bruckner encouraged the use of insect repellent and elimination of mosquito breeding grounds as a first line of defense.

The Centers for Disease Control and Prevention recommends several repellents against mosquitoes - DEET, picaridin, oil of lemon eucalyptus, and IR3535. According to the CDC, oil of lemon eucalyptus should not be used on children under three years old. Consumers should look for products that contain the CDC-recommended ingredients, and should read and follow all label instructions. In addition, the following advice should be followed for elimination of mosquito breeding grounds:

1. Use "mosquito dunks" in ponds and other bodies of shallow standing water. These dunks are available at home improvement and most farm and garden centers.

2. Install or repair window and door screens so that mosquitoes cannot get indoors.

3. Drain all sources of standing water. At least once or twice a week, empty water from flower pots, pet food and water dishes, bird baths, swimming pool covers, buckets, barrels, and cans.

4. Check for clogged rain gutters and clean them out.

5. Remove discarded tires that could collect water.

6. Be sure to check for containers or trash in places that may be hard to see, such as under bushes or under your home.

Questions regarding mosquito transmitted diseases may be directed to the Macon County Public Health at 349-2081.

- Kim Lewicki

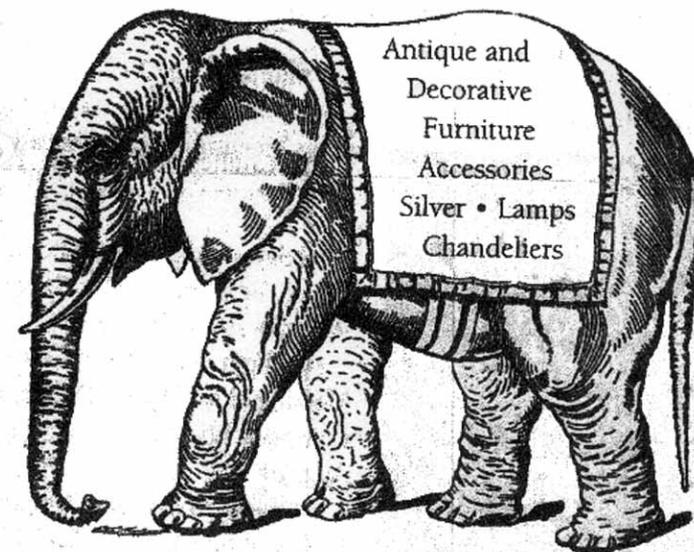
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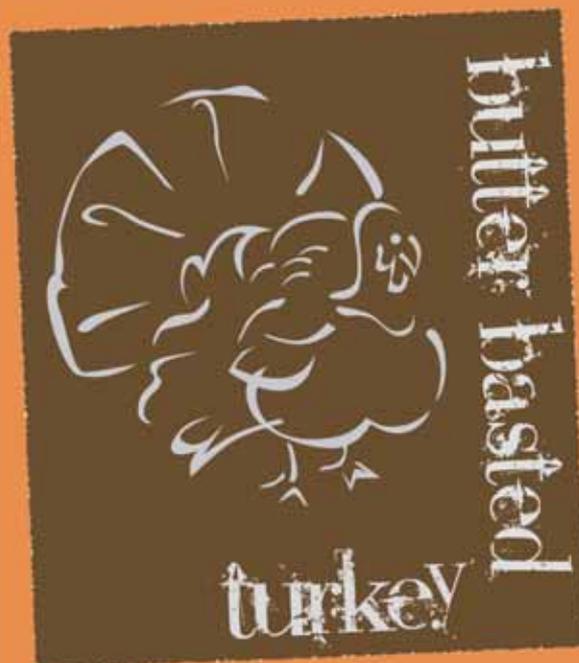
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Traditional Green Bean Casserole

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Choice of Pies: Granny Smith Apple, Pumpkin or Pecan



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• POLICE & FIRE LOG •

Highlands PD log entries from Sept. 26. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Sept. 26

- At 11:47 a.m., officers responded to another 9-1-1 hangup from the OEI pool area. They believe it is due to weather.
- At 5:40 p.m., officers responded to a 9-1-1 hangup from a residence on N. Cobb Road. All was OK.
- At 9:30 p.m., officers received a call from a resident on Walkingstick Road requesting a tree be removed from the road.

