On-going
- Live music every night at 7:30 p.m.
- and during brunch on Sunday at...the Verandah restaurant.
- Live music at Fressers in Helen's
  Barn with Cy Timmons Wed-Sat 6 p.m. until.
- Hal Phillips at the piano at Skyline
  Lodge and Restaurant on Flat Mountain
  Road Fri. & Sat. at 8 p.m.
- Step Aerobics at the Rec Park, 4-5
  p.m. Mon., Wed., Thurs., $5 per class.
- At Health Tracks at Highlands-Cashiers
  Hospital, various exercise classes. Call
  Jeanette Fisher at 782-526-1FPT.

Every Monday
- Recreational Bridge 1 p.m. at the
  Rec Park. $3 per person.

Every Tuesday
- Highlands Rotary Club meets at
  noon at the Highlands Conference Center.

Every Wednesday
- "The Bible Tells Me So" at 6:15 p.m.
  at the Highlands United Methodist Church.
- in the Fellowship Hall — beginning promptly
  at 6:15 and will last approximately one hour.
- Highlands Mountain Top Rotary Club
  meets at the Highlands Conference Center
  at 7:30 a.m.

Every Thursday
- Women's Bible Study at 9:30-11:45
  a.m. at Community Bible Church. Beth
  Moore's Believing God. All women are
  invited.

Every Friday
- The Girls' Clubhouse meets in the
  school cafeteria 3-4:30 p.m. All 6-8 grade
  girls are welcome.

Every Saturday
- Live music at Cyprus Restaurant in
  the Dillard Village Shopping Center at 9:30
  p.m. $10 cover.
- Beth Moore's 10-week study Believing
  God: Experiencing a Fresh Explosion of Faith,
  9:30-11:45 a.m. at Community Bible Church in
  the Orange Room. Call Peg Askew at 736-8943.
- Friday-Sunday, Sept. 21
- Acorn's, Earthborn Pottery Trunk Show. Handcrafted pottery from Leeds, AL
  that is dishwasher and microwave safe.
- Saturday, Sept. 22
- Pancake Breakfast sponsored by the
  Scaly Mountain Women's Club. From 7:30-10:30 a.m. at the historic Scaly School
  House on the corner of NC 106 and Buck Knob Road. A full seated breakfast
  cooked by members consists of orange juice, pancakes, local patty sausage, and bottom-
  less cups of coffee. Cost is $5 for adults and $2.50 for children. Proceeds are used for the
  groups' various charitable outreach efforts which include a scholarship program for Scaly
  students as well as donations to area groups and projects. For details call 787-1860.

Flood plain ordinance coming to Highlands

The state has finally released the county's long-awaited flood plain map which was revised due to the devastation caused by Hurricane Ivan.

On Sept. 19, the Macon County Watershed Council met to finalize the Flood Damage Control Ordinance and that night, the Town Board learned it needed to adopt a similar ordinance.

"This has been a mandate looming before us," said Town Administrator Richard Betz.

On Thursday, September 13, Administrative Law Judge Beecher Gray granted Riverwalk's Motion for Summary Judgment, dismissing the two civil penalties of $200,000 each levied by the Town of Highlands in December of 2006.

“In making his ruling, Judge Gray indicated the town failed to follow proper procedure in assessing the fines and that the fines were not supported by the evidence the Town Board had before it at the December 6, 2006 meeting,” said Riverwalk Attorney Billy Clarke with Robert & Stevens law firm in Asheville.

In December 2006, the town fined Riverwalk $400,000 for allowing sediment to leave its site. At the September 19 Town Board meeting, Town Attorney Bill Cowen stated, “The Nastasic boys, Cory, 3 and Zori, 5, were in the crowd at a recent Pancake Breakfast sponsored by the Scaly Mountain Women's Club. From 7:30-10:30 a.m. the fourth Saturday of the month from May through October the benefit is held at the historic Scaly School House on the corner of NC 106 and Buck Knob Road. A full seated breakfast cooked by members consists of orange juice, pancakes, local patty sausage, and bottomless cups of coffee. Cost is $5 for adults and $2.50 for children. Proceeds are used for the groups' various charitable outreach efforts which include a scholarship program for Scaly students as well as donations to area groups and projects. For details call 787-1860.

The public forum on the school bond held at Highlands School Tuesday night, showed how building two new schools within two years will immediately save the school system money.

The $42.1 million bond earmarked for schools will be mostly spent in the Franklin area but within two years the school district will begin saving about $788,000 per year which will free up funding for Highlands and Nantahala schools,” said Superintendent Dan Brigman.

Though there is a "wiggle room to accommodate the current and near-future increase in student population at Highlands, the current trends shows the school board will have to begin thinking about expansion at Highlands School," he said.

"A very interesting thing is happening at Highlands School," said Brigman. "Students who left over the last few years are returning from wherever they've been, Rabun Gap Nacoochee or Summit Charter.

On the tenth day of classes, Highlands School attendance was 409 up 27 students from the 2006-2007 figure of 382. Highlands is the only school that hit the seven percent increase mark this year which school officials have projected county-wide through 2011-2012 for growth; Iotla's increase of 10 students put it at a 6.9% increase.

Christine Murphy, a Highlands School五th grade English teacher, said, "The students have come back..."
Natural versus Unnatural

Dear Editor,

This is in response to Katie Brugger's column in the Sept. 13 issue of this newspaper entitled "A Human Free World."

I am compelled to respond that maybe you have been misinformed about what is natural. I did not read the book you mentioned because it is a what if book which puts it in the category of fiction, even if it does contain some factual information.

First, natural is not a belief and should be considered factual in context to what is being discussed. You didn't mention your belief concerning the meaning of the word unnatural.

From a dictionary: Natural: pertaining to nature, produced by nature, not artificial, in conformity with the laws of nature, without cultivation or affection, original, spontaneous. Unnatural: contrary to the laws of nature, forced, affected, artificial, not normal to conditions on Earth.

We already had definite proof of what happens without humans in the ruins of buildings in Mexico and Central America when nature does what is natural.

Human beings are part of nature, but what happened at Chernobyl would never have occurred without the actions of humans. Scientists have said it could be uninhabitable by people for 100,000 years. That is unnatural.

Mr. Weisman needs to update his words of the Episcopal Church to read: "That's why the Episcopal Church requires it's parishes to have a "public access channel."" Every cable company is franchised by law to provide a "public access channel". It has been said that Channel 14 is not a "public access channel." There is a difference between a "public access channel" and a "community channel." Public access means anyone in the community can create non-commercial programming. No advertising is permitted on a public access program. Furthermore, a cable system with less than ten thousand subscribers is under no obligation to provide a "public access channel." Northland's Highlands/Cashiers system has less than ten thousand subscribers.

Under its Highlands franchise Northland is required to provide a community channel for community announcements and local government broadcasts. Prior to June of 2004 Channel 14 (as in most small towns) was simply a PowerPoint loop containing a few still-photo advertisements, the occasional community announcement, and still-photos of the area. There was no video programming at all.

1. "That's why we have the programming provided by Arthur and Katie on Channel 14."

Channel 14 has commercial programming produced by Arthur Hancock and Katie Brugger (Time Capsule Video) because we have a channel use agreement with Northland Cable Television. We buy every minute of that broadcast time you see on Channel 14. If it weren't for our advertisers Channel 14 would go back to the PowerPoint loop.

2. "That's why the Episcopal Church services are also on Channel 14. Not because Northland is a great community servant. This is what they are required to do."

Northland "inherited" the live church broadcast from the original builder of the system. They were under no legal obligation to continue the broadcast. They chose to do so as a community service. In the four years we have had a business relationship with Northland there have been numerous technical problems that have arisen with the live church broadcast. Northland has always devoted the manpower and time to fix it for the church and for the community.

It has been Katie's and my experience that Northland is a corporation with a heart. We asked them for a chance to produce a local TV show about Highlands and Cashiers. This involved both risk and expense for Northland. What if we put something offensive or libelous on the air? Broadcasting is no joke (we spent more than $1,000 last year just on licensed music).

I think (and most of our viewers seem to agree) that Northland Cable Television has proven to be a great community servant by making it possible for the programming seen on Channel 14 to be on the air!

Arthur Hancock
Time Capsule Video
Highlands

A grateful member of the ‘Big C Club’

Dear Editor,

Recently, there was an article concerning my stay and treatment for cancer at Hope Lodge and Emory Hospital’s Winship Clinic. I read this poem upon my departure.

The Big C Club

Brenda and I joined a club this year. It’s the Big C Club, and one thing’s clear, We’d preferred most any club to this, Stamps or Shriners, coins or chess. You see, the Big C Club was not our choice.

More like an assignment that no one enjoys. But there’s one odd thing about the Big C Club, It’s full of laughter, hope and love. But how do folks smile in this club of pain? There sickness, stress and a heap of strain.

It’s mercy and grace, falling down from above like a waterfall pouring on the Big C Club. The odds of gaining joy from disease weren’t great but David Best, Goliath and Michigan lost to App State.

So, we cherish the days we’ve spent with you patients, staff and friends in the Big C Crew.

- Tom Cox
• WEDDING •

Mitchell & Lundsford

Bonnie Mitchell and Michael Lundsford will be married on Sunday, Sept. 23, 2007 and will be celebrating their marriage at the Old Edwards Inn and Wolfgang’s Restaurant and Wine Bistro.

• ENGAGEMENT •

Trine & McKim

On August 7, Caroline Trine, daughter of Ray and Claudia Trine of Cashiers, N.C. and Kyle McKim, son of Kenneth and Julie McKim of Highlands, N.C. announced their engagement. Caroline is a cum laude graduate of Western Carolina University and is an accountant for Southwestern Community College. Kyle, a Florida State alumnus and a former missionary to South Africa, is a real estate broker and developer with Highlands Properties and Sapphire Lakes Group. Kyle is the girls’ volleyball coach for Highlands School and Caroline is an assistant coach. They are planning an October 27th wedding.

Ashburn & Leos

Mr. & Mrs. William W. Ashburn, III are pleased to announce the engagement of their daughter, Rosalind Carlyene Ashburn to Victor Dante Leos, son of Victor Leos of El Paso, Texas and Joe and Lucille Garrido of Covina, CA.

Mrs. Ashburn is the granddaughter of Mr. & Mrs. Hobart L. Manley, Jr. of Savannah, GA and Highlands and the late Mr. and Mrs. Norvel Ashburn of Savannah, GA. Mr. Leos is the grandson of the late Pedro and Rufina Alarcon and Florencia Mier, all of El Paso, Texas.

A January wedding is planned in Savannah, GA.
It's a tragedy that our leaders are determined to create a town park in probably the worse place in Highlands. Is anyone aware there is park-like acreage, complete with tall trees and rolling meadows, adjacent to the Recreation Center the town already owns? Could it be that special interest developers can't make money if the park is way over there?

It's a tragedy that some of the folks living at Wildcat Cliffs Country Club think ETJ leaders should allow a falling down rickety old propped up wooden fence to stay in place on highway 64 near Buck Creek Road, making their trip to and from Highlands unpleasant.

It's a tragedy that ETJ leaders can't bring everyone together and agree on a more attractive fence that is appealing to everyone.

It's a tragedy that neighbor is turned against neighbor over a few parking places. I remember a time in Highlands when merchants encouraged visitors to use their parking places, even if the visitor was shopping or eating at another place. Kindness and fellowship were displayed on a daily basis. The tragedy is that there are few people left in Highlands who remember those days.

It's a tragedy that we have gutted Helen's Barn and built shops. I refuse to believe we have become so tight ass and sophisticated in Highlands that we can't kick back, put on our dancing shoes, and enjoy some good ole fashioned square dancing with live music, apple cider and hometown friendship. Is there so much to do at night that no one wants to square dance or listen to country music anymore? Yuck!

It's a tragedy that Highlanders have to drive 42 miles round trip, or even further, to see a movie. Then, once there, have to choose between barf like “Halloween,” which is the same ole scary stuff. Or how about “Super Bad,” school kids getting drunk and trying to have sex? Better still “Balls of Fury” which is, (are you sitting down?) ping pong vs. the FBI. Excuse me while I throw up. Why can't they get good stuff that a sophisticated superior intellect like me would enjoy? (ha)

It's a tragedy we no longer have a five and ten cent store. I realize Highlands is no longer a five and ten cent town but, oh, how I long for those days. Maybe someone could open a five and ten dollar store and sell sundries and stuff like that.

It's a tragedy that a citizen is able to walk from one end of this town to the other and not find anyone selling popped popcorn. I remember a time when the smell of popcorn filled the air on Main Street.

It's a tragedy we no longer have a five and ten cent store. I realize Highlands is no longer a five and ten cent town but, oh, how I long for those days. Maybe someone could open a five and ten dollar store and sell sundries and stuff like that.

It's a tragedy that in death, we realize that if we had not taken such good care of ourselves we could have died sooner and felt this wonderful and peaceful a lot sooner.
At this point, we may have to stay

Dr. Henry Salzarulo
Feedback is encouraged.
email: hsalzarulo@aol.com

I opposed war in Iraq when the first saber rattled. I had no reason to doubt the claim that Saddam Hussein possessed weapons of mass destruction (WMD), but believed that even if he had everything the administration claimed, he presented no threat to us. I didn’t believe the story that Iraq was involved in the terrible attacks of September 11, 2001, despite the endless repetitions of that claim.

Several things troubled me about the impending war. I never understood our enthusiasm for the death of innocent Iraqis and destruction of their country’s infrastructure, even if Saddam had been involved in the attack. War would not restore the lives of the Americans who had died or raise the Towers. I feared that a preemptive attack would do more to nurture than to discourage Islamic terrorism. I doubted that the average Iraqi would feel liberated if the tangible effects of our invasion were destruction of his home, death of his family, political instability, and life without water or electricity. I suspected that Iraqis would grow to hate us more than they hated Saddam, and that possibility raised the possibility of a protracted insurgency.

We had Russia’s recent experience in Afghanistan as an example. We had seen the determination of the mujahadeen. Iraq seemed to be very much like a hornet’s nest in a distant tree, one which presented no impending threat, but annoyed us anyway. We obsessed as the insects buzzed around the nest, decided that we must eliminate it and them, and believed that we could do so with a minimum of effort and very little risk. Powerful insecticides, maybe a little smoke, a tall ladder, and a stout stick are the homeowner’s version of “Shock and Awe.” It was an analogy which I introduced in the operating room in the fall of 2002, one which appeared on the national news months later, after the war had gone badly and we, as a nation, began to examine the rationale for going to war. Better late than never, I suppose. I wish we had never gone to war in Iraq, but we did. I can’t imagine any good coming out of the effort. Iraq will not become a seed of democracy in the Middle East. I can’t even imagine Iraq becoming a functioning nation. The idea of dividing Iraq into a Kurdish north, a Sunni center, and a Shia south is an intriguing one, but it is probably more sensible to leave now and allow them to split it up themselves, although that approach would surely result in more bloodshed. For what it’s worth, it would be their blood, not ours. But the terrible specter of genocide of one group against another might draw us back. The reality of our responsibility for the slaughter would be undeniable. Perhaps it is better to stay on for awhile, although in my mind, the eventual fragmentation of Iraq is nearly inevitable, whether we prop up the dysfunctional government for another twenty years, or leave tomorrow.

