Events snapshot through July 10

Ongoing
- Summer Art Camp is held at Bascom Lamar L. Louie Gallery. To register, call 526-4349.
- Day camps at the Nature Center. Please call 526-2523.
- Pilates classes with Sandi Trevathan on Level 1 of the Jane Woodruff Clinic, Mon. and Wed. at 4 p.m. $10 per class.
- Step Aerobics at the Rec Park, 4-5 p.m., Mon., Wed., Thurs., $5 per class.
- Yoga Classes at the Rec Park, Mon. and Wed. at 7:30 a.m. $7 per person. $50 for a monthly pass. Call 526-4340.
- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.
- At Highlands Urgent Care, various exercise classes. Call Louise Gallery. To register, call 526-8811.
- At noon at the ballfield, old-fashioned Patriotic music for 30 minutes at the Presbyterian Church at 8 p.m. with the Martin-Lipscomb All Male Choir.
- The Skyline Lodge will host a 4th of July BBQ/PooL/Spa party from noon until 5. Adults $10 Children $6 Reservations requested. Please call 526-2122.

Thursday & Friday, July 5-6
• A Trunk Show at Bungalow Boutique featuring CMM Designs-Status Faux. Classically designed costume jewelry reminiscent of Bulgari, Cartier, Seaman Schepps, Tiffany, Van Cleef and Verdura. 11 a.m. to 5 p.m.

Friday & Saturday, July 6-7
• The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday at 7 p.m. in Highlands and Saturday at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions.
• Booksigning at Cy Timmons Wed-Sat 6 p.m. until.

Saturday, July 7
• Booksigning at Cy Timmons Wed-Sat 6 p.m. until.
• Terry Trit and Grass Roots Revue at the FREE Annual Mountain Music Concerts. 7:30-9 at Highlands School.
• CLE presents a Chamber Music Lecture with Dwight Andrews "Jazz as Chamber Music." 10-noon at PAC. $20 for CLE members and $30 for nonmembers. To register, call 526-8911.

Saturday, July 8
• At the Highlands Playhouse, "Laughter on the 23rd Floor." 7:30-9 at The Highlands Playhouse.
• At the Vega String Quartet playing music of Brahms, Dvorak, and Schubert.

Sunday, July 9
• At 5 p.m. in Highlands and Monday, at 7 p.m. in Cashiers the Highlands-Cashiers Chamber Music Festival will have the Vega String Quartet playing music of Haydn, Beethoven, and Schubert.

Outlook ‘healthy’ for town

As the town’s needs grow so does its budget, but the Town of Highlands is securely in the black.
The 2007-2008 budget is $14.3 million, up from last year’s $10.9. But thanks to healthy enterprise funds, increased property valuations, increased sales tax revenues and an increase on returns from investment funds, the town can only handle it but has lowered the ad valorem tax rate from 19 cents per $100 valuation to 13.5 cents.

“Terry Trit and Grass Roots Revue at the FREE Annual Mountain Music Concerts. 7:30-9 at Highlands School.”

BBQ, games & skydiving

Rotary’s 4th of July BBQ is from 11 a.m. to 2 p.m. at the Community Center at Poplar and U.S. 64 east. BBQ plates are $8 and Hot Dog Plates are $6. BBQ is also available for $10 per pound. At noon at the ballfield, its old-fashioned 4th of July festivities and skydiving! Check out Upcoming Events on page 32 for a complete list of upcoming events.

Extension OK’d for sales tax

The 2007 North Carolina General Assembly has enacted legislation that provides for a short-term extension of the additional 0.25% State sales and use tax until August 1, 2007.

The additional 0.25% rate, resulting in a total general State rate of 4.25%, was scheduled to expire on June 30, 2007. As a result of the extension, the combined State and county tax rate will remain at 6.75% in all counties except Madison County, where the combined State and county rate will remain at 7.25%.

The combined general rate of extension OK’d for sales tax

• See SALES TAX page 8

Steep slope laws buried for now

Citizens in favor of some sort of steep slope development legislation say their voices can’t be heard over the din from real estate and developer lobbyists.

“We are hearing that the proposed steep slope legislation introduced by Representative Phil Haire, et al, is in serious trouble because of strong lobbying by real estate and developer groups,” emailed Bob Wright of the Upper Cullasaja Watershed Association and Macon County Watershed Commission to Senator John Snow. “It is tragic in our government today that the public can seldom be heard over the loud noises of lobby groups that win and their legislators and can afford to create a presence in Raleigh with fancy displays, billboards and meetings.”

Scores of Macon County citizens have joined the email barrage to Senator Snow hoping he will listen.

When Hurricanes Frances and Ivan left their mark on Macon County, county and state officials took a good hard look at the dangers of living on unstable steep slopes or in the wake of debris that could travel down hill.

When people died at Peeks Peak and millions of dollars in property was destroyed, the issue quickly became one of public safety.

“We in Macon County support the steep slope legislation because it is a public safety issue.”

• See STEEP SLOPE page 3
National Forest Land Sales - Circa 2008

Dear Editor,

Unfortunately, just when we thought that this issue was dead, it has resurfaced in the Administration’s 2008 budget. This is again, a proposal for a short term solution to long term funding of the Secure Rural Schools act. Although we have not been able to obtain a current parcel list, below is a list of comparative acreage proposed for sale from 2007 to 2008.

Secure Rural Schools
Land Sales Proposal (Acres)
National Forest        FY 2007       FY 2008
Pisgah                2780.53        2393.57
Nantahala             3835.09        2065.47
Uwharrie              2317.12        972.73
Croatan               894.99         253.61
NFS NC Total          5685.38

Jackson-Macon
Conservation

Alliance’s position on the matter has not changed since last year’s proposal. We believe that the sale of U.S. Forest Service land is wrong. Western North Carolina is dealing with rapid development pressure on existing private lands. Local governments are struggling with this development pressure and attempting to regulate for responsible growth. Opening up additional lands for sale in WNC will only worsen development pressure.

In addition, although the new proposal returns more money to local schools, we do not believe that this overcomes the sale of our heritage in public lands. We do support limited land swaps for National Forest lands that are judged to be in the public interest.

For further information go to: www.fs.fed.us/land/staff/spd.html. The list is in the process of being updated

David M Bates
Executive Director, JMC

Thank you

The SOAR Committee of Highlands would like to thank all of those who contributed in anyway, for their continuous support. Our week of events for the Special Operations Warrior Foundation was very successful. All of you are helping us to continue our pledge to support the children of the fallen heroes of the Special Operations which include the Army, Air Force, Navy and Marines. We hope you will continue to be with us in the coming year and support this worthy cause.

See THANKS page 39
Patton joins ‘Harbison’ plaque at library

Just inside the front door of the Hudson Library is a plaque honoring the recipients of “The Gertrude and Dolly Harbison Award.” This award was established by the Library Board of Trustees to recognize those persons that have given “exemplary service and dedication to the Hudson Library.” Since its inception, the award has been presented on only two occasions (there is no requirement that it be presented annually):

2003 - to Dr. Barbara B. “Bobbie” Rett
2004 - to Dr. Randolph P. Shaffner

The Trustees have added another name to this distinguished list, presenting the Gertrude and Dolly Harbison Award for 2007 to Carolyn Patton.

Carolyn Patton is a past-president of the Library Board of Trustees, has served as the Board’s representative to the Macon County Library Board and has represented the Hudson Library on the Fontana Regional Library Board. In addition, Carolyn continues to be actively involved in many local library activities.

The Board of Trustees is pleased to honor Carolyn Patton for her support of, service to, and continued interest in the Hudson Library.

... STEEP SLOPE continued from page 1

wrote Wright. “With more and more of the remaining undeveloped property in your district being on hazardous steep slopes, we need regulation to prevent profit-driven developers and unknowing buyers from building roads, infrastructure, and homes that represent a danger to themselves and the people who live down-hill of their property. This legislation does not prevent additional development - it simply requires those who choose to build in hazardous locations to do so safely.”

Thought sometimes legislature and ordinances put more costs on developers, proponents of steep slope development legislation said those costs pale in comparison to what taxpayers bear after a disaster.

“Arguments that this legislation only puts more costs on the developer and owner are incorrect. All taxpayers share the cost burden of natural disasters – witness Peeks Creek in Macon County, or Hurricane Katrina on the Gulf Coast,” wrote Wright. “Now that we have the North Carolina Geological Survey landslide hazard mapping information, this legislation offers real hope that loss of life and property can be prevented in some future cases. ‘Let the Buyer Beware’ is no longer an acceptable real estate development policy – especially in your district. Please actively support the steep slope legislation.”

Meanwhile Macon County Planners are considering a steep slope ordinance. But without state support, proponents fear the potential ordinance will be watered down.

“I would hope that Macon County would proceed with looking at steep slope construction in the near future. My concern is that this state legislation would be ‘enabling legislation’ that authorized local governments to do their own thing. Without it, the whole concept might die,” said Wright.

So much more than just flowers...

Best of The Bunch
Featuring One-of-a-Kind, Art-Crafted pieces
In the Dillard Road Village Shopping Center with easy parking!
526-0490 or 866-776-7850

Hudson Library board member John Gaston presents plaque to Carolyn Patton.

All Angels Invited
Heavenly Outfits for Earthly Angels
Mela Wilson Trunk Show
Saturday, July 21st • 11 a.m. - 5 p.m.

Jackson Madeline Classics for Children
On the Hill | 210 South Front Street | Highlands, North Carolina 28741 | 828.526.1344

• See STEEP SLOPE page 27
Looking at Life

My affairs with Janet Reno

She was Dade County’s State Attorney and I was a police major running a detective division for a high-crime city. She was stubborn and had a strong personality. I was stubborn and had a strong personality. She stuck to her convictions and wasn’t popular with policemen. I stuck to my convictions and wasn’t popular with her prosecutors. She was protective of her assistant attorneys and I was protective of my detectives. There was ongoing conflict, sometimes ugly, sometimes pleasant. Janet Reno and I had a love/hate relationship.

I never made an appointment to see her unless it was absolutely necessary. It was like going to the dentist; I knew there would be pain. Janet Reno is a great debater. When you went to see her, you had better have your ducks in a row or you were toast. She had an uncanny ability to sever your head from your shoulders and you wouldn’t know it until after you left her office. On most occasions, I was there to complain about the actions of one of her assistants and it usually involved a homicide. You never brought trivial matters to Janet Reno. One of her best lines was, “Why are you bothering me with this?”

She was elected to her position by the people of Dade County. That made her a politician. Above all, politicians have to keep voters happy to get re-elected. Her goals were to keep her clearance rate on part-one crimes (felonies) high so she would look good, at least on paper. My job was to get all felonies, regardless of evidence, successfully brought before the court. I respected and understood her position and she respected and understood mine. It made little difference.

On one occasion, a member of her office dumped a high profile homicide for what they felt was lack of probable cause. We, of course, disagreed. I made the appointment and took the lead detective with me for support. We were armed for bear and doing well in presenting our evidence when the lead detective made a sarcastic remark about her prosecutor. Ms. Reno politely excused herself and walked out of her office. We never saw her again. After sitting there like two dummies for a while, we left her office and learned from her secretary she had gone for the day. I was furious.

One day after that incident, I was at a social function when someone tapped me on the shoulder. When I turned, there stood Janet Reno, towering several inches above me and holding her usual water with lime. She smiled and extended her hand in friendship. “I guess you think I rudely walked out on you yesterday but I had to be someplace and was late; my apologies.” I smiled and shook her hand.

“No, Ms. Reno, I don’t believe that for a minute but you have to do what you have to do.” “Well, major, before leaving, I stopped by your assistant’s office and directed her to file your homicide before the court. Arrest warrants will be ready for you tomorrow. I think we will lose, but I respect your position.” I was shocked.

At a later time when we were not getting along over a myriad of professional conflicts, the phone rang in my office. “Major, this is Janet Reno. I am totally revamping the Juvenile Justice System in Dade County and I want you on my committee to help achieve that goal. Can I count on you?” Of course I proudly accepted.

Because she never married, rumors about her sexual preference ran rampant and she knew it. She once told a reporter and permit me to paraphrase. “I am a too tall, frumpy and unattractive woman who is a workaholic. I am not very appealing to men.” That comment just about sums up her romantic life and you can take my next statement to the bank. There is no way a person, especially a high profile politician like Janet Reno, could survive from 1978 until her retirement as U.S Attorney General in 2001 (23 years) without someone uncovering a tacky story about her personal life. It never happened because there was nothing there. She was always a lady.

I have not seen her since my retirement. Much has happened in her life since then but I hope she still remembers our days in Dade County. I also hope she has been able to do what I have done and put the tough times behind her.

“Have you read Fred’s book, I’m Moving Back to Mars?”
Why do we keep buying stuff from China? I go, it. It's cheap. A kidney transplant for the family pet who was poisoned by Chinese dog food is kind of expensive. Now we've got toothpaste with antifreeze. We've bought toys stuffed with material ranging from dangerous, to decaying, to just plain disgusting. China is the wild, wild East, with few, if any, constraints on the pursuit of the almighty yuan.

Chinese industries pollute like crazy, with no regard for the environment and were exempted from requirements of the Kyoto Protocols because of China's status as a developing nation. I read recently than an expedition to count Yangtze river dolphins came up with zero, leading to fears that pollution, hydroelectric dams, increased traffic and over-fishing had led to the calamity of extinction. Do the Chinese fish for dolphin? I guess if the Japanese can and do enjoy a delicious whale steak, there is no reason to doubt that the Chinese feast on dolphin chops. The country is becoming an environmental nightmare and in its race for riches has decided to ignore the fact. It is a funny thing that we never hear of most animals until they become extinct or endangered. Who ever heard of the spotted oil or the wobbly tailed, red-banded weeble?

China has the world's fourth largest economy. It produces more than any nation on earth except Germany, Japan, and the USA. That's a lot of paper umbrellas. I don't know what we buy from China, I guess pretty much everything they sell at Fred's and Walmart. I know about the poisonous toothpaste, the toxic dog food, the stuffed with garbage toys, and, of course, the little paper umbrellas.

