

# Highlands' Newspaper

**FREE**

Volume 6, Number 33

PDF Version - www.HighlandsInfo.com

Thursday, Aug. 14, 2008

**On-going**

• Family activities at the Nature Center every day of the week.

• The Zahner Conservation Lecture Series is held each Thursday at 7p.m. at the Nature Center.

• Step Aerobics at the Rec Park, 4-5 p.m., Mon., Wed., Thurs., \$5 per class.

• Pilates Classes Level 1 of Jane Woodruff at the hospital at 4 p.m. Mon. & Wed. \$10 per class. Call 526-5852.

**Friday & Saturday**

• Live music at The Rib Shack every Friday and Saturday night from 8-11 p.m.

**Friday-Sunday**

• At Jack's at Skyline Lodge, Hal Philips on the piano, during Sunday brunch and 7-9 p.m.

**Saturdays**

• Live music at Cyprus Restaurant at 9:30 p.m.

**Sundays**

• Old-fashioned hymn-sing at the Little Church of the Wildwood at 7 p.m. Call Kay Ward at 743-5009.

**Through Friday, Aug. 22**

• Highlands Middle School soccer team practice at Buck Creek Field from 8 - 11 a.m. Bring cleats, shin guards, and a water bottle. Call Coach Ryan Sprague at 342-3951

**All of August**

• At Acom's on Main Street, it's Juliska Month -- glass & ceramics.

**Thurs.-Sun., Aug. 14-31**

• At Highlands Playhouse, Cindy Summers in "One Voice," featuring songs of Patsy Cline, Judy Garland and Karen Carpenter. For tickets call 828-526-2695.

**Thursday, Aug. 14**

• At CLE, "Other Ways to 'See'" a film with Dr. Terry Nienhuis from 10-2. Call the CLE office at 526-8811.

**Thurs., Aug. 14, 21, 28, Sept 11**

• A Shakespeare Workshop - Henry IV with Dr. Terry Nienhuis. 3-5. Call the CLE office at 526-8811.

**Fri. and Sat., Aug. 15-16**

• At ITC, "Clarence Darrow" starring David Milford at 8 p.m. Call 828-342-9197 for tickets.

**Friday, August 15**

• At Hudson Library, storyteller Regina Ress at 6 p.m. "The Emperor's New Clothes and Other Tales."

• At Scudders Gallery an auction of a Remington Bronze "The Bronks Buster" at 9:30 p.m. Proceeds go to the Highlands/Cashiers Hospital.

• At CLE, The Joy of Baking with Martha Porter 10-2. Call 526-8811.

• Relay for Life benefit at Rec Park at 5:30 p.m. — until it's gone! BBQ Dinner. \$6 adults, \$4 kids 10 and under. Take Out Available from 6:30-8:30 p.m.

**Bingo! Cake Walk! Raffles! Prizes!**

• "A Biblical View of Hope" - Non-denominational fellowship and bible study, at the Rec Park at the picnic tables by the playground at 6 p.m. Bring a dish to share, a Bible, and a lawn chair.

**Saturday, Aug. 16**

• At High Country Cafe, live music, supper and auction for Relay for Life 5-9 p.m. Featuring spaghetti meal with fixings for \$7 and The JW Band performing country and gospel music.

• A Fundamentals Basketball Camp at the Highlands Rec Park. Co-ed ages 7-9 from 10:30 a.m.-12:30 p.m. Co-ed ages 10-12 from 1:30-3:30 p.m. Cost is \$20. Call Michelle at 342-3551.

• At Cyrano's Bookshop, Jane Gibson Nardy from 2-4 p.m. on Saturday to autograph her new book, "Historic Tales of Cashiers, North Carolina."

• "High Tea, Mountain Style" at The Bascom from 1-4 p.m. To register call (828) 526-4949.

**Sunday, Aug. 17**

• Internationally known organist Gerre Hancock, on the pipe organ at First Presbyterian Church at 4 p.m. It's free.

**Tues.-Wed., Aug 19-20**

• At CLE, Atlanta Tour: High Museum, Atlanta Botanical Garden, Atlanta Aquarium. Call 526-8811 to register.

**Tuesday, Aug. 19**

• At the Hudson Library, retired Miami homicide detective Marshall Frank talks about his memoir, "From Violins to Violence." 2 p.m. It's free.

• At the Hudson Library, free lecture series, "Take Charge of Your Health," by Dr. Jim Johnson and Dr. Sue Aery. It's free 6-7 p.m.

**Wed.-Fri., Aug. 20-22**

• At The Bascom, art classes with Cherry Cratty from 10 a.m. to 4 p.m. "Pulp Painting" To register, call 526-4949 ext. #4

**Wed., August 20**

• The free Interlude concert at the First Presbyterian Church at 2 p.m.

• Literacy Council Gala, at PAC featuring "A Funny Thing Happened on the Way to the Forum." For tickets call the Literacy Council at 526-9938, ext. 240.

• At the Methodist Church, Blessing of the School Year at 3 p.m.

**Thurs.-Sun., Aug. 21-24**

• HCP presents "A Funny Thing Happened on the Way to the Forum," at PAC. 7:30 evenings, 2:30 p.m. Sunday matinee. Call 828-526-8084.

**Thursday, August 21**

• An Italian Experience Wine Dinner at OEI's The Farm. \$169 per person, inclusive Call 866-526-8008.

• Meet the Teachers Open House at Highlands School from 4-6 p.m.

## Youth arrested for crime spree

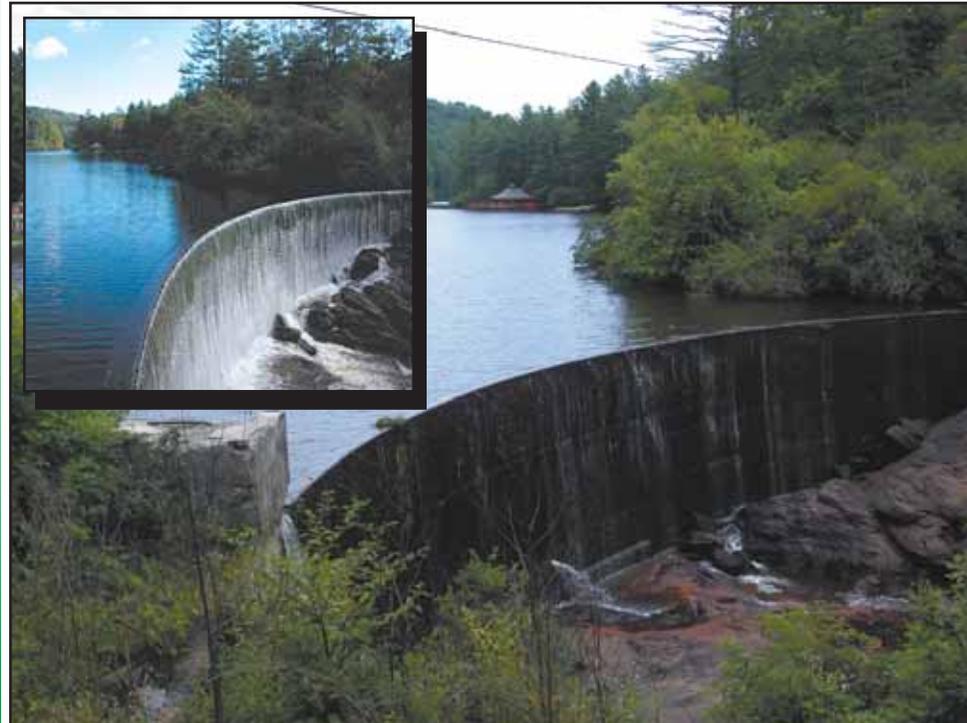
With help from the community, the Highlands Police Department apprehended and arrested the person responsible for a series of breaking and enterings, larcenies, and injury to real property that occurred over a 24 hour period last week.

On Thursday, Aug. 7, William Ramos, 16, of Highlands, was arrested on a number of counts of breaking and entering with larceny, possession of stolen property, possession of a firearm and injury to real property.

In last week's Highlands'

Newspaper, police asked the community to call the police with any information about a breaking and entering with larceny at the Hudson Library building and car break-ins at Trillium Place.

The car break-ins that  
• See CRIME page 11



The photo inset shows normal flow over the Lake Sequoyah Dam. If not for the wind blowing Wednesday afternoon, there wouldn't have been any water coming over the dam.

Photos by Jim Lewicki

## Water shortage declared, restrictions apply

The Town of Highlands has declared a Stage II water shortage condition, effective Wednesday, Aug. 13. This type of water shortage is declared when it appears that demand on the town water system may exceed supply.

The water supply for the Town of Highlands comes from the Big Creek Arm of Lake Sequoyah. Water is treated at the Water

Treatment Plant on Hickory Hill Road and pumped to several elevated storage tanks in town. Earlier today, the Town Engineer and the Chief Operator of the Water Plant reported that water storage levels have become dangerously low, and will remain low until a rain event replenishes surface water supplies.

The Town's Code of Ordinances sets guidelines for

a Stage II water shortage. Water customers are urged to limit car washing to the minimum; limit lawn, garden, and shrubbery watering; not wash down outside areas such as sidewalks, patios, and parking lots; not leave faucets running; limit the use of clothes washers and dishwashers; limit showers to no more than four minutes; limit flushing

• See WATER page 14

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## Planning Board discussion runs the gamut

Monday's special meeting of the Planning Board covered issues concerning land use management rather than specific cases before the board.

Discussed at length were Watershed Overlays: Minimum Lot Coverage on Residential Lots; a residential tree ordinance, the upcoming parking study; the unified development ordinance; the lack of cell phone coverage in the area and the necessity of a new Town Hall complex.

**Watershed Built-Upon Percentages**

Over the past few months Planning Board members have questioned the sense of restricting built-upon percentages on small

• See ISSUES page 15

### Weekend Weather:

FRI	SAT	SUN
76-56°F	77-57°F	78-58°F

# • THE PLATEAU'S POSITION •

## • LETTERS •

### Forest Service Extends Comment Period for Chattooga River

Dear Editor,

At the request of two boating organizations (American Whitewater and American Canoe Association), the Forest Service extended the comment period to August 18. The boating organizations have made a nationwide call for all boaters to comments to the Forest Service, and boaters from everywhere are responding to the Visitor Use Capacity Analysis, for the Upper Chattooga River

The Forest Service has posted on their website the first 400 public comments received which are appreciated. However the overwhelming majority of these 400 comments are from boaters and all are condemning the Forest Service EA and denouncing the preferred alternative. Most boaters are still demanding year-round unrestricted access. We know this is not a voting contest, but numbers can influence the process. The Forest Services needs to hear your comments in support of the Pre-Decisional Environmental Assessment (EA) and for doing what is best for the Upper Chattooga now and in the future.

Remember, Forest Supervisor Jerome Thomas said, "Alternative 4 is not the agencies final decision. Based on your comments, we will finalize our decision in December 2008."

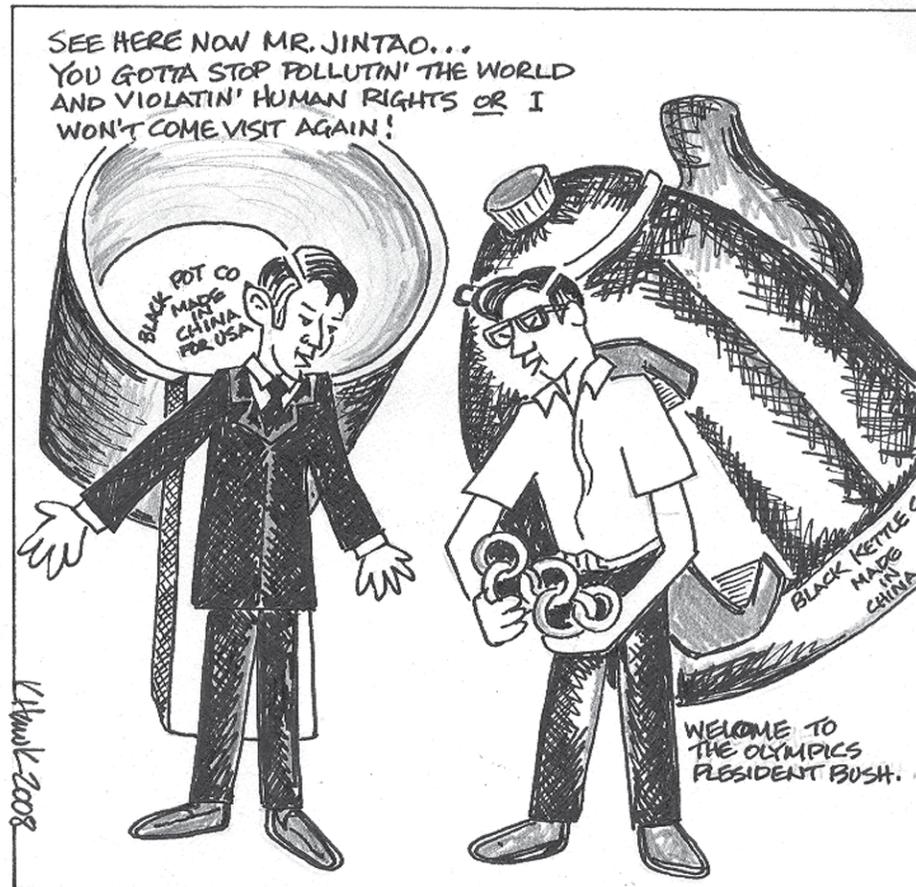
Please send an e-mail. Point out any omissions, the things that should be considered but were not in the analysis. Comment on the effects of the alternatives and suggested changes to the alternatives to protect the 'Chattooga experience.' If you have already written, and have thought of something new, then write again. This whole process is about getting at the truth, and the whole truth!

Even a brief e-mail will be very helpful, thanking the Forest Service for a thorough analysis and saying which alternative you believe will be best for the Upper Chattooga.

Comments on the pre-decisional EA are now due to the Forest Service by August 18, 2008. They may be E-mailed to comments-southern-francismarion-sumter@fs.fed.us or surface mailed to U.S. Forest Service, Chattooga River Project, 4931 Broad River Road, Columbia, SC 29212.

**Tony White**  
Project Coordinator

## • HAWK'S EYE VIEW •



ISN'T THAT BLACK POT THE SAME GUY WHO AUTHORIZED TORTURE AT GITMO AND LEFT THE G8 SUMMIT WITH "GOODBYE FROM THE WORLD'S BIGGEST POLLUTER" ?

## • LETTERS •

### On toleration and customs

Dear Editor,

I enjoy reading Dr. Henry Salazarulo's column "The View From Here" and am not really disagreeing with him about serving pork at the breakfast he mentioned his column entitled "One Dream Can Make A Difference" in the July 31 issue of Highlands' Newspaper. I just offer another point of view.

These boys are guests in our country and need to be tolerant of our customs just as we would be in their country. We eat pork, they don't. They know what they can eat and would not eat the pork, not even to please their host. If we went to their country, would they serve pork for us as it is our custom? I think not and am OK with that.

My point is that we need to be tolerant of other's customs just as they need to be tolerant of ours. I think, we as Americans go overboard not to offend others where other countries do not. It is time for us, as Americans, to stand up for what we believe, but still recognize other customs.

Pork for breakfast is a "religious" thing for us and should be available regardless of other individuals' religion. No one is forcing anyone to eat anything.

Please no comment on my spelling or use of improper English, I was raised in the deep south and this is the way I was brought up. (My custom).

**Al Dennis**  
Highlands

### Community backs citizens

Dear Editor,

Our community is much more open-minded than what is often depicted in newspaper stories. For example, it may have appeared that many people were opposed to our political signs. That's false. What is true is that a few members of our town government and even fewer people visiting and living in Highlands objected to our signs. The vast majority support free speech regardless of whether or not they support our candidate.

You wouldn't believe the phone calls, emails and one-on-one conversations we have had from the Highlands, Cashiers and Franklin community since this non-

• See LETTERS page 3

### LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands' Newspaper.

Please email letters by Monday at 5 p.m.  
There is a 500-word limit without prior approval.

## Highlands' Newspaper

"Our Community Service - A Free Local Newspaper"

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## • OBITUARIES •

### Earl Forrest Baty

Earl Forrest Baty, age 75, of Albany, GA, died Tuesday, August 5, 2008 at his residence. He was a native of Macon County, the son of the late Henry Jackson Baty and Mary Crane Baty. He was a US Navy Veteran, having served during the Korean War. He was retired from Coats and Clark Textile Company, where he was a Production Manager. He was past President of the International Little League, and was active in Boy Scouts and American Red Cross. He was past President of Carolina Hunting Club and a member of Mercedes Baptist Church.

He is survived by his wife of 54 years, Audrey Deal Baty; one daughter, Donna Cleveland and her husband James of Dawson, GA; two sons, David Baty and his wife Missy of Sylvester, GA and Richard Baty and his wife Sondra of Destin, FL; one sister, Lois Patterson of Seneca, SC; three brothers, John Baty of Highlands, NC, Clarence Baty of Norcross, GA and Herbert Baty of Alpharetta, GA; six grandchildren, Melanie, Josh, Erin, Caleb, Haven and Brett.

Funeral services were held Saturday, August 9 in the Chapel of Bryant-Grant Funeral Home in Highlands, with Rev. Oliver Rice officiating. Burial was in Highlands Memorial Park. Memorials may be made to the Alzheimer's Caregiver Retreat, 125 Hyatt Road, Franklin, NC 28734.

Bryant-Grant Funeral Home is in charge of arrangements. Online condolences may be made at [www.bryantgrantfuneralhome.com](http://www.bryantgrantfuneralhome.com)

### Florence Mary Lupoli

After a long and difficult struggle with Alzheimer's Disease, Florence Mary Lupoli died on March 17, 2008, surrounded by loving family members at her residence in St. Petersburg, FL. Born February 25, 1920 in Philadelphia, PA, she was the daughter of the late Dominic and Anna Ludovici. In addition to her parents, son David Lupoli and brothers Robert and David Ludovici preceded her in death.

At a young age, Florence moved to Miami, FL. She graduated from Miami High School and Florida State College for Women, now FSU. She received both degrees with Honors. While at FSCW, she majored in French and became fluent in other foreign languages as well. Because of her mastery of foreign languages, she was employed by the U.S. Department of Censorship during World War II. While there, she interpreted and translated documents and correspondence of a foreign nature. After her service, she joined the Miami-Dade Public School System as a language teacher and later a librarian.

Upon retirement, she and her husband sold their home in Coral Gables, FL, and moved to their summer home in High-

lands. They turned their mountain home, Colonial Pines, into a bed and breakfast inn. Florence being a very active person, she also volunteered her time at Mountain Findings and Fibber Magee's Closet. For her dedication, she was awarded the Robert Dupree Award for Outstanding Service to the Highlands Community.

Florence is survived by her loving husband of 62 years, John R. Lupoli, Sr., sister Erminia Armstrong of St. Augustine, FL, daughter Jonna McDowell, son John Jr. and his wife Anita, all of Highlands;

Grandchildren Shonna Lucas and husband Richard, Jonna Lyons and husband Robin, all of Tampa, FL.; Regina Lupoli, Atlanta, GA., Coree McDowell, Sarasota, FL., Isabella, Juliette and John III, of Highlands; numerous nieces and nephews; great-grandchildren Olivia and Dean Lucas, Adriana and Alyssa Lyons, all of Tampa, FL.

Church and memorial services were held in Tampa, FL. Florence was a member of Our Lady of the Mountain Catholic Church in Highlands. She was a precious, giving and loving person. Deeply missed but forever held in our hearts, we pray that her soul rest in peace.



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Old Highlands  
Park

### ... LETTERS continued from page 2

sense began. They aren't from people who write to newspapers. In the true spirit of our community, they are from people who find humor in the entire situation and support and laugh with us privately. Many, whom we've never met, have actively sought us out to shake our hands or personally thank us on the phone.

We've been told repeatedly, "This must be horrible for you; we're so sorry you have/had to endure such bureaucratic idiocy," but the fact is that the immense support we've received greatly outweighs and outnumbers the handful of those who were/eager to be litigious against us.

The people in our community are not sour. They are kind, generous, supportive, thoughtful and saturated with a wonderful

sense of humor and fairness. Unfortunately, they seem invisible because they don't participate in news stories or letters. But, they most assuredly exist, and they are the majority. The volunteer/donation base in Highlands should be enough to convince anyone of that fact. That's the backbone of just about every nifty thing we have in our community.

While our local government has a few flaws and some of its members prefer to operate in the shadows, the overwhelming plurality of the citizens in our community seek transparency and justness and are infinitely praiseworthy.

Anne deVille  
Highlands

• See LETTERS page 13

• **HIGHLANDS FINE DINING** •



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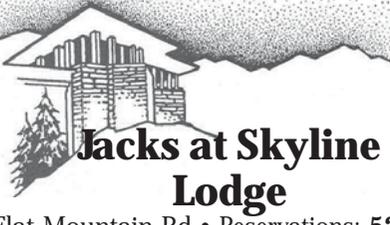
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• **LAUGHING AT LIFE** •

**The ‘Thing-a-ma-Jig**

This happened way back in May when I was still acting like a weenie by hiding out in South Florida.

Moving twice a year is tough but the li'l missus and I have done it so many times in the last 18 years we have it down to a science. Let's see, would that be 38 moves? Yikes!

We each have our separate lists. Actually our lists have lists. Because neither of us are in our 20s anymore (have you noticed?) we usually start moving two weeks before the key is stuck in the car's ignition and we crank her up. Actually our car is a 'he' car. I named him Kramer after an old blue crab friend of mind got trapped in our garage during a hurricane. (No need to re-read that sentence. You got it right.)

It's obvious we need lists because we can't remember where we put anything unless we used it within the last two hours and, even then, that's not a sure thing. We actually have a list that gives us the location of our other lists. Is that sad or what?

Sooooo, it's an hour before we are to head for the mountains and we are both sitting on our sheet covered couch in our boarded up, dark, house going over our list for the last time.

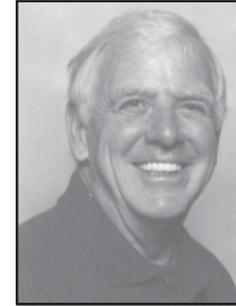
“How about the printer, did you pull the ink cartridges and seal them in zip lock bags?” I asked the li'l missus.

“Roger that. Oh, here's one I'll bet you forgot. Did you close that tiny gas valve behind the water heater?”

I laughed, “Done.”

The two of us rose from the couch to start the final segment of leaving our home behind for six months. The walkthrough is the most important process of closing a house. Here's how we work it. We slowly walk from one end to the other, searching for anything out of place or forgotten. She starts in the front bedroom and I start in the master bathroom at the back of the house. We don't speak as we pass each other midway. This is serious stuff.

As I passed through the family room, I spotted it, a small dark grey thingy lying in the corner of the family room. I picked it up for a closer inspection. It was curved, about three inches in length



**Fred Wooldridge**

Feedback is encouraged!  
email:

askfredanything@aol.com

and made of plastic. I didn't have a clue but I knew the li'l missus would know what it was and how it got there.

