

Highlands' Newspaper

FREE

Volume 8, Number 40

PDF Version - www.HighlandsInfo.com

Thursday, Oct. 7, 2010

FRI  68 \ 40F	SAT  69 \ 41F	SUN  67 \ 42F
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Thursday, Oct. 7
 • Two Candidate Forums at the Fine Arts Center on the campus of Franklin High School. The first one will be for school board candidates starting at 7pm sharp; county commissioner Q&A begins at 8:10pm.
Fri. & Sat., Oct. 8-9
 • At the Hen House on Main Street an October Celebration featuring Park Designs from 10 a.m. to 5 p.m. There will be drawings for free prizes and discounts.
Friday, Oct. 8
 • John Muir and Teddy Roosevelt grace the stage of Highlands Playhouse at 7 p.m. in "The Tramp and the Roughrider." Refreshments, music and silent auction begin at 6:30. 526 0890 ext. 320 for tickets.
Oct. 9-16
 • At The Bascom, various 'art' related workshops. For information or to register, call 828.526.4949.
Saturday, Oct. 9
 • Highlands Own Craft Fair 9am-4pm at the Civic Center. Free admission.
 • Softball Tournament to benefit The Tilson and Fogle families at the Highlands Ball Field. Call Justyne Reese at 828-342-2740 to sign up.
 • Middle School Conference Tournament at Highlands School beginning at 9 a.m. Admission \$3; \$1 Student tickets available on Friday, Oct. 8.
 • At Dusty's on NC 106, a wine tasting from 2-4 p.m.
Sunday, Oct. 10
 • The annual blessing of the animals at the Nature Center at 2 p.m. All animals and their humans re welcome.
Monday, Oct. 11
 • Rehearsals for the annual Community Christmas Chorale begins at 7 p.m. at First Presbyterian Church
Thurs., Oct. 14
 • At Hudson Library, Financial Management Lecture - at 5:30-6:30pm. Presented by Sue Gorski of RBC Bank - Understanding Your Credit Score.
 • Macon County Girls Basketball Sign-ups. 4-6 p.m. Pick up application forms and pay the entry fee anytime at the Highlands Rec Park front desk. Call Justyne Reese at 828-342-2740. Sponsor fee is \$150.

HS fall sports make historic strides

3-sport championship lineup is Sat., Oct. 9 at Highlands School

By Ryan Potts

First, volleyball.

Lady Highlander Volleyball captures conference crown

In what has proven to be a banner year for Highlands School

sports, the Lady Highlander volleyball team posted a 4-0 conference record on the way to their first conference championship in many years. The Lady Highlanders are 10-7 overall on the season and have beaten many larger schools includ-

ing Rabun County and Hiwassee Dam.

Senior Marlee McCall has been a member of the team for the last four seasons, and she talked about how "we have fought for this

• See FALL SPORTS page 2

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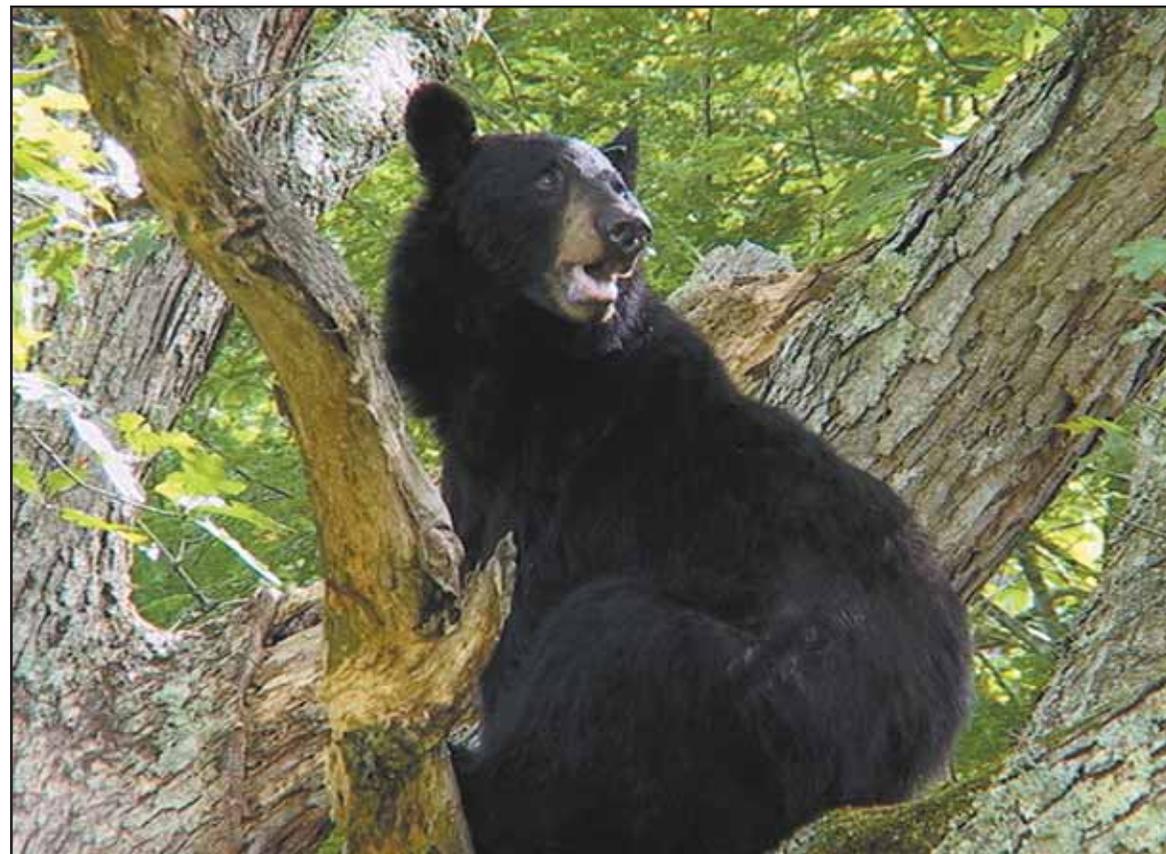


Photo by Bill Lea

Bear season is coming to Highlands

It's probably safe to say that everyone in Highlands likes bears - some like to watch and co-exist with them, some like to hunt them and some like to do both.

Now with bear-hunting season around the corner - Oct. 18-

Nov. 20 and again Dec. 13-Jan. 1 in both Macon and Jackson counties - the faction that wants to co-exist with bears is worried about hunters and their dogs going after bears particularly when they seek refuge on private property.

"With the coming bear hunting season, we really need to get this information out to the public," said Police Chief Bill Harrell. "First, it is vital that people are aware of law §14-159.7 and law §14-159.6

• See BEAR page 10

Town Square changes may mean public restrooms & skating rink

Appearance Commission meetings are usually pretty bland, but Monday night the potential for some significant changes was heard.

Two items were on the agenda - an application from John Lupoli for a Special Use Permit for renovations to Town Square and an application from Bill Nellis for a modification to the Planned Development Sign for Old Highlands Park.

The architect for the Lupoli project, Peter Shipps, said changes to Town Square included eliminating the boardwalk and extending the fronts of all the shops to open directly onto the courtyard rather than onto the boardwalk that loops the square.

In addition, an upper floor will be erected on top of the shops at the back and perhaps most important, public bathrooms will be built downstairs between the two shops.

Shipps said nothing is planned
 • See TOWN SQUARE page 25

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• OBITUARY •

Lina Marie Reese

Lina Marie Reese, age 77, of Highlands, NC died Tuesday, October 5, 2010 at her residence. A native of Macon County she was the daughter of the late Ebbie and Hettie Wilson Talley. She was married to the late Harold Reese who died in 1997. She was a member of Seventh Day Adventist Church; she loved to cook and had a career in the restaurant business, working at The Highlander Restaurant and as owner and operator of Tate's Restaurant.

She is survived by two sons, Richard Henry of Highlands, NC and George Kent Henry and wife Ellen of Virgilina, VA; one sister, Elizabeth Wooden of Hudson, IA; two grandchildren, Mary Jo Stevens and Lina Matthews and five great-grandchildren.

In addition to her husband, she was preceded in death by one sister, Elise Holt; one brother, Richard Talley and one grandchild, Jackson Henry.

Funeral Services will be held Friday, October 8, 2010 at 11 a.m. in the Chapel of Bryant-Grant Funeral Home in Highlands with Rev. Alton Dendy officiating. Burial will be in Highlands Memorial Park.

Pallbearers will be Richard Henry, Woodrow Wilson, David Charles Douglas, Ellis Cleveland, Mike Bryson, Gene Talley, John Sherrill and Tony Potts. The family will receive friends Thursday, October 7, 2010 from

6 to 7 p.m. at Bryant-Grant Funeral Home in Highlands.

In lieu of flowers memorial donations may be made to Four Seasons Hospice, 571 South Allen Rd., Flat Rock, NC 28731. On-

line condolences may be made by visiting www.bryantgrantfuneralhome.com. Bryant-Grant Funeral Home is in charge of arrangements.



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• LAUGHING AT LIFE •

Excuse me, Miss, may I pet your Schnauzer?

The li'l Missus and I were leaving the Rec Park after a difficult and humbling day of playing bridge when I stomped on the brakes as we rolled by the dog park. I could not believe my eyes.

There, standing next to the pavilion, was the most gorgeous hot babe I've ever laid eyes on. Hold it, let me rephrase. She was the most very, very, very, gorgeous hot, hot, hot babe I've ever laid eyes on.

Standing over six feet, her blond hair pulled into a ponytail, flowed all the way to her belt line. Wearing skin tight riding pants and matching boots, I couldn't help but notice her long legs ran all the way from her ankles up to her fanny. I also couldn't help but notice her white silk blouse was opened at the top, revealing an outrageous and bodacious set of Ta Ta's. Whoa!

Eventually, the li'l Missus took her eyes off her miserable bridge score sheet and asked, "Why have we stopped, honey?" Before I could speak, she leaned forward so she could see into the dog park. "Tell me you have not stopped this car so you can gawk at some woman and with your wife sitting next to you? Tell me that isn't so."

I was ready with a quick response. "That is not so, sweet baby. I didn't even notice that woman until you pointed her out. I was staring at her Schnauzer."

"Her what?" the li'l missus asked.

"Her Schnauzer; I'm looking at that cute little dog next to the fence, the one sniffing that bulldog's butt. Maybe it's her dog, maybe not. I wouldn't know." I hesitated for just a few seconds before trying a pun. "Aren't you glad we humans don't have to do that?" I fake laughed out loud. She didn't.

"Don't change the subject, buddy boy, and try to get cute 'cause it's not working. Take me home," she demanded.

I have learned from being married to the li'l missus since before the invention of the wheel, that when she calls me 'buddy boy,' I'm about two clicks away from no dinner.

As we waited on Foreman Road for highway traffic to clear, I could feel her wheels turning. She was furious. As I



Fred Wooldridge

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 email:
askfredanything@aol.com

pulled onto US 64, she said, "Suppose I was driving the car and stopped at the park to gawk at some young, gorgeous, tall, dark and handsome guy wearing skin tight jeans and an open shirt revealing a muscular, sexy, hairy chest. How would you like that?"

"I was looking at her Schnauzer," I shot back. "Stop saying that," she

responded.

More silence but I knew her wheels were still turning. "And what would you say if I denied looking at the guy's bod and said I was only looking at his Cocker? Would you buy that excuse?"