Sept. 27

- At 2:30 p.m., officers responded to a two-vehicle accident in Highlands Plaza.
- At 6:40 p.m., Marshall David Buck, 25, of Raoul Road was arrested for assaulting a female in a home on Raoul Road by strangulation.
- At 10:45 p.m., officers were asked to escort a person into a home on Raoul Road so he could retrieve his belongings.

Sept. 28

- At 2:30 a.m., officers responded to a call about a man communicating threats at a residence on US 64 west.

- At 12:40 p.m., Elias Juarez Lopez, 35, of Highlands, was arrested for assault with a deadly weapon with intent to kill.

- At 10:30 p.m., officers received an anonymous call about a man on a bike soliciting a ride from women in cars on Spring Street.

Sept. 30

- At 7:05 p.m., officers received a noise complaint about loud music at The Bascom but the affair was permitted.

Oct. 1

- At 1 p.m., officers responded to a call of a bear in the parking lot of the Highlands Smokehouse.

Oct. 2

- At 12:30 p.m., a wallet found at a lodging establishment on Main Street was turned into the police.
- At 5:33 p.m., officers responded to a call of a bear at August Produce.

Oct. 4

- At 8:25 p.m., officers responded to a call of a bear in the trash at a residence on US 64 west.
- During the week, police officers issued 7 citations and responded to 4 alarms.

Highlands F&R Dept. log entries from Sept. 29

Sept. 29

- At 12:23 p.m. the dept. responded to an accident involving a

tractor-trailer truck and a car on Main and 4th streets. There were no injuries.

Sept. 30

- At 7:33 a.m., the dept. responded to an alarm at the Hospital which was set off by workers.

- At 1:53 p.m., the dept. provided mutual aid to Satulah with a motorcycle accident. The person was taken to the hospital

Oct. 1

- At 1:20 p.m. the dept. responded to a chimney fire at OEI.

Oct. 2

- At 8:16 a.m., the dept. provided mutual aid to Cashiers. It was cancelled en route.

- At 8:46 a.m., the dept. was first-responders on a medical call at a residence on Highlands Manor Court. The person was taken to the hospital.

Oct. 3

- At 11:12 p.m. the dept. was first-responders to a residence on the Franklin Road. The person was taken to the hospital.

- At 1:34 p.m., the dept. provided mutual aid to Scaly for a brush fire at the Blue Valley Overlook on NC 106.

Schedule for Highlands School Intersession Week:

1. Reading Remediation:

Tues., Oct. 11; Wed., Oct. 12; and Thurs., Oct. 13: 8 to 11:30am with Brunch at 9:45 a.m.; buses will run before and after school and will pick up and drop off students at their normal bus stops. There are approximately 40 students in grades 3 - 8 invited for Reading Remediation. Students were recommended by their teachers based on 1st nine weeks grades and 2010 EOG test results.

2. Enrichment:

Mon., Oct. 10: Trip to the Biltmore House: Approximately 50 students in grades 6, 7, and 8.

3. Enrichment:

Thurs., Oct. 13: Trip to Brevard College for campus tour and information session, and attending the college presentation of 'Taming of the Shrew' There is room for approximately 15 students in grades 8 and 9.

4. Online and ITV classes:

Mon., Oct. 10; Tues., Oct. 11; Wed., Oct. 12; and Thurs., Oct. 13: approximately 20 students in grades 10 - 12. These classes continue because the colleges are in session this week.

5. PSAT: PSAT Verbal Prep Class:

Mon., Oct. 10: 8 - 11:30 a.m.; PSAT Math Prep class, Tues., Oct. 11: 8 - 11:30 a.m.; PSAT TEST, Wed., Oct. 12: 8 a.m. - Finished. Approximately 20, 9th - 11th grade students.



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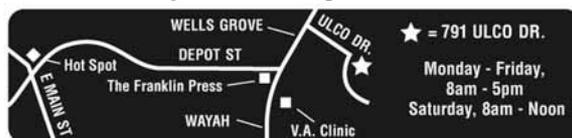
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... LETTERS continued from page 6

Dear Editor,

I am writing again in reference to a few merchants who want to shut craft shows down. You are overlooking the business we bring in, as well as the tax revenue. We all eat, including crafters, and all of us do not pack a picnic lunch.

Most customers are looking for something different and if they don't find it at the craft show, they go downtown. We all need gas and as Highlands is remote, most fill up in town.

