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Highlands' Newspaper

FREE

Volume 1, Number 5

Locally Owned & Operated

Friday, Aug. 15, 2003

Week of Aug. 15-22

• **Relay for Life** at the Highlands Rec Park Aug. 15-16 at 6 p.m. to 6 a.m. Hurricane Creek will be performing which will help keep walkers moving.

• **Sally Foster Gift Wrap Sales** are on at Highlands School. All Proceeds benefit Highlands School.

• **Fibbers Magee's** closes today at 4 p.m. and will reopen early Sept. at its new location on the Cashiers Rd.

• On Aug. 17, **Noche de Familia**. Vengan. Todos estan invitados el comingo 17 de agosto, 5:30 de la tarde, Iglesia Metodista en la calle parincipal de Highlands. Cena Comunitaria. Traigan un plato tipico de su pais. Tendremos informacion importante sobre servicios medicos gratis.

• **On Aug. 17**, there's an International Family Dinner at HUMC, at 5:30 p.m. The main entree will be provided. Please bring a side dish.

• **On Aug. 17**, the Highlands Plateau Audubon Society Annual Picnic at the Rec Park shelter starts at 5 p.m.

• **On Aug. 17**, Macon Aeromodelers will host an indoor flying session at the Highlands Rec Park from 6-9 p.m.

• **On Aug. 18**, Reverend John Shelby Spong, Bishop of the Diocese of Newark, N.J., will speak at HIARPT at PAC at 7:30 p.m. The topic - "Reading the Gospels with Jewish Eyes."

• **On Aug. 18**, 3:30-6 p.m. there will be a round-table discussion on dealing with the Hemlock Woolly Adelgid at PAC. Call Dave Martin at 526-9938 ext. 32.

• **On Aug. 21**, Highlands-Cashiers Hospital Auxiliary is sponsoring a benefit fashion show and luncheon, at 12:30 p.m. at Highlands Falls Country Club. Tickets are available at the Hospital Gift Shop for \$35. All proceeds go toward funding scholarships.

• **Greater Vision**, will be performing at Community Bible Church Aug. 21 at 7 p.m.

• **On Aug. 22**, "The Eagle Lady," Doris Mager, will be at the Rec Park for a program on raptors at 7 p.m.

• **On Aug. 22**, there will be a "Steak Dinner" at the HUMC. All proceeds benefit the 2004 Bolivia Mission Trip. Call 526-3376 for reservations.

Six years of trying – Town wins 'Edwards case'

By Kim Lewicki

On Aug. 11 – after six days in court and deliberating for 20 minutes – a Macon County jury ruled in the Town's favor in the "Edwards case" settling the question of the rights of the town and the public to the streets shown on the original Kelsey map of Highlands.

Edwards et al defendant attorney Richard Melvin said he and his clients are disappointed the jury didn't see the case their way.

"We fought a good fight for what we think is right and in the true interests of Highlands. We hoped to set a precedent that the government can not take over property after more than 100 years and to preserve the only original farm in town," said Melvin. "We were the underdogs from the beginning and government does not always speak for the people."

Town Attorney, Bill Coward commended the jury, the witnesses

and Judge Phil Ginn for a job well done.

"The jury was the most attentive jury I've seen in a long time," said Coward. "This case involved a lot of documents involving survey plots and old maps – not as interesting for a jury as a bloodstained knife or a corpse. They were incredibly attentive."

The case involved the unopened

• See EDWARDS page 2

Construction noise forcing Town to enforce code

By Kim Lewicki

Construction is booming in Highlands and with that has come "after-hours" and weekend noise folks aren't willing to put up with.

"We've always had a noise ordinance but we've never really

had to enforce it," said Town Administrator Richard Betz. But it looks like that time has come.

At the Aug. 6 Town Board meeting, commissioners voted to ask the planning board to review the town's noise ordinance so that some Saturday construction

is allowed "within limits," they said.

Section 89 of the town ordinance allows construction in the commercial district and in residential areas during the week

• See NOISE page 11

Winning kick cinches match for Highlands School



Photo by Noel Atherton

Highlands School won its first game of the season Monday, Aug. 11, against Franklin High School, 2-1. This is the first time in history Highlands School beat Franklin in a soccer match. See story page 13.

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..... **EDWARDS continued from page 1**

portions of 4 1/2, Poplar, and Fifth streets. Defendants, who were primarily residents in the affected area, claimed that the Town did not have the right to open the streets after 100 years. Town officials said they felt they not only have the right, but that the case had wider implications, placing all of Highlands' streets in jeopardy.

"This was not a case of whether or not this is the appropriate time to open the streets," said Coward. "The case was about preserving the town's right to open streets that are part of town property."

The case was first heard in 1999 in Macon County, the Superior Court ruled in the Town's favor. The judge in that case felt that the issues were matters of law, dismissed the jury, and entered judgment for the Town.

The case was appealed, and the State Court of Appeals remanded it to Macon County, stating that it was necessary to survey and place the lots and streets laid out by the Town's founder, Samuel Kelsey, on the ground to know whether or not the Kelsey Map was valid.

The Town hired Sprinkle Surveying in Franklin to survey the town to see if actual streets "lined up" with the streets on the Kelsey Map.

At the trial, Sam Sprinkle testified that his work had involved extensive surveying of all of Kelsey's deeds, and had located more than 2,000 surveying stakes and 250 corner markers on the ground. He said his survey not only matched up almost perfectly with several versions of Kelsey's Map, but it also agreed with the findings of numerous surveyors who had used the map as the basis of surveying in town for years, including Charlie McDowell, Woodrow Wilson, and Steve Foster.

Town Administrator Richard Betz, said the town has spent close to \$200,000 defending the public's rights to its streets since the case began in 1997. The survey cost more than \$60,000.

The jury ruled that, in selling lots on streets shown on the map, Kelsey's intent had clearly been to dedicate the streets to the

Town. They also ruled that, as shown in countless selections from old minute books of Town Board meetings going back to 1883, the town had accepted the streets in the late 1800s.

One witness, Howard Brown, who travels the "unopened" 4 1/2 street regularly, said the unopened part of 4 1/2 street is the only way he can get to his house, said Coward. "It's not a private driveway, it's a town street he uses to get to the house," said Coward.

In a related issue raised by the defendants, the jury found that the Town had never abandoned the three streets in question, and therefore the question of "adverse possession" that defendants raised was irrelevant. Since 1891, State law has prohibited adverse possession against a municipality.

The defendants have the right to appeal the decision within 30 days of the date the judgment is filed, but Town officials hope that the decision of the court was so clear that they will not pursue it. "It will only cost the taxpayers more money to defend an appeal on this issue," Betz said.

Mayor Buck Trott was also hopeful that the case could be put to rest. "This has been a very controversial issue, and a lot of good people have wound up on opposite sides of the fence. We hope that we can finally put this behind us and get on with the business of running a town."

Trott said the opening of the streets would be a Town Board decision. Commissioner Herb James, who sat through the six days of the trial, said the outcome of the trial was not about opening streets at this time.

"I think this issue is about the future," he said. "These streets belong to the public. Even if it doesn't happen tomorrow, or until all of us are dead and gone, there will definitely be a need to open up these streets at some point in time."

The matter will be discussed during the closed session of the Aug. 20 Town Board meeting. "We will discuss where we go from here," said Coward.

Highlands School

PTO News

Sherry Sims
PTO President

We are encouraging Highlands School staff and parents to join the PTO this year. Here are some of the things PTO will be doing to support Highlands School. It's \$5 for a family membership.

- \$100 for the first class in each school to get 100 percent PTO enrollment.
- \$25 to the class with the most parents at each PTO meeting.
- Fall Festival & 5K Run - Oct. 25
- Fulfill fund requests from teachers
- Sally Foster Gift Wrap fundraiser Aug. 11-Aug. 29
- PTO Christmas Program
- Science Fair
- Teacher Appreciation Luncheon
- Health Fair and Fluoride program
- First-aid supplies in office
- Accelerated Reader and Honor Roll incentives and awards
- Improve school grounds
- Young adolescent program
- Town of Highlands Scholarship fund
- New teacher gifts
- Volunteer Breakfast

The Sally Foster Gift Wrap fundraiser is the second largest fundraiser of the year at Highlands School.

Other important dates:

- Aug. 19, 6-7 p.m., Middle School Open House
- Aug. 19, 7-8 p.m., High School Open House
- Aug. 21, 6-6:30 p.m., K-2nd Open House
- Aug. 21, 6:30-7 p.m., 3rd-5th Open House



- Aug. 21, 7 p.m., First PTO Mtg.
 - Sept. 10, 6 p.m., Fall Festival Planning Mtg. & Pot Luck Dinner
 - Fall Festival & 5K Run, Oct. 25
- PTO Officers:
- President - Sherry Sims
 - Vice president - Pat Hedden
 - Secretary - Denise West
 - Treasurer - Rebecca Shuler
 - Volunteer Coordinator - Marjorie Crowe
 - Elementary Representative - Tracy Hedden
 - Elementary Parent Rep. - Mary Ramey
 - Middle School Teacher Rep. - Stephanie Smathers
 - Middle School Parent Rep. - Andrea Chalker
 - High School Teacher Rep. - Anne Tate
 - High School Parent Rep. - Anna Wilson

Correction

In the Aug. 8 issue of Highlands' Newspaper in the article "It's all for the love of the race," we neglected to list two other sponsors of Dabs Potts' race car. They are Dale Miller and Allmond Waterproofing. We regret the error and are happy to set the record straight.

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Ten reasons to hire a personal trainer

By Sandy Trevathan
Personal Trainer



Many people automatically equate personal training with gyms full of hard-core strength trainers and body builders. This is only part of the picture. More and more people, novice and veteran exercisers alike, are working with personal trainers because they offer a practical and affordable means of getting and staying healthy. The following are ten reasons why you should consider hiring a personal trainer.

Motivation – Personal trainers wear many hats, serving not only as coach, but also as an educator, confidant, role model and a major source of motivation and encouragement.

Consistency – Do you find it difficult to stick to your program? Scheduling regular appointments with a personal trainer helps eliminate any excuses you may come up with for not exercising.

Safety – Are you unsure about how to use the chest press machine at the gym or how to perform walking lunges without hurting your knees? A personal trainer will show you how to exercise safely (including which exercises to avoid), and instruct you on the proper and safe use of exercise equipment.

Individualized Instruction – An exercise program that works for one person may not work for another. A trainer will develop the most effective program for you based on your fitness evaluation results and personal goals.