At this point, I realized I may be down to one click and no dinner. "That's a valid point you make, sweet baby. I'm beginning to see why your shorts are in a wad, Please forgive me for my insensitivity. You're right, I'm wrong and I promise I'll never do it again."

That didn't work either because she said, "And don't try to butter me up by calling me sweet baby, buddy boy." There was silence until we pulled onto Many Road. "She was wearing a piece and her breasts were manufactured."

"A piece, what's a piece?" I asked, hoping to get a more friendly conversation going.

"You know, her ponytail, it was a clip-on ponytail and she was older than you think. Her face was stretched tighter than a banjo string. Her whole body was fake."

Later, I got grilled cheese and soup for dinner which is not bad considering the circumstances.

Later, in bed, I looked over at her and asked, "Still mad?"

"A little," she responded. More silence, then she asked. "I have one question. If I were standing in the dog park, would you look at me or my Schnauzer?"

"ZZZZZZZZZZZZ" I was faking it, realizing that was a no win question.

• Read Fred's column on line all winter at www.highlandsinfo.com, click on Local News

• THE VIEW FROM HERE •

Tend to your friends with care

It's a darned shame people don't have more respect for friendship. Like a potted cactus in the kitchen window, it can stand being ignored but it rarely survives betrayal.

A diamond is nature's hardest substance, so hard that it can only be cut with diamond blades, but a misplaced blow can shatter it and render it worthless. It's like that with friends.

When I started medical school, life insurance salesmen swarmed around the medical science building like flies. We were ripe for exploitation, majors in biology, chemistry and physics. None of us had a business background. I kept them at bay and out of my wallet until I met a guy who was different. I'd run into him in the hallway and we'd talk politics or sports. After awhile we started to meet for coffee between classes. It went on like that for weeks. He never mentioned insurance until the day he mentioned insurance. By then I thought we were friends and I didn't want to damage our friendship by refusing. Besides, I rationalized, I probably would need insurance at some point.

He didn't try to sell me an obscenely expensive policy, so although suspicious, I agreed. We met to close the deal, as we had so often met for coffee. He beamed as I signed a check for the first year's premium. He put his hand on my shoulder and whispered in a conspiratorial tone that if I were to introduce him to a classmate, and if that classmate bought a policy, he would pay me \$25. I went cold.

How did we meet, I asked him as



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casually as I could. He answered that a classmate had introduced us. And this classmate, I queried, did you pay him a bounty for the introduction, for leading me to you? If I'd used the word "bounty," he might not have answered, but I didn't and he willingly confirmed my suspicion, still apparently unaware of the rising tension. I wish I'd grabbed the check and torn up the policy, but I didn't. I told him I wouldn't be

introducing him to any of my friends and walked away feeling stupid, cowardly, and deeply hurt. I never spoke with him again.

I lost track of my best college friend while I was in the Army. Mom told me Tom had called and was trying to find me. I was elated. I picked up the phone immediately and dialed the number he'd left with Mom. "Tom," I shouted into the phone, "Mom said you called. That's great. Thanks, I'll be home for a week. Let's get together. I'm free any day or evening."

"Henry," he answered, in a voice that wasn't quite right, "that's wonderful. I'd like to see you, too. I'm in insurance now. I'd like to get together and talk with you about your future."

I don't remember what I said, but I'd had the feeling before and I was better prepared the second time. I guess he understood he'd killed both our friendship and his chance for a sale because he didn't try to contact me again.

I wouldn't like Tupperware parties for the same reason; because they pervert friendship. A friend asked me to subscribe to Direct TV so he could get a \$50. I'm glad he divulged his financial interest in my entertainment choices, but it still didn't

feel right. It's why I don't ask people to buy the school's wrapping paper or ask friends for donations to Haiti. I don't want to use friendship. At best it cheapens it, at worst it destroys it.

The thing is, you can't take advantage of your enemies. The salesman reasons that he has no choice but to use his friends. Who else is there?

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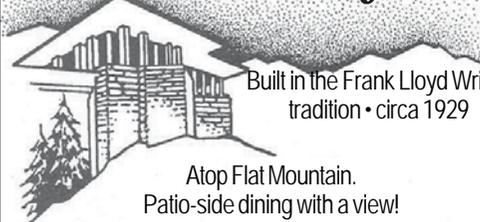
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• COACH'S CORNER •

Mea Culpa's aplenty after the last two weekends

People often ask me where I come up with ideas for my column. Even more people ask me for advice on pickems, fantasy football, etc. Unfortunately, most of the time I give terrible advice and make even worse picks-so here is a list of things that I have been wrong about the last two weekends.



Ryan Potts
tryanpotts@hotmail.com

now with an offense made of chewing gum, bailing wire and covered in Bond-O. Yet LSU is 4-0, which is all that really matters. Did I mention that Les Miles is crazy? He once had a sane moment... just to see what it felt like.

I still hate Tiger Woods... no mea culpa on

that one.

I was wrong about Alabama's defense -- I thought that their youth would be exposed against Arkansas and Florida and instead it just proved that Nick Saban is a defensive genius. It also helps that Alabama's linemen... all of them... apparently like to eat small children in their down time. The scheme helps the Tide, but the fact is that Alabama is just better to a man than anyone else in the country.

I was wrong about Miami, FL in that I thought that they would mess around and lose to Clemson. My favorite DJ Johnny O made sure that I gave him a public shout out after the Canes victory on Saturday.

I thought Garrett Hartley was a good kicker-after all he put my Saints in the Super Bowl...sigh....kickers are absolutely nuts. Now the Saints kicker is just 3 years younger than my own father, but at least he can make a 30-yarder.

I was wrong about the Tampa Bay Rays, I thought they would get the wild-card spot instead of winning the AL East. They now have homefield advantage, but that may not be much of an advantage with their lack of crowd support.

I was wrong about the 49ers-they were my sleeper team this year and have been absolutely abysmal. I think that the St. Louis Rams have a legit shot to win the NFC West provided that Sam Bradford doesn't get hurt.

I was wrong about celebrating prematurely when Stanford went up 21-7 on Oregon. Oregon scores points... lots of them... in short periods of time. They just have an extra gear, kinda like in Spaceballs where Rick Moranis orders the spaceship to go into "ludicrous speed." Chip Kelly doesn't look exactly like Rick Moranis, but he does have a huge head.

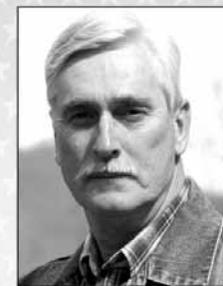
I'm not wrong about Les Miles... dude is absolutely crazy. LSU is 4-0 right

I was wrong in saying that I thought Coach K had lost a step... he just bagged the number one recruit in the country for next year in Austin Rivers. With a loaded squad this year and more in the pipeline, it looks as though Coach K could be gearing up for one last run before heading to the house. He may not have the grace of Wooden or the savvy of Dean Smith-but if there was a basketball Mt. Rushmore it would be Adolph Rupp, Wooden, Smith and K.

And finally, I'll go on record as saying that Adam Harner is the nicest dude in Highlands -- although I will have to mea culpa that as well because I have to put my dad in the top spot.

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... FALL SPORTS
continued from page 2



Sam Wheeler controls the ball against Hayesville. Photo by Noel Atherton

#1 seed the Lady Highlanders will host at least one home game in the NCHSAA play-offs.

Highlands Middle School soccer completes undefeated regular season

Highlander soccer looks to be in good hands for the future, as the HMS soccer squad completed the inaugural season of the Tri-State Conference by finishing 10-0 after the regular season.

The Tri-State conference is made up of middle schools from North Carolina, South Carolina and Georgia and this is the first year of the conference.

HMS coach Jeff Weller is proud of the work that his squad has put in this season. The Highlanders are led by strikers Colin Weller and Kirstyn Owen, who have produced 16 and 14 goals respectively, but have obtained their record through a total team effort. Coach Weller said "all 11 of our players contribute every game, which makes for a great group of kids to be around."

Highlands will host the Tri-State Conference tournament Saturday beginning at 9 a.m.

Highlands will play Tamassee-Salem in the first round of the tournament and will be the #1 seed thanks to their 10-0 record. The conference championship game will be held at 1 p.m. at the Highlands soccer field — all are encouraged to attend and support Highlands Athletics.

Highlanders dominant on road to Saturday Showdown

The Highlands Soccer team outscored their opponents 24-1 on a three-game road trip heading into Saturday's rematch with Rabun Gap.

•See FALL SPORTS page 20

• Highlands Eateries •

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Sports Page



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Literacy Council has new program director

The Literacy Council of Highlands announced that its new program coordinator is Judy Joyner. Joyner began her work September 13 after accepting her position.

Joyner is responsible for all programs held at the Literacy Council, including scheduling of tutoring.

For more, call Joyner at 526-0863.

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• JUST HERS •

Blue Balloons

By Michelle A. Mead-Armor

There is some confusion about how the blue balloon arrived. It was totally unexpected at the 10:30 am service at the Church of the Incarnation.

John was ushering that day, and I was singing in the choir, as usual. The choir had gone to take communion, and that's when the giggling began. A growing wave of chuckles, guffaws, and snickers built up, and lapped over the altar. I was kneeling for communion, and was puzzled by the growing laughter. I looked up, and caught the eye of John's ushering partner. He pointed in the direction of my husband. To my amazement, a blue balloon was slowly dancing its way toward my husband.

Father Brian Sullivan gestured to John, who reached out to grab the string. There he stood next to the altar, my John, grinning from ear to ear, holding the blue balloon. That Sunday, that's all everyone talked about. Father Brian even mentioned it in his sermon, likening it to the Holy Spirit descending upon us. Of course, John was delighted by his role in the whole incident. In a more thoughtful mood, he said that if I ever had to plan his funeral, he wanted balloons – blue balloons – and lots of them.

John's death was so sudden, so upsetting, that a service shortly following his death would have been a nightmare. It would have meant even more to do at a time when all of us were reeling from the awful reality.

In picking a date for a month later, we had more time to organize the sort of memorial service we felt would honor John the most. It would also give us time to get over the worst of our raw grief.

The keystone to this memorial service was Father Brian. Brian had done our premarital counseling, since both John and I had been married before, a category which I jokingly called "repeat offenders." And while Brian had moved to the Atlanta area, the Bishop agreed to let him do John's service. It was bittersweet, since Father Brian had performed our wedding, barely two years before.

I had a short list of John's funeral requests, one favorite hymn, several patriotic readings, but how were we going to pull all of this together? Father Brian suggested the format: a short religious ceremony, followed by a reception in the parish hall, and finally, the farewell at Harris Park, and those blue balloons. Now, we just had to concentrate on the details.



Michelle Mead-Armor
michiemead@aol.com

If you were planning your own funeral or memorial service, what would you want? Seriously, if this was your last big party, your last hurrah, your final send-off, what would you choose? What hymns have you always loved? What pieces of scripture are your favorites? Do you have a favorite poem, quotation,

song? While it may seem morbid, this is something you may want to ponder. After all, it may be the last memory folks have of you.

John and I attended the funeral of a dear friend about a year ago. The service was performed by a minister who had never met the deceased, a fact he tactlessly mentioned several times during the service. It was a generic affair, kind of what you'd expect if McDonalds did funerals. It was awful. I'm not saying everyone's service should be what you'd get if you crossed *Jesus Christ Superstar* with the *Radio City Christmas Spectacular*, but surely a memorial service should reflect the person being honored. But how do you concentrate someone as multifaceted and complex as John into one service? That was the challenge.