“What's this? It's gotta be yours,” I asked holding out the mystery object.

She took it and examined it carefully, turning it over several times before speaking.

“Not mine. I don't know what this is. Where did you find it?”

“Over there,” I pointed. “Look at it carefully. You can tell it's a girly type thing-a-ma-jig. It

just looks feminine.”

“What do you mean, girly? This is not a girly thing-a-ma-jig. This doesn't have a gender. It's not mine so it has to be yours. There are only two of us living in this house.”

We both stood in silence. Finally the li'l missus held out the object for me to take. I backed up.

“It's not mine. Why are you giving it back to me? It's got to be your thing-a-ma-jig.”

“Oh, I know.” The li'l missus said, “What was that thing you threw at the TV the other night during the European Obama speech? Was that a plastic thing-a-ma-jig?”

“That was the wadded up wrapper from my power bar. I would never throw plastic at the TV. Here, give it back and let me smell it. I'll bet it smells feminine.”

I took the object from her and sniffed it carefully.

“You are a very sick man, you know that don't you? Maybe its part of your Lego set.”

Ignoring the insults, I asked, “Well, do we bring it with us or leave it here?”

She grabbed her purse and headed for the front door. “I don't care what you do because it's not mine. You make the decision.”

So here we are, sitting in the mountains and it's almost August already. The thing-a-ma-jig is sitting on my desk. I am fully unpacked and still don't know what or where it came from. It shall remain one of life's great mysteries.

• • Why should squirrel lovers take Prozac? Read Fred's book, *I'm Moving back to Mars*

## • THE VIEW FROM HERE •

### Fighting our foe on the athletic field

**B**y golly, the Olympics are exciting again.

Many experts claim that creeping professionalism ruined the games. Nonsense. Others suggest that the real culprit was doping with various drugs intended to enhance performance. Nonsense again. The National Football League is more popular than ever and I just can't believe that all that size, strength, and speed came from hard work. Steroids, growth hormone and erythropoietin have contributed massively to athletic performance.

We call that cheating, but what about cosmetic surgery? Plastic surgery junkies are the worst cheats I know. Unless I look for the scars behind their ears, I have no idea who is cheating age. I reject plastic surgery and I have a brother-in-law who would give me a discount. I prefer to maintain youth the honest way, diet, exercise, and botox. I'm joking about botox, but you probably knew that. You might think I'm kidding about diet and exercise, too.

Back to the point. Why are these 2008 Olympic Games exciting while recent games have been ho hum affairs? It's more than the grandeur of the opening ceremonies. I gave up right after the 2,000 antique drums beating in unison, but friends tell me that I missed quite a show. I love fireworks, but not so much on TV. TV news invariably shows fireworks displays from around the world at the New Year and from around the USA on July 4. I prefer to watch local fireworks from the Baptist Church yard or blow a mortar or two from my deck. More than two and I worry that the local police might be able to locate the source. I understand that they had great fireworks and people flying around the stadium, suspended by wires, which might be exciting for some, but I was never a big fan of Peter Pan. There must be something more than a very high tech opening that has made these games special.

The truth is that we haven't had a lot to cheer about since the dissolution of the Soviet Union and the good old days of good versus evil, struggling amateur American athletes versus Eastern block state sponsored professionals, democracy versus communism.

Did I say, good versus evil? Politics snuck into the games in a big way when we boycotted the Moscow games in 1980 because their team was stronger than ours, or was it because they had invaded



**Dr. Henry Salzarulo**

**Feedback is encouraged.**

**email: hsalzarulo@aol.com**

Afghanistan? Four years later a Soviet led boycott of the Los Angeles games, in retaliation for our boycotting the Moscow games, diluted the quality of the competition, but allowed our athletes to dominate. There were many who found comfort in the results of the 1984 Summer Games, including Mary Lou Retton, who might have made a considerably smaller splash if the pesky Russians and East Germans had compet-

ed. Despite a lopsided medal count, there wasn't much excitement, and the reason should be obvious; the bad guys stayed home.

In 1988 both the Soviet and East Germans kicked our butts, and were it not for the collapse of the Soviet Union before the next games, we might have developed a lingering inferiority complex. Nobody paid much attention to subsequent games or to medal counts after that. We no longer had need to justify our performance by exposing athletic factories in Russia and East Germany. In fact, by 1992, East Germany no longer existed, and Germany competed as a single nation.

And so it might have remained, if China, which for some reason we no longer call "Communist China" had not started kicking us around the block economically. Hooray! We have a new arch enemy, and that rival is hosting the games of the XXIX Olympiad. A sense of urgency has returned to the competition along with a need to count medals.

While I was watching a diminutive Chinese woman hoist unbelievable weights to claim a gold medal in weight lifting, I booed and hoped that she might drop the weights on her foot. I wondered what undetectable performance enhancing substance the Chinese women were using to power their skull through the water, easily outdistancing competitors who seemed more suited to rowing. It will be a long fortnight as we watch the Chinese amass a treasure trove of gold, silver, and bronze medals and measure their success against our own.

If I needed proof of my point; I don't but you might, it came today. I walked into the break room at our surgery center in Seneca. Two of my colleagues were glued to a small TV resting atop a refrigerator. A close match between the USA and

• See SALZARULO page 7

## • HIGHLANDS FINE DINING •



### Fireside Restaurant

Mon, Tues, Fri., Thurs:

10am-Brunch; 11am-Lunch; 4:30-Dinner

Saturday & Sunday:

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• REFLECTIONS FROM TURTLE POND •

Healthy food



Katie Brugger  
k-brugger@hotmail.com

I have been writing this column weekly now for about a year and a half, and it has been very interesting to see which ones generate negative comments. It has often surprised me, and in both directions. Sometimes I think I'm being quite provocative and I hear nothing, and other times I can't imagine how anyone could take exception but they do.

Last week's column was in the latter category; I wrote about the drought and I thought there could be no argument. But I got an email telling me that that article was the final proof that I hate Highlands and I should just get out.

So I thought this week I'd write about the most innocuous subject I could think of and see what happens. What came up was to offer a recipe!

Interestingly, after I had decided to write a column with a couple of my favorite summer salads, I attended the Highlands-Cashiers Hospital's Healthy Living Fair where I listened to the doctors' lectures. Three of our local doctors spoke, and all of them spoke about the same topic: good health starts with healthy food.

Dr. Debra Wagner's talk was entitled "Healthy Comfort Foods," and she began by giving us the good news that dark chocolate — the kind with greater than 65% cacao — has more antioxidants than any other food, and is very beneficial for your health (in moderation of course!)

She went on to praise the health benefits of a number of other foods, such as pomegranate juice, which increases blood flow in coronary arteries; cranberries, which (in rats) have reduced brain cell damage after a stroke and are helpful against heart disease; curry, which is believed to help prevent Alzheimer's; and soy, which has been shown to increase bone density in postmenopausal women (where the best that any drug can do is arrest the decrease in density).

A study by the British medical journal The Lancet showed that consumption of greater than five servings of fruits and vegetables a day resulted in a major reduction in the chance of a stroke. This study tracked 250,000 people over 13 years. A healthy diet has also been shown to decrease the risk of colon cancer and diabetes.

Dr. Buchanan is a plastic surgeon and he began his presentation "Advance Your

Lifestyle" — about having the body you want — with the vital importance of a healthy diet. He gave some scary statistics about the decrease in nutrients found in foods today. For example, 100 grams of spinach contained 158 mg of iron in 1940, in 1965 that same amount had 27 mg, today it has 2.2 mg. This decrease is caused by a variety of

reasons, mostly connected to industrial agriculture. One of the main reasons is the seed varieties grown: the food we buy in the grocery store has been bred for appearance and long-shelf-life, not nutrition. In order to get food with the level of nutrients available to our grandparents, Dr. Buchanan advised us to buy heirloom variety vegetables. "The ugly fruits and vegetables," he said.

Here's maybe the scariest thing I learned that day. Ingesting just one can of soda a day can lead to something I'd never heard of before: metabolic syndrome. That one little soda increases your chance of having this syndrome by 50%. Metabolic syndrome is a pre-diabetic and pre-heart disease condition which leads to increased abdominal fat, increased blood pressure, lower good cholesterol, and increased fasting blood sugar.

Dr. Richard Carter, a gastroenterologist, began his talk by describing his grandfather, who lived an active life eating healthy food grown on his farm prepared simply. He, like Dr. Wagner and Dr. Buchanan, suggested we shop on the perimeter of the grocery store, eating only fresh, unprocessed food. He started his talk with this quote from Albert Einstein: "Nothing will benefit human health and increase chance for survival of life on earth as much as the evolution to a vegetarian diet."

I was a strict vegetarian for 20 years. I began eating meat less than four years ago, but I still eat a lot of fruits and vegetables, and I can feel myself trending back towards vegetarianism. It is wonderful to hear a physician praise vegetarianism — I have been told countless times over the years by doctors that it is not possible to be healthy without eating meat. Now, finally, it seems that the mainstream medical establishment is recognizing the fact that the foundation for a healthy life is a healthy diet.

•See BRUGGER page 7

## • COACH'S CORNER •

### Random Thoughts: volume 3,423

I want to start off this week by mentioning this guy Michael Phelps -- apparently, he's pretty good at what he does.

We won't know until next week if the guy will get eight gold medals in a single Olympics, but he has already surpassed the mark of nine lifetime gold medals held by four other athletes (including Mark Spitz, who he is trying to claim the single Olympic record, as well).

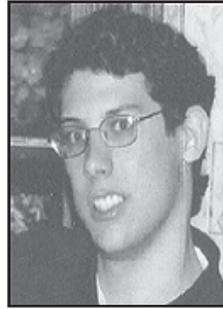
Regardless of whether Phelps gets eight gold medals, it is hard to ignore the amazing feats that this kid is performing in Beijing. Yes, folks, I can call him a kid because he is only 23 years old, and will likely have an opportunity to put the all-time medal record out of reach by competing in the 2012 games four years from now in London. After this Olympic performance, Phelps is poised to become the Tiger Woods of swimming (as if he wasn't already) and should reap the financial benefits of his success.

Team USA is rolling right along right now, but there is certainly a cause for concern heading into the toughest stretch of the preliminaries for the U.S. First of all, the outside shooting in the first two games has been abysmal, with the U.S. shooting under 20% from behind the short international three-point line. This kind of statistic is a definite red flag for the U.S. and Coach K, particularly against teams like Spain. It is deep in the frontcourt and will play a lot of zone, forcing the U.S. to connect from the perimeter.

The second concern has to be the slump of Kobe Bryant, who was 0-8 Tuesday from behind the three-point line for only eight points. Bryant is the U.S.'s most versatile player, and he must provide some offense against more talented teams if the United States wants to bring home a gold medal. Right now the U.S. is on track, but it is a dicey one that could change almost overnight if a few things do not improve.

The Yankees have gone through a tough stretch since I publicly reaffirmed my hatred for them and may be on the verge of playing themselves out of October. Coincidence? I'll let the readers be the judge of that.

I have had a lot of comments on last week's column on Brett Favre -- apparently, most people feel the same way



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that I do -- we are all Favre-d out, and I bet we will feel this even more come Sunday morning. (The Jets first pre-season game with Favre as the starter is Saturday night) Speaking of the object of Peter King and John Madden's affection, Favre's replacement Aaron Rodgers debuted the other night for Green Bay. Rodgers was 11-15 for

over 100 yards with a TD and an interception.

Sportscenter showed all four of Rodgers incompletes, including the interception. Could they be any more biased for Favre? It was absolutely disgusting to watch a "highlight package" that consisted of all of the guy's mistakes, two completions (one for a TD) and a graphic comparing his debut with the Packers to Favre. (Rodgers had much better numbers, causing the anchor to sneer "how meaningless is that?") You would think that we could expect better from what is supposed to be an unbiased sporting news network...then again, you would think that I would know better by now, as well.

Finally, the Saints began their march to the Super Bowl with a pre-season win against the Arizona Cardinals last Thursday night. I've always thought it was a good idea to sometimes end columns with a good joke.

### ... SALZARULO continued from page 5

China was the focus of their attention. I remembered 1980 and the Miracle on Ice. We beat the Russians in ice hockey in a moment seared into the memory of anybody old enough to remember the 1980 Winter Games, which, I assume, includes all of my readers. We counted down the final seconds, finally believing the miracle. Hockey isn't exactly a popular sport beyond a few northern tier states. It wasn't so much winning a hockey game as beating the Russians and regaining national pride.

Today the USA led 12-11. One of my friends began to count; 7, 6, 5, 4, 3, 2, 1, 0. We cheered loudly. The USA had beaten our new rival, Communist China -- in women's water polo. The excitement has returned. We are facing our enemy in ath-

### ... BRUGGER continued from page 6

So where's the recipes? Blueberry Salad: I made this one up because I love blueberries (very high in antioxidants). I don't measure; just add everything until it tastes right. In a bowl mix lettuce, spinach, blueberries, cottage cheese, and walnuts. Toss with lime juice and extra-virgin olive oil. It may seem odd to add the olive oil, but trust me, add just a little and it perks everything up.

This next recipe is awesome, I highly recommend it. I got it from Bon Appetit, August 2005. (And, you may have seen the news stories this summer that watermelon may be a natural Viagra because it is rich in an amino acid called

citrulline, which relaxes and dilates blood vessels much like Viagra.)

Watermelon Salad: 6 cups cubed watermelon, 3 T chopped fresh basil, 2 T fresh lime juice, 2 T extra-virgin olive oil, ½ pound sharp cheese of your choice (I use cheddar) cut into cubes. Whisk lime juice and oil together, add basil, then toss with watermelon. This mixture can sit in your refrigerator for a few days; I add the cheese at time of serving.

• All of Katie Brugger's columns are available on her website:  
[www.kathleenbrugger.com](http://www.kathleenbrugger.com)

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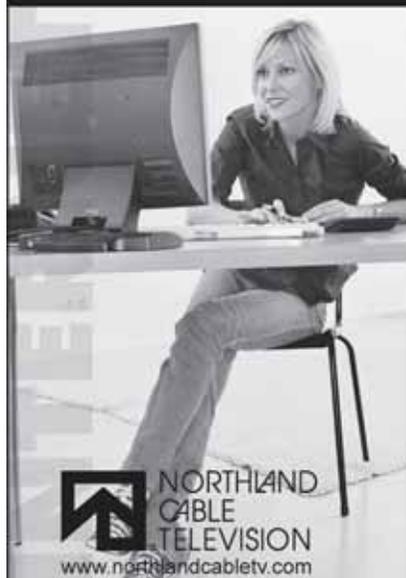


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## • HIS & HERS •

### On family skeletons

In the 12 plus years that I've been writing a weekly column, I don't think I've ever mentioned the Highlands Writers Group. That is a shifting association of professional writers, semi-pros like me, and gifted amateurs.

One of the finest writers in the group is Anne Doggett; she helped create the Group a decade ago. She's a distant cousin who creates Southern people and situations on paper easily as well as the legendary Eudora Welty. I won't mention any of the other members for fear of slighting excellent talent among those I don't mention.

Suffice to say, there's enough talent in that group to assemble on one month's notice an excellent volume of short stories entitled, "Southern Writers and How They Got that Way." But that's not what I came to talk about.

The Group has an exercise each Thursday, before the metaphorical bell rings at 2 o'clock and we read the bits and pieces we brought for criticism that week. This week's exercise produced a result worth sharing, in my judgment.

About nine months ago, I wrote briefly about my great-great-great grandfather, who was the first member of my mother's side of the family to come to the New World. He came from Helsinki, which was conquered by Sweden at the time. He settled in Charleston, S.C., and prospered as a merchant.

Then, with a group of investors, he purchased the empty valley where Birmingham, Alabama is located. His partners in the Elyton Land Company knew that all the elements to produce iron (and later steel) were located in that valley. The city was created in 1871, nearly failed due to a cholera epidemic in 1873 followed by a national financial failure lasting three years.

The founders of the city persevered, however. By 1880 Birmingham was shipping out pig iron and coal, on which its prosperity was based. The vision of Charles Linn was confirmed. He is buried in a red stone mausoleum in an old cemetery overlooking the downtown. Chiseled on its wall is this statement: "On the Day of Judgment I shall walk out of this tomb and see before me a great city."

One of the youngest members of the group that created that city was John C. Henley, Sr. He married the boss's daughter, Annie Linn. My mother was named after



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that lady, her great-grandmother. And two of mother's descendants, a grand-daughter and a great-grand-daughter, also bear the name Linn, as do various other members of the family.

OK, you say. Where is the skeleton in the closet?

About four months after I mentioned old Charles Linn in a column, I got an e-mail from Helsinki. The gentlemen who wrote it was a great-great-great grandson of Charles Linn of Helsinki. It seems that my esteemed ancestor was married before he came to America. There is no suggestion of a divorce.

So it seems that before his adventures and success in the New World, he abandoned his wife and family in then-Sweden. And that means that his marriage in America was bigamous, and that his children here were illegitimate. That's quite a skeleton.

I've chosen, so far, not to pursue the details. The reason for restraint is similar to that concerning a story in the family about one of the Parkers from Tennessee. The Parkers were French Huguenots (long story how they wound up in Tennessee). Supposedly, one man in the family was a horse thief who fled Tennessee to avoid hanging. He relocated to Texas, and died with honor at the Alamo.

As with all skeletons in all families, there are reasons not to explore them in too much detail. We could, for instance, find out that that gentleman was merely a horse thief who lit out for parts unknown, and never saw any redemption at the Alamo or anywhere else.

So, it is probably best to let the skeletons be, when the ancestor is at least three generations removed. By then the wrongdoing or nefarious conduct has reduced itself to a curiosity, rather than anything involving police, ministers, or exorcists.

So, that is my exercise for this week. Though we were told our skeletons in the closet could be fictitious, I chose to write about a real one. Experienced writers usually advise beginners that "you write best when you write about what you know."

• About the Author: John Armor practiced law in the US Supreme Court for 33 years. He now lives in Highlands, NC, and is working on a book on Thomas Paine. John\_Armor@aya.yale.edu

## • CONSERVATIVE POV •

### Women in the news

I have been agonizing all week trying to put something together on how Obama came to be what he is and nothing worked right, so here it is just hours before the deadline and no hope of pulling all my research together so the heck with it. Let's instead explore the wonderful world of women, shall we?

Most notable newsmaker of the fair sex recently is unquestionably Madam Speaker herself, Ms. Pelosi. Now I'm no brilliant political analyst but I'm beginning to get the feeling that she screwed up big time and gave her hapless Republican colleagues a campaign issue. When she adjourned the session to allow Congress to take a five-week vacation without allowing a vote on an energy bill, while millions of drivers anguished at the cost of gasoline, she just might give a glimmer of hope to the otherwise adrift Republicans.

While 20 or so Republicans stayed in Washington to demand Pelosi call back Congress to do something about energy, Pelosi may have dug herself in deeper, when it was leaked that she told her Democratic congresspersons, if they had a difficult election coming up, to tell their constituents they are really for drilling (since a large majority of voters are in favor of it) and to lay the blame on Nancy, who is bulletproof in her district. Politics at its worst.

Meanwhile, on the bimbo front, two of our faves made the news in a very unusual way. Britney has denied reports that she will be playing a "murderous lesbian stripper" in Quentin Tarantino's next project. Thank heavens. But that's not the good stuff. You may have heard that a McCain commercial compared Obama with Brit and Paris in a celebrity way. Not one to waste a perfectly good opportunity for publicity, Paris announced that she's throwing her hat in to the presidential ring and created a political ad of her own, declaring, "I want America to know that I'm, like, totally ready to lead." She was adorned in a string bikini at the time.

On a religious note, a tale of two ladies unfolds. Victoria Olsteen and her Pastor hubby Joel were in court recently to defend against a suit brought by a flight attendant of Continental Airlines, Sharon Brown. Brown says Victoria was verbally abusive and shoved her after Vic



**Don Swanson  
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asked Shar to clean off the armrest of her first class seat. Big deal? You bet. Brown is suing for 10% of Ms. Osteen's net worth. Mr. and Mrs. Osteen are co-pastors of Houston's Lakewood Church, which draws about 42,000 people each week for services. Can't we all just get along?

What on earth is Hillary up to now? Clinton backers are planning a demonstration in Denver on

the second night of the Convention, when she is expected to speak. But the Clinton movement doesn't stop there. Some of her backers want a roll-call vote to demonstrate her support. Hillary loyalists hope they can persuade a few hundred Obama delegates to switch and turn the tide.

Stay tuned.

Does he qualify for Women's News? I think so. Ex-Senator, ex-Vice Presidential candidate, ex-Presidential candidate, ex-political figure John Edwards, a.k.a. "the Breck Girl," was caught with his pants down. Then he fibbed that his pants were really not down, and then he said, "well maybe they were down," but he's fessin' up to it, but he's not the father of the child his girlfriend conceived while his pants were down. The Enquirer would have you believe otherwise.

So Mr. Edwards, why, if Andrew Young is truly the father of the love child, are you (or your surrogate) paying him and his family to live in luxury in California? Why would your hot girlfriend put out for your ex-staffer when she could have the real thing (did I say that)? And does it surprise you that the little mother won't go along with paternity proof?

I've saved the best for the last. You may not know the name Dara Torres but the other night she anchored the U. S. women's 4 x 100 freestyle relay team to a silver medal at the Beijing games. She came within an eyelash of swimming the fastest split (her part of the relay) of any woman in history. So why get all excited about that? Because she's 41 years old, that's why.

This is her fifth Olympics. She has retired twice, is asthmatic, has had arthritic joints surgically repaired and has a two-year old daughter. She has such an athletic body that even though she has never failed a drug test, her competition has suspicions. I don't. You go, girl.



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## • COOKING ON THE PLATEAU •

### After-school fuel: Power up with organic snacks

**W**hen kids come home from a long day at school, they often look for a snack to hold them over until dinner. Sweet and salty snacks may taste good, but they have little nutritional value and they won't stave off the hungries for long. Giving kids protein-based snacks delivers on both taste and nutrition.

Snacks made from lean organic deli meats are not only excellent sources of protein, but they are produced without the use of antibiotics, synthetic hormones and pesticides which is healthy for the earth and the family!

What's different about organic meats? Organic meat is beef, pork or poultry that has been raised and processed according to strict USDA Organic guidelines that cover everything from feed to processing. All certified organic meat is independently inspected and traced at every phase of production — from the farm to supermarket — to ensure compliance with the USDA National Organic Standards.

Certified organic food is often more nutritious than non-organic food. For example, it has been shown that organic turkey and chicken allowed access to the outdoors have 21 percent less total fat, 30 percent less saturated fat, 28 percent fewer calories, 50 percent more vitamin A, and 100 percent more omega-3 fatty acid than turkey not allowed outdoor access (USDA Sustainable Agriculture & Research Education Program).