At this moment a wave of Islamic fundamentalism is sweeping the Muslim world. Fortunately the colliding wave of Christian fundamentalism is pretty much limited to the USA. One thing the world does not need is a good crusade. What the world does need is economic opportunity in the Muslim world, encouragement of moderate Muslim leaders, gentle pressure along with economic incentives to encourage Muslim nations to liberalize and democratize.

We need a carrot and stick approach. We must present ourselves as partners in the development of the Muslim world. A guy who feels safe to go to the market to sip tea with his buddies, who has a steady job, whose kids, daughters as well as sons, can go to school and return home safely is an unlikely candidate to be fitted for an explosive vest. Safety, security, opportunity, equality let a person concentrate on this life rather than the next. Devotees of jihad against the west feel the sting of repression and the want of poverty. They feel disenfranchisement both in their local community and in the greater global community. Desperate, hopeless men make fine martyrs. Happy, secure, employed men make fine citizens. Which would we rather have?

Before we invaded Afghanistan, I told a friend that I felt that globalization might be a better weapon than cruise missiles. He mockingly asked if I thought that we should ship designer jeans and boom boxes to Kabul. “Yeah,” I answered “it might be a good first step.” The Muslim world needs time and encouragement to shake off the ugly ideology of Islamic fundamentalism. The world might become a safer, more just place for the effort.

It is with great reluctance that I say it’s worth, it would be their blood, not ours. But the terrible specter of genocide of one group against another might draw us back. The reality of our responsibility for the slaughter would be undeniable. Perhaps it is better to stay on for awhile, although in my mind, the eventual fragmentation of Iraq is nearly inevitable, whether we prop up the dysfunctional government for another twenty years, or leave tomorrow.

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Panel explains bond issue at ‘League’ meeting Thursday

By Sally Hansen

A panel of speakers attended the Sept. 13 League of Women Voters meeting to discuss the proposed bonds that will be on the ballot in the November election. Of particular interest to Highlands residents are the bonds providing for expansion of the Hudspeth Library and also the Buck Creek recreational area.

County Manager Sam Greenwood introduced the bonds saying citizens need to “understand that these are estimates, and they depend on fluctuations in construction costs and the interest market. “We could see a lowering in interest rates in the next couple of months.” He emphasized that the proposed amounts are the maximum amounts that can be spent on each project and that if the job can be done at a lower cost then the county will of course try to only ask for what is necessary.

There are five different categories in different monetary amounts up for vote in November. Registered voters will be able to voice their opinions on school bonds, public buildings bonds, community college bonds, parks and recreational facilities bonds, and library bonds.

Schools Superintendent Dan Brigman discussed the proposed bonds to improve schools in the county. The bonds are asking for $38 million for the building of new schools and adding to and renovating existing schools, and the infrastructure cost for things like water and sewer is estimated to cost an additional $4.1 million, bringing the grand total for the schools bond to $42.1 million.

“A K-4 school will be built on the present lota site,” Brigman said. The plan is to consolidate students currently in kindergarten through fourth grades at Iotla and Cowee at the one new school on the Iotla site. This school is being called the North Macon School.

Cowee’s fifth graders, as well as fifth graders from other elementary schools, will be moved to the new 5-6 school to be built near Macon Middle School. “This will allow us to save on sewage, water and fiberoptic costs, as well as sharing some of the resources the current Middle School has on site,” Brigman said.

“The county is in transition, and we need to look at the needs of students,” he said. “We hope to solve some issues at the Middle School by moving the sixth graders off campus and pairing them up with a more compatible group of just fifth and sixth graders.”

Brigman also talked about the proposed renovations and additions to East Franklin Elementary. Four and a half million of the total bond money will go to expansion, including new classrooms and a full-size gymnasium. The current gym is small, and community members will be able to utilize the new gymnasium facilities.

Next, the $6.5 million public buildings bonds were discussed. This item includes the purchasing of land for an EMS building, and also the construction of a Social Services Complex that includes Senior Services.

Sheila Jenkins of Senior Services explained why a Social Services Complex was needed in our county. “Over the last two years, demand for our services has increased almost 50%,” she said. “We are at capacity, and because of this we can’t add any new services or provide additional services through our program.” The program currently offers senior daycare, and they are licensed to serve up to 32 people a day. With the addition of a new building close to the Health Department, the Senior Service program could offer daycare for up to 60 seniors.

See BOND page 14
Officials remember 9/11 with emergency preparation meeting at MC health dept.

By Sally Hansen

The Macon County Disaster Preparedness Team met Tuesday, Sept. 11, to hear William T. Bowen speak about how Macon County can be better equipped for disasters. Bowen is a Senior Consultant with OMNI-SOLUTIONS, which specializes in emergency preparedness, training and management. He retired after 25 years with the Albany, NY police department and has since worked with the Health Department of New York State. Bowen is now a full-time health policy advisor.

For the past three years, Bowen has worked with the Eastern Band of Cherokee Indians in helping them develop emergency preparedness plans. He has also helped to train their healthcare workers and held leadership and management symposiums.

The topic of Bowen’s presentation was how to use a regional approach to respond to emergencies and also how all levels of organizations should be coordinated during these times. The meeting was attended by law enforcement officers, healthcare workers, the Franklin Fire Department, emergency management workers, members of the Health Department, and even a Franklin church team preparing to help out in times of need.

Bowen opened the meeting with a statement about where the emergency exits were in the building. He emphasized how important it is to assess your situation and surroundings every time they change to ensure you know what to do and where to go in case a disaster were to occur.

The fact that the meeting was held at the Health Department wasn’t lost on Bowen. “Every disaster either starts as a public health crisis or becomes one in time,” Bowen said. On the sixth anniversary of 9/11, he emphasized how important it is to remember what we’ve learned since the terrorist attacks.

“Every time something happens we learn from it. What we used to call mistakes are now called ‘lessons learned’,” Bowen said. The number one failure in all disasters is a breakdown in communications.

Bowen engaged the audience with many questions, including ones about how the public is supposed to respond to disaster situations when it has never been informed of what to do in different types of disasters.

“The process must be properly communicated and explained before an incident to ensure maximum compliance. Communications regarding the level of risk must take place before, during, and after a disaster or public health crisis,” Bowen said. Bowen also said that it’s not only the public that needs to be better informed.

When Flight 77 crashed into the Pentagon on September 11, 2001, there were around 30 agencies that responded to the emergency. They were all in the same general area, but were operating on 30 different frequencies. Bowen said that this breakdown in communications prolonged rescue efforts, and that the industry needs to standardize things so responders from all areas can work together effectively.

Bowen also explained how healthcare workers have increased duties in times of disaster. “On average, as many as 60% of those injured during the initial emergency bypass the EMS system and self-ambulate to the nearest emergency departments, hospitals and clinics.” Healthcare providers at these facilities become emergency responders, taking on the roles usually performed by EMS personnel.

This becomes even more complicated when the increased medical surge is factored in. According to Bowen, an increased number of people seek medical care during times of crises, and the surge capacity of medical facilities is challenged. “Surge capacity is the ability of a hospital to handle a dramatic increase in patient volume.”

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Every spring I think “this is my favorite season for flowers” as I wander through the woods looking for trillium, ladyslippers, and jack-in-the-pulpit. But then September comes along and I change my mind. Especially here on Turtle Pond where the valley grows wild and the fields fill with joe-pye weed, ironweed, thistle, goldenrod, and asters. Butterflies flutter everywhere. I feel the abundance of nature in advance of the coming winter.

In September I see mostly the eastern tiger swallowtail (largely yellow with black edging), the black swallowtail (mostly black with iridescent blue towards the tail), and a gold and brown butterfly I think is one of the fritillary butterflies, but towards the end of the month I look forward to the monarch butterflies flying through on their epic migration to Mexico.

Earlier this month the Highlands Biological Station held its annual native plant conference. There were two days of interesting field trips and seminars to learn more about the native plants of this region.

A lecture I attended was on creating butterfly gardens, given by Karen Garland of the Georgia Conservancy. She is very passionate about butterflies and gave a great presentation. She mentioned in passing a website for Tracking Butterflies

Journey North is a web-based science project mainly for school children but open to everyone to participate in studying global wildlife migrations and seasonal change. Participants share their own observations of nature—in effect become lay-scientists—and the combined amateur sightings enable a portrait of something like the migration of butterflies impossible to create without so many observers.

I saw my first monarch butterfly this year on Wednesday, September 12, a few days after I first visited the website. I registered and recorded my observation. You can see my record by going to www.learner.org/jnorth, click on “sightings,” view all sightings,” select “monarch migration sightings,” and scroll to September 12. Or you can click on “maps,” click on “monarch migration sightings,” and zoom into the Highlands area. Click on the “i” button on the left, then click on the spot over Highlands and a window will come up giving information about my sighting.

In late August people had already sent in observations of monarchs from Clingman’s Dome, the Biltmore Estate, and Mt. Mitchell.

The website suggests this project has been going on since 1997, but there are only maps and records since spring 2004. I looked at the monarch migration map from 2006 and most of the sightings in our area were from September 27 - October 17. Two years ago I got some marvelous video of monarchs on October 1.

I've had a lot of fun playing around on this website. The spring records are fascinating: first earthworm sighting, first frog singing, first ruby-throated hummingbird. I learned that in 2005 Linda in Franklin saw her first hummingbird on April 12.

I just searched my journal—I mention on 2/11/01 hearing frogs for the first time a couple of nights before, and in 2002 we heard them on Jan. 29 but they were slumbering again by Feb. 15.” Not many people send in frog-singing observations but I'll send in mine next year.

Another fun idea I heard at The Garland lecture was butterfly feeding. I feed birds, squirrels, hummingbirds, feral cats, but I never thought about feeding butterflies. Although I don't know why not; my father-in-law once raised beautiful tomato plants in containers on his back patio. He doted on those plants, picking the hornworms off by hand. He doted on those plants, picking the hornworms off by hand. I wouldn’t have believed this if I hadn’t seen it with my own eyes, but he would then cut the hornworms into slices and feed them to first frog singing, first ruby-throated hummingbird.
D o you remember when our mothers would tell us, “Be nice. Share. Take turns.” Of course, that’s what they say. Mothers do that. It’s their job. Have you ever noticed, though, how often they skip their turns, usually for us? I’m pleased to say that, finally, last week, Maman got her turn. It was about time.

For years, my mother accompanied us as we attended our reunions. My father served in the Signal Corps during World War II, and they attended several Army reunions together. Four years ago, she came along to my 30th reunion at Goucher College, and we were like two schoolgirls together. Still, I always regretted that Maman didn’t have her own special reunion, and now she has.

Last week, we spent five days together in Chicago, attending the World War II War Brides Association Reunion. It never ceases to amaze me what you can find on the Internet, and just in surfing the Web, I found a tremendous website, The American War Bride Experience: GI Brides of World War II www.geocities.com/us_warbrides. It’s put together by a marvelous woman, Michèle Thomas, herself the child of a Belgian war bride. The website provided a link to the World War II War Brides Association. I was enthusiastic about joining; my mother took a bit of persuading. “What will I have in common with all those women?” she asked. Well, so much, it seems, that I can’t include it all in just one article.

Last week, I got to meet Michèle and her mother, along with a charming group of war brides and their families. What did we have in common? Everything. No matter what country the women came from, they shared similar experiences of fear, hunger, deprivation, and then the euphoria and relief of peace.

The backgrounds of these women couldn’t be more varied; after all, war brides came from 50 countries. A common thread went through their stories as they recalled the arrival of American troops, as well as meeting and being courted by their future American husbands. These matches were often a bit of persuading. “What will I have in common with all those women?” she asked. Well, so much, it seems, that I can’t include it all in just one article.

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• COACHES CORNER •
Random Thoughts from a weekend filled with college football

Before I begin, let me just say that I hate the New Orleans Saints...that being said, let’s recap a weekend chock full of college football goodness.
Early Games
North Carolina’s wide receivers looked fantastic against Virginia, but Butch Davis is going to have to find a way to stop the run if they want to win another game this year against someone not named Duke.
UVA looked much better with a running quarterback—they simply pounded down the Heels' throats and came out with a W.
Mississippi State got a huge win against Auburn, and they did it by simply running the ball and not making mistakes. Sylvester Croom needed that win to keep him afloat after years of below standard play in Starkville.
Midday Games
I spent most of the afternoon watching the UF-Tennessee game but had a chance to watch a little bit of the train wreck known as Notre Dame vs. Michigan. Notre Dame is horrible, just horrible. They cannot block anyone, and their running game is a disgrace. Good thing they just locked up Charlie Weis for a multi-year extension.
Tim Tebow is strong.
Percy Harvin is fast.
Aside from those observations the reality for Tennessee is that they no longer have the athletes to match up with Florida’s speed defensively, and they cannot run the ball to control the clock. In the past, you could always count on Tennessee to run the ball and play good defense. This year, they have to throw the ball constantly to be able to score, and that is not a good thing when your QB has a broken finger.
There are definite rumblings in Knoxville over Phil Fulmer and defensive coordinator John Chavis. I predict that Chavis steps down at the end of the year and Fulmer gets one more year to right the ship.
Evening Games
The night games were the best of the bunch. Alabama jumped out to a huge lead on Arkansas, but Darren McFadden (known to some as Humanity Advanced) singlehandedly brought Arkansas back before a couple of shady pass interference calls allowed Alabama to march to a game winning touchdown with less than 30 seconds left. This was a terrific ball game that featured some great offensive play, but it wasn’t as good as...
Kentucky’s upset over Louisville which proved that defense is the number one ingredient to a national title contender, and Louisville has none. Brian Brohm has got to be kicking himself for coming back instead of taking the NFL’s money.
Duke finally won a game beating Northwestern in an exciting finish to end a 22 game losing streak. Congratulations to the Blue Devils—they will have a chance at winning another one when they play Notre Dame.

And finally, USC went into Lincoln and blew the doors off of Nebraska, which was surprising to some but not most. USC is clearly the most talented team in the country, but it remains to be seen whether or not they can close the deal after choking last year against UCLA.