If Father Brian was the cornerstone of this event, then the ladies of the Flower Guild, the people who set up the reception, and folks who provided the magnificent food for the event were more than worker bees, they were angels. "Don't worry about a thing!" they said. "We'll take care of everything!" And they did. Beautifully. Compassionately. Flawlessly.

Eric, Joyce, Maman and I arrived early. I had brought several things from home that I thought represented John: our official portrait as a couple, a copy of his latest book, his Ben Franklin spectacles, his two business cards (one as John Armor, the other his alter ego, Ben Franklin), the hat he insisted on wearing on his daily walks around the hospital corridors. I included the stone plaque given to me by Jackie Kitchen, the lovely receptionist at St. Joe's. It seemed to sum up John's life so well: "Count your blessings by smiles, not tears. Count your age by friends, not years." I put out several packets of Kleenex. I knew I was going to need them; I figured other folks might, too.

And then we went to get the blue balloons. The Toy Store had been super about providing the balloons. I wanted one for each year of John's life, and since the

• See JUST HERS page 11

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• HOSPITAL NEWS •

Seasonal Influenza

By Dr. Richard S. Matthews

Seasonal influenza has become much more important, and has become a hot topic for discussion over the past year since the H1N1 flu in 2009. The CDC Advisory Committee on Immunization Practices (ACIP) now recommends that everyone in the U.S. receive the universal flu vaccination beginning this year for the 2010-2011 influenza season. The recommendation states that everyone from 6-months-old and older get a flu vaccination starting sometime in September or October 2010.



gious from 24 hours before symptoms occur to 5-7 days after symptoms occur. Usual symptoms of influenza include fever, cough, sore throat, runny nose, muscle aches, body aches, headaches, fatigue, and some people have vomiting and diarrhea. The 2010-2011 flu vaccine will protect against (1) influenza B virus, (2) H3N2 virus, and (3) the 2009 H1N1 virus which in 2009 caused the first pandemic in 40 years. The immuniza-

tion for influenza is the same whether you receive it at your doctor's office, hospital, or at your local pharmacy or grocery store. It is always important to receive your physician's medical opinion prior to getting any immunization. See the web site at www.cdc.gov for all this information, and much more.

Influenza is a respiratory illness that is typically spread by coughing, sneezing, or breathing close to someone that is infected. The infectious disease of influenza is conta-

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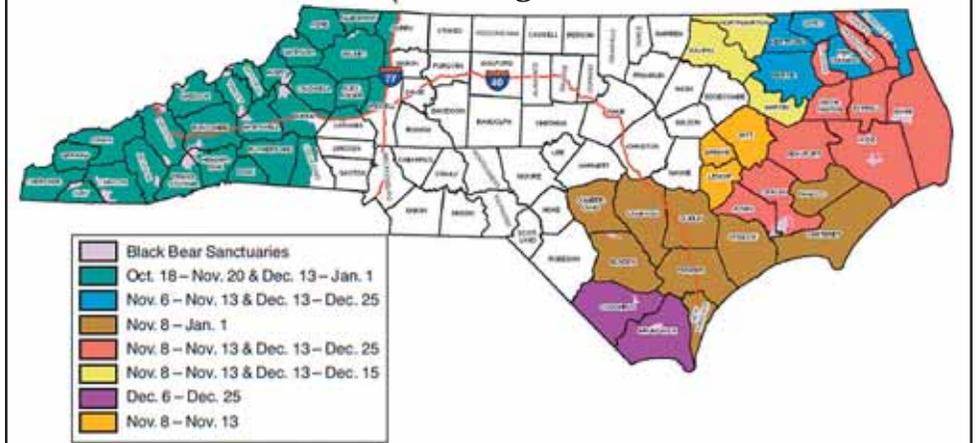
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... BEAR continued from page 1

2010-2011 Bear Seasons

The Western Bear Season boundary is I-77 from Virginia to the intersection with I-40, continuing along I-40 west until the intersection of NC 18 and then NC 18 to South Carolina. Except in Black Bear Sanctuaries, the hunting season for Macon and Jackson counties is Oct. 18 through Nov. 20 and Dec. 13 through Jan. 1.



having to do with private property and trespassing for the purpose of hunting without written consent."

Residents in the Bowery area, in particular, say last year bear hunters trespassed on private property to retrieve their dogs and to finish treed bears and they want that practice to stop.

Chief Harrell says the law is clear. "Even if hunters want to retrieve their dogs, they must get permission to do so from the land owner. Nor can hunters go onto private property without permission to retrieve wounded game."

In addition, It is against the law to: take a cub (less than 50 pounds) or a female bear with cub(s); take a bear with the use or aid of bait, which includes any salt, salt lick, grain, fruit, honey, sugar-based material or sub-

stance, animal parts or animal products; place processed food products as bait in any area of the state with an open season for taking black bears. Processed food products are any food substance or flavoring that has been modified by the addition of ingredients or by treatment to modify its chemical composition or form or to enhance its aroma or taste. This includes: food products enhanced by sugar, honey, syrups, oils, salts, spices, peanut butter, grease, meat, bones, or blood; candies, pastries, gum, and sugar blocks; and extracts of such products.

Bear Sanctuaries are areas where bear cannot be hunted no matter what. In Jackson County that area is the Panthertown-Bonas Defeat Sanctuary and in Macon County it's the Standing Indian and Wayah bear

•See BEAR page 23

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... JUST HERS continued from page 9

number – 67 – was an odd one, I ordered 70. That meant one for each of the two grandchildren who would be attending, and one for me to take back to KettleRock.

We arrived at the shop, and were greeted by Michelle and Ashley. When they came out of the back room with the inflated balloons, the sight was pure magic. We walked down Main Street toward the church, holding on to those precious balloons. People stopped and stared. Everyone smiled. A few people asked if they were for a birthday. I told them they were for my husband's memorial service, and they nodded in approval.

The service itself was a blur. *Jesu, Joy of Man's Desiring* brought tears to my eyes; Robert Henry had played it at our wedding. Father Brian Sullivan's homily was a loving commentary on my *Widowhood 101* column. The slide show lovingly put together by John's daughter, Karen, was perfect. The patriotic readings reminded us of John's profound love of this country. Betty Chesna read Linda Anderson's "I Think I'm in Love with John Armor," a marvelous poem she'd written John last year. I knew anything I said would make me cry, so instead I told the famous Mrs. Murphy joke which always delighted John, even though he'd heard it over 50 times.

And then we took our blue balloons, and headed off to Harris Lake Park. John's nephew, Stuart Armor, led us in singing Monty Python's "Always Look on the

Bright Side of Life," and we released the balloons into that clear Carolina sky. We watched in amazement as the balloons sailed higher and higher, their bright blue contrasting against a huge white cloud behind them. I'd never seen balloons go so high! As sad as we were to be saying our good-byes to John, we joined in celebrating a full life, well lived.

Since that day, I've had folks telling me that John is now up in heaven, hanging out in a celestial pub with Ben Franklin and Thomas Paine. I'd like to think so. Still, what comforts me the most is imagining his wonderful smile, when he got all those blue balloons.



• About the Author: Michelle A. Mead-Armor is a writer and translator who grew up in Waynesboro, Virginia, before wasting her youth and good looks in Baltimore, Sydney, Paris, and New York. She moved to Highlands several years ago to live on top of

a mountain on the Continental divide near Highlands with her precious husband, author and attorney, John C. Armor, and two very spoiled cats. Michelle thanks everyone who made John's memorial service such a tribute and celebration.

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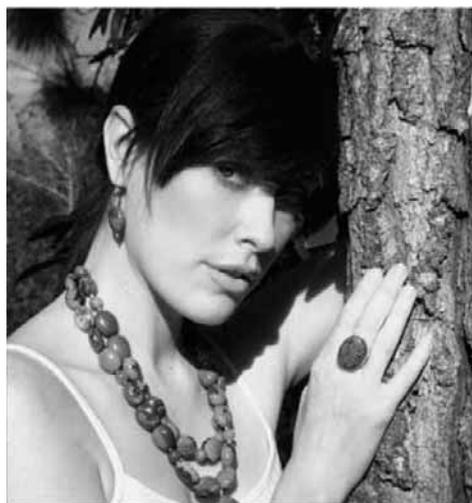
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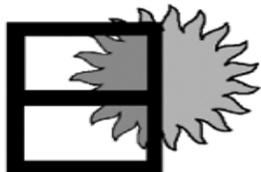
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Ongoing and Upcoming Events

Through Jan. 2011

• The Green family is collecting coke can tabs to give to the Shriner's Hospital which turns them in for funds which helps the organization buy supplies. Please drop off coke can tabs at the Citgo Station across from the Rec Park (the old Stop n' Shop). Leave them with Ann or Trysta Green.

Through 2010

• At The Bascom, Do Tell environmental sculpture: Patrick Dougherty. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Through Dec. 18

• At The Bascom, American Craft Today, Juried Exhibition, Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Through Sat., Nov. 27

• At The Bascom, Recent Works: Aaron Yakim and Cynthia Taylor. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm

Through Nov. 6

• At The Bascom, Tuesday After School Art Classes for grades K-6 are held weekly at The Bascom in Highlands, 3:15-4:30 pm. \$40 for 8-week session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

• At The Bascom, Saturday Art School for grades K-8

is held weekly at The Bascom in Highlands, 10 am-noon. \$64 for 8-week session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Through Nov. 2

• The South Jackson County GOP office at Laurel Terrace in Cashiers will be open Monday through Saturday from 1PM until 6 PM though November 2nd. The North Jackson County is at 482 West Main Street in downtown Sylva is open from noon to 6PM. All candidate and election information including bumper stickers, lawn signs and other campaign paraphernalia is available at each office. For additional information or to volunteer, call Jackson GOP Chair Ralph Slaughter @ 828 586-9895 for additional information or visit the website www.jacksoncountygop.com.

Through Nov. 1

• At The Bascom, Wednesday Preschool Creativity Classes for Parent and Child at The Bascom in Highlands, ages 2 1/2-5, 10-11 am. \$40 for 8-weeks session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Tues. & Thurs., through Oct. 30

• At The Bascom, Joe Frank McKee in conjunction with Pat Taylor, ceramics and sculpture, Wheel Throwing Skills, 10 am-1 pm. All basic materials provided. Tuition: \$350 members/\$375 non-members For information, call 828.526.4949 or visit www.thebascom.org.

Ongoing

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• See EVENTS page 13

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Ongoing and Upcoming Events



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- At Scaly Outdoor Center, Trout Fishing. Call 526-3737.

- Hospital Tours: "Grand Rounds" at Highlands-Cashiers Hospital will be providing small group tours to interested area residents. Tours will be held periodically each month, through October. Tours begin at 7:30 a.m. and will include breakfast with HCH's doctors and a meet and greet with the new CEO, Craig James. Call the Foundation Office at 526-1435 as space is limited. Or RVSP by email at info@hchospital.org.

- Join us for lunch at Highlands-Cashiers Hospital, where from May through October, you can enjoy an hour long Lunch and Learn educational seminar, on a variety of health topics, followed by Q&A session. Lunch provided; seating limited. Call 526-1313 or (828) 526-1250 today to make your reservation.

- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes all week long. Call 828-526-1FIT.

- Nantahala Tennis Club meets everyday at 9 a.m. at Highlands Recreation Park. \$2 per person; all visitors welcome. Call 526-3556.