Sliced deli meats from Organic Prairie can be wrapped around all kinds of fresh and flavorful ingredients for quick, high-protein noshing. Here are some ideas for healthy snacks kids can even make themselves.

Start with organic smoked turkey,

roasted turkey, ham or roast beef slices. Pick from some of these ingredient suggestions, wrap or roll them up together and enjoy. Pairing up these snacks with extras like Organic Valley Single Serve milk or Organic Valley Stringles string cheese will fuel the kids up with great taste and outstanding nutrition.

Spiral ingredients:

- Dilly beans (pickled green beans) or pickle wedges

- Wedges of ripe cantaloupe, tart apples, or fresh pears with softened cream cheese spread on sliced meat of choice

- Whole green onions, chopped fresh dill sprinkled on long wedges of peeled, seeded cucumber

Roll ingredients:

- Bread sticks or pretzel rods spread with mustard

- Organic mozzarella or reduced fat Monterey Jack slices spread with tapenade and spread on sliced meat of choice

- Thick strips of red bell pepper or zucchini

- Organic Swiss cheese slices
- Cranberry chutney or cranberry mustard

- Shredded lettuce

To make spiral snacks, cut sliced meat into strips and spiral them around your favorite ingredients. For snack rolls, put ingredients on meat slices and roll up. If necessary, secure with toothpicks.

For more on Organic Prairie products, or to learn more about organic food, visit [www.organicprairie.coop](http://www.organicprairie.coop) or [www.organicvalley.coop](http://www.organicvalley.coop).



Photo Courtesy of Brett Hacker  
Courtesy of Family Features

... CRIME continued from page 1

took place in the Trillium Place parking lot are still under investigation, but due to the diligence of the community, police were able to corroborate evidence which led to an intensive search and location of Ramos, said Police Chief Bill Harrell.

Thursday, Aug. 7, Ramos was picked up for questioning at the Rec Park. In addition, multiple canine searches resulted in evidence being located while officers went to various crime scenes where again evidence was secured and corroborated.

"All this represented good community information and intelligence," said Harrell.

He said Ramos has been very cooperative and forthcoming about mistakes he made. "He appeared to be hyped up on dope and after he said he was on drugs the hallucinate called 2C-B was strongly suspected," said the chief.

Harrell said the exact succession of events is somewhat sketchy because Ramos can't remember exactly what he did first, but based on the time and proximity of the alarm activations from the various businesses he hit and the items extracted from each, a chain of events has been established.

On Tuesday, Aug. 5, Ramos stole someone's bike from town and rode it to where he has been living on the Franklin Road. Sometime Tuesday night, he got a ride into town and at some point stole another bike - the Diamondback mountain bike pictured in the paper last week. So far no one has reported a bicycle missing and Ramos can't remember where he got either of them.

The first thing he did early Wednesday morning, Aug. 6, was break into a Toyota parked on N. Sixth Street and steal a Colt 380 magnum, a GPS navigator and some money. At some point shortly thereafter he broke into the back of the Hudson Library building.

"He admitted to breaking a window with a rock and climbing through armed," said the chief. "The alarm went off and after taking a bank bag he climbed back out the window and escaped into the woods."

Chief Harrell said officers responded to the alarm immediately so Ramos wasn't able to retrieve the bike. "He left it and other physical evidence behind," he said.

Then he went to the Marathon gas station where he accidentally discharged the gun into the station window. "He was trying to figure out how to use the gun. He never gained entry into the business. Still armed, he fled after firing the gun," said the chief.

Early Thursday morning, Aug. 7, he went on a crime spree breaking into area restaurants and businesses.

Hit were Fressers Eatery where \$218 was taken; Wolfgang's Restaurant and Wine Bistro where an Ipod was taken; Jackson and Madeleine children's store where \$277 in cash, a pair of scissors and a screwdriver were taken; and HillTop Grill where the scissors

were used to cut a window screen and the screwdriver used to force open the window. He then entered the business and stole \$400.

"He then attempted to break into the Stone Lantern but was scared off by the alarm activation," said the chief.

"Due to the fact that he was armed and hyped up on drugs, this was a very dangerous situation," said Chief Harrell. "Ramos has been very cooperative and admitted he was trying to get money up to go to Miami."

Harrell said the \$50,000 secured bond was set due to the high risk of him fleeing.

The bicycles haven't been added to the list of charges because though he admitted to stealing them, he can't remember where they came from and no one has come forward to report a bike missing. "Once we find out who they belong to, those charges will be added," said Harrell.

In the wake of last week's crime spree, Chief Harrell urges the community to be more diligent in securing property.

"In many cases cars and businesses were left unlocked and entering through windows was easy once window fans were removed," he said. "This isn't like South Miami but if you leave doors and windows open, you're asking for things to happen."

He said the cases involving the breaking and entering of vehicles in the Trillium Place parking lot are still open because more fact-finding is needed before determining for sure what transpired.

Ramos's first court appearance was Monday, Aug. 11, the second was Wednesday, Aug. 13. He remains in jail on a \$50,000 secured bond.

- Kim Lewicki

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— [Alexander Shulgin, "Psychedelics and Spirituality" 1983 Conference]

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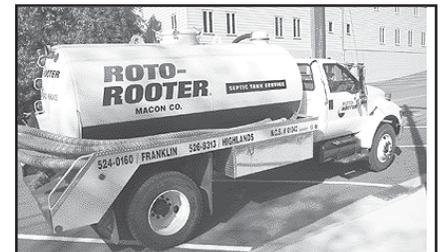
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## Make the play for literacy

Ticket holders for Loving Literacy, A Premiere Gala will be eligible to win golf packages from local clubs.

For 17 years, The Literacy Council of Highlands have provided educational programs to aid residents in improving their quality of life. The offerings have grown into five programs - After School Tutoring, GED program, Computer Lab program, Adult Literacy program, and English as a Second Language.

The Council provides these programs at no charge to over 150 students each year. It receives no federal funding, but instead relies on donations from the community to keep its programs going and growing.

Join the Literacy Council of Highlands and Highlands Cashiers Players in the fight against illiteracy. Plan to attend the premiere performance of "A Funny Thing Happened on the Way to the Forum," on Wed., Aug. 20, at the Martin-Lipscomb Performing Arts Center. The gala begins at 6:30 p.m. with wine and hors d'oeuvres by Let Holly Do The Cooking. The curtains rise at 7:30 p.m. and after the play, enjoy coffee and dessert prepared by Jan Zahr of Black-

berry Hill Bakery and Deli.

Patrons will enjoy a night reminiscent of a Hollywood academy award night. Walk down the red carpet, be greeted by paparazzi, and be interviewed by the press. After the performance, mingle with the cast, have your photo taken with your favorite "star" and enjoy the scrumptious deserts.

In addition, ticket holders to Loving Literacy, A Premiere Gala will be eligible to pick up one of six golf packages. Rounds of golf from Highlands Country Club, Highlands Falls Country

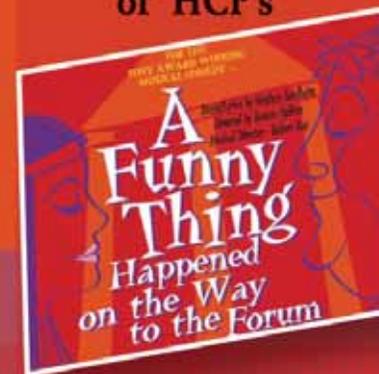
Club, Cullasaja Club, Wildcat Cliffs Country Club, Highlands Cove and Trillium will be given away in a drawing during the event.

Give someone a helping hand. Make a difference and purchase your ticket today. Individual tickets are \$125 and can be purchased or donations made at [www.highlandsliteracy.org](http://www.highlandsliteracy.org) or by calling The Literacy Council of Highlands at (828) 526-9938 at extension 240.



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## • FROM MY PERSPECTIVE •

### Outcome of vote disappointing

The Town Board meeting last week was an important one for the town of Highlands. The interest in the Affordable Housing Task Force work attracted so many people that we had to go to a larger room at the Civic Center to accommodate the 75 or so people who were there. The Public Comment period of the meeting was filled with people who spoke both for and against allowing water and sewage to go to the proposed Shortoff Woods housing unit on hospital property on Buck Creek Road. The Chestnut Hills retirement community was particularly against such a facility being built there close to them, primarily because of the perceived noise it may have created and the increased traffic on an already busy Buck Creek Road.



Mayor Don Mullen

The eventual vote by the board was three to two against granting town water and sewage to the 48 unit apartment complex for working people in our area. This effectively killed the building of these units at that location. To me this was a particularly disappointing outcome because it is the best chance we have had in years of helping out our workers in Highlands to actually live on the plateau where they work.

Although most people felt workforce housing was necessary for our area, they objected to the place the task force had chosen although the task force had exhausted almost every other place in town. Let me just reiterate to those who wanted us to use town property that there is no town property available for these units. Although we may have 40 acres behind the Recreation Center, this cannot be used for that purpose because of restrictions on this property when it was obtained.

The task force has worked for almost two years very hard and long in a very professional and expert way to determine what

and where we would put the units. I have never worked with a group who did their homework so well and efficiently and presented such a great package to have been turned down by a governing body. It will be very difficult to find another place to go for a number of reasons. I hope we can proceed but this is a major set back for workforce housing in our area. If we do not

succeed, I truly believe we will look back and say we have made a big mistake. The long term viability of our community depends on it. As disappointed as I am, I will encourage the task force to continue searching for another place and hopefully we can find something in this very expensive area in which we live.

The Public Comment period at the meeting last week was most enlightening. It indicated several things. First, there is a tremendous amount of misinformation on the part of the public regarding workforce housing, and this was exemplified by the comments of many astute and usually well informed people. I was surprised that many people had not done their homework before speaking in public.

The trend in towns and cities across the country is the creation of inclusive communities which are as well built and as beautiful as any other buildings in the community, communities in which the entire community can be proud and cannot be differentiated from any other part of the area. The people who move into these units are hardworking, respectable families who just happen to make less than most folks.

Second, the financing and maintenance of these units has been misinterpreted by many. This type financing is safe but complicated and sometimes, indeed, difficult to understand by the misinformed. It deals with both government and private co-

• See MULLEN page 14

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Monday, Aug 25

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... LETTERS continued from page 3

### Freewill employment state not good for citizens

Dear Editor,

Did you know that in the state of North Carolina an employer can treat you any way they want to? They can fire you for absolutely no reason at all, or let you go with absolutely no reason at all! A company can offer you a job, entice you to leave your present job and then decide not to hire you and you have to recourse. This very thing happened to me and put me in one of the worst situations I've dealt with in years.

The hardest part was finding out that it is perfectly legal. I wasn't even looking for a job when I was contacted by a department head of a local business with an offer for another job to better myself. I accepted the offer and was supposed to start on a certain day but after giving my notice at my current job was informed by the new company's human resource department that I didn't have a job with them and never did.

Because of these types of practices, I

now have no job and may not be able to find one at this point. This has completely turned my life upside down. Since this is a freewill employment state, it was legal for this to happen to me and no telling to how many more.

The state of North Carolina has nothing to offer as far as protection for the hard working people of this state. What good is the Labor Board if there's nothing they can do to protect us from these types of employment practices?

More and more people's lives are hurt by this freewill employment practice everyday and nothing can be done.

If our tax dollars are helping to pay these people of the N.C. Labor Board, then what are the taxpayers getting out of it? The unemployment line, that's what. What can we do to protect ourselves? Nothing at all, that's what.

Mary Ridgeway  
Highlands

• See LETTERS page 14

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... MULLEN continued  
from page 13

operation involving both government tax credits and private money and there are very strict guidelines as to the entire procedure which makes failure extremely rare. It is true that we need to do a better job of educating everyone about just how this works and in the future we will.

It is my hope that the citizens of the Highlands plateau will take time to thoroughly investigate this subject so that we can move ahead and find a property which meets the needs of the working people and others in our area.

The implementation of workforce housing is not dead by any means. We will continue to move ahead until that vocal minority is satisfied and the silent majority who want this to happen can see the vision of a complete and whole community begin to happen right here in Highlands.

... WATER continued from page 1

of toilets; use paper cups and plates if possible; and delay any new landscape work until the shortage has ended.

During the shortage, citizens may see Highlands Country Club (the only club in the town limits) watering greens but they draw from their lakes, not town water.

The town Parks & Recreation Department has also been instructed to eliminate any unnecessary watering.

The town would appreciate your cooperation in helping to conserve water until this shortage has been rescinded.

- Richard Betz,  
Town Administrator

**Excerpt from Town of  
Highlands Water  
Conservation Ordinance  
Sec. 15-57. Water shortage stages; im-  
plementation.**

If it appears that water demand on the town's water system may exceed supply and transmission capabilities, the head operator of the water plant may recommend to the town clerk that voluntary water conservation measures be implemented. The town clerk, following consultation with the mayor, may declare a stage I water shortage condition advisory requesting voluntary water conservation by consumers. If vol-

untary conservation measures fail to relieve the demand on the system or, in the opinion of the town clerk, there is not sufficient time within which to institute voluntary conservation measures, the town may advance to a stage II or stage III water shortage condition. The town clerk, following consultation with the mayor, may, with or without the recommendation of the head operator of the water plant, declare that a stage II or stage III water shortage condition exists.

(Ord. of 7-23-86, Art. I, § I)

**Sec. 15-60. Compliance.**

If the town clerk issues a declaration of a stage II water shortage condition, then it shall be unlawful for any person to use or permit the use of water from the town's water system for any purpose set forth in the following section until such time as the declaration of water shortage has been rescinded. In exercising the authority for declaring a water shortage condition, consideration shall be given to water storage levels and available sources of supply, available usable storage on hand, drawdown rates, the projected supply capability, outlook for precipitation, daily water use patterns and availability of water from other sources.

... LETTERS continued from page 13

**Author stands by claim**

Dear Editor,

I am writing in response to Mr. Dennis's letter concerning my column entitled "One Dream Can Make A Difference," in the July 31 issue of this paper. I appreciate your letter and I'm always interested in knowing how my ideas are received by my readers. Your point certainly has some validity.

However my belief is that to have peace in the Middle East, we must reach out to the warring sides. One way to do this is to demonstrate respect for the customs of both Jews and Muslims, neither of whom, incidentally, eat pork.

We are the wealthiest nation on earth and, as such can afford to be magnanimous.

Sure we can have our bacon and of course our guests would refuse it, and maybe everyone would be happy. But that is not reaching out.

You make the additional point that we, as Americans, must stand up for our beliefs. Recent history suggests that not only have we stuck to our guns, but have ignored the council of our allies and refused to talk with our enemies.

We were outraged when the French and Germans refused to join our Iraqi adventure, a war which almost all of us now regret.

Our politicians are bickering and pocketing money from Exxon, while we are doing almost nothing to address ei-

ther our dependence on fossil fuels or the threat of global warming.

France has achieved independence by widespread use of nuclear energy and Brazil, of all nations, has achieved the same with biofuels.

Our auto manufacturers lacked vision as they continued to build and sell gas-guzzling trucks and SUVs, while Japanese auto makers were developing hybrid and fuel efficient vehicles.

The greed of corporate executives is unmatched in the world. We still cling to the notion that our health care is the best in the world, while any objective measure suggests that while it is by far the most expensive, it fails to address the health care needs of millions of our citizens. Without doubt we have the most techologically advanced medicine in the world, but far from the best.

We thumbed our noses at the rest of the industrialized world by refusing to ratify the Kyoto Protocols. We act as if we have all the answers, and fail to respect opposing views from either our friends or enemies. So, yeah, I think giving up a pig meal to demonstrate respect for the religious beliefs and customs of our recent guests was both appropriate and necessary.

Thanks again for your interest and comments.

Henry H. Salzarulo, MD  
Sally Mountain, NC

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... ISSUES continued from page 1

lots but allowing a 100% built-upon, except for setbacks, on larger lots.

"If the purpose of the built-upon percentage is to protect the watershed, why doesn't it apply to all lots," asked member Thomas Craig at a previous meeting.

Town Planner Joe Cooley said when the state ruled on built-upon percentages, it was concerned about the overdevelopment of lots which are smaller than the required minimums in watershed areas.

"But the built-upon limit for smaller lots should not be so restrictive as to deter the proper siting of a home on a lot," he said. "If the percentage is too hard to meet, it will force people to build homes too close to the street or in an area not best suited for development." Closer to the street means less driveway.

Such practices could affect aesthetics, trees, buffers, slope, and other environmental concerns. "It is actually counterproductive to good development," he said. If too loose, like a 100% built-upon, the effect could be just as counterproductive."

In the WS-11-Critical Area (CA), the minimum lot size is 2 acres with the maximum built-upon of 6%.

In both the WS-11-Balance of the Watershed (BW), and the WS-111-CA, the minimum residential lot size is 1 acre with a maximum built-upon of 12%;

In the WS-111-BW, the minimum residential lot size is 1/2 acre with a 24% built-upon.

Any lot larger than the minimum size has no built-upon limit.

To protect the environment, give homeowners flexibility and to make the overall scenario fair, the Planning Board agreed to suggest changing the built-upon language to "A maximum built-upon limit of 50% for all residential lots greater than the required minimum lot sizes."

"This provides adequate area for proper site development, yet would reasonably protect against the total development of a lot with impervious surfaces," said Cooley.

A municipality can make ordinances more strict than the state's but not less strict.

In addition, Cooley said except in certain coastal counties, the state counts all kinds of pervious or gravel paving as impervious surfaces due to the underlying soil types. Therefore, the practice of using pervious paving to satisfy built-upon percentages is not allowed. Nor does the state give

• See ISSUES page 18



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WNC rheumatologist Kate T. Queen about osteoporosis at recent symposium.

## Area physicians hear about osteoporosis

Good medications are available today that can help prevent or reverse bone loss, but some new generation drugs now in clinical trials may prove even more effective. That was one of several major points shared with both active and retired physicians by Western North Carolina rheumatologist Kate T. Queen, MD at a recent symposium at Highlands-Cashiers Hospital.

Approximately 30 physicians and hospital staff members attended the breakfast lecture, hosted by the Senior Physicians Group associated with Highlands-Cashiers Hospital.

Dr. Queen, who is part of Mountain Medical Associates in Clyde, NC, and medical director of the Haywood Regional Osteoporosis Outreach Prevention Program, gave a general overview of osteoporosis, methods of prevention and treatment, and what may be on the horizon.

Some 33 million people in the U.S. have been diagnosed with osteoporosis, but approximately three times that many people may suffer from what used to be called osteopenia — having bone mass low enough to place them at serious risk for osteoporosis. While the issue has been at the forefront of women's health in recent years, osteoporosis and low bone mass is still under recognized and under diagnosed in men, she said.

Osteoporosis is serious business because it leads to fractures later in life, particularly of the hip, spine, and wrist. One out of every two women and one out of every five men will suffer a hip fracture in their lifetime. Hip fractures have a 10-20 percent mortality rate in seniors, and 40 percent of those who do survive never fully regain their independence. That costs Medicare and Medicaid millions every year.

While not often considered as life threatening, spinal fractures may be far more common than most people think — and ultimately just as debilitating, Queen said. That's because the symptoms go unnoticed or untreated. Two-thirds of women who suffer compression fractures of the spine never know it, and those that do experience back pain often attribute it to sore muscles or other causes. Yet spinal fractures can reoccur in patients with osteoporosis and eventually cause patients to lose mobility.

Queen said those most at risk are those of advancing age, post-menopausal women who have estrogen deficiency, those who have suffered fragility fractures previously or have a family history of osteoporosis, those on steroid therapy or who have inflammatory illness, those who have low body weight, and people who use tobacco. Nutrition, level of physical activity, and endocrine factors may also affect a person's risk.

However, central bone density testing, which uses small dose x-rays to measure bone mass, has proven to be an effective means of identifying those at risk, as well as monitoring the efficacy of treatment options. In fact, Queen says that DXA scanning is a better predictor of someone getting osteoporosis than blood pressure is of someone having a stroke.

And if someone is diagnosed as having osteoporosis, treatments are available.

"The truth is we have a lot of effective drugs with which to treat this disease, but affordability is still an issue for many patients," she said.

However, for those who may not yet have suffered bone loss, there are things that can be done to lessen the risk. Making sure there is adequate calcium in the diet is important — 1200 mg. per day for women and men over age 50. Queen said vitamin D is also necessary for the body to effectively utilize that calcium. While sunshine allows the skin to produce its own vitamin D, studies show that many Americans may not be getting enough. One factor may be the increasing use of sunscreen, which reduces vitamin D production. Age also significantly decreases a person's ability to manufacture vitamin D.

While medical science is still debating how much is really needed, some studies suggest that as many as 50 percent of women who have osteoporosis also have low vitamin D levels.

In conclusion, Queen said a new generation drug is in clinical trials that actually changes the body's natural recycling of bone cells, effectively slowing the bone loss that often occurs with aging. That may provide a breakthrough in osteoporosis prevention.

## Industrialist-environmentalist to speak for Center for Life Enrichment

Ray Anderson, founder of Interface, a global carpet manufacturer, will speak on his journey to make his company environmentally responsible. He decided to make Interface attuned to recycling waste and manufacturing byproducts as well as encouraging his suppliers to follow similar guidelines. His target of "Mission Zero" for his company encompasses zero scrap into landfills and zero emissions. Interface is now over forty percent toward that goal.

A popular speaker and holder of seminars for environmentally responsible industry, Mr. Anderson will give a free lecture to the public sponsored by the Center for Life Enrichment. Interest in his message has prompted Western Carolina University to send a contingent of Honors College students to his presentation. Ray has received at least eight honorary doctorates and serves on many environmental boards. He has received awards from Forbes, Time and the National Wildlife Federation among others. He re-



**Ray Anderson**

ceived the Inaugural Millennium Award from Global Green presented by Mikhail Gorbachev, and was named co-chairman of President Clinton's Sustainable Development Council in 1997. Ernst and Young named him Entrepreneur of the Year.

His company is now using solar and wind power and planting trees to offset carbon from

trucking. They have found a way to make carpet tiles out of corn. One plant used to send six tons of carpet trimmings to the landfill daily and now sends none.

Anderson states "the new course we're on at Interface... is to pioneer the next Industrial Revolution: one that is kinder and gentler to the earth." He says "it's not just the right thing to do it's the smart thing to do."

Don't miss this dynamic speaker. He will give his lecture on Monday, August 25 at 7 p.m. at the Episcopal Church of the Incarnation in Highlands. It is free and open to the public.

## COUNTRY CLUB PROPERTIES

Call Pam Taylor: 526-9027, 342-6988 or 526-2520

### A River Runs Through it!

Gorgeous 4.12 acres off Shortoff Road and Norton Ridge with Norton Creek running through it with an island picnic area. 5-bedroom septic permit and well in place. Reduced to sell. \$440,000.