Effective Workouts – Today's hectic lifestyles mean you don't have time to waste on ineffective exercise routines. Personal trainers help maximize your time by providing workouts to meet your goals quickly and efficiently.

Supervision – Personal attention during exercise is the primary function of personal trainers. Need someone to spot you while you do

pull-ups? Looking for feedback on your running form? That's what your personal trainer is for: to observe, assist, and, if necessary, to correct as needed.

Sports-specific training – Many amateur and professional athletes work with a personal trainer during the off-season to prepare themselves for in-season competition. Whether you want to shave some strokes off your golf score or beat your brother-in-law at tennis, a personal trainer can tailor your program to your sport of choice.

Injury Rehabilitation – Injuries and accidents can prevent you from participating in your favorite activities. An experienced personal trainer, however, can make the road to recovery a smooth one by recommending exercises that emphasize overall muscular balance to prevent future injuries.

Special needs training – Research confirms that individuals with health challenges such as diabetes, asthma, osteoporosis or heart disease benefit greatly from regular physical activity. These conditions, however, can make exercising safely a challenge. Many personal trainers are experienced in designing programs that address the special needs of these and other conditions.

Ego Boost – It's a fact – feeling good makes you look good, and vice versa. Not only can personal trainers help you achieve your health and fitness goals, they provide you with positive feedback on your performance and bolster your confidence to take on new challenges.

Sandy Trevathan is a personal trainer here in Highlands.

Hospital bolsters cardiology with new visiting physician

By Skip Taylor

H-C Hospital Marketing

A new cardiologist has joined the staff of Highlands-Cashiers Hospital as a regular visiting physician.

A member of Asheville Cardiology Associates, a large group practice in Asheville, Dr. William W. Wharton III, MD FACC, began seeing patients here July 30. He is the most recent member of Asheville Cardiology to serve the area through the hospital. Until he retired last year, David Schroeder, MD, FACC, had been coming to Highlands representing Asheville Cardiology.

"We are pleased once again to be working with Asheville Cardiology Associates to offer more convenient and frequent coverage by a cardiology specialist to patients in the area," said Jim Graham, administrator at Highlands-Cashiers Hospital. "This is one of the most needed specialties in our service area and we are very pleased to welcome Dr. Wharton to our staff of consulting physicians."

Dr. Wharton joined Asheville Cardiology in 1998, after completing his fellowship in cardiovascular disease at Duke University in Durham, NC. He is also a clinical cardiologist at Mission St. Joseph's Health System in Asheville.

Wharton is available to see patients in Highlands the second and fourth Wednesdays of each month at the Oxford Medical Building on the hospital campus. Appointments may be made by either self-referral or physician referral by calling 800-544-7489.

A graduate of Virginia Tech in Blacksburg, VA, Dr. Wharton earned



Dr. William W. Wharton III

his medical degree in 1988 from the University of Virginia School of Medicine in Charlottesville, VA. He completed his residency in internal medicine at Letterman Army Medical Center in San Francisco, CA, in 1991.

Prior to entering the cardiology fellowship program at Duke, he was a staff internist at Womack Army Medical Center at Ft. Bragg, NC. He is certified by the American Board of Internal Medicine and by the National Board of Medical Examiners, and is a Fellow of both the American College of Cardiology and the American College of Physicians.

He has undergone special training in echocardiography, and is the author or coauthor of numerous publications and presentations in his field. Dr. Wharton specializes in general cardiology, cardiac catheterization and echocardiography.

Dr. Wharton joins Byron R. Williams, of the Emory Healthcare System, as cardiologists on the Highlands-Cashiers Hospital Medical Staff.



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Surgical Internship: Duke University Medical Center
Otolaryngology Residency: Duke University Medical Center



Shannon E. Hunter, MD
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W. Carolina Ear Nose & Throat Specialists, Waynesville NC

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Dr. Willis Sherrer

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CHANGE! Some of us love it. Some of us hate it. And then there are those of us who just keep the same ol', same ol' life. I offer a request. For those of you who love change, look around and help someone who is more fearful than you.

Have you ever had the following thoughts? I'd better not change my situation. What happens, if there is nothing out there for me? If I make a change, I just might make a mistake and then I'll sorry. Will you?

Dr. Susan Jeffers, a colleague of mine, and someone who has experience self-defeating fear, decided to teach a course entitled, feel the fear and do it anyway. You may have read her book by the same name.

The course was described as follows. Whenever we take a chance and enter unfamiliar territory or put ourselves into the world in a new way, we experience fear. Very often this fear keeps us from moving ahead with our lives. *What to do? Feel the fear and do it anyway.* This is pretty much what I did when I decided to build my own home. And let me remind you, I felt the fear many times. I know the territory well.

This is the core of what I've discovered. At the bottom of every fear, is simply the fear that you can't handle whatever life may bring you. The key is to develop more trust in your ability to handle whatever situation comes your way!

Some fear can be helpful. I was quite fearful when I had been in my home less than a month and was getting ready to celebrate a modest Thanksgiving dinner. I don't cook very much and most of my friends know this and have been forewarned. To my surprise, I had an unexpected guest who did not know me well enough to understand my cooking abilities. Well, it wasn't a human guest. Yep, you guessed it. A humongous black bear. But that's



another story. Being by myself and my first encounter with a bear was memorable. My heart was in my throat. I managed to get to a phone only because it was in my pocket and immediately called a friend. I told him no matter what, I was not going to let him off the phone. He managed to calm me down enough to get a photo. It's in my new book, *Life Under Construction...a work in progress!* But that's not the fear I'm talking about in this column.

One of my most vulnerable times was when I fired my general contractor. I had just moved from California to Cashiers. Acutely aware in the back of my mind was the fact that I had left my best friends as well as my familiar territory and home to move to the mountains. To trade five and six lane highways for endless curves and hills. I was determined to slow my life down a bit and I was excited about the possibility of finding a new home in the mountains. I looked and looked, but I just could not find the right one, so I decided to build my dream home. Even before the foundation was poured, I realized that my contractor was building his "house," not my "home." And so the journey began. Remember, the best-laid plans will often need restructuring, reframing,

See LIFE page 13

Dr. Maryellen Lipinski is a psychologist by profession and an international professional speaker. She coaches individuals to obtain their goals in life and works as a Realtor at Village Realty to help them find a home in these majestic mountains. Her book, *Random Thoughts and Mine Always Are. Conscious Detours to Creative Power* will make you laugh, cry, and think! www.maryellenlipinski.com

■ Cooking on the Plateau ■

Here is an excerpt from an upcoming cookbook, "Thea's Kitchen." She chose it because this is the season of the ripening corn.

Mama Thea's Down Home Corn Bread

This original recipe is a marriage between southern and southwestern cornbread recipes I've sampled over the years.

Preheat oven to 450 degrees. For crispy cornbread edges preheat a number eight, 10-inch cast iron skillet coated with applewood smoked bacon grease (approximately three tablespoons.) Set skillet in preheated oven for a minute or two before pouring batter. Grease should be hot enough to sizzle when batter is poured into skillet. This creates a pone like cornbread.

1 cup whole grain stone ground cornmeal
1 cup whole wheat pastry flour
1 teaspoon sea salt
1/2 teaspoon baking soda
1/2 teaspoon baking powder
1 teaspoon chili powder
1 heaping tablespoon chopped fresh chives
Mix dry ingredients and add:
1 egg

1 cup buttermilk
1 tablespoons honey
1 tablespoon mayonnaise
1 small Vidalia onion sauteed in 1 tablespoon applewood smoked bacon grease
1/2 cup canned corn
1/2 cup cheddar cheese
Mix it with a light hand and cook it in a hot pan.

Best served with eggs for breakfast, with homemade soup for lunch, or with fresh trout for dinner.

Mama Thea's corn bread is a meal in itself.

One could write an entire cookbook on corn alone. Corn bread is typically thought of as a southern recipe, but is in fact a Native American staple. Corn is perhaps the single greatest gift given to us by the Indians. Hopi girls are taught early the art of bread-baking in an outdoor oven and to grind corn meal on a metate. I have found these metates with their pestal lying untouched since some distant time on my hikes throughout the desert Southwest.

"If it grows corn . . ." is an old

Indian saying that tells us when something is working or not working. If our lives are fertile and productive then it is said to "grow corn."

A thousand years before Columbus the Hopi and Zuni

were cultivating hybridized corn in the desert fertilized with guano which they collected in bat caves. Zuni Pueblo of New Mexico, the legendary Seven Cities of Cibola, yielded not the

gold the Spaniards sought but the gold of corn. It is believed by botanists and archaeologists that corn originated from the pre-Incan cultures of Peru where the earliest known motifs of maize, its stalks, ears and tassels were found. Ears of corn thousands of years old have also been found in ancient pre-Incan graves.

There are many legends of how corn came to the people and among them is the legend of the Corn Mother. Maize was named for mother or life-sustaining energy. The Corn Mother was a spirit woman who walked across

the fields with corn sprouting from her footsteps.

Whatever the legends, Indians everywhere hold corn as a sacred gift. Songs have been sung to the blue corn moon and cornmeal has been used in ceremony with prayers for protection. It was seen as the source of life. The current desecration of corn through the production of corn syrup and genetically modified strains is quickly leaving us in a world devoid of spirit. It is no accident that corn syrup is one of the highest known allergens to man. The resulting lack of health leaves us in a mental, physical, spiritual and emotional poverty. It is my experience and belief that no food product containing corn syrup or genetically modified corn should be ingested.

Native Americans show an amazing reverence for the spirit of corn. Celebrations giving thanks for a plentiful harvest or for continued prosperity were preceded by cleansing fasts and ceremonies. Bodies and souls, homes, thoughts and hearths were made clean and new as they prepared for feasting. From the corn dance of the Seminoles to the Green Corn Ceremony of the Creek, a joyful celebration was held each summer. And so my wish for you is . . . May it grow corn.

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Take a trip back in time – Go see 1940's Radio Hour

By Kim Lewicki

While I was growing up in the '50s my parents told me how everyone used to sit around the radio at night listening to the news and enjoying music.

I believed them, of course, but couldn't appreciate the importance of that "Radio Hour" – the window it opened to the world.

Kids today can't possibly understand how cut off everyone was from the world around them. They've got TV, radio and the Internet. Commu-

nicating across oceans – actually seeing and hearing what's happening – is an everyday occurrence.

During the Highlands Playhouse performance of "The 1940's Radio Hour," you come to understand, appreciate and truly enjoy that special radio hour.