I personally know of areas where crafters and merchants work well together - Franklin (Whistle Stop Mall, Scottish Festival, Pumpkin-fest), Hendersonville & Waynesville, NC; Clayton & Dahlonega, GA (whole streets are shut down), and as far away as Crystal River, FLA - just to name a few. A

ND how about your own

next-door neighbor, Cashiers, where the merchants themselves are sponsoring a three-day show just this coming week-end for us crafters?! I would think they may view your actions as foolish and aimless over only four days.

I am sorry for you if you are not bringing in the profits that you would like. Then, if I may suggest, perhaps your product is a little too "high-end" for most in this economy or you simply may have to accept our economic "state-of-affairs" instead of blaming a few crafters for two weekends out of the year. Who do you blame the rest of the year?!

Clyde & Maranee Bowen
"Art 'N Iron"

Dear Editor,

As a frequent visitor to Highlands, I am concerned about the complaints from merchants about having Arts and Crafts Shows downtown,

in particular, the show that is during Memorial Day and Labor Day. The concern is about these art shows taking business from in-town merchants. However, what I see is a lot of old merchants in their not-so-modern stores complaining

about their lack of sales and blaming whomever they can.

We need new events in town, and that art market is a breath of fresh air for the town. New vendors and art shows mean energy and excitement downtown. The visitors need to

be entertained and inspired, and so far what I have seen is that a lot of stores should reinvent themselves, instead of crying behind their outdated image and products.

Jean-Philippe Saldana

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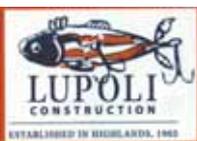
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• HEALTH MATTERS •

Facial Rejuvenation-Managing Expectations

Most of us of a certain age have probably wondered how we would look after a facelift or other facial rejuvenation. What would it be like if we could turn back the clock in an instant? This usually happens in the harsh light of the bathroom mirror and is forgotten in the reality of daily life. But what if that wonderment persists? What if we no longer look like we feel? What if we really do begin to contemplate facial rejuvenation?

I recently read an article that addressed this question and gave some good advice on how to proceed. The gist was that you do your homework and select the right procedure for you, and then go into the procedure with realistic expectations. The contention was that reality shows like "Extreme Makeover" and many claims of the internet and in other ads are, in actuality, not reality.

Here, then, are the tips to managing facial rejuvenation expectations:

Aim to look like yourself, only better.

The first step is to identify exactly what you do not like about your appearance. What is it that makes you look older, angrier, more tired, or whatever appearance that bothers you? Then ask if

fixing this would make you feel better about yourself. In doing this, aim for an improved, or somewhat younger, version of yourself. Avoid comparisons. Even if we could give you Angelina Jolie's lips, they probably would not look good on you.

Consider all the reasons for your look.

Is the reason you look the way you do secondary to the facial changes in an otherwise unchanged you, or are there other considerations? Would losing a few pounds by itself provide the change you seek? Could part of it be your hair or glasses? Is the problem pure gravity with descent of facial tissues causing folds, hollows and bands, or does sun damaged skin contribute a great deal to the look? If you research your options on line, be careful where you look and who is writing what you read. Surgery.org and PlasticSurgery.org provide consensus information by experienced real Plastic Surgeons. RealSelf.com also provides opinions by Plastic Surgeons and patient



Dr. Robert Buchanan
Center for Plastic Surgery

discussions. Many other sites are pretenders or totally self-serving. Many of the claims are totally impossible. Remember, if it sounds too good to be true, it probably is.

Talk to a real expert.

Once you have made a decision that you would like something done, you need to speak with someone who can evaluate your desires and the reality of your situation and help you decide what you need to achieve your goals. A family member, a friend, or, even, an acquaintance who has had a procedure is no substitute for a reputable Board Certified Plastic Surgeon with experience in facial skin problems, less invasive procedures and advanced surgery. Remember, even if the acquaintance has had something similar to what you are considering, their problems and tissues are not yours. You are unique and your problems are your own. You need an expert to evaluate these. That is also the main problem with some of the facelift clinics. Their physi-

cians (many of whom are not even surgeons) know only one thing and cannot modify it to fit your individual needs.

Discuss the risk/benefit ratio.