- **YOGA** – Moonrise Yoga -- The Highlands Dedicated Studio, 464 Carolina Way. Mon., 10 a.m. & 5 p.m.; Wed., 10 a.m.; Sat., 9:30 a.m. All Levels. Mats provided. 526-8880. More info at www.yogahighlands.com (10/28)

Sundays

- Aftershock Youth meets every Sunday Night at 6:30 p.m. downstairs at Cullasaja Assembly of God at 6201 Highlands Road, Franklin, NC. Contact youth ministers Seth & Sarha Henegar at 828 369-7540 ext 203.

- The High Mountain Squares will be having a dance workshop get-together on Sundays. This will include main/stream and plus levels. The caller will be Jim Roper from

Cornelia, GA. The dances will be held at the Environmental Resource Center, Lakeside Drive, Franklin, from 3 to 5 p.m. Come in casual clothes and dance with us. Now is the time to come if you have not danced in a while and you would like to get started again. This is good exercise and a lot of fun. The cost is \$3 per person. For information, call 828 349-0905, 828 369-8334, 706 782-0943.

Mon. & Wed.

- Pilates Classes at the Jane Woodruff Clinic, 1st floor, at H-C Hospital taught by Sandie Trevathan at 4 p.m. Amat class for all levels. For info call 526-5852. (7/29)

Mon., Wed., & Thurs.

- On the Mat Yoga at the Episcopal Church of the Incarnation on Main Street. Upper Level Jones Hall. Mon., Wed, and Thurs. at 10:45 a.m. Bring your mat. 828-482-2128. \$10/hour.

Mon., Wed., Fri.

- Heart Healthy Exercise Class at the Rec Park. 8:30-9:30 a.m. \$20/month.

- Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$50 a month.

First Mondays

- Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital first Monday of each month at 10 a.m. at the hospital.

Mondays

- Closed AA meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

Tuesdays

- Highlands Rotary Club meets at noon at the Highlands Conference Center at noon.

- Closed AA Women's meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

- The Highlands Dialogue invites everyone to participate in our Tuesday discussions at the Civic Center from 10-11:30 a.m. While our name is new, the Highlands Dialogue intends to build on the Fall/Winter-Spring discussion series previously sponsored by HIARPT. Discussions range from current events and great books to extreme whimsy.

The only membership requirements are that you come with an exploring mind and that you read a session's material before attending the discussion (we distribute readings either by e-mail or at previous sessions). Even if you are not able to attend all of the discussions, you are encouraged to come when you are available. If you would like information about the Highlands Dialogue or any of our upcoming discussions, please e-mail John Gaston johngaston@aol.com or Karen Hawk hwkncrw@earthlink.net. If you would like us to add your name to the Highlands Dialogue's e-mail list, please contact David Scheyer at scheyer08@frontier.com.

Tues. & Thurs.

- Study Hall at the Literacy Council of Highlands in the Peggy Crosby Center from 3 to 5 p.m. Come do your homework, projects use the resources on site and get help from a tutor. For more information, contact Faviola Olvera at (828) 526-0925 or by email at missolvera@yahoo.com.

- Kettlebell Class at the Rec Park with Ginger Baldwin at 5:15 p.m. Fast moving free weight kinetic chain movement for 30-40 minutes. \$8 per class. Call 526-3556 or 526-4959 to reserve a spot.

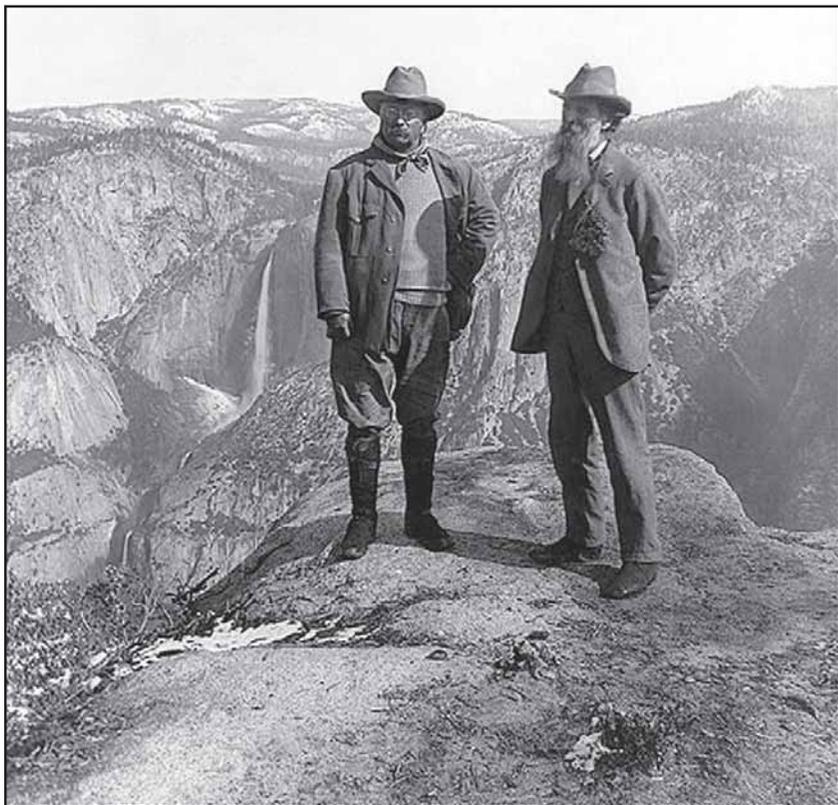
Wednesdays

- \$2 off bar drinks at El Azteca. 70 Highlands Plaza across from Bryson's Food Store.

- The Highlands Mountaintop Rotary meets at 7:30 a.m. in the dining room at the Highlands-Cashiers Hospital. Enter the hospital in the main or emergency entrance and follow the signs downstairs. Visitors are welcome. Meetings end at 8:30 am.

• See EVENTS page 14

JMCA brings John Muir and Teddy Roosevelt Oct. 8



As a conservationist, John Muir stood as tall as the redwood trees in the park that bears his name. Now you can hear his stories through actor Lee Stetson, who does a brilliant portrayal of the man credited as the architect of our national park system.

The Jackson-Macon Conservation Alliance is proud to bring "John Muir" back to Highlands after receiving rave reviews from the 2009 show. This year's event will be even better with the addition of Teddy Roosevelt. "The Tramp & the Roughrider" brings these two legendary figures to life on the Highlands Playhouse stage on Friday October 8th

Relive the famous camping trip where Muir and Roosevelt swapped amazing

adventure stories (of course, trying to outdo each other) and came to discover a shared passion for wilderness preservation.

Lee Stetson, who was featured in the Ken Burns PBS series, *The National Parks: America's Best Idea*, has captured John Muir's legacy and vision in his stirring portrayals for more than 20 years. Joe Wiegand, who portrays Roosevelt, performed at the White House for George and Laura Bush.

Show time is 7 p.m. at the Highlands Playhouse, with refreshments, a silent auction, and live music with Jody Zahner at 6:30. Tickets are \$35, \$30 for J-MCA members. Call 526-0890 or visit www.jmca.org for tickets and information.

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Ongoing and Upcoming Events

• Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

• The Homegrown Buds, a homeschool 4-H club, meets at noon at the Macon County Library on Siler Road in Franklin at 1 p.m.

Wednesdays & Fridays

• Open AA meeting at noon at the Episcopal Church at Fifth and Main streets.

Every 3rd Wednesday

• Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. Call 828-524-6777 or 706-746-9964.

'American Craft Today' opens at The Bascom



Visit The Bascom's *American Craft Today* exhibition through December 18 in the main gallery. For more information, call (828) 526-4949, ext 100.

American Craft Today, a national competition and exhibition opened on October 2 in The Bascom's main gallery. The exhibition runs through December 18.

With artists from 16 states and Canada competing to be in the exhibition, *American Craft Today* features 47 impressive pieces featuring original works in all craft media: ceramics, metal, wood, glass, fiber, book arts, etc. Over \$5000 in prize money was awarded. This year's juror, Carol Sauvion, is the executive producer of the Peabody Award-winning and Emmy-nominated "Craft in America" PBS television series, as well as creator and director of Craft in America Inc., an organization dedicated to presenting the history, practitioners and techniques of craft in the United States and their impact on our nation's cultural heritage. The exhibition is sponsored by Frances Bunzl and Family, Julia and Bill Grumbles, Charlotte Pippin, Cary Saurage and Penny and Ed Mawyer.

Viewing of Bascom's exhibitions is free and the galleries are open to the public Tuesdays through Saturdays from 10 a.m. to 5 p.m. and Sundays (through October 10) from noon to 5 p.m. For more information, call (828) 526-4949.

Thursdays

• Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

• Zahner Conservation Lecture Series every Thursday at 7 pm at the Highlands Nature Center May 13 through Aug. 5 It's free.

Friday & Saturdays

• Live Music at The Downhill Grill at Scaly Mountain Outdoor Center 7-9 p.m.. BYOB.

Every Third Saturday

• The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

Saturdays

• At Paoletti's Restaurant, intimate Wine Tasting at the bar at 1 pm. Great values in wines from around the world, available for retail sales daily. Cheese and Crackers are served. Cost: \$20 per person.

• At Cyprus International Restaurant, live music beginning at 9 p.m. No cover.

• Highlands Knitting & Needlepoint Guild meets to knit, crochet and needlepoint on the terrace at the Bascom. Questions? 526-1741.

• At The Bascom, Nov. 12, 19, Dec. 11 and 18 (no class on Thanksgiving Saturday or Christmas Parade day). Youth will learn about other cultures and make crafts that can hang on the tree or be given as gifts. Each class will cover the art and culture of two different countries. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Saturdays through Oct. 23

• At The Bascom, Workshop: Fayne Ansley, painting and drawing, Fall Fruits and Foliage - Botanical Watercolor, 2-4 pm. Tuition: Take one \$25 members/\$30 non-members or all four \$90 members/\$100 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thursday, Oct. 7

• Taize in Highlands, 5:30 at Highlands United Meth-

odist Church.

• Dianna K. Klingel will be signing her book *Just for the Moment: The Remarkable Gift of the Therapy Dog* at Chapter 2 Books in Cashiers from 4-7 p.m. 10% of the sales to be donated to the Cashiers-Highlands Humane Society and Friends for Life.

• Two Candidate Forums Thursday at the Fine Arts Center on the campus of Franklin High School. The first one will be for school board candidates starting at 7pm sharp. After a short break the forum for candidates for the office of county commissioner will begin at 8:10pm. The goal of the event is to provide the Macon County community an opportunity to see and hear all candidates for these vital offices in one forum with a specific focus on our public schools.

• Last Dance of Summer. Bring finger food. Thursday at the MC Community Center on Hwy, 441 S. in Franklin, NC, (across from "Whistle Stop Mall") from 6:30 to 9 pm with music by "Swingtime Band" for more information call (828) 369-9155.

Fri.-Sun., Oct. 8-10

• The Greater Cashiers Merchant's Association Leaf Festival calling artisans and artists who wish to have a booth at the 2010 Leaf Festival. Early booth reservations are encouraged. Call Chair Grady at 828 743.5858, the GCAMA office at 828 743.1630.

Fri. & Sat., Oct. 8-9

• At the Hen House on Main Street an October Celebration featuring Park Designs from 10 a.m. to 5 p.m. There will be drawings for free prizes and discounts plus up to 20% off all Park Design merchandise.

Friday, Oct. 8

• John Muir and Teddy Roosevelt grace the stage of Highlands Playhouse at 7 p.m. in "The Tramp and the Roughrider." Benefit for Jackson-Macon Conservation Alliance. Tickets \$35 (\$30 members). Refreshments, music and silent auction begin at 6:30. www.j-mca.org or (828) 526 0890 ext. 320.