In 2006, we spent 232 billion dollars more than we earned in trade with the Chinese. There has to be something more than toys that don't last long. There must be clothes with break-away seams, ill-fitting shoes, and auto accessories. They probably manufacture more of the dream catchers than all of the North American tribes combined. I really can't imagine a 232 billion dollar deficit and I can't guess what we get for all that money. I just checked my Crocs. They fit well and I can proudly announce that they were manufactured in Canada. Why don't we give some of that Chinese business to the Canadians? I promise that they won't try to bury us. A few billion dollars in wages for manufacturing jobs could go a long way toward reducing the zeal of Iraq insurgents. First insurgent, “Hey, Ali. Let's go blow up some Americans tonight!” Second insurgent, “Ah, thanks, Mo, but not tonight. I'm tied up. I'm working second shift at the cat food factory”.

The Chinese stuff may be the cheapest in the world and probably better than the worst, but why do we keep buying it? We have warned that the Chinese plan to convert their economic power into political and military might. That's just what the world needs; a billion communist evangelists following a half-of-a-billion-man army, well equipped with weapons purchased with American dollars, and with an eye on world domination.

There has to be more to it than that. I understand that the Chinese use some portion of the enormous trade balance to purchase U.S. Government bonds. They get their money back, with interest. We get to continue deficit spending. People say that we can't get tough about environmental carnage, a flood of Chinese products, or unfair trade practices. They warn that if we annoy the Chinese, they just might stop paying for our government. I said I understood it, but I don't.

When the obituary is written on the United States of America, detailing our final days as leader of the world, it will read, “The greatest democracy in the world choked on its thirst for Arab oil and its hunger for Chinese junk”.

Fireworks from Pine Street Park

Come watch the fireworks from Pine Street Park. The street will be closed the evening of Wednesday, July 4th and chairs will be set up for the public. Or, bring your own lawn chair or blanket to spread out on the park's new grass.

Members of the Pine Street Park Committee will be available for questions and to ask for contributions. Leadership Highlands reps will hand out free bottles of cold water or, courtesy of Sapphire Lakes Country Club.
...on the Verandah

Guest Chef Dinner Series

On

Wednesday, July 17, 6:30 p.m

Chef Andrew Figel

&

his culinary team welcome

Elton Sloane of Robert Craig Winery

$95 per person, plus tax and gratuity

Reservations Required

www.ontheverandah.com

We the People...

We the people are celebrating an occasion that many, if not most of us, have forgotten the meaning of. The 4th of July, 1776, Congress signed the Declaration of self-rule, from which comes Independence Day. We enjoy the day with the consumption of vast quantities of hot dogs, beer, potato salad and anything else that's within reach. It's a day for family fun, frivolity and fireworks and this year it provides a mid-week break from work. If the weather cooperates, it can be a glorious day. It was a glorious day in 1776, when the rubber hit the road, and 56 brave souls put their lives on the line, declaring our freedom from Great Britain.

Following are the first few paragraphs of the Declaration of Independence. As you read them, see if you don't think there are curious truths meaningful to today.

"When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with one another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, that whenever any Form of Government becomes destructive to these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness.

"Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object,
I've done a lot of talk radio — beginning with Chuck Boyles on WBAL in Baltimore in 1968. It's a challenging form of communication. You don't know what's coming, yet you must be ready for it. It is true that talk radio killed the amnesty bill in the Senate, for the second and final time, last week.

The first surprise of talk radio is how fast it is. Like the internet, it is viral. An idea (an infection) begins at one point, but within 24 hours it is everywhere. The other, equally surprising idea is that ideas can come from ordinary people. In all other media except talk radio and the internet, the “leading” ideas are proposed by people in the know, people in suits. Ideas might or might not succeed — consider the iPod as the example du jour — but they come from the suits.

Talking about suits, empty or otherwise, brings us to the U.S. Senate. Not only did the Senate strike a backroom deal on the “illegal immigration” bill, they told the world they’d done such a deal, before they dropped the bill in the hopper. Majority Leader Harry Reid introduced it directly on the floor — no committee hearings, no testimony, no reviews in the press. Just stick it in and tell the whole Senate they must pass it because “the President, and bipartisan Senate leaders support it.”

I’ve dealt with Senators over the years. Most of them become supremely arrogant by the time they are a few years into their second term. There are exceptions, and I respect all of them deeply, but that’s the general pattern. And the one thing that arrogant people have greatest difficulty recognizing is their own arrogance.

(To my sainted mother and all the members of my family by blood and marriage I say, yes, I know, I’ve been guilty of that myself on occasion. “But I got bitta,” as the Monty Python line says — Can I get back to the story about the Senate, now?)

The arrogance of the Senate was bipartisan and towering. Trent Lott, R-Miss., said that “talk radio was a problem,” that needed to be solved. James Inhofe, R-Ok., said he heard Admiral Hillary Clinton, D-NY, and Dianne Feinstein, D-Cal., talking about reinstating the Fairness Doctrine to get control of talk radio. Both Clinton and Feinstein later denied the conversation had taken place, but their careers demonstrate that neither takes kindly to criticism.

Geoffrey Voinovich, R-Oh., actually said he felt “intimidated” by citizen reactions engendered by talk radio. Helloooo. Anyone who feels intimidated by groups of citizens should be in a different line of work than politics.

The misnamed Center for American Progress, run by Bill Clinton’s former chief of staff, staffed with Clintonistas and funded by George Soros, among others, issued a report that concluded that talk radio was badly skewed to the right. The report was biased on its facts and in its conclusions. It rejected market demand as an explanation of success in talk radio.

In the last 30 days, I’ve been invited on the air with about a dozen hosts to discuss the danger to talk radio if the government gets back into the business of telling them the content they can broadcast. I was on as an authority on the first amendment, not talk radio.

To all I said the key to the situation was understood by Thomas Jefferson, two centuries ago. On freedom of the press, he wrote about “the marketplace of ideas.” Jefferson recognized that concepts, as well as goods and services, are put out in public, and those which are well-received, prosper. The others do not.

It fascinated me that my one interview with a “liberal” host, on a station in New York City, went along the same lines. I’d expected her to be loaded for bear, and to attack the idea that talk radio is, and should be, market-driven. To my surprise, that is exactly what she and her listeners thought.

There is a real, but not immediate, risk to talk radio. If someone is elected president who thinks talk radio should be controlled, that president can appoint a majority on the Federal Communications Commission. The FCC can, with the stroke of a pen, reinstate the Fairness Doctrine to replace the Free Speech Doctrine. And if so, only the Supreme Court can likely save talk radio from being told what to broadcast. But those are stories for another day.

• About the Author: John Armor practiced in the US Supreme Court for 33 years. John_Armor@aya.yale.edu He lives in the 11th District of North Carolina.
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Dinner Tuesday-Saturday at 5:30 p.m.
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Also: Loose Moose – Full Service Bar

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Call 526-4906 Fine Italian dining since 1953. 440 Main Street
Serving Dinner Every Evenings from 5:30 p.m.
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bonds or loans to pay for capital expenditures,” said Commissioner Herb James at the June 27 Town Board meeting.

Big capital projects on the horizon are sewer extension projects for the Harris Lake Drainage Basin for $1.425 million; the East Shore/Lake Sequoyah for $1.04 million; the Mirror Lake Drainage Basin for $1.8 million and the Big Creek Drainage Basin for $1.7 million.

“Because of the granite, extending sewer and water here is three times more than in the valleys,” said Commissioner Amy Patterson. “It just wouldn’t be reasonable to ask citizens to shoulder those costs.”

Highlands makes money re-selling the electricity it buys from Duke Power to its citizens. For 2007-2008 the Electric Fund budget is set at $3.4 million.

The sewer extension projects were identified in the fiscal year 2005-2006 and money has been set aside each year in anticipation of a start date.

The first project will be the Harris Lake Drainage Basin which will extend sewer service to about 100 homes in the Harris Lake, Sunset Hills and Satulah Mountain areas. This will eliminate suspected leaking and inadequate septic systems and improve water quality.

Other capital expenditures in the budget year are additional salaries for a Planning & Development Director and a Planning & Development Code Official; $153,000 escrowed in the Town Hall Capital Reserve Fund; $30,000 for a small vehicle for the Planning Department; $85,000 for two police cars and another salaried position at the Police Department; $50,000 for a street sweeper in the Street Department; $200,000 for additional paving and sidewalks; $180,000 for two trucks in the Electric Department; and $100,000 for correcting pole attachments.

Happily, there won’t be an increase this year in any town’s rates—sewer, solid waste, electric or water enterprise funds.

Those funds are expected to operate in a manner similar to private business enterprises where the cost of providing services is financed or recovered primarily through user charges. The sanitation department in the general fund, though not technically an Enterprise Fund, has been expected to operate in a similar manner with the exception of capital expenses. That’s the case in the water/sewer funds, too; when it comes to capital improvements, money is set aside years in advance.

The town’s fund balances are higher than the Dept. of State Treasurer’s recommendation of 8% to meet short-term cash flow needs especially due to storm emergencies.

The Fund Balance in the general fund is 32%; 18% for the water fund; 58% for the sewer fund; and 75% for the electric fund.

Tug Wa Ridge on tour

The Tug Wa Ridge Highlands Showhouse tours run through Saturday July 7. Hours are Monday through Saturday, 10 a.m. until 5 p.m. and Sunday, noon until 5 p.m. Parking is on-site and guests are encouraged to wear comfortable shoes and no strollers please. Tickets are $25. For more information call 828-526-0000.
Bryson’s Food Store

The place for all your Fourth of July fixins’

In the Meat/Seafood Department we have T-Bones, Rib-eyes, NY Strips, shrimp, crab, fish...

On Sale Now!

Don’t forget a wine to match dinner?
Reds for Steaks
Whites for Seafood

We’ve got an extreme variety that no one else has.

Come by and talk to Nan.

Visit our Deli for the best Fried Chicken in town, fresh-baked breads, cheesecakes, and Dancing Deer organic gourmet desserts.

For Sale Now!

Visit our Produce Section for local seasonal fruits and vegetables including white corn, tomatoes, Vidalia onions, eastern cantelopes, seedless, sweet watermelon and peaches.

We offer an extensive variety of organic products and specialty foods from around the world!

At Bryson’s Food Store, you’ll find everything you need for the accompanying recipes.

Located in Highlands Plaza • 828-526-3775 • Fax: 828-526-0430

Keep it simple and have fun

Seasonal celebrations provide a perfect opportunity to entertain at home. Just remember, the key to a successful and stress-free soiree is to keep it simple and think “side dishes.” Side dishes are a great way to show your versatility and shine in the kitchen. Prepare a meal with a simple roast or store-bought entrée, such as a glazed ham or roasted turkey, and you’ve got a terrific spread that will keep your guests coming back for more.

Broccoli ‘n’ Cheese Casserole is an easy and delicious spin on a plain broccoli side dish. Plus, it’s a great way to get your younger guests to eat their veggies.

For a dish that is simple, but full of flavor, try Broth Simmered Rice. Prepared with Swanson Broth instead of water, it’s easy to customize to complement any main course. For a tasty twist, make it “Florentine” by adding Italian seasoning, spinach, and Parmesan cheese.

Three-Cheese Pasta Bake is a creamy pasta dish that is sure to satisfy. Made with Campbell’s Cream of Mushroom Soup, this crowd-pleaser has only six ingredients and can be ready in just 25 minutes.

For more festive and flavorful recipes, please visit www.campbellskitchen.com and www.swansonbroth.com.

Casual Entertaining Tips:
• To make your next weeknight dinner extra special, set the table with matching linens and provide a place card at each diner’s seat.
• Music is an easy way to set the tone for a gathering. Once you choose a theme, select a few favorite compact discs to play throughout the evening.
• Choose dishes that can be prepared ahead of time. That way, when guests arrive you can spend more time socializing and less time in the kitchen.

Broccoli ‘n’ Cheese Casserole
Prep: 5 minutes
Bake: 30 minutes
Makes: 6 servings

1. Stir soup, cheeses, milk and black pepper in 1 1/2-quart casserole. Stir in pasta.
2. Bake at 400°F 20 minutes or until hot.

3-Cheese Pasta Bake
Prep: 15 minutes / Bake: 20 minutes
Makes: 4 servings

1. Stir soup, cheeses, milk and black pepper in 1 1/2-quart casserole. Stir in pasta.
2. Bake at 400°F 20 minutes or until hot and bubbly.

Easy Substitution: Use 2 cups of your favorite shredded cheese for the 8-ounce package.
At the Highlands Historical Society’s annual “Walk in the Park” patrons learned about the inhabitants of the Prince House at the Historical Village on U.S. 64 east. The part of Mattie Ammons Potts, wife of William T. Potts – the ancestor of the Potts in Highlands today, was played by Helen Regnery. She told how William moved his family from the Cullasaja community in Franklin to Highlands where the Potts’ have lived ever since perpetuating “Billy” Potts’ legacy as business and landowner. “Billy” and Mattie lived in the Prince House twice.
The 2006 PG13 comedy satire, starring Hugh Grant (Music and Lyrics, Bridget Jones Diaries) Dennis Quaid (Yours, Mine, and Ours) and Mandy Moore (Because I said So), and directed by Paul Weitz (About a Boy, American Pie).

The Storyline: Well, part of the story is a bit of stretch, it involves a distant and absent government, more interested in 30-second televised sound bites than in statements of any substance, an electorate that doesn't really follow the news, and a population that is more obsessed with televised "talent" competitions than, well life itself.

So if you can suspend your disbelief for a moment, the rest of the story works fairly well. American Dreamz is the country's most popular television show, featuring no-talent, TV obsessed, star wannabes, who are not only willing, but eager to humiliate themselves in front of the world's viewing audience. Hosted by self-aggrandizing, self-loathing Martin Tweed (Hugh Grant), the show works to make instant stars of the contestants and the judges, and he gathers a cast of hopefuls. In an effort to boost sagging pole numbers, Chief of Staff (Willem Dafoe) wants to put the President (Dennis Quaid) on as a guest judge. Add a broken heart or two, some media manipulation, and a singing and dancing terrorist (this is far and away the best singing and dancing terrorist movie of the decade), and, Hey Kids, Let's Put on a Show!

OK, we are not talking about a lot of intellectual depth here, the characters are purposely quite stupid, but the story is rather clever. On different levels, it is funny and silly, satirical, and quite dark. Grant does as good a job as the creepy guy as he does in his more frequent role as the slightly rumpled cute guy, and Dennis Quaid does his customary deadpan delivery, and it works well for this role.