... HIS & HERS continued from page 9

These extraordinary individuals left their families and cultures behind to follow the men they fell in love with. They adopted the United States of America as their home, raising children and supporting their husbands. They embodied the notion and reality of the Greatest Generation by pledging their allegiance to the United States and to the soldiers who bravely fought for freedom around the world.

In remembering World War II, let’s not just recall the courage and bravery of so many “bands of brothers,” the term popularized by the book of the same name written by historian and biographer Stephen Ambrose. There were also “bands of sisters” who came to this country, not knowing if and when they would ever see family and friends again. This year, they were finally recognized by the U.S. Congress. It’s about time.

About the Author: Michelle A. Mead
Michelle A. Mead is a writer and translator who grew up in Waynesboro, Virginia, before wasting her youth and good looks in Baltimore, Sydney, Paris, and New York. Michelle is a member of the Highlands Writers Group. She and her mother, Annette are members of the World War II War Brides Association. Michelle is in the division referred to as “war babies.” Some baby.
For those of you who aren’t religiously inclined, I suggest you move on to another part of the paper and come back next week for a secular subject more palatable to you.

Lost in the clutter and chatter of the “important” matters of the day recently was the passing of Dr. James Kennedy. Many of you know nothing about him, most others know a little and a few of us had the honor of knowing him.

My wife, our kids and I moved to South Florida in 1969 and settled in North Dade County, about 20 miles north of Miami. We attended neighborhood churches for many years and participated fully. We were happily engaged but we kept on hearing about Coral Ridge Presbyterian Church in North Ft. Lauderdale. 35 miles from our home, and its pastor, Dr. Kennedy.

We finally paid Coral Ridge a visit one Sunday and as we approached the church, I remember how impressed I was that there were several uniformed police directing traffic. Imagine, a traffic jam of people going to church. My next pleasant surprise was Dr. Kennedy’s appearance. Because of his great accomplishments and long-standing service, I expected to see a white-haired, distinguished looking gentleman. Instead, he turned out to be a middle-aged, businessman-looking fellow.

When it became obvious that this was the church for us, we signed up for new member classes, a series of four meetings educating us about Presbyterianism in general and Coral Ridge in particular. On the Sunday of the fourth and last evening new member class, Dr. Kennedy spoke fervently and long-standing service, I expected to see a white-haired, distinguished looking gentleman. Instead, he turned out to be a middle-aged, businessman-looking fellow.

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Flyboys


The Storyline: The movie follows several members of the Lafayette Escadrille, American pilots who volunteered to fight in the French Air Service during the First World War, prior to America’s entrance into the war. The beginning of the film introduces the principals: young Americans having volunteered for a variety of their own reasons. Most having nothing to do defending France from the Huns. After a rather awkward “settling in period” they learn, among other things, the life expectancy of a military pilot (short), the life expectancy of anyone careless or inattentive in the beginning of the bi-plane era (real short), and what to do if a plane catches on fire in the air (not much). Most of the rest of the story takes place in the air, with some VERY impressive visuals in the battle scenes, light drama, a lot of tension, and a few real surprises. Oh, the allies win, that’s not the surprise, hope I am not spoiling anything.

OK, real serious history geeks, such as myself, might do a little nit picking over some of the technical issues. For instance, a guy being pinned and immobile under a crashed bi-plane that had a weight of maybe 150 lbs. or so was a bit of a stretch, but the overall story is fairly accurate at least about the details of the Aeronautique Militaire’s Lafayette Escadrille, the largely American flight squadron later transferred to the U.S. Army Air Service once the Americans decided which side to back, and the development of aviation, both as a science and as a military tactic. And the action and suspense are genuine enough, that’s for sure.

The real reason to see this film is for the effects and flight/fight scenes anyway, the back story (some personal development, some romance, some revenge) is good enough for the purpose of setting up the action, and for that, it works. And the effects are spectacular, both the computer generated ones and the flying itself (much of that done with bi-planes built for the movie).

A few more films to see if you enjoy this one are Flags of Our Fathers, Letters from Iwo Jima, Flying Tigers, Longest Day, and a great true military drama, Enemy at the Gates, an amazing story from the siege at Stalingrad. These and about 5,000 more are available at Movie Stop Video, for rent or sale, stop on by and give us a look.

Dry Falls recreation area closed

The Nantahala Ranger District announced the temporary closure of the Dry Falls Recreation Area as of Sept. 17.

Construction work will begin on phase 1 of a comprehensive facility renovation plan, which will eventually include a new public restroom and a pedestrian bridge over Highway 64 that will connect to a new expanded parking area.

Phase 1 construction activities will include renovating the existing parking area to provide safer vehicular access and design improvements.

All public access to the parking area and falls will be prohibited until project completion, which is scheduled for in the early summer of 2008.

Nantahala District Ranger Mike Wilkins stated: “although visitors Dry Falls may be temporarily inconvenienced by the construction project, these activities will result in an improved facility that both visitors and local residents can enjoy and take pride in.”

For more information, contact our District Office at 828-524-6441.
‘Perpetual Health’ program could offer low-cost or no cost primary care for county’s working uninsured and indigent

By Sally Hansen
Reporter

Dr. Charlie Vargas of Franklin recently gave a presentation to the Macon County Board of Health concerning his proposal for solving some of the health access challenges Macon County faces.

Vargas is a family physician who has been practicing in Franklin since 1999. He said he has struggled with the dilemma of how to offer free care to patients who need it without hurting the bottom line of private practice.

Vargas estimated that between 17% and 23% of Macon County’s residents are uninsured. This translates to up to 7,300 people in the county who have no insurance which is higher than the overall statewide estimate of 13%.

“Society won’t pay for the primary care of indigent people, but it will pay for cardiac catheterization, so it is kind of an upside-down system,” he said. Vargas was referring to patients who go to the Emergency Departments (EDs) with symptoms that warrant expensive workups which might have been prevented with proper primary care and medication.

Unfortunately, this is how the current system handles these types of problems. “The uninsured and poor are treated once and then referred, but there is not a lot of follow-up,” Vargas said. One in 10 adults delays treatment due to a lack of health insurance coverage, and this leads to visits to EDs and urgent care centers when the problem becomes too severe to ignore.

“This is inadequate chronic disease management, and it’s also inefficient and expensive,” Vargas said. The traditional approach at rectifying these problems for healthcare workers is a choice of two different lifestyles: private practice or indigent care.

Vargas said that most doctors who work in indigent care are overworked and underpaid. Those who choose private practice have more control over their lifestyles and their earnings, but they may not derive the same satisfaction as those who work with disadvantaged patients, and burn-out rates are high.

“Until now, there hasn’t been a model that blends the two,” Vargas said. Dr. Robert Forester of Modesto, CA, came up with such a model, called a “micropractice” that can be financially sustainable, professionally friendly, spiritually rewarding, and prevents physician burn-out. This is the model that Vargas is basing his new practice on.

Forester is in his second year of operating St. Luke’s Family Practice, and it is the only clinic of its kind in the entire U.S.

According to Vargas, the fees for benefactors – those who buy into the program — in 2006 ranged from $500 a year for children under 19 and full-time students under 23 up to $1,500 for benefactors over the age of 60.

For their fees, benefactors have unlimited primary care visits for the year and records are kept for the amount of money benefactors would have spent if they were paying out-of-pocket for their medical care.

Vargas said that the difference at the end of the year would be considered a donation, and benefactors could take the amount as a tax deduction. “Everyone benefits from this,” he said.

Called “Perpetual Health,” Vargas’ clinic is a non-profit organization that serves two different types of patients. The first are called “benefactors” and this group pays an annual fee to have unlimited access to a primary care physician. The other types of patients are the “recipients” who don’t pay a fee and receive free care.

“There is no staff to pay, no benefits, and you don’t have to see as many patients as you would in a traditional private practice. This means same-day access, 30-minute visits and high-touch care through high-tech efficiency,” Vargas said. It is a true micropractice: the physician answers phones, schedules appointments, and sees patients. Insurance billing is eliminated, and because of the non-profit status, grants and donations can also be accepted. There is a salary cap for physicians as well.

Vargas said that his practice would be a true Community-Supported Practice, or CSP. This means that no city, county, state or federal funding is necessary to keep it running. “If we can pull this off in Macon County, we can solve our own problem of indigent care without a single penny from the outside,” he said.

The practice would also offer consultation via phone or email, which can be helpful if the patient is out of town or if he or she is unsure if a particular problem warrants an office visit. Appointments could also be scheduled online.

It is important to remember that Vargas’ clinic is solely for primary care. “This is not an insurance policy,” he said. Benefactors are urged to keep health insurance if they have it, but Vargas suggested they take a higher deductible to ensure a lower premium.

“The bottom line is it offers another way,” he said.

(See PERPETUAL HEALTH page 17)

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Serving Western North Carolina since 1997
By Sally Hansen

With flu season rapidly approaching, 3,500 doses of flu vaccine have been ordered. This is a little less than the 4,500 we typically get because physicians' offices will be administering.

Flu shot clinics will be offered at Bi-Lo and Ingles because the Health Department isn't anticipating as many customers as usual.

Clinics will be scheduled soon for mid- to late October, including evening hours and a Saturday clinic as well as visits to Highlands and Nantahala.

Board of Health Chair Angie Stahl announced that Bi-Lo has three flu clinics already lined up for Oct. 3, Oct. 25, and Nov. 5 from 10 a.m. to 2 p.m.

Casteberry's recall

Barry Patterson of the Environmental Health Liaison Committee reported on how the recent Casteberry's recall was handled in Macon County.

After the July 18 recall, not all of the offending cans of chili were removed and people continued to get sick with botulism all across the country.

"The Department of Agriculture at the federal and state level and asked local Health Departments to get involved," said Patterson.

Volunteers in Macon County canvassed small stores, daycares and campgrounds, as most of the contaminated merchandise from bigger stores had already been removed.

In NC alone, 6,000 cases of Casteberry's were found to still be on store shelves. Patterson said that it was an additional problem because many of the 26 different brands are commonly used to stock emergency ration pantries.

However, no one in Macon County got sick from the contamination.

According to Patterson, the county received a letter from the head of the NC Department of Agriculture and Consumer Services commending NC in general and Macon County specifically for the level of effort and participation that went into this project.

Heart-Healthy Restaurants

A presentation was made by Jennifer Heart, Heart-Healthy Restaurant Survey conducted in June of 2006. Every few years the state participates in this survey that is completely voluntary and has nothing to do with sanitation ratings. It consists of a brief, five-minute survey restaurants were asked to fill out.

It was found that 87.4% of all 103 restaurants in Macon County were smoke-free. This is up from 73% in the last survey from 2003.

"Most restaurants that still allowed smoking were locally-owned, and they didn't want to go smoke-free for fear that they would lose regular customers," said Hollified.

MC Health Director Jim Bruckner said studies have actually shown that prohibiting smoking in restaurants increases revenue rather than decreasing it.

Macon County was 2nd out of all 27 NC counties that were surveyed. The number one county was Clay County, but since they have only 20 restaurants its not a true comparison with Macon County's 103 eating establishments.

Three grants were discussed at the meeting, with the first being nearly $13,000 for all Healthy Carolinians Certified Coalitions, which includes Macon County's group. Bruckner said the grant will be used to offset the cost of a clerical position that already exists in the county.

Next was the Eat Smart, Move More Grant. An older walking trail currently exists on the property where the Health Department is located, and this grant will help with its upkeep so staff members of the Lakeside Drive Complex and other county employees can use the trail to get aerobic exercise.

Another grant that was approved was the Kate B. Reynolds Grant for the purchase of items for the Dental Clinic such as chairs. Bruckner said "We were trying to help the county by offsetting the costs of certain things." Most of the funds from the smaller grants are used to offset county costs, as is the case with these three grants.

Robert Swank said "The public needs to know what the Health Department is doing and what money it is bringing in on its own to help the taxpayers." This led to the last discussion of how often and at what time the board should meet in the future.

After discussion, David Hourdequin suggested that Bruckner and Chairman Ronald Campbell be appointed to make these decisions. The board has met only quarterly in the past, but current meetings are usually held every month. "If we decide to meet less than monthly, we should at least get an update at least every month and also issue a formal press release," Hourdequin said.

It was also suggested that productivity standards need to be set. Bruckner said that if they moved to meeting only once a quarter they'd essentially become a decision-making body only. Most of the information that is currently discussed at meetings would simply be read by the members, and there would be little room for discussion or new suggestions. It was agreed that this would be brought up again at future meetings, and the meeting was adjourned.

... BOND continued from page 6

"One problem we have now is bathroom space," Jenkins said. "Wedo not have separate bathrooms for daycare and public use, so any adult in daycare has to use the public restrooms." This doesn't provide for the additional privacy such citizens might need. The proposed Social Services Complex hopes to provide separate bathrooms for public and daycare use, and the daycare bathrooms would include showers as well. A commercial kitchen is also planned for the new complex.

"The senior population is growing all over the state, and we need to look ahead in the future and try to be prepared," Jenkins said. Greenwood added that the new facility would consolidate space for the Department of Social Services, and that the sharing of facilities will provide better access for the county's seniors.

The projected growth isn't only restricted to seniors. SCC Project Manager...
George Stanley introduced the $3 million bond for the construction of a new Southwestern Community College (SCC) building on the newly-opened campus in Macon County.

“We are maxed out at our current site,” Stanley said. The Macon County Early College High School holds classes in the building, and students from our county’s existing SCC locations have moved into the building as well. The College would also like to offer additional degree programs and continuing education courses, which is why they are asking for funds to construct another building.

The proposed building will include classrooms and laboratories that other colleges and universities could use to teach junior and senior level courses and graduate courses. The new Macon County Library is next to the campus, and its use saves the college from having to build a library of its own. SCC will also hopefully be able to take advantage of the proposed indoor recreation complex, dubbed the Rec Plex, that is included in these bond projects.

Commissioner Bob Simpson again made reference to Macon County’s rapidly-growing population, and said “Our job at the Rec Board is to make sure there are enough facilities for the people of Macon County to participate in sports and recreation.” The park and recreational facilities bonds hope to provide $9.4 million for improvements and new construction of facilities that both the public and local schools can use.

The proposed Rec Plex will be located near the Macon SCC campus and the new Macon County Library, and $6,371,665 has been allotted for its construction. It has been the topic of several meetings over the past few months in Franklin. Simpson said the Rec Plex is planned to have an eight-lane competition lap swimming pool, an indoor water park, two regulation basketball courts, two racquetball courts, exercise equipment, aerobics and exercise classrooms, childcare, bathroom facilities, office spaces and storage. “We are looking to build it near Southwestern in hopes of utilizing this building for the community college,” Simpson said.