Faces of the cast are familiar now – for most this is the third production of the season. Their voices and characters are strong. What was really interesting was the intensity of the production. You could feel how it

must have been to put a show on over the radio, complete with sound effects amidst the carrying on between "actors" on the set.

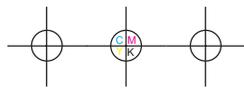
The songs – Black Magic, Ain't She Sweet, Boogie Woogie Bugle Boy, I'll Be Seeing You and about 14 others – are reminiscent of an innocent time and were clearly the Top 40 in the 1940s.

They are classics now – lots of teenagers know at least one of them, even sing them. About three years ago, a few Highlands School high-

schoolers Mouchet, Talley and Melvin sang a repertoire of 1940s songs so that just goes to show that classics never die.

Anyway, the antics on stage while the radio hour is being produced for the in-house radio audience are really funny. All sorts of "mini-plays" take place while singers are at the mike doing their segments.

If you haven't seen "The 1940s Radio Hour" try to. It's playing through Sunday at the Playhouse and is well worth the money and time.



■ Book Review ■

“Bobos In Paradise: The New Upper Class and How They Got There”

by David Brooks (*Bourgeois Bohemians) (Simon & Schuster, NY: 2000)

By **Katie Brugger**
Contributor

My first reaction to this book was exasperation. When (and why) did we start naming generations and groups of people?

The 60s had the hippies, the 70s the Me Generation, the 80s yuppies, and the 90s Generation X. Is Mr. Brooks just positioning

himself as the inventor of the latest cultural label, this bizarre term “bobo” (bourgeois bohemian)? Much of the book is taken up with his descriptions of the modern upper-middleclass lifestyle to support his thesis, but there is also a cultural analysis of the last two hundred years, which he throws out as a digression, that

I found to be very illuminating about our current political and cultural conflicts.

A bobo is a person who has integrated the values of both the bourgeois capitalist and the bohemian counterculture into his or her life. Perfect examples of bobos are the proprietors of Ben & Jerry, the Body Shop, and Smith and Hawken, businesses that are profitable (by encouraging consumption) while extolling counterculture values (such as anti-materialism). The proliferation of coffeehouses is a typical result of the bobo phenomenon — once the haunt of artists and intellectuals they are now so popular with business people that cafes are putting in high-speed internet connections.

For many years the bourgeois and the bohemians were easily distinguished. Merchants and businessmen were bourgeois, and artists and intellectuals were bohemians. The bourgeois, who valued tradition, business, self-discipline, order, and productivity, came into being at the beginning of the industrial revolution. The bohemian revolt against the bourgeois values began almost immediately: as long ago as the early 1800s bohemians in Paris were condemning the bourgeois for their dullness, conformity, and devotion to the pursuit of money.

The Parisian bohemians of this period wore their hair long, dressed flamboyantly, loved shocking behavior, extolled the youth culture, condemned materialism, and valued rebellion, novelty, and self-expression. Sounds a lot like the 1960s, and in fact, Mr. Brooks writes, “The more you read about the Parisian bohemians, the more you realize that they thought of everything. For the next 150 years rebels,

intellectuals, and hippies could do little more than repeat their original rebellions.” Brooks traces this bohemian-bourgeois conflict through those 150 years, until the 1960s, when the bohemian culture, which had always been a distinct minority, suddenly became a mass movement.

Brooks asserts that what set the stage for this radical change was the opening of the universities of this country during the 1950s to students based on merit instead of family connections. The rise of a large educated class brought an end to the industrial era and ushered in the information society where ideas and knowledge are as important as natural resources and capital. People who thrive in this new society are artist-intellectual types, highly educated people with one foot in the bohemian world of creativity and another in the bourgeois world of material success.

This new bobo elite rose up in the 1960s and fought against the entrenched power of the old WASP Establishment. But the still-dominant bourgeois saw the bobos and their values as a threat to the status quo. They have been fighting ever since to stop the advances of bobo culture and to return to some idealized past. The Moral Majority and the religious right came into being in reaction to the new bobo cultural values of race and gender equality, sexual liberation, and tolerance of diverse lifestyles. The roots of the neoconservative movement are in this cultural struggle. The first neocons were liberals in the 1960s who began to defend the bourgeois values of work and traditional morality against what they

■ See REVIEW page 17

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■ **Movie Pix** ■

The Video Guy presents:

**Earth Girls
are Easy**

**Writer: Julie Brown,
Director: Julian Temple**

Despite the title, this cute, lighthearted, light-headed, romantic comedy is rated PG. It's very clever, very funny and very, very silly. The story line: Space aliens land in Los Angeles and nobody particularly notices (a turn of events that I think must happen fairly regularly.) There are a few plot (such as it is) twists, so I don't want to spoil the surprises.

Geena Davis is the earth girl and Jeff Goldblum is the head space guy lead, but the supporting cast really make this movie happen. Julie Brown as the ditzy girlfriend is over-the-top funny, with a hilarious music video bit, and Jim Carrey and Damon Wayans as back-up aliens are superb (and I don't even really like these guys as actors, not that they seem to particularly care much.)

Goofy and lame special effects and cheesy, stupid costumes only add to the overall effect. This is not the movie you are looking for



Stuart Armor

when seeking high art and drama, but it is a great piece of comedy with a high-energy cast.

Other far off (or far out) visitor-themed movies are "Little Shoppe of Horrors," "Rocky Horror Picture Show," "Mars Attacks," "Mystery Science Theatre" "K-Pax," "Just Visiting," "Repo Man," and the classically dreadful "Plan 9 from Outer Space."

These and about 5,000 other titles are available at Movie Stop Video,. Stop in and check them out.

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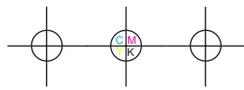


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Stuart Armor, owner of the Movie Stop, submits movie "reviews" regularly.



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■ Florist Tips & Secrets ■

If you send a guy flowers....

by Luke Osteen
The Little Flower Shoppe



Some of you women (okay, none of you) have asked whether a man likes to receive flowers.

As a florist, I'm required to say that all guys cherish flowers.

In fact, a survey conducted by the Society of American Florists says that over 60 percent of men said they'd like to receive flowers on Valentine's Day. But who are we kidding? No one knows for sure since no woman has ever sent a man flowers.

I guess Mrs. Osteen figured that once we got married she didn't have to pursue me anymore. But the sad fact is that even before we got married, she didn't send me any. Man, I must have been easy.

Now that I think about it, it might be neat to get flowers. They smell good and can mask a lot of odors. Unlike children or pets, they don't require much attention and you can toss them in the trash if you get tired of them.

It would be really cool to have someone deliver an arrangement to where I work. My co-workers would think I was some sort of Love God. But the fact that I work in a flower shop and would have to make my own arrangement would just end up confusing my co-workers. And I'm not sure how they would react if someone from Cospers or Best of the Bunch delivered some flowers to me. Anyway, if you're a woman thinking about sending your sweetie an arrangement, here are some things you may want to

consider.

First, don't ask your florist to put together something with pastels. Getting something like that at work could stick to a guy for years. Virtually anything that you would describe as "precious" or "adorable" should be considered off-limits. Go for bold colors - reds, oranges, golds, bright yellows, purples. I guess we just don't respond to subtlety.

He might appreciate it if you tailor his arrangement to his particular interests. If he's a fisherman, add a couple of Styrofoam cups loaded with bait. Try sticking in a couple issues of his favorite wrestling magazine. I don't know - you know him better than I do!

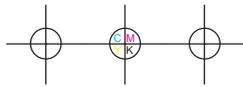
You may want to consider sending a dish garden. A collection of Venus fly-traps and pitcher plants can provide hours of fun as he watches insects slowly being digested. And the gradual, agonizing death of a neglected dish garden can be a powerful lesson in existentialism and a cautionary tale on the hazards of ignoring relationships.

I'm confident that with a little thought you can create an idea for a wonderful arrangement that is perfect for him.

After all, it's a reflection of you. Just don't come up with something that makes him feel easy.

Each week, various florists in town will be submitting columns - sharing their secrets with our readers.





..... NOISE continued from page 1

between the hours of 7 a.m. and 6 p.m. but prohibits construction on the weekends.

Betz said he'd received complaints from owners of the Kelsey Hutchinson Lodge and the Main Street Inn about construction noise coming from the First Presbyterian Church, Old Edwards

Inn and Reeves Hardware, respectively, on the weekend and after hours during the week.

Commissioner Herb James said the ordinance should be enforced, but perhaps it could be reworked to allow some construction on the weekends.

At the Aug. 12 Zoning Board

meeting, Zoning Administrator Larry Gantenbein briefly discussed the matter, explaining that the planning board had been asked to look at the ordinance. "All the rain we've been having has put contractors behind," said Gantenbein. "They're just trying to catch up."

Board members noted that most homeowners do house repairs, and lawn work involving noisy machinery on the weekends. Per the current ordinance homeowners aren't allowed to do any kind of construction on their homes on the weekend, either.

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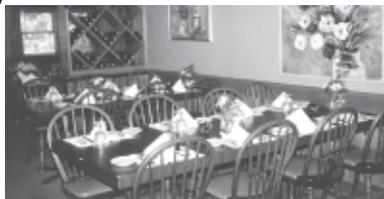
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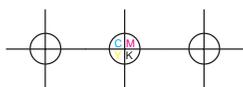


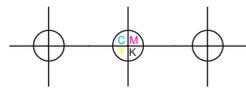
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- Relay for Life -

The Highlands-Cashiers fight against cancer is \$100,000 toward its goal of \$170,000, and the count hasn't even begun.

The "walk" starts tonight, Friday, Aug. 15, 6 p.m. at the Highlands Rec Park

One survivor's journey 'A blessing in disguise'

It was November 1, 2001, when Sarah Fricks was diagnosed with ovarian cancer, stage 2b on a scale of 1 to 4.

The surgery that led to that diagnosis was done in Atlanta and the hospital pathologist got a second opinion from Massachusetts General Hospital in Boston. The Boston pathologist confirmed the diagnosis and in his report went on at great length about the rarity of this form of ovarian cancer, citing studies done in the 60s and marveling at what an interesting case this was. She thought "At least I'm interesting and not run-of-the-mill!"

Sarah had three surgeries and a series of six chemotherapy treatments. After the last chemo on May 31 of 2003, she was declared "cancer free." "At that point, I pretty much began putting all of this out of my mind and concentrating on getting some stamina back," said Sarah. "And I really haven't looked back since."