### Listen to the stream from the deck



This beautiful home in Twin Falls offers great space for entertaining with master bedroom with outdoor sitting room on the main level and guest bedrooms upstairs with their own sitting/family rooms. The open plan with its wonderful kitchen, dining and great room with stone fireplace leads to the open deck where you can listen to the stream. The property backs up to USFS yet is close to town. \$1.3 million.

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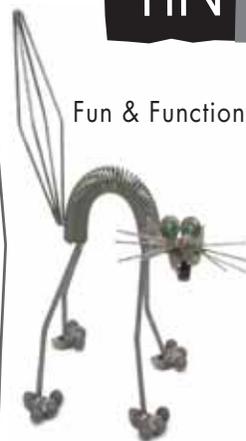


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... ISSUES continued from page 15

any built-upon percentage credit for using Best Management Practices.

**Residential Tree Ordinance**

Every few years boards discuss the necessity of a residential tree ordinance. Most recently, the issue came up when a homeowner on Fifth Street took down the white pine trees on his property.

"Coming to Highlands and taking down trees because you don't like them is like going to the ocean and saying you don't like sand," said Ginger Slaughter.

Highlands has a tree ordinance concerning commercial development, but not an ordinance pertaining to residential lots.

Turns out tree ordinances and impact fees levied against developers must be sanctioned by the General Assembly.

Having applied, in the 1985 session of the General Assembly of North Carolina Chapter 828 of House Bill 1469 authorized the town of Highlands to adopt and enact ordinances regulating the removal, replacement and preservation of trees on commercial lots within the town limits - the purpose being to preserve, protect, and enhance one of the most valuable natural resources of the community and to protect the health, safety, and welfare of its citizens.

However, due to obvious problems concerning property rights and the logistics of town employees regulating every tree a resident wants to remove from his or her property, an agreement was never reached concerning a tree ordinance on residential property.

In fact, member Mike Bryson said when word came down the pike in 1985, that there was a possibility of a residential tree ordinance "more trees came down in one year than Duke Power ever took down," he said.

Monday night, there was much discussion over the danger of white pines and the wisdom of removing them when close to structures.

But at the same time their tenacity was admired.

"When the hurricanes came through the white pines on my property were the only things left standing," said Griffin Bell.

But Bryson said he has no use for them.

"The one thing I will always remember from shop class is what my teacher told us concerning white pines. He said if you can touch a pine from your porch, it's too close to your house," he said.

Slaughter suggested a residential tree ordinance that would require an arborist to determine if a tree really is diseased before allowing it to be cut down and a follow-up plan after tree removal aided by the Land Stewards or garden clubs.

In the end the board only agreed to continue discussing a residential tree ordinance.

Meanwhile the tree ordinance in the commercial zoning district says that no parcel can be cleared prior to the issuance of a zoning certificate; that no trees eight inches in diameter or larger can be removed, destroyed or damaged prior to the issuance of a zoning certificate; that the zoning application must include a landscape plan showing the size and location of all existing trees and shrubs to be saved and those to be removed and all shrubs and trees to be replanted. Furthermore, the town strongly recommends property owners to save any existing trees 18 inches in diameter whenever possible.

**Parking Study, Unified Code, Town Hall, Cell Phone Coverage**

Cooley updated the board on the parking study for which he said the firm Kimley-Horn & Associates will likely be retained.

Seven firms responded to the town's Request for Proposals for a Parking/Traffic Circulation study. Three made it to the interview process and Kimley-Horn made the cut. A contract for services has been sent to Town Attorney Bill Coward and will be discussed at the Aug. 20 Town Board meeting.

The cost of the study will be between \$30,000 and \$40,000.

Since the planning department has been collecting field data identifying occupied parking spaces during three periods of the day - two days in July and two days in August - Cooley hopes the cost of the project will come in lower than expected. The next parking count will take place in December.

He also said he is working on combining the town's ordinances into one unified code so it's more user-friendly.

Griffin Bell brought up the proposed Town Hall complex asking if such an expensive project was really necessary rather than expansion or renovation of the existing building.

"Was there a public hearing on the issue? Was the public asked about this at all?" he said. "I just question the need for such an expensive project."

The price tag is now up to between \$4.3 and \$5.1 million.

But Cooley said as it stands now, the Town Hall is too small so something needs to be done to both accommodate employees and store records and plans.

Slaughter told Bell "the horse is out of the barn on this one," but Bell said "horses can be turned around."

The lack of consistent, reliable cell phone coverage was discussed and the board agreed to ask the Town Board to look into the matter.

The next regular Planning Board meeting is Aug. 25 at 5:30.

- Kim Lewicki

# Mountain Fresh to offer outside seating for deli customers

People who grab a sandwich and a bowl of soup at the deli in the Mountain Fresh Grocery will soon have a place to sit and eat.

At the Wednesday, Aug. 13 Zoning Board meeting, the board of four voted unanimously to allow a maximum of 24 seats to be set up in the shed area alongside the store.

The shed will be fenced and screened and only accessible from inside the store, with perhaps a fireplace at one end for chilly days.

Owner JT Fields hopes the addition will not only beautify the area but rejuvenate his business and draw people to that end of town.

"I have no intentions of turning Mountain Fresh into a full-blown restaurant, I just want a place for our customers to sit and eat their lunch, have a cup of coffee and get on the Internet with our free Wi-Fi," he said. "I want to be identified as a grocery first."

He said outdoor service won't be available; instead patrons will take the food they ordered outside themselves.

For his 10,000 sq. ft. space, one parking

spot per 250 sq. ft., is required or 40 spaces. Mountain Fresh has 45 spaces.

Zoning Administrator Joe Cooley said Fields can subtract the number of required restaurant parking spaces from the overall 45 to keep from being double charged, so to speak.

For 24 seats, eight onsite parking spaces are needed.

Should Fields want more than 24 seats, he can get another 36 by applying for 12 public spots within 300 feet. But Cooley said that's a different issue and is an administrative decision not required to be heard by any board.

The Zoning Board ruled to allow the 24 seats or the maximum allowed by the fire marshal.

Since sewer charges increase with every seat, Fields said he wasn't sure he'd put in 24 seats or consider more.

Renovations are scheduled to be complete by January.



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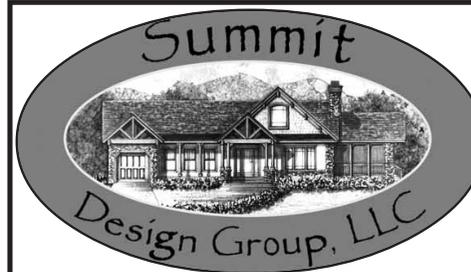
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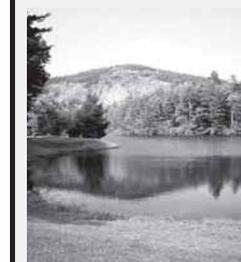
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# • HIGHLANDS SCHOOL NEWS •

## HIGHLANDS SCHOOL STUDENT SUPPLY LIST 2008 – 2009

### Kindergarten – McClellan

*(We will label supplies)*

- Back pack regular size – no rollers
- 1 plastic pencil box
- 8 large glue sticks
- 2 plastic folders with double pockets with brads
- 1 8 count box Crayola markers (basic colors)
- 3 8 count box 8 Crayola crayons (basic colors)
- 2 pair Fiskar scissors
- 3 large spiral notebooks, large ruled
- 1 pack wide ruled notebook paper
- 2 regular boxes of tissue
- 2 boxes quart Ziploc baggies
- 2 boxes gallon Ziploc baggies
- 2 pk. #2 pencils - yellow only please (sharpened)
- 1 beach size towel (not a mat) for rest time
- 2 bottles of hand sanitizer (i.e. Germ-X)
- 1 box of Band-Aids
- 2 box anti-bacterial wipes

### Great Beginnings - Chalker

- 1 backpack
- 1 plastic storage container (shoe box size w/lid)
- 5 two-pocket plastic folders w/brads (no names on these, please)
- 1 pair Fiskar scissors
- 1 large spiral notebook, large ruled
- 1 regular box tissues
- 1 box quart Ziploc baggies
- 1 box gallon Ziploc baggies
- 1 box 24 Crayola crayons
- 1 box classic Crayola markers
- 4 large glue sticks
- 1 beach size towel (not a mat, for Rest time)

### 1<sup>st</sup> Grade – Sizemore

**Please put names on everything (including each individual crayons and markers)**

- 1 box qt baggies w/slider zipper
- 1 box gal. baggies w/slider zipper
- 1 small box band-aids
- 2 large ruled composition books
- 1 pack colored pencils
- 1 box Crayola crayons (16) basic colors
- 1 2" eraser
- 2 red plastic folders w/double pockets-no brads
- 2 blue plastic folders w/double pockets-no brads
- 5 large glue sticks
- 1 box markers – 8 count Crayola basic colors
- 4 packs pencils – sharpened, if possible
- 1 large pencil box
- 1 pair Fiskar scissors
- 1 large towel for rest time
- 1 box antibacterial wipes
- 1 12" Ruler (no metal edge)

### 2<sup>nd</sup> Grade – Cox & Miller

- 2 packs wide-ruled Notebook Paper
  - 1 box #2 Pencils (sharpened)
  - 1 pack Large Erasers OR 1 box pencil top erasers
  - 2 boxes of Crayons ~ At least 24 count
  - 1 box Markers
  - 1 pair Scissors
  - 2 Large OR 4 small glue sticks
  - 2 Plastic Folders with bottom pockets **No Brads**
  - 1 box each of Addition and Subtraction Flash Cards
  - 2 boxes Kleenex
  - 3 boxes of Wal-Mart Equate Antibacterial Wipes
  - 1 small box Band-Aids
  - \$10 for Science & Social Studies Weekly
  - Backpack - Small to hang easily or fit in a cubby
- Please put names on everything EXCEPT folders**

### 3<sup>rd</sup> Grade – Murphy & Coppage

- Please do not label items!**
- 5 folders w/pockets (no brads)
  - 1 folder w/ pockets & brads
  - 2 spiral notebooks (5 subject)
  - 1 box 24 count crayons
  - 1 box 24 count colored pencils
  - 3 large glue sticks
  - 1 pair scissors
  - 40 Sharpened #2 pencils (no mechanicals nor pens)
  - 1 clipboard (no compartments)
  - 2 pkg. wide-rule notebook paper
  - 1 plastic pencil box (small)
  - 2 boxes Kleenex
  - Girls – 1 bottle of hand sanitizer
  - Boys – 1 container of Lysol wipes

### 4<sup>th</sup> Grade - West

- 3 ring binder
- 6 pocket folders – sturdy, 3 with brads
- 1 spiral notebook – 80 pages
- 1 pkgs. wide ruled notebook paper
- 1 pkg. sharpened #2 pencils
- 1 pkg. cap erasers
- 1 pencil sharpener
- 1 ruler – easy to read, not foldable
- 1 box 24 crayons
- 1 box 12 colored pencils – sharpened
- 1 box 8 markers
- 1 pair scissors
- 1 large glue sticks
- 1 boxes 200 count tissues
- 1 pkg. of 8 – 10 notebook dividers
- \$ 5.25 for National Geographic for Kids
- Please do not bring Trapper Keeper notebooks, mechanical pencils, pens, or pencil boxes.**

### 5<sup>th</sup> Grade – Archer & Hedden

- 3 pkg of wide ruled notebook paper
- 3 folders with pockets and brads

- 3 spiral notebooks (80 pages or more)
- 1 clipboard
- 1 pkg of sharpened #2 pencils
- 1 hand-held pencil sharpener
- 1 pkg construction paper
- 1 pkg of crayons (24 count)
- 2 pkg of colored pencils
- 3 highlighters (3 different colors)
- 1 pkg of markers
- 1 pkg of lined index cards (3x5, not connected)
- 3-ring binder (2 inch binder)
- 1 package of dividers (to use in binder)
- 1 boxes of kleenex
- 1 large glue stick
- 1 pair of scissors (youth size)
- 1 box of gallon size Ziploc bags
- 1 box of quart size Ziploc bags
- 1 container of Clorox wipes

### 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grade - Language

- Flash Drive
- 3 - ring binder
- Loose-leaf college-ruled notebook paper (no spiral notebooks)
- Black pens and pencils
- Box of tissue (for classroom)
- 1 box Gallon Ziploc bags (for storage of paperback books)

### 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Math

- 1 – 1 ½ inch 3-ring binder
- 1 – 1 subject spiral notebook (at least 80 pages)
- Notebook paper (wide ruled)
- Pencils and erasers (NO PENS!)
- 1 Dry erase marker (any color)
- 1 box of Tissues for classroom
- Calculator – if buying for the first time try to get the TI-30XII or the TI-34II.

### 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Science

- Required:**
- 3 ring binder (1 inch minimum)
  - Loose leaf paper
  - Writing utensil
  - Red pen
  - Coloring pencils
  - 2 sided folder (NO BRADS)
  - Kleenex
- Optional:** Spiral notebook

### 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Social Studies

- 3-ring Binder
- Loose Paper
- Dividers
- Pen or pencil

### High School Students

Must have a flash drive

### New teachers:

- Daryl Phillips – HS English
- Gina Billingsley – HS Math
- Ryan Potts – HS Social Studies
- Brian Aulisio – HS Math
- Ashley Burnett – HS Spanish
- Vicki Taliaferro – MS Math and Computers
- Ashly Coppage – 3<sup>rd</sup> grade
- Britt Iannacone – 4<sup>th</sup> grade

### Teaching changes:

- Butch Smart – grades 4-8 PE
- Elizabeth Woods – HS ITV / testing co-coordinator
- Mrs. Archer – moving from 3<sup>rd</sup> grade to 5<sup>th</sup> grade

## Important Dates to Remember

### Meet the Teachers Open House

Thursday, Aug. 21  
4-6 p.m.

### First Day of School

Monday, Aug. 25

### First PTO meeting

Thursday, Sept. 11  
6 p.m.

### Scholastic Book Fair

Thursday, Sept. 11  
5-6 p.m.

### Parent Night

Monday, Sept. 15  
Elementary School Parent Night  
5-6 p.m.

Middle School Parent Night  
5:30-6:30 p.m.

High School Parent Night  
6-7 p.m.

# • HIGHLANDS SCHOOL NEWS •

## Mens Soccer 2008

Date	Opponent	Site	Time
Sat. Aug. 9	ACR Jamboree	TBA	TBA
Tues. Aug 26	Franklin	Away	7:00
Thurs. Aug 28	East Henderson	Away	7:00
Thurs. Sept 4	Franklin	Home	7:00
Fri. Sept 5	Tallulah Falls	Away	5:00
Mon. Sept 8	<b>Hiawassee Dam</b>	Away	4:00
Wed. Sept 10	<b>Hayesville</b>	Home	6:00
Fri. Sept 12	Rabun Gap	Away	5:30
Mon. Sept 15	<b>Andrews</b>	Away	6:00
Wed. Sept 17	<b>Murphy</b>	Home	6:00
Thurs. Sept 18	Madison County	Away	6:00
Mon. Sept 22	Tallulah Falls	Home	5:00
Wed. Sept 24	<b>Blue Ridge</b>	Away	4:00
Thurs. Sept 25	East Henderson	Home	7:00
Mon. Sept 29	<b>Swain</b>	Home	6:00
Wed. Oct 1	<b>Hiawassee Dam</b>	Home	6:00
Thurs. Oct 2	Madison County	Home	6:00
Mon. Oct 6	<b>Hayesville</b>	Away	4:00
Wed. Oct 8	<b>Andrews</b>	Home	6:00
Thurs. Oct 9	Polk County	Away	6:00
Mon. Oct 13	<b>Murphy</b>	Away	6:00
Wed. Oct 15	Rabun Gap	Home	7:00
Thurs. Oct 16	Polk County	Home	6:00
Mon. Oct 20	<b>Blue Ridge</b>	Home	6:00
(Senior Night)			
Wed. Oct 22	<b>Swain</b>	Away	6:00
Wed. Oct 29	State Playoffs	TBA	TBA

### Coaches:

Chris Green and Hank Ross

## Welcome students and parents!

We are about to kickoff another great year of learning!

Highlands School honors its rich traditions and continually seeks ways to develop the individual talents of every student. Through the creation of a safe and orderly learning environment, our teachers are able to foster intellectual curiosity and personal growth in each of our students, and we are devoted to giving our students the opportunities by which they will gain the skills necessary to become significant contributors to our society.

We encourage all parents to become active and supportive members of the Highlands School community by joining our PTO and by coming in to our school frequently.

Together we can make our students' years at Highlands School productive, fun, and memorable.

Again, Welcome to Highlands School!  
- Principal Brian Jetter

## Cafeteria Meal Prices

### Primary:

Breakfast: \$1

Lunch: \$2

### Secondary:

Breakfast: \$1

Lunch: \$2.25

### Reduced:

Breakfast: 30 cents

Lunch: 40 cents

(Must qualify for Reduced Meal prices.  
Forms are available in the main office.)

## Women's Volleyball 2008

Date	Opponent	Place	Time
Tues., Aug 19	Nantahala	Home	JV 5:00
Thurs., Aug 21	Cherokee	Home	JV 5:00
Tues., Aug 26	Rabun Co.	Home	JV 5:00
Thurs., Aug 28	Rosman	Away	JV 5:00
Tues., Sept 2	Swain	Home	JV 5:00
Thurs., Sept 4	Hiwassee Dam	Away	JV 5:00
Tues., Sept 9	Blue Ridge	Home	JV 5:00
Thurs., Sept 11	Nantahala	Away	JV 5:00
Tues., Sept 16	Cherokee	Away	JV 5:00
Thurs., Sept 18	Rosman	Home	JV 5:00
Tues., Sept 23	Blue Ridge	Away	JV 5:00
Thurs., Sept 25	Swain	Away	JV 5:00
Mon., Sept 29			JV 5:00
Tues., Sept 30			JV 5:00
Thurs., Oct 2	Hiwassee Dam	Home	
Tues., Oct 7	Rabun County	Away	
Thurs., Oct 9		Home	TBA
Mon., Oct 13		Home	TBA
Wed., Oct 15			
Sat., Oct 18			

### Volleyball game times:

Middle School: 4 p.m.

Junior Varsity: 5 p.m.

Varsity: 6 p.m.

## A message from Superintendent Brigman on the upcoming school year

On August 25, the Macon County School System opens its doors to more than 4,400 students in grades K-12. As a great school district must be, we are prepared for the new academic year! I hope each student, staff member, and parent/guardian has used the passing summer break to relax before shifting focus on the new school year that officially begins in just a few short days. Teachers and administrators will once again provide a warm welcome and exhibit their appreciation for each child under their watch.

Since last spring, the administration and Board of Education have revisited our district goals in preparation for this new academic year. Improving student achievement will remain as our leading priority as we strive to become a top-performing school district in our state.

In addition to our academic goals, school construction and renovations will also continue to be among our top priorities in Macon County. A ground-breaking ceremony was conducted this past July 28 in which our Board of Education, County Commissioners, and contractors embarked on a journey to construct our new school. This new facility will accommodate students in grades 5-6 in the Franklin area and pro-

vide much-needed relief to our elementary schools and Macon Middle School. Occupancy of our new school is anticipated to occur in December 2009, ultimately providing each child with a safe, modern classroom in which to learn.

Construction is also underway at East Franklin Elementary School on three new kindergarten classrooms and a regulation size gymnasium. Targeted completion time for these additions at East Franklin is summer of 2009.

In addition, renovations to restrooms, installation of a new roof and construction of our new soccer field are set to begin soon at Highlands School. Construction of our new school at the present Iotla site is targeted to begin during the spring of 2009. We are very thankful for the commitment to improve our schools that has been demonstrated by our communities, Board of Education members and County Commissioners during the past 18 months.

As superintendent of the Macon County School System, I look forward to the upcoming academic year and continued progress toward these and other established goals. Best wishes to each teacher, student, parent/guardian, and community member as we enter another exciting academic year!

## • PLACES OF WORSHIP •

### BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965  
Sundays: School – 10 a.m., Worship – 11  
Sunday night services every 2nd & 4th Sunday at 7  
Wednesdays: Mid-week prayer meeting – 7 p.m.

### BUCK CREEK BAPTIST CHURCH

Sundays: School – 10 a.m.; Worship – 11  
First Saturday: Singing at 7:30 p.m.

### CHAPEL OF SKY VALLEY

Sky Valley, Georgia  
The Right Rev. Dr. John S. Erbeling, Pastor  
Church: 706-746-2999  
Pastor's residence: 706-746-5770  
Sundays: 10 a.m. – Worship  
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Wednesdays: 9 a.m. Healing and Prayer with Holy  
Communion each service

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### CHRIST ANGLICAN CHURCH

Rev. Cass Daly • Office – 526-2320  
Sunday: Holy Communion – 11 a.m.  
(Highlands Community Center on U.S. 64 next to  
the ballfield in Highlands  
Monday: Evening Bible Study at 6 p.m.  
Wednesday: Men's Bible study at 8 a.m.  
at First Baptist Church

Pot Luck Lunch last Sunday of each month.

### CHRISTIAN SCIENCE CHURCH

Corner of Spring and Third streets  
Sundays: 11 a.m.

### CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer  
Sundays: School – 10 a.m.; Worship – 11  
Prayer – 6:30 p.m.  
Evening Service – 1st & 3rd Sunday – 7 p.m.

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10:30 a.m. Holy Eucharist (Rite II)  
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Monday: 4 p.m. Women's Cursillo Group  
Tuesday: 8 a.m. Men's Cursillo Group  
4:30 P.M. Education for Ministry  
Wednesday: 6:30 P.M. Choir Practice  
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p.m.; Prayer – 6:15 p.m., Choir – 7:30 p.m.

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Rev. Mark Kayser, Interim Pastor  
Dr. Don Mullen, Parish Associate 526-3175  
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Mondays: 8 a.m. – Men's Bible Discussion &  
Breakfast

Tuesdays: 10 a.m. – Seekers  
Choir – 7

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Wednesdays: Prayer & Bible Study – 7

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Pastor Paul Christy  
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5 p.m. Youth Group  
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studies; 6:15 – Adult choir

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Thurs: 12:30 – Women's Bible Study (nursery)

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Wednesdays: Prayer Mtg. – 7 p.m.

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Evening Worship – 6 p.m.  
Wed: Adult Bible Study & Youth – 7 p.m.  
For more information call 526-3212.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer.  
Sundays: School – 10 a.m.; Worship – 11  
Wednesdays: Prayer & Bible Study – 7

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Cashiers, Rev. Sam Forrester, 743-2122  
Sundays: School – 10 a.m.; Worship – 11

## • SPIRITUALLY SPEAKING •

### What's in a name?



Associate Pastor Clayton Lopez  
Community Bible Church

Being new to the area I want to introduce myself to you. My name is Clayton López, or to be thorough, Oscar Clayton López Wright. As you might expect I have Hispanic as well as Scotch/Irish heritage. My name well represents what's behind it.