• Center for Life Enrichment is offering a seminar on

Composing Photographs with photographer Richard Reddig from 10am - noon. CLE offers this class at the Martin-Lipscomb Performing Arts Center on Chestnut Street. The cost is \$20 for CLE members and \$30 for non-members. Walk-ins are welcome.

Sat. & Sun, Oct. 9-10

• At The Bascom, Workshop: Greg Newington, photography, Light and Dark: Using Light, Composition and Texture in Photography. Tuition: \$150 members/\$175 non-members. For information or to register, call 828.526.4949. or visit www.thebascom.org.

Saturday, Oct. 9

• Highlands Own Craft Fair 9am-4pm at the Civic Center. Free admission.

• The Nantahala Hiking Club will take a five mile moderate hike from Park Gap down Park Ridge to the connector trail and back up Park Creek. Drive 40 miles round trip. Meet at Westgate Plaza in Franklin, opposite Burger King, at 9 a.m. Bring water, lunch; wear sturdy shoes. Call leader Gail Lehman, 524-5298 for reservations. Visitors are welcome, but no pets please.

• Holly Spring Community Blood Drive at the Holly Springs Community Building. (2720 Cat Creek Road, Franklin). 8:30 am to 12:30 pm. Please call 524-0908 for more information or to schedule an appointment. Walk-Ins Welcome, appointments preferred. *All presenting donors have a chance to win one of two pairs of Delta Air Lines tickets!* To schedule an appointment to donate, please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org for more information. Individuals who are 17 years of age (16 with parental permission), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to donate blood.

• Softball Tournament to benefit The Tilson and Fogle families at the Highlands Ball Field. Church teams only. \$150 entry fee. Call Justyne Reese at 828-342-2740 to sign up. All proceeds will benefit both families who are battling cancer and its treatments.

• Middle School Conference Tournament at Highlands

CROCS • GRAMICCI • MERRELL • MINNETONKA • AVENTURA • CAMELBAK • LOLÈ • TEVA



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Ongoing and Upcoming Events



School. 9 a.m. – Soccer: Highlands vs. Tamassee Salem; 10:30 a.m.; Rabun Gap vs. Tallulah Falls; *Championship game* – 1 p.m. Also at 1 p.m. *Championship Volleyball Game*: Highlands vs. Rabun Gap. Admission \$3 per person to all of the above games. No passes or student tickets accepted 3 p.m. HS Varsity Soccer vs. Rabun Gap; Admission \$3; \$1 Student tickets available on Friday, Oct. 8.

Sunday, Oct. 10

- The annual blessing of the animals at the Nature Center at 2 p.m. All animals and their humans re welcome. Sponsored by the Holy Family Lutheran church, Highlands United Methodist Church and the Highlands Clergy Association.

- First Christian Church will be showing I AM on Sunday. The movie is free to the public. Tickets are available by contacting the church office at mail@fccfranklin.org or 828-524-6840.

Beginning Monday, Oct. 11

- Rehearsals for the annual Community Christmas Chorale will begin at 7 p.m. Monday evening, at First Presbyterian Church with director Orville Wike and accompanist Angie Jenkins. Rehearsals will take place in the choir room which is located on the lower level of the new Faith and Fellowship Center. Since rehearsals are beginning later than usual this year, it is important to make plans to attend every rehearsal if at all possible. Two concerts are scheduled. The first will be Saturday, Dec. 11 at 4 p.m. and the second will be the following day, Dec. 12 at 7 p.m. at First Presbyterian Church. If you enjoy singing, please join us!

Wed.-Fri., Oct 13-15

- At The Bascom, Workshop: Marilyn Brandenburger, pen and watercolor. More Journaling in Ink and Watercolor, 10 am-4 pm. Tuition: \$275 members/\$295 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thurs-Sat., Oct. 14 -16

- At The Bascom, Workshop: Alice Ballard, ceramics, Finding Your Form Through Nature II, 10 am-4 pm Discover forms that attract and inspire us through the close observation of nature. Tuition: \$325 members/\$350 non-members. Call 828.526.4949 or visit www.thebascom.org.

Thurs. & Fri., Oct. 14 -15

- At The Bascom, Workshop: Carol Singletary, fiber, Yarn Dyeing in Luscious Colors, 10 am-4 pm. Tuition: \$275 members/\$300 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thurs., Oct. 14

- At Hudson Library, Financial Management Lecture – at 5:30-6:30 pm. Presented by Sue Gorski of RBC Bank – Understanding Your Credit Score.

- Macon County Girls Basketball Signups. 4-6 p.m. Pick up application forms and pay the entry fee anytime at the Highlands Rec Park front desk. 6-17 years old are eligible. Must be 6 before Nov. 1, 2010. \$35 per player, \$25 per player for parent/coach volunteer. Sponsors are needed. Call Justyne Reese at 828-342-2740. Sponsor fee is \$150. Coaches are also needed.

- The October meeting of The Western North Carolina Woodturners Club is Thursday at 7 PM at the Blue Ridge School, in Glensville. Drive to the back of the school to the woodworking shop. Visitors are always welcomed. The club meets every second Thursday.

Fri. & Sat., Oct. 15 & 16

- Kountry Krafters Annual Fall Craft Show from 8 a.m. to 3 p.m. at the Coweeta Church Fellowship Hall in Franklin.

Friday, Oct. 15

- The Highlands Community Foundation and the Highlands Cooperative will host a free workshop for Highlands area nonprofits from 10 a.m to 2 p.m. with lunch provided in Coleman Hall at the First Presbyterian Church on Main Street. Registration deadline is Friday, Oct. 8. Call Wood Lovell at 828-526-4104 to register and David Moore at 828-332-1609 for more information.

Sunday, Oct. 17

- The Nantahala Hiking Club will take an easy 1.5 mile hike with an elevation change of 100 feet to Pickens Nose for an outstanding view from the top. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2 p.m. Drive 50 miles round trip. Bring water, a snack if you wish; wear sturdy shoes. Call leader Kay Coriell, 369-6820, for reservations. Visitors are welcome, but no pets please.

Monday, Oct. 18

- The Plateau Fly Fishing Club will hold its last meeting of the season on Monday, October 18. The meeting begins at 7 PM at the Albert Carlton-Cashiers library and features Jeff Curtis who will discuss fly fishing the Blue Ridge Parkway. Jeff is the co-founder of Curtis Wright Outfitters, camp director of Trout Unlimited's "Rivercourse" and local guide for the past 15 years. His family operates Sourwood Inn outside Asheville. An accomplished fly tyer, Jeff brings a wealth of fly fishing experience. Following the presentation, a raffle featuring an Orvis 9' 5 weight midflex rod and other fly fishing essentials will end the ninth season of the Plateau Fly Fishing Club. The rod will be awarded to the lucky ticket holder. Everyone is invited. Call 828-885-7130 for additional information.

Tuesday, October 19

- At Hudson Library, Health Lectures by Dr. Sue Aery of Mountain Air Wellness Center. "Wheat free diet- why does it work?"

Saturday, Oct. 23

- At The Hen House on Main Street, Ray Pottery signing from 10-5.

- The Nantahala Hiking Club will take a moderate 4-mile hike on the Appalachian Trail to see the new tower and shelter on Wayah Bald, returning via the Bartram Trail. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2 p.m. Drive 30 miles round trip. Bring water, lunch; wear sturdy shoes. Call leader Larry Jelley, 524-4200, for reservations. Visitors are welcome, but no pets please.

- Yard Sale Benefit for Colleen Fogle in Wright Square at the old John Collette space from 10 a.m. to 5 p.m. Donate items for sale up until Friday, Oct. 22 by calling Noel Atherton at 787-1515. Colleen is fighting breast cancer.

- At The Bascom, Book Signing and Artist Talk: Bill Rouda, photography, 2 pm. Admission is free. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Mon. & Tues. Oct. 25-26

- At The Bascom Spooky Raku class and Halloween Firing, Composition, instructors Pat Taylor and Britt Am-

mann, 1-4 pm or 5-8:30 pm. Create your choice of pottery pieces for a spooky Raku firing under the Halloween moon. Wed., Oct. 27

The Rotary Club of Highlands is holding its second coats and cans collection at the Highlands Rec Park from 9am - 2pm. Coats of ANY kind, and any non perishable food that will directly benefit the Highlands United Methodist Church's Food Pantry.

Saturday, Oct. 30

- At The Bascom, 2-5 pm, glaze preparation, 8 pm public Raku firing.

- Annual Highlands Trick or Treating downtown from 5:30-8 p.m.

- At The Bascom, Bill Rouda, book signing Satur-

day at 2 pm. Join photographer Bill Rouda for a short slide lecture about documentary art photography followed by a book signing of "Nashville's Lower Broad: The Street That Music Made." For information or to register for a workshop, call (828) 526-4949, ext. 100

Sunday, Oct. 31

- The Nantahala Hiking Club will take a moderate 3-mile hike with an elevation change of 500 feet to the tower on Rabun Bald for 360 degree views of the areas below. Meet at the Smoky Mtn. Visitors Center in Otto at 2 p.m. Drive 40 miles round trip. Bring water, a snack if you wish; wear sturdy shoes. Call leader Kay Coriell, 369-6820, for reservations or an alternate meeting place if coming from High-

• See EVENTS page 16

**SOFTBALL TOURNAMENT TO
BENEFIT:**

The Tilson & the Fogle Families

Saturday - October 9

Highlands, NC Town Ball Field

Church Teams Only - \$150 Entry Fee

Please Contact Justyne Reese @ 828-342-2740

With God all things are possible. - Matthew 19:26

All proceeds will benefit both Jerry Tilson and Colleen Fogle who are currently battling cancer.

Championship game lineup at Highlands School Sat.

Saturday, Oct. 9

Middle School Conference Tournament at Highlands School.

9 a.m. – Soccer:

Highlands vs. Tamassee Salem

10:30 a.m.;

Rabun Gap vs. Tallulah Falls

Championship game – 1 p.m.

1 p.m. Championship Volleyball Game:

Highlands vs. Rabun Gap

Admission \$3 per person to all of the above games

No passes or student tickets accepted

3 p.m.

HS Varsity Soccer vs. Rabun Gap

Admission \$3

\$1 student tickets available on

Friday, Oct. 8

**Highlands
Arts & Crafts
Show**

**28th ANNUAL
HIGHLANDS
ARTS & CRAFT SHOW**

SATURDAY, OCTOBER 9TH, 2010

9:00 AM - 5:00 PM
At the
Highlands Civic Center & Rec. Park
Highway 64 East - Highlands, NC

Sponsored by:
Highlands Woman's Club
Highlands Recreation Department

Fresser's Eatery will have Breakfast & Lunch available

FREE Admission & FREE Parking



Ongoing and Upcoming Events

Annual Community Christmas Chorale rehearsals begin Oct. 1



Rehearsals for the annual Community Christmas Chorale will begin at 7 p.m. on Monday evening, Oct. 11. First Presbyterian Church will be hosting the event this year. Director will be Orville Wike, with accompanist Angie Jenkins. Rehearsals will take place in the choir room which is located on the lower level of the new Faith and Fellowship Center. Since rehearsals are beginning later than usual this year, it is important to make plans to attend every rehearsal if at all possible.

Two concerts are scheduled. The first will be Saturday, Dec. 11, and the second will be the following day, Dec. 12 at First Presbyterian Church.