Sarah said she's been struck by the fact that during the whole process she has been blessed time and again - blessings which have far outweighed the negative aspects of the experience. "Through cancer I have met and come to know some wonderful people in the medical field and gotten great care not only in Atlanta, but here in Highlands and in Franklin."

Other cancer patients and survivors, friends, family, neighbors and even strangers on the street supported Sarah throughout her ordeal. "I had always felt that my husband, Clyde, was a Godsend, and he proved it many times over during those 20 months of treatment. Thanks to him, I did not have to worry about everyday concerns. He was there for me every step of the way and knew what I needed before I did."

Clyde's first wife died of cancer three months after being diagnosed and with Sarah's diagnosis that meant Clyde had to face cancer again. "I just hated that he had to face that again. But he was my rock and steadied me throughout," said Sarah. "Somewhere during the time of my treatment I made the comment that between Clyde and God I'd get through this thing."

Sarah said technology was a blessing in disguise. "Email can't be beat for ease when it comes to getting the latest report on a patient and my brother coordinated that," said Sarah. "When I was first diagnosed I told everyone I knew and asked for their prayers. I could feel those prayers lifting my spirits and easing my pain."

On the subject of pain, Sarah said the only pain or discomfort she had was from treatment. "Unfortunately, I have veins that are a real challenge when it comes to getting an IV line going," she said. "When I went for my last chemo, the nurses could not get a vein and after the third attempt I said, 'Wait a minute, now - I've got to get up from here and walk around and try to relax.' And they said that was just what they were going to suggest."

Sarah left the room squeezing a rubber ball in her hand while she took a walk around the parking lot. In her other hand, she held a little stone from the Sea of Galilee that a friend had given her.

"When I came back into the doctor's office, the receptionist and the nurses met me in the treatment room and asked if they could pray with me," she said. "I was all but overcome by their kindness. We held hands and Sharon, the receptionist, prayed aloud, asking that we could get this done."

It only took two sticks to get a

line going and that time Sarah didn't feel a thing. "An answered prayer and another blessing," she said.

Surprisingly, Sarah said chemo wasn't the horror she thought it would be. There can be side effects but there are drugs to minimize or prevent them and they worked well for her.

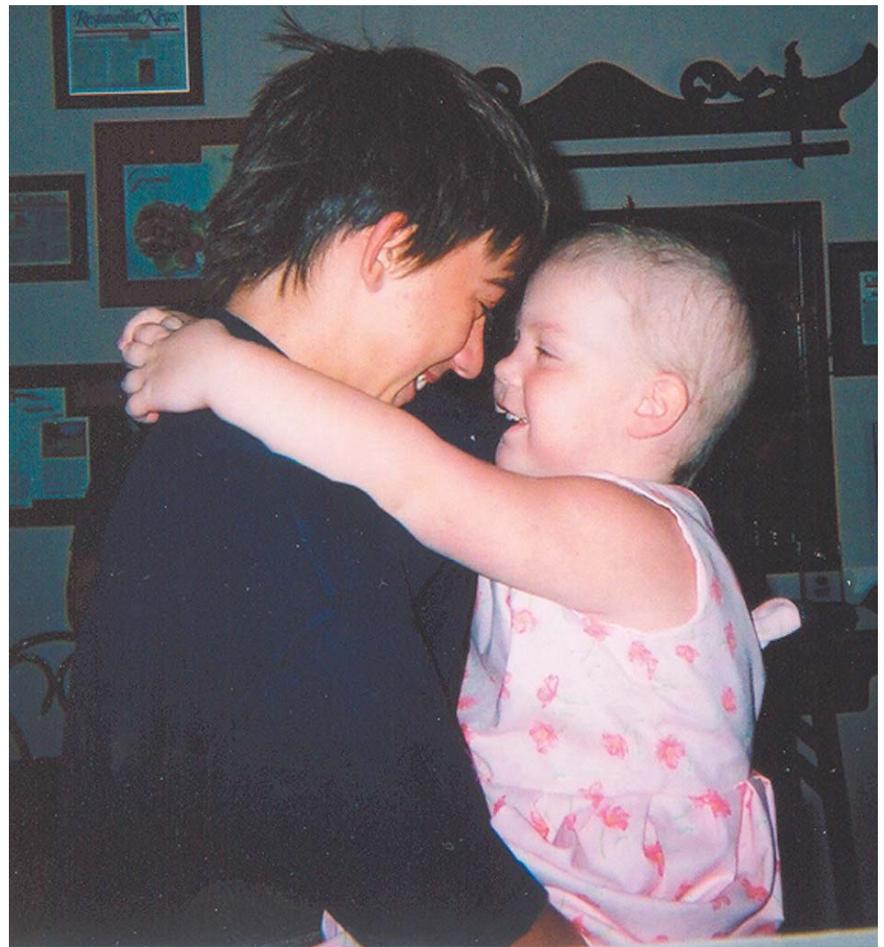
"About three or four days after chemo I experienced the 'chemo tunnel,'" said Sarah, "but three days later, I came out the other end." "The

"tunnel" is the extreme fatigue and muscle and joint aches and pains patients experience after treatment. "It's like having the flu and I would just try to relax and give myself over to it, knowing it would be behind me in a matter of days - a gift to look forward to," she said.

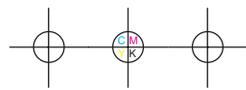
Sarah said she was thankful she didn't have a job waiting for her and that she had the luxury of taking all

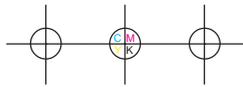
■ See FRICK page 13

Four-year-old Madison Schandolph fighting leukemia with a smile



Cancer has touched each gender and every age on the Highlands Plateau. A fundraiser at ...on the Verandah, Friday, Aug. 8, raised \$8,000 to help with Madison's medical expenses as she fights leukemia. Clearly, in a party mood, Madison dressed the part and danced the afternoon away with anyone who would twirl, including her brother, John Thomas.





HS soccer team off to a great start – wins first game

By Roger Mueller
HS Soccer Coach

The Highlands Varsity Soccer Team started its 2003 season with a 2-1 defeat of the Franklin Panthers at Macon Middle School, Monday, Aug. 11.

Highlands opened up the scoring early in the game with right-footed blast from freshman starter Nick Kerhoulas. The speedy striker darted down the middle of the field after a combination of passes from Grey Alexander and Stephen Warren which left him relatively clear to get behind a startled Franklin defense. From approximately 20 yards out Kerhoulas shot the ball past the Franklin keeper. Despite some other offensive attacks by the Highlands offense in the first half they were unable to score again in the first half. Franklin equalized the score in the first half when a very disorganized Highlands failed to clear the ball

from the penalty box.

The second half fared better for the Highlanders as they shut down

the Franklin offense, completely.

Both teams traded some shots during the half (eventually Highlands would

end up with approximately 14 shots — not all on goal and Franklin approximately 4).

Highlands' final chance to beat Franklin came in the last two minutes of the game. Matt Keener was moved up to forward when he received a long throw-in from Stephen Warren. As Keener turned on goal in the box he was taken down on a foul from a Franklin defender. Being awarded a penalty kick for the infraction, Zack Woodcox converted the kick into a goal. Highlands players and fans were very happy to have beaten Franklin — a team they've never beat before. Highlands faces some tough non-conference opponents in the next few weeks, namely Hendersonville and Polk County. After next Thursday the team will be away for five games.



It wasn't an easy win. Highlanders fought every yard along the way. But a win is a win and when it's the first of the season, victory is even sweeter.

The team faces Franklin again on Monday, August 25 at Macon Middle School, Highlands' home field.

..... FRICK continued from page 12

the time she needed to rest and recover.

Chemo was scheduled every 21 days so Sarah had more good days than rough days and was able to do a lot of things she enjoyed. "I missed interacting with people due to the possibility of infection, but thanks to the telephone, Email and all the cards and notes I received, I never felt isolated," she said.

On a couple of rare occasions she and Clyde went to Franklin and once was in the garden shop at K-Mart – wearing a snug hat that day instead of my wig – it took forever to get through the checkout lane.

"I eased out of line a few feet and sat on a stack of topsoil bags to rest and wait it out. Finally, I got checked

out and went outside to sit on the curb to wait for Clyde to come with the car. As I was waiting, a woman who had also been in line with me asked, "Is that a chemo hat?" I smiled and said, "Why, yes it sure is." She went on to say how well she thought I was managing and that she wished me success in my treatment. That was a blessing and a gift to me," said Sarah.

Sarah is happy to have hair again. "It's nothing like my original hair, but it's exactly like her older brother's hair. He died about 10 days after her first chemo treatment.

The most difficult time on Sarah's cancer journey were the weeks leading up to her diagnosis. "That dreadful day of September 11 had

just happened and at the same time I was having tests, waiting for results, seeing doctors and then waiting for surgery. Once the diagnosis came, my reaction was, 'Just tell me what we need to do and let's do it!'"

She had to trust and learn to surrender while intellectualizing it all and gathering all the information she could find on the subject. "It was almost as if I had stepped outside myself – that I had become an on-looker," she said.

Just being able to do that was a gift, said Sarah. "My second surgery was on December 5 and I remember being in pre-op on the gurney all set to go when for some reason I was alone for a few minutes. Clyde and my son had stepped away. And then I

overheard a conversation behind a curtain nearby. The patient – who was ready for surgery – was reassuring his wife, telling her not to worry," said Sarah.

"He told her 'Either way, I'll be all right. I'll either go home to the Lord or I'll come home to you,'" said Sarah.

And Sarah said the gifts just keep coming.

"I read recently that the Chinese anagram for crisis is the same as that for opportunity. My cancer journey has given me one of the most enriching experiences of my life. All my life I have known that life is precious and fragile – that time is limited. But my cancer has blessed me with a wake-up call and that in itself is a gift."

..... LIFE continued from page 6

restoring and renewing.

Sometimes you just need to open the door. It's hard because you just might get something from remaining stuck. If you are immobile, consider asking yourself what your payoffs are? If you want something in life, it's up to you to go get it. You'll be

waiting a long time if you think someone else will bring it to you.

So let's tackle it. It meaning fear. Take the first step by identifying it.

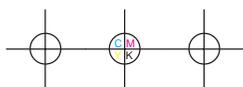
What is the change that you want to make? How are you allowing fear to get in the way? Let me be one of those in your cheering squad and

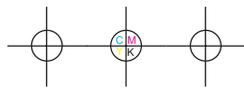
root you on. But first, answer these questions.