The comedy is good, the satire is better, and while it is somewhat directed towards George Bush and Karl Rove, the real target appears to be a Television-obsessed public.

More by Hugh Grant worth seeing are The Englishman Who Went Up a Hill But Came Down a Mountain, Love Actually, and Four Weddings and a Funeral. More films about media cult frenzy are Roller ball, UHF, Wag the Dog, and a genuine 1960s classic, The Presidents Analyst. Stop on by and give them a look.
Recently I have been seeing a Southern African word: ubuntu. I read about it in this Desmond Tutu quote: “Ubuntu is the essence of being human. We say a person is a person through other persons. You can’t be human in isolation. You are human only in relationships... We are interconnected... No human being is totally self-sufficient. In fact, a self-sufficient human being is subhuman.”

Then in a book I read to try and understand how South Africa survived the transition from apartheid without a major civil war I found this passage: “Africans are not a vengeful people, the guiding principle of their traditional culture is ubuntu, a concept only roughly translatable into English, but one that embodies charity, forgiveness, generosity, and an essential humanity. Archbishop Desmond Tutu, a great proponent of ubuntu, once explained it to me like this: ‘We say that a human being is a human being because he belongs to a community. So ubuntu actually demands that you forgive, because resentment and anger and desire for revenge undermine harmony. In our understanding, when someone doesn’t forgive, we say that person does not have ubuntu. That is to say, he is not really human.’

I went to the bank this week and was in line at the drive-through, but there were two cars in front of me and the person at the window seemed to be in the middle of a troublesome transaction. So I decided to go inside the bank, and there had a wonderful interaction with one of the tellers.

As I left, feeling good, I realized that if I had gone to the drive-through I would have completely missed that human interaction. At the drive-through, even if you are at the lane closest to the teller, there is still a wall of glass between you.

All of a sudden I started to see the ways modern life is cutting us off from each other. Go to a large supermarket and check yourself out. Go to the gas station and pay at the pump. And what was I doing at the bank window anyway, when there are ATMs and online banking?

Cars allow us to zip around town alone in our own private conveyance, and television gives us our own private entertainment.

The internet has made it possible to have relationships without ever seeing another face (although I am not saying the internet is all bad for human relationships — it makes possible a uniquely modern form of relationship, such as allowing people of like interests to find each other across geographical distance). In Bowling Alone, author Robert Putnam documents the decline in Americans’ involvement in social organizations, such as bowling leagues. I haven’t read his book, but from what I have read online he seems to be focused on civic participation; his argument is that lack of participation in social activities lessens people’s political activity in their community, which is dangerous for democracy.

I’m sure Putnam is right that there is a decline in civic participation, but I think there is a deeper problem. Someone I know once said “Health is a function of participation.” I think the reason 10% of adult women in the United States are on anti-depressants (and 4% of the men) could be directly linked to this increasing isolation of each of us from one another.

For tens of thousands of years humans lived in tribes or clans that were large extended families. Life was lived communally. We worked together and we partied together. We would sing and dance and this would bind us as a group.

At the holiday season I feel like I see the remnants of this pulling at people’s memories. People love to gather and sing the traditional Christmas songs. Last Fourth of July the Presbyterian Church held a patriotic songfest and the church was packed. Again I felt the hunger for that communal experience we have almost lost.

Research has shown that people who go to church regularly and people who are married live longer lives. I am sure that spirituality and love factor into the increased longevity, but I also believe that in both cases there are health benefits that can be attributed to social interaction. Loneliness kills.

Psychologists have a term “social connectedness” to measure how isolated or connected people are. Studies of highly socially connected people have found that in addition to living longer, they are less likely to be depressed, are less susceptible to infectious disease and are less likely to suffer severe cognitive decline with aging than are those who are more socially isolated.

I film a lot of events for my TV show, Heart of the High Country, and I am constantly amazed at how few people come to many of these wonderful
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... MULLEN continued from page 2

At the meeting of the appointed Affordable Housing Task Force this past week, we discussed much of the misunderstanding in the community with what we are attempting to accomplish. Early on we perceived there is an image problem. Let me just say, there is no attempt to build any kind of inferior or unsightly buildings for the purpose of housing people who cannot own their own living spaces. It is hard to believe that some people would resist living near buildings which will blend in quite well with surrounding buildings and be an asset to the community.

The buildings we are considering will be for permanent working people who can own their own homes. Thus we have changed the name of the task force to the "Privately Owned Workforce Residents" (POWR) task force. POWR will enable people such as teachers, nurses, town employees, policemen and other permanent working people to have a choice to own their own homes on the Highlands plateau. To be diverse and healthy community, we desperately need to do the same. So stay tuned for an exciting future for that area.

Street area. A rush to judgement at this point would be polarizing for the community and counterproductive for future development. However, with all that said, this will not prevent us from utilizing the space for activities on the site that now exists. Pine Street can be blocked off temporarily at any time to encourage local activities which can handle up to 2,000 people. We are already having much interest in the use of this greenspace for all kinds of fun and exciting events. Cashiers has done a far better job than Highlands in not only preserving green space but creating areas which lend to outdoor activities. We must do the same. So stay tuned for an exciting future for that area.

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For millions of homeowners, turning a backyard into a golf course-quality green space is a springtime dream that seems just out of reach. The good news? Thanks to a new generation of easy-to-operate mowing equipment, a lush, manicured lawn is within most people’s grasp. According to turf expert Paul B. Latshaw, using the right tools and techniques will help ensure that your lawn stays golf course vibrant all year long.

“Turning your attention to the turf in early spring makes all the difference,” says Latshaw, who has led the golf course turf preparations for three PGA events, including the 2004 through 2006 Memorial Tournaments at Muirfield Village Golf Club, Jack Nicklaus’ home course. “A little work now will really pay off throughout the season,” he says. Latshaw teamed with the lawn care experts at Lawn-Boy to offer these tips to help turn your backyard into a space that will have your neighbors turning green with envy:

• Get your equipment into shape. Golf course maintenance crews rely on their equipment to be in tip-top shape, and homeowners should expect the same type of performance. After sitting unused for several months, your mower will probably need a little TLC. Spring is the perfect time to check and change the oil, air filter and spark plugs. Also, be sure to check to see if your blade needs sharpening or replacing. If you’re not up to the task, or simply don’t have time, contact your local dealer to schedule a spring tune-up.

• Use the right mower. If your mower didn’t perform up to your expectations last year, it may be time to invest in some new equipment. Today, higher-end models combine professional-level effectiveness with lots of user-friendly features, including easier starting. When designing its new line of mowers, Lawn-Boy interviewed hundreds of homeowners and used their feedback to come up with innovative features like an easy-to-adjust handle height, a bag you can remove with just one hand, and a self-propel system that automatically senses and adjusts to your walking speed up to five miles per hour.

• Water. Water is one of the most vital elements for a healthy lawn. But, contrary to popular belief, watering at night is not the best option. The best time to water is in the early morning so the grass can benefit from its a.m. drink throughout the day.

• Aerate. Golf courses aerate regularly to relieve compaction. Most home lawns can benefit from this procedure as well. Mature lawns can often become compacted, reducing the ability of critical nutrients to reach grass roots. Aerating helps loosen the soil, letting water, air and fertilizer make it down to the grass plant’s roots. Manual tools work well for small yards or trouble spots. If you’ve got a large yard, consider renting a power aerator with a group of your neighbors. In no time, you’ll be well on your way to cultivating a lush, vibrant backyard even the most demanding turf expert will admire.
Hospital’s ‘Healthy Living Fair’ to promote wellness

You can learn how to live better, look better, and feel better — and it’s all completely free.

On Saturday, July 14, Highlands-Cashiers Hospital is again hosting a Healthy Living Fair, featuring lectures by area physicians, fitness demonstrations, cosmetic makeovers, and health information displays from 17 different exhibitors from around the area.

It all takes place on the first floor of the Jane Woodruff Clinic, on the campus of Highlands-Cashiers Hospital, beginning at 8:30 a.m. The fair will last until 1 p.m. There is no admission charge and there is nothing to buy.

In addition to four lectures by area physicians and a host of demonstrations, there will be samples of healthy and hormone-free foods, as well as free samples of many beauty and skin care products, door prizes, and raffles for free massages, a free skin laser treatment, and other valuable items. Participants can receive a free 10-minute massage, have their body composition measured, be pre-screened for osteoporosis, and take an on-line health survey to assist their risk for heart disease, stroke, and several common types of cancer.

Activities kick off at 8:30 a.m. with healthy breakfast items and beverages. The lectures series gets under way at 9 a.m. when local family physician Patti Wheeler will speak on breast cancer prevention in Suite 103. At the same time, certified instructor Sandie Trewethan will give a Pilates demonstration in the Level 1 fitness studio. Certified yoga instructor will follow at 9:30 with a demonstration of Hatha yoga.

The staff of the Medi-Spa at the Center for Plastic Surgery in Highlands will give a demonstration on peels and other facial rejuvenation techniques at 9:45 a.m. At 10 a.m., local cardiologist Carl Curtiss, MD, FACC, will speak on ways to lower your risk of coronary artery disease in Suite 103.

Also at 10 a.m., those who want to pick up some tasty recipes for healthy smoothies can join HealthTracks staff member Jeanette Fisher, BS-CPT, in suite 102 for some blender magic. Another yoga demo with Rebecca Landis is planned at 10:30 a.m. in the fitness studio.

At 11 a.m. local internist Debra Wagner, MD, will present a talk entitled “Food for Thought: Diet and Dementia?” in Suite 103, and Jeanette Fisher will give a demonstration of toning exercises in the fitness studio. Local plastic and cosmetic surgeon Robert Buchanan, MD will speak at noon in Suite 103 on strategies to slow the aging process.

In addition to scheduled lectures and events, a number of other demonstrations will be going on throughout the morning. Healing Touch massage at Highlands-Cashiers Hospital will be holding an open house and providing free 10-minute massages. And The Center for Plastic Surgery staff will be doing makeovers at their booth in the main lobby. The Haywood Regional Osteoporosis Program will be offering ankle ultrasound scans to assess those who may be at early risk for bone loss. Fair participants can also tour the mobile bone density scanning unit. There will also be plenty of advice and information on prevention as well.

Fair participants will also have an opportunity throughout the morning to take a computerized health quiz utilizing the Harvard School of Public Health’s website at www.yourdiseaserisk.com. Dr. Curtiss and the staff from the Mountain Heart Center will be on hand to answer questions.

And if your golf swing is losing its zip, Kelly Childs, PGA golf pro at the County Club of Sapphire Valley will be providing...
Scheduled Lectures, Talks, and Demonstrations

<table>
<thead>
<tr>
<th>Topic</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Breast Cancer Prevention</td>
<td>9:00 AM</td>
<td>Suite 103</td>
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<tr>
<td>Introduction to Pilates</td>
<td>9:00 AM</td>
<td>Level 1 Fitness Studio</td>
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<tr>
<td>Yoga Demonstration</td>
<td>9:30 AM</td>
<td>Level 1 Fitness Studio</td>
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<tr>
<td>Facial Rejuvenation Demo</td>
<td>9:45 AM</td>
<td>Suite 101</td>
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<tr>
<td>Lowering Risk for Coronary Disease</td>
<td>10:00 AM</td>
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<td>Making Healthy Smoothies</td>
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<td>Toning Exercises Demo</td>
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<tr>
<td>Anti-Aging Strategies</td>
<td>12 Noon</td>
<td>Suite 103</td>
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On-going Demonstrations

Free make-overs by The Medi-Spa at the Center for Plastic Surgery, osteoporosis screening by the Haywood Regional Osteoporosis Prevention Program, 10-minute massages by Healing Touch, body composition evaluation by HealthTracks, on-line heart risk evaluations by The Mountain Heart Center, tips from a pro on improving your golf swing.

Displays & Exhibits

The Center for Plastic Surgery, Highlands Whole Life Market, Highlands Dermatology, Wagner Medical Assoc., HealthTracks, Haywood Regional Osteoporosis Prevention Program, American Cancer Society, American Diabetes Assoc., Nantahala Hiking Club, Highlands Roadrunners Club, Merck & Co., pharmaceuticals, Healthy PathWeighs, HCH Smoking Cessation, Medication Cards, Guiltless Gourmet, and Nordic Naturals.

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• GARDENING ON THE PLATEAU •

“Knock” yourself out!

By Carla Gates

Every flower has a hidden meaning and roses are no exception. The red rose is the universal symbol of love but not all who try to grow a rose bush can say they love them! Ranging in color, size and variety, the rose is a must have for every garden. For some the appeal of roses has faded due to disease and high maintenance. Now when someone tells us that roses are hard to grow or need too much care we tell them we have the rose that will “knock their socks off!”

Introduced in 2000, the Knockout Rose (Rosa x ‘Radrazz’) has been called the perfect landscape shrub and hailed a “breakthrough shrub rose” by the All-American Rose Selections. It was one of three roses to win the prestigious AARS award for outstanding gardening performance in 2000.

Virtually disease free, Knockout has proven to be almost resistant to black spot, powdery mildew and insects, including aphids. It is cold hardy to a zone 4 and is very heat and drought tolerant once established. Planting the rose in an area where they will receive good air movement and full sunlight will be best. Make sure to use a soil conditioner when planting in well drained soil and keep the soil surface covered with at least three inches of organic material year-round.

With clusters of single, three-inch in diameter cherry-red or pink blossoms, this rose shrub will bloom all summer and fill your garden with a light tea rose fragrance. Perfect for a low hedge or just for accenting, this shrub is a fast grower to 3 to 4 feet tall and as wide.

In 2006 there were two new members introduced to the Knockout family. Winner of the 2007 AARS rose of the year, the Rainbow Knockout (Rosa x ‘Radcor’) more floriferous and disease-resistant than its parent, has single deep coral-pink blossoms with yellow centers. More compact and longer blooming than the original knockout makes this one great for cut flowers, too.