If you enjoy singing, please join us!

lands. Visitors are welcome, but no pets please.

Thursday, Nov. 4

- Taize in Highlands, 5:30 at Highlands United Methodist Church.

Fri. & Sat., Nov. 5-6

- At The Bascom, Mini-workshop: Bill Rouda, photography, Improving the Photographic Eye. For information, call 828.526.4949 or visit www.thebascom.org.

Sunday, Nov. 7

- The Nantahala Hiking Club will take an easy 1.2-mile hike on Lakeside Drive Trail, beginning at the Macon

County Health Center to walk through woods and fields. This short neat hike is one of Franklin's little treasures. Meet at the Macon County Health Center parking lot at 2 p.m. Bring water; wear sturdy shoes. Call Leader Kay Coriell, 369-6820, for reservations. Visitors are welcome, but no pets please.

Nov. 11-14

- Annual Culinary Festival. Call the Chamber of Commerce for details. 526-2114.

Sat., Nov. 13 - Sat., Dec. 18

- At The Bascom, A Stitch in Time: Quilts. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Saturday, Nov. 13

- At The Bascom, Nog Off and Table-Scap Competition, 5-7 pm. An artistic, culinary celebration of a favorite holiday drink featuring some delicious and unique family eggnog recipes. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org.

- At The Bascom, Demonstration: Holiday Floral Arranging, 10:30-11 am. Admission is free. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thursday, Nov. 18

- Taize in Highlands, 5:30 at Our Lady of the Mountain Catholic Church.

Fri. & Sat., Nov. 26-27

- At The Bascom, A Gingerbread House Workshop. Participants are invited to enter their creations in a contest, to be judged by popular vote. \$40 Bascom members/\$45 non-members. The public is invited to cast their votes Tuesday-Saturday, November 30-December 10, 10 am-5pm. The winners will be announced at 10 am, Saturday, December 11, the public is invited. For information, call 828.526.4949 or visit www.thebascom.org.

- At The Bascom, Artist's Marketplace in the Dave Drake Studio Barn Featuring a gathering of artist tables in the Studio Barn, the marketplace is the ideal place to find unique, affordable, one-of-a-kind artists' works for Christmas, hostess and New Year's gifts. For information, call 828.526.4949 or visit www.thebascom.org.

Thursday, Dec. 2

- Taize in Highlands, 5:30 at the Episcopal Church of the Incarnation.

Wed., Dec. 8

- At The Bascom, Create a Holiday Wreath, 1:30-3:30 pm. Tuition: \$20 members/\$25 non-members (materials included). For information or to register, call 828.526.4949 or visit www.thebascom.org.

Friday, Dec. 10

- At The Bascom, Wheel Throwing with Pat Taylor and other regional potters, 2-4 pm. Admission is free. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Saturday, Dec. 11

- Community Christmas Chorale concert at First Presbyterian Church at 4 p.m.

- At The Bascom, Fayne Anslay, Botanical Painting of Native Evergreens, 1-1:45 pm. Admission is free. For information or to register, call 828.526.4949 or visit www.thebascom.org.

- At The Bascom, Ceramic Ornaments. This intergenerational class, for children and adults, will be taught in The Bascom's Studio Barn. \$25 Bascom members/\$30 non-members (materials and firings included). For information, call 828.526.4949 or visit www.thebascom.org.

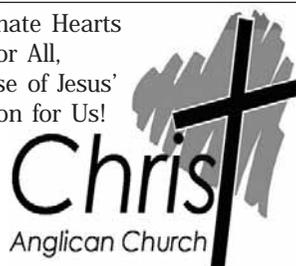
Sunday, Dec. 12

- Community Christmas Chorale concert at First Presbyterian Church at 7 p.m.

Thursday, Jan. 20

- Taize in Highlands, 5:30 at Our Lady of the Mountain Catholic Church.

Passionate Hearts
for All,
Because of Jesus'
Passion for Us!



Every Sunday at 9 a.m.

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www.christanglicanchurch.com

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• SPIRITUALLY SPEAKING •

Students at Highlands School coming out of the closet



Pastor Gary Hewins
Community Bible Church

Like courtroom drama. The whole idea of so much riding on a jury's decision is intense. Sometimes a verdict determines a financial penalty or the freedom of a defendant or even at times a penalty of death.

Some movies do an incredible job of intensifying the process. Movies like "A Witness For the Prosecution" or "JFK" or "A Few Good Men" or "Verdict" have pretty intense courtroom scenes. The jury's decision obviously depends greatly on the veracity of the witnesses in the case. Eyewitnesses, forensic witnesses, expert witnesses have a great bearing on the outcome of the trial. Witnesses make all the difference.

The Bible talks a lot about witnesses; they are people who testify of the truth as they saw and experienced Christ before and after His burial. When you consider eternal life or eternal separation from God, there is a lot riding on the testimony of witnesses in the world. Witnesses have to come forward to testify.

This week something significant is taking place at Highlands School. Teenagers have come forward to testify as to what they have seen and experienced in a relationship with Christ. The Fellowship of Christian Athletes at Highlands School has produced a DVD to be distributed through FCA to every student at the school as a gift. Nearly 400 copies will be given away to the student body, teachers and administrators.

I think this project is significant because most adults don't even bother to do as much. I like the boldness. The testimonies from these students provide a greater appreciation for the challenges of growing up in this community. Our teens deal with difficult issues like the loss of a big sister to drugs, the loss of a father and grandfather, the pressures of temptation, labeling and social acceptance. This DVD focuses on the testimonies of student athletes who are now taking a stand for what they believe. This well-done project clearly articulates the challenges of today's teens in our community and how those needs are being met in a relationship with Christ. It's impressive.

I like the fact that teens want to model values and faith to younger students in the school. I like the loving dedication to make a difference in the lives of peers who are into drugs or other difficult situations. I like the stance and posture of upper classmen helping younger middle school students develop a healthy biblical self-image of themselves. I like the respect that the students have for authority at the school while also seeking to meet the spiritual needs of the authorities at the school. I like the whole project. It feels right when you watch this DVD.

These kids are for real and I think their peers will agree. The next time you go to a sporting event look for these students. They have a voice and a message. They are on target. They care. They are doing something. They are taking a risk. They need our prayers and encouragement. Highlands School has some incredible students who are maturing in a strong, viable faith. Let's remain behind them. They and their peers are worth it.

They are the kind of witnesses who won't accept the status quo while seeking to walk a genuine faith that can and will impact their community. I love it!

• PLACES TO WORSHIP •

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School - 10 a.m., Worship - 11
Sunday night services every 2nd & 4th Sunday at 7
Wednesdays: Mid-week prayer meeting - 7 p.m.

BUCK CREEK BAPTIST CHURCH

Sundays: School - 10 a.m.; Worship - 11

CHAPEL OF SKY VALLEY

Sky Valley, GA
Church: 706-746-2999
Pastor's residence: 706-746-5770
Sundays: 10 a.m. - Worship
Holy Communion 1st Sunday of the month
Wednesdays: 9 a.m. Healing and Prayer with Holy Communion each service

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627

CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011
Worshipping at the facilities of Whiteside Presbyterian Church, Cashiers
Sunday: Holy Communion - 9:00 a.m.
Sunday: Adult Forum - 10:45, Bucks Coffee Cafe, Cashiers

Monday: Evening Bible Study at Whiteside Presbyterian - 5 p.m.; Bible Study & Supper at members' homes - 6 p.m.
Wednesday: Men's Bible Study -8:30 a.m., First Baptist Church

Thursday: Women's Prayer Group - 10 a.m., Whiteside Presbyterian Church; Healing Service at noon

CHRISTIAN SCIENCE CHURCH

283 Spring Street
Sunday: Service - 11 a.m.; School - 11 a.m.
3rd Wed. of month: Testimonial Service - 5 p.m.
Reading Room: Wednesday - 3-5 p.m.

CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer
Sundays: School - 10 a.m.; Worship - 11
Prayer - 6:30 p.m.
Evening Service - 1st & 3rd Sunday - 7 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685
Pastor Gary Hewins
3645 U.S. 64 east, Highlands
Sun.: 9:30 am: Adult Sunday School, Prayer Group.
10:30 am: Children's Program (Pre-K - 5th Grade), Merge for 6th Graders. 10:45 am: Worship Service. 5 pm Student Arts Group, The River Middle & High School Student Ministries.

Tues.: 9:30 am: Women's Bible Study.
Wed.: 5 pm: Dinner. 6pm: Children's Program
EPISCOPAL CHURCH OF THE INCARNATION
526-2968

Sunday: Breakfast; 9 A.M. - Sunday School
10:30 a.m. Holy Eucharist (Rite II)

Monday: 4 p.m. Women's Cursillo Group

Tuesday: 8 a.m. Men's Cursillo Group

4:30 P.M. Education for Ministry

Wednesday: 6:30 P.M. Choir Practice

Thursday: 10 a.m. Holy Eucharist (Chapel)

10:30 a.m. Daughters of the King

FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977

Sun. Worship 8:30 & 10:45 a.m.; 6: p.m.

Sun. school for all ages 9:45 a.m.

Wed: dinner 5 p.m. followed by childrens Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.; Adult Bible Study & Prayer Meeting 7 p.m.

FIRST BAPTIST CHURCH

526-4153
Sun.: Worship 10:45 a.m., 6:30 p.m.; School - 9:30 a.m.; Youth - 6:30 p.m.; Choir - 7:15

Wednesdays: Dinner - 5:30 p.m.; Team Kids - 6 p.m.; Prayer - 6:15 p.m., Choir - 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Dr. Lee Bowman, Pastor
Dr. Don Mullen, Parish Associate 526-3175
Sun.: Worship - 11 a.m.; Sun. School - 9:30 & 9:45.
Mondays: 8 a.m. - Men's Bible Discussion & Breakfast

Tuesdays: Bible Study - 5 p.m.

Wednesdays - Dinner 6:30 p.m.; Choir - 7

HIGHLANDS ASSEMBLY OF GOD

Sixth Street
Sundays: School - 10 a.m.; Worship - 11
Wednesdays: Prayer & Bible Study - 7
HIGHLANDS UNITED METHODIST CHURCH
Pastor Paul Christy 526-3376

Sun.: school 9:45 a.m.; Worship 8:30 & 11 a.m.; 5 p.m. Youth

Wed: Supper; 6; 7:15 - children, youth, & adults studies; 6:15 - Adult choir

(nursery provided for Wed. p.m. activities)

Thurs: 12:30 - Women's Bible Study (nursery)

HOLY FAMILY LUTHERAN CHURCH - ELCA

Chaplain Margaret Howell
2152 Dillard Road - 526-9741
Sundays: Sunday School and Adult discussion group 9:30 a.m.; Worship/Communion - 10:30

HEALING SERVICE on the 5th Sunday of the month.

LITTLE CHURCH OF THE WILDWOOD

Kay Ward - 743-5009
Sundays: 7-8 p.m. Memorial Day - Labor Day
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Wed: Bible Study and Youth Mtg. - 7 p.m.

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Rev. Clifford Willis
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Wednesdays: Prayer Mtg. - 7 p.m.

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For more information call 526-3212.

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Pastor Rev. Andy Cloer.