- What is the worst thing that could happen?
 - If it did, how would you handle it?
 - Is it worth the risk?
- "You're not a failure if you don't

make it. You are a success if you try." Susan Jeffers, Ph.D.

Expect most changes to be challenging. Even the small ones. Funny, it seems after we have made a change that appeared difficult, we often wonder why we didn't make it sooner.





Local residents renew petition drive about Rt. 28 bridge project

By Joe Gatins
Contributor

Residents of the small Satolah (Ga.) community are renewing a petition drive aimed at trying to ensure the Georgia DOT provides continued access over a critical bridge spanning the Chattooga River.

The State Department of Transportation is planning to replace and widen the old Russell Bridge on Route 28, but, so far, has resisted commitment to build a temporary bridge or provide one-lane access during construction.

The petition notes that residents support the bridge's replacement if it is needed "to meet current safety, width and load standards.

"But we are opposed to its entire closing during construction" the petition continues. "The resulting detours would cause major inconvenience, hardship and expense."

The petition echoes the wording of a similar petition conducted last year, which was presented to the DOT, but apparently shelved without even the courtesy of a response. The new petitions can be reviewed and signed at the following area locations:

- D & J Express Mart, 115 Franklin Road, Highlands.
- Harry Norman Realtors, East US 64, Highlands.
- Grapes and Beans & More, 42 E. Savannah Street, Clayton, Ga.
- Chattooga Conservancy Community Center, Pinnacle and Warwoman roads, Clayton, Ga.
- Tuckaluge Grocery, Warwoman Road, Clayton, Ga.
- Tunneltown Express Country Store, Route 28 and Route 107 intersection, Mountain Rest, S.C.

"This is obviously an uphill fight," said Ron Leslie, a Satolah resident who uses the bridge daily to get to a teaching job in South Carolina. Closing the span would force him to drive at least an extra 60 miles out of his way every day.

"They did not pay much attention to us last year," he said, "and

■ Laughing at Life ■

I'm in shock and awe

Fred Wooldridge
Contributor

No, no, no, I'm not talking about the Iraq war. I wasn't even in the country when that started. I was doing the Tango with my wife in Buenos Aires (I love the part where she flings her leg around my waist and I look the other way). We wouldn't have even known the war had started if it had not been for the "hate America" demonstrations in the streets.

The real reason that I am in shock is that I am staring at my Macon County tax notice and realizing I am now a very rich man. This tax notice is great news. According to the guys in the little musty offices in Franklin, my portfolio just went up six figures over the winter, without me even investing a penny in my home. My shack is now a mansion. Is this a great country or what? And I am in awe at the audacity of those guys at the tax office for making me so rich while I'm away dancing. Other than raising taxes, what do those guys do all day?

Standing in my driveway, I stared at the front of my house. Except for a little more mildew on the roof, it looked the same. What could make it worth so much money?

Wonderful thoughts raced through my head. Sell now and enjoy the windfall. Move off the mountain and live like a king someplace else or stay and watch my hard-earned bucks go to pay my taxes.

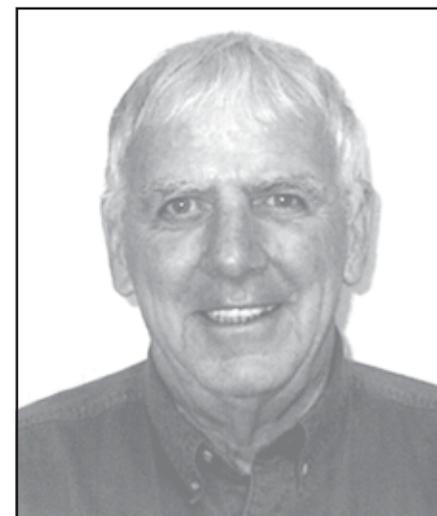
I know of a decent little home

in Chitlins Switch, Georgia, elevation, forty-two feet. Conveniently located on the highway, it's right next door to the bankrupt feed store with the rusty, broken down tractor out front with faded "Impeach Nixon" stickers all over it. Best part about moving there is that the asking price is very cheap and taxes are only \$249.18 with a promise that they will decrease next year. Isn't that appealing?

I put the tax notice under my pillow and decided to sleep on it overnight and make the big decision in the cold light of morning. I'm glad I did because things always look different after my blood pressure lowers and I have caffeine flowing through my veins.

You see, Highlands never really had a choice on what it would become. It's location on top of the mountain made that decision for it a long time ago. In a time not that far away, Highlands will become just like Vail, Colorado or Carmel, California. I am convinced of it. Those two towns are very expensive places to live where practically no one who works there, actually lives there. Just like in Vail and Carmel, wealthy people with big money are the engines in motion and taxes will increase each year at a higher percentage than in most places. We really don't have a lot of choices in the matter. Calm down and pay your taxes or move out.

Highlands is an exciting and unusual place to live, full of charm and tony in every aspect.



Eyebrows raise when you tell folks you are from Highlands. We have a reputation of being just a tad snooty and very wealthy. Whether that is true or not matters little. After all, reputations are based on what people perceive to be the truth and not necessarily what is real. This all translates into the fact that big money people are willing to pay more for property and get less, which is driving up our taxes. Just check the ads; shacks really do go for a quarter of a million dollars. While we all hate to see the growth and the high cost of everything, we know it's inevitable. We don't have to like it, just live with it, or clear out.

So here is what I have decided to do. I will go into the bathroom and get a wash rag from the cabinet. Sitting at my desk, I will take a very deep breath, place the wash rag between my teeth, bite down real hard, get out the check book and pay my taxes. For those who can't bring themselves to do that, call me and I will give you the Realtor's name in Chitlins Switch.

Seasonal resident Fred Wooldridge has made it his hobby to poke fun at just about everything from nature to politics. He means no one harm.

seem to be trying to ignore us again this year.

"I doubt if they even registered or considered our wishes in their construction planning," Leslie said. "We need to continue to fight this heavy-

handed use of government."

Satolah residents plan on delivering the petition to appropriate public officials after the Ga. DOT's public information meeting on the bridge project next week.

That "open house" meeting is scheduled for 5-7 p.m., Thursday, August 21, at the Satolah firehouse.

Contact Carol Austin, 706-782-6460; Joe Gatins, 706-782-9944; or Joe Munger, 706-782-1669.



■ Police & Fire Reports ■

The following are the Highlands Police Department log entries for the week of Aug. 6-12. The only names are of public officials and/or people who were arrested.

Aug. 6

- At 8:26 a.m., a motorist was cited for driving without an inspection sticker at U.S. 64 and N.C. 106.

- At 9 a.m., a motorist in Bryson's Foods parking lot was cited for driving without an inspection sticker.

- At 4 p.m., officers responded to an animal complaint on Zermat Circle.

- At 5:05 p.m., officers were called to Cyprus Restaurant about a trespasser. The person was told not to return.

- At 7:30 p.m., a resident on Raoul Road reported a bear in the garbage cans.

- At 7:45 p.m., officers responded to a report of a structure fire but it was unfounded.

Aug. 7

- At 1:25 a.m., officers responded to an alarm at Shiraz Rug Gallery on Main Street but all was secure.

- At 9:05 a.m., officers responded to an alarm at a residence on Sagee Woods Drive but all was secure.

- At 10:30 a.m., a motorist was cited for failing to secure a load at Fourth and Laurel streets.

- At 11:10 a.m., a motorist was cited for driving without a license and without an inspection sticker at Fourth and Poplar streets.

- At 12:20 p.m., officers responded to an open 9-1-1 line at a residence on Paul Walden Way, but it was just a child playing with the phone.

- At 10:32 p.m., officers were called to Hampton Inn about a trespasser. The person was told to stay away from the hotel.

Aug. 8

- At 1:45 p.m., officers were called to the Highlands Country Club clubhouse about a trespasser. The person was told to stay away from the country club.

- At 3:30 p.m., a resident on Zermat Circle was served with an animal complaint.

Aug. 9

- A little past midnight, a resident near Cyprus Restaurant called police about loud music.

- At 7:12 a.m., a motorist was cited for driving 52 mph in a 35 zone.

- At 11:50 a.m., a motorist at Main and Fourth streets was cited for driving with an expired registration.

- At 2:10 a.m., officers responded to an alarm at a residence on Sagee Woods Drive. All was secure.

Aug. 11

- At 8:45 a.m., officers responded to a report of a "verbal confrontation" between two people at Sixth and Lower Lake drives.

- At 9 a.m., officers were called to Wachovia Bank on Fourth Street where keys were left hanging in the trunk of a parked car.

Aug. 12

- At 1 p.m., officers responded to an accident in town. There were no injuries.

- At 10:45 a.m., a motorist on U.S. 64 west and Mirror Lake Road was cited for driving without an inspection sticker.

- At 1:52 p.m., a motorist at Arnold Road and N.C. 106 was cited for littering when paper products flew out of the back of his pickup truck.

- At 3:05 p.m., a resident on Harris Drive reported rings stolen from the house.

- At 3:50 p.m., officers responded to an accident in town. There were no injuries.

The following are the Highlands Fire & Rescue Department log entries for the week of Aug. 6-12.

Aug. 6

- Officers responded to a possible structure fire but it was unfounded.

- The dept. was first-responders to assist EMS with a medical call at a residence on Chestnut Cove. The victim was transported to Highlands-Cashiers Hospital.

- The dept. was first-responders to assist EMS with a medical call at Walkingstick Falls Road where two construction workers were hurt. They were transported to Highlands-Cashiers Hospital.

Aug. 7

- The dept. was first-responders to assist EMS with a medical call at a residence on Old Creek Circle. The victim was transported to Highlands-Cashiers Hospital.

Aug. 8

- The dept. provided mutual aid to the Cashiers Fire Dept. while they handled a fire in Cashiers.

Aug. 9

- The dept. responded to an accident on U.S. 64 east. There were no injuries.

- The dept. responded to an accident on U.S. 64 east and Flat Mountain Road. There were no injuries.

- The dept. was first-responders to assist EMS with a medical call at a residence on Chestnut Hill. The victim was transported to Highlands-Cashiers Hospital.

■ Obituary ■

Peggy M. Dispensa

Eckerd Living Center resident

Peggy M. Dispensa, age 88, of Franklin, passed away Friday, Aug. 1, 2003 at a Highlands-Cashiers Nursing Center.

She was born in Pikesville, Ken., the daughter of the late Ballard and Roxanna Daniels Maynard. She was married to the late Charlie Dispensa. She was a homemaker.