Simpson said that plans are also underway to expand the Buck Creek Recreation Park in Highlands. Right now the facility has a baseball field and a small soccer field. “Our hope is to purchase additional property next to the Park to increase the size of the park,” he said. The Rec bond has set aside $700,000 for the Buck Creek expansion.

The Nantahala community also will benefit from this bond if it passes in November. Simpson said that they hope to build an indoor facility in Nantahala that will include a gymnasium big enough for indoor tennis, meeting rooms, room for the library to expand, better bathroom facilities and other recreational facilities. Just over half a million dollars have been appropriated for this expansion.

The final two projects included under the recreation bond projects are involved with two elementary schools. Simpson talked about the proposed South Macon Complex, which is planned to be located behind South Macon Elementary School. “We are hoping to build a three large baseball fields in hopes of having adult leagues move out there so existing fields can mostly be used for youth and recreation baseball and softball for the kids of the community,” he said. Commissioners are also working with South Macon to build a road to develop a better drop-off system at the school. “We work with schools as a lot; there is no way recreational facilities could match the demand without our being able to use schools and their facilities,” Simpson said. Funds in the amount of $1.1 million have been set aside for the South Macon project.

The last component of the recreation bond project is a proposed recreation park at the North Macon Elementary School. Simpson emphasized that the park is dependant on the school and how it gets built. The $754,965 will be set aside until the school is finished and it is determined where to put the facilities. Simpson stressed that the community is expected to help plan the park and decide what facilities are needed so that there is something for everyone.

Karen Wallace spoke about the last of the bond projects, which are for the replacement of the Hudson Library in Highlands. A library consultant was recently brought in to assess Macon County, and the new library in Franklin was one of the results.

Right now, the Hudson Library occupies around 5,300 square feet. Wallace said that the library consultant recommended at least 16,000 square feet. To put that into perspective, the old Macon County Public Library building was around 16,000 square feet.

The Hudson Library shares a building with the Balsam-Louise Art Gallery, which is soon to move out into its own building. This would free up about 2,000 square feet. “In the long run, that is not going to be adequate space for us,” Wallace said.

Wallace did allude to what might be done with the current library building if a new location was found, but she said “Costs are going to be fairly high to provide for a new facility in Highlands, but those people pay taxes, too, and we want them to have convenient access to library services near where they live.”

A community-wide forum will be held Sept. 27 at 5 p.m. at the Fine Arts Center at Franklin High School. This will include an expanded format with presentation packages so the public can ask any questions and participate in the process.
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HIGHLANDS-CASHIERS, NORTH CAROLINA

... EMERGENCY continued from page 7

to expand its services beyond normal operating levels to treat an atypically large influx of patients.”

Risk communication is also vital to effectively managing an emergency. If the public is adequately informed as to what the risks are then it is hoped that disaster response will run much more smoothly. “Exposure, contamination and infection are totally different things, and we need to communicate that to the public,” Bowen said.

Additionally, the mere presence of a disaster makes it less likely that all workers will report for duty. “Studies show that not all critical employees are willing to report for duty during emergencies and disasters out of concern for themselves and their loved ones,” Bowen said. It is therefore important for disaster team members to be able to perform the duties of several different jobs in anticipation of worker shortages.

Bowen is currently working with Macon, Jackson, Swain and Clay Counties, as well as the Eastern Band of Cherokee Indians, to implement a component SNS Program. The SNS is the Strategic National Stockpile, which consists of special supplies that could be critical in the event of a disaster. These stockpiles are located in different parts of the country and are designed to be close enough to any town so that in an emergency they could be transported to the scene within 12 hours should local supplies run out.

Bowen works with the Chempack component of the SNS Program, which is designed to have crucial medical supplies delivered to disaster scenes within an hour of their request. The Chempack is targeted specifically at nerve agent terrorist attacks, and contains medication to combat the toxic effects of nerve agents.

It was also stressed that emergency preparedness occurs on an individual level as well. Bowen confessed that he always counts how many rows are between his seat on an airplane and the emergency exit, and how many doors there are in each direction from his hotel room to the exits on each end of the building. He asked the audience how many of them have signaling devices on their person in case of an emergency, and produced a small keychain light and whistle from his pocket that he carries everywhere.

“People have an unrealistic expectation of what the government can do for them,” Bowen said. “It’s not the government’s responsibility to save you.”

He also recommended that everyone have a disaster preparedness plan at home in case of emergencies. But simply having a plan isn’t enough: you have to practice it in order to determine if it is effective, and to make changes before a disaster to be as prepared as possible.

“Preparedness includes planning, training and exercising,” Bowen said. “Preparedness includes planning, training and exercising.”

Bowen closed the meeting with a quote from Benjamin Franklin. “If you fail to plan, you plan to fail.”

... BRUGGER continued from page 8

a wasp! The wasp would follow him around whenever he was working with his tomato plants. The formula Ms. Garland gave for butterfly food is as follows: Mix one can of beer, 1 cup brown sugar, 1 cup molasses, and one extremely ripe banana (mashed). Let sit overnight. Then “paint” on a tree trunk, or put it out in a shallow saucer. I mixed an approximation of this last night. I didn’t have enough molasses so I used honey and I didn’t have a banana but this is how I cook passed out and she very clearly says not to use honey, so I guess I’ll have to try again.

I’ll let you know next week if I get some butterflies.
access point to primary care services. It also offers 24/7 access to me as your personal physician,” he said.

Vargas reported on the status of his Perpetual Health clinic. So far, he has achieved incorporation of the business, chosen a board of directors and communicated with Forester about his ideas. Perpetual Health still needs benefactor enrollees, a physical home, and start-up funds and donations. “This model resonated so thoroughly with me, I thought it was speaking to me and reaching out to me. I have always wanted to do this kind of work,” Vargas said.

Vargas welcomes questions, comments and interest in becoming a benefactor to his email address at vargeca1@verizon.net.

Gray's ruling.

ard issued a press release concerning Judge Gray’s ruling.

"The town vigorously opposed the judge’s actions, arguing that the evidence of siltation in the Cullasaja River caused by Riverwalk’s project was clear," continued Coward, “even if not measured before and after the rain storms with scientific precision, and that the cost to clean up the silt would be substantial even though the town didn’t hear evidence of the exact amount such clean up would cost.”

Judge Gray also denied the town’s motion to dismiss Riverwalk’s petition on the grounds that the Office of Administrative Hearings didn’t have subject matter jurisdiction to hear the case.

Coward argued that the Administrative Procedure Act applied only to “agencies” in the state and the definition of “agencies” in the act specifically excludes towns.

Judge Gray agreed, but said that the Sedimentation Pollution Control Act carved out an exception to this general rule by providing for appeals in such cases to go through the Office of Administrative Hearings.

“Judge Gray’s rulings came as a surprise to all,” wrote Coward. “The parties were engaged in settlement discussions involving substantial payments by Riverwalk immediately prior to the rulings. Whether obtained in settlement or after hearing, all amounts collected from Riverwalk were under North Carolina’s Constitution, destined to be collected by the state and ultimately distributed to the Macon County School Board.

Clarke said the Riverwalk site is and has been in compliance with the approved erosion control plan for the site's Vegetative cover is in place on all disturbed areas, roads are paved and Riverwalk is restoring the central drainage channel in accordance with a plan approved by the North Carolina Division of Water Quality.

“Riverwalk is working in cooperation with the Division of Land Quality and the Division of Water Quality to address any possible areas of sediment deposition in the Cullasaja River,” said Clarke. “Riverwalk looks forward to successful completion of the project and a continuing relationship with the Town of Highlands.”

At the July 23 Planning Board meeting, Town Code Enforcement Officer Josh Ward said the controls put in place to prohibit erosion at Riverwalk seem to be working and the developers are working directly with the land and water quality divisions at the state level to make sure their soil and erosion plan continues to work.

“The state is also requiring them to remediate three plumes of sand reaching into Cullasaja River at three points,” said Ward. “They will use a remote controlled dredge and then will have to remove the sand by hand, as well.”

Work on the plume removal is set to begin soon.

The Town Board hasn’t decided whether to appeal Judge Gray’s decision.

“The board feels that the levying of civil penalties last December was necessary to send a clear message to Riverwalk and others that the Town Board takes all violations of its erosion ordinance very seriously and that it is committed to protecting the environment,” wrote Coward.

The maximum penalty for violations of the town’s erosion ordinance is $5,000 a day. Those who intend to begin any land disturbing activity should understand the requirements of the ordinance before beginning work, wrote Coward.

FLOOD PLAIN continued from page 1

insurance, whereas before they couldn’t,” said Ward. “They don’t have to live in the flood plain but with an ordinance, if there is a storm like Ivan that causes damage, FEMA money will be available.”

In Highlands areas now listed on the state flood plain map are around Lake Sequoyah, and in the Mill Creek, Cullasaja and Mirror Lake basins.

On Oct. 2 there will be a public hearing at the county facilities building so citizens can see the new flood plain map. Changes as to street accuracy can be made for 90 days and then the map will be considered final. Then the towns of Franklin and Highlands have six months to adopt a flood plain ordinance.

Currently, there is a county-wide moratorium on building in the flood plain pending adoption of the Flood Damage Control Ordinance.
Boys soccer gaining momentum

The boys’ soccer team has been giving opponents a run for their money lately. Highlands was neck and neck with Polk County High School Thursday, Sept. 13 (who is third in the state) but then Polk scored a point at the end of the match so the final score was 3, Polk County, 2, Highlands. This past week Highlands beat both Hayesville and Andrews which are both in Highlands Schools conference. On Sept. 12, Highlands beat Hayseville 8-1. Above, Tay Parrish controls the ball during the Andrews game at home on Monday, Sept. 17. The score was 10-2. The next home game is Sept. 26 against Blue Ridge.

Photo by Noel Atherton

100 people turn out for health screening

Dan Rogers, lab technician at Highlands-Cashiers Hospital, draws a blood sample from Donnie Edwards, Chairman of the Macon County School Board, at last Saturday’s free health screening at the hospital. Edwards was among more than 100 area residents who took advantage of health screenings offered each year to the general public. This year 370 participants attended the four community screenings, an increase of more than 15 percent over last year. Screenings included cholesterol, high blood pressure, diabetes and body mass index.

Photo by Noel Atherton
... SPIRITUALLY SPEAKING continued from page 25

that any more. It’s lost. I beg to differ with that. Those good old days are never lost. We too can paint life as we would like it to be, and the more we look, the more goodness we will find, and the more life as we would like it to be will become life as it really is, and that’s a very powerful thing.

So my instructions to each and every one of us this week are very simple: Pick up your palette, your tubes of paint, and paint a canvas of a life for which you would like to be remembered. Maybe someone will make your epitaph, “Here lies one of the great artists who found life when everyone else thought it was lost.”

Highlands Girls’ Varsity VB Team

The Highlands School Girls’ Varsity Volleyball team is: seniors, Ali Lica and Danny Puchacz; juniors, Carolyn Hornesby and Marisol Ruiz; sophomores Haley Rice and Brie Schmitt; and freshmen, Taylor Burns, Amy Fogle, Elizabeth Gordon, Marlee McCall, Devon Porter, Sarah Power, Stephanie Puchacz and Courtney Rogers. Not pictured are Ali Lica and Marisol Ruiz. Coaches are Kyle McKim, Lindsay Gearhart and Caroline Trine. Not pictured is Carolline Trine. The next home game is Sept. 25 at against Cherokee at 6 p.m. Photo by Stephanie McCall

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Changes happening at Wildcat Cliffs Country Club

On Sept 5, 2007 Wildcat Cliffs Country Club had a ground breaking ceremony to commemorate the start of a complete Golf Course renovation. The renovation marks the beginning of a new era for Wildcat Cliffs because it is one of the two originally established country clubs in the Highlands area and this renovation will transform the course to today’s maintenance standards while retaining the course’s original character. The newly renovated golf course will be completed and open by July of 2008. Front row from left: Don Heasley - Wildcat Cliffs President, Bill Bergin - Course Architect, Barry Graham - Green Superintendent, Robert Sinclair - Course Doctors, Harry Deffebach - Prior President & Green Committee, Bob Willard - Green Committee, Martin Hayden - Board Member & Green Committee, Jim Rogers - Green Committee, Bill Crowe - Green Committee. Back row from left: George Shook - Wildcats General Manager, Jim Rothermel - Board Member, John McCoy - Board Member, Frank Buskirk - Board Member, Jim Hines - Board Member, Keven Gabbard - Golf Pro and Byron Shouppe - Board Member.

Macon ranks second in state for smoke-free restaurants

Health Director Jim Bruckner announced today that Macon County ranks second in the state for the percentage of 100% smoke-free restaurants. Mr. Bruckner stated “we are pleased to have so many of Macon County’s restaurant owners appreciate that going smoke-free is not only good for the health of their patrons and employees, but is also good for their business.”

The restaurant information came from the statewide “2007 Restaurant Heart Health Survey”. This statewide survey was conducted locally by health educators with the Macon County Public Health Center. The survey assesses smoking and heart healthy dining policies of the individual restaurants in each North Carolina county. Questions about smoking sections, nutrition labeling on menus, and portion sizes are included in the survey.

In Macon County, a total of 103 restaurants were surveyed and 87.4% were found to be smoke-free. This compared to a statewide average of 52%. Clay County ranked number one in NC, with 90% of its 20 restaurants being smoke-free. This same survey was conducted in Macon County in 2003. That year, 73% of the 90 Macon County restaurants surveyed were designated as smoke-free.

Since 2003, the Macon County Public Health Center has been working to encourage local businesses, schools, and restaurants to go 100% tobacco free through a teen tobacco prevention grant funded by the NC Health and Wellness Trust Fund Commission. As a part of this initiative, local restaurants are being encouraged to participate in the GO-LITE campaign. Participating restaurants receive a window decal signifying their smoke-free status and community recognition as a smoke-free establishment.

The campaign promotes healthy smoke-free environments by informing would-be patrons of the smoking status of restaurants before they walk in and risk exposure. Mr. Bruckner added, “The recent Surgeon General’s Report on secondhand smoke and its impact on health prompted this program. The Surgeon General stated that there is no safe level of exposure to secondhand smoke. As the local health department, it’s our goal to let citizens know if they are about to enter a restaurant that allows smoking inside.”

To help residents find smoke-free restaurants, the Macon County Public Health Center has posted a listing of 100% smoke-free restaurants on the web. This list can be found at http://www.maconnc.org/healthdept/smokefree.pdf. Restaurant and business owners who are interested in going smoke-free, obtaining smoke-free signage, or learning more GO-LITE campaign are encouraged to contact a health educator at the Macon County Public Health Center by calling 349-2081.