Also making its debut, the Double Knockout Rose (Rosa x ‘Radtko’) combines the disease resistant features of Knockout with an abundance of double candy-apple red blossoms with a slight spicy scent. Requiring no deadheading and self cleaning this family of roses is by far the hottest thing to ever hit the rose world! This is a no-brainer that is sure to “Knock” you out

Rainbow Knockout
Author signings at Cyrano’s Bookshop on July 6 and July 7

Local author Frank Foster will sign copies of his new novel “Boca Moon” from 5-7 p.m. on Friday evening, July 6. Charles Martin will sign copies of his new book “Chasing Fireflies” from 1-3 p.m. Saturday afternoon, July 7.

If you enjoy Florida mysteries like those penned by Randy Wayne White, you’ll want to read “Boca Moon.”

Mr. Foster’s first novel is set amidst the near-tropical inlets around Boca Grande in southwest Florida. The local flora and fauna include banyans and frangipani, egrets and alligators — not to mention the rich people who call the island home. (The place really exists and is a favorite of the Bush family, among others.)

Lynn Woo is the heroine of “Boca Moon;” she is a former navy diver, intelligence officer and restaurant owner who operates a nature-tour company. But when she investigates the grisly murder of an admiral’s son-in-law, Woo is herself threatened by a dangerous web of deceit and greed; luckily for her, deputy sheriff Tuck Kershaw has her back.

Mr. Foster’s chapters are short and gripping, and drive his thriller from the first page to its very surprising conclusion. And some famous writers agree: “Forrest Gump” author Winston Groom writes that “Frank Foster has fashioned a gripping novel of suspense in a wonderfully exotic setting. Buy it now and enjoy yourself.”

The award-winning mystery writer Stuart Kaminsky says: “Look out. There’s a new name in mystery fiction, Frank Foster, who knows the waters of Florida and dark caves of the human mind. May there be other books in the wake of this one. I’ll surely read them.” Kaminsky and Mr. Foster’s other fans can relax — he is already working on further novels in his “Boca” series. Frank and his wife Patti live in Cashiers and Lakeland, Florida, where he is a well known businessman and investor. Refreshments will be served during the signing on Friday evening.

Charles Martin’s has been described as an author of “God-haunted Southern literature.” In his fifth novel, “Chasing Fireflies,” paramedics find a malnourished 6-year-old boy near a burning car that holds a dead woman, they wonder who he is — and why he won’t talk. Chase, a journalist in Brunswick, Georgia, is assigned to cover the story and investigate the boy’s identity. But will his search unearth long-buried emotions about his own history? Publisher’s Weekly praised the book, saying “Martin’s prose is lovely...[and] his characters and their issues are enough to keep the pages turning.” Among Mr. Martin’s other novels are “The Dead Don’t Dance” and “When Crickets Cry,” which was Southern Living’s April 2006 “read of the month.” The magazine cited its ability “to deliver a poetic love story, a heart-pounding medical thriller, and a spiritual epiphany, all while smoothly introducing charming characters and twists that keep the pages turning.” Also a former businessman, Mr. Martin is a graduate of FSU and Regent University; he and his family live in Jacksonville, Fla. Please come meet Charles Martin from 1-3 p.m. on Saturday.

Cyrano’s Bookshop is located at 390 Main Street in Highlands, North Carolina. Books can be reserved for autographing by calling (828) 526-5488 or sending an e-mail to cyranos@ncv.com; to learn more about our store please visit www.cyranosbooks.com.

...HEALTH FAIR
continued from page 16
tips and offering suggestions all morning long.
A wealth of information, samples and expertise will be also available at exhibits and displays from The Medi-Spa at the Center for Plastic Surgery, Highlands Whole Life Supply, Highlands Dermatology, HealthTracks, Healthy Path Weights, the Nantahala Hiking Club, the Highlands Roadrunners Club, Wagner Medical Associates, the American Cancer Society, The American diabetes Association, Merck & Co. pharmaceuticals, and the smoking cessation program at Highlands-Cashiers Hospital. Most of the booths will have someone on hand to answer questions. A variety of door prizes will be given away, including spa baskets and other items. Drawings will be held for several gift certificates for massages and a laser skin treatment provided by Highlands Dermatology (a $300 value).
A full schedule of events, including times and room locations, can be found on the hospital’s website at www.hchospital.org.
INTRODUCING
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Desire
The invasion of cancer

By Sally Hansen

With the 2007 Mountaintop Relay for Life coming up in August, cancer is on everyone’s minds. In a retirement community like Highlands, everyone seems to know someone with cancer. But it’s important to remember that it’s very normal for the incidence of cancer to be slightly higher in a second-home, retirement community than in the general population, simply because of the increased number of elderly people.

According to the Mayo Clinic, the incidence of cancer increases with age. This doesn’t mean that older people are less healthy; it simply takes into account the exposure and damage that can occur during a lifetime. For example, the skin doesn’t show up until middle-age and beyond. The fact that someone makes it to retirement age does in a way predispose him or her to developing cancer based solely on the aging process. Bodies go through over a lifetime.

Highlands is the highest incorporated town in the eastern United States, and according to the Mayo Clinic, living at higher altitudes exposes people to greater amounts of radiation because sunlight is more intense at higher elevations. Ultraviolet (UV) radiation increases by four to five percent for every 1,000 feet above sea level. Highlands’ altitude of over 4,100 feet means at least 16% to 20% more UV radiation exposure than people living at sea level. This percentage is even higher where the mountains are higher than Highlands.

The presence of a pigment called melanin in the skin offers some protection from radiation from the sun, but people with light skin, red or light-colored hair, and freckles have less protection from UV radiation. This makes light-skinned people more likely to develop melanoma and other types of skin cancer.

However, the radiation people are exposed to in their everyday lives doesn’t only come from the sun. Natural radiation can be produced by substances in the soil and the earth, from gases in the air, and even in people’s bodies. Man-made radiation originates from medical and dental x-rays, televisions, smoke detectors, nuclear energy, weapons fallout, tobacco smoke, and many other sources.

Talk about the dangers of radon buildup in basements hit the news some years ago. Radon gas, which comes from the earth, can get “stuck” in a basement because it has no way of escaping from tightly-sealed homes.

According to the Environmental Protection Agency, radon gas particles that are inhaled can damage lung tissue and lead to lung cancer. For smokers who are exposed to radon gas, the risk of developing lung cancer greatly increases.

Visit CANCER page 39
GREAT STARTER COTTAGE - Totally renovated Mirror Lake Cottage, 2 bedrooms, 2 1/2 baths. Crafted of wood, stone and tile, this is not to be missed. Private setting with a large deck that overlooks a great private pond. Some furn. available. $375,000.

MIRROR LAKE AREA. 3 bedroom, 2 bath home is ready for occupancy after an extensive remodel in 2005. Enjoy the sunset or entertaining guests from the new back porch. Upgrades include wood floors, granite countertops, front and back porches and new roof. The home includes a stone fireplace, 1 car garage and laundry room. Offered at $439,000. mls #55673

COMMERCIAL & CHARMING - This is a great location with high visibility, historic roots, custom woodwork, and living quarters above. Operating as a retail shop with almost a half acre, additional storage in the back. Don't miss this opportunity! Offered at $850,000.

HIGHLANDS VIEW. Affordable home with a mountain view are hard to find these days, don't miss seeing this one. 3 bedrooms, 2 baths with a bonus room. Vaulted living room with fireplace, deck, lower level bonus room. Paved access and only minutes from town. Offered at $299,000. mls #60760

MIRROR LAKE AREA - Great value in this 3 bedroom, 2 bath with den located on Wyanoak Drive. Recently renovations featurea vaulted greatroom, original paneling, hardwood floors, stone fireplace, and a new kitchen and baths. Gentle lot with great yard. Designer furnishings and only a short walk to the lake make this a great package. Offered at $474,500.

RUSTIC ESTATE IN WHITESIDE COVE. This former lodge has 7 bedrooms, 7 baths, large great room with stone fireplace, dining room, and commercial kitchen on nearly 9 acres of seclusion. There is a tennis court and stream, and it backs up to Forest Service property. Spring water supplies a 10,000 gallon cistern for ample water supply. Offered at $1,200,000. mls #60752

Horse Cove, Custom Home, 2.0+/ acres, 4 bed, 4 bath, 2 1/2 baths, just under 6,000 sq/ft, grand master suite, family room with stacked stone fireplace, study, large open kitchen with professional grade stainless steel appliances, granite countertops, wall-in temperature controlled wine room with custom wood racking, dining room, laundry, large outside covered porch & deck area. Custom features include wood flooring, zoned heating, 11,000 kw automatic generator, closet organizer systems and much more. $1,395,000. mls #60672

GOOD LOCATION AND CLOSE TO TOWN. overlooking a small branch, on a private lot. This cute 2 bedroom, 1 bath cottage is a wonderful getaway. Open great room with wood floors, large open deck in the back to enjoy the environment. A great value at $379,000. mls #60212
At Highlands Cove, we're offering exceptional homesites for custom-built homes. You may choose a cool, wooded setting dense with oaks, hemlocks, pines and rhododendrons. You may prefer a panoramic view of the Blue Ridge. Or a site overlooking our impeccably groomed golf course. The average lot size is 4/5 of an acre. We're a 430-acre, gated community soaring to 4,700 feet above sea level. Our amenities include a huge clubhouse, a fine restaurant, 18 holes of golf, tennis and a fitness center. Since choice lots in such splendid mountain surroundings are more and more difficult to find in Highlands, come see our sights and sites now.

We're located six miles east of Highlands on Highway 64. For information, visit the sales office adjacent to the entry gate. Or call us: 828-526-8128 or toll free 1-866-220-2209. Homesites range from $175,000 to $650,000. Web site: www.highlandscove.com.

SEE THE SITES At Highlands Cove, we're offering exceptional homesites for custom-built homes. You may choose a cool, wooded setting dense with oaks, hemlocks, pines and rhododendrons. You may prefer a panoramic view of the Blue Ridge. Or a site overlooking our impeccably groomed golf course. The average lot size is 4/5 of an acre. We're a 430-acre, gated community soaring to 4,700 feet above sea level. Our amenities include a huge clubhouse, a fine restaurant, 18 holes of golf, tennis and a fitness center. Since choice lots in such splendid mountain surroundings are more and more difficult to find in Highlands, come see our sights and sites now.

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By Ran Shaffner
Highlands Historical Society
A recent proposal for construction of a town government building in the block between Oak, Maple, and 4th Streets would replace the current town hall, public bathrooms, visitor center, and police department with a two-story duplex separated by a courtyard. When completed, the structure would culminate 130 years of Highlands legal history.

Before 1878 Highlands had used the log Law House, situated about where Helen's Barn is today, for legal, religious, and academic purposes, but in that year the town joined with Franklin to raise $300 to build a separate “school and church house” on an acre of land donated by Samuel Kelsey along 4th Street, where town hall exists today. Completed in 1879 by Arthur House, builder and owner of Highlands' first saw mill nearby, this building served the town as its first real school for the next forty years. It was here that Professor Thomas Harbison established Highlands Academy, one of the first public graded schools in North Carolina.

In 1883 the western portion of this block, extending from Highlands School to Maple Street still belonged to Samuel and Katherine Kelsey and C. C. Hutchinson's in-laws Carlos and Clara Sherman. But in August of that year they sold it for one dollar to the Ladies Floral and Industrial Society of Highlands, who created a “permanent” two-acre “Highlands Park,” where the Playhouse and fire and police stations exist today. The intent of the Ladies Society was to protect and preserve as well as promote the natural beauty of Highlands as the business district grew. This was also the year that the Highlands Improvement Society was created with a similar purpose: to monitor the town's growth.

By 1915 Highlands School had outgrown its forty-year-old building, despite attempts to repair it in 1910-11. The town voted $6,000 in bonds to build and equip a new schoolhouse, and in 1916, as soon as work was scheduled to begin, the town collected $200 in taxes to install a four-sided clock tower on its roof, which the Highlands Improvement Society had donated as a gift.

Erected high up on the hill behind the...
Town Hall, Fire Station, Police Station, built in 1954

original one-story schoolhouse, about where the ABC Store exists today, the new two-story school would dominate the town’s skyline for the next thirty years as one of its most familiar features. Its bell, transferred to the tower from the old school, rang out the hours for anyone wishing to know the time of day. Indeed, this is the same bell that rings the time above today’s Town Hall, having been returned to its original location to celebrate the arrival of the millennium.

The Town Clock School, or the big brown schoolhouse on Knowledge Hill as it was often called, wasn’t completed until 1919, when the town borrowed $750 from Henry Sloan to match a grant from the County Superintendent and District Trustees to equip the building with electric lights and an auditorium of 400 seats for motion pictures.

In the summer of 1934 work began on a new High School Auditorium, today’s Highlands Playhouse. Planned by an Asheville architect, it was contracted to Guy Paul, Sr., who created a wood-shingled building to match the second Highlands School. To this day its acoustics are nearly perfect.

Here were shown Highlands’ first silent movies and first talkies. Beginning in 1939 and for the next thirty years, local amateurs performed here for the Highlands Community Theatre. Only in 1973 did professional take over as the Highlands Playhouse.

In 1951 the town bought two tracts, including the Highlands School property, from the Board of Education, and for the next nine years the old schoolhouse building on the hill served as a community center. Three years later the town was holding but had had to postpone since 1883, when it first tried unsuccessfully to build its own town hall at the corner of 4th and Pine. In 1954 at the site of the first Highlands School on the corner of 4th and Oak, the world-renowned Dr. Upton Ewing designed a brick structure that would serve as a combination town hall, fire station, and police headquarters. In 1960 the old schoolhouse building was torn down to provide parking for the then-popular community theatre, now the Playhouse.

By the end of 1967 the fire station had moved out of town hall into a new building behind the Community Theatre. Volunteer firemen in town had raised $1,000 toward its construction during their first barbecue. By 1974 Emergency Medical Technicians were being certified and within three years were offering emergency medical services with a state-approved ambulance. Around 1983 the County constructed a new police station just west of the fire station at the corner of Oak and Maple and the following year the County moved EMS out of the fire station into shared quarters with the police department.

What exists today in the block surrounded by 4th, Maple, and Oak streets are the Town Hall, ABC Store, Community Playhouse, Fire Station, and Police Department. In the EMS building a second parking lot, besides the ABC Store’s lot, stretches along the north portion of the block from Town Hall to the Fire Station and includes the public bathrooms. Until 2005 the Chamber of Commerce functioned in the second story above Town Hall, and the Mountain Garden Club has faithfully tended the shrubs and flowers between the ABC parking lot and Oak Street.