Memorial services were held Tuesday, August 12 at 12:30 p.m. at Fidelia-Eckerd Nursing Home.

Bryant Funeral Home was in charge of arrangements.

■ Waterfall Hikes ■

- **1) Kalakaleskies Falls:** Located off Hwy. 64W about 1 1/2 miles from town on the Cullasaja River. The Sequoyah Dam is at the head of these falls. There are 18 small falls within a quarter mile, each paralleling US Hwy 64 west.

- **2) Bridal Veil Falls:** This picturesque fall cascades over US Hwy. 64W about 2 miles from town. Cars may even drive under this waterfall.

- **3) Dry Falls:** On US Hwy. 64W, about 3 miles from town. Parking is provided by the Forestry Service where a path is taken to the falls. They are certainly not dry.

- **4) Glen Falls:** Located off a dirt road 3 miles south of town on Hwy. 106. The turnoff is marked by a U.S.F.S. sign. Glen Falls is composed of a series of 3 large falls dropping approximately 60 ft. each on the east fork of Overflow Creek in the Blue Valley area. The one mile foot trail down to the falls is steep.

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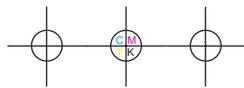
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Highlands' 11th Bel Canto as popular as ever

By Richard Joel
Contributor

On Sunday, August 31, the 11th Annual Bel Canto Recital will continue to fulfill its mission of bringing beautiful singing to Highlands and benefitting the permanent art collection of the Bascom-Louise Gallery.

This year's artists will be Stella Zambalis, brilliant soprano who is a regular guest of opera companies including the Metropolitan Opera, New York City Opera, Houston Grand Opera and Seattle Opera, and Paul Hartfield, lyric tenor who specializes in the repertoire that made "The Three Tenors" famous.

They will sing arias

and duets from operas by Puccini, Verdi, Bellini and Meyerbeer, as well as works by Kern, Bernstein and Rodgers and Hammerstein. Their accompanist will be Stephen Dubberly, piano virtuoso who will be making his 11th Bel Canto appearance and is a great favorite in Highlands.

Ms. Zambalis was the first Bel Canto artist to appear in the Martin-Lipscomb Performing Arts Center in 2001 when she won cheers and a standing ovation. She is being brought back by popular demand as is Paul Hartfield who scored in 1995 as Bel Canto's first tenor soloist.

Both American singers have appeared around the country as recitalists and as soloists with sym-

phony orchestras. They perform classics of the musical theatre with the same exuberance and musicality that they bring to operatic masterpieces and they win audiences with their rare communicative skills.

Ms. Zambalis, born in Cleveland, Ohio, and Mr. Hartfield in Nacogdoches, Texas, are exponents of Italian opera that they will display in the Bel Canto Recital.

The performance is set for 4 p.m., Sunday, August, 31 in the Martin-Lipscomb Performing Arts Center. Standby reservations may be made for the sold-out event by calling 526-5252.



Pianist Stephen Dubberly and soprano Stella Zambalis return to perform at Highlands' 11th Bel Canto performance

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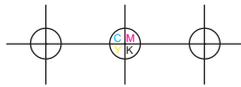
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..... REVIEW continued from page 8

perceived to be the decadent nihilism of the hippies.

This cultural battle rose to a fever pitch during Clinton's presidency. Why, when two-thirds of the American people were against the impeachment, did the Republicans continue the fight to the bitter end? Sidney Blumenthal, in his recent book "The Clinton Wars," alleges that this bobo-bourgeois cultural conflict was what underlay all of the attacks on the President: "Clinton had always been a screen on which were projected conservative feelings about the 1960s, the counterculture, and race...The complex legal maneuvers about abstract concepts like executive privilege were but skirmishes that preceded a monumental battle over very large political questions: about cultural mores and the position of women in American society, and about the character of the American people. President Clinton understood that; his wife did, too; and so did Ken Starr and the Republican leaders. It was why he and they were fighting."

Brooks contends that the natural impulse for a bourgeois

bohemian is to reconcile the two opposites of his/her nature, the bohemian and the bourgeois. In politics this means bringing the left and right together, so we see the "Third Way" movement begun by Clinton and Tony Blair of Britain, and President Bush's rhetoric of "compassionate conservatism."

The old WASP establishment was largely Republican, but the bobo is more liberal. The "National Journal" studied the voting patterns of America's 261 richest towns: in 1980, the Democrats received 25 percent of the vote, in 1996, 41 percent.

A book by John Judis and Ruy Teixeira, "The Emerging Democratic Majority," argues that the liberal electorate is expanding, partly due to the members of the bobo class and the fact that we are now in an information society. "Not only are traditionally democratic voters such as African-Americans, Hispanics, Asians, and single women becoming a larger part of the voting public, but democratic-leaning white-collar professionals and the highly educated are increasing as well. By

the end of the decade these groups will provide the basis for a broad majority coalition, one rooted in the growing post-industrial metropolitan areas or 'ideopololises.'"

"Bobos In Paradise" made it clear to me why we are still battling over abortion, women's rights, race equality, and homosexual rights. The old bourgeois culture of the industrial era is

fighting the future that is upon it: the new information age and its attendant bobo values of tolerance, diversity, and freedom from tradition. It is a battle the old culture is losing, and that is why their attacks are increasingly desperate.

"Bobos" is available at The Hudson Library call number 305.5B

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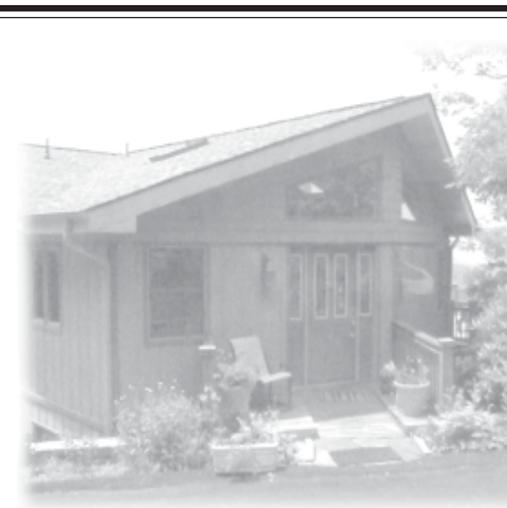
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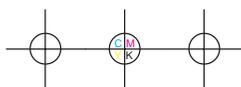
The concession building is finished. The lights are up. They're rolling the sod now. Next it's "Game time." Finally, Highlands has a county field all its own. Soon parents can watch their kids play county and Highlands School sports right here on the plateau. Sound easy? It wasn't. The completion of the fields culminates about three years of work spearheaded by County Commissioner Ricky Bryson.

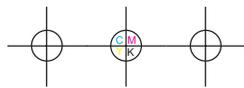


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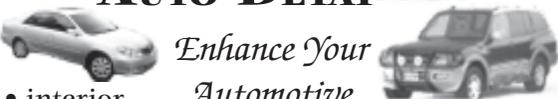


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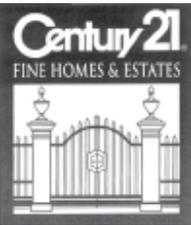
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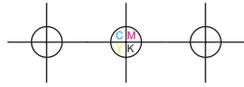


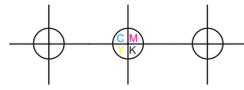
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with Dr. Alex
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Unitarian Universalists, UUs, are very much a part of the Judeo-Christian tradition. Although we are sometimes confused with the Unity Church (new age movement) or the Unification Church of the Reverend Sun Myung Moon, UUs are in no way related to either of them.

We are a small denomination but our individual members have had an enormous impact on American life. Benjamin Franklin and John Adams are just a couple of the Founding Fathers of our nation who were adherents to UU theology.

It doesn't end there by any means. Ralph Waldo Emerson and Henry David Thoreau, Carl Sandberg and e.e. cummings, Clara Barton and Dorothea Dix, Linus Pauling, Joseph Priestley and Alexander Graham Bell – the list could go on for pages.

It isn't particularly surprising. Unitarian Universalism is, on average, the best-educated denomination in the U.S. But, as you will find out if you keep on reading, we aren't just a disembodied head without a heart.

Unitarian Universalists trace their earliest roots to the Jewish prophets. Confronters of kings and generals, the prophets spoke truth to power. They were unafraid of secular rulers and struggled ceaselessly for justice. This is the essential part of UU tradition. From anti-slavery to civil-rights, from urban labor to migrant labor conditions, in every fight against totalitarianism, UUs have stood front and centers.

The Unitarian Service Committee, displaying the now famous symbol of the flaming chalice, helped numerous people in Europe escape from concentration camps and, after the war ended, thousands of refugees with relief supplies and relocation. Today we are working in Africa, Asia and the former Soviet Union. We make no attempt at converting those we serve.

We are, above all, an inclusive religion.

■ See SPIRITUAL MESSAGE page 23

■ Places of Worship on the Plateau ■

Blue Valley Baptist Church

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m.; Worship – 11 a.m.
Sunday night services every second and fourth
Sunday at 7 p.m.
Wednesdays: Mid-week prayer meeting – 7 p.m.

Buck Creek Baptist Church

Sundays: School – 10 a.m.; Worship – 11 a.m.
First Saturday: Singing at 7:30 p.m.

Christian Science Services

On the corner of Spring and Third streets
526-2830
Sunday: Morning Service – 11 a.m.
Wednesday: Evening Service – 7 p.m.
Tuesday & Friday: Study room open 2-4 p.m.

Church of Jesus Christ of Latter Day Saints

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627
Sundays: Worship – 10 a.m.; school & primary classes
– 11 a.m.; Women's & Men's Org. – noon
Tuesdays: Women's Org. – 6:30 p.m.; Library – 6-8
Wednesdays: Boy Scouts of America mtg. – 6:30 p.m.;
Young women's activities – 6:30 p.m.

Clear Creek Baptist Church

Pastor Everett Wilson, (828) 743-3379
Sundays: School – 10 a.m.; Worship – 11 a.m.; Prayer
– 6:30 p.m.
Evening Service – 7 p.m.

Community Bible Church

(Evangelical Presbyterian Church
Steven E. Kerhoulas, Pastor, 526-4685
3645 U.S. 64 east
Sundays: School – 9:30 a.m.; Worship – 11 a.m.
Tuesdays: Women's Bible Study – 9:45 a.m.
Wednesdays: Supper – 5:30 p.m.; Bible Study – 6:30
Thursdays: Guys Sr. High Discipleship – 6 p.m.