Any good Plastic Surgeon will discuss the possible risks and complications of anything you are considering. They will let you know the frequency of the occurrence and the likelihood of it happening to you. They will also let you know what the recovery is. Frequently, today, this is much faster than it used to be, but it is not as fast as some ads would like you to think. Even good skin care, if you are to truly rejuvenate the skin, has a recovery. In order to make an informed decision, you also need to have a good idea of just what result you can expect and when to expect it. Make sure you understand this so you can make an informed decision as to what is right for you. These discussions take time, so make sure enough time is allotted for the consultation. One of the things that must be discussed is the cost, including also the down time.

Consider the options.

Be honest when you discuss your hopes and expectations. If you are averse to surgery, state this from the first. Sometimes surgery is the only choice to achieve your goals. However, increasingly today, there may be several alternatives including totally non-invasive and minimally invasive (injectable) methods. A good Plastic Surgeon will discuss all these with you if they exist, and, if not, tell you why.

Be realistic.

Nothing that really rejuvenates the face is without risks or some down side. Make sure that you understand these as well as the expected outcome. Remember, the more that needs correcting, the more it takes to achieve your goals. Consider the down side of the proposed procedure and then how well it will achieve your goals. If the ratio is negative, proceed cautiously, or not at all. If it is positive, you have found the solution to turn back the clock of your appearance. Go for it.

• Dr. Buchanan is a Board Certified Plastic Surgeon at the Center for Plastic Surgery on the campus of the Highlands-Cashiers Hospital. For more information, visit PlasticSurgeryToday.com.

Think Pink in October!

Join HCH in recognizing National Breast Cancer Awareness Month

**Four
le Pink
5k Walk/Run**

Supporting HCH Breast Health and Women's Services



Open to all ages and fitness levels, male/female. To register or for race details please visit www.highlandscashiershospital.org or call (828) 526-1313. During race activities, sign up for a drawing for a FREE Digital Mammography Screening. The race is being organized with assistance by Highlands Roadrunners Club.

"Women's Health-The Well Rounded Woman"
Physician Forum
Monday, October 10th

Board Certified Gynecologist, James C. Smallwood, MD will present "Women's Health-The Well Rounded Woman", a complimentary lunch and learn, held at noon in the Jane Woodruff Clinic on the Hospital campus.

Participants will learn the latest information regarding preventive medical treatments and screenings with an emphasis on breast health. Please register in advance (828) 526-1313 or email cutz@hchospital.org.



**Highlands-Cashiers
HOSPITAL**

... ETJ continued from page 1

changing an ordinance must be heard twice if the vote is a simple majority.

Commissioners Larry Rogers and Gary Drake made the initial motion to abolish ETJ and Commissioner John Dotson agreed. But only after saying he thought some zoning in ETJ benefited Highlands and some didn't.

"Because of ETJ, Highlands had a say in how some construction was done in ETJ, but because of grandfathering and because people saw it coming, things were done to property that Highlands didn't have control over," he said. "I think ETJ was advantageous to the majority of Highlands but I'm not sure the way it is now constructed is good for the whole."

Commissioner Patterson said ETJ was a form of protection set in motion 40 years ago when the Highlands community decided to adopt a zoning ordinance and the extension into ETJ further protects the future of a growing community.

"It's a way to sustain our community so it doesn't become a hell hole everyone wants to leave," she said, mimicking one of the speakers at the ETJ public hearing last week. "Zoning is restrictive but I happen to think it protects us from what our neighbors could do. I don't want a race track in a residential area or a 10-story condominium. Zoning offers guidelines the community can adhere to."

Concerning closing a portion of Church Street Alley, David Young, who owns property that backs onto the alley said he had nothing against churches and understood how beneficial it will be for Highlands United Methodist Church but was concerned about a nonprofit's use impacting the public use.

Elaine Dunn and Alice Nelson echoed Young's concerns saying they use the alley often as a way around Main Street. "I think this is a poor idea for the public and the general residents of the town," said Nelson.

Nevertheless, the board voted unanimously to abandon a portion of the alley, to close it to vehicular traffic, to accept the new two-way street from Church Street Alley to Spring Street and to accept the plat as presented.

As per State Statute included in the motion was the statement that closing the street would not be contrary to public's wishes and no person would be deprived of a reasonable means of ingress or egress to their property.