In a very real sense this garden is reminiscent of the “permanent” two-acre “Highlands Park” that was intended to promote the natural beauty of Highlands in the business district over 120 years ago by the Ladies Floral and Industrial Society.

• Ran Shaffne is the archivist, for the Highlands Historical Society, Inc. The Highlands Historical Society’s Park is across from Bryant Funeral Home on U.S. 64 east. In the complex is the Prince House and the old Hudson Library. It is open to the public.

Also for sale: $1,595,000

Three master suites with jetted tubs and showers. Sleeping nook with private bath. 4 fireplaces, 2 living areas. Newly Renovated. Private dock w/canoe & firepit. Rental license included. Rent entire lodge or cottage or individual suites. Call 828-342-2302. www.thelodgeonmirrorlake.com

Also for sale: $975,000

Three beds, 3 baths, plus cottage. Huge decks, dock, canoe and paddleboat. Rent entire lodge or cottage or individual suites. Call 828-342-2302. www.thelodgeonmirrorlake.com

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• Home with gorgeous view
  4BR 2½ BA , 2 LR, Rec room - $369,000
• Stunning view home,
  3 BR 3 BA - $499,000
• All houses have granite kitchens & wood cabinets

loving Literacy
A Premiere Gala
A premiere showing of HCP’s “How The Other Half Loves”
A live performance to benefit the Literacy Council of Highlands
Wed., Aug. 15th
6:30 p.m. | PAC
www.highlandsliteracy.org or (828) 526-9938 ext. 240 for tickets
Rise above the ordinary.
Now with extraordinary savings.

There is a place where mountains meet sky, where trouties still roam in the cool night air, where the gentle breeze stirs memories and relaxes the soul. In the tradition of a grand, southern manor comes Sunset Mountain Estates. This 40-acre community of oversized sites, each with a spectacular view, mountain or woodland view, gives you the opportunity to own your dream home.

<table>
<thead>
<tr>
<th>Lot</th>
<th>Name</th>
<th>Beds/Baths/Bonus</th>
<th>Sq. Ft.</th>
<th>Price</th>
</tr>
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<tbody>
<tr>
<td>Lot 13</td>
<td>Mountain Cove</td>
<td>4/4/3</td>
<td>3,337</td>
<td>$795,000</td>
</tr>
<tr>
<td>Lot 7</td>
<td>Windstone Place</td>
<td>4/2/2</td>
<td>3,416</td>
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<tr>
<td>Lot 8</td>
<td>Mountain Cove II</td>
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<td>Lot 12</td>
<td>Crest Lodge</td>
<td>3/3/1</td>
<td>2,946</td>
<td>$525,000</td>
</tr>
</tbody>
</table>

Square footage are approximate. Prices, features subject to change.

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Developed, built and offered by Titan Homes.
Charles Sheehan of Highlands said he supports the legislative effort, too. “Having lived in areas with steep slopes over the years, I have witnessed the horrific consequences of mudslides on poorly designed shoddily constructed buildings.”

Wright and others say the threats of steep slope legislation thwarting development are false.

“Every time building in a steep slope or other potentially hazardous area comes to the table, the real estate industry and major developers raise the false threat of ‘You’re going to stop development,’” said Wright. “We all know this is impossible – as well as false; but the legislators seem to take the fear of being somehow responsible for slowing economic growth over the risk to public safety.

Wright said the proposed steep slope legislation, like the local flood damage prevention ordinance — on the agenda July 16 Macon County Commission meeting — does nothing to prevent or discourage construction in an area of known hazards like landslides and floodplains. Rather, the ordinance requires those who decide to build in an area of a known hazard to build there more safely. “They are written to reduce the likelihood of our emergency management volunteers and staff having to risk their lives and equipment to rescue someone who knowingly built in a known hazard area,” said Wright.

Though the real estate brokers and developer lobbyists are blamed for the steep slope legislature roadblock, there are some in the business who are for such legislation. “I am a real estate broker here in Highlands and I was delighted to be copied in on this letter, as I think the issue of responsible and conscientious development is of key importance both to Highlands, as a microcosm of North Carolina, as well as the rest of the country.” wrote Eleanor Crowe Young to Senator Snow. “I am an avid supporter of conscientious development, ordinances put into effect to protect the environment, matters of public safety, and consumer advocacy and education. Please know there are real estate professionals in your community who treat these issues with utmost concern and are able to find creative and innovative ways to protect clients, personal value systems, and regard for the greater good.”

Though not dead, other legislative issues have been put ahead of the steep slope issue which has been buried for the time being.

The next issue of Highlands’ Newspaper will be out at its regular time - Thursday, July 12.
Descendant of town founder visits Highlands

Sky Campbell, great-great-great-great-granddaughter of Highlands’ co-founder Samuel Kelsey, surveys her ancestor’s creation from the chimney that remains of his home, during a recent visit to Highlands from her home in Durham, CA. What she particularly appreciates about Kelsey is the unassuming way in which he established and promoted towns for the benefit of others to the exclusion of himself. She regards him as a developer who valued beauty and quality of life above any profit he might have gained personally.

Sky Campbell in Kelsey’s chimney behind the Falls-on-Main, the site of Kelsey’s home here in Highlands.
TWIGS at Highlands’ Edge
“Everything For Your Nest”
Hours: 9-6 Mon.-Sat. • Sun. 10-5
Cashiers Road about one mile from town.
526-5551

Fireworks...Each other...Twigs at Highlands Edge
It’s all you need for a great celebration of Independence!
**FEDERAL POLITICS**

A week in review

By Heath Shuler
U.S. Representative Heath Shuler, NC-11

Last week the House of Representatives continued working on the Appropriations bills for Fiscal Year 2008. The two bills on the floor last week were the Interior and Environment Appropriations, H.R. 2643, and the Financial Services Appropriations, H.R. 2829.

The Interior and Environment Appropriations bill will provide $233 million for Payments In Lieu of Taxes, or PILT funding - 22% more than the Administration requested. This PILT funding is used to compensate local governments for lost property tax revenue due to federal land holdings. These PILT payments are vital to many of our counties in the 11th District. For example, our communities use PILT payments in our schools for everything from teacher salaries to heating oil to cleaning supplies. I was proud to ensure that this very important funding was included for our communities in the Interior and Environment Appropriations bill.

I also believe that as the leaders of our nation, Congress has a moral obligation to protect our environment and natural resources for future generations. This bill does that by providing crucial funding for National Parks maintenance needs, clean water, and to address the growing threat of global warming.

The Interior and Environment Appropriations bill includes new resources and support for environmental and conservation programs including:

- Funding for the Clean Water State Revolving Fund, which supports projects that improve drinking water quality in communities across America.
- Sevier and Water Grants to support the construction and improvement of water systems in local communities.
- New resources for the Superfund hazardous waste clean-up program.
- Boosts federal investment in climate change research at Environmental Protection Agency (EPA) and the Interior Department by 53%.

The National Park Service was also appropriated $2.5 billion, a 10% increase in funding over previous levels. $2 billion of this funding is to be used for operations and maintenance.

For years our National Parks have had to deal with severe underfunding, which has led to tremendous maintenance backlog. This appropriations bill begins to reverse that course so that future generations will be able to enjoy the full natural beauty and wonder of these lands. This bill also will protect the health of our National Parks and Forests by improving wildlife and vegetation management and strongly investing in wildfire suppression.

The Interior and Environment Appropriations Bill passed the House with strong bipartisan support, 272-155.

The second appropriations bill the House considered last week, the Financial Services Appropriations, also passed with bipartisan support.

This appropriations bill included important funding for national security measures and strong support for our war on drugs. The House increased funding for the Office of Terrorism and Financial Intelligence by $1 million over last year’s funding levels. This additional funding will be used for intelligence analysts tracking terrorist financing, personnel for economic sanctions efforts against terrorist networks, and policy advisors to work with foreign governments to combat terrorist financing.

- See POLITICS page 31

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**PLACES OF WORSHIP**

**BLUE VALLEY BAPTIST CHURCH**
Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m., Worship – 11
Sunday night services every 2nd & 4th Sunday at 7

**BUCK CREEK BAPTIST CHURCH**
Sundays: School – 10 a.m.; Worship – 11
First Saturday: Singing at 7:30 p.m.

**CAPE OF SKY VALLEY**
Sky Valley, Georgia
The Rev. Dr. John S. Erbelding, Pastor
CHapel: 706-748-2999
Pastor’s residence: 706-746-5770
Sundays: 10 a.m. – Worship
Holy Communion 1st Sunday of the month
Wednesdays: 9 a.m. Healing and Prayer with Holy Communion each service

**CHRIST CHURCH OF LATTER DAY SAINTS**
NC 8 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627
Sundays: School – 10 a.m., Worship – 11
First Baptist Church
Pot Luck Lunch last Sunday of each month.

**CHRISTIAN SCIENCE SERVICES**
3rd & Spring Streets
Sunday 11 a.m.
Wednesday testimony meeting 7 p.m.
Study room open Tuesday 2-4 p.m.

**COMPANY BIBLE CHURCH**
(Descriptive Presbyteran Church)
Office: 526-2320
Sunday: Holy Communion – 11 a.m.
(Highlands Community Center on. U.S. 64 next to the ballfield in Highlands)
Monday: Evening Bible Study at 6 p.m.
Tuesday: Women’s weekly Bible study at 2 p.m.
Wednesday: Men’s Bible study at 8 a.m.
At First Baptist Church
Pot Luck Lunch last Sunday of each month.

**COMMUNITY BIBLE CHURCH**
(Evangelical Presbyterian Church)
www.cbshighlands.com • 526-4685
3645 U.S. 64 east, Highlands
Sundays: 9:30 a.m. Sunday School; 10:45 Worship;
Tuesdays: 10 a.m. Women’s Bible Study
Wednesdays: 5:15 p.m. Students’ Dinner (free for kids in 8th grade & younger); 5:30 p.m. Supper; 5:45 p.m. – 7:15 pm Small Groups for kids Pre-K through 8th; 6:15 p.m. – 7:15 pm Adult Bible Study 6pm-7pm Choir Practice

**EPISTOLICAL CHURCH OF THE INCARNATION**
Sundays: Worship – 11 a.m.

**FIRST BAPTIST CHURCH**
Rev. David Robinson, Pastor, 526-4153
Sun.: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.
Church – 9:30 a.m.; Youth – 6:30 p.m.; Choir – 7:15
Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.
Prayer – 6:15 p.m. Choir – 7:30 p.m.

**FIRST PRESBYTERIAN CHURCH**
Rev. Hunter Coleman, Pastor, 526-3175
Mondays: 8 a.m. - Men’s Bible Discussion & Breakfast
Tuesdays: 10 a.m. – Seekers Choir – 7

**HIGHLANDS ASSEMBLY OF GOD**
Sixth Street
Sundays: School – 10 a.m.; Worship – 11
Wednesdays: Prayer & Bible Study – 7

**HIGHLANDS 7TH-DAY ADVENTIST CHURCH**
Wednesday evening prayer & Bible Study
Call Lloyd Kidder at 526-9474

**HIGHLANDS UNITED METHODIST CHURCH**
Pastors Eddie & Kim Ingram, 526-3376
Sun.: school 9:45 a.m.; Worship 8:15 a.m. & 11 a.m.
5 p.m. Youth Group
Wed: noon – Men’s Emmaus Reunion Group; 4:45 – Children’s choir and handbells; 5:30 – Supper; 6 – Adult Handbells; 6:15 – children, youth, & adults studies;
7:15 – Adult choir
(nursery provided for Wed. p.m. activities)
Thurs:12:30 - Women’s Bible Study (nursery)

**HOLY FAMILY LUTHERAN CHURCH – ELCA**
Chaplain Margaret Howell
2152 Dillard Road – 526-9471
Sundays: Worship/Communion – 10:30

**LITTLE CHURCH OF THE WILLOW**
Services at the Church in the Wildwood in Horse Cove.
Sundays at 7 p.m. through Labor Day. Dress is casual. Old fashioned hymn-sing.

**MACEDONIA BAPTIST CHURCH**
8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Jame Passmore, (706) 782-8130
Sundays: School - 10 a.m.; Worship – 11
Choir – 6 p.m.
Wed: Bible Study and Youth Mtg. - 7 p.m.

**MOUNTAIN SYNAGOGUE**
St. Cyprian’s Episcopal Church, Franklin 369-6871
Fridays: Sabbath Eve Services at 7 p.m.
For more information, call (706)-745-1384.

**OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH**
Rev. Tien, Priest
Parish office, 526-2418
Sundays: Mass – 11 a.m.

**SCALY MOUNTAIN BAPTIST CHURCH**
Rev. Clifford Willis
Sundays: School – 10 a.m.; Worship – 11 a.m. & 7
Wednesdays: Prayer Mtg. – 7 p.m.

**SCALY MOUNTAIN CHURCH OF GOD**
290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School – 10 a.m.; Worship – 10:45 a.m.;
Evening Worship – 6 p.m.
Wed: Adult Bible Study & Youth - 7 p.m.
For more information call 526-3212.

**SHORTOFF BAPTIST CHURCH**
Pastor Wayne Price
Sundays: School – 10 a.m.; Worship – 11
Wednesdays: Prayer & Bible Study – 7

**UNITARIAN UNIVERSALIST FELLOWSHIP**
Rev. Maureen Killoran (part-time) 526-9769
Sundays: Worship – 11 a.m.

**WHITESIDE PRESBYTERIAN CHURCH**
Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School – 10 a.m.; Worship – 11
Additionally, as we continue to fight against the tide of illegal drugs that are destroying lives in communities across America, our law enforcement agencies at every level will need to work together. The Financial Services Appropriations bill provides $226 million to coordinate drug control efforts between local, state, and federal law enforcement agencies and provides them with equipment, technology, and additional resources to combat drug trafficking and its harmful consequences in critical regions of the United States.

The House also included funding to support Drug-free Community Grants, which will support over 700 drug-free community coalitions across the country.

As we move through the remainder of the 110th Congress, we will continue taking the necessary steps to protect our children and our communities.