Episcopal Church of the Incarnation

Rev. R. Michael Jones, D. Min., Rector: 526-2968
Sundays: Holy Eucharist – 8 a.m.; 9 a.m. & 11 a.m.;
Adult Class – 10 a.m.; Children's – 11 a.m.
Tuesdays: Men's Cursillo @ Hampton Inn – 8 a.m.
Wednesdays: Supper and Program @ First Presbyterian
Church – 6 p.m.
Thursdays: Women's Cursillo Group @ Library – 9:30
a.m.; Holy Eucharist – 10 a.m.

First Baptist Church

Dr. Daniel D. Robinson, 526-4153
Sundays: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.;
School – 9:30 a.m.; Youth – 6:30 p.m.; Choir – 7:15
p.m.
Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.;
Student & Adult Prayer – 6:15 p.m., Choir – 7:30

First Presbyterian Church

Rev. J. Hunter Coleman, Pastor, 526-3175
Sundays: Worship – 8:30 a.m. & 11 a.m. (child care at
11 a.m.); School – 9:30 & 9:45.
Wednesdays: Children's Devotions – 9:30 a.m.; Supper
– 6 p.m.; Choir – 7 p.m.
Thursdays: Bible Study – 10 a.m.

Saturdays: Adventistas del Septimo Dia – 10 a.m. and
5 p.m.

Highlands Assembly of God

Rev. Scott Holland, 524-6026, Sixth Street
Sundays: School – 10 a.m.; Worship – 11 a.m.
Wednesdays: Prayer & Bible Study – 7 p.m.

Highlands Seventh-Day Adventist Church

Wednesday evening prayer & Bible Study
Call Lloyd Kidder at 526-9474

Highlands United Methodist Church

Pastors Eddie & Kim Ingram, 526-3376
Sundays: School – 9:30 & 9:45 a.m.; Worship – 8:30
& 11 a.m.
Wednesdays: Supper – 5:30 p.m.; Bible Study &
activities – 6 p.m.

Macedonia Baptist Church

8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Rusty Wolfrey, (706) 782-8130
Sundays: School – 10 a.m.; Worship – 11 a.m.; Choir
– 6 p.m.
Wednesdays: Bible Study and Youth Mtg. – 7 p.m.

Mountain Synagogue

St. Cyprian's Episcopal Church, Franklin 369-6871
For more information, call (706-745-1842, (706) 754-
3334 or (828) 293-5197

Our Lady of the Mountains Catholic Church

Rev. William M Evans, Priest
Parish office, 526-2418
Fridays: Mass – 9 a.m.
Saturdays: Mass – 4 p.m.
Sundays: Mass – 11 a.m.

Scaly Mountain Baptist Church

Rev. Clifford Willis
Sundays: School – 10 a.m.; Worship – 11 a.m. & 7
Wednesdays: Prayer Mtg. – 7 p.m.

Scaly Mountain Church of God

Pastor Allen Melton
Sundays: Radio Program 1340 AM – 8:30 a.m.; School
– 10 a.m.; Worship – 11 a.m.; Evening – 6

Shortoff Baptist Church

Pastor Rev. Baker Crane
Sundays: School – 10 a.m.; Worship – 11 a.m.
Wednesdays: Prayer & Bible Study – 7 p.m.

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Old-fashioned hymn-singing led by laypeople.
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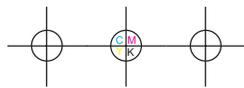
Westside Baptist Church

Interim Pastor, Terry Dixon
Services in the basement of the Peggy Crosby
Sundays: Fellowship – 11 a.m.; Worship – 11 a.m.

Whiteside Presbyterian Church in America

Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School – 10 a.m.; Worship – 11 a.m.





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Buck's for coffee, The Pizza Place for pizza!



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We sell only USDA Prime Black Angus and
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"We will cut anything special for you."

Daily Seafood deliveries. Special orders welcome.

Rotisserie chickens, ribs, turkey breasts,
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You want it, we'll cook it!"

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Hilltop Grill

526-5916
Fourth & Spring "on the Hill"
"Where the locals eat"
Hamburgers, fries, sandwiches & salads
Mon.-Fri. 11 a.m. to 3:30 p.m.

Pescado's

526-9313
Fourth Street "on the Hill"
Fresh Mexican
"The fastest food in town"
Lunch 7 days: 11-3; Dinner: Tues.-Sat. 5-8:30

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526-5660
On Main Street
Pizza, specialty sandwiches & salads
Eat in or carry out
Open for lunch & dinner

Brick Oven Pizza

526-4121
Mtn. Brook Center next to Movie Stop
Made-to-order pizza, calzones & salads
Open for lunch & dinner year-round

Don Leon's

526-1600
Dillard Road next to Farmer's Market
Cajun & European specialties
Sandwiches & more
Tues. - Sun. 11 - 7

Highlands Hill Deli

526-9632
Fourth Street across from Old Edwards Inn
Made to order sandwiches,
green & fruit salads, ice cream
Open 7 days a week 10 a.m. - 10 p.m.

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314 Main Street
Made-to-order specialty sandwiches &
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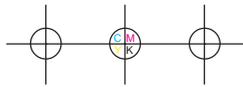
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**Meats, Seafood &
Prepared Foods**
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Closed Sundays
526-5241

Dillard Rd. next to Farmer's Mkt.





■ Events on the Highlands Plateau ■

On-going

- Support Highlands School with a banner about your business to be displayed in the gymnasium all year long. Call 526- 2147 for details.

- Tickets are on sale for Highlands Playhouse summer season. The 1940's Radio Hour, July 31-Aug. 17 and The Real Thing, Aug. 21-30. Tickets are \$20 for adults and \$9 for children. Performances are Tuesday through Saturday at 8 p.m. and Saturday and Sunday at 2 p.m. For more information, call 526-2695.

Aug. 15

- Relay for Life at the Highlands Rec Park Aug. 15-16 at 6 p.m. to 6 a.m. Hurricane Creek will be performing which will help keep walkers moving. They play country-fried rock and blues.

- Chef Chris Weihs will be providing instruction on preparing and serving Tex-Mex cuisine at the Hudson Library. For more information, call 526-3031.

- Wildlife biologist Liz Dominique hikes from 9 a.m. to 4 p.m. on Aug. 15 and Aug. 16. Bring a bag lunch. Cost \$5 per person

- Last day for the Fibbers Magee bag sale. They're cleaning out for the move.

- The Rotary Club of Highlands-Mountaintop meets at 7:30 a.m. at the First Baptist Church Fellowship Hall. Mike Cavender will speak on recent donations to the Highlands Land Trust.

Aug. 17

Noche de Familia. Vengan. Todos estan invitados el comingo 17 de agosto, 5:30 del las tarde, Iglesia Metodista en la calle parincipal de Highlands. Cena Comunitaria. Traigan un plato tipico de su pais. Tendremos informacion importante sobre servicios medicos gratis.

- There is an International Family Dinner at the Highlands United Methodist Church, at 5:30 p.m. The main entree will be provided. Please bring a side dish. For more infor-

mation, call 526-4706.

- There is a Highlands Plateau Audubon Society Annual Picnic at the shelter at the Rec Park. It starts at 5 p.m. Hamburgers and cold

drinks will be provided. Bring a covered dish. Cost is \$5 per person. Call Brock or Patty Hutchins at 787-1387 by Aug. 10 so they know how many hamburgers to cook.



Doris Mager, the Eagle Lady, will be in Highlands on Friday, Aug. 22. She will present a program with some of her birds at 7 p.m. at the Highlands Civic Center. Mager will also present programs for younger students at the Highlands and Blue Ridge Schools during the day. She's been handling birds of prey for 39 years. Her eagle work has included rescue, rehabilitation, release to the wild, training, banding, surveying, transporting, hand raising, and classroom education. She has lectured nationally as well as participating in unusual promotion and fundraising activities – involving living in an eagle's nest, taking a two hundred mile walk, and touring across America on a bicycle. She has made TV guest appearances on Real People, You Asked for It, To Tell the Truth, and many local talk shows. She's the recipient of many awards including Conservation Educator of the Year from the National Wildlife Federation. Mager started working with raptors in 1963, and with eagles in 1968, while working for the Florida Audubon Society. She has had over 80 eagles in her care, as well as other birds of prey. In June of 1983, she started her own non profit organization, S.O.A.R Inc.

- Macon Aeromodelers will host an indoor flying session at the Highlands Rec Park from 6-9 p.m. For more information, call 526-8414.

Aug. 18

- The Right Reverend John Shelby Spong, Bishop of the Diocese of Newark, N.J., will speak at HIARPT at PAC at 7:30 p.m. The topic will be "Reading the Gospels with Jewish Eyes."

- From 3:30-6 p.m. there will be a round-table discussion on dealing with the Hemlock Woolly Adelgid at PAC. Minimal space is available. Tickets are \$25. RSVP required. Call Dave Martin at 526-9938 ext. 32.

Aug. 19

- There will be seminar with Bishop Spong at PAC at 10 a.m. The lecture is free.

Aug. 21

- Highlands-Cashiers Hospital Auxiliary is sponsoring a benefit fashion show and luncheon, Aug. 21 at 12:30 p.m. at Highlands Falls Country Club. There will be prizes for the prettiest, funniest and most unusual hats worn by those attending. Tickets for a chance on this year's Wildflower Quilt will also be on sale. Tickets are available at the Hospital Gift Shop for \$35. All proceeds go toward funding scholarships for young people wishing to go into the medical field.

Aug. 21

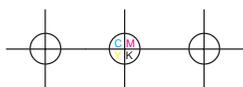
- Greater Visioin, the onumber one gospel group in the country will be performing at Commuity Bible Church at 7 p.m. For more info, call 526-4685. "Promise," another gospel group will open for them.

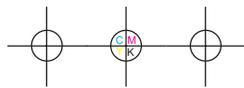
Aug. 22

- The Eagle Lady, Doris Mager, will be at the Rec Park for a program on raptors at 7 p.m. During the day she will visit area schools.