Sushi Bar now open at Golden China Restaurant

Prepared fresh per order Monday-Sunday
... SCHOOL BOND continued from page 1

lands School third-grade teacher and the mother of children attending the school, said more locals are coming back but “families are also coming here from out of state like from Atlanta, GA,” she said.

Brigman agreed. “Highlands saw significant growth this year. It’s getting new families and the locals are coming back,” he said.

Highlands hasn’t reached an “overcrowded” stage but Brigman said in two years when the two new schools are occupied and attendance zones reconfigured throughout the district, Highlands and Nantahala will see an influx of students apart from the expected seven percent growth.

The increase of 27 students at Highlands affected the elementary wing most of all where a teacher work room made way for a classroom.

Highlands elementary school consists of one kindergarten, one Great Beginnings; one first-grade, two second-grades, two third-grades, two fourth-grades and one fifth-grade. Last year there was only one fourth-grade.

Districtwide on the tenth day of school there were 4,387 students, up from 2006-2007 which had 4,330.

Macon County Schools facility improvements since 2001 include two new schools - South Macon Elementary which cost $7,933,227 and Cartoogehaye Elementary School which cost $7,289,063.

But the crux of the school bond comes down to the per pupil cost of educating the county’s elementary students as well as alleviating extreme overcrowding at East Franklin Elementary School.

Using 2005-2006 attendance figures, the per pupil expenditure for the new Cartoogehaye School with 371 students is $6,607.94 per student.

The cost to educate Iotla’s 145 students is $8,702.63 per student; Cowee’s 139 is $8,401.97 and Cullasaja’s 176 is $7,856.69.

“That’s an annual operational impact on the district of $787,929.40,” said Brigman. “Operating small schools comes with a price.”

Building two new schools – one PK-4 at Iotla and one 5-6 across the street from Macon Middle on Clarks Chapel Road and renovating and expanding East Franklin Elementary will eliminate 27 portable classrooms, except for the one at Nantahala School which is used for afterschool care.

“Highlands and the school board will accommodate its students, the county has had to use portable classrooms at all but three of its 10 schools. Macon Middle has eight, East Franklin Elementary has nine, Cullasaja has three, Iotla has three and Nantahala has one.

“That is a safety issue and causes a communication barrier.”

The new Iotla school will be built on the current Iotla property around the existing school which will then be demolished to make way for parking. It is being built to house 650 students. The total square footage will be 90,681 sq. ft.

The new 5-6 school, yet to be named, will be built on county-owned property on Clarks Chapel Road across the street from Macon Middle School. “This will provide population relief for Macon Middle School and provide K-5 relief county-wide,” said Brigman.

It will be 92,681 sq. ft and will accommodate 700 students. Each new school, as well as East Franklin, have built in capacity to expand.

“These schools will remove all fifth-graders from the current K-5 settings and add 17% student capacity at each sight,” said Brigman. “It will also remove sixth-graders from Macon Middle School which will add 30% student capacity at that school.”

Upon completion of Iotla’s K-4 school and the new 5-6 school, attendance zones will be revised, said Brigman.

Cowee School will be closed and students merged with Iotla at the new site. Some students from East Franklin will go to the new Iotla; Cullasaja will be closed and its population will be added to South Macon, East Franklin and Cartoogehaye and Cartoogehaye, South Macon and East Franklin will be restructured to balance the K-4 attendance.

Closed school buildings will be offered first to the Macon County Commission which has first rights of refusal and then put out to bid.

At Monday night’s combination commission-school board meeting, Commission Chairman Charlie Leatherman suggested giving the Cowee School to the community which has expressed interest in using it as a community-historical center.

“The facilities improvement plan is a big endeavor but it will put students and faculty in adequate facilities for years to come,” said Brigman. “They say the cheapest schools you can build are today.”

Architect Mike Watson with Bowers, Ellis & Watson, who has designed the East Franklin renovation and expansion as well as the two new schools, said school building costs increase 6% annually.

The bond’s new construction and renovation breakdown is $14.9 million for the new Iotla K-4 School; $16.2 million for the new 5-6 school; $4.9 for East Franklin, $1.7 for contingencies and $73,200 for miscellaneous equipment for a total of $38.1 million. Another $3.9 has been allocated for water and sewer. The total school bond is $42.1 million.

Brigman said the citizens’ help is crucial to ensure the future of the Macon County School System and Macon County.

“Vote ‘Yes’ for the school bond referendum on Nov. 6,” he said. – Kim Lewicki
Important legislation moves forward

By Congressman Heath Shuler

The House of Representatives was only in session Monday of last week due to allow Members to travel to Ohio for the funeral of Representative Paul Gillmor, who passed away suddenly September 5th, and in observance of the Jewish holiday of Rosh Hashanah.

The House did debate and pass several bills under a “suspension of the rules.” House rules permit non-controversial bills to be brought up for a vote on Monday and Tuesday of each week and during the final six days of a session. Bills brought up under suspension of the rules cannot be amended and debate is limited to a total of 40 minutes.

Due to these restrictions on bills being considered under a suspension of the rules, the legislation must receive affirmative votes from two-thirds of the Members present and voting, not the simple majority usually required.

Even with the House only in session one day last week, Western North Carolina still saw important legislation move forward. On Wednesday the Senate approved its version of the Fiscal Year 2008 Transportation, Housing and Urban Development Appropriations bill with an amendment regarding the future of the North Shore Road. The Senate amendment will allow the remaining funds from the Environmental Impact Study (EIS), approximately $56 million, to be used as a down payment toward a cash settlement with the people of Swain County. The National Park Service said in May that the EIS will recommend a cash settlement.

I have been working with Rep. John Olver, the Chairman of the House Appropriations subcommittee on Transportation, Housing and Urban Development, to ensure the Senate amendment is included in the final version of the bill. As a Swain County native, I have a deep, personal understanding of the issues and emotions surrounding the Road. The people of Swain County have waited over 60 years for a resolution to this issue, and the federal government should not delay that resolution one more day.

Last week I was also pleased to announce that the Marketing Association for Rehabilitation Centers (MARC) had secured a $200,000 federal grant through the Appalachian Regional Commission (ARC).

MARC Inc. is comprised of six distinct manufacturing facilities. With more than 310,000 square feet and an employee base of over 800, MARC ranks as one of the largest industrial concerns in western North Carolina. All six facilities are within two hours of each other, and each provides services and support to fellow MARC members. MARC facilities include Industrial Opportunities in Andrews, Polk Vocational Services in Columbus, Transylvania Vocational Services in Brevard, Foothills Industries in Marion, Webster Enterprises in Webster, and Vocational Solutions in Henderson County.

The federal grant will be used to support the formation of MARC’s Custom Medical Products manufacturing initiative. This program will create or retain 250 jobs, primarily for people with disabilities, in the 17 westernmost counties of North Carolina, while also creating a manufacturing platform for small town rural entrepreneurial development.

I have seen first-hand the tremendous work being done by MARC and its affiliates across Western North Carolina. They are bringing people with disabilities into the workforce and helping them become full, active citizens. MARC has also proven to be a great investment for our communities by creating jobs and providing a great platform for entrepreneurs to work from – by providing services to the factories, transporting needed materials, and repairing machinery. I am proud to have been able to help MARC secure this grant, and I look forward to working closely with them in the future.

Additionally, the President signed into law legislation that brings unprecedented transparency to the activity of lobbyists and to take a large step toward changing the way business is done in Washington. The Honest Leadership, Open Government Act, S.1, requires reporting on lobbyists who “bundle,” or collect campaign checks for Members of Congress. For the first time, a Member’s campaign would be required to report if lobbyist bundled more than $15,000 in campaign contributions semiannually for that Member. Lobbyists will also be required to file reports on their lobbying twice as often each year, and for the first time to file them electronically in a public, searchable database. The legislation increases civil and criminal penalties for knowingly and corruptly violating lobbying disclosure rules.

The Honest Leadership, Open Government Act also ends the “K-Street Project” by prohibiting Members of Congress and their staff from attempting to influence employment decisions at lobbying firms in exchange for political access.

Finally, the bill will deny Congressional retirement benefits to Members of Congress who are convicted of bribery, perjury and other similar offenses.

The House will be back in a regular session this week.
Heart attack deaths higher in N.C. than auto accidents

More than 325,000 North Carolinians have coronary artery disease, and it's the leading cause of death for both men and women in the state. In fact, you are three times more likely to die of a heart attack (myocardial infarction) in this state than from a motor vehicle accident.

Doctors and emergency room workers all over the state are working to reduce the time for accurately diagnosing and treating heart attacks, thanks to a statewide initiative known as RACE. However improving the time between diagnosis and treatment is only part of the equation. Reducing the time between the onset of symptoms and when a person seeks initial treatment can be critical to saving lives and avoiding serious, long-term damage to the heart. With the most serious type of myocardial infarction, every 10 minutes of delay in receiving treatment equates to a significant increase in mortality rates.

So knowing your risk factors for heart disease and seeking medical attention quickly when symptoms occur is vital. Unfortunately, the symptoms of acute MIs don't always follow the same pattern, particularly for many women and seniors—and they can sometimes mimic the symptoms of other illnesses. Still, if you experience the following symptoms, particularly in combination, and certainly if you have risk factors, seek medical attention quickly:

- Chest pain, discomfort, tightness (really unexplained pain anywhere above the abdomen up to and including the jaw)
- Pain, numbness or tingling in the chest, shoulders, upper arms, upper back or jaw
- Persistent pain or discomfort in the upper abdomen (particularly along with other symptoms)
- Nausea, vomiting or sweating (along with other symptoms)
- Shortness of breath (particularly during exertion)
- Dizziness or lightheadedness
- Overall sudden weakness

If you don’t know whether you have risk factors ask your primary care physician.

Heart attack patients treated at Highlands-Cashiers Hospital receive essential diagnostic tests and initial lifesaving treatment using the latest medical protocols—in most cases more quickly than at other hospitals around the region.

That's according to a recent regional study conducted as part of a major statewide initiative designed to improve medical care for patients who experience the most serious type of myocardial infarction (commonly known as a heart attack). That study is slated to be published in the Journal of the American Medical Association (JAMA) next year.

Highlands-Cashiers Hospital is one of 18 hospitals across Western North Carolina participating in the RACE program (Reperfusion in Acute Myocardial Infarction in Carolina Emergency Departments), which began in July 2005. RACE is a systematic approach to improving the survival of patients with acute myocardial infarction (MI), where an artery that feeds blood to the heart becomes restricted or blocked. Reopening the artery as soon as possible (known as reperfusion) is the key to limiting permanent damage to the heart muscle and reducing the chances of death.

A major focus of the program has been to encourage hospital emergency departments to quickly spot possible symptoms of an MI, make a diagnosis using an electrocardiogram (EKG), and then transport the patient to the nearest major medical center offering heart catheterization. The initial goal set by RACE officials was to reduce the time between when a patient first reports to an emergency room and when they receive an EKG. Thanks to RACE, WNC hospitals have cut that time to six minutes on average (the national average is five to 10).

And although it saw only a few patients during the study period, the average at Highlands-Cashiers Hospital was less than one minute to EKG.

The RACE study showed that how we are taking care of patients with acute MIs compares very favorably with other hospitals in the region,” says local ER director Tony Fisher, MD.

“I think we have always been very diligent in taking chest pain seriously and performing an EKG quickly,” says long-time area physician former ER director David Wheeler, MD. “The RACE initiative has certainly reinforced our protocols, but I think we have always done a pretty good job. People can be confident of the care they are going to receive here if they have an MI.”

The RACE study also looked at how long it took before MI patients received some type of reperfusion. Fisher and Wheeler point out that when it comes to a heart attack, time is muscle. Ideally, MI patients should be transported immediately for catheterization (usually to Mission Hospitals in Asheville), where specialists use angioplasty or implant a stent to reopen the blocked artery. However, for those hospitals located the farthest away, such as Highlands-Cashiers Hospital, the standard RACE protocol is to administer thrombolytic medications (clot-busters) to dissolve the clot, before transporting the patient.

Even though many heart patients are flown by helicopter, the total transport time from here is frequently longer than ideal. And weather sometimes precludes flying altogether. Thrombolytic therapy, particularly when administered soon after the onset of symptoms, is often effective in reopening the artery, buying important time until the patient can undergo catheterization.

The hospital has been successful in reducing the time between when MI patients first get to the ER and when lytic therapy is started. But that's not the entire story.

“We've reduced the time for administering lytics down to 12 or 13 minutes for most patients,” says Wheeler. “We're great at it, but that is of minimal value if the patient has waited four hours before he or she even came to the ER.”

Fisher points out that the next phase of the RACE project is to make the public more aware of how vital it is to seek medical attention quickly, when symptoms first begin. Not all MIs involve crushing chest pain. In many cases symptoms come on gradually and mimic other ailments, especially in women and older patients. That's why so many patients wait so long to seek medical attention— the average for area MI patients according to the study was about three hours.

Fisher and Wheeler agree that public education is a critical piece to more effective treatment of acute MIs. “People should talk to their doctor so that their physician can evaluate and appropriately treat any risk factors, hopefully preventing an MI from ever occurring. They can discuss what symptoms to watch for, and hopefully that will cause them to come in and get checked out more quickly,” explains Wheeler.
Lost and found - A better life

The Right Rev. Dr. John S. Erbelding
Senior Pastor, Chapel of the Sky Valley

shared the following story with my congregation this past Sunday, and it is equally fitting to begin this article.

A man is shopping in the mall when he notices a little boy of about six walking with great purpose toward him. The man is intrigued by the boy who seems to be all by himself.

Just as the little boy is about to pass him, an announcement comes over the mall PA system. Will Billy Anderson please come to the Lost and Found at once. Your mother is there waiting for you.

The boy turns, and as he does, the man hears him say, “I guess one of us is lost again.”

It seems what we have lost in our present time is the optimism and enthusiasm for a life as it should be. For some the proverbial cup is always half empty. The sky is never sunny. And they have put so much aside for the rainy day that they have lost the ability to play.

The tapestry that we who live here in this most beautiful part of God’s creation is hung for us each morning and yet how many take the time to go “Ah! Another day from God.”

We have not only thrown God out of our schools and now rumor has it, off our coins, but we have replaced them with the electronic gospel which seems more popular to watch than the one bookended by Genesis and Revelation.