Concerning events on town property, Mayor David Wilkes requested that Planning Director David Clabo investigate what other communities allow on their public spaces; specifically how they gov-

ern the use of their property.

He echoed what he said at the Sept. 20 Town Board meeting, mainly that members of the Business Committee questioned the use of Kelsey-Hutchinson Park (K-H). At that same meeting Lynn deVillie read a statement into the record requesting some policy be drawn up as to park use.

The policy on the books was presented at Tuesday night's meeting clearly outlining uses in and on all recreation property. Pertaining to K-H Park, "uses are not limited to recreational activities. Uses are intended to be public-oriented and not commercial uses, but like certain events that have a commercial aspect to them, craft fairs, art shows and antique shows are permitted and will be approved on a case-by-case basis.

Wilkes suggested the policy be reviewed; possibly revamped to include guidelines for parking, insurance, tax records, fees and income derived by the promoter.

"Where do we want to allow this, how do we control it and how much do we charge?" he said.

Village Square Arts & Crafts show promoter Cynthia Strain presented a petition of 150 signatures of people for the show and asked what the difference was if a nonprofit entity or a for-profit entity put on an arts and crafts show if the complaint is that the shows take business away from Main Street.

She presented documentation verifying that communities all around Highlands and beyond consistently have arts and crafts show - eight pages worth in October and November alone - and said if Highlands doesn't do it people will go elsewhere because they want to go where there are things to do.

She also cited studies that show the positive economic impact of shows on communities.

"Since when does this town only care about the businesses on Main Street? There are a lot more businesses in this town than just on Main Street," she said.

Debbie Grossman of Fressers Eatery said the town doesn't do a lot for businesses off Main Street and she depends on art shows on town property for business because she caters them.

"Think how not having these affairs affects business," she said. "We need events like these. If you take away the extracurricular activities people will go to other towns."

Recreation Director Selwyn Chalker said there "commercial" events and then there are "commercial" events saying Highlands has long been off the "true" commercial circuit.

The board will discuss the issue at the

next Town Board meeting.

Jeff Weller presented the architectural assessment for the Highlands Playhouse saying that for about \$54,750 the flooring, roof, external structure, and electrical issues could be addressed and brought up to code.

Winterizing the building would cost about \$94,000.

The finance committee will look at the proposed budget and decide what parts of the project are feasible at this time.

- Kim Lewicki

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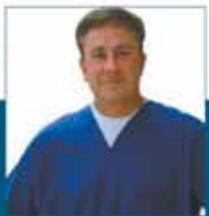
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• BUSINESS/ORGANIZATION NEWS •



Mountain Findings donates to Literacy Council

The Literacy Council recently received a check from Mountain Findings to further its work in the community. Pictured are Judy Joyner, program coordinator, and Tonya Hensley, Executive Director. Tonya and Judy would like to thank Mountain Findings for all the good they do in the community through their funding of non-profits.



Playhouse donates proceeds to R.E.A.C.H.

The Highlands Playhouse gave R.E.A.C.H. \$1,986 collected at its "Pay What You Can" night dress rehearsals this past season. Pictured are Scott Allbee, president of the Playhouse and Tina Rogers, executive director with Virginia Parrot of R.E.A.C.H.



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White Oak Realty Group in business on N. 4th Street

Last Thursday, White Oak Realty Group officially opened during a Chamber After Hours affair. Pictured cutting the ribbon are owner/broker Susie deVile Schiffli and Mal Phillips. Phillips also presented Schiffli with a Pink Panther pin – a movie icon he affiliates her character to.



After 28 years Elephants Foot Highlands Store is closing

Marvin Ray and Ron French have decided they have oats to sew and so are closing the Highlands store to free up time.

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Their West Palm Beach store will remain open; they are only semi-retiring!

"Ron and I, along with our devoted shopkeeper Kathleen Wilson will greatly miss all the wonderful clients we have had

over the past 28 years," said Ray.

The shop at 680 4th Street next to Highlands Whole Life will officially close Sunday, Oct. 23. Meanwhile, everything is on sale in hopes of reducing the inventory move to the West Palm Beach shop.

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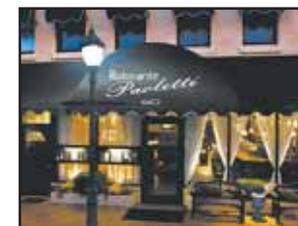
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