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Spectacular Views!
4 Bedrooms • 2.5 Baths • 2 Living Rooms
Recreation Room • Italian Tiled Baths and Kitchen
Granite Kitchen • Wood Cabinets • Brand New Berber Carpets
Wrap Around Deck • Gorgeous Wooded Setting
Within Walking Distance to Roaring Creek and Waterfalls
Original asking price $385,000. REDUCED to $349,000.
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araffa0000@aol.com

Tony Raffa is proud to be the designer of the main house at the 2007 Highlands Showhouse at Tug Wa Ridge

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Cashiers
A zalea W alk
(Behind Tommy’s Restaurant)
743-3231
Toll Free 877-254-3231

... POLITICS continued from page 30
Ruby Cinemas
Hwy. 441, Franklin
524-2076

June 29-July 5

RATATOUILLE rated G
Daily: (2:10), (4:10), 7:10, 9:15

LIVE FREE OR DIE HARD
rated PG-13
Daily: (2:00), (4:30), 7:00, 9:30
1408 rated PG-13
Daily: (4:20), 7:15

OCEAN’S THIRTEEN
rated PG-13

RISE OF THE SILVER SURFER
Daily: (2:15), (4:10), 7:15, 9:10

LIVE FREE OR DIE HARD
Daily: (2:00), (4:30), 7:00, 9:30

FANTASTIC FOUR:
RISE OF THE SILVER SURFER
rated PG-13
Last Showing on Monday July 2
Daily: (2:15), (4:10), 7:15, 9:10

TRANSFORMERS
rated PG-13
Stars Tuesday July 3
Daily: (1), (4), 7, 10

The 2007 Ruby Cinemas
Free Summer Kids Movie Program shows
at 9:30 a.m. and 11:30 a.m.

Upcoming Events

Chuck Pyle at ITC Sat.

Appalachian High Summer Concert Series, now in its second season in Highlands, presents Chuck Pyle on July 7 at 8 p.m. As Colorado as the Rockies, singer-songwriter Chuck Pyle has won the respect and praise of peers and fans for 30 years. Referred to affectionately as the Zen Cowboy, Pyle wraps his infectiously hummable melodies with straight-from-the-saddle poetry. Call the Instant Theatre Box Office for reservation at 828-342-9197 or 828-526-8534 for more information.

July 6
5-7 p.m.
Frank Foster – Boca M oon

July 7
1-3 p.m.
Charles M artin – Chasing Fireflies
July 14
Elise W eston – The Crocheter Cathryn & John Sil – A bout Crustaceans
July 20
H arry Potter and the Deathly H allows
M idnight Party at Cyrano’s
July 21
M elanie Sue Bowles – H orses of Proud Spirit
August 18
A nn Sharpeen – I W alk the Line

Restaurant on Flat Mountain Road Fri. & Sat. at 6 p.m.
Registration has begun for this summer’s nature day camps at the Nature Center. Please call 526-2623 or visit the Nature Center webpage at www.wcu.edu/hnhs.

Stephen S. Grant is dealing with a progressive illness with a loved one. If interested in attending, please contact Nancy Moore (Hospital) 526-0727 or Martha Porter (Chapel) at 787-1463.

First Mondays
• Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

Every Monday
• Recreational Bridge 1 p.m. at the Rec Park.

Every Tuesday
• Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.
• Women’s Bible Study at 10 a.m. at Community Bible Church. Summer series on 1 & 2 Peter. All women are invited.
• Open Studio Night Figure Drawing: Informal instruction available for beginners. Bring your sketch pads or paper for a leisurely session of figure drawing. Cost is $12, $10 for “Friends” of the Gallery.

Tuesdays and Thursdays
• Classical Yoga Beginner Level Class 8:15-9:30 a.m., 464 Carolina Way. Other classes available. Mats and blankets provided. $14 per session/
$12 package rate.
• Every Third Wednesday
• As part of the Unitarian Universalist Fellowship of Franklin’s “Life-Span Learning Curriculum” there are “Wednesday Night Chautauqua” which are media enhanced study sessions at the UU Fellowship Hall in Franklin. A $5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

Every Thursday
• At Main Street Inn, Lisa Price piano and vocals in the wine bar 6-9 p.m.
• Every Third Thursday 6:30-9:30 p.m. at the Highlands Community Center. Open to all ages. Price is $1 per card per game.

Every Saturday in July
• Courtenay Collins and Robert Ray’s “Jukebox Journey” at the Martin-Lipscomb Performing Arts Center will be “hoppin’, boppin’ and rockin’ every Saturday evening in July at 5 and 8 p.m.

Every Saturday
• Live music at Bryson City Visitor’s Center at 9:30 p.m. $10 cover.
• Children’s classes ongoing at Bascom-Louise Gallery – cost is $5 per student. Mondays: For Homeschoolers, classes are from 1:30 p.m. For 2nd to 5th graders, classes are from 3:15-4:15 p.m. Tuesdays: classes for pre-school are 11:15-12:30 a.m.; for kindergarten-1st grade, classes are 3:15-4:15 p.m. and for young adult independent study, classes are from 1:20 p.m.; Wednesdays classes are for middle school students from 3:15-4:15 p.m.

Through July 3
• Sapphire Valley Arts and Crafts Festival, 10 a.m. to 4 p.m. More than 100 artists and crafters displaying and demonstrating their original works. Live Bluegrass music, food stand, drinks, Cashiers-Highlands Humane Society Stop and Adopt. Route 64, 3 miles east of Cashiers. Free admission and parking. Call 743-1163.

Through Friday, July 8
• At The Highlands Playhouse, Cole Porter’s “Kiss Me Kate,” performed through July 8. To reserve tickets, call the box office at (828) 526-2995.

Through Saturday, July 14
• A ‘Basket(s) at the Bascom’ exhibit will be held at the Bascom-Louise Gallery in Highlands from June 15 to July 14. This is the gallery’s first national show featuring the NBO (National Basket Organization). Baskets from all over the nation will be on display, from Nantucket to Appalachian to Avant-garde. A free exhibit opening will be June 16 from 5 to 7 p.m. For information, call 526-4949.

Through July 7
• 2007 Highlands Show House at Tug Wa Ridge, ca. 1920. All proceeds benefit the children’s programs at Bascom-Louise Gallery. Call 828-342-9197 or 828-526-8534 for more information.

Tuesday, July 3
• Opera stars performing at PAC to benefit the Community Care Clinic. At 7 p.m., slate Black on the trumpet, Angie Jenkins, organist, Stel Huse, baritone with the Martin-Lipscomb All Male Choir.
• The Skyline Lodge will host a 4th of July BBQ on South Second Street and Helen’s Barn Ave., exhibit “Hudson River Valley School Revisited” featuring artist Ron Williams.

Saturday, July 7
• At Conover’s Cora Lee Jewelry Trunk Show.

Through July 31
• At Summit One Gallery at its new location on South Second Street and Helen’s Barn Ave., exhibit “Hudson River Valley School Revisited” featuring artist Ron Williams.

Thursday, Aug. 14
• Summer Art Camp is held at Bascom-Louise Gallery. To register, call 526-4949.

Wednesday, July 4
• Pine Street will be closed for fireworks viewing. Bring chairs and blankets. The show is set to start at 9:30 p.m. Free bottles of water will be distributed by Leadership Highlands, compliments of Sapphire Lakes Country Club.
• Rotary’s 4th of July BBQ from 11 a.m. to 2 p.m. at the Community Center at Poplar and U.S. 64 east. Eat at the community center or pick up BBQ to go at Bryson’s Drive Thru in Highlands Plaza from 11 a.m. to 1 p.m. BBQ plates are $8 and Hot Dog Plates are $6. Also will be selling in bulk for $10 per pound.
• At noon at the ballfield, old-fashioned 4th of July festivities plus skydiving.
• Abe Lincoln impersonator 5 p.m. at PAC. It’s free. All donations to benefit area nonprofits. Free tickets available at PAC or the Chamber of Commerce.
• Patriotic music for 30 minutes at the Presbyterian Church at 5 p.m. featuring Larry Black on the trumpet, Angie Jenkins, organist, Stel Huse, baritone with the Martin-Lipscomb All Male Choir.

Thursday & Friday, July 5-6
• A Trunk Show at Bungalow Boutique featuring CMM Designs-Status Faux. Classically designed costume jewelry reminiscent of Bulagari,
**UPCOMING EVENTS**

**Highlands-Cashiers Chamber Music Festival begins Friday, July 6**

The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday, July 6 at 7 p.m. in Highlands and Saturday, July 7 at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions.

Jazz Meets Classics, Part II” with the Gary Motley Jazz Quartet featuring Dwight Andrews and the Vega String Quartet. Co-sponsored by the Cashiers Historical Society.

**Fisher estate gardens on tour Saturdays July 7, 28 & August 4**

Cathy and Bob Fisher are sharing their greats series of gardens with wide ranging views and exquisite landscaping atop Sager Mountain in Sager Woods. These tours are dedicated to benefit the Outreach Programs of the Episcopal Church of the Incarnation. You will marvel at the sense of antiquity, as well as the compability of the handsome home and the complimentary gardens.

First you will see the beds of peonies, roses and dahlias as before seeing a brilliant cutting garden. Near the pool, you view the closer fruit and vegetable garden where you will see an intricate mix of nasturtium and gourds climbing sturdy wooden trellises. The perennial beds planned by famous English garden designer Rosemary Verey are perhaps the highlight of the tour.

Tickets are $25 per person available at the Episcopal Church on Main Street. Carpools leave from the gazebo on Pine Street hourly 9:45 a.m. to 12:45 p.m. on Saturdays June 30, July 7, July 28 and Aug. 4.

For more information, call the church at 526-2968 ext. 202 during office hours, 9 a.m.-4 p.m. Monday-Friday.

**Cartier, Seaman Schepp, Tiffany, Van Cleef, Verdura and more. 11 a.m. to 5 p.m.**

**Friday & Saturday, July 6-7**

• The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday at 7 p.m. in Highlands and Saturday at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions.

• “Jazz Meets Classics, Part II” with the Gary Motley Jazz Quartet featuring Dwight Andrews and the Vega String Quartet will explore the links between classical music and jazz with music from Bach to Bolling, Chopin to Thelonious Monk.

**Saturday, July 7**

• The Nantahala Hiking Club will take a 5-mile moderate loop hike on the Park Creek Trail via the Connector Trail to Park Ridge. Meet at Westgate Plaza (opposite Burger King) in Franklin at 10 a.m. Drive 20 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Gail Lehman, 524-5298.

• At Instant Theater, singer-songwriter, Chuck Pyle of the Appalachian High Concert Series 8 p.m. Concert tickets are $25, doors open at 7:30 p.m. Call 828-342-9197 or 828-526-8534 for more information.

• Appalachian High Dinner Theater Event includes ticket for Chuck Pyle at the Instant Theater and Dinner Theater Bistro at Fireside Restaurant at 6 p.m. Pre-fix menu is $35 and includes concert tickets, tax and tip. Call the Instant Theatre Box Office for reservations at 828-342-9197 or 828-526-8534 for more information.

• Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are $25 and benefit the Episcopal Church’s Outreach Programs. Tickets are available at the church. Call 526-2968 ext. 202, 9-4 Monday-Friday.

**Sunday & Monday, July 8-9**

• Sunday at 5 p.m. in Cashiers and Monday, July 9 at 7 p.m. in Cashiers the Highlands-Cashiers Chamber Music Festival will have the Vega String Quartet playing music of Halvorsen, Beethoven, and Smetana.

**Monday-Friday, July 9-13**

• 4th Annual Challenger Soccer Camp. Half-day camps available for all ages from 3-16 and full-day camps for children 10 and older. For information call Christy N. Weller at 526-9931 or Tony Esterwood at 524-1928. Register for camp at www.challengersports.com, 45 days prior to camp to receive a free challenger soccer jersey!

**Monday, July 9**

• The Highlands Audubon Society will have a program on the birds and other animals of China, Southeast Asia and India Monday 7:30 p.m. at the Highlands Civic Center. The speaker will be Romney Bathurst of Highlands. She will share pictures and stories from her travels in these countries. Refreshments will begin at 7 p.m.

• At Wolfgang’s Restaurant & Bistro, a wine dinner featuring Wimbledon Wine Company’s Grand Tour with Richard Morgenstern Vice President of Sales and Marketing. Wimbledon Wine Company. Portfolio of wines include: Mettler, Mendelson, Hahn and Jessie’s Grove. Call 526-3807 for reservations.

**Tuesday, July 10**

• On Tuesday at 5:30 p.m. the Highlands-Cashiers Chamber Music Festival will have an outdoor picnic concert. Bring a picnic and spread out on the lawn of the Zachary-Tolbert House in Cashiers to hear the Vega String Quartet. Co-sponsored by the Cashiers Historical Society. The concert is free.

• The PAC Film Festival presents movies for the Chamber Music Festival. “Aria” Shown upstairs at PAC, 7:30 p.m. with refreshments at 7 p.m. It’s FREE.

• CLE Presents the Course Poetry by Hand and Heart, Popular artist and teacher Paulus Berensohn presents a workshop about creative and responsible consumerism of the jocu that some contemporary poetry caries to touch and heal souls. Participants will be making illuminated soft bound scrapbooks. Although this is not a workshop about poetry writing, that often happens spontaneously. Participants should bring scissors, pencil, pen and scary of decorative paper. This course is being offered at the Performing Arts Center from 10 a.m.-4 p.m. and is limited to 15 participants. The cost is $45 for CLE members, $55 for nonmembers. Please call the CLE office at 526-8911 to register.

**Thursday-Sunday, July 12-15**

• Garden Festival for Fine Art Center featuring the Patron Party on Thursday and garden tours on Friday and Saturday and Brunch with Vince Dooley on Sunday. Call 526-0732 to make reservations.

**Thursday-Sunday, July 12-22**

• Festival at the Treadway House. “Laughter on the Twenty-Third Floor.” Performances are Tuesday-Saturday at 8 p.m. and Sunday matinees are at 2 p.m. Call the Box office at 526-2695 for ticket information.

**Thursday, July 12**

• At Wolfgang’s Restaurant and Bistro, a wine tasting with Elyse Winery at 6 p.m. Michelle Duckett will be with us from Elyse pouring La Peche, Rose, Nero Misto, Eaglepoing Ranch Zinfandel and Petite Sirah. Wines will be available for retail.