We are more likely to worship this new gospel replacing Matthew, Mark, Luke and John with books like “I’m OK, You’re OK,” where the secret is, neither one is. We have replaced the love of God shown through Jesus the Christ with messianic figures of Oprah and Dr. Phil, whose every word we worship and repeat as if it were the gospel. The tragedy of seminaries today is that they are teaching clergy to be “nice” and “sweet” and “don’t upset your congregation.” It’s not being done, not if you want to build a big church. Megachurches, which pride themselves in the thousands that attend, are more interested in the counting of noses than in the saving of souls.

American illustrator Norman Rockwell is known throughout the world for his optimistic and affectionate portraits of life. His work on canvas shows real people, friends, neighbors, and family doing real things. When interviewed during his 84 years, inquiring of the three hundred covers of the Saturday Evening Post and how he touched the pulse of an entire human race, Rockwell once noted, “I paint life as I would like it to be.”

Norman Rockwell was able to find life as not only he wished it would be but a life that each and every one of us viewing his covers or canvases wanted to become part of. He was not a clinical psychologist with a brush. He was an artist who painted from the heart of God. Someone said Norman Rockwell is outdated. Life just can’t be like that.

• See SPIRITUALLY SPEAKING page 19

BLUE VALLEY BAPTIST CHURCH
Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School - 10 a.m.; Worship - 11 a.m.
Saturday night services every 2nd & 4th Sunday at 7 p.m.

BUCK CREEK BAPTIST CHURCH
Sundays: School - 10 a.m.; Worship - 11 a.m.
First Saturday: Singing at 7:30 p.m.

CHAPEL OF SKY VALLEY
Sky Valley, Georgia
The Right Rev. Dr. John S. Erbelding, Pastor
Church: 706-746-2999
Pastor’s residence: 706-746-5770
Sundays: 10 a.m. - Worship
Holy Communion 1st Sunday of the month
Wednesdays: 9 a.m. Healing and Prayer with Holy Communion each service

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627

CHRISTIAN SCIENCE SERVICES
3rd & Spring Streets
Sundays: School - 10 a.m.; Worship - 11 a.m.
Wednesday testimony meeting 7 p.m.
Study room open Tuesday 2-4 p.m.

CLEAR CREEK BAPTIST CHURCH
Pastor Everett Brewer
Sun.: Worship 8:30 & 10:45 a.m.; 6:00 p.m.
Wednesday: 6:30 p.m. Young Life Group
Local youth ministry

COMMUNITY BIBLE CHURCH
www.cbchighlands.com • 526-4685
3645 U.S. 64 east, Highlands
Sundays: 9:30 a.m. Sunday School; 10:45 Worship; 6:00 p.m. High School Group
Wednesday: 5:30 p.m. Supper (free for kids 8 grade and under); 6:15 p.m., Adult Bible Study; 6:30 p.m. programs for students.

EPISCOPAL CHURCH OF THE INCARNATION
The Rev. Brian Sullivan - Rector: 526-2968
Sunday: 8 A.M. - Holy Eucharist (Rite I) Chapel 8:30 A.M. - Breakfast; 9 A.M. - Sunday School 10:30 A.M. Holy Eucharist (Rite II); Evening Prayer in the Chapel 5:30 p.m.
Sunday Service on Channel 14 at 10:30 A.M.
Monday: 4 P.M. Women’s Cursillo Group Tuesday: 8 A.M. Men’s Cursillo Group 4:30 P.M. Education for Ministry Wednesday: 6:30 P.M. Choir Practice Thursday: 10 A.M. Holy Eucharist (Chapel) 10:30 A.M. Daughters of the King • Sunday Service on Channel 14 Sun. at 10:30 a.m.
FIRST ALLIANCE CHURCH OF FRANKLIN
Rev. Mitch Schultz, Pastor • 828-369-7977
Sun. Worship 8:30 & 10:45 a.m.; 6:00 p.m. (nursery provided) Sun. school for all ages 9:45 a.m.
Wed: dinner 5 p.m. followed by children’s Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.; Adult Bible Study & Prayer Meeting 7 p.m.
Small groups available throughout the week.

FIRST BAPTIST CHURCH
Dr. Daniel D. Robinson, 526-4153
Sun.: Worship 10:45 a.m., 6:30 p.m.; School - 9:30 a.m.; Youth - 6:30 p.m.; Choir - 7:15
Wednesdays: Dinner - 5:30 p.m.; Team Kids - 6 p.m.; Prayer - 6:15 p.m., Choir - 7:30 p.m.

FIRST PRESbyterian CHURCH
Rev. J. Hunter Coleman, Pastor, 526-3175
Sun.: Worship - 11 a.m.; Sun.School - 9:30 & 9:45, Mondays: 8 a.m. - Men’s Bible Discussion & Breakfast
Tuesdays: 10 a.m. - Seekers
Choir - 7

HIGHLANDS METHODIST CHURCH
Senior Pastor Todd Struble; Asst. Pastor Mike Harris 526-2212
Sun.: school 9:45 a.m.; Worship 8:30 a.m. & 11 a.m.; Youth Group 6:00 p.m.
Wed: Supper; 6:15 - children, youth, & adults studies; 6:15 - Adult choir (nursery provided for Wed. p.m. activities)
Thurs:12:30 - Women’s Bible Study (nursery)

HOLY FAMILY LUTHERAN CHURCH - ELCA
Chaplain Margaret Howell 2152 Dillard Road - 526-9741
Sundays: Worship/Communion - 11:00

HURON CHURCH OF THE WILLOWOOD
Services at the Church in the Wildwood in Horse Cove. Sundays at 7 p.m. through Labor Day. Dress is casual. Old fashioned hymn-sing.

MADISON BAPTIST CHURCH
8 miles south of Highlands on N.C. 28 N in Satolah
Pastor Jamie Passmore, (706) 782-8130
Sundays: School - 10 a.m.; Worship - 11 a.m.
Choir - 6 p.m.
Wed: Bible Study and Youth Mtg. - 7 p.m.

MOUNTAIN SYNAGOGUE
St. Cyprian’s Episcopal Church, Franklin 369-6871
Friday: Sabbath Eve Services at 7 p.m.
For more information, call (706)-745-1842.

OUR LADY OF THE MOUNTAIN CATHOLIC CHURCH
Rev. Tien, Priest
Parish office, 526-2418
Sundays: Mass - 11 a.m.
Saturday Mass: 4 p.m.
(through last Saturday of October)

SCALLY MOUNTAIN BAPTIST CHURCH
Rev. Clifford Willis
Sundays: School - 10 a.m.; Worship - 11 a.m. & 7 p.m.
Wednesdays: Prayer Mtg. - 7 p.m.

SCALLY MOUNTAIN CHURCH OF GOD
290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School - 10 a.m.; Worship - 10:45 a.m.; Evening Worship - 6 p.m.
Wed: Adult Bible Study & Youth - 7 p.m.
For more information call 526-3212.

SHORTCROSS PRESBYTERIAN CHURCH
Pastor Rev. Wayne Price
Sundays: School - 10 a.m.; Worship - 11 a.m.
Wednesdays: Prayer & Bible Study - 7 p.m.

UNITARIAN UNIVERSALIST FELLOWSHIP
828-369-3633
Lay Led Sunday School 10:15 a.m.
Come and cast your vote for President in the Macon County early Democrat Party Fall Rally.

Special guest speaker will be North Carolina State Treasurer, and announced candidate for Governor, Richard Moore. The Macon County Democrat Party will hold their Fall Rally on Saturday, Sept. 22 from 12 – 2 p.m. at the Tassee Greenway Shelter, located just off of Wayah Street on the banks of the little Tennessee River.

Free lunch provided by the Party!

Come and cast your vote for President in the Macon County early primary “Straw Poll” election.

This ad paid for by the Macon County Democrat Party.

Author to sign ‘Wolves at the Door’ on Saturday at Cyrano’s

Thomas A. Chown will sign copies of “Wolves at the Door,” his new novel, at Cyrano’s Bookshop on Saturday, Sept. 22, from 1-3 p.m. Set in 19th-century Kansas and Colorado, “Wolves at the Door” is the saga of frontier settlers Henry and Tamsen Devon, their white and Indian neighbors, and the fertile but fought-over landscape known as “Bleeding Kansas,” which experienced the first violence of what became the Civil War. Henry Devon is based on the life of Mr. Chown’s own great-grandfather (whose family originated in Devon, England).

“Wolves at the Door” opens with an exciting scene as Henry and his Kansas militia unit take part in the 1864 Battle of Westport, Missouri, known in history as the “Gettysburg of the West” due to the Union’s overwhelming victory. But later Henry also farms, witnesses Osage Indians hunting buffalo and takes his family farther west in a wagon train. Jon Chandler, winner of the 1999 Western Writers of America Spur Award, said “Chown’s novel is a rich tapestry of accurate history, humor, folklore and legend, expertly defining those who, in the last half of the 19th century, may well have been America’s true ‘greatest generation.’”

“Wolves at the Door” is the first book of a planned trilogy; the next installment should be published in about six months. A native of Ohio, Mr. Chown worked in insurance in Venice, FL, but has now retired to Dunnellon, FL (near Ocala) with his wife Barbara. The Chowns also have a house in Franklin, where they spend the summer.

In 1999 the author took a motor home and followed his ancestors’ footsteps through Kansas and Colorado. Chown says that “Everyone comes from some interesting story. I don’t care if you’re a lobsterman from Maine, a lumberman from Seattle or a homesteader in the Midwest. ‘Wolves at the Door’ is about what we all go through, from youthful optimism to accepting the world as it is, including the physical impairments of aging.”

Cyrano’s Bookshop is located at 390 Main Street in Highlands. Books can be reserved for autographing by calling (828) 526-5488 or sending an e-mail to cyranos@ndvc.com; to learn more about our store please visit www.cyranosbooks.com.

Woods joins Bascom-Louise as Director of Events

A well-known Highlands business owner has joined the staff of the Bascom-Louise Gallery as its new Director of Events.

Donna Woods, co-owner of Lakeside Restaurant with husband, Marty, and longtime area resident, will manage all events for the nonprofit art center. She will oversee its annual Garden Festival, Wine Festival and Art and Wine Auction, as well as a host of events planned for the center’s new facility, including exhibit openings, weddings and large-scale community functions.

Woods has served the art center in many ways throughout the years. She has served on the board of directors and chaired the Art and Wine Auction, and most recently, she has been serving as a member of the art center’s Advisory Board. She has also taught children’s art classes for the center. With her extensive background in catering, special events planning and volunteer work, she has seen her new role on the art center’s staff is just one more way she can help further art in the Highlands-Cashiers area.

“The art center has always been a special place to me,” Woods said. “Marty and I have supported it since we arrived in Highlands in 1990. I am so excited to be a part of the new center. This will be such an important place for the community and for people who come to Highlands in whatever capacity.”

Woods will remain at Lakeside Restaurant throughout the season as she transitions into her new role with the art center. Her husband, Marty, plans to continue running the restaurant and serving as chef for many years to come.

“My 18 seasons at Lakeside have enabled me to meet some of the most wonderful people – most of whom are supporters of the art center,” she said. “I feel privileged and honored to have been chosen for this position and look forward to working with the team that has been assembled to manage the new fine art center. The community will be very proud of all of the special activities that the new center will have available. It is an exciting time.”

Bob Fisher, chair of the art center’s board, said Woods is a tremendous addition to the center’s growing staff.

“Donna and Marty have set a very high standard in the culinary environment in Highlands, and we believe Donna will take our events to an even higher level, as well,” said Bob Fisher, the art center’s board chairman.
**Art show for art lovers of all ages**

It's a mother-daughters thing in the Children's Art Room during the Art League of Highlands' "Fall Colors Fine Art Show," Oct. 20 and 21 at the Highlands Recreation Park from 10 a.m.-5 p.m. More than 50 artists will fill the gymnasium with original art and many of them will be demonstrating their working methods. The popular Children's Room will be open both days for kids to do creative projects and paintings for the "Hallway Hat Rack Art Show." Admission is free and wonderful door prizes will be given. For further info on the show contact Karen Taylor at 526-2177 or Dottie Bruce at 743-7637.

**On-going**
- Live music every night at 7:30 p.m. and during brunch on Sunday at ... on the Verandah restaurant.
- Nantahala Tennis Association: Meets Monday-Saturday, 9 a.m.-noon for Round Robin at Highlands Recreation Park. All levels of play welcome.
- Live music at Fressers in Helen's Barn with Cy Timmons Wed-Sat 6 p.m. until...
- Hal Philips at the piano at Skyline Lodge and Restaurant on Flat Mountain Road Fri. & Sat. at 7 p.m.
- Live music with Angie Jenkins, Friday and Saturday nights at Old Clayton Inn on Main Street in Clayton.
- NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: www.ncmana.org.
- Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. $5 per class.
- Beginners Clogging class Tuesday, 6-7 p.m. at the Sapphire Valley Community Center. Come have lots of fun and exercise. Call 743-7663.
- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeannette Fisher at 828-526-1FIT.
- "The Circle of Life" support group continues at the Highlands-Cashiers Hospital at the Jane Woodward room 201. It is designed for anyone who has experienced the loss of a loved one. The group meets 10 a.m. until noon. For more information, call Barbara Buchanan at 526-1402 or Florence Flanagan at 743-2567.

**First Mondays**
- Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.
- Every Monday
  - Recreational Bridge 1 p.m. at the Rec Park. $3 per person.
- Every Tuesday
  - Highlands Rotary Club meets at noon at the Highlands Conference Center.
  - Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.
- Every Wednesday
  - "The Bible Tells Me So" at 6:15 p.m. at the Highlands United Methodist Church. The assigned readings for each week are taken from the book, "The Bible Tells Me So: uses and abuses of Holy Scripture" by Jim Hill and Rand Cheadle. This book is currently out-of-print so copies of each reading assignment will be handed out each week. The study will meet in the Fellowship Hall — beginning promptly at 6:15 and will last approximately one hour.
  - Highlands Mountain Top Rotary Club meets at the Highlands Conference Center at 7:30 a.m.
- Every Third Wednesday
  - Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A $5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

**Every Thursday**
- At Main Street Inn, Lisa Price piano and vocals in the wine bar 6-9 p.m.
- Al-Anon Meetings, noon in the First Presbyterian Church basement at Fifth & Mfrs.
- Women's Bible Study at 9:30am-11:45am at Community Bible Church. Beth Moore's Believing God. All women are invited.

**Every Saturday**
- Live music at Cyprus Restaurant in the Dillard Village Shopping Center at 9:30 p.m. $10 cover.
- Children's classes ongoing at Bascom-Louise Gallery — cost is $5 per student.

**Every Friday**
- The Girls' Clubhouse meets in the school cafeteria 3-4:30 p.m. All 6-8 grade girls are welcome. Come have fun while serving others. For more information, call Kim Lewicki 526-0782.
- Every Tuesday
  - Recreational Bridge 1 p.m. at the Rec Park. $3 per person.