My wife's name is Laura, a shortened form of "laur-el," wow, that's fitting for our new home here in the mountains. I have two sons, one is David, which means "beloved," and my other son's name is Jacob. The word "Jacob" means "supplanter," but we think that wrestling with God and winning better fits him. (Jacob in the bible Genesis 32:38 wrestled with the "Angel of the Lord" and prevailed).

Words fascinate me, especially names. There is a whole world of discovery in a name, a word. I'm one of those persons who has dictionary.com as a favorite on his computer. As I write I've "clicked" my way to this definition:

name

a word or a combination of words by which a person, place, or thing, a body or class, or any object of thought is designated, called, or known. *Dictionary.com Unabridged (v 1.1) Based on the Random House Unabridged Dictionary, © Random House, Inc. 2006.*

There is so much in a name. And being new here I want to find out what is behind each name? For instance:

"Highlands." A name given since this place is high in altitude compared to most places around here, right? You might respond, "That is a logical assumption."

How about "Cashiers?" Much could be said about that name. I've not looked into the history of this our new "stompin' grounds," but that name carries some intrigue for me. (I do see many banks in the area, hmmm . . . ?)

Oh, how about "Dry Falls . . ." that one's a mystery. Dry in the sense that it has little or no water or dry in that the water is drier than say more humid water?

Names like "Cullasaja," "Chattooga," "Satulah," . . . roll off the tongue like delicious word-candy, and speak of the Native American heritage of our area.

I do know about some names in the area. Here's one: "Community Bible Church (CBC)." Laura, the boys and I moved here to work at CBC. So what's behind this name? As I have gotten to know our new church I know it is a combination of what we are and what we want to be.

## • BUSINESS NEWS •

### CFWNC President Pat Smith retiring Board of Directors Initiates Search Process for New President

The Community Foundation of Western North Carolina's President Pat Smith is planning to retire from the Foundation effective August 2009, which will mark the end of a 25-year career with the Foundation, the last 19 having been spent leading the organization. The Foundation's board of directors also announced they have taken the first steps in the search process for a successor. CFWNC works locally with the Highlands Community Foundation, one of nine regional affiliates.

"I have had the extraordinary privilege of being part of The Community Foundation of Western North Carolina's wonderful 30-year history," said Smith. "After 25 years, I will leave knowing that the Foundation is strong in every way and poised for the next era of leadership and service to our mountain region. I will forever be a champion of the Foundation because I believe deeply in its mission and enormous value to Western North Carolina. I am confident that under the board of directors' responsible leadership and effective stewardship, the Foundation will continue its rich tradition of philanthropy for generations to come."

Smith said she is looking forward to continuing in her role as president for the next year as the foundation focuses on its important mission — to promote philanthropy and improve the quality of life for all citizens of Western North Carolina.

The search committee has retained Kittleman & Associates, LLC of Chicago as the executive recruitment firm for the search. Interested candidates should visit the Foundation's website ([www.cfwnc.org](http://www.cfwnc.org)) in December for more information about applying for the position.

### Old Edwards Hospitality Group hosted 'Business After Hours' on Aug. 7



Blessed with idyllic weather, OEI's affair, set up poolside, was a major success.

the organization's new team of leaders, headed by two husband-wife teams Richard and Melissa Delaney, president and managing director and director of sales, respectively; and Brian and Julie Crook, hotel manager and reservations manager, respectively. Other new faces include Patric Leonard, director of human resources and training; Charles Foraker, director of engineering; Curt Christiansen, beverage manager; and Karen Rodgers, executive rooms division manager.

Founder of OEI, Art Williams, introduced Richard Delaney and the new era he will usher in to Highlands at OEI including maintenance of its 5-star rating. Guests met members of the new team while enjoying hospitality of the inn, including beverages, appetizers and live music poolside. Guests were also invited to tour the inn and experience some pampering in the spa.

Photos by Jim Lewicki



OEI founder, Art Williams addresses the crowd at Thursday night's function.

The setting was OEI's fitness center pool; the purpose of the function was to introduce the public to

### Nancy Aaron named festival executive director

The Highlands-Cashiers Chamber Music Festival has just finished its 27<sup>th</sup> Season, filled with exciting music and performances. But the planning for next year's season is already underway.

In July Nancy Aaron was named the Festival's new Executive Director. Ms. Aaron is a familiar face to many in the community, as she was the co-owner, with her husband Bill, of Southern Hands, a shop which specialized in fine handicrafts. "I wanted to stay involved with the community after we closed our business after 20 years," Ms. Aaron said, "And I am thrilled to be part of a non-profit of such fine quality.

Festival Executive Director is a full-time year-round job, even though the performances run for just six weeks in the summer. I am very involved in working with the chairwomen who head up Musician Host Housing and the Festival of Feasts which continues through November 1. We also have concerts scheduled for November and December. In addition, I am very familiar with advertising venues outside of Highlands from my previous retail experience, and I will be working on this through the winter which will allow us to reach a wider audience, bringing new people to Highlands."

Outgoing Chamber Music Board President Sanford Cohn said, "I am delighted and excited to have such a talented person as Ms. Aaron for our Executive Director." Incoming President, Jack Sapolsky he's looking forward to continuing the great history of the Highlands-Cashiers Chamber Music Festival. "Our organizational changes will allow us to bring an even bigger and better program next year," he said.

Ms. Aaron said she feels privileged to work with such an involved and enthusiastic board and to be surrounded by the quality of talent the Chamber Music Festival is able to bring to Highlands and Cashiers.



Highlands-Cashiers Chamber Music Festival Board President Sanford Cohn and Board member Jack Sapolsky congratulate new Festival Executive Director Nancy Aaron.

## • UPCOMING EVENTS •

### On-going

• Raffle of handcrafted Stiefel Botanical Book to Benefit The Bascom. To purchase a raffle ticket, call Four different images will be available for sale and for raffle, so people can buy all four images for \$2,000 and have four different chances of winning.

• The Zahner Conservation Lecture Series is held each Thursday during the summer months at 7p.m. at the Highlands Nature Center, 930 Horse Cove Rd. For a complete schedule, visit [www.wcu.edu/hbs](http://www.wcu.edu/hbs).

• Oak Street Café is donating a portion of its revenues to the Playhouse from meals purchased prior to show time. Park your car, have a meal, then walk across the street to the Playhouse production!

• The Highlands Playhouse is taking reservations for "One Voice" Thurs.-Sun., Aug. 14-31. Please call 828-526-2695 or write or PO Box 896, Highlands, NC 28741.

• Yoga at the Rec Park, 7:30 a.m Monday and Wednesdays. Call 526-4340 for information.

• Yoga in the bottom floor of Jane Woodruff Building. 10:30 a.m. Thursdays. Call 526-4340.

• NA open meeting every Saturday at 7:30 p.m. of the ACC Satelite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: [www.ncmana.org](http://www.ncmana.org).

• Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

• At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.

• "The Circle of Life" support group continues at the Highlands-Cashiers Hospital at the Jane Woodruff room 201, 10 a.m. until noon. Call Barbara Buchanan at 526-1402 or Florence Flanagan at 743-2567.

### Sundays

• Hal Phillips at the piano during Sunday Brunch from 12 noon to 2 pm at Jack's at Skyline Lodge & Restaurant on Flat Mountain Road.

### Mondays & Wednesdays

• Pilates Classes Level 1 of Jane Woodruff at the hospital at 4 p.m. \$10 per class. Call 526-5852.

### First Mondays

• Participate in your hospital by joining

the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

### Mondays

• Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

• At the Nature Center, Animal Feeding Time 11 a.m.-noon, all ages welcome: Come and observe what each of the Nature Center's animals eat and learn how they feed.

### Tuesdays

• At the Nature Center, Family Nature Activity 3-4 p.m., ages 4 and up: Activities vary, but may include critter searches, discovery walks, or nature games \$1 per person.

• Highlands Rotary Club meets at noon at the Highlands Conference Center.

• Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

### Wednesdays

• At the Nature Center, Nature Show & Tell/Storytime 2:30-3 p.m., all ages: Come for a nature lesson based around a children's storybook using items from the

Nature Center.

• Highlands MountainTop Rotary Club meets at the Highlands Conference Center at 7:30 a.m.

Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

### Every Third Wednesday

• Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

### 1st & 3rd Thursdays

• The local affiliate of NAMI NC (National Alliance on Mental Illness), NAMI Appalachian South, meets from 7-9 p.m. at the Family Restoration Center, 1095 Wiley Brown Road, Franklin. NAMI offers peer support, education, and advocacy for individuals suffering from serious mental illness and their families and loved ones. Contact Ann Nandrea 369-7385, Carole Light 524-9769 or Mary Ann Widenhouse 524-1355 for more information.

### Thursdays

• At the Nature Center, Zahner Conservation Lecture Series 7 p.m., 12 and up: An

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### The Bascom to exhibit contemporary folk art

This piece, "Early American Saint," by H. Aaron Hequembourg, is one of many contemporary folk art works that will be on display at The Bascom this month. The art center opens its "Contemporary Folk Art" exhibition Aug. 23 with a public reception from 5 to 7 p.m. The exhibition continues through Sept. 18 Tuesdays through Saturdays from 10 a.m. to 4 p.m. Artists in the exhibition also include Joel Pinkerton, Mark Peyton, Spirit Anderson, Lisa and Tim Kluttz, Mary Klein and Wendy Detrick Worsham. Admission is free. For more information, call The Bascom at (828) 526-4949 or visit [www.thebascom.org](http://www.thebascom.org). The Bascom is located inside the Hudson Library on Main Street in Highlands.



## • UPCOMING EVENTS •

evening seminar series featuring leading scientists, historians, writers and artists on a variety of environmental topics (schedule available at [www.wcu.edu/hbs](http://www.wcu.edu/hbs)).

### Fridays

- At the Nature Center, Botanical Garden Tour 10:30-11:30 a.m., all ages: A guided walk through the Highlands Botanical Garden, featuring the native plants of the region.

### Friday & Saturday

- Live music at The Rib Shack every Friday and Saturday night from 8-11 p.m.

### Friday-Sunday

- At Skyline Lodge & Restaurant. Hal Philips at the piano, 7-9 p.m. Flat Mountain Road. 526-2121.

### Saturdays

- At the Nature Center, Featured Creature 11:30-noon, all ages: come and learn more about one of the Nature Center's live animals up close.

- Live music at Cyprus Restaurant at 9:30 p.m.

- Children's classes ongoing at Bascom-Louise Gallery – cost is \$5 per student.

### Sundays

- Old-fashioned hymn-sing at the Little Church of the Wildwood at 7 p.m. Call Kay Ward at 743-5009 for more information. Dress is casual.

### Through Nov. 12

- The Village Green in Cashiers, NC presents Sculpture on the Green 2008 1st Bi-Annual Invitational Exhibition. Last summer the 12.5 acre park began to integrate sculpture into the landscape and installed 5 sculptures to its Permanent Collection.

Starting this summer, it is hosting a six month exhibition of 10 works from sculptors from all over the nation. Cast your vote for the sculpture to be added to the Permanent Collection at the Green.

### Mondays through Aug 18

- At CLE, Duane Meeter will teach Bridge Defense II (intermediate to advanced) at the Highlands Civic Center 9:30-11:30 \$45 members \$65 Non Member. Limited Seating Available, Please call 526-8811 to register.

### Through Friday, Aug. 22

- The Highlands Middle School soccer team will practice at Buck Creek Field from 8 – 11 a.m. Players need to have cleats, shin guards, and a water bottle. Any questions, call Coach Ryan Sprague at 342-3951

### All of August

- At Acorn's on Main Street, it's Juliska Month. Juliska's rich European heritage spans six centuries and combines historic shapes with imaginative new interpretations of glass and ceramic for home décor and tableware.

### Thurs.-Sun., Aug. 14-31

- At Highlands Playhouse, "One Voice," featuring selections from Patsy Cline, Judy Garland and Karen Carpenter. For further information or reservations please call 828-526-2695 or P.O. Box 896 in Highlands.

### Thursday, Aug. 14

- In the 2008 movie "The Other Boleyn Girl," Anne Boleyn (Natalie Portman) and Mary Boleyn (Scarlett Johansson) compete for the love of Henry VII. The free movies are usually shown in the Library Meeting Room at 7 p.m. Donations are appreciated.

ed.

- At CLE, "Other Ways to "See"" a Film with Dr. Terry Nienhuis, 10-12, \$20 each for CLE members; \$30 each for non-members. To become a CLE member and register for courses and events, call the CLE office at 526-8811.

- Ballroom Dance, Thursday at the MC Community Building, on Hwy. 441 S. in Franklin, from 6:30 to 9 p.m. with music by "Swingtime Band," for information call (828), 369-9155, 524-7888 or 586-6373.

### Thursdays, Aug. 14, 21, 28, Sept 11

- A Shakespeare Workshop - Henry IV with Dr. Terry Nienhuis. 3-5. \$65 members, \$75 non members To become a CLE member and register for courses and events, call the CLE office at 526-8811.

### Fri. and Sat., Aug. 15-16

- At ITC, "Clarence Darrow" starring David Milford at 8 p.m. Call 828-342-9197 for tickets.

### Friday, August 15

• See EVENTS page 26

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## Cashiers historian at Cyrano's on Aug. 16

Jane Gibson Nardy will be at Cyrano's Bookshop from 2-4 p.m. on Saturday, Aug. 16, to autograph her new book, "Historic Tales of Cashiers, North Carolina." Ms. Nardy is the Cashiers Historical Society's historian, and a direct descendant of the Zachary founding family of Cashiers Valley. (One of their homes, the fascinating 1852 Zachary-Tolbert House, is operated as a museum by the Cashiers Historical Society, which provides tours on Fridays and Saturdays.) Jane also contributes articles on local history to the Laurel Magazine, and is the co-author (with Jan Blair Wyatt) of "Cashiers Valley" in the Images of America series. As anyone who's ever attended one of her lectures knows, Jane is an engaging and entertaining speaker; her skillful handling of letters and diaries — as well as more impersonal documents — brings the past alive for her audiences.

Her writing is just as lively. The stories collected in "Historic Tales of Cashiers, North Carolina," cover everything from a tribute to a beloved woman—a housekeep-

er who spent decades working for summer visitors (the new Wendy's restaurant is built on the site of her former home)—to a true account of moonshine and murder, to the stories behind many of the community's historic structures. The book is illustrated with more than 30 black-&-white photographs of Cashiers Valley and its residents. Due to the intermarriage of long-time families, there were as many ties between Highlands and Cashiers in the past as there are today, so just about anyone in our mountains will find much of interest in Jane's book. Published in a handsome edition by The History Press, in Charleston, S.C., "Historic Tales of Cashiers, North Carolina" is a must-have for anyone interested in local history.

Cyrano's Bookshop is located at 390 Main Street in Highlands, North Carolina. Books can be reserved for autographing by calling (828) 526-5488.

You may also send an e-mail to [cyranos@nctv.com](mailto:cyranos@nctv.com); to learn more about our store please visit [www.cyranosbooks.com](http://www.cyranosbooks.com).

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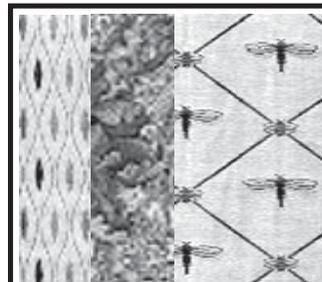
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• **UPCOMING EVENTS** •

**Bel Canto announces surprise addition of baritone John Packard**

With a slight change in scheduling, Bel Canto organizers are pleased to announce the addition of baritone John Packard to the 16th annual Bel Canto recital. A prominent contemporary performer, he has been characterized as a charismatic young "rich-voiced" baritone.

In his recent debut as **Rigoletto**, Opera Magazine said, "...a superb Verdi baritone in John Packard - a seamless voice, with character and a gleaming upper register. There are surely big things ahead for him."

Growing up in Elmhurst, Ill., and later Allentown, Pa., he said he it never occurred to him he would be a singer. "Growing up I sang in church choir and boys' choir," he said in an interview for OperaWeb magazine. "Opera wasn't thrust upon me, it just kind of happened in college. I didn't think of singing as a career until my junior year in college. Some people heard me and encouraged me to take lessons and I really got into it. I had practiced instruments before and had enjoyed it, but never realized how thrilling it was to sing."

Packard's repertoire covers roles from all the classic bel canto composers of the 19th century - including Rossini, Donizetti and Bellini - follows the golden age of Verdi and rounds out with contemporary French composers including Puccini and Strauss.

Known most for his contemporary roles, he first won acclaim with his creation of the modern role of Joe deRocher in Jake Heggie's *Dead Man Walking*, a debut performance he made during the 2000-01 season in San Francisco. The part, he claimed in the OperaWeb interview, was satisfying for the emotional pull it had on the audience.

"Sure, it's satisfying to sing a wonderful aria and get a big ovation," he said of a role like Rodrigo in Verdi's *Don Carlo*. "But, to see people with tear-stained cheeks, as they were after *Dead Man Walking* is somehow more satisfying."

The role quickly propelled him into the spotlight, becoming a favorite with San Francisco, Baltimore and New York operas.

Packard made his New York City debut as Marcello in *La Bohème*. He also toured twice with the company both Marcello and as Figaro in *Il Barbiere di Siviglia*. At the Dallas Opera and the Greater Buffalo Opera he portrayed Sharpless in *Madama Butterfly*.

Again, as Sharpless he made his Italian debut with the prestigious La Fenice in Venice.

His first European performance, however, took place in Paris with as Silvio in a concert performance of *I Pagliacci*, under the baton of Antonello Allemandi. He added Valentin in *Faust* to his repertoire in a new David Alden production at the Wiener Volksooper. He made his initial appearances in Israel with the New Israeli Opera in a production directed by



**John Packard**

Franco Zeffirelli. In Israel, Packard also sang his first performances of *Carmina Burana* with the Haifa Symphony.

Packard has been the recipient of the Robert Jacobson Grant from the Richard Tucker Foundation, and he has been a winner of the Puccini, MacAllister, Loren Zachary, and Liederkrantz competitions.

Bringing this star of the contemporary opera to the stage in Highlands will be a new joy to opera lovers both young and old. Pairing him against tenor Roy Cornelius Smith, who comes to Highlands for the second time, will be a one-of-a-kind experience to all in attendance.

The recital this year falls under the direction of the artful Stella Zambalis in her new role as artistic director. Zambalis, herself a soprano of unparalleled delight, is no stranger the Highlands stage. All three will be working with the musical accompaniment of pianist Stephen Dubberly.

The event will take place Sept. 7 at the Martin Lipscomb Performing Arts Center and will be followed by a dinner at Highlands Country Club. Tickets are \$150 and proceeds benefit both the Highlands School and the permanent collection of The Bascom. For more information, call 526-9047 or writ P.O. Box 2392, Highlands, NC, 28741.

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## • UPCOMING EVENTS •

- Award-winning storyteller Regina Ress will be at the Hudson Library for an evening storytelling session at 6 p.m. This will be a family event, suitable for children and their parents. Scheduled program is "The Emperor's New Clothes and Other Tales."

- At Scudders Gallery on Main Street in Highlands, an auction of a Remington Bronze entitled "The Bronx Buster" at 9:30 p.m., the public is encouraged to turn out. Proceeds of the auction will go to the Highlands/Cashiers Hospital.

- At CLE, The Joy of Baking with Martha Porter 10-2. Cost is \$40 for members, \$50 for non members. Please call 526-8811 to register

- RELAY FOR LIFE BENEFIT at the Highlands Recreation Center, 5:30 p.m. — until it's gone! BBQ Dinner. \$6 adults, \$4 kids 10 and under. Take Out Available from 6:30-8:30 p.m. Bingo! Cake Walk! Raffles! Prizes! Sponsored by Highlands Cashiers Hospital Team HCH Co-Workers for the Cure. Call 526-1424 for more information

- "A Biblical View of Hope" - Non-denominational fellowship and bible study, Friday at the Highlands Civic Center at the picnic tables by the playground at 6 p.m. Bring a dish to share, a Bible, and a lawn chair.

### Saturday, Aug. 16

- At High Country Cafe on the Cashiers Road, The Just for You Relay for Life teams grand finale of 2008 Mountain Music Concerts will be held on Saturday evening from 5-9 p.m. Owner June Webb is prepar-

• See EVENTS page 28

## Every Friday & Saturday through August it's 'Clarence Darrow' at Instant Theater Company

David Milford as Clarence Darrow played to sold out houses last weekend. One enthusiastic audience member, Highlands Psychologist, Dr. Carol Light wrote "Clarence Darrow is a "DON'T MISS" event.

"The play itself is very informative about a time in history that bears similarity to issues we struggle with in our current lives. Darrow's career reflects his attempts to preserve freedom to protest abuses of power, a commitment to defeat the death penalty as a barbaric practice, and protection of freedom of speech. David Milford, playing Darrow, is exceptional. His one man performance holds audience interest and evokes a range of feelings not often experienced in theater. His acting is masterful, combining excellent timing, wonderful non-verbal expressiveness and powerful delivery of well-written lines.

"Only an actor of David Milford's caliber, only a director of Madeleine Davis's sensitivity, and a theater company with the scope of the Instant Theatre Company could pull this off. Clarence Darrow by David W. Rintels is a serious, funny, touching and spirited portrait of an American legend. We sat there rapt. No defectors at intermission. You don't experience a performance like this all that often in New York, Chicago or Seat-



David Milford as Clarence Darrow held over at the ITC's Studio on Main.

tle. And there we were a full house full of the humanity it takes great skill and art to convey." raved Thomas Meyer, Jargon Society, Highlands.

Clarence Darrow is playing every Friday and Saturday night through August in The Instant Theatre Company's Studio on

Main, 310 Main Street Oak Square in Highlands. Tickets are \$20 in advance, \$25 at the door. Call the ITC box office for reservations at 828-342-9197. All performances are at 8 p.m Visit [www.instanttheatre.org](http://www.instanttheatre.org) for all ITC events.

## POLICE , FIRE & SHERIFF LOGS

The following is the Highlands Police Dept. log entries for Aug. 6-1. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

### Aug. 6

- At 4:25 p.m., Cody Morgan Charles, 19, of Franklin, was arrested for possession of drugs and drug paraphernalia when he was stopped for speeding on Fourth Street.

- At 7 p.m., officers responded to a two-car accident on Biscuit Road

### Aug. 7

- At 8:15 a.m., Fressers Eatery reported a breaking and entering and \$218 missing.

- At 8:50 a.m., officers responded to a one-vehicle accident on Laurel Street.

- At 12:35 p.m., C.K. Swan requested assistance when a man wouldn't leave the store.

- At 4:56 p.m., an open door was reported at a residence on Hummingbird Lane. After inspection, officers secured the house.

### Aug. 8

- During a traffic check at N.C. 28 and Cherokee Drive, between 7:30 a.m. and 8:30 a.m., six motorists were cited for various infractions including driving without a license, driving without registration or driving with an

expired registration.

- Highlands Police responded to a call for service when a man on Oak Street was served a summons.

### Aug. 10

- At 1:10 p.m., a motorist at N.C. 106 and Main was cited for driving without a license.