**Friday & Saturday, July 13-14**

• A trunk show at Desire on Main Street meet Charlie Wharton, designer of beautiful stones in precious metal — the ancient art of wire-wrapping.

**Friday, July 13**

• “Alex Rogers and Cash Valley Ramblers” performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing is at 6:45-7:30 p.m. Concerts are at 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society’s “Just
for You: survivors, strugglers, succumbed, servants and spared.

**UPCOMING EVENTS**

- **Saturday, July 14**
  - At the Highlands Nature Center. “Snakes of the Highlands Region” at the Highlands Nature Center. 7 – 8:30 p.m., all ages. Come for an educational program about local snake species featuring live animals. Learn snake identification, natural histories, and common misconceptions about them. $2 per person. Call 526-2285.
  - The “Jason Woods Benefit” will take place at the Highlands Rec Park at 4:30 p.m. Barbecue by Blue Valley BBQ Music by Uncultured Buttermilk, The Dendy Family, and Doug and Donna Hvie. There will be a live auction Proceeds will go to help with medical expenses.
  - Highlands–Cashiers Hospital presents Healthy Living Fair from 8:30 a.m. to 1 p.m. Classes, demonstrations and tests. All free.
  - The Nantahala Hiking Club will take a moderate 3-mile hike to Glen Falls and Chinquapin Mtn., with two elevation changes of 500 feet. Meet at the Exxon station on the Highlands Road in Franklin at 9:30 a.m. or call leader for an alternate meeting place near Highlands. Drive 30 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader, David Sapin, 369-2628.

- **Sunday, July 15**
  - The Nantahala Hiking Club will take an easy-to moderate 4.5 mile hike on the Deep Creek and Indian Creek trails. Meet at Westgate Plaza in Franklin (opposite Burger King) at 2 p.m. Drive 70 miles round trip. Bring a drink, snack if you wish, and wear sturdy comfortable shoes. There is the option of having supper in Bryson City after the hike. Hikes are limited to 20 people; reservations are required. Call leader Kay Correll, 369-6820.

- **Tuesday, July 17**
  - At ...on the Verandah Restaurant, Chef Andrew Figel & his culinary team welcome Elfie Sloane of Robert Craig Winery Tuesday at 6:30 p.m. The cost is $35 per person, plus tax and gratuity — Reservations Required. Call 828-526-2388. Highlands’ Most Scenic Dining, Overlooking Lake Sequoyah.

- **Wednesday, July 18**
  - Folkmoot, the North Carolina International Folk Festival, returns to Highlands for a one night only performance at the Martin Lipscomb Performing Arts Center, 507 Chestnut Street, Highlands. The performance begins at 7:30 p.m. Each year folk dancers and musicians from around the world gather for a two week festival at various locations throughout the mountains of western North Carolina. This year representatives from Russia, Mexico, Puerto Rico, Peru, Macedonia, Korea, Hawaii, Jamaica, Italy and Romania will be appearing. Three countries from this group will be dancing in Highlands. The exact participants in Highlands will be announced at a later date. Tickets for the Highlands performance are $15 for adults and $8 for children under 18. Tickets can be reserved by calling 828-526-4934, or at the door on the night of the performance.

- **Thursday, July 19**
  - 2007 Studio Dinner Series in artists’ creative environments. Theme: Mediterranean Odyssey at Artist Wesley Wofford’s at 6 p.m. Mediterranean cuisine catered by Rowaness Kabanjieh Hovan Gourmet from Atlanta, wines by Highlands Winery and Cheese, part of art sales to benefit the Village Sculpture Park in Cashiers. Call Summit One Gallery for reservations at 526-2673.

- **Friday, Saturday, July 20 & 21**
  - New and exciting programs will be featured at the 4th Annual Mountain Wildlife and Wilderness Days on July 20 and 21 at the Sapphire Valley Resort Community Center. There will be presentations which are stimulating, educational and entertaining. Call 743-7663 for additional information and schedule.

- **Saturday, July 21**
  - At Jackson Madeleine, a Mela Wilson Truck Show, 11 a.m. to 5 p.m. Call 526-1504.
  - The Nantahala Hiking Club will take a moderate 4.5 mile hike, with an elevation change of 300 feet and a short car shuttle, to the upper Narrows of the Chattooga River. Meet at the Highlands Bank of America at 10 a.m. Bring a drink, lunch, and wear sturdy comfortable shoes and bring water shoes, if you wish, to wade in the river. Drive 20 miles round trip. Hikes are limited to 20 people; reservations are required. Call leader Virginia Talbot, 526-4904.

- **Saturday and Sunday, July 21-22**
  - The Highlands Playhouse, “My Way,” Performances are Tuesday-Saturday at 8 p.m. and Sunday matinees are at 2 p.m. Call the Box office at 526-2695 for ticket information.

- **Wednesday, July 25**
  - The Highlands–Cashiers Land Trust Village Nature Series presents, Bill Lea and “Understanding the Black Bear.” Lectures begin at 6:30 p.m. Refreshments to follow. Presentation at the Albert Carlton Library in Cashiers. FREE.
  - Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are $25 and benefit the Episcop al Church Outreach Programs. Tickets are at the church. Call 526-2968 ext. 202 9-4 Mon.-Fri.
  - Oliver Rice and Blue Ridge Mountain Band performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at High- lands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society’s “Just for You: survivors, strugglers, succumbed, servants and spared.”
  - At the Hen House at the corner of Main and 5th streets, Ritchie Watts of Good Earth Pottery.

- **Friday, July 27**
  - Mountain Faith—McMahan Family performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society’s “Just for You: survivors, strugglers, succumbed, servants and spared.”

- **Saturday, July 28**
  - The Nantahala Hiking Club will take a 5 mile moderate-to-strenuous hike to four waterfalls on the Horsepasture River with elevation changes of 300 feet and 500 feet. Meet at the Highlands Bank of America at 10 a.m. or at the Cashiers Wachovia Bank (in back) at 10:20. Bring a drink, lunch, and wear sturdy comfortable shoes and bring water.
or Cashiers. Bring a drink, a snack if you wish, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Kay Correll, 369-6820, for reservations or more information. Visitors are welcome but no pets please.

Friday, August 3
- Upward Bound—Bowman Family performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society’s “Just for You” survivors, strugglers, succumbed, servants and spared.

Saturday-Thursday, August 4-23
- At Summit One Gallery on South Second Street and Helen’s Barn Ave. “Go Figure” featuring Joe Adams, Betty Foy Batts, Shan Erickson, Mase Lucas, Diane McPhail, Jane Smathers, Wesley Wofford, Tom Bluemlein, Lonnie Busch, Libby Mathews, Toby Penney, Rosemary Stelfel.
- The Martin-Lipscomb Performing Arts Center will be “hoppin’, boppin’ and rocking” every Saturday evening in July and August at 5 and 8 p.m. to Courtenay Collins and Robert Ray’s “Jukebox Journey.” For tickets call 526-9047.

The Martin-Lipscomb Performing Arts Center will be “hoppin’, boppin’ and rocking” every Saturday evening in July at 5 and 8 p.m. to Courtenay Collins and Robert Ray’s “Jukebox Journey.”

Following their great response to “2 for Broadway” and “Let the Good Times Roll,” this talented duo will kick off its 3rd season in the Highlands with a new musical revue featuring the greatest songs of the 40’s, 50’s, 60’s and 70’s like “In the Mood” and “Sentimental Journey,” as well as music by George Gershwin, Duke Ellington and Harold Arlen and songs made famous by Aretha, Ray Charles, Carole King, Barry Manilow, Patsy Cline, Etta James and Gladys Knight.

Fast-paced and beautifully costumed, “Jukebox Journey” will feature four of Atlanta’s top Jazz Musicians under the direction of pianist Tony Winston, plus cabaret and recording artists Marsha Dupree and Shawn Megorden, last seen in Ray’s 2005 salute to Johnny Mercer at The Highlands Playhouse.

“Jukebox Journey” is truly a “not to be missed” evening for the entire family, giving the grandparents a chance to reminisce about “big bands and bobby sox” and the baby boomers a time to relive the eclectic sounds of the 60’s and 70’s, when the world was still “rockin’ and rollin.”

Prior to this upcoming series at PAC, Robert has directed 4 hit shows during the 2005 Highlands Playhouse season: “Too Marvelous for Words,” “Joseph and the Amazing Technicolor Dream Coat,” “Jerry’s Girls” and “Driving Miss Daisy.”

Ray and Collins have spent much of this past year touring last season’s hit “2 for Broadway” which received great reviews at the 2006 Piccolo Spoleto Festival.

Courtenay, who is a graduate of the Julliard School of Drama, recently performed the title role in Andrew Lloyd Weber’s “Evita” at The Atlanta Lyric Theatre and will be seen this fall in The Alliance Theatre’s Production of “Jacques Brel.” She has toured Europe and the US as Christine in The Phantom of the Opera.

Ray appeared on Broadway in the hit revival of Oklahoma! and is an award winning New York Cabaret Star.

“Jukebox Journey” will play every Saturday night in July at 5 and 8 p.m. at The Highlands Performing Arts Center. For tickets call 526-9047.
HELP WANTED

PANTHERTOWN COORDINATOR – Resumes are being received for part-time Panthertown Coordinator. Duties include recruiting and training volunteers for projects in Panthertown Valley, outdoor physical activities, fundraising and grant writing. Communication skills, commitment to environmental preservation and personal transportation are required. Send resume to Jackson-Macon Conservation Alliance, 348 S. 5th St., Highlands, NC 28741. 828-526-9938 x 256, jmca@dnnet.net.


CHESTNUT HILL is currently hiring for the following positions: R.N., Med Aide, Dishwasher, Cook, and Courtesy Officer. Call 828-526-5251 or stop by for an interview. Previous sales or customer service experience preferred. Must be professional appearing, friendly and enthusiastic. Non-smoking environment. Call The Summer House, 828-526-5577.


ADMINISTRATIVE ASSISTANT NEEDED – Stephen L. Lucas CPA, PA has an opening for an Administrative Assistant to support our growing public accounting and business consulting practice based in Highlands, N.C. Position responsibilities would include receptionist and secretarial duties. Qualified person would have good people skills, practical computer experience including Microsoft Word, Excel, and QuickBooks. For more information and to schedule an interview, please call 828-526-2399 or send email to StephenLucasCPA@bellsouth.net.

WE ARE CURRENTLY HIRING FOR A PART-TIME TELEPHONE RECEPTIONIST AT ALL HIGHLANDS OFFICE! A high school diploma or GED is required, in addition to a minimum of 6 months of experience in a Teller or other cash handling, sales position. Candidates must have effective written and verbal communication skills, good computer skills, and a courteous, professional demeanor. First Citizens Bank offers excellent salaries and comprehensive benefits program. Apply online at www.firstcitizens.com/careers. Refer to the Job ID # when applying – COE/AA.

THE PROPERTY OWNERS’ ASSOCIATION OF HIGHLANDS COUNTRY CLUB is looking for a utility/handyman to assist in maintaining the roads including curvet cleaning, weed-eating, and trash removal. General handyman skills are also required for minor home repairs. Seasonal part-time position with flexible hours. Great for semi-retired person. Call Syvia at 526-8286 to schedule an interview.

LANDSCAPE MAINTENANCE FOREMAN – for Highlands area company. Duties include overseeing and maintenance for high-end properties. Chance to grow with company including bonuses and retirement. (828) 526-8953.

MEDICAL LAB TECH AT HIGHLANDS-CASHIERS HOSPITAL. Full-time, Friday-Sunday position. MLT, MT, or CLS degree required. Must have strong communication and organizational skills, along with the ability to prioritize. Should have good phlebotomy skills for all age groups. Full benefits after 60 days to full-time employees. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

STAFF RADIOLOGIC TECHNOLOGIST AT HIGHLANDS-CASHIERS HOSPITAL. Full-time position, 7am to 7am with rotating schedule. Qualified candidates must be registered by the ARRT or be registry eligible. CT experience helpful. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

NUCLEAR MEDICINE TECH at HIGHLANDS-CASHIERS HOSPITAL. Full-time position, 7am to 7am with rotating schedule. Qualified candidates must be registered by the ARRT or be registry eligible. CT experience helpful. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

FOOD SERVICE PRODUCTION SUPERVISOR at HIGHLANDS-CASHIERS HOSPITAL and FIDELIA ECKERD LIVING CENTER. Full-time position. Experience in institutional/food service environment with knowledge of therapeutic diets, food safety and sanitation guidelines preferred. Good communication, organizational, and leadership skills a must. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

RN’S AT HIGHLANDS-CASHIERS HOSPITAL and FIDELIA ECKERD LIVING CENTER. Full-time position. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

CNA or OR CNA II: We have available Full, Part-time, and PRN positions at the Fidelia Eckerd Living Center for day and night shifts. Our NEW WAGE SCALE for CNAs is $11 to $14.40 per hour, and you also receive shift and weekend differentials. Full benefits after 60 days to full-time employees. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

CNA or OR CNA II: We have available Full, Part-time, and PRN positions at the Fidelia Eckerd Living Center for day and night shifts. Our NEW WAGE SCALE for CNAs is $11 to $14.40 per hour, and you also receive shift and weekend differentials. Full benefits after 60 days to full-time employees. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

FOR RENT

WAREHOUSE SPACE AVAILABLE FOR RENT: 1,100 – 1,800 sq. ft. bays with large overhead rolling doors. Rent is $500-$600 a month. Located one mile from the crossroads in Cashiers off 107 S. For more information please call Josh Barber 828-734-0777.

NEW SPACES FOR LEASE IN HIGH TRAFFIC LOCATION – Lease now for the 2007 season in Highlands Plaza. 600 sq ft – 8,000 sq ft available in new lower level or 1,200 sq ft on main level near Bryson’s. Call 864-630-0808 today to lease your space in The Most Desired Location In Highlands.

2 BEDROOM, 2 BATH DREAM CABIN! 5 minutes from Highlands in Scaly Mtn. New appliances, new carpet, with amazing view! Stone/Wood Cabin with carport and separate workshop and wonderful landscaped property! $625 per month. Annual Lease. Call 423-894-9566.