**Morris Museum founder to speak for Bascom-Louise Gallery members**

Members of the Bascom-Louise Gallery will get a treat this month with a special, free lecture by Billy Morris, founder of the acclaimed Morris Museum of Art in Augusta, Ga. Morris will be speaking to members of the gallery on Saturday, Sept. 29, at 5 p.m. at the Highlands Performing Arts Center.

The Morris Museum of Art, the first and largest museum in the country devoted to the art and artists of the South, is one of the region's premier cultural institutions. Noted for its multi-faceted permanent collection and a rich program of continuously changing special exhibitions, the Morris is dedicated to the continued interpretation of Southern art in all its forms.

The permanent collection includes thousands of paintings, works on paper (including watercolors, drawings, prints, and photographs), and sculpture, dating from the late-eigh-teenth century to the present. These works are displayed in galleries dedicated to antebellum portraiture, the Civil War, genre painting, still life, landscape, Southern impressionism, contemporary painting, and works on paper.

“Billy Morris is a strong supporter of the Southern voice,” said Kaye Gorecki, the gallery's artistic director. “The Morris Museum and the Bascom-Louise Gallery share a common vision: to preserve and promote fine art of our region and to help it gain the national recognition it so richly deserves.”

This painting by Louis L. Betts, "The Yellow Parasol," circa 1926, is part of the Morris Museum's permanent collection. Billy Morris, the museum's founder, will speak to members of the Bascom-Louise Gallery at PAC on Sept. 29.
**Upcoming Events**

Ruby Cinemas
Hwy. 441, Franklin
524-2076

Playing Sept. 21-27
RESIDENT EVIL: EXTINCTION rated R
Mon - Fri: (4:15), 7:15, 9:15
Sat & Sun: (2:15), (4:15), 7:15, 9:15

GOOD LUCK CHUCK
rated R
Mon - Fri: (4:10), 7:10, 9:10
Sat & Sun: (2), (4:20), 7, 9:20

3:10 TO YUMA
rated R
Mon - Fri: (4:05), 7:05
Sat & Sun: (4:05), 7:05

WAR rated PG
Mon - Fri: (4:20), 7, 9:20
Sat & Sun: (4:20), 7, 9:20

NO RESERVATIONS
rated PG
Mon - Fri: (4:05), 7:05
Sat & Sun: (4:05), 7:05

390 Main Street • 526-5488
Upcoming Book Signings
September 22
Thomas Chown
“Wolves at the Door”
1-3 p.m.
October 5
Karen Welsh
Out of My Mind
5-7 p.m.
October 13
Sandra Brown
“Play Dirty”
noon-3 p.m.
Anne Sharpsteen with Vivian Cash
“I Walk the Line”
3:30-5 p.m.

that is dishwasher and microwave safe.

Friday, Sept. 21
• Angel Medical Center is sponsoring an American Red Cross blood drive from 10:30 a.m. to 3 p.m. The hospital is located at 120 Riverview Street in Franklin, NC. Please call 369-4166 for more information or to schedule an appointment. All presenting donors can enter a drawing for two Delta Air Lines international round-trip Delta tickets!
• The Great Impenetrables will be holding a dinner/dance on Friday in Cashiers. Includes full dinner, dessert, and drinks plus music and dancing. Reservation required. Call 828-743-2002 for details or visit www.thegreatimpenetrables.com.

Saturday, Sept. 22
• The Macon County Democratic Party will hold their Fall Rally on Saturday from noon until 2 p.m at the Tassee Greenway Shelter located just off of Wayah Street on the banks of the Little Tennessee River. A free lunch will be provided by the party. State Treasurer, and announced candidate for Governor, Richard Moore will be the special guest speaker.
• The Nantahala Hiking will take a moderate 6-mile hike up a Forest Service road to Round Mtn. for good views at the top. Meet at the Cashiers Wachovia Bank (in back) at 10 a.m. Drive 10 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20 people. Call leaders Mike and Susan Kettles at 743-1079, for reservations or more information. Visitors are welcome but no pets please.
• The Carolina Mountain Land Conservancy (CMLC) seventh annual Conservation Celebration at the site of North Carolina’s newest state park, Chimney Rock State Park. The celebration will be held from 5 to 8 p.m. Guests will have a panoramic view of the “The Chimney” while visiting, enjoying complimentary beer and wine and perusing silent auction items, followed by a supper buffet of applewood-smoked BBQ ribs will be served. Live old-time and bluegrass music will be provided by local fiddler Lew Gelfond and guitarist Garrett Wilson. There will also be special guided hiking offered prior to the evening’s activities, as well as a complimentary shuttle trip to the top of the Park. An original, signed painting by Scott Updon, whose works of color and light are on display at Summit One Gallery in Highland... is a special live auction piece. Tickets are $75 and can be purchased by contacting CMLC at 697-5777 or online at www.carolinamountain.org. Each ticket can also be redeemed for a considerable discount on an annual pass to the Park.

Pancake Breakfast sponsored by the Scaly Mountain Women’s Club. From 7:30-10:30 a.m. the fourth Saturday of the month from May through October the benefit is held at the historic Scaly School House on the corner of NC 106 and Buck Knob Road. A full seated breakfast cooked by members consists of orange juice, pancakes, local patty sausage, and bottomless cups of coffee. Cost is $5 for adults and $2.50 for children. Proceeds are used for the groups’ various charitable outreach efforts which include a scholarship program for Scaly students as well as donations to area groups and projects. For details call 787-1860.
• Pancake Breakfast followed by meeting of Highlands Memorial Post 370 of the American Legion at the Highlands Civic Center. All members and eligible veterans are invited to come and enjoy breakfast and support the organization that supports you.
• Mirror Lake Association will have a litter pickup. Meet at Thom Park at 9 a.m.
Sunday, Sept. 23
• “The Ultimate Navigation System: The Presence of God’s Goodness” – a free talk by Don Wallingford of Liburn, GA. Highlands Civic Center, 3 p.m., Sunday, September 23. All are invited.

• Need to improve your physical and mental health, make new friends, and enjoy a good time. High Mountain Squares will start their new dancer lessons 3 p.m. at the Macon County Environmental Resource Center on Lakeside Dr. Square Dancing is friendship set to music, smoke and alcohol free. For more information: 349-0905, 369-8344, or www.highmountainsquares.org

• At Coweta Baptist Church’s Homecoming Service at 10:30 a.m. with Rev. Kenneth Jones and music by Marsha Crawford. Dinner on the grounds following the service.

Monday, Sept. 24
• The Art League of Highlands monthly meeting, at 6 p.m. at the Highlands Recreation Park. James Smythe will present a program “Winslow Homer.” Considered one of the greatest 19th century Ameri...
can artists, he is a dominant influence on the American realistic painting. James Smythe is an award winning painter and has his Master of Art degree from Columbia University and taught art at Western Carolina University for 31 years. Refreshments will be served around 5 p.m. The membership meeting begins at 5:30 p.m. followed by the program. Guests are welcome. Call Bill Richardson for further info at 524-6070.

**Tuesday, Sept. 25**
- Public forum on Macon County School System Building Plan 7-8 p.m., at Cullasaja Elementary School gym. Driving questions and aims to be addressed: What are our Priorities within the school system Facilities Plan? Why did we establish these Priorities? How will the Plan be carried out? Provide an opportunity for all stakeholders to provide the district leadership and Board of Education with feedback regarding the Plan.
- **Wednesday, Sept. 26**
  - Wal-Mart of Frankin is sponsoring an American Red Cross blood drive from 9 a.m. to 1:30 p.m. The store is located at 4599 Highway 441 By Pass in Franklin. Call 524-9111 to schedule an appointment. All presenting donors can call 526-9047. A reception follows the performance.
  - **Friday & Saturday, Sept. 28 & 29**
    - *A new class at Bascom-Louise Gallery, “The Pastel Experience” with Robin Miltner, covers various aspects of using pastels, including hands-on experimenting with a variety of pastels and papers from 10 a.m. to 4 p.m.*
    - The tour will run from 10-2 p.m. Good hiking shoes and long pants are suggested. GPS would be great but is not necessary. Call 526-6070 for more information.

**Friday, Sept. 28**
- Landscape architect, Mary Palmer Dargan, presents a special lecture at the third annual Highlands Playhouse Antique Show at the Sapphire Valley Country Club at 10 a.m. Ticket price of $65 includes a luncheon at the club and admission to the three-day antique show held at the Sapphire Valley Community Center. Dargan reveals seven points that can help achieve order, tranquility, and formality, even in the most unkempt terrain. Dargan showcases landscape design as a visual art and provides examples in her new book, Timeless Landscape Design: The Four-Part Master Plan. A book signing will follow the lecture. She will also sign copies of her book. Reservations are requested and tickets are available at The Highlands Playhouse Box Office or by calling 828-526-2695.
by calling 828-743-3612.
• Marine Corps Motorcycle Toy Ride. 
  Toys for Tots. First leg: Cornelia, GA to 
  Toccoa, GA; Second Leg: Toccoa to Clay- 
  ton, GA; Third Leg: Warwoman Road in 
  Clayton to Highlands, N.C; Fourth Leg: 
  Highlands to Cashiers; Fifth Leg: Cash- 
  iers to Sylva; Sixth Leg: Sylva to Chero- 
  kee; Seventh Leg: Cherokee to Bryson 
  City; Eighth Leg: Bryson City to Franklin. 
  Join for the whole leg – 160 miles – or just 
  one or two legs. For more information call 
  828-369-9244 or go to 
  www.northcarolinarafting.com

HCP announces cast for October play

Leading off the Highlands Community Players new season in October is a drama entitled “The Raindrop Waltz” by Gary Carden, playwright, master storyteller, and folklorist.

It is a play set in the Southern Appalachians, concerning three generations of a mountain family faced with the difficult decision of how to best care for their aging grandmother.

Director Virginia Talbot is pleased to announce the outstanding cast recently chosen for the play with members from several different local communities.

Taking the role of the grandmother is Sue Manning of Cashiers, who last seen as the mother in HCP’s production of “Dearly Departed.” The grandson, Jody Lee, is played by Colin Long of Highlands. Sue Feldkamp of Franklin, last seen as Papa in “I Remember Mama,” is Ardell, Jody Lee’s wife.

The playwright himself, Gary Carden, is played by Colin Long of Highlands, who returns to the HCP stage after some time away, but is well remembered for his excellent performances in several plays such as “I Hate Hamlet” in 2000 and “The Foreigner” in 1997.

The playwright himself, Gary Carden, of Sylva, will introduce each performance and play the role of Manard, a philosophical old drunk full of advice for Jody Lee.

Ron Leslie of Satolah, GA, last seen as Doc in the 2006 production of “ Crimes of the Heart” and earlier as Cly-
Driving questions and aims to be addressed: What are our Priorities within the school system Facilities Plan? Why did we establish these Priorities? How will the Plan be carried out? Provide an opportunity for all stakeholders to provide the district leadership and Board of Education with feedback regarding the plan.

Thursday-Saturday, Oct. 11-13
- “Pattern, Rhythm, Beat, Measure, and Breath in Nature, Art, and Self…” The title is a mouthful, but it’s also a bountiful platterful of ideas, techniques, exercises and processes that will make your artwork sparkle and zing. Laurence Holden, master of mixed media (who did the painting above), will offer this class at the Bascom-Louise Gallery on Oct. 11-13 from 10 a.m. to 5 p.m. “Pattern, rhythm, beat, measure and breath are the most essential elements in both art and life,” said Donna Rhodes, the gallery’s education director. “They are the alchemical elements that make us all kith and kin on this blue green planet. Join Laurence on a studio exploration of just how these elements can enliven our art and our vision of the world around us and within us.” All levels of expertise are welcome. The cost is $200 ($165 for members of the gallery). Call (828) 526-4949, 4#, for more information.

Thursday, Oct. 11
- Public forums on Macon County School System Building Plan 7-8 p.m., at Franklin High School gym. Driving questions and aims to be addressed: What are our Priorities within the school system Facilities Plan? Why did we establish these Priorities? How will the Plan be carried out? Provide an opportunity for all stakeholders to provide the district leadership and Board of Education with feedback regarding the plan.

Friday-Sunday, Oct. 12-14
- At Acom’s, Mary Louise/Bijoux de Mer Trunk Show. Mary Louise’s exclusive line of 18k gold jewelry has a distinctively feminine flair. Bijoux de Mer or Jewels of the Sea specializes in pearls and precious stones.

Saturday, Oct. 13
- At Main Street Inn and Cyrano’s Bookshop, Dinner and Walking Ghost Tour, with Stephanie Burt Williams author of “Haunted Hills.” $45 per person includes four-course gourmet dinner. Cash bar at 6:30 p.m. and dinner at 7 p.m. Reservations required. Call 828-526-9325 or 800-213-9142.
- 25th Annual Highlands Arts & Crafts Show, 9 a.m. to 4 p.m. at the Highlands Civic Center, Highway 64 East, Highlands, NC. Free admission and parking. More than 100 vendors - four raffle drawings with prizes donated by popular artists - sponsored by the Highlands Woman's Club and the Highlands Recreation Department.
- At Cyrano’s Bookshop, author Sandra Brown signing “Play Dirty” 1-3 p.m.
- The Nantahala Hiking Club will take a moderate 6-mile hike to the potholes on the upper Chattooga River. Meet at the Highlands Bank of America at 10:00 or call leader for an alternate meeting place on Whiteside Cove road if coming from Cashiers. Bring water, lunch, and wear sturdy, comfortable shoes. Drive 15 miles round trip. Hikes are limited to 20. Call leader Virginia Talbot, 526-4904, for reservations or more information. Visitors are welcome, but no pets please.
- At Main Street Inn and Cyrano’s Bookshop, Dinner and Walking Ghost Tour, with Stephanie Burt Williams author of “Haunted Hills.” $45 per person includes four-course gourmet dinner. Cash bar at 6:30 p.m. and dinner at 7 p.m. Reservations required. Call 828-526-9325 or 800-213-9142.

See EVENTS page 34

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HELP WANTED

DIRECTOR OF MUSIC MINISTRIES at Highlands United Methodist Church. Responsibilities include overseeing music for worship services, directing the adult choir in Wednesday night rehearsals and Sunday services, supervising handbell choirs, and developing children’s and youth music programs. Baccalaureate degree in music and/ or commensurate experience in choral conducting required, as well as strong interpersonal skills and the ability to work closely with staff members and volunteers. Submit resume to: jconnor_bascomlouise@verizon.net.

EXECUTIVE ASSISTANT – needed for Fine Art Center/Bascom-Louise Gallery in Highlands. Email resumes to: jconnor_bascomlouise@verizon.net.