- At 11:10 p.m., Tracy Maury, 41, of Palm Beach, FL, was cited for speeding 41 mph in a 20 zone at Main and Third streets and arrested for DWI

### Aug. 11

- At 8:30 a.m., the larceny of a computer and computer hardware valued at \$500 was reported missing from Gates Nursery on at Cherokee Drive and N.C. 28.

- At 6 p.m., a resident on Sequoyah Drive reported a boat valued at \$200 missing.

- At 9:15 a.m., injury to real property was reported in the public restrooms where the stall walls were spray painted.

During the week, officers issued 7 warning tickets and responded to 5 alarm activations.

The following is the Highlands Fire & Rescue Dept. log entries for the week of

### Aug. 6-13

#### Aug. 8

- The dept. responded to an vehicle accident on N.C. 28 south. No one was injured. The dept. helped with traffic control.

- The dept. was first-responders to assist EMS with a medical call at a residence on Sky Lake Drive. The victim was transported to the hospital.

#### Aug. 9

- The dept. responded to a call of a possible brush fire in the vicinity of Old Orchard Road but the smoke was due to smoke from a previous fire on Rich Gap Road that was attended to by USFS.

- The dept. responded to a vehicle accident at U.S. 64 east and The Meadows where a vehicle turned over. The driver was transported to the hospital.

#### Aug. 10

- The dept. was first-responders to assist EMS with a medical call at a residence on Holt Road. There was no transport.

#### Aug. 11

- The dept. was first-responders to assist EMS with a medical call at a residence on Big View Drive where the resident had fallen. She was assisted but there was no transport

to the hospital.

- The dept. provided mutual aid to the Satolah, GA, fire and rescue dept. when it responded to a structure fire on War Woman Road in Rabun County. Highlands stood by at their station.

- **Note:** On Wednesday salvage rights for the uninsured plane wreckage discovered July 30, was given to Billy Hawkins, of Highlands. He began removing parts of the downed plane from the site on Clear Creek Road, Wed., Aug. 13, including removal of the second engine which was found in Clear Creek. See story in the July 31 issue of Highlands' Newspaper.

The following is the Macon County Sheriff Dept. log entries for July 1-Aug. 8.

### July 1

- At 9:10 a.m., deputies responded to the call of larceny of tools from a residence on Lyman Zachary Road.

### July 24

- At 2 p.m., identity theft with a credit card reported at Highlands Storage.

### Aug. 8

- At 2 p.m., Rex Miller, of Highlands was arrested for trespassing and released on an unsecured bond.

## • UPCOMING EVENTS •

ing a spaghetti dinner with tossed salad, garlic bread, cookie and beverage for just \$7. Her brother Johnnys band—The JW Band—will perform country and gospel music. The Relay Team will feature over 25 auction items during the evening. Additionally, the Aug. 22 raffle items will be on display. Tickets may be purchased for \$1 or 6/\$5 as donations to the American Cancer Society.

- A Fundamentals Basketball Camp will be held Saturday, at the Highlands Civic Center. Boys and girls ages 7-9 years old will work on fundamentals and learning the game of basketball from 10:30 a.m.-12:30 p.m. Boys and girls ages 10-12 years old are invited to come participate from 1:30-3:30 p.m. Cost is \$20, coordinated by Michelle and Jesse Munger. For more information contact Michelle at 342-3551.

- At Cyrano's Bookshop, Jane Gibson Nardy will be at Cyrano's Bookshop from 2-4 p.m. on Saturday to autograph her new book, "Historic Tales of Cashiers, North Carolina."

- "High Tea, Mountain Style" will be offered by The Bascom from 1 to 4 p.m. To register or for more information, call (828) 526-4949 or visit [www.thebascom.org](http://www.thebascom.org).

### Sat.-Sun., Aug. 16-17

- The Sapphire Valley Art Expo in the Sapphire Community Center. Show hours are 10-4.

### Sunday, Aug. 17

- Internationally known organist Gerre Hancock, one of American's most highly acclaimed concert organists and choral directors will present a recital on the pipe organ at Highlands First Presbyterian Church at 4 p.m. The concert is free and open to the public.

- The Nantahala Hiking Club will take a 1.5 mile easy hike to Big Laurel Falls in the Standing Indian area. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2 p.m. Drive 40 miles round trip. Bring a drink, a snack if you wish and wear sturdy com-

## Interlude Concert at First Presbyterian is Aug. 20

At 2 p.m. on Wednesday, Aug. 20, First Presbyterian Church's Summer Concert Series will feature Stell Huie, baritone, accompanied by Angie Jenkins at the piano.

The concert will consist of Broadway show tunes and other popular songs including "On the Street Where You Live," from *My Fair Lady*, "This Nearly Was Mine" from *South Pacific*, "If Ever I Would Leave You," from *Camelot*, "There But For You Do I" from *Brigadoon* and Cole Porter's "In the Still of the Night." Also included will be "Deep River," Yarmouth Fair, "All the Ting You Are," and "God Bless America."

Also featured will be Larry Black, trum-



Larry Black



Angie Jenkins and Stell Huie

pet, formerly with the Atlanta Symphony Orchestra. Black will join Ms. Jenkins at the church's magnificent pipe organ in a rousing rendition of "Le Dream" by Charpentier.

### Tuesday, Aug. 19

- The Hudson Library is hosting a presentation by retired Miami homicide detective Marshall Frank about his memoir, "From Violins to Violence." 2 pm, FREE. For more information, 526-3031.

- The popular free lecture series, "Take Charge of Your Health," presented by Dr. Jim Johnson and Dr. Sue Aery of Cashiers-

Highlands Chiropractic and Acupuncture continues at the Hudson Library with a presentation on Back Pain. FREE, 6-7 p.m. For more information, 526-3031

### Wed.-Fri., Aug. 20-22

- At The Bascom, art classes with Cherry Cratty from 10 a.m. to 4 p.m. "Pulp Painting featuring Roy the Rooster currently on display in the entrance to The Bascom at the Hudson Library. Learn how to create rich, textural paintings with pigment and paper. To register, call 526-4949 ext. #4

### Wednesday, August 20

- The free Interlude concerts presented by the First Presbyterian Church held on Wednesdays at 2 p.m. Dress is casual. Stell Huie, Baritone, Angie Jenkins, Piano.

- Literacy Council Gala, at PAC featuring HCP's production of "A Funny Thing Happened on the Way to the Forum." Tickets include the performance, hors d'oeuvres, wine and dessert. Call the Literacy Council at 828-526-9938, ext. 240 for reservations.

- Service of Blessing for the school year at 3 p.m. at the Highlands United Methodist Church. The service includes all students in Highlands area: Highlands, Summit, home school students, and Rabun Gap. Parents and the community are also invited. It is sponsored by the Faith Community of Highlands

### Thurs.-Sun., Aug. 21-24

- HCP presents "A Funny Thing Happened on the Way to the Forum," at PAC. 7:30 evenings, 2:30 p.m. Sunday matinee. For tickets call 828-526-8084.

### Thurs.-Sat., Aug. 21-23

- At Instant Theatre at 8 p.m., "Second Lady." A remarkable award winning play about a fictional political wife who has mislaid her prepared remarks and must draw on her experiences and recollections to fulfill a speaking engagement on behalf of her husband. Tickets: \$20.

### Thursday, August 21

- An Italian Experience Wine Dinner at

• See EVENTS page 29

## • CLASSIFIEDS •

Free Classified Ads for items FOR SALE less than \$1,000.

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20 words for \$5; \$2 for each 10-word increment.

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Send check to:  
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P.O. Box 2703  
Highlands, NC 28741  
828-526-0782

### HELP WANTED

**HIGHLANDS UNITED METHODIST CHURCH** is actively seeking a responsible and energetic individual to fill the full-time position of Director of Children and Youth Ministries. Bachelor's degree or five years related experience required. Send resumes to HUMC, P.O. Box 1959, Highlands, NC 28741. Attn: Scott Roddy or email inquires and resumes to [humcsc@dnet.net](mailto:humcsc@dnet.net).

**FULL-TIME (SEASONAL) DRIVING RANGE ATTENDANT** needed at Highlands Country Club. \$10 per hour.

Contact Pat Tomlinson @ 526-3771. 8/14

**HIGHLANDS FALLS COUNTRY CLUB** - full or part-time golf cart staff needed. Call Allen at 526-2189. Accepting applications Tues.-Fri, 10 a.m. to 2

p.m. for servers and busers. \$9-10 per hour. Call 526-4118.

**ASSISTANT MANAGER** - for Ladies boutique in Highlands. Experience preferred. Call 526-8555.

**PART-TIME CLEANERS NEEDED TO CLEAN BANKS** - in Highlands area. Call Linda at 828-691-6353.

**HIGHLANDS INN AND KELSEY PLACE RESTAURANT** now hiring Lunch Servers. Apply in person at 420 Main Street or call for an interview. 526-9380.

**SOUS CHEF** - Experience required. Full time position available. Team player. Call 787-2200.

**SCALY MOUNTAIN OUTDOOR CENTER** - Now hiring, cooks, dishwashers, wait staff and general help. Call Brenda at 526-1663.

**RESPIRATORY THERAPIST:** at Highlands-

Cashiers Hospital. Part time and PRN positions available. Responsibilities include taking call and being able to respond within 20 minutes. Also must be able to intubate a patient. Current registration or certification in North Carolina, along with a current BLS and/or ACLS required. Experience with rehabilitation and disease prevention preferred. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**SCRUB TECH** at Highlands-Cashiers Hospital. Full time position available. Assists surgeon during operative and invasive procedures. Operating Room Technician and BCLS certifications are required. Minimum of one year of work experience in the Operating Room is preferred. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering

## • UPCOMING EVENTS •

OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

• In the 2007 movie "Elizabeth: The Golden Age," Cate Blanchett plays the queen in this exploration of her relationship with Sir Walter Raleigh. The free movies are usually shown in the Library Meeting Room at 7 p.m. Donations are appreciated.

• Republicans in Jackson, Macon and

Swain Counties are invited to a breakfast event at 7:30 a.m. on Thursday, at the Jarrett House in Dillsboro. The breakfast is being organized by the Jackson County Republican Organization to welcome Representative Paul Stamm, North Carolina State House Minority Leader, to Western North Carolina. Representative Stamm will

• See EVENTS page 30

Sponsored in part by Wits End  
**THE HIGHLANDS CASHIERS PLAYERS**  
 present  
**THE TONY AWARD WINNING MUSICAL COMEDY...**

**A Funny Thing Happened on the Way to the Forum**

Music/Lyrics by Stephen Sondheim  
 Directed by Ronnie Spilton  
 Musical Director - Robert Ray  
 Choreography by Katie Cochran

Martin Lipscomb Performing Arts Center  
 507 Chestnut Street, Highlands, NC

**August 21-24 / August 27-30**

Evenings at 7:30 p.m.  
 Sunday Matinees 2:30 p.m.

Presented through Special Arrangement with Music Theatre International

For Tickets Call: **828-526-8084**

**HCP**  
 HIGHLANDS/CASHIERS  
[www.highlandscommunityplayers.org](http://www.highlandscommunityplayers.org)



## Back by Popular Demand ...

Highlands Playhouse presents  
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# "One Voice"

Aug. 14-31

For tickets, call  
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Featuring songs by  
 Judy Garland,  
 Karen  
 Carpenter  
 and of  
 course,  
 Patsy Cline!



Opening  
 night  
 Thurs.,  
 Aug. 14

## • CLASSIFIEDS •

part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**FOOD SERVICE MANAGER** needed at Highlands-Cashiers Hospital. Full-time position. At least two years experience in institutional/food service environment with knowledge of therapeutic diets, food safety and sanitation guidelines needed. Experience with purchasing and inventory preferred. Must be a self-starter with strong organizational and managerial skills. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. Pre-employment substance screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**CNA OR CNA II** at Highlands-Cashiers Hospi-

tal. Full-time positions available for ER, Acute Care and Hospice. Self starter with experience preferred. Our wage scale is \$11 to \$14.40 per hour, and you also receive shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. Pre-employment substance screening. Call Human Resources, 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**COOK AND DIETARY AIDE** at Highlands-Cashiers Hospital. Various shifts and days available. Must be able to work weekends and be able to read and speak English. Salary depends on experience. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at

[www.hchospital.org](http://www.hchospital.org).

**RNS** at Highlands-Cashiers Hospital and Fidelia Eckerd Living Center. Full, Part-time and PRN positions available for 12 hour day and night shifts. Excellent wage scale, with shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

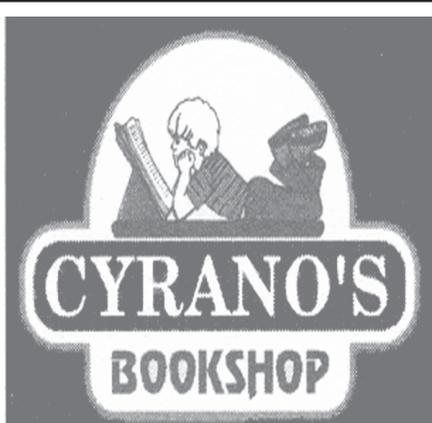
**DIRECTOR OF NURSING** is needed in the beautiful mountains of Western North Carolina. Experienced nurse leader for a 24-bed Critical Access Hospital, responsible for managing a budget, quality of patient care, customer satisfaction, and the oversight of

management for the Acute Care Unit (Med/Surg), ER, OR, PACU and GI Lab, Hospice, and Cardio-Pulmonary. Must be able to provide leadership for managers and staff, and conduct recruitment and retention activities. Masters degree with a background in nursing leadership required. This position reports directly to the CEO/President of Highlands-Cashiers Hospital, working closely with the QA Nurse Manager and the VP of Operations. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**CNA OR CNA II** at Fidelia Eckerd Living Center. Full-time, positions for night shifts. Our wage scale is \$11.00 to \$14.40 per hour, and you also receive

• See CLASSIFIEDS page 30

## • UPCOMING EVENTS •



390 Main Street • 526-5488  
www.cyranosbooks.com

### Upcoming Book Signings

#### **Saturday, August 16**

2-4 p.m.

Jane Nardy

"The Historic Tales of Cashiers"

#### **Saturday, August 23**

1-3 p.m.

Chester Campbell

"The Marathon Murders"

#### **Thursday, September 4**

1-3 p.m.

Susan Wilson

"Come to the Table" cookbook

#### **Saturday, September 6**

2-4 p.m.

Rod Andrew

"Wade Hampton"

#### **Saturday & Sunday, Oct. 10-11**

TBA

Philippa Gregory

"The Other Queen"

&

Ron Rash's "Serena."

address the group with an update on the legislature's 2008 session and the legislative agenda in 2009. For additional information and reservations call Republican Headquarters at 828-586-3634 or visit the Jackson County Republican Organization website at [www.jacksoncountygop.com](http://www.jacksoncountygop.com).

• Meet the Teachers Open House at Highlands School from 4-6 p.m.

#### **Friday-Sunday, Aug. 22-24**

• At Acorn's on Main Street, a Dweck Jewelry Trunk Show. Unique jewelry- bold, colorful, yet worldly.

#### **Fri. & Sat., Aug. 22-23**

• At ITC, "Clarence Darrow" starring David Milford at 8 p.m. Call 828-342-9197 for tickets.

• Relay For Life of Mountain Top "Carnival of Hope" at the Cashiers Recreation Ball Fields on 54 Plastic Plant Road in Cashiers, NC from 6 p.m. – 8 a.m. Survivor/Caregiver Laps at 6:30 p.m. Medical Mile to follow. Public Welcome. For more information, visit [www.relayforlife.org](http://www.relayforlife.org), call 828.254.6931 or visit our event website at <http://events.cancer.org/rflmountaintop>.

#### **Saturday, Aug. 23**

• Live music at The Pizza Place on Main Street featuring "Home Remedy" at 7 p.m. until? Now serving beer and wine. Free Admission.

• The Nantahala Hiking Club will take a 4 mile moderate hike to the Devil's Courthouse on Whiteside Mountain, with an elevation change of 700 feet. Meet at Whiteside Mountain Parking lot off Hwy. 64 between Highlands and Cashiers at 9:30 am. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20; reservations are required. Call leader Jim Whitehurst, 526-8134, for reservations or more information. Visitors are welcome, but no pets please.

• At Cyrano's Book Shop on Main Street, Chester Campbell will sign "The Marathon Murders" from 1-3 p.m.

• "Contemporary Folk Art" exhibition opens at The Bascom with a free public

reception from 5 to 7 p.m. The exhibition continues through Sept. 18 Tuesdays through Saturdays from 10 a.m. to 4 p.m. For more information, call (828) 526-4949 or visit [www.thebascom.org](http://www.thebascom.org).

• Pancake breakfast presented by the Scaly Mountain Women's Club at the Scaly Mountain Community Center on NC Hwy 106 and Buck Knob Road. For more information contact: Jan DeJong, Chairman at 526-0370.

• A trunk show at R.E.A.C.H. Karen Odgers, a jewelry designer, will hold a trunk show at the Treasures within R.E.A.C.H. shop, at 111 Heritage Hollow Lane, on Saturday from 11 am till 3 pm. Ms Odgers, a resident of Franklin, is a native of North Carolina, who has studied graphic design and has been designing jewelry since she was a teen. Her passion for jewelry design began as a child with "found objects" and has evolved into the "Funky Elegant" look she creates today. For the past 20 years she has made "one-of-a-kind" jewelry for women who like creative jewelry. She markets an earring line on handmade collaged cards to retailers across North Carolina. R.E.A.C.H. of Macon County is a private, community based non-profit agency serving victims of family violence and sexual assault. For further information please call 828-524-3220.

#### **Sunday, Aug. 24**

• Violin prodigy Ben Beilman, will perform at the Highlands Episcopal Church of the Incarnation at 5 p.m. The concert is free and open to the public.

#### **Monday, August 25**

• First day of school at Highlands School.

• Wine Dinner at Wolfgang's Bistro. Oakville Ranch Vineyards, "Traveling Wine Diva," Paula KornellPart of the fun of this dinner is Paula herself and her positively wonderful personality that reminds you how wine dinners can be very enjoyable and not pretentious. Chef Wolfgang and Chef David have fun with this dinner as well, because

they know her wines so well. To make reservations, please call Wolfgang's at 828.526.3807 or visit our web site at [www.wolfgang.net](http://www.wolfgang.net).

• The Town Scholarship Golf Tournament at Cullasaja Club.

• At CLE, Animal Rights and Animal Wrongs: Biomedical Research. Please call 526-8811 to register.

• At CLE, Mid Course Correction: An Environmentalist's Journey. Please call 526-8811 to register.

#### **Beginning Tuesday, Aug. 26**

• At Health Tracks at the hospital, "Freedom from Smoking" classes. The round of eight classes, taught by a certified instructor, is free. Space is limited, so those interested should call as soon as possible to register. For more information or to register, call Health Tracks at 526-1FIT (526-1348)

• At CLE, Short Story Masters of America's Genre (series). Please call 526-8811 to register.

#### **Tues.-Fri., Aug. 26-29**

• At The Bascom, watercolor classes with Herbie Rose from 10 a.m. to 4 p.m. Bring paper and paint. To register, call 526-4949, ext. #4.

#### **Wed.-Sun., Aug. 27-30**

• HCP presents "A Funny Thing Happened on the Way to the Forum," at PAC. 7:30 evenings, 2:30 p.m. Sunday matinee. For tickets call 828-526-8084.

#### **Wednesday, August 27**

• The Village Nature Series is a free summertime lecture series co-hosted by Highlands-Cashiers Land Trust & Village Green. "The Making of the Mountains" with Steve Yurkovich. Everyone is welcome. Lectures are held at the Albert Carlton Library in Cashiers. Lectures begin at 6:30 p.m. Refreshments follow. There is no charge but donations are graciously accepted. Call HCLT for info: 526.1111.

• "Evening at Lakeside" restaurant to benefit the Audubon Society. Mention the organization and 15% will be donated.

#### **Thurs.-Sat., Aug. 28-30**

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shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. PRN positions are also available with Hospice. Pre-employment substance screening. Call Human Resources, 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

#### **WORK WANTED**

**PROFESSIONALLY TRAINED CHEF** – with 15 years experience in 4 and 5 star restaurants available to prepare custom menus for you and your family. Your kitchen or mine. Will travel for specialty/organic ingredients. Long-term/year around or special event catering available. Special dietary needs accommodated. Please call 743-0649 or email [eleanorcrowe@aol.com](mailto:eleanorcrowe@aol.com) for consultation or questions.

**LOOKING FOR A HOUSEKEEPER?** – Call Dora at 828-200-1038. References available.

**STUDENT ARTIST** – I am an art student interested in painting portraits. Call Ms. Diaz at 828-200-1038

#### **FOUND**

**A CAT** – Buck Creek Road/Cole Mountain Area. Small male, gray-striped/white. Call 526-2252.

**A RING** – At Sliding Rock Falls in Whiteside Cove. Call Steve at 743-5470.

**CANOE FOUND IN MIRROR LAKE.** Call 828-506-0308 for details.

#### **RETAIL SPACE FOR RENT**

**COMMERCIAL FOR RENT** — Storage warehouse, Highlands Meadows. 1,000 sq. ft. Call 526-4154. 8/28

**2,000 SQ. FT. + OR -**, 399 Main Street, Highlands, rear of building. Call 526-4154. 8/28

**COMMERCIAL RETAIL OR OFFICE SPACE** – Falls on Main. Only one unit. Upstairs. Available July 1. 1,200 sq. ft. Call 706-782-6252.

**UNIQUE COMMERCIAL OPPORTUNITY** on Main St Highlands. 800 sq ft retail/office space just in time for the season. Space includes bath & kitchen. Call for details 526-3363.

**PRIME OFFICE SPACE FOR RENT** — 800 sq. ft., air-conditioned, heated, plenty of parking. Call 526-5673.

**IN-TOWN COMMERCIAL SPACE WITH**

• See CLASSIFIEDS page 32

## • UPCOMING EVENTS •

• At Instant Theatre at 8 p.m., "Second Lady." A remarkable award winning play about a fictional political wife who has mislaid her prepared remarks and must draw on her experiences and recollections to fulfill a speaking engagement on behalf of her

husband. Tickets: \$20.

**Thursday-Tuesday, Aug. 28-Sept. 2**

• At Acorn's on Main Street, a Coralia Leets Designs Trunk Show. Distinctive jewelry with precious and semi-precious stones, gems and pearls set in 14k and

18k gold.

**Thursday, Aug. 28**

• In the 2006 movie "The Queen," Helen Mirren won the Oscar for her performance as Queen Elizabeth II as she struggled with the events after Princess Diana's death. The

free movies are usually shown in the Library Meeting Room at 7 p.m. Donations are appreciated.