Sundays: School - 10 a.m.; Worship - 11

Wednesdays: Prayer & Bible Study - 7

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Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School - 10 a.m.; Worship - 11

• HOSPITAL NEWS •

Community Blood Drive is set for Oct. 27

Highlands-Cashiers Hospital along with AnMed Regional Blood Center will continue their annual joint blood drive October 27th. Greg Johnson of AnMed Blood Center said "From January 1, 2006 until now, Highlands Cashiers Hospital's blood drives have collected a total of 656 units of blood. Because the blood is separated various components, it equals enough blood to help at least 1,312 patients."

The AnMed bloodmobile will be at Highlands-Cashiers Hospital on Wednesday, October 27th from 9 a.m. to 11 a.m., Highland's First Citizen Bank from 12:30 p.m. to 3 p.m., then moving to the Albert Carlton-Cashiers Community Library in Cashiers from 4 p.m. to 6 p.m.

There is never too much participation during times like these. "Blood we get now will last up to 42 days. So blood donated during your drive will help us during a time when collections are normally minimal," says Johnson, which has supplied the hospital's needs for blood products for over 20 years".

"Each unit of blood donated goes a long way, says Johnson. Each unit can serve the needs of up to four different patients. Red cells are separated out and used to help acci-

dent victims and those who need transfusions as a result of surgery. Platelets are used to treat those undergoing chemotherapy and who suffer from other types of cancer-like blood diseases. Approximately 45 percent of those patients who receive blood suffer from the effects of these illnesses. The plasma stock derived from each unit is used for burn victims, while other elements are removed and given to hemophiliacs and other patients with clotting deficiencies."

The requirements to donate are minimal. Anyone 17 years or older and 110 pounds can give blood. If you are taking medication, it won't usually prevent you from giving blood, however, you may want to bring the name of the medication with you.

If there are persons who would like to give blood but are uncertain whether or not they qualify as a donor, can still come to the blood drive. The AnMed officials will determine their eligibility through the donor screening process.

"We all expect blood to be there for us, but barely a fraction of those who can give do. Yet sooner or later, virtually all of us will face a time of great vulnerability in which we ourselves or a loved one will need blood. Our Hospital and AnMed Blood Center urges our community to help replenish our local blood supply and support this opportunity to give the gift of life, says Craig James, HCH President and CEO.

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Flu Vaccine News

The 2010 flu vaccine, provides protection against three strains of influenza, including H1N1.

The Macon County Public Health Center will be providing flu shots during the month of October. Clinics are scheduled in Franklin,

Highlands, Nantahala, and Otto. Residents may call the health center at 349-2081 to

hear a recorded message detailing the dates and times of all flu shot clinics or visit the health center on the county's website at www.maconnc.org

to print a listing of all scheduled flu shot clinics. No appointment is necessary and the cost of the vaccine is \$25.

Main Street **COUNTRY CLUB PROPERTIES** Mt. Fresh
 Wright Sq. 828-526-2520 | www.ccphighlandsnc.com | ccp4info@verizon.net



This close to town 2 bedroom, 2 bath cottage has it all. A view of Mirror Lake, walk to town, nice covered porch, completely furnished, nice yard with fire pit. Completely furnished and offered at \$299,500. mls #71653



Ridgewoods. Attention all renovators, this lovely home features 3 bedrooms, 2 baths plus a 2 car garage. Great floor plan with a cathedral living room, great privacy and all paved road access. Offered at \$345,000. mls #59825



Shelby Place Great year round traditional is in a nice neighborhood close to town. Main level master suite with great storage and 2 car garage, additional guest bedroom and guest bath. Massive living room opens to large screen porch. Offered at \$825,000. mls #71641



Sage Mountain. Lovely corner lot/great yard with well built custom home. 3 bedrooms, 2 1/2 baths, additional guest quarters with bath over garage. Stone fireplace. Screened porch, generator, 2 car garage and loads of dry storage. Offered at \$895,000. MLS#58560



4 bedroom, 4 bath remodeled home close to town. Great home for entertaining with separate dining room. Large covered porch with fireplace for entertaining. Large master suite with fireplace. Offered at \$725,000. mls #71642



Cold Springs Never offered before! This immaculately maintained lake house is located right on the lake and has a stellar view of Shortoff mountain! Terrace level has Family room, 2 bedrooms, 2 baths, and a large deck. one car garage. Offered at \$1,200,000. mls #71763



Great mountain getaway. This unique property has lots of wormy chestnut wood, fireplace, sauna, wonderful sleeping porch and more. This 2 bedroom, 2 1/2 bath home is located on a 1+/- acre lot with a meadow feel off of Flat Mountain Road. Offered at \$385,000. MLS#53871



This year round home was constructed from 4 log cabins (Circa 1800s) from remote Kentucky. Creativity to the max is the epitome of mountain charm. 3 bedrooms plus studio, 4-1/2 baths, loft, fireplace, garage. 1.69+/- acres with a great view of Shortoff Mountain. Offered at \$1,350,000. MLS#56186



Owner Financing available on this like-new cabin in Wildwood Forest! Conveniently located between Highlands and Cashiers. 2 bedroom, 2.5 bath home with loft open to Great room, Stone (wood burning) fireplace. Cathedral ceilings, large decks. Central Heat/AC. Easy to own, Easy to keep. Offered at \$349,000. mls #71446



Wildcat Cliffs Country Club. 4 bedroom, 3 bath, 3 level house with an office, great room, large garage and greenhouse. On the circular driveway. Offered at \$895,000. mls #71680



Rustic Estate in Whiteside Cove. This former lodge has 7 bedrooms, 7 baths, large great room with stone fireplace, dining room, and commercial kitchen on nearly 9 acres of seclusion. Backs up to USFS. Offered at \$1,100,000, MLS#60752



4 bedroom, 5 1/2 bath custom home. Dream kitchen, family room, office, 3 car garage, screened porch with fireplace. 11+ acres that backs up to USFS lands. View of Blackrock Mountain. Offered at \$1,495,000. MLS#59340.



Rocky Knob. The on Golden Pond setting become yours with this lake-front Mecca ideal for the whole family! Large living room and kitchen, sun porch, master bedroom and bath on main level, guest bedroom and bath upstairs with loft. Offered at \$729,000. mls #71747



Located on Desirable Bowery Road. This charming log home features 3 bedrooms, 2 baths, lofted living room with additional studio/family room and bath on a large wooded lot. New roof and in excellent condition. Offered at \$469,000. MLS#61021



Sherwood Forest. Attractive single story 3 or 4 bedroom home with privacy in the town of Highlands. Screened porch, waterfall, fireplace, hardwood floors and atrium ceiling in the living room. Two adjacent lots with city water and sewer for potential family compound. Offered at \$495,000. MLS#59447



Only two miles to the public boat ramp on Lake Glenville. Home has been totally remodeled. Large decks, one covered deck and one open deck. Very well insulated, central heat, Vermont casting wood stove. Offered at \$284,900 MLS#62270



Tucked away in Horse Cove is this wonderful Kingdom well suited for nature lovers and equestrian people. A charming 1930 eclectic farmhouse has been lovingly renovated. Historic CCC Building for storage and a new barn! Offered at \$1,850,000. mls #71633



Oh, what a view! From this brand new 3 bedroom, 3 bath that has an additional family room. Good quality finishes include wood floors, granite counter tops and tile baths make this an exceptional buy for the asking price \$299,000. MLS#60760



Walk to Harris Lake, downtown or The Nature Center from this completely updated 4 bedroom, 3 bath home. 2 master suites and Children's room with bunk beds. 2 massive stone fireplaces, cypress and slate flooring and lovely finishes. Offered at \$849,000. MLS #59837



This 3 bedroom plus large den and loft, 3 and 2 half-bath home sits on over an acre of land in Laurel Falls at Skyline. Stream on the property. Amenities of a pool and tennis courts at Skyline Lodge. Offered at \$649,000. Mls #57077

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• BUSINESS NEWS •

Booklets: 'Latest in US Currency Designs' free at RBC Bank

RBC Bank has a supply of booklets issued by the U.S. government titled "The Latest in U. S. Currency Design," and is offering them to all business owners at no cost. The 12-page multi-note booklet contains detailed information about the redesign of the \$100 note, as well as the other redesigned denominations (\$5, \$10, \$20, and \$50 notes). This booklet is

designed to show and describe in detail the design and security features of redesigned denominations of U. S. currency so that cash handlers can easily check U. S. currency and know that it is genuine. To

obtain one of these booklets, please stop by RBC Bank 225 Franklin Road Highlands during business hours. Questions can be directed to Sue Gorski at 526-0606.

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Raffle winner gets necklace

This past Highlands Playhouse season raffle tickets for diamond necklace from Drakes Diamond Gallery were sold at every performance with all proceeds going to the Playhouse. This year's lucky winner was Penny Mawyer of Highlands.

... FALL SPORTS continued from page 7

The volleyball girls clinched Conference champs with their win against Hiawasee dam Thursday night and won again in conference play at Blue Ridge. October 14 is Senoir night against cherokee



Photo by
Stephanie McCall

In victories over Cherokee, Tallulah Falls and Hayesville the Highlanders scored 8 goals a game and held firm their #7 state ranking.

Against Cherokee on Thursday, Highlands led 6-0 at the half and received two goals from Andrew Renfro and one apiece from Robbie Vanderbilt, Tyler Converse, Cody St. Germain, Justin Watson, Michael Shearl and Taylor Osteen.

Friday, Highlands traveled to Tallulah Falls, which figured to be a tough rematch from the 3-1 victory earlier in the year in Highlands. However, Highlands scored early and often, getting headers from Andrew Renfro, Samuel Wheeler and Tucker Bates to take a 3-0 lead. The goals piled up from there as Tim Fogle, Isaac Beavers, Taylor Osteen and Collin Taylor helped to create the 8-0 final margin.

Monday the Highlanders traveled to conference rival Hayesville, who figured to provide the toughest Smoky Mountain test for the Highlanders all year.

Highlands came out ready to play, get-

ting four goals from Captain Samuel Wheeler and a goal apiece from Osteen, Shearl, Renfro and Ricky Reyes. Highlander coach Chris Green was very happy with the result Monday, particular the way that Highlands "shared the ball."

In the last three games leading scorer Michael Shearl has tallied 7 assists and Andrew Renfro has added 4. Highlander midfielder Taylor Osteen was also excited about the result against a tough Hayesville side saying that, "it was a tough physical game, but we were able to come out on top."

Captain Cord Strawn seconded the opinion on the physical nature of the game, "they really tried to get physical early," said Strawn, "but we just worried about what was on the scoreboard and that was enough for us." The Highlanders will play Rabun Gap here in Highlands on Saturday afternoon, hoping to avenge one of their two losses on the year.

Please come out and support all of the Highlander teams that will be competing on Saturday at Highlands School.

• HEALTH MATTERS •

Do you have dry, red, itchy, gritty feeling eyes or blurred vision?

Constant moisture is necessary for clear vision and comfortable eyes. However, as we age or have other contributing factors, our tear production often becomes inadequate. The result is the second most common problem an eye doctor treats; dry eye syndrome.

When we blink a film of tears, made up of water, fatty oils, proteins, and electrolytes, is spread over the eye which makes the surface smooth and clear. The eye produces tears by two different methods. One method produces tears at a slow, steady rate and is responsible for normal eye lubrication. Tears that lubricate are constantly produced by the healthy eye. The second produces large quantities of tears in response to eye irritation, foreign body or emotions.

When dry eye occurs, patients experi-

ence symptoms such as redness, sandy or gritty sensation, burning, pain, soreness, itching, stickiness, blurry vision, and tearing. Excess tearing from dry eye seems illogical but if tears responsible for maintenance are not produced the eye becomes irritated and excess tears then overflow from the eyes.