WE ARE CURRENTLY HIRING FOR A PART TIME TELLER AT OUR HIGHLANDS OFFICE! A high school diploma or GED is required, in addition to a minimum of 6 months of experience in a Teller or other cash handling, sales position. Candidates must have effective written and verbal communication skills, good computer skills, and a friendly, courteous and professional demeanor. First Citizens Bank offers excellent salaries and a comprehensive benefits program. Apply online at: www.firstcitizens.com/careers. Refer to the Job ID # when applying. EOE/AA

CNA OR CNA II AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD LIVING CENTER. Full-time, Part-time, and PRN positions for day and night shifts. Our wage scale is $11.00 to $14.40 per hour, and you also receive shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

RN OR LPN NEEDED AT A PHYSICIANS’ OFFICE WITH HIGHLANDS-CASHIERS HOSPITAL. Full-time, Monday-Friday position. Requires experience working in a clinic or physicians’ office. Cardiology background preferred. Good communication, organizational, and computer skills a must. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

RN’S AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD LIVING CENTER. Full, Part-time and PRN positions available for 12 hour day and night shifts. Excellent wage scale, with shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

COOKS AND DIETARY AIDS AT HIGHLANDS-CASHIERS HOSPITAL. Various shifts and days available. Must be able to work weekends and be able to read and speak English. Salary depends on experience. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

VACATION RENTAL

HIGHLANDS COUNTRY CLUB – Sorry, golf and club privileges not available. $2,495 a week. Call 912-230-7202.

CUTE 3 BED/2 BATH Mirror lake home $1,350-$1,550 + utilities a month, less than mile from Main Street. Call 770-977-5692.

THE LODGE ON MIRROR LAKE – Fish or canoe from deck. Available weekly, monthly, 3-day min. Call 828-342-2302.

REAL ESTATE FOR SALE

CREEK IS FREE! – With the purchase of one or both of these wooded parcels, just off Highway 28 in the NE Georgia mountains within 15 minutes of Highlands. 1.09 acres and/or 1.10 acres on a county-maintained road. Serious inquiries only. Please call 864-710-4577 for information.

LAND – North Carolina Mountains: At Lake Toxaway Lot and 1/2 Beautifully Landscaped with Stone Work and Plantings Yearly Fees $350, $120,000. 863-651-1411

IN TOWN – $450,000, by owner. Call 828-226-6123.

HOUSE FOR SALE (ISLAMORADA, FLORIDA) – Two bedroom, one and ½ bath, conch house for sale at Mile Marker 86, near Founders Park on Oceanside. House sits on a 8,520 square foot lot in a great subdivision with a public boat ramp on the next street over. Founders Park, which is across the street, has a park with a boat ramp, marina, pool, beach, tennis courts, etc. Great deal — owner moving out of state. $475,000. Call 305-852-4369 for more info.


LAKEFRONT ACRE IN SCALY – $25,000 OBO. Details. P.O. Box 260789, Pembroke Pines, FL 33026.

COMMERCIAL FOR SALE – Log cabin at crossroads in Cashiers for sale or lease. Call 526-4154.

COMMERCIAL FOR SALE – 3 acres. U.S. 64 frontage, cashiers Road. 2 acres, 3 ware- houses, good income. Call 526-4154.

HOUSE FOR SALE – HFCC 2 story split, 3/2, large lot, lake, golf course, mountain views, membership available but optional. $795,000. Call 526-4154.

LAND BY OWNER – 1/4 acre lot. Close to Toan. Very, very, level building lot. Community...
CLASSIFIEDS

WATER AVAILABLE. $79,000. Call Ginger at 828-526-4959.

OCEANFRONT LOT KEY LARGO, FLORIDA - Cleared, buildable with all services. Last unimproved lot in Silver Shores subdivision. $599,900. For information and photos call Frank (954) 964-7649 or email fh442@bellsouth.net.

NC, OTTO, 38 ACRES - 10 miles from Georgia State line, high elevation, big views, driveway and homestead cleared, call owner, 770-952-9100.

NEW HOME/CHALET - 10 minutes from town off Turtle Pond Road. 2/1 with loft, .897 acres, 1,177 sq. ft. $189,000. Call Ty at 828-577-9261.

TOWN - 32.5 log home. The cottages lakeisde at Harris Lake. Less than 2 years old. $329,000. Call Ty at 828-577-9261.

PINE GROVE TOWNHOUSE CASHIERS - Two bedrooms and 1/2 bath. Walking distance to crossroads, restaurants and shopping. Large deck overlooking green lawn $229,000. Call Manuel de Juan 828-743-9107. 2/1 with loft, .897 chainlink. Like New. $175, was $270. Call agent.

$799,900 Call HUTCH (706) 831-0892 owner/adjoins horse farm. $364,900; and THE premier eee Village: 2.1 acre Lot 48, great building site, motor coach site available for purchase. Down Street. Highlands. $275,000. By Owner.


NEED YOUR HOME CLEANED? Call Charlotte at Letson Enterprise for a free estimate. 828-389-9127 or Bill at 828-421-0971.

PERSONAL COMPANION/CAREGIVER Whatever your needs may be we can help. References available (828)421-9840,(828) 399-1749.

FIVE STAR CLEANING & MAINTENANCE - Light and detail cleaning. Call 828-332-7201.


YARD WORK & PRESSURE WASHING - Yard and property maintenance. Pressure Washing and odd jobs. Call Bruce at 828-369-3188 or 828 371-2766. 8/18

H & D HOUSE CLEANERS - We're the team for minor cleans. Dishes, beds, floors, & baths. Give us a call “cause we are the Best” 706-982-1994 or 706-782-0376

SCOTTS CONSTRUCTION ‘ME FIX IT’ - Decks, roofs, pressure washing, painting, lawn service, small electrical, floors, carpet cleaning, house cleaning! No job too small. 30 yrs. exp. Call David at 828-369-5886 or 828-347-5051.

C&C CONTRACTING - We Get It Done - Small or Large - Remodeling, decks, doors, windows or the whole house! Call Art Doughty at 828-508-1360 for an estimate.

HIGHLANDS SHUTTLE SERVICE - Atlantic Airport Shuttle, Drive - Away • Auto Delivery. All Out-of-Town Trips Driving Services. Call 828-526-0878.

MARK’S SEDAN DRIVING SERVICE - All airports – Atlanta $150, Asheville, $110, scenic tours, parks, special occasions, restaurant trips, auto delivery. Town Car. Call 828-524-0424 or cell (239)-292-3623.

* See CLASSIFIEDS page 35
**Christ Anglican Church**

Traditional • Conservative • Orthodox at the Highlands Community Center Serving Cashiers and Highlands

**Sunday, Sept. 23**

Holy Communion

11 a.m.

All services are at the Highlands Community Center on Highway 64 next to the ballpark.

For more information, call the Christ Anglican Church office at 526-2320

office@christanglicanchurch.com

**ALL ARE WELCOME!**

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People are reading...that means they're seeing the ads. Call 526-0782

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**Eco-Tour of Satulah Mountain**

Are you looking for a way to enjoy the tremendous outdoor playground that surrounds you? Highlands-Cashiers Land Trust’s “Geocache Eco-Tour” may be the answer. Join the fun on Friday, September 28th as they search for hidden treasure on Satulah Mountain in a geocache adventure.

Geocaching is an entertaining sport that brings participants to discover new and exciting places as well as visit “old favorites.” The word Geocaching broken down is GEO for geography, and CACHING for the process of hiding a stash. The basic idea is to have individuals and organizations set up caches all over the world and share the locations on the internet. It’s a fun way to connect with visitors from around the globe. With a GPS (Global Positioning System), participants can then use the location coordinates to find the caches.

Geocaches can contain anything from a simple log book to a treasure chest (or, uh Tupperware container) full of trinkets and goodies. Once found, a cache may provide the visitor with a wide variety of rewards. All the visitor is asked to do is replace whatever he or she takes from the cache with something of equal or greater value and, of course, to treat the area where they explore with the utmost respect by treading lightly. Often times the treasure to discover is the location itself.

The hike will be led by HCLT’s resident Botanist/Executive Director, Dr. Gary Wein who will share his knowledge of the forest ecology as well as the history of the great Satulah landscape. Highlands-Cashiers Land Trust’s mission is to save the places we all love. This is a perfect opportunity to enjoy one of the properties HCLT is protecting in perpetuity.

Bringing your own GPS would be great but is not necessary. The tour will run from 10-2 p.m. Good hiking shoes and long pants are suggested for this moderate hike. A picnic lunch on the summit will be included. The event is free to HCLT members and just $25 for non-members. Call HCLT at 526-1111 for details and to sign-up. Space is limited so sign-up today.

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**UPCOMING EVENTS**

**Tuesday, Oct. 16**

• Public forms on Macon County School System Building Plan 7-8 p.m., at Macon Middle School media center. Driv- ing questions and aims to be addressed: What are our Priorities within the school system? Facilities Plan? Why did we establish these Priorities? How will the Plan be carried out? Provide an opportunity for all stakeholders to provide the district leadership and Board of Education with feedback regarding the Plan.

**Thursday-Sunday, Oct. 18-21**

• Highlands Community Players production “The Raindrop Waltz,” at PAC. 8 p.m. or 2:30 p.m. on Sunday. Call 526-8084 for tickets.

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**Thursday-Sunday, Oct. 18-21**

• Highlands Community Players production “The Raindrop Waltz,” at PAC. 8 p.m. or 2:30 p.m. on Sunday. Call 526-8084 for tickets.
The following is the Highlands Police Dept. log entries for the week of Sept. 9-15.

Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Sept. 9
- The Christ Anglican Church reported its sign stolen from the parking lot of the Highlands Community Center on U.S. 64 east. It is valued at $250.
- At 8:30 p.m., a motorist at N. 4th and Foreman Road was cited for speeding 40 mph in a 25 mph zone.
- At 9:03 p.m., a motorist at N. 4th and Foreman Road was cited for speeding 40 mph in a 25 mph zone.
- At 11:04 p.m., a vehicle was reported stolen from a residence on Laurel Street.
- At midnight, a motorist at Oak and N. 4th Street was cited for driving without a license.
- During the week officers issued 3 warning tickets.

The following is the Highlands Fire & Rescue Dept. log entries for the week of Sept 13-19

Sept. 13
- The dept. removed a bees nest from a residence on Holt Knob Road.
- The dept. was first-responders to assist EMS with a medical call at a residence on Holt Circle. The patient was transported to the hospital.

Sept. 14
- At 9:30 a.m., a motorist at 2nd and Main streets was cited for speeding 34 mph in a 20 mph zone.

Sept. 15
- At 8:30 p.m., a motorist at N. 4th and Foreman Road was cited for speeding 40 mph in a 25 mph zone.
- At 9:03 p.m., a motorist at N. 4th and Foreman Road was cited for speeding 40 mph in a 25 mph zone.
- At 11:04 p.m., a vehicle was reported stolen from a residence on Laurel Street.
- At midnight, a motorist at Oak and N. 4th Street was cited for driving without a license.
- During the week officers issued 3 warning tickets.

PseudoCube®

#DZ3C - Level of difficulty - moderate

27 17 11 14 23
8
22 20 18
25 14 3
27 13
5 12 7
17 24 19

THE SETUP:
The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equaling the total of the three center numbers. One of the diagonals is shown with circles.

THE CHALLENGE:
Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong.

Good Luck!
The first correct solution emailed earns a coupon for a FREE cup of coffee from Buck's Coffee Cafe on Main Street.

Email: pseudocube8@aol.com

Solution to #CN3F in the Sept. 13 paper

21 16 23
22 20 18
25 14 3
27 13
5 12 7
17 24 19

LEGAL NOTICES

NOTICE OF THE NOVEMBER 6, 2007 MUNICIPAL ELECTION, COUNTY WIDE BOND REFERENDUM & LEVY OF LAND TRANSFER TAX REFERENDUM

The Municipal Election, County Wide Bond Referendum and Levy of Land Transfer Tax Referendum will be held on Tuesday, November 6, 2007. The Town of Franklin ballot will have the following items: Mayor, Alderman, Bond Referendums and Levy of Land Transfer Tax Referendum. The Town of Highlands ballot will have the following items: Town Commissioners, Mixed and Malt Beverage, Bond Referendums and Levy of Land Transfer Tax Referendum. Polls will be open from 6:30 a.m. until 7:30 p.m. The polling places will be located:

North Franklin - SCC (this building is located beside the Macon County Courthouse.)
- South Franklin - The OLD Library.
- East Franklin – East Franklin Elementary School. (Behind Hardee’s)
- Iota – Iota Elementary School.
- Union – Macon County Community Building- located across from the Whistle Stop Mall.
- Millshoal – Holly Springs Community Building.
- Ellijay – Cullasaja Elementary School.
- Sugarfork – Pine Grove Community Building.
- Highlands – Highlands Civic Center.
- Flats – Scaly Mountain Community Center.
- Smithbridge – Otto Community Building located above Otto Fire Department.
- Cartoogechaye - The OLD Cartoogechaye Elementary School, Located on Hwy 64 West.
- Burntngtown – Burningtown Community Building, Located behind Burningtown Baptist Church.
- Cowee – Cowee Elementary School.

Absentee ballots are allowed. Requests for an absentee ballot must be made in writing and received in the Macon County Board of Elections office by 5:00 p.m. on Tuesday, October 30, 2007. Requests may also be done in person at the Macon County Board of Elections for the Absentee Ballot to be mailed. Absentee Ballots are required to be mailed. Absentee voting begins on Monday September 17, 2007. All voted Absentee ballots must be received by 5:00 p.m. on Monday, November 5, 2007.

One-Stop Voting will be held in the Board of Elections Office beginning Thursday, October 18th. The Board of Elections is located in the Macon County Courthouse, Room 127A which is on the 1st floor of the Courthouse. Office hours are Monday-Friday 8:00 a.m. to 5:00 p.m. In addition to regular office hours, the office will be open on Saturday, October 27th, and the last day of One-Stop voting will be on Saturday, November 3, 2007. For One-Stop voting on Saturday’s the office will be open from 8:00 a.m. to 1:00 p.m. If you do not vote early you will be required to go to your polling place on Election Day.

All residents of Macon County who are registered to vote with Macon County Board of Elections may vote in this election. All residents who are registered to vote in the Town Election may vote on all issues. County residents may vote on Bond Referendum’s. Last day to register to vote is Friday, October 12, 2007. A person may register at the Board of Election Office or may register by mail.

For additional information contact the Macon County Board of Elections at 828-349-2034.

Sara Waldroop, Chairman
Macon County Board of Elections
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