• The Bascom will host an "Animals in Folk Art" Lecture by expert Wendy Lavitt at

• See EVENTS page 32

## • ANTIQUES & FURNITURE •

# Chintz & Company

**NEW THIS SEASON!**

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## • UPCOMING EVENTS •

7 p.m. at the art center, inside the Hudson Library in Highlands. The lecture is free to Bascom members. To become a member, call (828) 526-4949 or visit [www.thebascom.org](http://www.thebascom.org).

### Fri. & Sat., Aug. 29-30

• At ITC, "Clarence Darrow" starring David Milford at 8 p.m. Call 828-342-9197 for tickets.

### Friday-Monday, Aug. 29-Sept. 1

• At Acorn's on Main Street, a Nina McLemore Clothing Trunk Show. Clothing designed by a woman with fashion and business expertise, for smart, confident wom-

en on the go.

### Sunday, Aug. 31

• The Nantahala Hiking Club will take a 1-mile easy-to-moderate hike on the Rufus Morgan Trail with a pretty waterfall and a couple of short climbs along the way. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2:00 p.m. Drive 24 miles round trip. Bring a drink, a snack if you wish and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Kay Coriell, 369-6820, for reservations.

• Refuge Youth of Cullasaja Assembly

of God will be doing a Human Video, Praise and worship, and Youth Ministers Matt and Candace Woodroof will be giving a special message at 10:50 a.m. service at 6201 Highlands Rd. next to Exxon. You may call us at 828-369-7540, or check out our website at [www.cullasajaag.org](http://www.cullasajaag.org). Come and support our youth. See you there!

### Wed. & Thurs., Sept. 3-4

• At CLE, Elderhood: A New Vision of Aging. Please call 526-8811 to register.

### Wednesday, Sept. 3

• "Evening at Lakeside" restaurant to benefit the Highlands Plateau Greenway. Mention the organization and 15% will be donated.

### Thursday, Sept. 4

• At Cyrano's Book Shop on Main Street, Susan Wilson will sign "Come to the Table" a cookbook from 1-3 p.m.

### Friday, Sept 5

• Spectacular Songbirds: Handel, Schubert and Chopin. Please call 526-8811 to register.

### Saturday, Sept. 6

• Coming Soon to a Blank Canvas Near You. The Highlands Mountaintop Rotary Quickdraw is at 5:30 p.m. at Peregrine's Restaurant at Highlands Cove. The Highlands Mountaintop Rotary Quickdraw is an exciting event where local and regional artists will race the clock and complete a piece of artwork in two hours. The spectator has a chance to see the art being created from start to finish and interact with the artist as they make choices and compose the piece of work. Immediately following the Quickdraw, the pieces that were completed during the two hour time period will be auctioned off. All proceeds from the auction will be used by the Highlands Mountaintop Rotary to fund Rotary projects in the Highlands-Cashiers area. Tickets are \$35, which includes an hors d' oeuvres buffet, the Quickdraw and silent auction, and the live auction. A cash bar will be available. For more information or to purchase tickets please call 828-421-2548, e-mail

[mntnquickdraw@aol.com](mailto:mntnquickdraw@aol.com)

### Sunday, Sept. 7

• Christ Anglican Church of Highlands/Cashiers and Community Bible Church series of concerts, Sundays at CBC at 2:30. Love offerings will be given to noted agencies. The Mountain Chamber Players – chamber music involving a variety of instruments and voices – benefiting The Community Care Clinic.

### Wed., Sept 10

• At CLE, Interior Design 101: Accessorizing your home. Please call 526-8811 to register.

## Sapphire Valley Fine Art Expo is Aug. 16-17



"Spring Trees" by Kathie Blozan is one of the many original paintings that will be exhibited this Saturday and Sunday at the Sapphire Valley Art Expo in the Sapphire Community Center. Show hours are 10-4.

## Pipe Organ concert Aug. 17 at First Presbyterian Church



On Sunday, Aug. 17, First Presbyterian Church of Highlands will host a recital on its Wicks Pipe Organ which was dedicated in 2004. The event, which begins at 4 p.m., will feature Gerre Hancock, one of America's most highly acclaimed organists and choral directors.

Dr. Hancock's artistry has been acclaimed nationally and internationally. The concert is free and the public is invited to attend. The church is located at 471 Main Street.

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**RETAIL/OFFICE SPACE** - 800 - 3,000 Sq Ft. Located in Highlands Plaza. Entrances on Hwy. 28 & 106. Great Visibility. High Traffic. Abundant Parking. Reasonable Terms. Best location in town. Call 864-630-0808 for info.

### FREE DOG

**MOVING.** 5-yr-old Jack Russell Terrier looking for a loving home. Call 828-200-9842.

### LOST

**YELLOW CAT** - No tail. From Rocky Hill/Raoul Road area. "April Mae" If seen please call 526-0991

### RESIDENTIAL FOR TRADE OR SALE

**HILTON HEAD, SC, BUILDING LOT FOR TRADE OR SALE.** Enjoy breathtaking views of marsh and beyond to deep water. Watch the shrimp boats pass by! Located on a quiet cul-d-sac, in a new gated community. Community dock, stables nearby, short drive to beach. \$299,000 sale or trade up or down for local home or villa. Owner SCREA. Call John at 843-301-5640. 8/21

### RESIDENTIAL FOR RENT

**GREAT CONDO AT VZ TOP.** This 3 bedroom/3 bath flat has been updated and features new stainless steel appliances in the kitchen. The walls have also been updated and there is new flooring and new bathroom tile. The greatroom has a stone faced fireplace and opens onto a wonderful covered deck with exceptional long mountain views. Great buy, just reduced to \$312,500 fully furnished. Call Meadows Mountain Realty at 828-526-1717 to see.

**COMMERCIAL OR RESIDENTIAL, OR COMBINED USE,** zoned B-4. Retail or office. Three-bedroom older home, pine paneling, hardwood floors near new Bascom Gallery. \$1350/month includes some utilities. Details, 526-5558.

### DAYLIGHT 1 BED/1 BATH BASEMENT

## • UPCOMING EVENTS •

### Thursday, Sept. 11

- A Krupp Brothers Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.
- At Highlands School, first PTO meeting at 6 p.m.
- At Highlands School, Book Fair from 5-6 p.m.

### Friday-Sunday, Sept. 12-14

- At Acorn's on Main Street, a Planet Clothing Trunk Show. Contemporary clothing with a distinctive Oriental flair.

### Saturday, Sept. 13

- At Instant Theatre at 8 p.m., Steve Gillette & Cindy Mangsen in Concert. Steve Gillette is a legendary folk songwriter, guitarist and singer. His wife Cindy Mangsen sings with a rare voice that radiates smoke and crystal. Together they create magical music. Tickets: \$25.

### Monday, Sept 15

- At CLE, Digital Photography- Put Pizzazz in your Fall Photos. Please call 526-8811 to register.
- At Highlands School, Elementary School Parent Night from 5-6 p.m.; Middle School Parent Night from 5:30-6:30 p.m.; High School Parent Night from 6-7 p.m.

### Wed.-Sat., Sept. 17- 20

- At Instant Theatre on Main Street at 8 p.m., "2000 Year Old Man." An hilariously, side-splitting interview with a 2000 year old man, written and first performed by the famed Mel Brooks and Carl Reiner. Tickets: \$20

### Wed., Sept. 17

- "Evening at Lakeside" restaurant to benefit the Highlands Community Child Development Center. Mention the organization and 15% will be donated.

### Beginning Thursday, Sept. 18

- Collections for men and women overseas at Chestnut Hill Retirement community. A wide variety of items currently are needed, including books and magazines, CDs and DVDs, and small pocket books, which fit neatly in the BDUs

• See EVENTS page 34

## High Country Cafe site of 'Relay for Life' fundraiser on Aug. 16

The Just for You Relay for Life team's grand finale of 2008 Mountain Music Concerts will be held on Saturday evening, August 16, from 5-9 p.m. at High Country Café on Cashiers road, Highway 64 E. Owner June Webb is preparing a spaghetti dinner with tossed salad, garlic bread, cookie and beverage for just \$7. Her brother Johnny's band—The JW Band—will perform country and gospel music. The Relay Team will feature over 25 auction items during the evening. Additionally, the Aug. 22 raffle items will be on display. Tickets may be purchased for \$1 or 6/\$5 as donations to the American Cancer Society.

For the past four years June and Johnny have teamed up to offer this evening as a memorial to their father, Richard Webb, who was a victim of cancer. This year, in addition to remembering Richard, the Relay team is honoring the memory of June's daughter, Cyndi McCall. Cyndi was not a cancer victim, but rather died tragically in an automobile accident last November. A partner with her mother at the restaurant, Cyndi loved Relay for Life and was an avid supporter. In her memory, numerous luminaries are being purchased at \$10 each to light the path around the Cashiers ball field at the Mountain Top Relay for Life Event on Friday, Aug. 22.

Among the items for the Saturday night auction are the following: a ladies' pocketbook from Mountainique; onyx earrings from Rarities; a carpet steamer; Bell, framed art by Hubert Shuptrine; wool throw from Bound's Cave; an oil painting from Ann Jacob's Gallery; framed butterfly art from Cashiers Trading Post and Taxidermy; a Mary Thompson caramel cake; a sterling HOPE bracelet; 2 hand-carved bowls, one hickory, one cucumber; framed mountain art with poem from Mountain Heritage; a burgundy full/queen duvet; a framed Shuptrine Christmas card print; Rwanda, copper art from Rarities; a 2008-09 Highlands School sports pass; wrought iron patio décor; Golden Clipper jewelry; \$100 gift certificate to Lakeside Restaurant; Hot Chocolate Maker from Peak Experience; 3 certificates from Kilwin's ice cream for 2; a lead crystal bowl, and two carpets.

This very exciting evening is planned by Just for You: cancer survivors, strugglers, succumbed, servants, and spared.

Tables at the restaurant may be reserved for the evening by calling June at 526-0572. Every dollar donated during the evening will be given to The American Cancer Society for local services, research, education and advocacy.



Seven-year-old Bert Zachary purchased tickets for Stanley tools at last year's High Country Café raffle. Bert plans to purchase more tickets at Saturday night's Mountain Music Concert at his Nana's restaurant where his Uncle Johnny will play and sing with The JW Band. Bert has already purchased his lucky raffle tickets to Reeves Hardware this year. The drawing will be held at 8:45 p.m. on Friday, Aug. 22 in Cashiers.

## • CLASSIFIEDS •

**APARTMENT FOR RENT**— One-year Lease Agreement. Available Now. (3 minutes from Highlands/Cashiers Hospital). Recent Complete Renovation. Fully Furnished, kitchen, dining area, living room, washer/dryer, cable connection, fireplace, \$600 includes water, sewer, electricity, Single Family, References Required, No Pets, No Smoking, Call Jim at 1-770-789-2489.

**IN-TOWN UNFURNISHED ONE BEDROOM APARTMENT** with deck, washer/dryer and garage. New carpet and paint yearly. \$700 per month plus utilities. Call 526-5451.

**3BR, 2BA HOUSE ON LAKE SEQUOYAH.** \$1,500 a month + utilities. Call Tony at 828-332-7830

**LEASE TURTLE POND AREA**— 2 bedroom, 2 1/2 baths, hot tub. 526 2759.

**3BR, 2BA COTTAGE NEAR MIRROR LAKE**

— In town. \$1250 per month. Very clean. 770-977-5692

**THREE BEDROOM HOMES** for annual lease. \$1,500 per month plus utilities. Contact Tucker or Jeanne Chambers, The Chambers Agency, REALTORS. 828-526-3717

**1BED/1BATH** 900 sq.ft. \$825/month includes utilities. \$300 deposit. Unfurnished. Non-smoker preferred. Walking distance to town. (828)526-9494

**ON MIRROR LAKE**— Charming 3 bed, 2 bath. Huge sunroom, stone fireplace, 3 decks, canoe, furnished. Available Nov-May. \$1,500 a month plus utilities. Call 770-435-0678.

**COTTAGE FOR RENT**— 1BR, 1BA in town @ Chestnut Cottages. Private, screen porch, Heat/AC, FP, extra sleeping loft, furnished or unfurnished. 6 month lease - \$750. monthly plus utilities. Call 526-

1684.

### VACATION RENTAL

**DESTIN, FL.**— Ocean Front Penthouse. 3-bed, 2 1/2 baths. 2 King, 2 Twin. View at vrbo.com #165428. for Info call, 850-830- 2950 or 850-837-6887.

**HIGHLANDS COUNTRY CLUB**— Sorry, golf and club privileges not available. \$2,495 a week. Call 912-230-7202.

**THE LODGE ON MIRROR LAKE**— Fish or canoe from deck. Available weekly, monthly, 3-day min. Call 828-342-2302.

### REAL ESTATE FOR SALE

**FOR SALE BY OWNER:** Condo In town, one

block from Main Street. 2 bedroom/2 bathroom. Live year-round if desired. Completely furnished: "Turn-Key." \$400,000. Call 404-316-2981. 9/4

**1,600 SQ. FT. HANDICAPPED ACCESS HOUSE ON 2 ACRES.** 3br/2 large bath w/roll under sinks; elevator, finished basement, w/unfinished workshop area, 2 car carport; new metal roof; native stone fireplace & landscaping; new hardwood floors, new Pella windows. Hi volume well & access to two springs and a fish pond. Bordered by USFS. & creek and Buck Creek Road. \$329,000 Call 828-524-6038.

**LARGE LOTS HIGHLANDS, NC**— These wooded lots are ready for your mountain getaway. Underground power, community well and septic evaluation make these lots a fantastic value. Three 2.8-2.9 acre lots, each available for under \$165,000 Call now

• See CLASSIFIEDS page 34

## • UPCOMING EVENTS •

(Battle Dress Uniforms). Phone cards, lounge pants, grey or black t-shirts, and cards of encouragement are also in great demand. Consumables such as insect repellent, lotions, and other hygiene products must come new, in original packaging. Monetary donations to fund the flat rate APO shipping at \$10.95 per box should be left at the front desk of Chestnut Hill. The drop point for all items will be under the flagpole at the Chestnut Hill Clubhouse on Clubhouse Trail. For any questions, or

to schedule a drop-off, contact Jeremy Duke in our community office at (828) 787-2114.

### Thursday, Sept. 18

- A Miner Vineyards Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

- At CLE, Your Dog's Lifetime Developmental Stages: What's to Know? Please call 526-8811 to register.

### Friday-Sunday, Sept. 19-21

- At Acorn's on Main Street, two trunk shows: a Match Trunk Show. Table furnishings of pewter, crystal and ceramics handmade in northern Italy and a Blossom Bath and Body Trunk Show. Pomegranate bath and body products that embody a lifestyle of maintaining internal beauty.

### Saturday, Sept. 20

- Got talent? Show it off at this year's "Star Night," the talent competition at the Performing Arts Center at 507 Chestnut Street in Highlands. Entrants of all ages are eligible to compete for money prizes to be provided by Summit One Gallery. Pianists, vocalists, instrumentalists — any kind of performer with talent may enter. Registration forms are available now at PAC. There is no registration fee.

- At CLE, Spokes of the Wheel: Indian Cooking Cuisine. Please call 526-8811 to register.

### Monday, Sept 22

- At CLE, Digital Photography-Put Pizzazz in your Fall Photos. Please call 526-8811 to register.

### Wednesday, Sept. 24

- The Village Nature Series is a free summertime lecture series co-hosted by Highlands-Cashiers Land Trust & Village Green. "Weaving Nature and Community into a Poetry of Place" with Brent Martin. Everyone is welcome. Lectures are held at the Albert Carlton Library in Cashiers. Lectures begin at 6:30 PM. Refreshments follow. There is no charge but donations are graciously accepted. Call HCLT for info: 526.1111.

- At CLE, The Art of Coffee. Please call 526-8811 to register.

### Thursday, Sept 25

- At CLE, Pencil Drawing. Please call 526-8811 to register.

### Friday-Saturday, Oct. 3-4

- At Acorn's on Main Street, a SHC Jewelry Sara Hall Clemmer Designs. Using pearls, semi-precious and precious stones

### Friday-Sunday, Oct. 3-5

- "Barefoot in the Park," a comedy by Neil Simon, 7 p.m. Thursday-Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

### Saturday, Oct. 5

- Highlands-Cashiers free health screenings, for residents of Cashiers, Glenville, and Sapphire at Blue Ridge School.

- Christ Anglican Church of Highlands/Cashiers and Community Bible Church series of concerts, Sundays at CBC at 2:30. Love offerings will be given to noted agencies. Brevard College Showcase — talented young artists performing a variety of repertoire on a variety of instruments — Charitable Agency, yet to be named.

### Thursday-Monday, Oct. 9-13

- At Acorn's on Main Street, a Mary Louise Jewelry Trunk Show. Exclusive line of 18k gold jewelry with a distinctively feminine flair

### Saturday & Sunday, October 10-11

- At Cyrano's Bookshop a book signing from with Philippa Gregory "The Other Queen" and Ron Rash's "Serena."

### Friday-Sunday, Oct 10-12.

- "Barefoot in the Park," a comedy by Neil Simon, 7 p.m. Thursday-Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

- At Acorn's on Main Street, a Gardena Art Trunk Show. Hand carved items from

Italy.

### Saturday, Oct. 11

- Highlands Own Craft Show at the Rec Park.

### Thursday, Oct. 16

- A Martin Ray Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

### Friday-Sunday, Oct. 17-19

- At Acorn's on Main Street, a Bijoux de Mer Jewelry Trunk Show. Bijoux de Mer specializes in pearls and precious stones and a Laruen Lachance Botanical Pressings Trunk Show Transforming a five hundred year old tradition of pressing plants into an arrestingly beautiful contemporary art form.

### Thursday-Sunday, Nov. 13-16

- Grab your calendar and block the dates! Highlands Second Annual Culinary Weekend is set to take place. Join us as Highlands' area restaurants, accommodations and merchant's partner to present a variety of uniquely designed classes, tastings, dinners, and events. Call Highlands Area Chamber of Commerce and Visitor Center at 866-526-5841 or 828-526-5841

### Friday-Sunday, Nov. 14-16

- At Acorn's on Main Street, a MarieBelle Chocolates Trunk Show. MarieBelle offers fine gourmet chocolates for the true connoisseur.

### Friday, Nov. 14

- Wine Luncheon at Wolfgang's Bistro. Domaine Serene, Flavor Spectrum Luncheon. Call Wolfgang's at 828.526.3807 or visit our web site at [www.wolfgang.net](http://www.wolfgang.net).

- Wine Dinner at Wolfgang's Bistro. Boutique Winery Gala, "Battle of the Sexes" Women Winemakers vs. Male Winemakers "Battle of the Sexes" Gala Cocktail Party. Wine, Food, Art, Music, and Dancing... what more could want from a Gala? Six wonderful wineries will be represented at Wolfgang's with pairing of food both at the wine tables and passed throughout the night. To make reservations, please

• See EVENTS page 38

## Ruby Cinemas

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Showing Aug. 15-21

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rated PG

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Sat & Sun: (2), (4:10), 7, 9:10

### MIRRORS

rated R

Mon - Fri: (4:20), 7:10, 9:20  
Sat & Sun: (2:10), (4:20), 7:10, 9:20

### JOURNEY TO THE CENTER OF THE EARTH

rated PG

Mon - Fri: (4:15), 7:15, 9:15  
Sat & Sun: (2:15), (4:15), 7:15, 9:15

### THE MUMMY: THE TOMB OF THE DRAGON EMPEROR

rated PG-13

Daily: 7:05, 9:05

### MAMMA MIA!

rated PG-13

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Sat & Sun: (2:20), (4:30)

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**MOTOR COACH SITE** — The best value in the Highlands/Cashiers/Toxaway/Franklin area. Enjoy all the amenities of the mountains, streams, waterfalls, scenic beauty, restaurants, shopping, and world-class golf courses all within a short walk or short drive of your privately owned motorcoach site. No dues or regime fees for these amenities! Affordable pricing for your move to Highlands. Enjoy your coach on your site, on your schedule. Corner of Fifth St and Chestnut

St. Downtown Highlands. All information and pics provided to you for your convenience at: [www.jjimms.com/HIDDENCREEK](http://www.jjimms.com/HIDDENCREEK). Or, call: 828-526-5333.

**2 BEDROOM, 2 BATH, PLUS OFFICE.** In Town. \$249,000. Lease to own option for qualified. \$1,100 per month. Call 707-354-3011.

**RV LOT FOR SALE** — Lot 1 The Coach Club. Class A Resort. Downtown Highlands. 200 sq. ft. cedar coach house, landscaped, outdoor kitchen, gas fire pit, overlooking stream. Live the Highlands life. See [Terryhallhomes.com](http://Terryhallhomes.com) click on RV lot. Call 828-787-1014 or 352-258-4187.

**RV SITES FOR RENT OR LEASE IN-TOWN.** Walk to Main Street. Call for details. (828)526-1684.

### ITEMS FOR SALE

**9X15 KARASTAN RUG** — Kirman design. Approximately 60 years old. Excellent condition. \$950. Call 526-5451.

**ANTIQUE PLAYER PIANO** — circa. 1927. Completely refurbished. \$4,000. Call 828-369-7285. 9/11.

**CHIPPER/SHREDDER** — 6 horsepower. Very good condition. \$250. Call 526-5367.

**FIVE-PANEL SOLID OAK ANTIQUE DOORS.** — \$25 each. Unusual antique oak rocking chair. \$225. Call 526-3647.

**2 WINDOW AIRCONDITIONERS** — #1 bought last year used 1 month, #2 is older unit but still works. \$125. for both. Call 526-3251

**6-FT. SLIDING GLASS DOOR SET** — aluminum with screen. \$100 OBO. Call 349-4930.

**BUNK BEDS** in great condition, solid wood, honey color, mattresses and denim comforters included.

## Healthy living at Hudson Library

The Hudson Library is hosting the popular free lecture series, "Take Charge of Your Health," presented by Dr. Jim Johnson and Dr. Sue Aery of Cashiers-Highlands Chiropractic and Acupuncture.

The next Highlands lecture will be Tuesday, August 19 on "Back Pain." Dr. Aery will talk about why back pain occurs, how it develops over time, and how it can be treated through various medical therapies. Dr. Aery said, "Most people think that back pain will just go away and in some circumstances it will but we see many patients who have chronic pain due to either ignoring the pain or misdiagnosis."

Dr. Sue Aery is a former tennis professional and platform tennis national champion, whose athletic experience and knowledge led her to a career in chiropractic care.

All lectures begin at 6 pm, end at 7 pm and are free to the public.

If you'd like more information, visit: [www.mountainairwellness.com](http://www.mountainairwellness.com) or call the Hudson Library at 526-3031.

## ... SPIRITUALLY SPEAKING continued from page 22

Community: we're about people. Our members and the people we rub shoulders with in our places of life.

Bible: Our direction and authority is bigger than ourselves. God gave us instructions for life that are totally trustworthy. This means the bible is true, without error.

Church: A group of people called together by God. We belong to Him and seek to be His hands and feet in this place.

There are many other names that are unique to this place, to yours and now our new home. Who knows maybe we'll get to personally know each other's name and what is behind them.