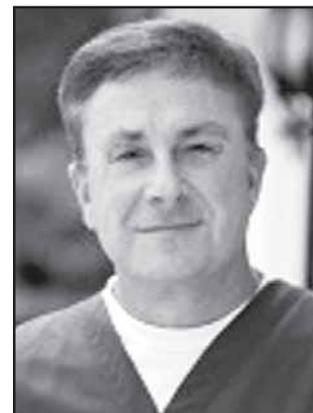
There are a long list of factors that may cause or contribute to dry eye including age, menopause (although dry eye can be common in men), prescription and over-the-counter medications, some medical conditions, eyelid problems, poor diet and environmental factors such as heat or dry air.

Diagnosing dry eye can be done during a regular eye exam. When visiting your eye doctor a quick painless test to measure tear volume and tear quality can be performed.

If dry eye is left untreated, the eye becomes susceptible to complications such as eye infections or scarring of the cornea. A visit to your eye doctor is the only way to find out if you suffer from Dry Eye Syndrome.

Treatments can vary. Artificial tears can provide temporary relief, but frequent artificial tear use can be impractical especially with a busy lifestyle.

At Blue Laser Group, Dr. Blue uses advanced techniques for the treatment of dry eyes. A high percentage of patients report experiencing a significant improvement in their dry eye symptoms from this quick in-office treatment. This procedure is typically covered by medical insurance and Medicare.



Dr. Richard Blue

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FRI. & SAT., OCT. 8 & 9 – 41 Holly Tree Way (across from Highlands School's new gym.) Furniture, housewares, tools, sporting goods, fishing tackle and LOTS more. James Farrish. 8 a.m. to 3 p.m.

MULTI-FAMILY, SATURDAY, OCT. 9, 8a-3p, 124 Paul Walden road. Clothes, home furnishings, toys. Premier Jewelry Sample Sale. Rain or shine. 526-2389.

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... BEAR continued from page 10

sanctuaries.
 Though hunting bear is considered ab-
 horrent to many, Capt. Greg Daniels with
 the NC Wildlife Department, said bear hunt-
 ing is a tradition that's been going on for hun-
 dreds of years which is done for the experi-
 ence, the meat and the hide.
 "But more importantly, hunting bear is
 the only good way to manage the bear popu-
 lation," he said. "If hunting wasn't allowed,
 there would be too many bears and the inter-
 action with the public would be too much,"
 Legally, a bear hunter can only kill one
 bear per year and Daniels said the NC Wild-
 life's job is to enforce those limits as well as
 look for illegal baiting and to go after those
 who hunt illegally at night. He said it's also
 illegal to sell any part of a bear - its hide or
 gallbladder - though those items are sold on
 the black market.
 He said trespassing on private property
 to retrieve a bear is a Sheriff's Department or
 local police department matter.
 Daniels called Macon County a bear
 haven. "There were 81 bear killed last year in
 Macon County and 23 bears killed in Jack-
 son County," he said. "The more straight up

ad down the geography, the more bears you'll
 have. Macon County's terrain is more suited
 to bears than Jackson County.
 Police Chief Harrell also reminds citi-
 zens of Highlands' local ordinance concern-
 ing the use of firearms or pellet guns in the
 town limits.
 The N.C. Wildlife Resources Commis-
 sion wants bear hunters to know it is collect-
 ing information from harvested black bears.
 The commission uses the upper premolar
 tooth (located directly behind the upper ca-
 nine tooth) from a harvested bear to deter-
 mine the bear's age. This information helps
 the commission monitor the status of the
 bear population, which is an important as-
 pect of the bear management program.
 "If you harvest a bear, please contact the
 wildlife staff in the field so that a tooth and
 other information may be collected," said
 officials. "If you cannot locate wildlife staff,
 please call the Wildlife Management division
 at (919) 707-0050 so that we may send infor-
 mation to you on how to collect the tooth. If
 you provide a tooth, we will mail the age of
 the bear you harvested to you prior to the
 next hunting season."

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Highlands Police & Fire Reports

Highlands PD log entries from Sept. 25. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Sept. 25

• At 11:50 p.m., officers responded to a noise complaint logged against Ruka's.

Sept. 29

• At 9:43 p.m., a resident reported a possible prowler on Satulah.

• At 11:04 p.m., downed tree and power line was reported.

Oct. 1

• At 3:15 p.m., there was a two-vehicle accident at Main and South Fifth streets.

Oct. 3

• At 9:04 p.m., officers responded to a call of suspicious noise in a home on Holt Knob Road. Nothing was found.

• At 10:43 p.m., officers responded to a 9-1-1 hang up from a residence on Hicks Road.

Oct. 4

• At 9:24 a.m., officers responded to a call from Main Street Pharmacy about a forged prescription for a controlled substance.

• At 10:38 a.m., Edwin Dawayne Skinner, 33, of Franklin, was arrested at

Main Street Pharmacy for possession of a controlled substance and obtaining a control substance by forgery.

Oct. 5

• At 3 p.m., there was a two-vehicle accident at South 2nd and Main streets.

Oct. 6

• At 10:30 p.m., officers responded to a bear complaint from a resident on N. 4th and Pine streets.

• At 9:20 p.m., officers received a call about a suspicious person attempting to follow someone on Helen's Barn Ave.

• During the week, police officers responded to 6 alarms and issued 3 citations.

Highlands F & R Dept. log entries from Sept 29:

Sept. 29

• At 9:02 a.m., the dept. was first-responders to a residence on Hicks Road. The victim was taken to the hospital.

• At 1:18 p.m., the dept. was first-responders to Main Street. The victim was taken to the hospital.

Sept. 30

• At 9:11 a.m., the dept. was first-responders to a residence on Buck Creek Road where a man had fallen and hit his head. He was taken to the hospital.

Oct. 1

• At 9:13 a.m., the dept. was first-responders to a residence on Holt Road. The victim was taken to the hospital.

• At 9:58 a.m., the dept. was first-responders to Clubhouse Trail due to a possible reaction to a flu shot. The victim was taken to the hospital.

• 5:29 p.m., the dept. responded to a vehicle fire on Country Club Lane. It was extinguished.

Oct. 2

• At 4:23 p.m., the dept. responded to a fire alarm at a residence on County Club Estates. The fireplace damper was closed.

• At 9:01 p.m., the dept. provided mutual aid to Cashiers Fire Dept. with a structure fire.

Oct. 3

• At 9:54 a.m., the dept. responded to a fire alarm at a residence on Bowery Road. It was cancelled en route.

• At 12:23 p.m., the dept. was first-responders to Main Street where a woman had fallen. She was taken to the hospital.

Oct. 4

• At 10:18 a.m., the dept. provided mutual aid to the Cashiers Fire Dept. The call was cancelled en route.

Dog Park users raise \$400



A great time was enjoyed by over 40 Highlands residents (seasonal and full time) and 50+ dogs last week at the Highlands Dog Park. In appreciation for this wonderful park where dog owners meet and dogs run and play, donations were given in the amount of over \$400 to the Town of Highlands to help maintain the park. Jane Glass baked homemade dog treats for every dog and made Halloween scarves. Cassie Welch, director of the Highlands-Cashiers Humane Society brought donated balls and treats for all the dogs. A GREAT thank you was given to all for their work and hours to help coordinate and maintain the park. The mayor, commissioners and town employees were thanked for their efforts and support of the park. Pictured are Karen Hudson, Clinton O' Brian, Jackie Powell and Joe Powell.

Southern Living magazine names the 'Best in Highlands' for October

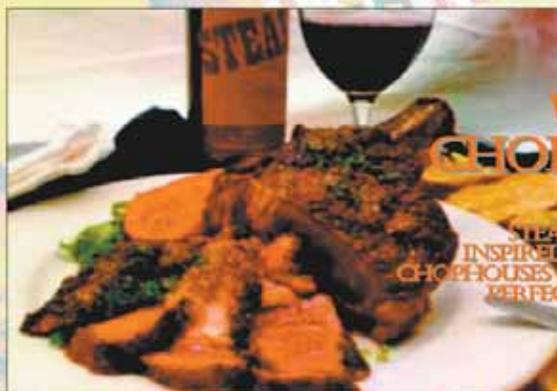


The October 2010 issue of Southern Living named Main Street Inn as its "Favorite Inn." It has been welcoming guests for 125 years. Wolfgang's Restaurant & Wine Bistro which was started 17 years ago by Wolfgang and Mindy Green was named "The Best Place for Dinner." Wolfgang's was also named the place to eat in Macon County in "Our State" magazine. Both establishments are on Main Street in Highlands.



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... TOWN SQUARE continued from page 1

for the upstairs spaces at this time, but they will be "shelled out" for future use.

An opening to the back alley will also be constructed for emergency access and deliveries – something currently missing from the Town Square configuration.

Eventually, the entire complex will resemble Kilwin's façade in color, texture and design.

When commission members asked about future landscaping in the courtyard, Bill Nellis, both an Appearance Commission member and a member of the Winter Activities Group, said that Lupoli had been asked to consider putting a skating rink in the courtyard so landscaping might be a moot point.

He said if it isn't a year-round rink, then container plantings could be moved on and off the rink, but if it's a year-round rink, plantings would be difficult.

Town Planner Joe Cooley, said this was the first he'd heard of the rink idea and it wasn't clear if the public would have to cross the rink to get to the shops, since they will all eventually be opening directly onto the public space.

Shipp said no decision has been made concerning the ice rink.

The board voted unanimously to accept the changes. The project goes to the Zoning Board for its Special Use Permit Wednesday, Oct. 13 at 5:30 p.m. at the Community Building.

According to the new Planned Development Sign ordinance, the Old Highlands Park yellow sign which announces "Model Open" and hangs on the main sign is out of compliance.

The commission understood Nellis's need to get people up N. 5th Street to see the property, but said the sign didn't

"fit" with the nature of his complex both in color and style.

Member Sally Taylor suggested cutting the yellow sign down so it fits within the frame of the main sign so it looks like one piece. The commission agreed unanimously.

At Wednesday night's Town Board meeting, the only item on the agenda was an application to erect entrance gates for OEI's Satulah Village South in the public right-of-way.

According to Section 13-17 of the Town Code, the Town Board must approve any encroachment into rights-of-way. The board OK'd the gate as long as it is set 22 feet from the curb and the keypad is placed close enough to the gate to keep vehicles from hanging in the road.

During the public comment period, Sharon Anderson requested the policing of bars between 2 a.m. and 3 a.m. to make sure the closing of those establishments is done quietly so residents in the area aren't awakened. Cooley said the new Alcohol Law Enforcement agent wants infractions of any town ordinance by an establishment with a liquor license be reported because it will affect the renewing of licenses.

Commissioners John Dotson and Amy Patterson asked about the status of the Grievance Procedure Policy and said the board should see changes before the Town Attorney – who is currently considering changes suggested by the Grievance Committee.

They also asked that the Parking Study be put on the Oct. 20 agenda so that data, conclusions and suggestions made in the \$48,000 study could be considered. Mayor David Wilkes said much of that will likely be considered by the Main Street Project group but Patterson said the Town Board represents all the citizens and decisions should not be driven by one segment of the community.

\$17 weekly

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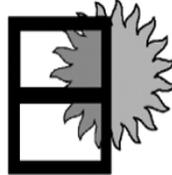
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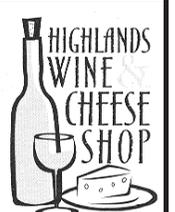


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