BEAUTIFUL CHALET for you in downtown Highlands. Two blocks off downtown Main St. Wonderful porch for entertaining on Highlands Creek. Beautiful new tongue-n-groove in kitchen and bath. 2 bdr/2bath, 1000 sq ft with additional 900 sq ft basement for your office or storage needs. Beautiful brand new furniture, new carpet, new wood floors in kitchen. Kitchen. Awesome location. 1 year lease, negotiable. $1300. (773) 631-2602 or (773) 919-2384.

VACATION RENTAL

LITTLE BEAR CABIN – On private lake in Highlands. 3 bed, 3 bath, Weekend and weekly rates. 3-day minimum. Call B or Bill at 770-643-3710.

THE LODGE ON MIRROR LAKE – Fish or canoe from deck. Available weekly, monthly, 3-day min. Call 828-342-2302.

ON LAKE SEQUOYAH – 4/3, new construction. Executive home. 3bdr/2 1/2 bath. $350 Call 828-526-4077.

BEAUTIFUL CABIN IN ROCKY KNOB – 4/3, new construction. Exec-house style. 2 levels. 3bed/2 1/2baths. New furnace. Walk to hospital. In interior unfinished...must have imagination. Make offer. Call 828-200-9333.

BEAUTIFUL HUTCH (706) 831-0892 owner/agent.

FOR SALE

NC, OTTO, 38 ACRES 10 miles from Georgia State line, high elevation, big views, driveway and homestead cleared call owner 770-952-9100

NEW HOME/CHALET – 10 minutes from town offOfficers Pond Rd. 21 with loft, 897 acres, 1,177 sq. ft. $179,000. Call Ty at 828-577-9261.

MOUNTAIN HOME – 325 acre house. The cottages lakeside at Harris Lake. Less than 2 years old. $349,000. Call Ty at 828-577-9261.

PINE GROVE TOWNHOUSE CASHIERS – 2-3 bed/baths. New furnance. Walk to hospital. In interior unfinished...must have imagination. Make offer. Call 828-200-9333.

MULTI-FAMILY Sat., July 7 AM-745 Dillard Rd. (Lee). Rain-date Sat. July 14

ITEMS FOR SALE

ELECTROUX VACUUM CLEANER WITH POWER HEAD AND ATTACHMENTS. Very Good condition. $120. Call 828-526-4077.

DOOR – 3x5-drawer door, 3/4” wood door. $40. Call 828-526-4077.

COOKS AND DIETARY AIDES AT HIGHLANDS-CASHIERS HOSPITAL. Various shifts and days available. Must be able to work weekends and be able to read and speak English. Salary dependent on experience. Full benefits available after 60 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

Cooks and Dietary Aides at Highlands-Cashiers Hospital. Various shifts and days available. Must be able to work weekends and be able to read and speak English. Salary dependent on experience. Full benefits available after 60 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

REFRIGERATOR – 4/3, new construction. Executive home. 3bdr/2 1/2 bath. $350 Call 828-526-4077.

YARD SALE

MULTI-FAMILY Sat., July 7 AM-745 Dillard Rd. (Lee). Rain-date Sat. July 14

FREE CLASSIFIED ADS for items FOR SALE less than $1,000. All other terms: 20 words or $5. $2 for each 10-word increment. Email copy to: highlandseditor@aol.com or FAX to 1-866-212-8913. Send check to: Highlands’ Newspaper P.O. Box 2703 Highlands, NC 28741 828-526-0782
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The place to buy Smoked Apple Trout!
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• No Limit
• Sold by the lb.
• Wholesale
• No License
• Open 9-7

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to be used in residential home construction,
complete original or one of a kind custom cut frames.
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• See CLASSIFIEDS page 39

• SERVICE DIRECTORY•

CLASSIFIEDS

\- in Box - 569. Call, 526-2713
CHINA CABINETS desk, rope-bed, trunk framed artwork, quilts, and more. Call 828-526-3636.

ANTIQUES BEAMS, FLOORING AND STRUCTURES: Hand hewn beams in oak and yellow pine. Beautiful material, large faces, $3.50-$4 per board foot. Original, reclaimed white and yellow pine flooring, random wide widths (6-18") $56/board ft. Also selling entire log and timber frame structures. (828) 526-9822.

BEAUTIFUL FLOORING: Wormy white oak flooring, resawn, milled and ready to lay w/ tag. 6-12” widths, $82sq. ft. 215-529-7637

TIME CLOCK – Acroprint Model 125, and time cards. See Bob at SweetsRt 526-9822.

SOLID DARK OAK DINETTE CABINET – 19”x64”x84”.3 glass doors, 21” round (black and white), 2 black chairs. (4 sets @$12.50 per set). See Bob at Sweets 526-9822.

DINING ROOM FURNITURE: Very nice. Rectangular with two leaves 6 chairs, 2 with arms. Maple with upholstered seats. $326 all inclusive. 864-972-8525 or cell 864-723-4101

HILTI TE 805 DEMOLITION HAMMER New. Case & 4 bits. $500. 828-526-2700 or 828-421-7886


SOLID DARK OAK DINETTE CABINET, 19”x64”x84”.3 glass windows on top. 2 drawers on bottom. 2 bottom doors with keys. Imported from Belgium. Excellent condition. $1.50. Call 369-3250.

Vehicles for Sale


ANTIQUE 1926 MODEL T FORD TOURING CAR – Fully restored. Needs a new starter. Selling for health reasons. $15,000 but will discount cost of starter and ignition work. Great car and lots of history. Call 369-3250.


1994 DODGE STRATUS – red exterior, gray interior, 30,000 miles, AM/FM cassette, A/C, PW, PS, PB, clean. $8,000 OBO 828-526-3257.

2003 DODGE STRATUS – red exterior, gray interior, 30,000 miles, AM/FM cassette, A/C, PW, PS, PB, clean. $8,000 OBO 828-526-3257.


Services

PRESSURE CLEANING SUMMER SPECIAL! Decks and homes, senior discounts. Call the “Fussy Painter for Fussy People.” ATM Painting, Insured. Alan Davies. Call 828-577-8262.

CAREGIVER/COMPANION – I do live-ins with seniors, housekeeping, meals, personal and medical care, errands, appointments, travel, all at reasonable rates. Lots of experience. For more information, call Joanne at 706-282-0021.

SHIPPING SERVICES – STORK’S WRAP & PACK & SHIP UPS Ground & Next Day Air services and large furniture shipping available. Packing services and supplies. Gift wrapping and fax services. 323 Hwy 107 N., Cashiers, NC (1/2 mile from crossroads) (828) 743-3222


NEED YOUR HOME CLEANED? Call Charlotte at Letson Enterprise for a free estimate. 828-369-9127 or Bill at 828-421-0971.

BUSINESS OPPORTUNITY – THE REAL ESTATE BOOK – North America’s largest and most successful “Homes For Sale” magazine.

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• Birthday Parties
• Pet Photos
• Hand-crocheted Dog Clothing

Summer Pilates Classes

Mondays & Wednesdays $10 per class.
Located on Level 1 of the Jane Woodruff Clinic at Highlands-Cashiers Hospital.
Call 526-5852.
Youngsters learn of God's love

The week of June 24, 112 children learned about God's love at the Highlands United Methodist Church's Vacation Bible School. The theme "Lift Off! Soaring to New Heights with God" set the stage for a myriad of games, music and dance, and arts and crafts activities. The children were divided into groups and moved "round-robin" through the activities. The week-long camp held at the church, exemplified the church's motto: "Open hearts, open minds, open doors." Above, children are attempting to quickly pass water balloons to each other through their legs and over their heads.

Photo by Kim Lewicki

Custom Home & Trout Stream

$750,000
MLS# 61955

EXCEPTIONAL CUSTOM BUILT HOME with natural trout habitat. Borders USFS lands and trails. Features include beautiful heart pine and stone floors. Finnish style wood burning fireplace/oven, radiant floor heating, antique windows and doors, beautiful landscaping with recirculating pond. Only ten minutes from city limits.

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7 Days A Week 24 Hours A Day...Even Holidays

"We will locate, excavate and pump it!"

Mention this ad & SAVE $25

Roto-Rooter Plumbing & Drain Cleaning of Highlands and Cashiers now offers septic tank pumping, drain field cleaning and septic field location. Think your drainfield needs replacing? The majority of drainfield problems occur due to build up in the drain lines. Roto-Rooter can clean lines, saving you thousands of dollars when compared to replacing lines.

Based in Highlands • Call 526-8313 • Free Estimates

Now Open in Wright Square

CAROLINA EYES

Stop in and meet Maurice and Ginger Owners and Opticians

Eye Exams Available with Ron Campbell, OD Independent Doctor of Optometry

Have glasses cleaned and adjusted FREE!

They are anxious to meet the community
Stop in for a visit and a cup of coffee...

141 Main Street • Wright Square
787-2020
• POLICE & FIRE •

The following is the Highlands Police Dept. log entries for the week of June 26-28. Only the names of persons arrested or public officials have been used.

**June 26**
- At 4:45 p.m., officers responded to a two-vehicle accident at Chowan and U.S. 64 west.

**June 27**
- At 7:30 p.m., a motorist at NC 28 and Sassy Lane was cited for driving without a license at the scene of an accident.
- At 7:30 p.m., officers responded to an accident between two motorists at N.C. 28 and Sassy Lane.

**June 28**
- Officers responded to a domestic dispute at a residence on Holt Knob.

During the week officers issued three warning tickets.

The following is the Highlands Fire & Rescue Dept. log entries for the weeks of June 27-July 1.

• CLASSIFIEDS •

azine, is offering the chance to be an Independent Distributor of the Cashiers-Highlands area. This market meets the criteria of our 400 successful territories. Comprehensive training, on-going support help ensure success. Candidate should possess strong sales skills, customer support and follow-up. No franchise fees or royalties. Initial start-up and working capital required. Contact Tar Truitt at 770-962-7220, ext. 24608 or email ttruitt@tcb.com for more information.

**PERSONAL COMPANION/CAREGIVER**
Whatever your needs may be we can help. References available (828)421-5940, (828) 369-1749.

**PERSONAL CARETAKER** – Run errands, clean house, buy groceries, Transport to appointments. References available. Call Cheryl 828-421-6685.

**FIVE STAR CLEANING & MAINTENANCE** – Light and detail cleaning, concierge services, openings and closings, grocery shopping, personal shopping, personal chef and table service, house repairs, improvements: lighting, plumbing, fixtures, tile, drywall repairs and more. Call 828-332-7201.


**YARD WORK & PRESSURE WASHING** – Yard and property maintenance. Pressure washing and odd jobs. Call Bruce at 828-369-3168 or 828 371-2766, 8118

**H & D HOUSE CLEANERS** – We’re the team for minor cleans. Dishes, bed, floors, & baths. Give us a call ‘cause we are the Best!” 706-962-1994 or 706-782-0376

**SCOTTS CONSTRUCTION ME FIX IT** – Decks, roofs, pressure washing, painting, lawn service, small electrical, floors, carpet cleaning, house cleaning! No job too small. 30 yrs. exp. Call David at 828-369-5886 or 828-347-5051.

**C&C CONTRACTING – WE GET IT DONE --- SMALL OR LARGE** – Remodeling, decks, doors, windows or the whole house! Call Art Dougherty at 828-508-1360 Workmen’s Comp, General Liability, References.

**HIGHLANDS SHUTTLE SERVICE** – Atlanta Airport Shuttle. Drive - Away • Auto Delivery. All Out-of-Town Trips Driving Services. Call 526-8078.

**BARTENDER PRIVATE PARTY/DIRECTOR** – All airports. Atlanta $150. Call 524-0424.

**... CANCER continued from page 22**

Radiation isn’t all bad, however. X-rays help diagnose medical problems, and radiation therapy can treat many diseases. Additionally, properly-proportioned radiation therapy is used to kill foodborne bacteria and to sterilize bandages and other medical instruments. Additionally, we all need vitamin D to stay healthy, and it is synthesized in the body after exposure to UV rays. So how do we decrease the chance of developing some form of cancer? Always wear sunscreen to stay healthy, and it is synthesized in the body after exposure to UV rays.

... THANKS continued from page 2

**Vacation Bible School a success**

The children’s ministry team at Highlands United Methodist Church has just completed a week of Vacation Bible School. This year our theme was “Lift Off Soaring to New Heights with God” where the children learned about the Christian faith through bible dramas, crafts, music, recreational games, and science experiments. The children also participated in a mission outreach program for children in Iraq. They collected more than 40 kits of school supplies which will be sent to Iraq for troops to deliver to Iraqi school children.

**June 27**
- Twice the dept. provided mutual aid to Scaly Fire Dept. One call was cancelled, and the dept. stoodby as a result of the other.
- The dept. provided mutual aid to the Cashier Fire Dept. The call was cancelled en route.
- The dept. responded to an alarm at a residence on Big Bear Pen when an alarm went off. It was false.
- The dept. responded to an accident on U.S. 64 west. The victim was taken to the hospital.
- The dept. provided mutual aid to the Cashiers Fire Dept. and stoodby while it answered a call.

**June 28**
- The dept. provided mutual aid to the Cashier Fire Dept. The call was cancelled en route.
- The dept. responded to an accident on U.S. 64 west. The victim was taken to the hospital.

**June 29**
- The dept. responded to an alarm at a residence on Big Bear Pen. It was false.
- The dept. responded to an alarm at the Cullasaja Club. It was false.

**June 30**
- The dept. provided mutual aid to the Cashiers Fire Dept. and stoodby while it answered a call.

**July 1**
- The dept. responded to an accident on U.S. 64 west. The victim was taken to the hospital.

**THE SETUP:**
The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equaling the total of the three center numbers. One of the diagonals is shown with circles.

**THE CHALLENGE:**
Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

The first correct solution emailed earns a coupon for a FREE cup of coffee from Buck’s Coffee Cafe on Main Street.

**Solution to #DN4C in the June 28 paper**

Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

**Cookie sale went well**

The Highlands Girl Scout Troop 219 would like to thank Brysons Food Store, Terry & his staff for supporting the Girl Scouts recently with our bake sale and cookie fundraiser. We would also like to thank the Highlands Community for their support of our local Girl Scouts. The funds raised will help purchase uniforms and books for our Troop.

**Theresa Wilkes, Leader**

**Highlands Girl Scouts Troop 219**

**Girl Scouts of WNC, Pisgah Council**