- The Highlands Community Players presents "Brighton Beach Memoirs," Fri., Aug. 22-Sun., Aug. 24 at PAC. Show times are 7:30 p.m. Fri. & Sat., and 2:30 p.m. on Sun-

■ See EVENTS page 23





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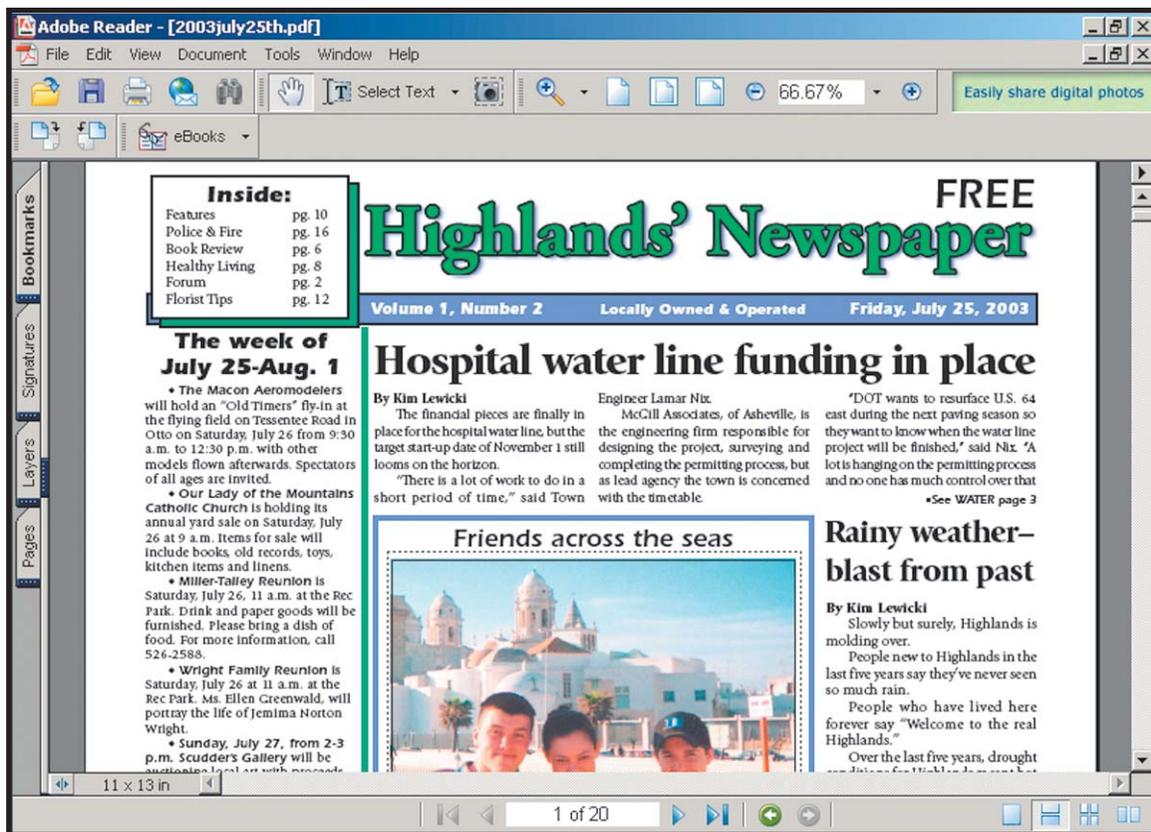
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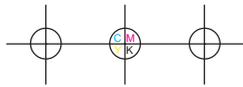
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■ Events on the Highlands Plateau cont. from pg. 21 ■

day. Tickets are \$10

• There will be a "Steak Dinner" at the HUMC with all proceeds benefiting the 2004 Bolivia Mission Trip. Call the church to make a reservation so they know how much steak to buy. 526-3376.

Aug. 26

• Alain Taulère, owner the Café of the Arts, will host an dinner to benefit the Hudson Library on Tuesday, August 26, from 5 to 7 p.m. The menu that includes an appetizer, salad, entree (choice of salmon or chicken), dessert, drink and two glasses of wine. Regis Moreira will entertain at the Oak Street piano. Tickets are \$50 per person and available from members of the Library Board of Trustees or at the library. Only a limited number of tickets will be sold. For more info, call 526-3031.

Aug. 29

• Hurricane Creek performs at Buck's Coffee Cafe from 8-11 p.m. They play original and country-fried rock and blues.

• Swinging on Sequoyah Dinner and Dance, Aug. 29 at the barn owned by Diane and Ray McPhail. Tickets are \$125 with all proceeds going toward the Highlands Historical Society to renovate the Highlands Historical Village. For more information, call Wiley Sloan at 526-5938.

Sept. 2

• There will be a free health fair at Highlands School. Students'

height, weight, vision, teeth will be checked and they'll also be checked for lice. There BMI index will be calculated, too.

Sept. 8

• There will be a "Breakfast Buffet" at HUMC with all proceeds going toward the 2004 Bolivia Mission trip. There will be an egg & cheese casserole, french toast casserole, fruit, biscuits, sausage.

Sept. 9

• Highlands Rotary Liberty Gala, at Highlands Country Club. Proceeds from this every-other-year event support the arts and youth of Highlands through donations and scholarships.

Sept. 22

• Healthy Carolinians is hosting a benefit golf tournament at Highlands Cove. Proceeds will go toward organization to help assess and develop health and safety resources for Macon County. \$100 per player or \$400 per team. For more information, call 349-2426.

Sept. 27

• Special Operations Adventure Race - a triathlon with all proceeds benefiting children of fallen warriors.

Oct. 4

• The Martin-Lipscomb Performing Arts Center will host a benefit performance "Scenes From A Life: The Story of Albert Schweitzer, for the children attending the HCCDC, Saturday, Oct. 4.

Weekly Happenings



Greater Vision, considered the number one gospel group in the country will be performing at Community Bible Church, Aug. 21 at 7 p.m. For more info, call 526-4685. "Promise," another gospel group will open for them.

• Step aerobics with Tina Rogers at the Rec Park every Monday, Wednesday and Thursday, 4--5 p.m. Cost is \$5.

Email events to: Highlandseditor@aol.com

..... SPIRITUAL MESSAGE continued from page 19

There are Christian UUs, Buddhist UUs, and secular humanist UUs. There are interest groups of "conservative UUs" and "libertarian UUs." We welcome lesbians and gays in our congregations and people of all ethnic backgrounds and races. The first woman ordained as a minister in America was a Universalist, and today more than half of our clergy are women.

There is a poignant saying in our religion. You don't have to think alike to love alike. And we certainly don't all think alike. There is no common creed, or set of beliefs to which we must adhere, unlike most religions. But we so share basic principles and points of view.

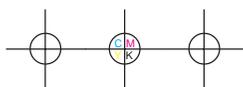
We are, after all, like the citizens of our beloved land, deeply steeped in democratic

ideals which bind us together.

Among these are a commitment to kindness and decency toward others; a belief in the worth and dignity of every human being; in the freedom of religious expression; in the authority of reason and conscience; in the never-ending search for truth; in the importance of a religious community; and in the compelling force of love.

So if you think of Unitarian Universalism as a religious manifestation of democratic principles, you won't be far off the mark. One of our bumper stickers implores, "Less Judgment/More Curiosity." Another urges "Question Authority."

But what probably defines us best of all is: "You don't have to think alike to love alike."





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In Town and Zoned Commercial. This is a charming 70+ year old cottage with that in-town location off Spring Street. Would make a great home or office. Two or three bedrooms, one bath. Wonderful yard, garden spot, and stream. Offered at \$350,000.



Whiteside Mountain Road. This three bedroom plus a den, 3 1/2 bath home features a large great room plan with pine paneling and a wall of glass that opens to a covered porch and deck to enjoy the spectacular vista of Whiteside Mountain and into Cashiers Valley. The interior is warm and inviting, loaded with quality features. The kitchen features custom cabinets, granite counter tops and stainless steel appliances. Decorator touches are evident throughout, with beautiful fabrics and window treatments. If you want the Wildcat/Whiteside area, don't miss this one. Offered unfurnished at \$1,200,000.



Great in-town Location. Is walking distance to Mirror Lake, this 3 bedroom, 2 bath, plus den, sits on a gentle lot and is a great starter or weekend home. Split bedroom plan, cathedral ceilings in the living room, fireplace, open kitchen/dining and gas furnace for year-round comfort. This home is well maintained and ready to move into. Offered at \$229,000.



Charming Home with a Very Private In-Town Location. Vintage charm describes this 3-bedroom, 3-bath home with antique pine doors, beaded board ceilings, wainscot, extensive crown molding, and wood floors throughout. The great room has an oversized masonry fireplace with built-ins and French doors opening onto the screened porch and deck. The semi-octagonal dining room has floor-to-ceiling windows looking out to the English country garden setting. The farmhouse kitchen has custom beaded board cabinetry, tiled cook center and butcher block bar opening to the great room. The spacious master suite offers a whirlpool tub, over-sized tile shower and sit-down vanity. There are two separate guest suites located for privacy, or finished as a den with a massive stone fireplace. This home is top quality and well located adjacent to the Highlands Country Club. Offered at \$695,000.



Plantation Masterpiece. This plantation-style home rests on approximately 6 acres with gated entrance. It has an outstanding craftsmanship throughout. Some of the many fantastic amenities include three fireplaces, five bedrooms, 5 1/2 baths, two living rooms, an office and the enclosed heated swimming pool, makes this a true one-of-a-kind estate. Offered at 1,475,000.



Great Location. This home is close to the clubhouse, tennis courts and swimming pool. This 3 bed, 3 bath home features a great floor plan with large windows and bright, airy rooms a golf equity membership available at market rate upon approval by the membership committee. Offered unfurnished and listed exclusively with this office at \$895,000.



Great Log Cabin. This spacious log home on two beautiful wooded lots in Highlands Hills has three bedrooms and three baths on two levels each with its own deck. The great room with vaulted ceilings and a large stone fireplace make this home a great mountain retreat. Offered at \$449,000.



Rhododendron Trail. This lovely 4 bedroom, 4 1/2 bath sits on Laurel Lake and is wonderfully planned and appointed. High beamed ceilings, stone fireplace, custom kitchen, additional den upstairs. A great home in a great location. Offered at \$1,100,000.



Nestled in a Serene Meadow. This 3 bedroom, 2 1/2 bath home is nestled in a serene meadow and overlooks a pond with a babbling stream and small waterfall. Vaulted ceilings in the living room with stone fireplace and two main area bedrooms that each opens onto a large deck. Lower level guest area has a bedroom and kitchenette and one car garage. Den with half bath and pool table on main level. Fantastic screen porch to enjoy the pond and see the mountains in the distance. Offered at \$465,000; house and over 9 acres, \$990,000; 7.73 acre tract available for \$75,000 per acre. Broker/Owner.