## HIGHLANDS CASHIERS CHAMBER MUSIC FESTIVAL

# Festival of Feasts 2008

Every season the Highlands-Cashiers Chamber Music Festival offers an opportunity to meet interesting people and enjoy wonderful food and drink in the setting of some of the area's most beautiful and elegant private homes and restaurants. These annual FEASTS provide important and vital financial support to the Festival which allows us to bring world-class chamber music to the mountains each year. JOIN US at this season's events by calling the HIGHLANDS-CASHIERS CHAMBER MUSIC FESTIVAL office at 828-526-9060 or visit our website at [www.h-cmusicfestival.org](http://www.h-cmusicfestival.org) to sign up.

### Low Country Supper in the High Country

Sat. 8/16 – 6:30PM – \$125/person  
Hosts: Finley & Charlotte Merry  
Sandy Cohn & Ruth Gershon

### Brunch with a View at Sweet Tater Top

Sun. 9/14 – 12:30PM – \$75/person  
Hosts: Nancy Rampell & David Blum

### Mardi Gras

Sat. 9/20 – 6:30PM – \$100/person  
Hosts: Paul & Glenna Maney

### Cajun at Lakeside

Sun. 9/21 – 6:30PM – \$125/person  
Hosts: Sandy Cohn & Ruth Gershon  
Earle Mauldin & Debbie Davidoff  
Marty Rosenfield & Donna Woods

### Cocktail Party Buffet

Sun. 10/12 – 5:30PM – \$100/person  
Host: Ann Abrams

### Shrimp and Antiques

Mon. 10/27 – 6:30PM – \$125/person  
Host: Dwight Bryant

## • CLASSIFIEDS •

ed - \$350. Call 526-8321.

**TWO RAZOR ELECTRIC MOTORCYCLES FOR CHILDREN.** Excellent condition. \$100 each. 526-9107.

**HEWLETT PACKARD 15" CRT MONITOR** in good working condition with all connection cord included. "FREE." Call Randy at 828-488-2193.

**CHARBROIL GRILL** – Chrome, \$100 and another one for FREE. Call 526-4063.

**COLONIAL GLASS** – set of 12 Sherbet Goblets, and dessert plates. \$35. Call 526-4063.

**MURRAY RIDING LAWN MOWER** – 12.5 HP, 40" cut. Bought new. Garage Kept. Excellent Condition. \$450. Call 526-2607.

**TANZANITE LOOSE STONES:** I have for sale 10 gorgeous oval cut 1-carat Tanzanite stones which would make beautiful earrings, bracelet, necklace, or

a cluster ring. These stones are AAA+++ quality grade. Each stone is priced at \$400 each or discounted for a multiple stone purchase. Call 828-488-2193 and ask for Randy.

**WATER PURIFYING CHLORINATOR PUMP** with large heavy duty plastic holding tank. Was \$75. Now \$50. Call Randy at 828-488-2193.

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•See CLASSIFIEDS page 36

# • CLASSIFIEDS •

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**GREEN PRINT VELOUR SWIVEL ROCK-ER,** new, \$250; blue stripe club chair w/ottoman, like new, \$175; large pine armoire, like new, \$200. Simms X-large waders w/attached boots, bought at Highland Hiker, used 3 times, \$250. Call Beatrice or Dennis at 743-5600.

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At Highlands Cove, we offer an exceptional variety of homesites: Densely wooded with oaks, hemlocks, laurel and rhododendrons. Panoramic views of the Blue Ridge. Or a site overlooking our golf course. We're a 430-acre, master-planned community soaring to 4,700 feet above sea level. The average lot size is 4/5 of an acre. The residential area is gated. Our amenities include a clubhouse, a fine restaurant, 18 holes of golf, tennis and a fitness center. And most importantly, choice lots in such splendid mountain surroundings with a Highlands address are more and more difficult to find. Come see for yourself. There's lots to see.

We're located six miles east of Highlands on Highway 64. Homesites are priced from \$295,000. Single-family homes begin in the low 900,000s. Condominium homes are available from \$595,000. For information, visit the sales office adjacent to the entry gate. Call 828-526-8128 or toll free 1-866-220-2209. Or visit our web site: [www.highlandscove.com](http://www.highlandscove.com).



HIGHLANDS  
COVE



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## • UPCOMING EVENTS •

call Wolfgang's at 828.526.3807 or visit our web site at [www.wolfgang.net](http://www.wolfgang.net).

### Sat. & Sun., Nov. 15 & 16

• The annual all children's play "Cinderella" 7 p.m. Saturday and 3 p.m. Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

### Saturday, Nov. 15

• A Catena Alta Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

• Wine Dinner at Wolfgang's Bistro Silver Oak Cellars Wine Dinner with Tom Johnson "Life is a Cabernet!" Featuring Twomey Merlot, Twomey Pinot Noir, Alexander Valley Cabernet and Napa Valley Cabernet from Silver Oak Cellars. To make reservations, please call Wolfgang's at

828.526.3807 or visit our web site at [www.wolfgang.net](http://www.wolfgang.net).

### Sunday, Nov. 16

• A Raptor Ridge Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

### Fri. & Sat., Nov. 21 & 22

• The annual all children's play "Cinderella" 7 p.m. at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

### Wed.-Mon., Nov. 26-Dec. 1

• At Acorn's on Main Street, a Mary Louise Jewelry Trunk Show. Exclusive line of 18k gold jewelry with a distinctively feminine flair.

### Saturday & Sunday, Dec. 6 & 7

• Sanders' Family Christmas" (sequel to "Smoke on the Mountain") a wholesome

musical at 7 p.m. on Saturday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

### Friday-Sunday, Dec. 12-14

• Sanders' Family Christmas" (sequel to "Smoke on the Mountain") a wholesome musical at 7 p.m. on Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

## Quickdraw event to test talent

This drawing is done by artist Jim Chapman. He will be painting at the Highlands Mountaintop Rotary Quickdraw Event which will take place Sept. 6 at Peregrine's at Highland's Cove.

Several Local and Regional Artists will be racing the clock to complete a painting in two hours.

For watercolor artist, writer and Teacher Jim Chapman the Quickdraw event is perfect for him because he is used to painting quickly "due to mosquito swarms, rain, lightning and rough-looking dogs."

Chapman often works outdoors and that creates the sense of urgency. "Nothing beats the "being there" feeling you get from an on-the-spot sketch that really works." Chapman says, "That sense of immediacy is the pulse of my creative drive, whether I'm writing or painting." Watch as Jim Chapman and fellow artists Bonnie Adams,

Chris Bell, Kathie Blozan, Cheryl Coombs, Kay Gorecki, Duncan Greenlee, Bob Martin, Diane McPhail, Mark Menendez, Karen Pait, Jack Stern, Sally Taylor and Robert Tino create that on-the-spot painting at the Quickdraw. Rotarian Dennis Hall will be donating his services as Auctioneer for the live auction and Merritt Shaw will be providing live music. Thank You



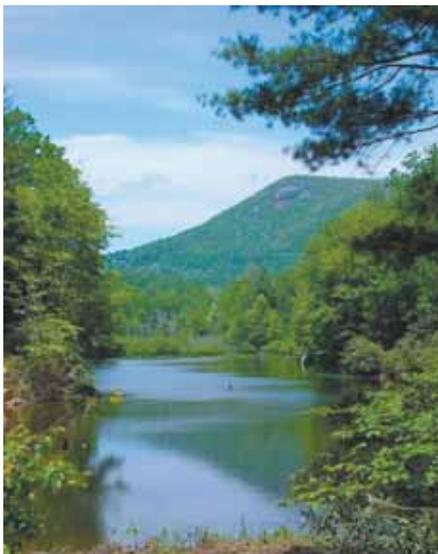
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to Sponsor the Laurel Magazine. Doors open at 5:30 p.m. with the Quickdraw beginning at 6:00 p.m. Tickets are \$35.00, which includes an hors d' oeuvres buffet, the Quickdraw and silent auction, and the live auction. A cash bar will be available. For more information or to purchase tickets please call 828-421-2548, or e-mail [mtntopquickdraw@aol.com](mailto:mtntopquickdraw@aol.com).

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## Art classes abound at The Bascom

Finish out the summer season with a fun-filled class at The Bascom. A host of offerings is slated for the next three months.

One class is including a Shibori workshop, which uses a silk-dyeing process. The class is set for Sept. 18-19 at the Highlands Rec Park.

"It's simply to-dye-for," said Donna Rhodes, education director. "Dazzle your friends and family with your divine creations."

There is still room in Cherry Cratty's pulp painting class, set for Aug. 20-22. Stop by the gallery and see the delightful piece you will be creating.

Two spots remain in Herbie Rose's Magic of Watercolor class, set for Aug. 26-29.

"Herbie is a celebrity in our region, and his classes are always a delight," Rhodes said.

Carole Katchen, author of more than 40 books on painting and marketing art, will be teaching "Three Steps to Creative Painting" Sept. 8-12 at the Highlands Rec Park.

"Whether you paint with oils,

watercolor, pastels, color pencils, or acrylics, your work will soar under Carole's excellent tutelage," Rhodes said.

For those who want to snazz-up their wardrobe, learn how to needle-felt, the latest craze in jeans and sweater art. "From Fleece to Fabulous: Needlefelting" will be offered Oct. 4 at the Highlands Rec Park.

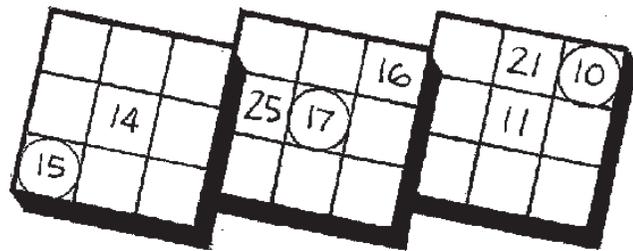
"It's fun, it's simple, it's a compliment waiting to happen," Rhodes said. "All your friends will be asking, 'How did you do that?' So, 'do that' on Saturday, Oct. 4, at the Recreation Park."

The education season ends with an encore instructor, M Kathryn Massey. Back by popular demand, Massey will share what Rhodes calls an exceptional one-on-one style of teaching in an oil painting experience that features figurative and/or still life painting. Her class will be held at the Highlands Rec Park from Oct. 6-9.

To register for one of these classes, or for more information on other Bascom offerings (lectures in art history and folk art are on the horizon), visit [www.thebascom.org](http://www.thebascom.org) or call (828) 526-4949, 4#.

• FUN & GAMES •

# PseudoCube<sup>©</sup>



#DZ2E Level of Difficulty Moderate

**THE SETUP:**

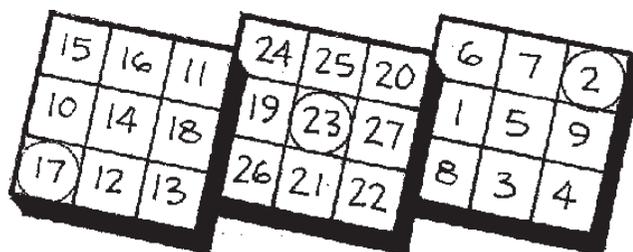
The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equalling the total of the three center numbers. One of the diagonals is shown with circles.

**THE CHALLENGE:**

Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

Email: [pseudocube8@aol.com](mailto:pseudocube8@aol.com).

Solution to #BZ1E in Aug. 7 issue



# N-Cryptoku<sup>©</sup>

**Object:** Assign 9 different letters to each cell of 9 columns and 9 rows. In addition, nine 3 x 3 cells in the layout have the same nine different letters (this is similar to Sudoku but uses nine letters instead of nine numbers). A 'mystery word or phrase' using all nine different letters is designated by circled squares (other short words appear when solving, for which a list of meanings is provided). Every puzzle has a different 'mystery word or phrase' (no spaces).

**How to Solve:** Determine the nine different letters among those given. Try to solve the mystery word using the clue given and write it in. Other small words will appear in the puzzle. As in conventional crossword puzzles, a list of meanings for these ACROSS/ DOWN words is given and number positions shown. Doing them will speed up your solution to the puzzle. Using your powers of induction, inference and insight, place missing letters in all blank squares according to the rules noted above. Focus attention where the least number of letters are needed to complete a line, column or 3 x 3 cell. Email: [pseudocube8@aol.com](mailto:pseudocube8@aol.com). Feedback encouraged!

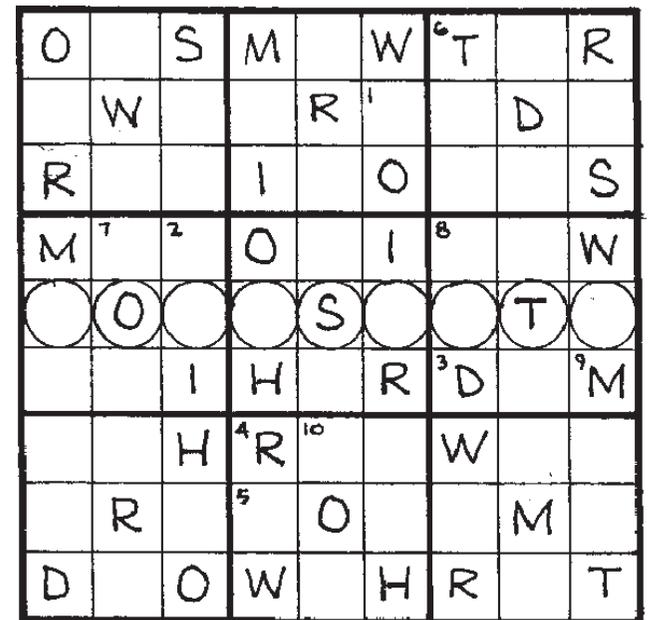
**Mystery Word**  
"Editor" (9)

**Across**

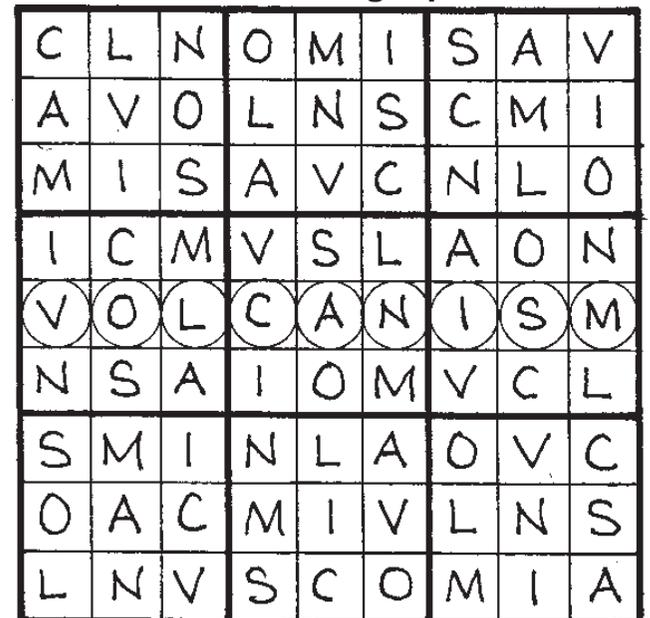
1. Green grass (3)
2. Period (3)
3. Accomplish (2)
4. To be free of (3)
5. Drunkard (3)

**Down**

6. Boy's name (3)
7. Extremely warm (3)
8. Yes! (Sp.) (2)
9. Modern (slang) (3)
10. Moon of Jupiter (2)



Solution to Aug. 7 puzzle



• RYAN POTTS' CROSSWORD PUZZLE •

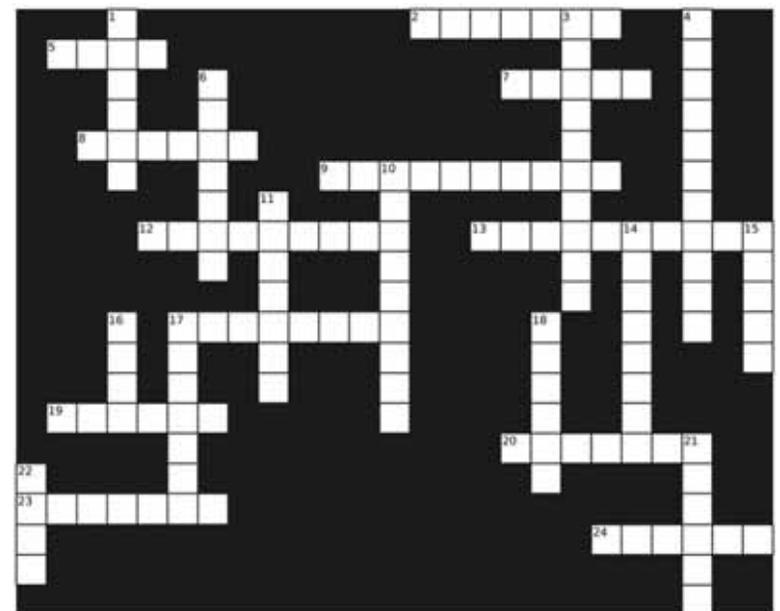
I'll provide the school, you provide the mascot!

**Across**

- 2 University of Montana
- 5 University of Evansville
- 7 Campbell University
- 8 Marist University
- 9 Southern Arkansas University
- 12 University of New Orleans
- 13 University of California - Santa Cruz
- 17 Presbyterian University
- 19 University of Manhattan
- 20 University of San Diego
- 23 University of North Florida
- 24 University of Idaho

**Down**

- 1 Oberlin University
- 3 University of Northern Arizona
- 4 Coastal Carolina University
- 6 Elon University
- 10 Amherst University
- 11 Stetson University
- 14 University of California - Irvine
- 15 Centenary University
- 16 Akron University
- 17 Creighton University
- 18 University of Alaska - Fairbanks
- 21 University of Richmond
- 22 University of San Francisco



# Find It All On This Map

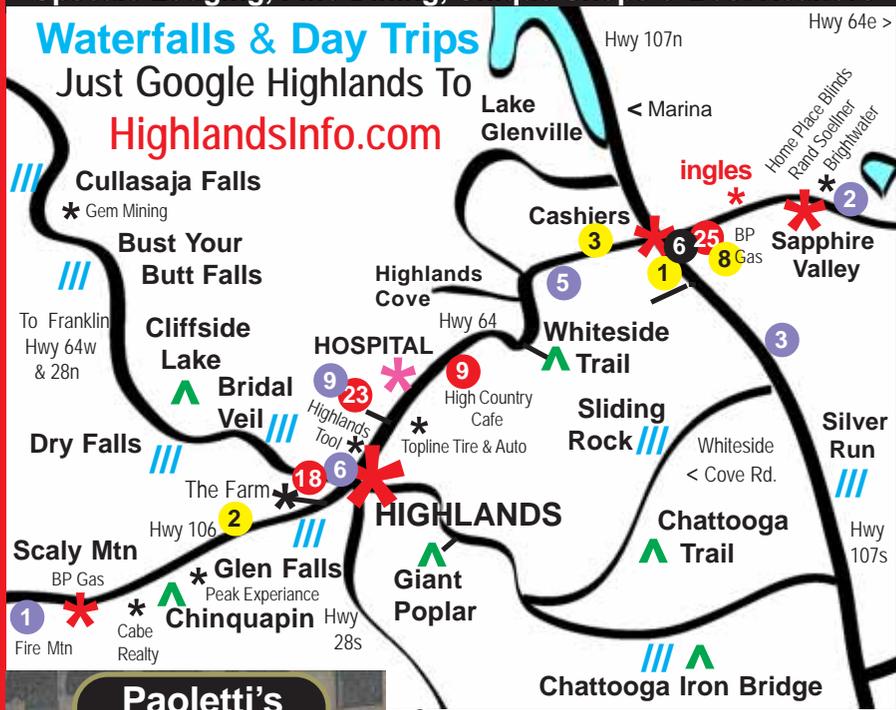
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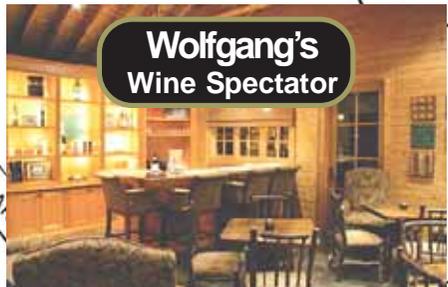
# 2008 Highlands Map

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| 2 Buck's           | 16 Nick's          | 2 Bear Mt. Outfit.  | 2 Chinz              |
| 3 Cyprus           | 17 Oak St Cafe     | 3 Bungalow Boutique | 3 CK Swan            |
| 4 Don Leon         | 18 On The Verandah | 4 Carolina Eyes     | 4 Elephant's Foot    |
| 5 Fireside         | 19 Paoletti's      | 5 Elevations        | 5 Mirror Lake        |
| 6 Fressers Eatery  | 20 Pizza Place     | 6 Highland Hiker    | 6 Scudder's          |
| 7 Fressers Express | 21 Rib Shack       | 7 Jackson Madeleine | 7                    |
| 8 Golden China     | 22 Rosewood        | 8 Needle Point      |                      |
| 9 High Country     | 23 Skyline Lodge   | 9 Raspberry Fizz    | Galleries            |
| 10 Highlands Deli  | 24 Sports Page     | 10 Silver Eagle     | 1 Bryant Art Glass   |
| 11 Hill Top Grill  | 25 Subway          | 11 Stone Lantern    | 2 Drakes Diamonds    |
| 12 Kelsey Place    | 26 SweetTreats     | 12 Vivace           | 3 Mill Creek Gallery |
| 13 Lakeside        | 27 Wild Thyme      | 13 Village Kids     | 4 Tin Roof Gallery   |
| 14 Log Cabin       | 28 Wolfgang's      | 14 Wit's End        | 5 Tino Gallery       |
|                    |                    |                     | 6 Summit One         |



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**Wolfgang's Wine Spectator**



**Madison's Wine Spectator**

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Cheeses  
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Beauty	Home Decor	Real Estate
1 # 1 Nails	1 Acorn's	1 Buyers
2 All Seasons	2 Bird Barn	2 Caralina Mtn Br.
3 Creative Concepts	3 Dry Sink	3 Century 21
4 Images Unlimited	4 Out On A Limb	4 Chambers
5 Michael's	5 On The Rocks	5 Country Club
6	6 Shiraz Rugs	6 Green Mountain
7 Mountain Rayz	7 Summer House	7 John Cleaveland
8 Old Edwards Spa	8 Twigs The Season	8 John Schiffl
9 Pro Nails	9 Twigs	9 Meadows Mtn.
10 Taylor Barnes	10 Wholesale Down	10 Prestige Realty

**Lodging**

- 1 Fire Mountain
- 2 Hampton Inn
- 3 High Hampton Inn
- 4 Highlands Suites
- 5 Millstone Inn
- 6 Mirror Lake Lodge
- 7 Mtn. High Lodge
- 8 Old Edwards Spa
- 9 Skyline Lodge
- 10 The Lodge

Live Music  
The Rib Shack  
Fri. & Sat.  
7-11 p.m.